Strong self-regulation and widespread facilitative interactions in phytoplankton communities

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Abstract

- 1. The persistence of phytoplanktonic diversity in spite of competition for basic resources has long been a source of wonder and inspiration to ecologists. To sort out, among the many coexistence mechanisms suggested by theory and experiments, which ones actually maintain diversity in natural ecosystems, long-term field studies are paramount.
- 2. We analysed a large dataset of phytoplankton abundance time series using dynamic, multivariate autoregressive models. Phytoplankton was counted and identified down to the genus level, every two weeks over twenty years, at ten sites along the French coastline. Multivariate autoregressive models allowed to estimate biotic interaction networks, while also accounting for abiotic variables that may drive part of the phytoplankton fluctuations. We then analysed the ratio of intra- to inter-taxa interactions (a measure of niche differentiation), the frequency of negative vs positive interactions, and how stability metrics (both at the network and genus level) relate to network complexity and genus self-regulation or abundance.
- 3. We showed that a strong self-regulation, with competition strength within a taxon (genus) an order of magnitude higher than between taxa, was present in all phytoplanktonic interaction networks. This much stronger intragenus competition suggests that niche differentiation rather than neutrality is commonplace in phytoplankton. Furthermore, interaction networks were dominated by positive net effects between phytoplanktonic taxa (on average, more than 50% of interactions were positive). While network stability (sensu resilience) was unrelated to complexity measures, we unveiled links between self-regulation, intergenera interaction strengths and abundance. The less common taxa tend to be more strongly self-regulated and can therefore maintain in spite of competition with more abundant ones.
- 4. Synthesis: We demonstrate that strong niche differentiation, widespread facilitation between phytoplanktonic taxa and stabilizing covariances between interaction strengths should be common features of coexisting phytoplankton communities in the field. These are structural properties that we can expect to emerge from plausible mechanistic models of phytoplankton

communities. We discuss mechanisms, such as predation or restricted microscale movement, that are consistent with these findings, which paves the way for further research.

Keywords: phytoplankton; coexistence; facilitation; mutualism; niche theory; time series; networks

Second language abstract

- 1. La persistance de la biodiversité du phytoplancton malgré la compétition pour les ressources est depuis longtemps une source de questionnement pour les écologues. Afin d'identifier, parmi les nombreux mécanismes de coexistence suggérés par la théorie et les expérimentations, ceux qui maintiennent la diversité dans les écosystèmes naturels, des études à long-terme sont essentielles.
- 2. Nous avons analysé des séries temporelles longues de comptages de phytoplancton. Le phytoplancton a été identifié au niveau du genre, toutes les deux semaines pendant vingt ans sur dix sites, le long du littoral français. Des modèles autorégressifs multivariés ont permis d'inférer des réseaux d'interactions biotiques, tout en prenant en compte les variables abiotiques susceptibles d'affecter les fluctuations du phytoplancton. Nous avons ensuite calculé le ratio entre les interactions intra et inter-taxa (une mesure de la différentiation des niches), la fréquence des interactions positives et négatives ainsi que la façon dont les métriques de stabilité (au niveau du réseau et du genre) sont liées à la complexité du réseau et à l'autorégulation ou l'abondance de chaque genre.
- 3. Nous avons montré qu'une autorégulation forte, c'est-à-dire une force de compétition au sein d'un même taxon (ici, le genre) un ordre de grandeur supérieure aux forces d'interaction entre taxa, était omniprésente dans les réseaux d'interactions phytoplanctoniques. Cette compétition intragenre beaucoup plus forte suggère que la différentiation des niches, plutôt que la neutralité, est fréquente pour le phytoplancton. En outre, les réseaux d'interactions étaient dominés par des effets nets positifs d'un taxon sur un autre (en moyenne, plus de la moitié des interactions étaient positives). Bien que la stabilité (au sens de la résilience des réseaux) ne soit pas liée aux mesures de complexité, nous avons révélé des relations entre l'autorégulation, la force des interactions entre genres et l'abondance. Les genres les moins communs tendent à être plus fortement autorégulés et peuvent ainsi se maintenir malgré la compétition avec les genres les plus abondants.

4. Synthèse: Nous démontrons qu'une différentiation des niches, une facilitation fréquente parmi les taxa de phytoplancton, et des covariances stabilisant les forces d'interaction, devraient être des facteurs relativement communs dans les communités phytoplanctoniques qui coexistent in situ. Ces propriétés structurelles peuvent donc être attendues de modèles mécanistes multi-taxa pour le phytoplancton. Nous discutons des mécanismes, tels que la prédation ou des mouvements limités à l'échelle microscopique, qui pourraient expliquer ces résultats, et ainsi ouvrir de nouvelles pistes de recherche.

Introduction

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How species or close genera can coexist together in spite of competition is one of the main puzzles of
   community ecology, especially for primary producers that seemingly share the same basic resources
   (Hutchinson, 1961). Many theoretical studies of competition models have shown that competitive
   exclusion is likely in those circumstances, unless mechanisms involving spatial or temporal variation
   are at play (Armstrong & McGehee, 1976, 1980; Chesson & Huntly, 1997; Huisman & Weissing, 2001;
   Li & Chesson, 2016; Chesson, 2018). Neutral theory models, assuming that all individuals have equal
   birth and death rates and exert equal competitive pressure on conspecifics and heterospecifics alike,
   produce instead a non-equilibrium coexistence maintained by dispersal from a regional pool. They
   have been proposed as a solution to the puzzle presented by highly diverse communities (Hubbell,
   2001; Rosindell et al., 2011).
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       However, the evidence gathered from terrestrial plant communities starts to suggest that, in fact,
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   niche rather than neutral processes may be paramount to explain coexistence, with intraspecific
   competition dwarfing interspecific competition in most cases (Adler et al., 2010, 2018b); see also
   Volkov et al. (2009). Whether these conclusions drawn mostly from studies of terrestrial plants
   apply to other ecosystems and taxa is currently little known (but see Mutshinda et al. 2009).
       Moreover, competition may not be the rule: the meta-analysis by Adler et al. (2018b) reported a
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   large number of facilitative interactions (30%) and several reviews (Brooker et al., 2008; McIntire
   & Fajardo, 2014; Kinlock, 2019) have highlighted that facilitation may be much more widespread
   than ecologists usually tend to think. Although some theoretical studies suggest that facilitative
   interactions can be destabilizing (sensu resilience) and therefore undermine coexistence in Lotka-
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   Volterra models (Coyte et al., 2015), multiple other modelling (Gross, 2008; Qian & Akçay, 2020)
   and empirical (Brooker et al., 2008; Cavieres & Badano, 2009) studies have suggested that facilitative
   interactions can to a large degree benefit coexistence, especially when multiple interaction types
   are considered simultaneously (Mougi & Kondoh, 2012; García-Callejas et al., 2018; Qian & Akçay,
   2020).
       Here, we analyse a spatially replicated, long-term community-level dataset, consisting of ten
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multivariate time series of phytoplankton abundance along the French coastline. We do so using
multivariate autoregressive (MAR) models, that allow to estimate interactions between genera.
Although many ecological studies focus on interactions between species, competition has been shown
experimentally to occur between different genera of phytoplankton (Titman, 1976; Descamps-Julien
& Gonzalez, 2005). The genus level is also a rather fine taxonomic scale for phytoplankton interaction
studies, as most studies are restricted to interactions between different classes or even phyla (Ives
et al., 2003; Hampton et al., 2008; Griffiths et al., 2015). Studying interactions between different
genera of phytoplankton therefore both makes empirical sense in light of competition experiments
and allows to estimate better-resolved networks. We focus here on genera that belong mostly to
diatoms and dinoflagellates. To put our results into a more general context, we then compare our
interaction strength estimates to previously published interaction networks produced under the same
statistical framework, both in plankton and other empirical systems.

40 Material and methods

41 Sampling methods

All phytoplankton samples were collected by Ifremer coastal laboratories as part of the National
Phytoplankton and Phycotoxin Monitoring Network (REPHY, 2017). Since 1987, this monitoring
program has required the sampling of 26 sites along the French coastline every 2 weeks within 2
hours of high tide to document both biotic (phytoplankton counts) and abiotic (water temperature,
salinity) variables. We focused on sites which had the longest time series. We also excluded time
series which had missing data for over 6 months or an average delay between sampling dates above
20 days. This reduced the number of study sites to 10 sites nested within 4 regions (Brittany, Oléron,
Arcachon and the Mediterranean Sea; Fig. S1 and Table S1 in the Supporting Information).

Abiotic variables (temperature, salinity) were measured directly from the boat during the sampling
process while water samples for biotic analyses were fixed with a Lugol's solution and examined later.
Phytoplankton cells above 20 μm were identified at the lowest possible taxonomic level and counted
with the Utermöhl method using an optical microscope (Utermöhl, 1958). Throughout the years

and sites, more than 600 taxa were identified at different taxonomic levels. We aggregated them at
the genus (or group of genera when not possible) level based on previous work (Table S2; Hernández
Fariñas et al. 2015; Barraquand et al. 2018), except for cryptophytes and euglenophytes in Arcachon,
which could not be identified below the family level. Although the taxonomic resolution used here
may seem coarse in comparison to land plants, it is in fact more refined than 86% of the MAR(1)
studies of phytoplankton listed in Table S4.

For each region, the MAR(1) analysis focused on the most abundant and most frequently observed
genera to avoid most of the gaps in the time series. When gaps did not exceed a month, missing
values were linearly interpolated; remaining missing values were replaced by a random number
between 0 and half of the lowest observed abundance (Hampton et al., 2006). Time series are plotted
in Fig. S2. We tested extensively this and other methods to deal with missing data in a previous
publication on a subset of this dataset (Barraquand et al., 2018). All time series were scaled and

$_{57}$ MAR(1) models

centered before MAR analyses.

Multivariate autoregressive (MAR) models are used to determine the interspecific interactions and abiotic effects shaping a community's dynamics (Ives et al., 2003). MAR(1) models are based on a stochastic, discrete-time Gompertz equation which relates the log-abundance of each of the S taxa at time t+1 to log-abundances of the whole community at time t, with possible interactions between taxa, and effects of V abiotic variables at time t+1. These assumptions are encapsulated in eq. 1:

$$\mathbf{n}_{t+1} = \mathbf{B}\mathbf{n}_t + \mathbf{C}\mathbf{u}_{t+1} + \mathbf{e}_t, \mathbf{e}_t \sim \mathcal{N}_{\mathcal{S}}(0, \mathbf{Q})$$
(1)

where \mathbf{n}_t is the $1 \times S$ vector of log-abundance of phytoplankton taxa, \mathbf{B} is the $S \times S$ community (interaction) matrix, \mathbf{C} is the $S \times V$ environment matrix describing the effects of V variables (stacked in vector \mathbf{u}_{t+1}) on growth rates, with V=2 in our case (temperature and salinity). The noise \mathbf{e}_t is a $1 \times S$ noise vector, following a multivariate normal distribution with a variance-covariance matrix \mathbf{Q} . \mathbf{Q} is diagonal and we have previously showed that this parsimonious choice did not affect qualitatively the results (Barraquand *et al.*, 2018). We used the MARSS package v3.9 (Holmes *et al.*, 2012, 2014), in R v3.3.2 (R Core Team, 2016), to estimate parameters with a maximum likelihood procedure.

Our previous analysis of the Arcachon region, for which more covariables were available (Barraquand et al., 2018), revealed that hydrodynamics and hydrology had more influence on phytoplankton dynamics than nutrients on the two-week timescale. Because temperature and salinity, in addition to their direct effects, sum up seasonal changes in light and hydrology (salinity is inversely related to freshwater inflow), they represent the two key drivers needed to account for abiotic influences (Scheef et al., 2013). They are therefore used to summarize the abiotic environment in the remainder of the article.

The analysis of real data in Barraquand et al. (2018) was complemented by that of simulated 88 data mimicking the study design, which confirmed the ability of MAR(1) models to infer biotic interactions and abiotic forcings. Fitting a more sophisticated model (threshold autoregressive model) did not reveal extra non-linearities or a storage effect in the Arcachon subset of the data (Barraquand et al., 2018). Other aspects of the MAR(1) modelling are likewise quite robust: using two abiotic variables (temperature and salinity) in this study rather than the full set used in Barraquand et al. (2018) led to almost identical covariate effects and interaction estimates for the Arcachon study sites. Even if some departures from the true data-generating model may not always be detectable through MAR(1) diagnostics (e.g., residuals), the analysis of nonlinear simulations has showed that MAR(1) models are in general robust to nonlinearities if the inference focuses on interaction sign 97 and order of magnitude of model coefficients (Certain et al., 2018), which is how these models are used here. For ease of interpretation of MAR(1) interaction coefficients, we also highlight how intra- and inter-taxa interaction strengths in a MAR(1) model map to their counterparts in a 100 multispecies Beverton-Holt model, i.e., a discrete-time Lotka-Volterra model (Cushing et al., 2004), 101 in the Supporting Information. 102

In this study, the number of phytoplankton taxa (S) and the community composition vary slightly between regions but sites share on average 67% of their taxa. In order to have comparable models, we also keep the same 2 covariates, i.e., water temperature and salinity, that were measured

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at all study sites. Therefore, the dimension of the dynamical system depends on the (square of the) number of phytoplankton taxa we study, which ranges between 7 (Mediterranean Sea) and 107 14 (Brittany). The smallest system still requires 63 parameters to be estimated (49 for the 7×7 108 interaction matrices and 14 for the 7×2 environment matrices) if we consider all possible interactions 109 between taxa. To reduce this dimensionality and remove unnecessary parameters, we built different 110 'interaction scenarios' based on known phylogenetic information (as suggested in Violle et al., 2011; 111 Narwani et al., 2017). The null interaction scenario assumed no interaction between genera (diagonal 112 interaction matrix) and was compared to four other interaction scenarios. The first interaction scenario assumed that interactions could only occur between phylogenetically close organisms, i.e., 114 within a class (groups were then diatoms, dinoflagellates, and other phytoplanktonic organisms) while the second interaction scenario further differentiated pennate and centric diatoms. The third 116 interaction scenario considered the reverse hypothesis, that only unrelated organisms could interact 117 (i.e., a diatom could only interact with a dinoflagellate or a cryptophyte, but not with another 118 diatom), and the last interaction scenario did not constrain the interactions at all (full interaction 119 matrix). We selected the best scenario by comparing BIC (Fig. S3), which proved to be satisfactory 120 in our previous analyses of both real data and similar simulated datasets (Barraquand et al., 2018, 121 Appendix 2). The second interaction scenario, hereafter called the pennate-centric scenario, had the 122 lowest BIC for all sites (Fig. S3). This parsimonious scenario was therefore chosen as the basis for 123 further investigations of network structure.

Analysis of interaction strengths

The interaction matrix obtained from MAR(1) analyses can be used to determine the stability of a discrete-time dynamical system (Ives et al., 1999, 2003). To investigate stability-complexity relationships, we compared the maximum modulus of the eigenvalues of the pennate/centric matrices for each site to network descriptors. The maximum modulus is analogous to the real part of the leading eigenvalue for continuous time models, and measures resilience while still accounting for some variability properties (Ives et al., 1999). However, because most theory on stability-complexity has been developed in continuous time (e.g., Allesina & Tang, 2015), we numerically checked that the

maximum modulus of the eigenvalues in a discrete-time interaction matrix and its continuous-time model counterpart yield similar information in the Supporting Information. We then compared this resilience measure to complexity metrics, such as the interaction strength distribution (sign, mean and variance) and weighted connectance (Bersier et al., 2002). Weighted connectance is a measure of the proportion of realized links compared to all possible links, taking into account the shape of the flux distribution. This metric is adapted to weighted interaction matrices but cannot accommodate for both positive and negative coefficients: we therefore chose to focus on interaction strength only (absolute values of the coefficients), irrespective of interaction sign. In contrast, mean and variance of the off-diagonal coefficients, which can affect the stability of a community (Allesina & Tang, 2015), are computed on raw values of the coefficients. Interaction coefficient variance is multiplied by the number of taxa, according to theory (Allesina & Tang, 2015).

In addition to these network-level metrics, we also computed the average vulnerability (average effect of other taxa on a focal taxon, eq. S5) and impact (average effect of a focal taxon on other taxa, eq. S6) on both raw and absolute values of the interaction coefficients. Vulnerability and impact can be related to in-strength and out-strength in the meta-analysis of Kinlock (2019). We then compared these to the regulation a focal species exerted on itself. Vulnerability computed on raw coefficient values indicate the average effect that can be expected on the growth rate of a taxon from the rest of the community (i.e., is the effect of others mostly positive or negative?), while vulnerability computed on absolute coefficient values characterise the strength of all types of interactions on a taxon (i.e., is a taxon strongly affected by the others?).

Finally, we compared the observed ratio between mean self-regulation (intrataxon interaction strength) and mean intertaxa interaction strength to other published studies based on a MAR(1) model. A list of references is given in Table S4. Authors usually reported only coefficients that were significant with a 5% significance level, thus ignoring potentially many weak effects, which we had to set to 0. There are therefore two ways of computing the mean intertaxa interactions, i.e., taking the mean value of all coefficients outside of the matrix diagonal, including zeroes (which decreases the estimated mean intertaxa interaction strength, Fig. 4), or taking the mean value of statistically significant intertaxa coefficients only (which increases the estimated mean intertaxa

interaction strength, Fig. S9). We considered both; a detailed description of these different ways to compare intra- and inter-taxa interactions can be found in the Supporting Information.

Results

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64 Interaction estimates

Using MAR(1) autoregressive models, we produced interaction matrices (Ives et al., 2003; Hampton 165 et al., 2013) - i.e., Jacobian community matrices on the logarithmic abundance scale (Ives et al., 166 2003). Best-fitting models corresponded to a phylogenetically-structured interaction scenario, where 167 interactions only occurred between closely related genera (Fig. S3). This led to sparse, modular 168 matrices that have two main features. First, we observed a strong self-regulation for all sites (Fig. 1, 169 diagonal elements of all matrices), a feature that we had previously highlighted in a more detailed 170 analysis on one of the considered study regions (Barraquand et al., 2018). The ratio of mean 171 intragenus to intergenera interaction coefficients varied between 6 and 10, not counting coefficients 172 set to 0 before the estimation process. When we included the zeroes in the interaction matrix in 173 the computation of the intra/inter mean interaction strength (see the Supporting Information for 174 details of that computation), the ratio rose to 21-43. Therefore, intragenus interactions were on 175 average one order of magnitude stronger than intergenera interactions. 176 Second, although the percentage of facilitative interactions varied among sites (between 40% 177 and 71% of interactions in the selected models), facilitation remained predominant in 9 sites out 178

and 71% of interactions in the selected models), facilitation remained predominant in 9 sites out of 10 (only Lazaret, in the Mediterranean Sea, has 60% negative interactions). Our observational setup being nested, with sites within regions, we could examine whether locally positive interactions remain positive in a regional context: the percentage of consistently positive interactions at the regional level varied between 30% and 53%, higher than the percentage of similarly defined negative interactions (between 15% and 40%), except for sites in the Mediterranean Sea.

We found that the percentage of true mutualism (+/+) was substantial: averaged over all sites, 32% of all interactions were (+/+) while only 12% of them were (-/-), see also Fig. S5. The sign correspondence was not always maintained between regions: the only interaction that was non-zero

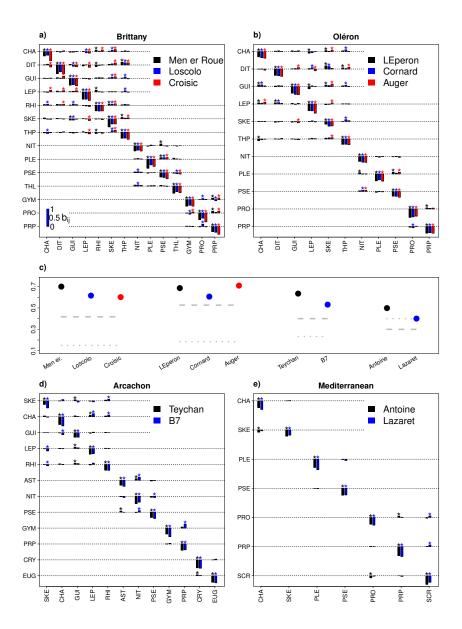


Figure 1: Interaction matrices estimated at 10 sites along the French coastline. Taxon j (in columns) has an effect on taxon i's growth rate (in rows) proportional to the bar height, which corresponds to the $\mathbf{B} - \mathbf{I}$ matrix (community composition in Table S2, most parsimonious interaction scenario presented). The scale for the coefficient values is given at the bottom left of panel a). Coefficients significantly different from 0 ($\alpha = 5\%$) are marked by asterisks (*). The fraction of positive interactions in each matrix is given by points in c) while the dashed (resp., dotted) line represents the ratio of interactions remaining positive (resp., negative) for all sites of a given region.

in the 10 sites (CHA/SKE) was mutualistic in Men er Roue only (Brittany) and mixed (+/-) in all other sites. Within the same region, however, interactions measured in different sites tended to keep the same sign. In the 3 sites of Oléron, for instance, there were 4 interactions which remained positive for both taxa involved (CHA/GUI, DIT/GUI, LEP/THP, SKE/THP), 3 of them being also mutualistic in some of the Brittany sites. This contradicts previous observations that mutualistic interactions tend to be more context-dependent than competitive interactions (Chamberlain *et al.*, 2014).

Interaction network analysis

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The stability (*sensu* resilience, Ives & Carpenter 2007) of all interaction matrices was not strongly affected by the percentage of positive interactions or the mean and variance of the interactions between taxa (Fig. 2). There was a slight increase in stability with weighted connectance, with a drop in eigenvalue modulus for weighted connectances between 0.09 and 0.1. The maximum modulus of the interaction matrix eigenvalues remained between 0.65 and 0.80.

Given that a direct complexity-stability (sensu resilience) link was not obvious, we investigated 200 whether the matrix coefficients had some particular structure that could help theoretical ecology to 201 make better null models of joint community dynamics and interactions (James et al., 2015). We 202 defined two scores, vulnerability (summed effect of others on the focal taxon growth rate, eq. S5) 203 and impact (summed effect of the focal taxon onto other taxa's growth rates, eq. S6). Relations 204 between intra- and inter-taxa interactions emerged (Fig. 3): genera that were more self-regulating also had also a higher vulnerability score and a lower impact score. Those two influences are likely 206 to trade-off: a high degree of self-regulation somehow buffers the effect of outside influences on 207 population dynamics. Taxa that were less self-regulating were also more likely to have a stronger 208 effect onto other taxa. As these genera tended to be more abundant (Fig. S7), this could be mediated 209 by the average density of a genus. It is important to note, however, that these trends are weak and 210 there is therefore a considerable amount of randomness dominating the interaction matrix: many 211 scenarios of self-regulation vs limitation by others are therefore possible. 212

Aside from the trade-offs of Fig. 3, we found no remarkable patterns of covariation between

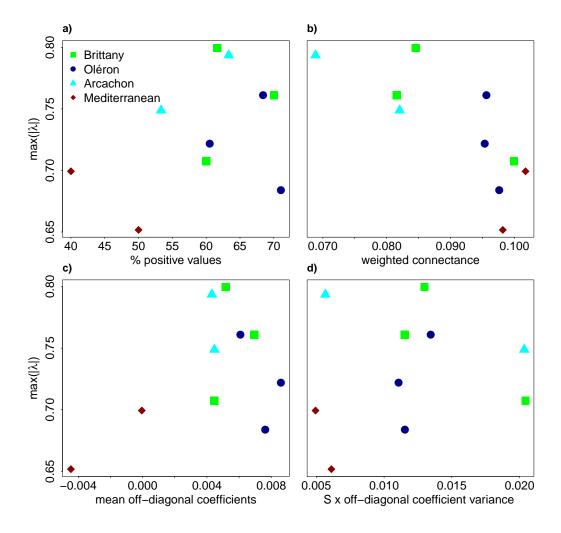


Figure 2: Relation between stability and complexity of the interaction networks. The maximum modulus of the eigenvalues of the interaction matrix **B** indicates stability *sensu* resilience. Off-diagonal coefficient variance is multiplied by the dimension of the network, that is the number of species in the region. Each color or shape corresponds to a given region. The formula for weighted connectance is given in the Supporting Information.

matrix elements (Fig. S5) other than a mean-variance scaling of interaction coefficients (Fig. S6).

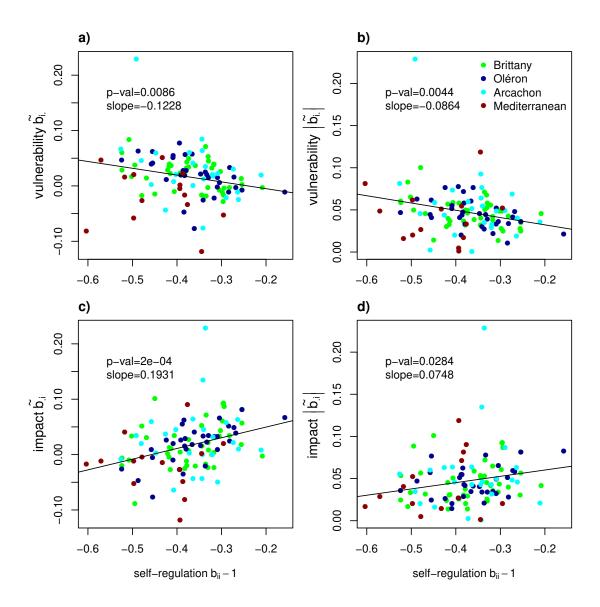


Figure 3: Relation between vulnerability/impact and self-regulation. Average vulnerability (effects of others on the focal taxon growth rate, a-b) and impact (effects of the focal taxon on others' growth rates, c-d), as well as self-regulation, are computed for untransformed (a-c) or absolute (b-d) values of the coefficients of the interaction matrix $(\mathbf{B} - \mathbf{I})$ for the 10 study sites. Each color corresponds to a given region (Fig S1). Linear regressions are shown as black lines.

15 Literature comparison

Finally, we sought to put these results in a broader context by compiling the intra vs inter taxa estimates of previous MAR(1) studies of long-term observational count data (listed in Table S4).

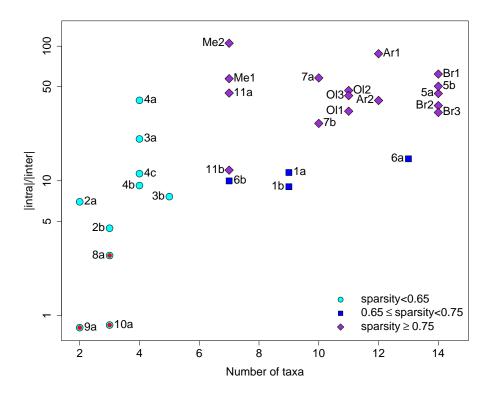


Figure 4: Ratio of intra- to inter-taxa interaction strengths in Multivariate AutoRegressive (MAR) models. The reference for each study is given in Table S4. Codes beginning with letters correspond to the present study (Ar: Arcachon; Ol: Oléron; Br: Brittany; Me: Mediterranean Sea). The symbol color and shape correspond to the sparsity of the interaction matrix (e.g., the proportion of null interactions in the matrix). Red dots correspond to terrestrial and/or low dimension predator-prey systems, giving a lower bound for the intra/inter ratio. Intertaxa interactions were set to 0 when they were not specified in the articles (in most cases, authors removed non-significant interactions at the 5% level; Fig. S9 is the same figure taking into account only significant interactions).

We found that the order of magnitude of intra/inter interaction strengths considered here is not particularly above those found for most planktonic systems to which MAR(1) models have been fitted, considering that our systems are relatively high-dimensional and that the higher the number of taxa, the larger the intraspecific regulation (Barabás et al., 2017). We included in Fig. 4 not only plankton studies but also a couple of vertebrate or insect studies on less diverse communities, where interactions are stronger, in order to provide lower bounds for the intra/inter ratio. The conclusion from this comparison seems to be that, unlike small communities that can be tight-knit, any diverse

field system of competitors and facilitators has evolved large niche differences making on average intrataxon competition much larger in magnitude than intertaxa interactions.

Discussion

Strong self-regulation and facilitation

We found very large niche differences between genera, translating into much higher intragenus than intergenera effects on growth rates (i.e., strong self-regulation), together with a high degree of facilitative net interactions.

The intra/intertaxa interaction strength ratio (Levine & HilleRisLambers, 2009) that we found, 232 from 6-10 to above 20, depending on whether one includes interactions set to zero before the 233 estimation process, could appear very high in light of previous intra/interspecific competition strength estimates of 4 to 5 by Adler et al. (2018b). Additional estimates using the unconstrained 235 interaction matrix yielded ratios between 8 and 11 depending on the site (Table S3 and Fig. S8 in 236 the Supporting Information), but weak intertaxa effects are likely to be inflated in the full model. 237 Therefore, a intra/inter ratio of 10 seems like a conservative estimate. It is twice that of Adler et al. 238 (2018b) who use a different model, i.e., a Lotka-Volterra competition model. We outline how to relate 239 a MAR(1) model to a discrete-time Lotka-Volterra equivalent in the Supporting Information; even though there is a relationship between intra/inter ratios in both models, the relationship is not trivial 241 when abundances vary greatly between species. Hence, to some degree, intra/inter ratios can differ 242 between model frameworks or ways of measuring density-dependencies (e.g., a high measurement error due to using proxies of densities for plants can result in bias in interaction coefficient estimates, 244 Detto et al., 2019). However, a ratio intra/inter at least twice larger than the ones previously found may call for other explanations. One could also argue that our high intra/inter ratio arises because 246 we consider the genus as our baseline taxonomic unit, rather than the species. It is logical that niche differentiation increases as one gets up the phylogenetic tree, and that getting down to the 248 species level could slightly decrease that ratio (but see Narwani et al., 2017, in which phylogenetic closeness decreases competition strength). However, taxonomic resolution is unlikely to be the sole

explanation for the high intra/inter ratio of interaction strength found here, for two reasons. First, phytoplankton species belonging to different genera are often found to compete in experiments (Titman, 1976; Tilman et al., 1982; Descamps-Julien & Gonzalez, 2005). In the field-based dataset studied here, the same genera that are considered in experiments are found not to compete (or only weakly), hence there must be some niche differentiation occurring in the field but not in the lab. Second, the only other study that managed to provide MAR(1) estimates down to the species level for phytoplankton, that of Huber & Gaedke (2006), provides an intra/interspecific strength ratio similar to ours (point 7a in Fig. 4). Strong self-regulation seems therefore a genuine feature of field phytoplanktonic communities. We discuss below possible mechanistic interpretations.

Another main finding of our study is the large frequency of positive interactions, with 30% truly mutualistic (+/+) interactions and between 40 and 70% facilitative effects. Although a seasonal environment can generate some positive covariation between taxa, those effects have already been filtered out by the inclusion of our 2 abiotic covariates (Fig. S4). The facilitative effects shown here are therefore residual effects, once abiotic trends are accounted for. Between 40 and 70% facilitation can be compared to the meta-analysis by Adler et al. (2018b) who also found facilitative interactions, but less than here ($\approx 30\%$). However, Adler et al. (2018b)'s review contains many experiments while the plant literature is replete with field examples of facilitation (Brooker et al., 2008; McIntire & Fajardo, 2014), so that plant facilitation could be higher in the field. At the moment, it is therefore unknown how the predominance of facilitative interactions that we found in phytoplankton compares to facilitation in terrestrial plants. We note that several authors using MAR(1) models previously forbade positive interactions within the same trophic level, so that the fraction of facilitative interactions in plankton cannot be computed from literature-derived MAR(1) estimates.

The large niche differences and facilitative interactions that arise when considering a single trophic level are an emergent property, resulting from hidden effects of resource or predator partitioning/sharing (Chesson, 2018). In our previous publication investigating in detail the Arcachon study sites (Barraquand *et al.*, 2018), we have argued that for phytoplankton, the strong intrataxon density-dependence could arise from effects of natural enemies (Haydon, 1994). Natural enemies

could also very well create apparent mutualism between prey species (Abrams et al., 1998; de Ruiter & Gaedke, 2017). We believe this to be likely for the present study, given that the study regions 280 (Arcachon, Oléron, Brittany, Mediterranean) have similar predators (zooplankton, e.g., Jamet et al., 281 2001; Modéran et al., 2010; Tortajada et al., 2012) and parasites (viruses, e.g., Ory et al., 2010; 282 fungi). Though natural enemies are good candidates to explain the observed niche differences and 283 emerging facilitation, one must bear in mind that other known drivers of phytoplankton dynamics 284 such as allelopathy (Felpeto et al., 2018), auxotrophy (Tang et al., 2010) or hydrodynamics (Lévy 285 et al., 2018) can all, in theory, help create different niches and an emerging facilitation (see last subsection of the Discussion). Finally, resources that are usually considered limiting for all species 287 might in fact not always be: Burson et al. (2018) show that phytoplanktonic taxa specialize on 288 different components of the light spectrum. This constitutes an example of fine-scale resource 289 partitioning of one resource, light, that all species and genera are usually thought to compete for. 290

No complexity-stability relationship but connections between self-regulation and interactions between taxa

There was no relation between the complexity of the communities (measured as either the weighted 293 connectance or the interaction coefficient variance) and their stability (measured by the largest 294 modulus of the eigenvalues, which quantifies the return time to a point equilibrium, i.e., resilience). 295 This result is conditional upon our model being a good approximate description of the system 296 (i.e., no multiyear limit cycles or chaotic attractors as the mapping between eigenvalues and actual stability is distorted in that case, Certain et al., 2018). However, we already showed on a subset of 298 this data that a fixed point in a MAR(1) model, perturbed by seasonality and abiotic variables, is an 299 accurate description of the system (Barraquand et al., 2018). Therefore, we are confident that the 300 absence of complexity-resilience relationship found here is not a mere artefact of an inadequate model. 301 This absence of direct link between complexity and stability could be an actual feature of empirical 302 systems, as shown previously by Jacquet et al. (2016) using a different technique. This result seems to 303 contradict theory based on random matrices, especially for competitive and/or mutualistic networks 304 (Allesina & Tang, 2012). However, one must bear in mind that such result could also be generated

by the limited size of our networks, as random matrix theory relies on asymptotics (Allesina & Tang, 2015). We should also mention that our interaction matrices (based on a discrete-time model) 307 are not strictly analogous to the ones used most frequently in theoretical ecology (continuous-time 308 model), though the spectral radius (largest modulus) is here tightly related to the real part of the 309 lead eigenvalue in equivalent continuous-time models (see Supporting Information). Thus while 310 the jury is still out regarding the absence of complexity-resilience relation found here, it may well 311 be a genuine absence. In addition to complexity metrics, we also found that the percentage of 312 mutualistic interactions, that is thought to affect the stability of a network, either positively or negatively (Mougi & Kondoh, 2012; Coyte et al., 2015; García-Callejas et al., 2018), does not in fact 314 have a major impact on our networks' resilience.

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In addition to weighted connectance and interaction variance, indices at the genus level (vulnerability and impact) approximate the average effects exerted and sustained by any given taxa in the different study sites. While, at the network level, network structure (either complexity measures or the percentage of mutualistic interactions) did not affect resilience, a relation emerged between self-regulation, necessary for coexistence, and genus-level indices. We found that the more a genus is self-regulated, the more it tends to be vulnerable to other genera's impacts and the less it impacts other genera. We examined whether vulnerability and impact could be affected by phylogenetic correlations; they were not, as on Fig. 3, points were not clustered according to genus, family or phylum. High self-regulation usually indicates large niche differences with the rest of the community, and it makes therefore sense that a species/genus whose needs strongly differ from the others only marginally impacts the resources of the other coexisting species. This is what we expect under strong niche partitioning. A low self-regulation was also correlated with high average abundance, which echoes findings by Yenni et al. (2017) who demonstrated that rare species usually show stronger self-regulation. This correlation between relative rarity and self-regulation could explain the lesser impact of highly self-regulated species/genus: a taxon which dominates the community composition can have a major effect on the others, especially as they usually cover more space, while it is harder for the less common taxa to have large impacts. In contrast, it was more difficult to explain the relationship between self-regulation and vulnerability: a genus that is more self-regulated and less

common was found here to be on average more vulnerable to other genera's increases in densities. Such relation implies greater stability (sensu resilience, Ives et al. 2003, and also invariability, 335 Arnoldi et al. 2019) for the network as a whole, because the taxa that are the more vulnerable 336 to other taxa's impacts are also those whose dynamics are intrinsically more buffered. By which 337 mechanisms this could happen is so far unclear and open to speculation. It could just be a "mass 338 effect": common taxa are in high enough numbers to deplete resources or change the environment in 339 ways that affect the less common ones, but the reverse is not true. As a final note on relationships 340 between interaction matrix coefficients, we caution that the trends evidenced are all relatively weak: considerable stochasticity still dominates the distribution of interaction matrix coefficients. 342

Ghosts of competition past and present

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Overall, the dominance of niche differentiation in observational plankton studies – based on our analysis of the REPHY dataset and re-analysis of the MAR(1) literature – is similar to what has been recently found in plant community studies (Adler et al., 2018b) or empirically parameterized 346 food webs including horizontal diversity (Barabás et al., 2017). Large niche differences might be 347 due to the ghost of competition past, i.e., competition has occurred in the past, leading to strong 348 selection and subsequent evolution, and then to progressive niche separation. In this scenario, 349 species have evolved niches that allow them not to compete or to interact only weakly (very strong 350 facilitative effects might be likewise destabilizing, Coyte et al., 2015). The likely predator effects that 351 we highlighted above could be comprised within such niche differentiation sensu largo: specialized predators can make strong conspecific density-dependence emerge (Bagchi et al., 2014; Comita et al., 353 2014), while switching generalists can also promote diversity (Vallina et al., 2014). Both predators and resources have often symmetrical effects and can therefore contribute almost equally to such 355 past niche differentiation (Chesson, 2018). 356 An intriguing new possibility, dubbed the "ghost of competition present" (Tuck et al., 2018), 357 suggests by contrast that spatial distributions in relation to abiotic factors might have a large 358 impact on the interaction strengths inferred from temporal interaction models such as ours. Recent 359 combinations of model fitting and removal experiments have shown that model fitting usually

underestimates the effect of competitors that are uncovered by removal experiments (Tuck et al., 2018; Adler et al., 2018a). This could occur for instance if species are spatially segregated (at a small 362 scale) because each species only exists within a domain where it is relatively competitive (Pacala's 363 spatial segregation hypothesis, chapter 15 in Pacala & Levin 1997), while a focal species could 364 spread out if competitors were removed. This means that a species can be limited by competitors, 365 but act so as to minimize competition (a little like avoidance behaviour in animals) and maximize 366 opportunities for positive interactions, which implies that competition is in effect hard to detect 367 when all species are present. This mechanism would require some spatial segregation between phytoplankton species at the scale of interactions, i.e., at the microscale. At the moment, while it 369 is known that fine-scale hydrodynamics generate inhomogeneities at the microscale (Barton et al., 370 2014; Breier et al., 2018) it is yet quite unclear how they might affect multivariate spatial patterns 371 of species distributions (sensu Bolker & Pacala 1999 or Murrell & Law 2003). Moreover, even with 372 some microscale spatial segregation between species, a "ghost of competition present" mechanism 373 might not work in phytoplankton as in terrestrial plants, because the turbulent, ever-changing 374 aquatic environment imposes additional constraints on the spatial distribution of organisms. 375

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383 Supporting Information

This article contains supporting information.

85 Authors' contributions

- ³⁸⁶ CP and FB contributed equally to the project design and the methodology. The computer code was
- written by CP. The authors jointly interpreted the results and co-wrote the manuscript after an
- early draft by FB.

389 Data accessibility

- The REPHY dataset has already been published (REPHY, 2017). All scripts for MAR models and
- 391 subsequent network analyses are available online in a GitHub repository (https://github.com/
- CoraliePicoche/REPHY-littoral) and Zenodo [address here XXXX].

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