

warm-up 2.

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11/23/2020

Description:

Play single octave major modes by thirds to develop better string crossing and better interval training. Play a single octave of each mode with root on the 6th string. Play each mode on the same root. Section A is major (I), section B is dorian (ii), section C is phrygian (iii), section D is lydian (IV), section E is mixolydian (V), section F is minor (vi). I chose to use major key signatures for I, IV, and V and minor for ii, iii and vi. Example below for the root A:

Section A: Major (I)

Section B: Dorian (ii)

Section C: Phrygian (iii)

Section D: Lydian (IV)

Section E: Mixolydian (V)

Section F: Minor (vi)

Things to try:

- Play each section around the circle of fifths. For example, play the IV Lydian scale on each of the following roots in order: A - E - B - F# - D^b - A^b - E^b - B^b - F - C - G - D
- Play each pattern in triplets. Example for this first octave of section A shown below. Note how the descending line changes the note that is "doubled" at each step.
- Play each mode in a single key. If the key is G major section A is shifted -2 frets, section B +0, section C +2, section D +3, section E + 5, section F + 7.

Triplet exercise for section A