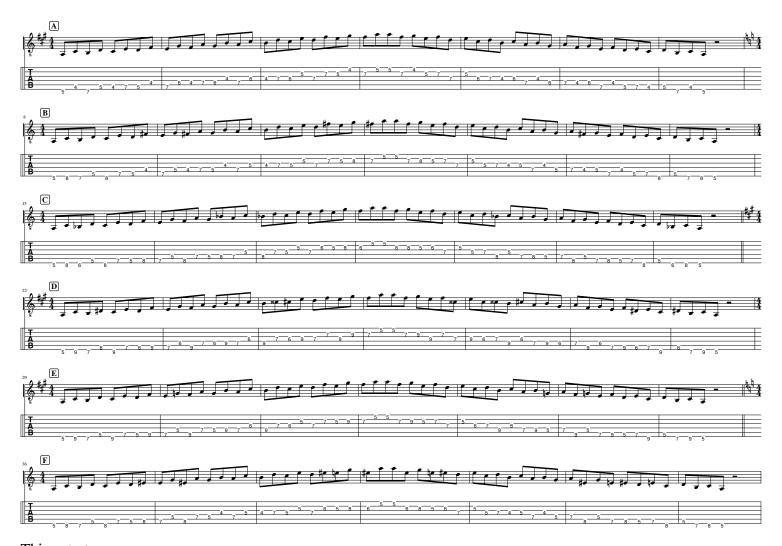
Op 2.

Description:

Play single octave major modes by thirds to develop better string crossing and better interval trainning. Play a single octave of each mode with root on the 6th string. Play each mode on the same root. Section A is major (I), section B is dorian (ii), section C is phrygian (iii), section D is lydian (IV), section E is mixolydian (V), section F is minor (vi). I chose to use major key signatures for I, IV, and V and minor for ii, iii and vi. Example below for the root A:



Things to try:

- Play each section around the circle of fifths. For example, play the IV Lydian scale on each of the following roots in order: $A E B F^{\sharp} D^{\flat} A^{\flat} E^{\flat} B^{\flat} F C G D$
- Play each pattern in triplets. Example for this first octave of section A shown below. Note how the descending line changes the note that is "doubled" at each step.
- Play each mode in a single key. If the key is G major section A is shifted -2 frets, section B +0, section C +2, section D +3, section E + 5, section F + 7.

