Strong self-regulation and widespread facilitative interactions between genera of phytoplankton

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Abstract

- 1. The persistence of phytoplanktonic diversity in spite of competition for basic resources has long been a source of wonder and inspiration to ecologists. To sort out, among the many coexistence mechanisms suggested by theory and experiments, which ones actually maintain diversity in natural ecosystems, long-term field studies are paramount.
- 2. We analysed a large dataset of phytoplankton abundance time series using dynamic, multivariate autoregressive models. Phytoplankton was counted and identified down to the genus level, every two weeks over twenty years, at ten sites along the French coastline. Multivariate autoregressive models allowed to estimate biotic interaction networks, while also accounting for abiotic variables that may drive part of the phytoplankton fluctuations. We then analysed the ratio of intra- to inter-taxa interactions (measuring self-regulation, itself a measure of niche differentiation), the frequency of negative vs positive interactions, and how stability metrics (both at the network and genus level) relate to the network complexity and genus self-regulation or abundance.
- 3. We showed that a strong self-regulation, with competition strength within a taxon (genus) an order of magnitude higher than between taxa, was present in all phytoplanktonic interaction networks. This much stronger intragenus competition suggests that niche differentiation rather than neutrality is commonplace in phytoplankton. Furthermore, interaction networks were dominated by positive net effects between phytoplanktonic taxa (above 50% of non-zero interactions on average). While network stability (sensu resilience) was unrelated to complexity measures, we unveiled links between self-regulation, intergenus interaction strengths and abundance. The less common taxa tend to be more strongly self-regulated and can therefore maintain in spite of competition with abundant ones.
- 4. Synthesis: We prove that strong niche differentiation, widespread facilitation between phytoplanktonic taxa and stabilizing covariances between interaction strengths should be common features of coexisting phytoplankton communities in the field. These are structural properties

that we can expect to emerge from plausible mechanistic models of phytoplankton communities. We discuss mechanisms, such as predation or restricted microscale movement, that are consistent with these findings, which paves the way for further research.

Keywords: phytoplankton; coexistence; facilitation; mutualism; niche theory; time series; networks

1 Introduction

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How species or close genera can coexist together in spite of competition is one of the main puzzles of
   community ecology, especially for primary producers that seemingly share the same basic resources
   (Hutchinson, 1961). Many theoretical studies of competition models have shown that competitive
   exclusion is likely in those circumstances, unless mechanisms involving spatial or temporal variation
   are at play (Armstrong & McGehee, 1976, 1980; Chesson & Huntly, 1997; Huisman & Weissing, 2001;
   Li & Chesson, 2016; Chesson, 2018). Neutral theory, that assumes a non-equilibrium coexistence
   maintained by dispersal and equal competitive abilities for all species (Hubbell 2001, though there
   are exceptions, see Volkov et al. 2003, 2007), has been proposed as a solution to explain highly
   diverse communities (Hubbell, 2001; Rosindell et al., 2011).
       However, the evidence gathered from terrestrial plant communities starts to suggest that, in fact,
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   niche rather than neutral processes may be paramount to explain coexistence, with intraspecific
   competition dwarfing interspecific competition in most cases (Adler et al., 2010, 2018b). Whether
   these conclusions drawn mostly from studies of terrestrial plants apply to other ecosystems and taxa
   is currently little known (but see Mutshinda et al. 2009).
       Moreover, competition may not be the rule: the meta-analysis by Adler et al. (2018b) reported a
   large number of facilitative interactions (30%) and several reviews (Brooker et al., 2008; McIntire
   & Fajardo, 2014; Kinlock, 2019) have highlighted that facilitation may be much more widespread
   than ecologists usually tend to think. Although some theoretical studies suggest that facilitative
   interactions can be destabilizing (sensu resilience) and therefore undermine coexistence in Lotka-
   Volterra models (Coyte et al., 2015), multiple other modelling (Gross, 2008) and empirical (Brooker
   et al., 2008; Cavieres & Badano, 2009) studies have suggested that facilitative interactions can
   to a large degree benefit coexistence, especially when multiple interaction types are considered
   simultaneously (Mougi & Kondoh, 2012; García-Callejas et al., 2018).
       Here, we analyse a spatially replicated, long-term community-level dataset, consisting of ten
   multivariate time series of phytoplankton abundance along the French coastline. The time series are
   modelled using multivariate autoregressive (MAR) models, allowing for interactions between genera.
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Although many ecological studies focus on interactions between species, competition has been shown experimentally to occur between different genera of phytoplankton (Titman, 1976; Descamps-Julien & Gonzalez, 2005). The genus level is also a rather fine taxonomic scale for phytoplankton interaction studies, as most studies are restricted to interactions between different classes or even phyla (Ives et al., 2003; Hampton et al., 2008; Griffiths et al., 2015). Studying interactions between different genera of phytoplankton therefore both makes empirical sense in light of competition experiments and allows to estimate better-resolved networks. We focus here on genera that belong mostly to diatoms and dinoflagellates. To put our results into a more general context, we then compare our interaction strength estimates to previously published interaction networks produced under the same statistical framework, both in plankton and other empirical systems.

38 Material and methods

39 Sampling methods

All phytoplankton counts were collected by Ifremer coastal laboratories as part of the National
Phytoplankton and Phycotoxin Monitoring Network (REPHY, 2017). Since 1987, this monitoring
program has required the sampling of 26 sites along the French coastline every 2 weeks within 2
hours of high tide to document both biotic (phytoplankton counts) and abiotic (water temperature,
salinity) variables. We focused on sites which had the longest time series. We also excluded time
series which had missing data for over 6 months or an average delay between sampling dates above
20 days. This reduced the number of study sites to 10 sites nested within 4 regions (Brittany, Oléron,
Arcachon and the Mediterranean Sea; Fig. S1 and Table S1).

Abiotic variables (temperature, salinity) were measured directly from the boat during the sampling
process while water samples for biotic analyses were fixed with a Lugol's solution and examined later.
Phytoplankton cells above 20 μm were identified at the lowest possible taxonomic level and counted
with the Utermöhl method using an optical microscope (Utermöhl, 1958). Throughout the years
and sites, more than 600 taxa were identified at different taxonomic levels. We aggregated them at
the genus (or group of genera when not possible) level based on previous work (Table S2; Hernández

Fariñas et al. 2015; Barraquand et al. 2018), except for cryptophytes and euglenophytes in Arcachon,
which could not be identified below the family level. Although the taxonomic resolution used here
may seem coarse in comparison to land plants, it is in fact more refined than 86% of the MAR(1)
studies of phytoplankton listed in Table S3.

For each region, the MAR(1) analysis focused on the most abundant and most frequently observed
genera to avoid most of the gaps in the time series. Time series are plotted in Fig. S2. When gaps
did not exceed a month, missing values were linearly interpolated; remaining missing values were
replaced by a random number between 0 and half of the lowest observed abundance (Hampton
et al., 2006). We tested extensively this and other methods to deal with missing data in a previous
publication on a subset of this dataset (Barraquand et al., 2018). All time series were scaled and
centered before MAR analyses.

$_{65}$ MAR(1) model

Multivariate autoregressive (MAR) models are used to determine the interspecific interactions and abiotic effects shaping a community's dynamics (Ives *et al.*, 2003). MAR(1) models are based on a stochastic, discrete-time Gompertz equation which relates the log-abundance of each of the S taxa at time t+1 to log-abundances of the whole community at time t, with possible interactions between taxa, and effects of V abiotic variables at time t+1. These assumptions are encapsulated in eq. 1:

$$\mathbf{n}_{t+1} = \mathbf{B}\mathbf{n}_t + \mathbf{C}\mathbf{u}_{t+1} + \mathbf{e}_t, \mathbf{e}_t \sim \mathcal{N}_{\mathcal{S}}(0, \mathbf{Q})$$
(1)

where \mathbf{n}_t is the $1 \times S$ vector of log-abundance of phytoplankton taxa, \mathbf{B} is the $S \times S$ community (interaction) matrix, \mathbf{C} is the $S \times V$ environment matrix describing the effects of V variables (stacked in vector \mathbf{u}_{t+1}) on growth rates, with V=2 in our case (temperature and salinity). The noise \mathbf{e}_t is a $1 \times S$ noise vector which covers both process and observation error, following a multivariate normal distribution with a variance-covariance matrix \mathbf{Q} . \mathbf{Q} is diagonal and we have previously showed that this parsimonious choice did not affect qualitatively the results (Barraquand et al., 2018). We used the MARSS package (Holmes et al., 2014) v3.9, in R v3.3.2 (Venables & Smith,

⁷⁸ 2013), to estimate parameters with a maximum likelihood procedure.

Our previous analysis of the Arcachon region, for which more covariables were available (Bar-79 raquand et al., 2018), revealed that hydrodynamics and hydrology had more influence on phyto-80 plankton dynamics than nutrients on the two-week timescale. Because temperature and salinity sum 81 up seasonal changes in light as well as hydrology (salinity is inversely related to freshwater inflow), these represent the two key drivers needed to account for abiotic influences (Scheef et al., 2013). They are therefore used to summarize the abiotic environment in the remainder of the article. The analysis of real data in Barraquand et al. (2018) was complemented by that of simulated data mimicking the study design, which confirmed the ability of MAR(1) models to infer biotic interactions and abiotic forcings. Fitting a more sophisticated model (threshold autoregressive model) did not reveal extra non-linearities or a storage effect in the Arcachon subset of the data (Barraquand et al., 2018). Other aspects of the MAR(1) modelling are likewise quite robust: using two abiotic variables (temperature and salinity) in this study rather than the full set used in Barraquand et al. (2018) led to almost identical covariate effects and interaction estimates for the Arcachon study sites. Even if some departures from the true data-generating model may not always be detectable through MAR(1) diagnostics (e.g., residuals), the analysis of nonlinear simulations has showed that MAR(1) models are in general robust to nonlinearities if the inference focuses on interaction sign and order of magnitude of model coefficients (Certain et al., 2018), which is how these models are used here. For ease of interpretation of MAR(1) interaction coefficients, we also prove the correspondence between the magnitude of intra/inter interaction strength in a MAR(1) model and a multispecies Beverton-Holt model, i.e., a discrete-time Lotka-Volterra model (Cushing et al., 2004), in the Supporting Information. In this study, the number of phytoplankton taxa (S) and the community composition vary 100 slightly between regions but sites share on average 67% of their taxa. In order to have comparable 101 models, we also keep the same 2 covariates, i.e., water temperature and salinity, that were measured 102 at all study sites. Therefore, the dimension of the dynamical system depends on the (square of

the) number of phytoplankton taxa we study, which ranges between 7 (Mediterranean Sea) and

14 (Brittany). The smallest system still requires 63 parameters to be estimated (49 for the 7×7

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interaction matrices and 14 for the 7×2 environment matrices) if we consider all possible interactions between taxa. To reduce this dimensionality and remove unnecessary parameters, we built different 107 'interaction scenarios' based on known phylogenetic information (as suggested in Violle et al., 2011; 108 Narwani et al., 2017). The null interaction scenario assumed no interaction between genera (diagonal 109 interaction matrix) and was compared to four other interaction scenarios. The first interaction 110 scenario assumed that interactions could only occur between phylogenetically close organisms, i.e., 111 within a class (groups were then diatoms, dinoflagellates, and other phytoplanktonic organisms) 112 while the second interaction scenario further differentiated pennate and centric diatoms. The third interaction scenario considered the reverse hypothesis, that only unrelated organisms could interact 114 (i.e., a diatom could only interact with a dinoflagellate or a cryptophyte, but not with another diatom), and the last interaction scenario did not constrain the interactions at all (full interaction 116 matrix). We selected the best scenario by comparing BIC (Fig S3), which proved to be satisfactory 117 in our previous analyses of both real data and similar simulated datasets (Barraquand et al., 2018, 118 Appendix 2). The second interaction scenario, hereafter called the pennate-centric scenario, had the 119 lowest BIC for all sites (Fig. S3). This parsimonious scenario was therefore chosen as the basis for 120 further investigations of network structure. 121

Analysis of interaction strengths

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The interaction matrix obtained from MAR(1) analyses can be used to determine the stability of 123 a discrete-time dynamical system (Ives et al., 1999, 2003). We compared the maximum modulus of the eigenvalues of the pennate/centric matrices in each site, to network descriptors such as the 125 interaction strength distribution (sign, mean and variance) and weighted connectance (Bersier et al., 2002). The maximum modulus is analogous to the real part of the leading eigenvalue for continuous 127 time models and measures resilience while still accounting for some variability properties (Ives 128 et al., 1999). Weighted connectance is a measure of the proportion of realized links compared to 129 all possible links, taking into account the shape of the flux distribution. This metric is adapted to 130 weighted interaction matrices but cannot accommodate for both positive and negative coefficients: we 131 therefore chose to focus on interaction strength only (absolute values of the coefficients), irrespective

of interaction sign. In contrast, mean and variance of the off-diagonal coefficients, which can affect the stability of a community (Allesina & Tang, 2015), are computed on raw values of the coefficients. In addition to these network-level metrics, we also computed the average vulnerability (average effect of other taxa on a focal taxon, eq. S5) and impact (average effect of a focal taxon on other taxa, eq. S6) on both raw and absolute values of the coefficients. Vulnerability and impact can be related to in-strength and out-strength in the meta-analysis of Kinlock (2019). We then compared these to the regulation a focal species exerted on itself. Raw values indicate the average effect that can be expected on the growth rate of a taxon from the rest of the community (i.e., is the effect of others mostly positive or negative?), while absolute effects characterise the strength of all types of interactions on a taxon (i.e., is a taxon strongly affected by the others?).

Finally, we compared the observed ratio between mean self-regulation (intrataxon interaction strength) and mean intertaxa interaction strength to other published studies based on a MAR(1) model. A list of references is given in Table S3. Authors usually reported only coefficients that were significant at the 95% significance threshold, thus ignoring potentially many weak effects, which we had to set to 0. There are therefore two ways of computing the mean intertaxa interactions, i.e., taking the mean value of all coefficients outside of the matrix diagonal, including zeroes (which decreases the estimated mean intertaxa interaction strength, Fig. 4), or taking the mean value of statistically significant intertaxa coefficients only (which increases the estimated mean intertaxa interaction strength, Fig. S8). We considered both.

$_{52}$ Results

153 Interaction estimates

Using MAR(1) autoregressive models, we produced interaction matrices (Ives et al., 2003; Hampton et al., 2013) – i.e., Jacobian community matrices on the logarithmic abundance scale (Ives et al., 2003). Best-fitting models corresponded to a phylogenetically-structured interaction scenario, where interactions only occurred between closely related genera (Fig S3). This led to sparse, modular matrices that have two main features. First, we observed a strong self-regulation for all sites (Fig. 1,

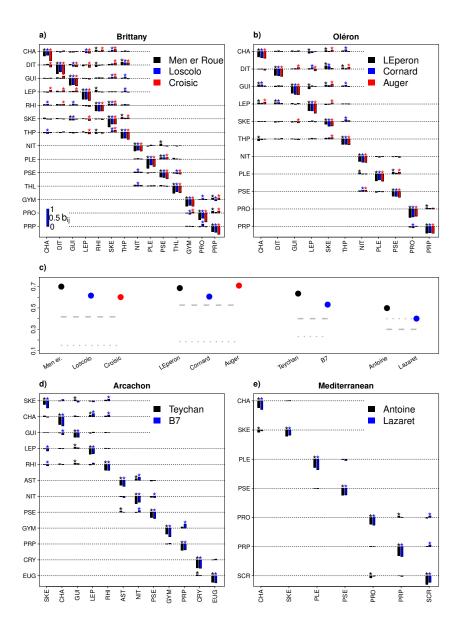


Figure 1: Interaction matrices estimated in 10 sites along the French coastline. The most parsimonious interaction scenario is presented. Taxon j (in columns) has an effect on taxon i's growth rate (in rows) proportional to the bar height, which corresponds to the $\mathbf{B} - \mathbf{I}$ matrix (community composition in Table S2). The scale for the coefficient values is given at the bottom left of panel a). 95% significance of coefficients is marked by asterisks (*). The fraction of positive interactions in each matrix is given by points in c) while the dashed (resp., dotted) line represents the ratio of interactions remaining positive (resp., negative) for all sites of a given region.

diagonal elements of all matrices), a feature that we had previously highlighted in a more detailed analysis on one of the considered study regions (Barraquand et al., 2018). The ratio of mean 160 intragenus to intergenus interaction coefficients varied between 6 and 10, not counting coefficients 161 set to 0 in the estimation process. When we included the zeroes in the interaction matrix in 162 the computation of the intra/inter mean interaction strength, the ratio rised to 21-43. Therefore, 163 intragenus interactions were on average one order of magnitude stronger than intergenus interactions. Second, although the percentage of facilitative interactions varied among sites (between 40%) 165 and 71% of interactions in the selected models), facilitation remained predominant in 9 sites out of 10 (only Lazaret, in the Mediterranean Sea, has 60% negative interactions). Our observational 167 setup being nested, with sites within regions, we could examine whether locally positive interactions remain positive in a regional context: the percentage of consistently positive interactions at the 169 regional level varied between 30% and 53%, higher than the percentage of similarly defined negative 170 interactions (between 15% and 40%), except for sites in the Mediterranean Sea. 171

We found that the percentage of true mutualism (+/+) was substantial: averaged over all sites, 172 32% of all interactions were (+/+) while only 12% of them were (-/-), see also Fig S5. The sign 173 correspondence was not always maintained between regions: the only interaction that was non-zero 174 in the 10 sites (CHA/SKE) was mutualistic in Men er Roue only (Brittany) and mixed (+/-) in 175 all other sites. Within the same region, however, interactions measured in different sites tended to 176 keep the same sign. In the 3 sites of Oléron, for instance, there were 4 interactions which remained 177 positive for both taxa involved (CHA/GUI, DIT/GUI, LEP/THP, SKE/THP), 3 of them being also 178 mutualistic in some of the Brittany sites. This contradicts previous observations that mutualistic 179 interactions tend to be more context-dependent than competitive interactions (Chamberlain et al., 180 2014). 181

Interaction network analysis

The stability (*sensu* resilience, Ives & Carpenter 2007) of all interaction matrices was not strongly affected by the percentage of positive interactions or the mean and variance of the intergenus interactions (Fig. 2). There was a slight increase in stability with weighted connectance, with a drop

in eigenvalue modulus for weighted connectances between 0.09 and 0.1. The maximum modulus of the interaction matrix eigenvalues remained between 0.65 and 0.80.

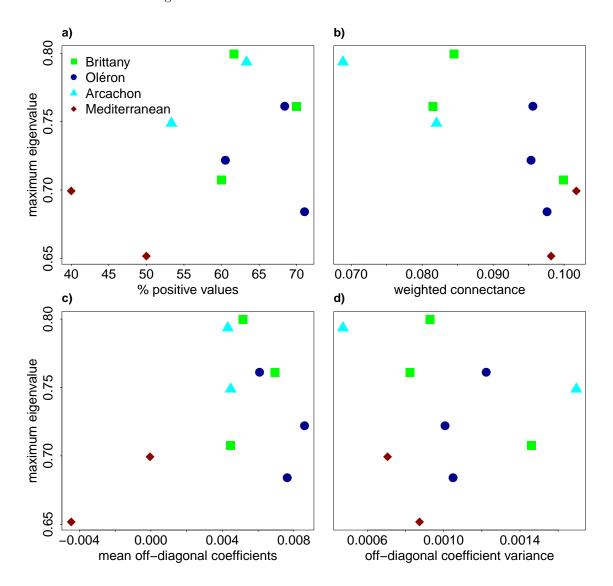


Figure 2: Relation between stability and complexity of the interaction networks. The maximum modulus of the eigenvalues of the interaction matrix **B** indicates stability *sensu* resilience. Each color or shape corresponds to a given region. The formula for weighted connectance is given in the Supporting Information.

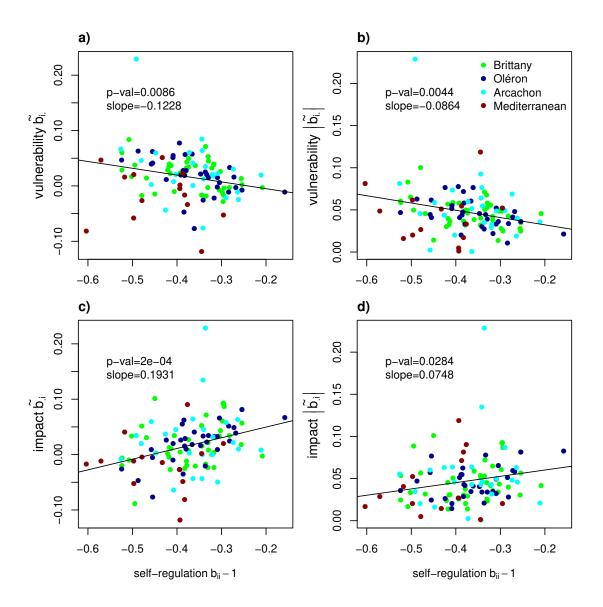


Figure 3: Relation between vulnerability/impact and self-regulation. Average vulnerability (effects of others on the focal taxon growth rate, a-b) and impact (effects of the focal taxon on others' growth rates, c-d), as well as self-regulation, are computed for untransformed (a-c) or absolute (b-d) values of the coefficients of the interaction matrix $(\mathbf{B} - \mathbf{I})$ for the 10 study sites. Each color corresponds to a given region (Fig S1). Linear regressions are shown as black lines.

Given that a direct complexity-stability (sensu resilience) link was not obvious, we investigated
whether the matrix coefficients had some particular structure that could help theoretical ecology to

make better null models of joint community dynamics and interactions (James et al., 2015). We defined two scores, vulnerability (summed effect of others on the focal taxon growth rate, eq. S5) 191 and impact (summed effect of the focal taxon onto other taxa's growth rates, eq. S6). Relations 192 between inter- and intra-genus interactions emerged (Fig. 3): genera that were more self-regulating 193 also had also a higher vulnerability score and a lower impact score. Those two influences are likely 194 to trade-off: a high degree of self-regulation somehow buffers the effect of outside influences on 195 population dynamics. Taxa that were less self-regulating were also more likely to have a stronger 196 effect onto other taxa. As these genera tended to be more abundant (Fig S7), this could be mediated by the average density of a genus. It is important to note, however, that these trends are weak and 198 there is therefore a considerable amount of randomness dominating the interaction matrix: many 199 scenarios of self-regulation vs limitation by others are therefore possible. 200

Aside from the trade-offs of Fig. 3, we found no remarkable patterns of covariation between matrix elements other than a mean-variance scaling of interaction coefficients (Fig S6).

203 Literature comparison

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Finally, we sought to put these results in a broader context by compiling the intra vs inter group 204 estimates of previous MAR(1) studies of long-term observational count data (listed in Table S3). We found that the order of magnitude of intra/inter interaction strengths considered here is not 206 particularly above those found for most planktonic systems to which MAR(1) models have been 207 fitted, considering that our systems are relatively high-dimensional and that the higher the number of taxa, the larger the intraspecific regulation (Barabás et al., 2017). We included in Fig. 4 not only 209 plankton studies but also a couple of vertebrate or insect studies on less diverse communities, where 210 interactions are stronger, in order to provide lower bounds for the intra/inter ratio. The conclusion 211 from this comparison seems to be that, unlike small communities that can be tight-knit, any diverse 212 field system of competitors and facilitators has evolved large niche differences making intragroup 213 competition much larger in magnitude than intergroup interactions.

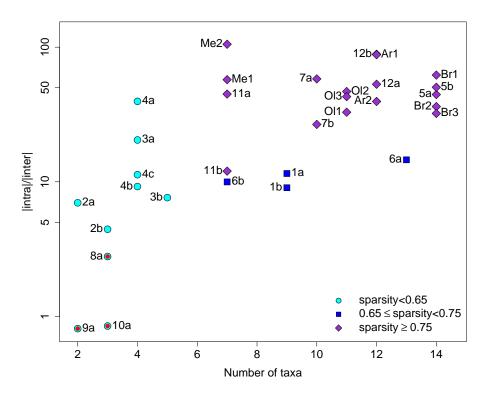


Figure 4: Ratio of intra- to inter-group interaction strength in Multivariate AutoRegressive (MAR) models. The reference for each study is given in Table S3. Codes beginning with letters correspond to the present study (Ar: Arcachon; Ol: Oléron; Br: Brittany; Me: Mediterranean Sea). The symbol color and shape correspond to the sparsity of the interaction matrix (e.g., the proportion of null interactions in the matrix). Red dots correspond to terrestrial and/or low dimension predator-prey systems, giving a lower bound for the intra/inter ratio. Intergroup interactions were set to 0 when they were not specified in the articles (in most cases, authors removed non-significant interactions at the 95% threshold; Fig. S8 is the same figure taking into account only significant interactions)

Discussion

216 Strong self-regulation and facilitation

- 217 We found very large niche differences between genera, translating into much higher intragenus
- than intergenus effects on growth rates (i.e., strong self-regulation), together with a high degree of
- 219 facilitative net interactions.
- The rather high intra/intertaxa interaction strength ratio (Levine & HilleRisLambers, 2009)

that we found, from 5 to 20, depending on how one counts the interactions set to zero in the estimation process, could appear extremely high in light of previous intra/interspecific competition 222 strength estimates of 4 to 5 by Adler et al. (2018b). Even though their model is a different one, 223 i.e., Lotka-Volterra competition, we prove in the Supporting Information that the intra/inter ratio 224 should remain commensurate in a MAR(1) model. The difference in the intra/inter ratio that we 225 found should therefore lie elsewhere, which requires some explanation. One could argue that such 226 high intra/inter ratio arises because we consider the genus as our baseline taxonomic unit, rather 227 than the species. It is logical that niche differentiation increases as one gets up the phylogenetic 228 tree, and that getting down to the species level could slightly decrease that ratio (but see Narwani 229 et al., 2017, in which phylogenetic closeness decreases competition strength). However, there are 230 two arguments suggesting that the niche differences found here extend to the species level. First, 231 phytoplankton species belonging to different genera are often found to compete in experiments 232 (Titman, 1976; Tilman et al., 1982; Descamps-Julien & Gonzalez, 2005). In the field-based dataset 233 studied here, the same genera that are considered in experiments are found not to compete (or only 234 weakly), hence there must be some niche differentiation occurring in the field but not in the lab. 235 Second, the only other study that managed to provide MAR(1) estimates down to the species level 236 for phytoplankton, that of Huber & Gaedke (2006), provides an intra/interspecific strength ratio 237 similar to ours (point 7a in Fig. 4). Strong self-regulation seems therefore a genuine feature of field 238 phytoplanktonic communities. 239

Another main finding of our study is the large frequency of positive interactions, with 30% truly mutualistic (+/+) interactions and between 40 and 70% facilitative effects. Although a seasonal environment can generate some positive covariation between taxa, those effects have already been filtered out by the inclusion of our 2 abiotic covariates (Fig. S4). The facilitative effects shown here are therefore residual effects, once abiotic trends are accounted for. Between 40 and 70% facilitation can be compared to the meta-analysis by Adler et al. (2018b) who also found facilitative interactions, but less than here ($\approx 30\%$). However, Adler et al. (2018b)'s review contains many experiments while the plant literature is replete with field examples of facilitation (Brooker et al., 2008; McIntire & Fajardo, 2014), so that plant facilitation could be higher in the field. At the

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moment, it is therefore unknown how the predominance of facilitative interactions that we found in phytoplankton compares to facilitation in terrestrial plants. We note that several authors using MAR(1) models previously forbade positive interactions within the same trophic level, so that the fraction of facilitative interactions in plankton cannot be computed from literature-derived MAR(1) estimates.

The large niche differences and facilitative interactions that arise when considering a single 254 trophic level are an emergent property, resulting from hidden effects of resource or predator 255 partitioning/sharing (Chesson, 2018). In our previous publication investigating in detail the Arcachon study sites (Barraquand et al., 2018), we have argued that for phytoplankton, the strong intragroup 257 density-dependence could arise from effects of natural enemies (Haydon, 1994). Natural enemies could also very well create apparent mutualism between prey species (Abrams et al., 1998; Barraquand 259 et al., 2015; de Ruiter & Gaedke, 2017). We believe this to be likely for the present study, given that 260 the study regions (Arcachon, Oléron, Brittany, Mediterranean) have similar predators (zooplankton, e.g., Jamet et al., 2001; Modéran et al., 2010; Tortajada et al., 2012) and parasites (viruses, e.g., 262 Ory et al., 2010; fungi). Though natural enemies are good candidates to explain the observed 263 niche differences and emerging facilitation, one must bear in mind that other known drivers of 264 phytoplankton dynamics such as allelopathy (Felpeto et al., 2018), auxotrophy (Tang et al., 2010) or hydrodynamics (Lévy et al., 2018) can all, in theory, help create different niches and an emerging 266 facilitation (see last subsection of the Discussion). Finally, resources that are usually considered limiting for all species might in fact not always be: Burson et al. (2018) show that phytoplanktonic 268 taxa specialize on different components of the light spectrum. This constitutes an example of 269 fine-scale resource partitioning of one resource, light, that all species and genera are usually thought 270 to compete for.

No complexity-stability relationship but connections between self-regulation and intergroup interactions

There was no relation between the complexity of the communities (measured as either the weighted connectance or the interaction coefficient variance of the interaction matrices) and their stability

(measured by the dominant eigenvalue of the interaction matrix, which quantifies the return time to a point equilibrium, i.e., resilience). This result is conditional upon our model being a good 277 approximate description of the system (i.e., no multiyear limit cycles or chaotic attractors as the 278 mapping between eigenvalues and actual stability is distorted in that case, Certain et al., 2018). 279 However, we already showed on a subset of this data that a fixed point in a MAR(1) model, perturbed 280 by seasonality and abiotic variables, is an accurate description of the system (Barraquand et al., 281 2018). Therefore, we are confident that the absence of complexity-resilience relationship found here 282 is not an artefact of a wrong model. This absence of direct link between complexity and stability could be an actual feature of empirical systems, as shown previously by Jacquet et al. (2016) using 284 a different technique. This result seems to contradict theory based on random matrices, especially for competitive and/or mutualistic networks (Allesina & Tang, 2012). However, this could also be 286 linked to the limited size of our networks, as random matrix theory relies on asymptotics (Allesina 287 & Tang, 2015). We should also mention that our interaction matrices (discrete-time model) are 288 not strictly analogous to the ones used in classical random matrix theory (continuous-time model). 289 Thus the jury is still out regarding the absence of complexity-resilience relation, though it may 290 well be a genuine absence. In addition to complexity metrics, we also found that the percentage 291 of mutualistic interactions, that is thought to affect the stability of a network, either positively or 292 negatively (Mougi & Kondoh, 2012; Coyte et al., 2015; García-Callejas et al., 2018), does not in fact 293 have a major impact on our networks' resilience. 294

In addition to weighted connectance and interaction variance, indices at the genus level (vulnerability and impact) approximate the average effects exerted and sustained by any given taxa in the different study sites. While, at the network level, network structure (either complexity measures or the percentage of mutualistic interactions) did not affect resilience, a relation emerged between self-regulation, necessary for coexistence, and genus-level indices. We found that the more a genus is self-regulated, the more it tends to be vulnerable to other genera impacts and the less it impacts other genera. We examined whether vulnerability and impact could be affected by phylogenetic correlations; they were not, as on Fig. 3, points were not clustered according to genus, family or phylum. High self-regulation usually indicates large niche differences with the rest of the community,

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and it makes therefore sense that a species/genus whose needs strongly differ from the others only marginally impacts the resources of the other coexisting species. This is what we expect under 305 strong niche partitioning. Furthermore, a low self-regulation was correlated with high average 306 abundance, which echoes findings by Yenni et al. (2017) who demonstrated that rare species usually 307 show stronger self-regulation. This correlation between relative rarity and self-regulation could 308 also explain the lesser impact of highly self-regulated species/genus: a taxon which dominates the 309 community composition can have a major effect on the others, especially as they usually cover more 310 space, while it is harder for the least common taxa to have large impacts. However, it was more difficult to explain the relationship between self-regulation and vulnerability: a genus that is more 312 self-regulated and less common was found here to be on average more vulnerable to other genera's 313 increases in densities. Such relation implies greater stability (sensu resilience, Ives et al. 2003, and 314 also invariability, Arnoldi et al. 2019) for the network as a whole, because the taxa that are the more 315 vulnerable to other taxa's impacts are also those whose dynamics are intrinsically more buffered. 316 By which mechanisms this could happen is so far unclear and open to speculation. It could be 317 just a "mass effect": common taxa are in high enough numbers to deplete resources or change the 318 environment in ways that affects the less common ones, but the reverse is not true. We caution, 319 however, that the relationships between vulnerability, impact and self-regulation that we evidenced 320 are all relatively weak: considerable stochasticity still dominates the distribution of interaction 321 matrix coefficients. 322

Ghosts of competition past and present

Overall, the dominance of niche differentiation in observational plankton studies – based on our analysis of the REPHY dataset and re-analysis of the MAR(1) literature – is similar to what has been recently found in plant community studies (Volkov et al., 2007; Adler et al., 2018b) or empirically parameterized food webs including horizontal diversity (Barabás et al., 2017). Large niche differences might be due to the ghost of competition past, i.e., competition has occurred in the past, leading to strong selection and subsequent evolution, and then to progressive niche separation. In this scenario, species have evolved niches that allow them not to compete or to interact only weakly (very strong

facilitative effects might be likewise destabilizing, Coyte et al., 2015). The likely predator effects that
we highlighted above could be comprised within such niche differentiation sensu largo: specialized
predators can make strong conspecific density-dependence emerge (Bagchi et al., 2014; Comita et al.,
2014), while switching generalists can also promote diversity (Vallina et al., 2014). Both predators
and resources have often symmetrical effects and can therefore contribute almost equally to such
past niche differentiation (Chesson, 2018).

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An intriguing new possibility, dubbed the "ghost of competition present" (Tuck et al., 2018), suggests by contrast that spatial distributions in relation to abiotic factors might have a large impact on the interaction strengths inferred from temporal interaction models such as ours. Recent combinations of model fitting and removal experiments have shown that the model fitting usually underestimates the effect of competitors that are uncovered by removal experiments (Tuck et al., 2018; Adler et al., 2018a). This could occur for instance if species are spatially segregated (at a small scale) because each species only exists within a domain where it is relatively competitive (Pacala's spatial segregation hypothesis, Pacala & Levin 1997), while a focal species could spread out if competitors were removed. This means that a species can be limited by competitors, but act so as to minimize competition (a little like avoidance behaviour in animals) and maximize opportunities for positive interactions, which implies that competition is in effect hard to detect when all species are present. This would require spatial segregation between phytoplankton species at the scale of interactions, i.e., at the microscale. At the moment, it is known that the fine-scale hydrodynamics generate inhomogeneities at the microscale (Barton et al., 2014; Breier et al., 2018) but it is quite unclear how this affects multivariate spatial patterns of species distributions (sensu Bolker & Pacala 1999, or Murrell & Law 2003). Moreover, even if microscale hydrodynamics generates spatial structure with segregation between species, it is not clear either that the "ghost of competition present" mechanism could work for phytoplankton, because turbulence rather than organism movement dictates where the phytoplankton patches can or cannot appear.

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362 Supporting Information

This article contains supporting information.

364 Authors' contributions

- 365 CP and FB contributed equally to the project design. CP wrote the code for the analyses. FB and
- 366 CP interpreted the results and wrote the manuscript.

368 Data accessibility

- The REPHY dataset has already been published (REPHY, 2017) and all scripts for MAR and
- 370 subsequent network analyses are available online in a GitHub repository (https://github.com/
- ³⁷¹ CoraliePicoche/REPHY-littoral). This repository will be made public upon acceptance and
- codes can be shared with referees should they wish to access them.

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