

warm-up 7.

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11/27/2020

Description:

Play long ascending and descending scale runs. Play the first 5 notes of the scale followed by the second five notes all the way across the neck. Example below shown for A major (ascending; section A) and A minor (descending section B). Focus on clean string changes and even note spacing.

A

B

Things to try:

- Substitute picking for hammer-ons on the way up and pull-offs on the way down.
- Make every other "run" 6 or 7 notes long.
- Play all modes of a given key like B^bmajor like this.