

## A Lifestyle of Learning

### Reflection

What subject did we enjoy most when we were students? Which one did we like least? Why?

### Inspiration from the Holy Bible

The heart of the Intelligent acquires knowledge, and the ear of the wise seeks knowledge. (Proverbs 18:15)

Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light." (Matthew 11:29-30)

### Inspiration from the Holy Qur'an

So high [above all] is Allah, the Sovereign, the Truth. And, [O Muhammad], do not hasten with [recitation of the Qur'an before its revelation is completed to you. and say, "My Lord, Increase me in knowledge." (Surah Taha 20:114)

"And Allah has extracted you from the wombs of your mothers not knowing a thing, and He made for you hearing and vision and intellect that perhaps you would be grateful. (Surah An-Nahl 16:78)

### Hadith

Anas ibn Malik reported: The Messenger of Allah, peace and blessings be upon him, said: "Seeking knowledge is an obligation upon every Muslim." (Sunan Ibn Majah)

Abu Huraira (RA) reported: "The Messenger of Allah, peace and blessings be upon him, said: "Moses asked his Lord: Who are the most knowledgeable of your servants? Allah said: A scholar who is unsatisfied with his knowledge and adds the knowledge of people to his own." (Şahih Ibn Hibban)

How do we develop a teachable attitude?

- a. Learn from the truth. We reap the benefits of wisdom, freedom, peace and integrity when we choose the truth. Choose wisely what we read, watch and believe, especially in this age of fake news and false teachings. Not everything we see and hear on the internet is true.

Get the truth and never sell it; also get wisdom, discipline, and good judgment.  
(Proverbs 23:23)

Jesus said to the people who believed in him, "You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free." (John 8:31-32)

- b. Learn from trials. The trials we face are opportunities for us to grow and mature, especially when we understand that God uses them to mold our character. In times of testing, we learn to be humble and to take responsibility for our actions. We also learn to trust God to see us through, to ask other people for help, and to have compassion for those who are undergoing trials like ourselves.

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. (Romans 5:3-5)

I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.  
(Philippians 4:12-13)

### Challenge

What is our most significant learning today? How will we apply it to our own life?

### Prayer

Praise God for His goodness and grace in our life. Ask forgiveness for our sins. Thank Him for the blessings we have received.

If we have any prayer requests, let us pray for one another.

We end the meeting with this declaration of faith: You bless the righteous, Lord and surround us with Your favor as a shield. Because Your hand is upon us, we increase in wisdom and in favor wherever we go and in whatever we do. Every good thing and every perfect gift comes from You, Lord. Surely Your goodness and loving kindness will follow us all the days of our life, and we will dwell in Your house forever.