Strong self-regulation and widespread facilitative interactions in phytoplankton communities

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Abstract

- 1. The persistence of phytoplanktonic diversity in spite of competition for basic resources has long been a source of wonder and inspiration to ecologists. To sort out, among the many coexistence mechanisms suggested by theory and experiments, which ones actually maintain diversity in natural ecosystems, long-term field studies are paramount.
- 2. We analysed a large dataset of phytoplankton abundance time series using dynamic, multivariate autoregressive models. Phytoplankton was counted and identified down to the genus level, every two weeks over twenty years, at ten sites along the French coastline. Multivariate autoregressive models allowed to estimate biotic interaction networks, while also accounting for abiotic variables that may drive part of the phytoplankton fluctuations. We then analysed the ratio of intra- to inter-taxa interactions (measuring self-regulation, itself a measure of niche differentiation), the frequency of negative vs positive interactions, and how stability metrics (both at the network and genus level) relate to network complexity and genus self-regulation or abundance.
- 3. We showed that a strong self-regulation, with competition strength within a taxon (genus) an order of magnitude higher than between taxa, was present in all phytoplanktonic interaction networks. This much stronger intragenus competition suggests that niche differentiation rather than neutrality is commonplace in phytoplankton. Furthermore, interaction networks were dominated by positive net effects between phytoplanktonic taxa (on average, more than 50% of interactions were positive). While network stability (sensu resilience) was unrelated to complexity measures, we unveiled links between self-regulation, intergenus interaction strengths and abundance. The less common taxa tend to be more strongly self-regulated and can therefore maintain in spite of competition with more abundant ones.
- 4. Synthesis: We demonstrate that strong niche differentiation, widespread facilitation between phytoplanktonic taxa and stabilizing covariances between interaction strengths should be common features of coexisting phytoplankton communities in the field. These are structural

properties that we can expect to emerge from plausible mechanistic models of phytoplankton communities. We discuss mechanisms, such as predation or restricted microscale movement, that are consistent with these findings, which paves the way for further research.

Keywords: phytoplankton; coexistence; facilitation; mutualism; niche theory; time series; networks

1 Introduction

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How species or close genera can coexist together in spite of competition is one of the main puzzles of
   community ecology, especially for primary producers that seemingly share the same basic resources
   (Hutchinson, 1961). Many theoretical studies of competition models have shown that competitive
   exclusion is likely in those circumstances, unless mechanisms involving spatial or temporal variation
   are at play (Armstrong & McGehee, 1976, 1980; Chesson & Huntly, 1997; Huisman & Weissing, 2001;
   Li & Chesson, 2016; Chesson, 2018). Neutral theory, that assumes a non-equilibrium coexistence
   maintained by dispersal and equal competitive abilities for all species (Hubbell 2001, though there
   are exceptions, see Volkov et al. 2003, 2007), has been proposed as a solution to explain highly
   diverse communities (Hubbell, 2001; Rosindell et al., 2011).
       However, the evidence gathered from terrestrial plant communities starts to suggest that, in fact,
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   niche rather than neutral processes may be paramount to explain coexistence, with intraspecific
   competition dwarfing interspecific competition in most cases (Adler et al., 2010, 2018b). Whether
   these conclusions drawn mostly from studies of terrestrial plants apply to other ecosystems and taxa
   is currently little known (but see Mutshinda et al. 2009).
       Moreover, competition may not be the rule: the meta-analysis by Adler et al. (2018b) reported a
   large number of facilitative interactions (30%) and several reviews (Brooker et al., 2008; McIntire
   & Fajardo, 2014; Kinlock, 2019) have highlighted that facilitation may be much more widespread
   than ecologists usually tend to think. Although some theoretical studies suggest that facilitative
   interactions can be destabilizing (sensu resilience) and therefore undermine coexistence in Lotka-
   Volterra models (Coyte et al., 2015), multiple other modelling (Gross, 2008) and empirical (Brooker
   et al., 2008; Cavieres & Badano, 2009) studies have suggested that facilitative interactions can
   to a large degree benefit coexistence, especially when multiple interaction types are considered
   simultaneously (Mougi & Kondoh, 2012; García-Callejas et al., 2018).
       Here, we analyse a spatially replicated, long-term community-level dataset, consisting of ten
   multivariate time series of phytoplankton abundance along the French coastline. We do so using
   multivariate autoregressive (MAR) models, that allow to estimate interactions between genera.
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Although many ecological studies focus on interactions between species, competition has been shown experimentally to occur between different genera of phytoplankton (Titman, 1976; Descamps-Julien & Gonzalez, 2005). The genus level is also a rather fine taxonomic scale for phytoplankton interaction studies, as most studies are restricted to interactions between different classes or even phyla (Ives et al., 2003; Hampton et al., 2008; Griffiths et al., 2015). Studying interactions between different genera of phytoplankton therefore both makes empirical sense in light of competition experiments and allows to estimate better-resolved networks. We focus here on genera that belong mostly to diatoms and dinoflagellates. To put our results into a more general context, we then compare our interaction strength estimates to previously published interaction networks produced under the same statistical framework, both in plankton and other empirical systems.

38 Material and methods

39 Sampling methods

All phytoplankton samples were collected by Ifremer coastal laboratories as part of the National
Phytoplankton and Phycotoxin Monitoring Network (REPHY, 2017). Since 1987, this monitoring
program has required the sampling of 26 sites along the French coastline every 2 weeks within 2
hours of high tide to document both biotic (phytoplankton counts) and abiotic (water temperature,
salinity) variables. We focused on sites which had the longest time series. We also excluded time
series which had missing data for over 6 months or an average delay between sampling dates above
20 days. This reduced the number of study sites to 10 sites nested within 4 regions (Brittany, Oléron,
Arcachon and the Mediterranean Sea; Fig. S1 and Table S1 in the Supporting Information).

Abiotic variables (temperature, salinity) were measured directly from the boat during the sampling
process while water samples for biotic analyses were fixed with a Lugol's solution and examined later.
Phytoplankton cells above 20 μm were identified at the lowest possible taxonomic level and counted
with the Utermöhl method using an optical microscope (Utermöhl, 1958). Throughout the years
and sites, more than 600 taxa were identified at different taxonomic levels. We aggregated them at
the genus (or group of genera when not possible) level based on previous work (Table S2; Hernández

Fariñas et al. 2015; Barraquand et al. 2018), except for cryptophytes and euglenophytes in Arcachon,
which could not be identified below the family level. Although the taxonomic resolution used here
may seem coarse in comparison to land plants, it is in fact more refined than 86% of the MAR(1)
studies of phytoplankton listed in Table S4.

For each region, the MAR(1) analysis focused on the most abundant and most frequently observed
genera to avoid most of the gaps in the time series. When gaps did not exceed a month, missing
values were linearly interpolated; remaining missing values were replaced by a random number
between 0 and half of the lowest observed abundance (Hampton et al., 2006). Time series are plotted
in Fig. S2. We tested extensively this and other methods to deal with missing data in a previous
publication on a subset of this dataset (Barraquand et al., 2018). All time series were scaled and

$_{65}$ MAR(1) model

centered before MAR analyses.

Multivariate autoregressive (MAR) models are used to determine the interspecific interactions and abiotic effects shaping a community's dynamics (Ives *et al.*, 2003). MAR(1) models are based on a stochastic, discrete-time Gompertz equation which relates the log-abundance of each of the S taxa at time t+1 to log-abundances of the whole community at time t, with possible interactions between taxa, and effects of V abiotic variables at time t+1. These assumptions are encapsulated in eq. 1:

$$\mathbf{n}_{t+1} = \mathbf{B}\mathbf{n}_t + \mathbf{C}\mathbf{u}_{t+1} + \mathbf{e}_t, \mathbf{e}_t \sim \mathcal{N}_{\mathcal{S}}(0, \mathbf{Q})$$
(1)

where \mathbf{n}_t is the $1 \times S$ vector of log-abundance of phytoplankton taxa, \mathbf{B} is the $S \times S$ community (interaction) matrix, \mathbf{C} is the $S \times V$ environment matrix describing the effects of V variables (stacked in vector \mathbf{u}_{t+1}) on growth rates, with V=2 in our case (temperature and salinity). The noise \mathbf{e}_t is a $1 \times S$ noise vector, following a multivariate normal distribution with a variance-covariance matrix \mathbf{Q} . \mathbf{Q} is diagonal and we have previously showed that this parsimonious choice did not affect qualitatively the results (Barraquand et al., 2018). We used the MARSS package (Holmes et al., 2014) v3.9, in R v3.3.2 (Venables & Smith, 2013), to estimate parameters with a maximum

⁷⁸ likelihood procedure.

Our previous analysis of the Arcachon region, for which more covariables were available (Bar-79 raquand et al., 2018), revealed that hydrodynamics and hydrology had more influence on phyto-80 plankton dynamics than nutrients on the two-week timescale. Because temperature and salinity sum 81 up seasonal changes in light as well as hydrology (salinity is inversely related to freshwater inflow), these represent the two key drivers needed to account for abiotic influences (Scheef et al., 2013). They are therefore used to summarize the abiotic environment in the remainder of the article. The analysis of real data in Barraquand et al. (2018) was complemented by that of simulated data mimicking the study design, which confirmed the ability of MAR(1) models to infer biotic interactions and abiotic forcings. Fitting a more sophisticated model (threshold autoregressive model) did not reveal extra non-linearities or a storage effect in the Arcachon subset of the data (Barraquand et al., 2018). Other aspects of the MAR(1) modelling are likewise quite robust: using two abiotic variables (temperature and salinity) in this study rather than the full set used in Barraquand et al. (2018) led to almost identical covariate effects and interaction estimates for the Arcachon study sites. Even if some departures from the true data-generating model may not always be detectable through MAR(1) diagnostics (e.g., residuals), the analysis of nonlinear simulations has showed that 93 MAR(1) models are in general robust to nonlinearities if the inference focuses on interaction sign and order of magnitude of model coefficients (Certain et al., 2018), which is how these models are used here. For ease of interpretation of MAR(1) interaction coefficients, we also highlight how intra- and inter-taxa interaction strengths in a MAR(1) model map to their counterparts in a 97 multispecies Beverton-Holt model, i.e., a discrete-time Lotka-Volterra model (Cushing et al., 2004), in the Supporting Information. In this study, the number of phytoplankton taxa (S) and the community composition vary 100 slightly between regions but sites share on average 67% of their taxa. In order to have comparable 101 models, we also keep the same 2 covariates, i.e., water temperature and salinity, that were measured 102 at all study sites. Therefore, the dimension of the dynamical system depends on the (square of the) number of phytoplankton taxa we study, which ranges between 7 (Mediterranean Sea) and 104

14 (Brittany). The smallest system still requires 63 parameters to be estimated (49 for the 7×7

interaction matrices and 14 for the 7×2 environment matrices) if we consider all possible interactions between taxa. To reduce this dimensionality and remove unnecessary parameters, we built different 107 'interaction scenarios' based on known phylogenetic information (as suggested in Violle et al., 2011; 108 Narwani et al., 2017). The null interaction scenario assumed no interaction between genera (diagonal 109 interaction matrix) and was compared to four other interaction scenarios. The first interaction 110 scenario assumed that interactions could only occur between phylogenetically close organisms, i.e., 111 within a class (groups were then diatoms, dinoflagellates, and other phytoplanktonic organisms) 112 while the second interaction scenario further differentiated pennate and centric diatoms. The third interaction scenario considered the reverse hypothesis, that only unrelated organisms could interact 114 (i.e., a diatom could only interact with a dinoflagellate or a cryptophyte, but not with another diatom), and the last interaction scenario did not constrain the interactions at all (full interaction 116 matrix). We selected the best scenario by comparing BIC (Fig. S3), which proved to be satisfactory 117 in our previous analyses of both real data and similar simulated datasets (Barraquand et al., 2018, 118 Appendix 2). The second interaction scenario, hereafter called the pennate-centric scenario, had the 119 lowest BIC for all sites (Fig. S3). This parsimonious scenario was therefore chosen as the basis for 120 further investigations of network structure. 121

Analysis of interaction strengths

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The interaction matrix obtained from MAR(1) analyses can be used to determine the stability 123 of a discrete-time dynamical system (Ives et al., 1999, 2003). To investigate stability-complexity relationships, we compared the maximum modulus of the eigenvalues of the pennate/centric matrices 125 for each site to network descriptors. The maximum modulus is analogous to the real part of the leading eigenvalue for continuous time models, and measures resilience while still accounting for 127 some variability properties (Ives et al., 1999). However, because most theory on stability-complexity 128 has been developed in continuous time (e.g., Allesina & Tang, 2015), we numerically checked that the 129 maximum modulus of the eigenvalues in a discrete-time interaction matrix and its continuous-time 130 model counterpart yield similar information in the Supporting Information. We then compared 131 this resilience measure to complexity metrics, such as the interaction strength distribution (sign, mean and variance) and weighted connectance (Bersier et al., 2002). Weighted connectance is a measure of the proportion of realized links compared to all possible links, taking into account the shape of the flux distribution. This metric is adapted to weighted interaction matrices but cannot accommodate for both positive and negative coefficients: we therefore chose to focus on interaction strength only (absolute values of the coefficients), irrespective of interaction sign. In contrast, mean and variance of the off-diagonal coefficients, which can affect the stability of a community (Allesina & Tang, 2015), are computed on raw values of the coefficients. Interaction coefficient variance is multiplied by the number of taxa, according to theory (Allesina & Tang, 2015).

In addition to these network-level metrics, we also computed the average vulnerability (average effect of other taxa on a focal taxon, eq. S5) and impact (average effect of a focal taxon on other taxa, eq. S6) on both raw and absolute values of the coefficients. Vulnerability and impact can be related to in-strength and out-strength in the meta-analysis of Kinlock (2019). We then compared these to the regulation a focal species exerted on itself. Raw values indicate the average effect that can be expected on the growth rate of a taxon from the rest of the community (i.e., is the effect of others mostly positive or negative?), while absolute effects characterise the strength of all types of interactions on a taxon (i.e., is a taxon strongly affected by the others?).

Finally, we compared the observed ratio between mean self-regulation (intrataxon interaction strength) and mean intertaxa interaction strength to other published studies based on a MAR(1) model. A list of references is given in Table S4. Authors usually reported only coefficients that were significant with a 5% significance level, thus ignoring potentially many weak effects, which we had to set to 0. There are therefore two ways of computing the mean intertaxa interactions, i.e., taking the mean value of all coefficients outside of the matrix diagonal, including zeroes (which decreases the estimated mean intertaxa interaction strength, Fig. 4), or taking the mean value of statistically significant intertaxa coefficients only (which increases the estimated mean intertaxa interaction strength, Fig. S9). We considered both; a detailed description of these different ways to compare intra- and inter-taxa interactions can be found in the Supporting Information.

$_{\scriptscriptstyle{159}}$ Results

50 Interaction estimates

Using MAR(1) autoregressive models, we produced interaction matrices (Ives et al., 2003; Hampton et al., 2013) - i.e., Jacobian community matrices on the logarithmic abundance scale (Ives et al., 2003). Best-fitting models corresponded to a phylogenetically-structured interaction scenario, where interactions only occurred between closely related genera (Fig. S3). This led to sparse, modular matrices that have two main features. First, we observed a strong self-regulation for all sites (Fig. 1, diagonal elements of all matrices), a feature that we had previously highlighted in a more detailed analysis on one of the considered study regions (Barraquand et al., 2018). The ratio of mean intragenus to intergenus interaction coefficients varied between 6 and 10, not counting coefficients set to 0 before the estimation process. When we included the zeroes in the interaction matrix in the computation of the intra/inter mean interaction strength (see the Supporting Information for details of that computation), the ratio rose to 21-43. Therefore, intragenus interactions were on average one order of magnitude stronger than intergenus interactions.

Second, although the percentage of facilitative interactions varied among sites (between 40% and 71% of interactions in the selected models), facilitation remained predominant in 9 sites out of 10 (only Lazaret, in the Mediterranean Sea, has 60% negative interactions). Our observational setup being nested, with sites within regions, we could examine whether locally positive interactions remain positive in a regional context: the percentage of consistently positive interactions at the regional level varied between 30% and 53%, higher than the percentage of similarly defined negative interactions (between 15% and 40%), except for sites in the Mediterranean Sea.

We found that the percentage of true mutualism (+/+) was substantial: averaged over all sites, 32% of all interactions were (+/+) while only 12% of them were (-/-), see also Fig. S5. The sign correspondence was not always maintained between regions: the only interaction that was non-zero in the 10 sites (CHA/SKE) was mutualistic in Men er Roue only (Brittany) and mixed (+/-) in all other sites. Within the same region, however, interactions measured in different sites tended to keep the same sign. In the 3 sites of Oléron, for instance, there were 4 interactions which remained

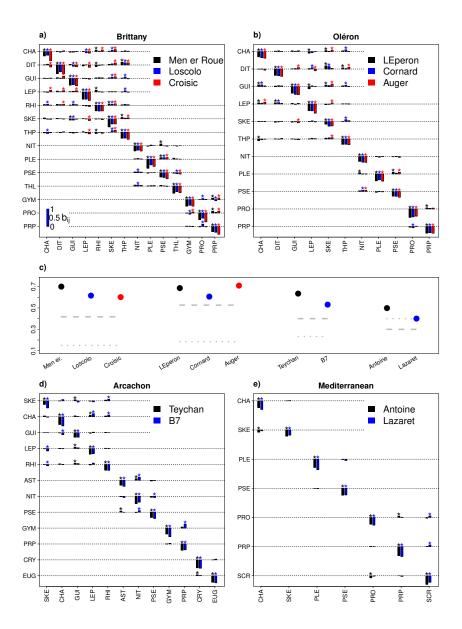


Figure 1: Interaction matrices estimated in 10 sites along the French coastline. Taxon j (in columns) has an effect on taxon i's growth rate (in rows) proportional to the bar height, which corresponds to the $\mathbf{B} - \mathbf{I}$ matrix (community composition in Table S2, most parsimonious interaction scenario presented). The scale for the coefficient values is given at the bottom left of panel a). Coefficients significantly different from 0 ($\alpha = 5\%$) are marked by asterisks (*). The fraction of positive interactions in each matrix is given by points in c) while the dashed (resp., dotted) line represents the ratio of interactions remaining positive (resp., negative) for all sites of a given region.

positive for both taxa involved (CHA/GUI, DIT/GUI, LEP/THP, SKE/THP), 3 of them being also mutualistic in some of the Brittany sites. This contradicts previous observations that mutualistic interactions tend to be more context-dependent than competitive interactions (Chamberlain *et al.*, 2014).

90 Interaction network analysis

The stability (*sensu* resilience, Ives & Carpenter 2007) of all interaction matrices was not strongly affected by the percentage of positive interactions or the mean and variance of the intergenus interactions (Fig. 2). There was a slight increase in stability with weighted connectance, with a drop in eigenvalue modulus for weighted connectances between 0.09 and 0.1. The maximum modulus of the interaction matrix eigenvalues remained between 0.65 and 0.80.

Given that a direct complexity-stability (sensu resilience) link was not obvious, we investigated 196 whether the matrix coefficients had some particular structure that could help theoretical ecology to 197 make better null models of joint community dynamics and interactions (James et al., 2015). We 198 defined two scores, vulnerability (summed effect of others on the focal taxon growth rate, eq. S5) 199 and impact (summed effect of the focal taxon onto other taxa's growth rates, eq. S6). Relations 200 between inter- and intra-genus interactions emerged (Fig. 3): genera that were more self-regulating 201 also had also a higher vulnerability score and a lower impact score. Those two influences are likely 202 to trade-off: a high degree of self-regulation somehow buffers the effect of outside influences on 203 population dynamics. Taxa that were less self-regulating were also more likely to have a stronger effect onto other taxa. As these genera tended to be more abundant (Fig. S7), this could be mediated by the average density of a genus. It is important to note, however, that these trends are weak and there is therefore a considerable amount of randomness dominating the interaction matrix: many 207 scenarios of self-regulation vs limitation by others are therefore possible.

Aside from the trade-offs of Fig. 3, we found no remarkable patterns of covariation between matrix elements (Fig. S5) other than a mean-variance scaling of interaction coefficients (Fig. S6).

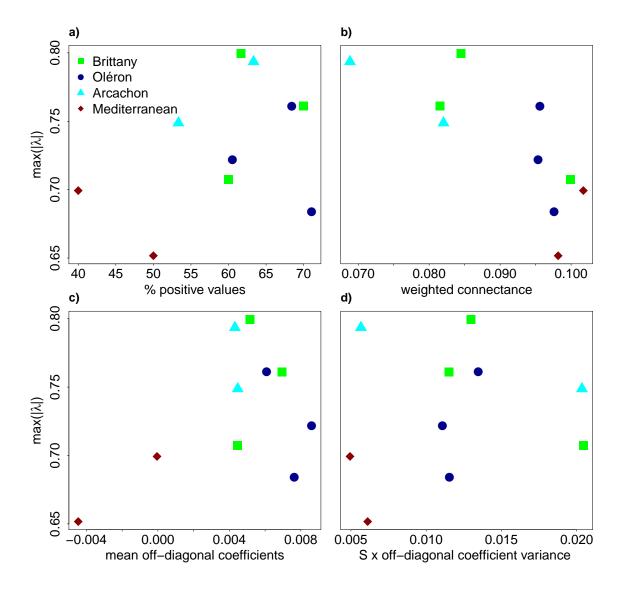


Figure 2: Relation between stability and complexity of the interaction networks. The maximum modulus of the eigenvalues of the interaction matrix **B** indicates stability *sensu* resilience. Off-diagonal coefficient variance is multiplied by the dimension of the network, that is the number of species in the region. Each color or shape corresponds to a given region. The formula for weighted connectance is given in the Supporting Information.

Literature comparison

Finally, we sought to put these results in a broader context by compiling the intra vs inter group estimates of previous MAR(1) studies of long-term observational count data (listed in Table S4).

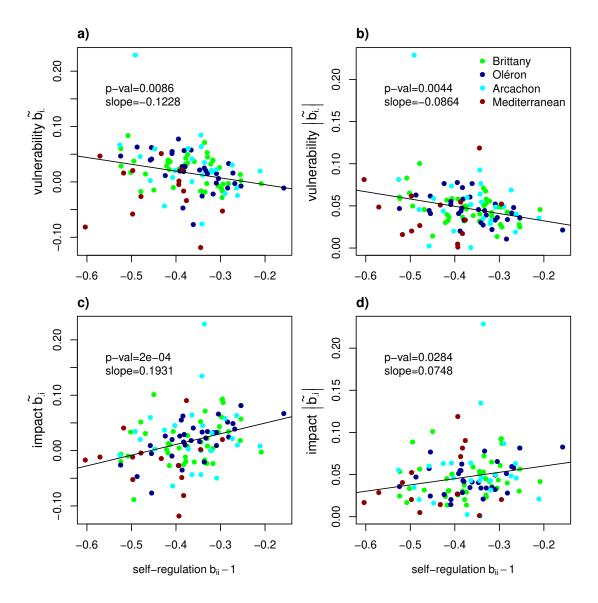


Figure 3: Relation between vulnerability/impact and self-regulation. Average vulnerability (effects of others on the focal taxon growth rate, a-b) and impact (effects of the focal taxon on others' growth rates, c-d), as well as self-regulation, are computed for untransformed (a-c) or absolute (b-d) values of the coefficients of the interaction matrix $(\mathbf{B} - \mathbf{I})$ for the 10 study sites. Each color corresponds to a given region (Fig S1). Linear regressions are shown as black lines.

We found that the order of magnitude of intra/inter interaction strengths considered here is not particularly above those found for most planktonic systems to which MAR(1) models have been

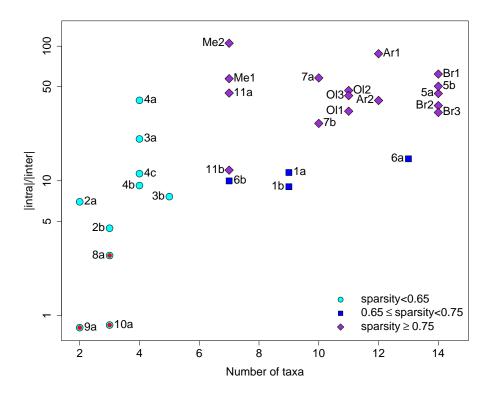


Figure 4: Ratio of intra- to inter-group interaction strength in Multivariate AutoRegressive (MAR) models. The reference for each study is given in Table S4. Codes beginning with letters correspond to the present study (Ar: Arcachon; Ol: Oléron; Br: Brittany; Me: Mediterranean Sea). The symbol color and shape correspond to the sparsity of the interaction matrix (e.g., the proportion of null interactions in the matrix). Red dots correspond to terrestrial and/or low dimension predator-prey systems, giving a lower bound for the intra/inter ratio. Intergroup interactions were set to 0 when they were not specified in the articles (in most cases, authors removed non-significant interactions at the 5% level; Fig. S9 is the same figure taking into account only significant interactions)

fitted, considering that our systems are relatively high-dimensional and that the higher the number of taxa, the larger the intraspecific regulation (Barabás et al., 2017). We included in Fig. 4 not only plankton studies but also a couple of vertebrate or insect studies on less diverse communities, where interactions are stronger, in order to provide lower bounds for the intra/inter ratio. The conclusion 219 from this comparison seems to be that, unlike small communities that can be tight-knit, any diverse 220 field system of competitors and facilitators has evolved large niche differences making intragroup competition much larger in magnitude than intergroup interactions.

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23 Discussion

Strong self-regulation and facilitation

We found very large niche differences between genera, translating into much higher intragenus than intergenus effects on growth rates (i.e., strong self-regulation), together with a high degree of facilitative net interactions.

The intra/intertaxa interaction strength ratio (Levine & HilleRisLambers, 2009) that we found, 228 from 6-10 to above 20, depending on whether one includes interactions set to zero before the 229 estimation process, could appear very high in light of previous intra/interspecific competition 230 strength estimates of 4 to 5 by Adler et al. (2018b). Additional estimates using the unconstrained 231 interaction matrix yielded ratios between 8 and 11 depending on the site (Table S3 and Fig. S8 in 232 the Supporting Information), but weak intertaxa effects are likely to be inflated in the full model. Therefore, a intra/inter ratio of 10 seems like a conservative estimate, twice that of Adler et al. 234 (2018b) who use a different model, i.e., a Lotka-Volterra competition model. We outline how to relate 235 a MAR(1) model to a discrete-time Lotka-Volterra equivalent in the Supporting Information; even 236 though there is a relationship between intra/inter ratios in both models, the relationship is not trivial 237 when abundances vary greatly between species. Hence, to some degree, intra/inter ratios can differ 238 between model frameworks or ways of measuring density-dependencies (e.g., a high measurement 239 error due to using proxies of densities for plants can result in bias in interaction coefficient estimates, 240 Detto et al., 2019). However, a ratio intra/inter at least twice larger than the ones previously found 241 may call for other explanations. One could also argue that our high intra/inter ratio arises because we consider the genus as our baseline taxonomic unit, rather than the species. It is logical that 243 niche differentiation increases as one gets up the phylogenetic tree, and that getting down to the species level could slightly decrease that ratio (but see Narwani et al., 2017, in which phylogenetic 245 closeness decreases competition strength). However, taxonomic resolution is unlikely to be the sole 246 explanation for the high intra/inter ratio of interaction strength found here, for two reasons. First, phytoplankton species belonging to different genera are often found to compete in experiments 248 (Titman, 1976; Tilman et al., 1982; Descamps-Julien & Gonzalez, 2005). In the field-based dataset

studied here, the same genera that are considered in experiments are found not to compete (or only weakly), hence there must be some niche differentiation occurring in the field but not in the lab. 251 Second, the only other study that managed to provide MAR(1) estimates down to the species level 252 for phytoplankton, that of Huber & Gaedke (2006), provides an intra/interspecific strength ratio 253 similar to ours (point 7a in Fig. 4). Strong self-regulation seems therefore a genuine feature of field 254 phytoplanktonic communities. We discuss below possible mechanistic interpretations. 255

Another main finding of our study is the large frequency of positive interactions, with 30% truly 256 mutualistic (+/+) interactions and between 40 and 70% facilitative effects. Although a seasonal environment can generate some positive covariation between taxa, those effects have already been 258 filtered out by the inclusion of our 2 abiotic covariates (Fig. S4). The facilitative effects shown 259 here are therefore residual effects, once abiotic trends are accounted for. Between 40 and 70% 260 facilitation can be compared to the meta-analysis by Adler et al. (2018b) who also found facilitative 261 interactions, but less than here (≈30%). However, Adler et al. (2018b)'s review contains many 262 experiments while the plant literature is replete with field examples of facilitation (Brooker et al., 263 2008; McIntire & Fajardo, 2014), so that plant facilitation could be higher in the field. At the 264 moment, it is therefore unknown how the predominance of facilitative interactions that we found 265 in phytoplankton compares to facilitation in terrestrial plants. We note that several authors using MAR(1) models previously forbade positive interactions within the same trophic level, so that the 267 fraction of facilitative interactions in plankton cannot be computed from literature-derived MAR(1) 268 estimates.

The large niche differences and facilitative interactions that arise when considering a single trophic level are an emergent property, resulting from hidden effects of resource or predator partitioning/sharing (Chesson, 2018). In our previous publication investigating in detail the Arcachon study sites (Barraquand et al., 2018), we have argued that for phytoplankton, the strong intragroup density-dependence could arise from effects of natural enemies (Haydon, 1994). Natural enemies could also very well create apparent mutualism between prey species (Abrams et al., 1998; de Ruiter & Gaedke, 2017). We believe this to be likely for the present study, given that the study regions (Arcachon, Oléron, Brittany, Mediterranean) have similar predators (zooplankton, e.g., Jamet et al.,

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2001; Modéran et al., 2010; Tortajada et al., 2012) and parasites (viruses, e.g., Ory et al., 2010; fungi). Though natural enemies are good candidates to explain the observed niche differences and 279 emerging facilitation, one must bear in mind that other known drivers of phytoplankton dynamics 280 such as allelopathy (Felpeto et al., 2018), auxotrophy (Tang et al., 2010) or hydrodynamics (Lévy 281 et al., 2018) can all, in theory, help create different niches and an emerging facilitation (see last 282 subsection of the Discussion). Finally, resources that are usually considered limiting for all species 283 might in fact not always be: Burson et al. (2018) show that phytoplanktonic taxa specialize on 284 different components of the light spectrum. This constitutes an example of fine-scale resource partitioning of one resource, light, that all species and genera are usually thought to compete for. 286

No complexity-stability relationship but connections between self-regulation and intergroup interactions

There was no relation between the complexity of the communities (measured as either the weighted 289 connectance or the interaction coefficient variance) and their stability (measured by the largest 290 modulus of the eigenvalues, which quantifies the return time to a point equilibrium, i.e., resilience). 291 This result is conditional upon our model being a good approximate description of the system 292 (i.e., no multiyear limit cycles or chaotic attractors as the mapping between eigenvalues and actual 293 stability is distorted in that case, Certain et al., 2018). However, we already showed on a subset of 294 this data that a fixed point in a MAR(1) model, perturbed by seasonality and abiotic variables, is an 295 accurate description of the system (Barraquand et al., 2018). Therefore, we are confident that the absence of complexity-resilience relationship found here is not a mere artefact of an inadequate model. 297 This absence of direct link between complexity and stability could be an actual feature of empirical systems, as shown previously by Jacquet et al. (2016) using a different technique. This result seems to 299 contradict theory based on random matrices, especially for competitive and/or mutualistic networks 300 (Allesina & Tang, 2012). However, one must bear in mind that such result could also be generated 301 by the limited size of our networks, as random matrix theory relies on asymptotics (Allesina & 302 Tang, 2015). We should also mention that our interaction matrices (based on a discrete-time model) are not strictly analogous to the ones used most frequently in theoretical ecology (continuous-time

model), though the spectral radius (largest modulus) is here tightly related to the real part of the lead eigenvalue in equivalent continuous-time models (see Supporting Information). Thus while the jury is still out regarding the absence of complexity-resilience relation found here, it may well be a genuine absence. In addition to complexity metrics, we also found that the percentage of mutualistic interactions, that is thought to affect the stability of a network, either positively or negatively (Mougi & Kondoh, 2012; Coyte et al., 2015; García-Callejas et al., 2018), does not in fact have a major impact on our networks' resilience.

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In addition to weighted connectance and interaction variance, indices at the genus level (vulnerability and impact) approximate the average effects exerted and sustained by any given taxa in the different study sites. While, at the network level, network structure (either complexity measures or the percentage of mutualistic interactions) did not affect resilience, a relation emerged between self-regulation, necessary for coexistence, and genus-level indices. We found that the more a genus is self-regulated, the more it tends to be vulnerable to other genera's impacts and the less it impacts other genera. We examined whether vulnerability and impact could be affected by phylogenetic correlations; they were not, as on Fig. 3, points were not clustered according to genus, family or phylum. High self-regulation usually indicates large niche differences with the rest of the community, and it makes therefore sense that a species/genus whose needs strongly differ from the others only marginally impacts the resources of the other coexisting species. This is what we expect under strong niche partitioning. A low self-regulation was also correlated with high average abundance, which echoes findings by Yenni et al. (2017) who demonstrated that rare species usually show stronger self-regulation. This correlation between relative rarity and self-regulation could explain the lesser impact of highly self-regulated species/genus: a taxon which dominates the community composition can have a major effect on the others, especially as they usually cover more space, while it is harder for the less common taxa to have large impacts. In contrast, it was more difficult to explain the relationship between self-regulation and vulnerability: a genus that is more self-regulated and less common was found here to be on average more vulnerable to other genera's increases in densities. Such relation implies greater stability (sensu resilience, Ives et al. 2003, and also invariability, Arnoldi et al. 2019) for the network as a whole, because the taxa that are the more vulnerable

to other taxa's impacts are also those whose dynamics are intrinsically more buffered. By which
mechanisms this could happen is so far unclear and open to speculation. It could just be a "mass
effect": common taxa are in high enough numbers to deplete resources or change the environment in
ways that affect the less common ones, but the reverse is not true. As a final note on relationships
between interaction matrix coefficients, we caution that the trends evidenced are all relatively weak:
considerable stochasticity still dominates the distribution of interaction matrix coefficients.

Ghosts of competition past and present

Overall, the dominance of niche differentiation in observational plankton studies – based on our 340 analysis of the REPHY dataset and re-analysis of the MAR(1) literature – is similar to what has been 341 recently found in plant community studies (Volkov et al., 2007; Adler et al., 2018b) or empirically parameterized food webs including horizontal diversity (Barabás et al., 2017). Large niche differences 343 might be due to the ghost of competition past, i.e., competition has occurred in the past, leading to strong selection and subsequent evolution, and then to progressive niche separation. In this scenario, 345 species have evolved niches that allow them not to compete or to interact only weakly (very strong 346 facilitative effects might be likewise destabilizing, Coyte et al., 2015). The likely predator effects that 347 we highlighted above could be comprised within such niche differentiation sensu largo: specialized predators can make strong conspecific density-dependence emerge (Bagchi et al., 2014; Comita et al., 349 2014), while switching generalists can also promote diversity (Vallina et al., 2014). Both predators 350 and resources have often symmetrical effects and can therefore contribute almost equally to such past niche differentiation (Chesson, 2018). 352 An intriguing new possibility, dubbed the "ghost of competition present" (Tuck et al., 2018), suggests by contrast that spatial distributions in relation to abiotic factors might have a large 354 impact on the interaction strengths inferred from temporal interaction models such as ours. Recent 355

suggests by contrast that spatial distributions in relation to abiotic factors might have a large impact on the interaction strengths inferred from temporal interaction models such as ours. Recent combinations of model fitting and removal experiments have shown that model fitting usually underestimates the effect of competitors that are uncovered by removal experiments (Tuck et al., 2018; Adler et al., 2018a). This could occur for instance if species are spatially segregated (at a small scale) because each species only exists within a domain where it is relatively competitive (Pacala's

spatial segregation hypothesis, chapter 15 in Pacala & Levin 1997), while a focal species could spread out if competitors were removed. This means that a species can be limited by competitors, 361 but act so as to minimize competition (a little like avoidance behaviour in animals) and maximize 362 opportunities for positive interactions, which implies that competition is in effect hard to detect 363 when all species are present. This mechanism would require some spatial segregation between phytoplankton species at the scale of interactions, i.e., at the microscale. At the moment, while it is known that fine-scale hydrodynamics generate inhomogeneities at the microscale (Barton et al., 366 2014; Breier et al., 2018) it is yet quite unclear how they might affect multivariate spatial patterns of species distributions (sensu Bolker & Pacala 1999 or Murrell & Law 2003). Moreover, even with 368 some microscale spatial segregation between species, a "ghost of competition present" mechanism might not work in phytoplankton as in terrestrial plants, because the turbulent, ever-changing 370 aquatic environment imposes additional constraints on the spatial distribution of organisms. 371

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379 Supporting Information

This article contains supporting information.

381 Authors' contributions

CP and FB contributed equally to the project design and the methodology. The computer code was written by CP. The authors jointly interpreted the results and co-wrote the manuscript after an early draft by FB.

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Data accessibility

- The REPHY dataset has already been published (REPHY, 2017) and all scripts for MAR models
- and subsequent network analyses are available online in a GitHub repository (https://github.
- com/CoraliePicoche/REPHY-littoral).

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