**Betsy B Napolitano, RN**

**127 Windward Passage St.**

**Slidell, LA 70458**

**985-285-0069**

To whom it may concern,

I am writing in response to the solicitation for the RN position for Sterling Wellness Solutions. I would like the opportunity to talk with you in greater detail concerning this opportunity.

As you review my resume, you will see that I possess a strong background in health and wellness. As an RN, I have had the opportunity to care for people of all ages, educating them and helping them continue on their road to health and wellness.

Before earning my Bachelor of Science degree in Nursing, I earned a Bachelor of Arts degree in Physical Education with a concentration in Health and Fitness Promotion. In the early 1990’s, during the beginning of the corporate fitness era, I gained experience with health screenings, health risk appraisals, and biometric testing. At this time, Slidell Memorial Hospital concentrated heavily on increasing health and fitness awareness to area corporations, as well as providing community outreaches in our local mall. Through this program, I was able to work closely with several corporations who offered health screenings, health risk appraisals, and biometric testing to their employees, as well as, wellness education. Along with screenings, the program provided fitness center membership and an individual overall personal health and wellness package that I closely monitored. This package was not only offered to employees of the corporations, but also to every member of the fitness center. I believe this was a large part of the Sports Medicine and Fitness Center’s success. Through my time spent with Slidell Memorial Hospital’s corporate health promotion program, as well as my career as an RN, I feel that I gained much experience and knowledge that will help contribute to Sterling Wellness Solutions’ overall health and wellness success.

I am excited about this opportunity and I do look forward to hearing from you for further conversation.

Sincerely,

Betsy Napolitano, RN

**Betsy Napolitano**

**127 Windward Passage**

**Slidell, LA 70458**

**(985) 285-0069**

**OBJECTIVE** To use my education and experience to provide professional and personal care to each individual I come in contact with. Through my care and education, I will help encourage and enable the individual to carry on a healthy lifestyle throughout the rest of their life.

**EDUCATION** BSN, William Carey College on the Coast, Gulfport,

Mississippi. 1996.

BA in Physical Education with an emphasis in Health/

Fitness Promotion, Southeastern Louisiana University.

1990.

**WORK**

**EXPERIENCE**

March 2012 to Slidell Memorial Hospital, Slidell, LA

June 2014 Staff Nurse:

Postpartum/Pediatric/Nursery Department with Medical/Surgical/Telemetry overflow.

Physician Network pediatric clinic.

Duties: Responsible for primary care of up to six patients.

Special Duties: Medication administration, serial physical assessments, monitoring for changes in status, patient education, maintaining communication between patients, physicians, and ancillary staff, and recovering patients from surgery.

PRN:

Cardio/Pulmonary Rehab

Duties: Develop individualized exercise prescription and closely monitor patients during phase II exercise program. Educating on healthy lifestyle changes targeted to each individual need.

January 2002 to Northshore Regional Medical Center (Ochsner), Slidell, LA.

March 2012 Charge Nurse:

Postpartum/Pediatric/Nursery Department with Medical/Surgical/Telemetry overflow.

Duties: Responsible for night shift staff scheduling. Responsible for nightly staff assignments.

Special Duties: Medication administration, serial physical assessments, monitoring for changes in status, patient education, maintaining communication between patients, physicians, and ancillary services, and recovering patients from surgery.

May 1998 to Slidell Memorial Hospital, Slidell, LA.

January 2002 Charge Nurse:

Postpartum/Pediatric/Nursery Department

Duties: Responsible for night shift staff scheduling. Responsible for nightly staff assignments. Responsible for primary care of up to six patients.

Special Duties: Medication administration, serial physical assessments, monitoring for changes in status, patient education, maintaining communication between patients, physicians, and ancillary services, and recovering patients from surgery.

January 1998 to Slidell Memorial Hospital, Slidell, LA.

May 1998 Staff Nurse:

Emergency Department

Duties: Triage of incoming emergency patients. Staff nurse responsible for the primary care of up to six patients in the emergency department.

Special Duties: Medication administration, serial physical assessments, monitoring for changes in status, patient education, maintaining communication between patients, physicians, and ancillary services, and cardiac monitoring.

December 1996 to Medical Center of Louisiana, New Orleans, LA. Charity Campus

January 1998 Staff Nurse:

Emergency Department

Duties: Staff nurse responsible for the primary care of up to six patients in the emergency department.

Special Duties: Medication administration, serial physical assessments, monitoring for changes in status, patient education, maintaining communication between patients, physicians, and ancillary services, and cardiac monitoring.

March 1995 to Slidell Memorial Hospital, Slidell, LA.

January 1998 Rehabilitation Technician:

Outpatient Physical Therapy and Occupational Therapy.

Duties: Assist P.T. and O.T. in care of clients. Ultrasound, massage, and exercise, clerical work including scheduling and charges.

September 1990 Slidell Memorial Hospital, Slidell, LA

to March 1995 Exercise Specialist Level II:

Slidell Memorial Hospital Sports Medicine and Fitness Center

Duties: Supervise fitness area. Assist coordinator in program

development. Perform various health/fitness screenings in the

community and local corporations. Develop exercise prescriptions

and monitor cardiac rehab phase ll and lll patients, physical and

occupational therapy patients, and fitness center members.

Instruct various exercise classes such as Prenatal/Postpartum exercise,

Eldercise, P.A.C.E., Toddler gym and Infant exercise.

February 1989 Slidell Memorial Hospital, Slidell LA

to September Exercise Specialist Level I.

1990 Slidell Memorial Hospital Sports Medicine and Fitness Center.

Duties: Develop and supervise exercise programs of members and patients. Teach specialized exercise programs such as Prenatal/Postpartum exercise, Eldercise, P.A.C.E. (exercise for arthritis sufferers), Toddler gym, and Infant exercise.

**LICENSE** Louisiana State Board of Nursing, Registered Nurse

**SPECIAL**  Awarded Nursing Scholarship from Slidell Memorial

**RECOGNITION** Hospital for school year 1995-1996

Received Pediatric Nursing Award from William Carey College School of Nursing 1996