Brittany Lynn Johnson

815 Mellwood Ave Duluth, MN 55804 | 218-340-6401 | joh06982@umn.edu

**Education**

**Bachelor of science | may 2014 | UNiversity of minnesota**

Major: Nutrition

Related coursework: Applied Sports Nutrition, Exercise Physiology, Training and Conditioning for Sport, Nutrition and Metabolism, Experimental Nutrition, Sport Performance Research

**Master of science | expected: 2015 | College of saint scholastica**

Major: Exercise Physiology

Related coursework: Exercise Testing and Electrocardiograms, Physiological Assessment, Cardiovascular Physiology, Clinical Exercise Physiology, Strength and Conditioning, Biochemistry and Nutrition

**Skills & Abilities**

**Certifications**

American Red Cross First Aid and CPR/AED

**Research**

Assisted in the Human and Sport Performance Laboratory through the Sport Performance Research group

**Leadership**

Captain of the Gopher Hockey Cheerleading Team for 2 years, voted Most Valued by teammates

**Experience**

**Room Service Ambassador | St Luke’s Hospital | June 2014 – Present**

Explain diet orders to patients while assisting the patient in making smart meal choices

**Fitness Consultant | University Recreation and wellness | January 2014 – may 2014**

Monitor and maintain a safe fitness environment

**Teaching Assistant | PSTL 1135 Anatomy and physiology lab | september 2013-may 2014**

Teach the lab portion of an introduction to anatomy and physiology course

**iNTERN | iMPACT sPORTS tRAINING | mAY 2013- aUGUST 2013**

Lead athletes in dynamic warm-ups and through workouts while teaching proper technique for exercises

**Child care worker | university of minnesota child care center | january 2012-december 2013**

Assist children during naps, serving meals, and monitoring bathroom and playtime

**coach | Duluth figure skating club, learn to skate | may 20o7-june 2010**

Teach children skating skills, ranging from basic skating skills to figure skating jumps and spins