

#PerfumerMindset



HOW TO OVERCOME CREATIVE BLOCK "FOR PERFUMERS"

NoseDude.com

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**CREATIVE BLOCK IS ONE OF
THE BIGGEST PROBLEMS
FACING INTERMEDIATE AND
ADVANCED LEVEL PERFUMERS.**

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**YOU HAVE MADE A LOT OF
BLENDS, ACHIEVED A LOT OF
IDEAS..**

& YOUR TANK GOT EMPTY :(

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**DON'T WORRY, THIS IS
NORMAL.**

DO THIS :



**1- TAKE A REST
RECHARGE YOUR MIND AND RELAX
TO RECOVER.**

**2- READ BOOKS, LISTEN TO
MUSIC & CHECK OUT
DIFFERENT TYPES OF ART**



**3- SMELL OTHER PERFUMERS'
WORK**

**4- DON'T SEEK PERFECTIONISM
FREQUENT DISAPPOINTMENTS RESULT
IN A CREATIVE BLOCK**



**5- ONLY HIGH-QUALITY
PROJECTS**

**6- KEEP YOUR INSPIRATIONS
IN A NOTEBOOK.**

7- WALK INTO A NEW PLACE

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**8- BREAK YOUR ROUTINE
WORK FROM A DIFFERENT
PLACE,
WRITE WITH A PENCIL INSTEAD
OF A PEN,
WEAR ALL-WHITE FOR 1 WEEK!!**



**9- SET A ROUTINE, IF YOU
DON'T HAVE ONE
REDUCE CHOICE-PARALYSIS.**

**10- THINGS TO BE INCREASED
SHOWERING, GIFTING, TRAVELING.**



HOW DO YOU OVERCOME CREATIVE BLOCK?