



username

password

Login

create
account

Skip →

Analysis

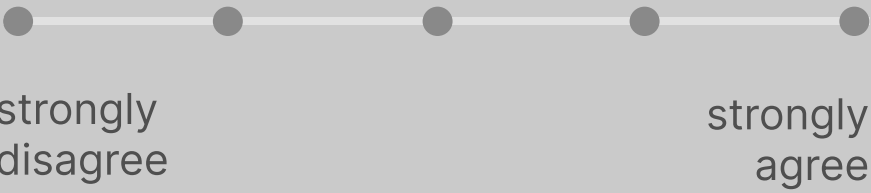
Skip →



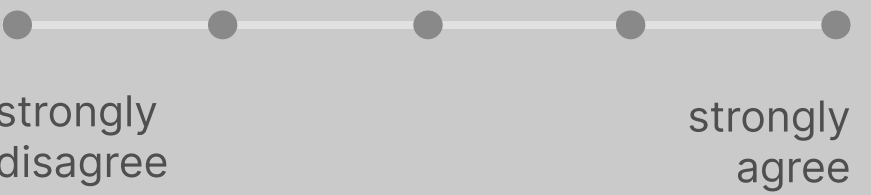
help me get to know you!



Statement 1



Statement 2



next

Analysis

Skip →



almost there!



Last Step

Statement 3



strongly disagree

strongly agree

Statement 4



strongly disagree

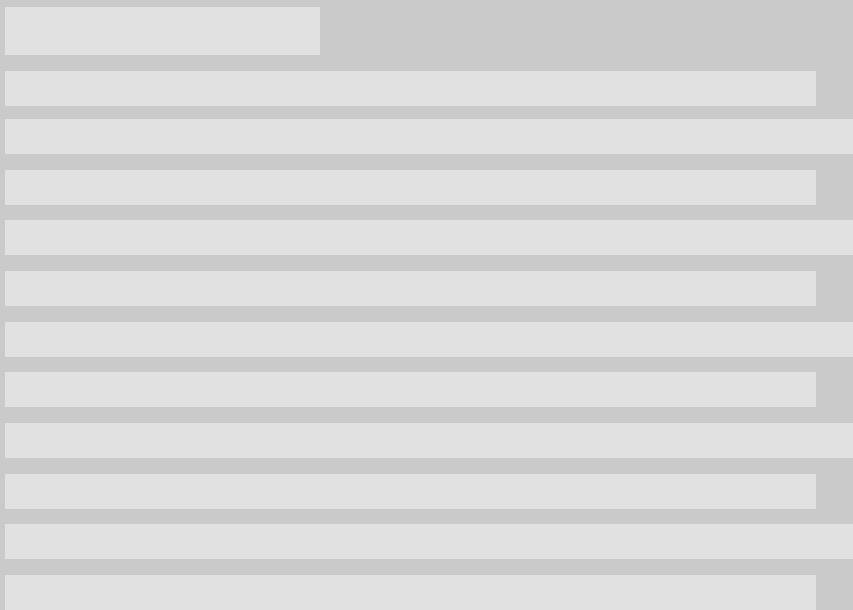
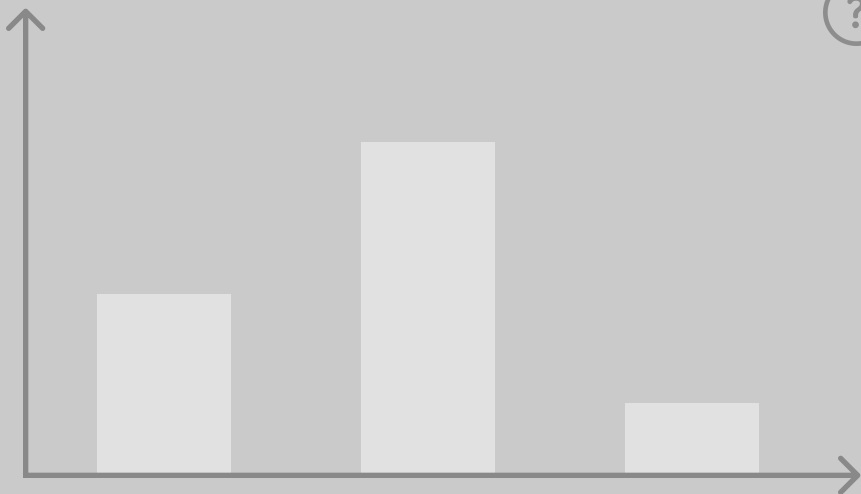
strongly agree

submit

Result



this is your result!



continue

SOS

Lesson 4

Exercise 2

Exercise 1

Lesson 3

Lesson 2

Lesson 1

Country



Service
Station



Exercise 1

SOS

Breathing-Exercise



Video



done



Exercise 2

SOS

Journaling Question 1



Type here...

submit





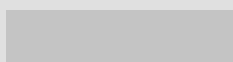
Lesson

SOS

I'm there
for you



Heading

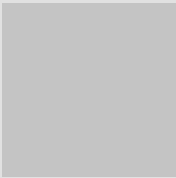


Heading

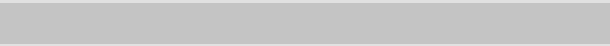
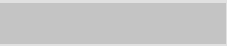


Video/Audio

done



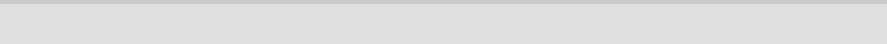
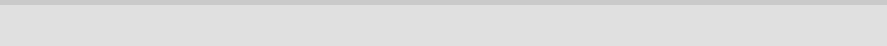
Profile



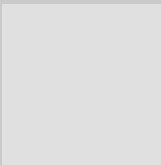
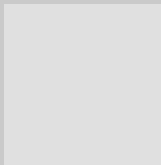
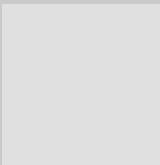
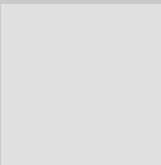
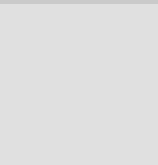
Settings

Personalized

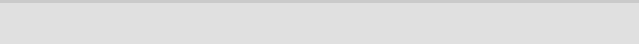
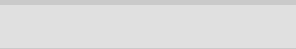
Notifications



Avatar



Emergency Contact



Data analysis

General

App Instructions

Theme

Language

FAQ

Delete Data



Personal Emergency exercise

Situations



ANGER



PANIC

Emergency Help

Emergency Contact

Hotlines

Links



I will guide you
through this.....

4:30



Overview



Land 1

Land 2



lets go!

Land 1

