

warm-up 4.

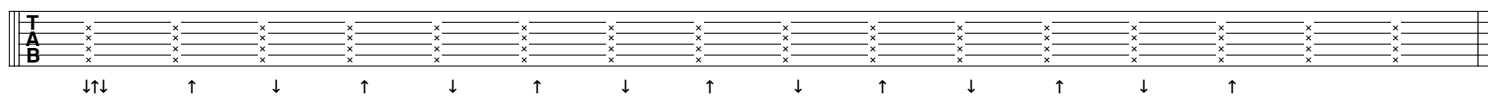
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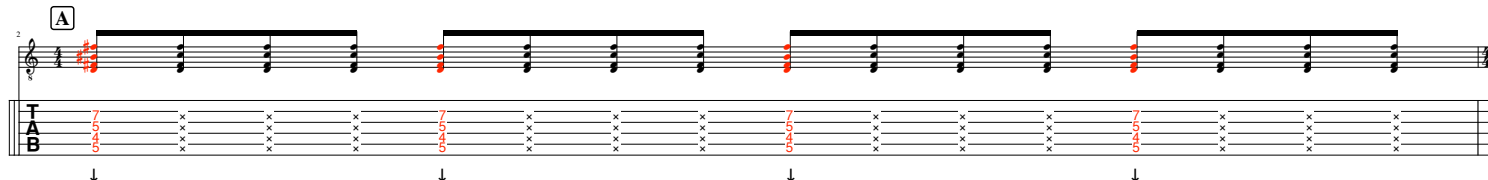
Description:

"Shifting the groove." The goal is to strum a sixteenth note pattern muting all the strings. Section "Intro" shows the basic strumming pattern: it's just up and down strokes making a 'chika' sound. Play on muted strings. Once that is easy move to section A. Here, you play a chord on the first down stroke of each grouping and mute all others. Section B moves the chord to the second sixteenth note, *which is an upstroke* and mutes all others. Similarly, sections C and D move the chord to the 3rd and 4th sixteenth note in each grouping. Try to play sections A - D without stopping. Take care to make the muted beats clean and snappy.

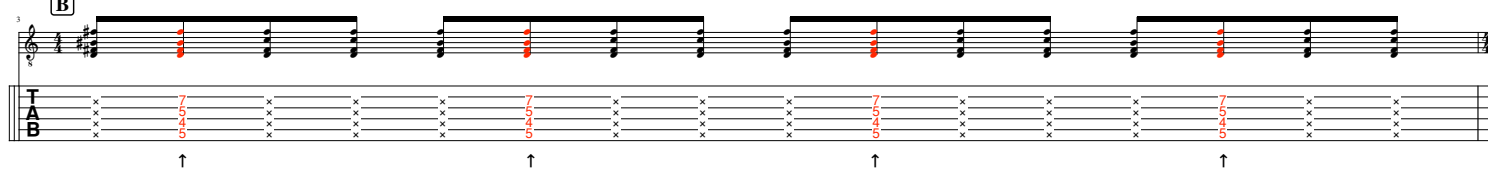
Intro



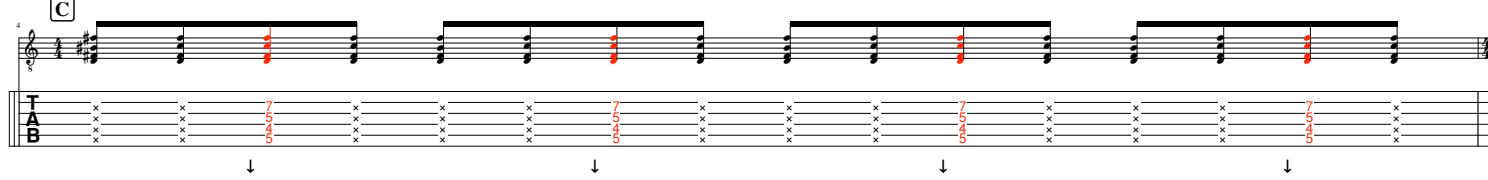
Section A: Chord on the first down stroke (measure 1).



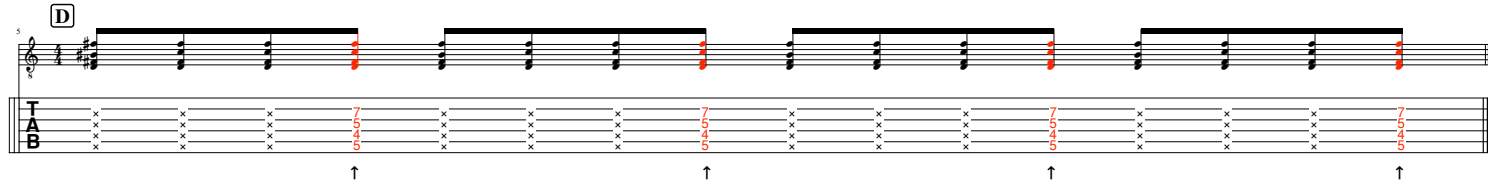
Section B: Chord on the second sixteenth note (measure 2).



Section C: Chord on the third sixteenth note (measure 3).



Section D: Chord on the fourth sixteenth note (measure 4).



Things to try:

- Try different chords on each section. For example: CM⁷, Dm⁷, FM⁷, C13
- Increase the rate you switch between the accents. Try only two groupings of sixteenth notes per chord position.
- Try to play sections A -> D then D -> A back-to-back without dropping the beat.