

Strong self-regulation and widespread facilitative interactions between groups of phytoplankton

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Abstract

Phytoplanktonic communities have long been model systems for coexistence theory. However, their richness, highly variable biomass and reactivity to environmental variables have hindered the understanding of their dynamics in their natural setting. We analyzed multiple 20-year long recordings of phytoplankton abundance together with hydrodynamics parameters in 10 sites along the French coastline to estimate quantitative interaction networks with multivariate autoregressive models. We showed that a strong self-regulation, at least one order of magnitude higher than interspecific interaction strength, was the main feature of phytoplanktonic community networks. Furthermore, positive effects between phytoplanktonic taxa constituted at least 40% of non-null interactions in all sites, contrary to the competition which is usually expected. These results suggest that strong self-regulation and facilitation should remain a focus in coexistence theory. [125 words/150]

Introduction

How species or related genera can coexist together in spite of likely competition is still one of the main puzzles of community ecology, especially for primary producers that seemingly share the same basic resources¹. Many theoretical studies of competition models have shown that competitive exclusion is likely in those circumstances^{2,3}, unless some special mechanisms involving spatial or temporal variation are at play^{4,5,6,7}. Neutral theory, that in its most basic formulation assumes equal competitive abilities⁸ and non-equilibrium coexistence sustained by immigration from a larger pool (but see ref.^{9,10}) has been proposed as a solution to explain highly diverse communities^{8,11}. However, the evidence gathered from plant communities starts to suggest that, in fact, niche rather than neutral processes may be paramount, with intraspecific competition dwarfing interspecific competition in most cases^{12,13}. Whether these conclusions apply to other systems is currently unknown.

Moreover, the meta-analysis by Adler et al.¹³ reported a large number of facilitative interactions (30%) and reviews^{14,15} have highlighted that in fact that facilitation may be much more widespread than ecologists usually tend to think. Although some theoretical studies suggest that facilitative interactions can be destabilizing

(sensu resilience) and therefore undermine coexistence in Lotka-Volterra models¹⁶, multiple other modelling¹⁷ and empirical^{14,18} studies have suggested that facilitative interactions can to a large degree benefit coexistence, especially when multiple interaction types are considered simultaneously^{19,20}.

Here, we analyse a large, multi-species dataset consisting of several multivariate long-term time series of phytoplankton dynamics along the French coastline, which we then analyze using statistical time series models allowing for interactions between groups.

Results and discussion

Using MAR(1) autoregressive models, we have produced interaction matrices – i.e., Jacobian community matrices on the logarithmic scale²¹ – that have two main features. First, we observe a strong self-regulation for all sites (Fig. 1, diagonal elements of all matrices), a feature that we have highlighted in a previous, more detailed analysis on one of the considered study regions only²². Second, although the percentage of facilitative interactions seem to vary among sites (between 40% and 71% of interactions in the selected models), we have found that the percentage of mutualism is substantial for all sites: there are on average 32% of all interactions which are beneficial for both interacting groups, 12% which are detrimental. Remaining interactions can either characterize competitive effects or commensalism.. Our observational setup being nested, with sites within regions, we can examine whether locally positive interactions remain positive in a regional context: the percentage of consistently positive interactions at the regional level varies between 30% and 53%, which is always higher than the percentage of similarly defined negative interactions, except for sites in the Mediterranean Sea.

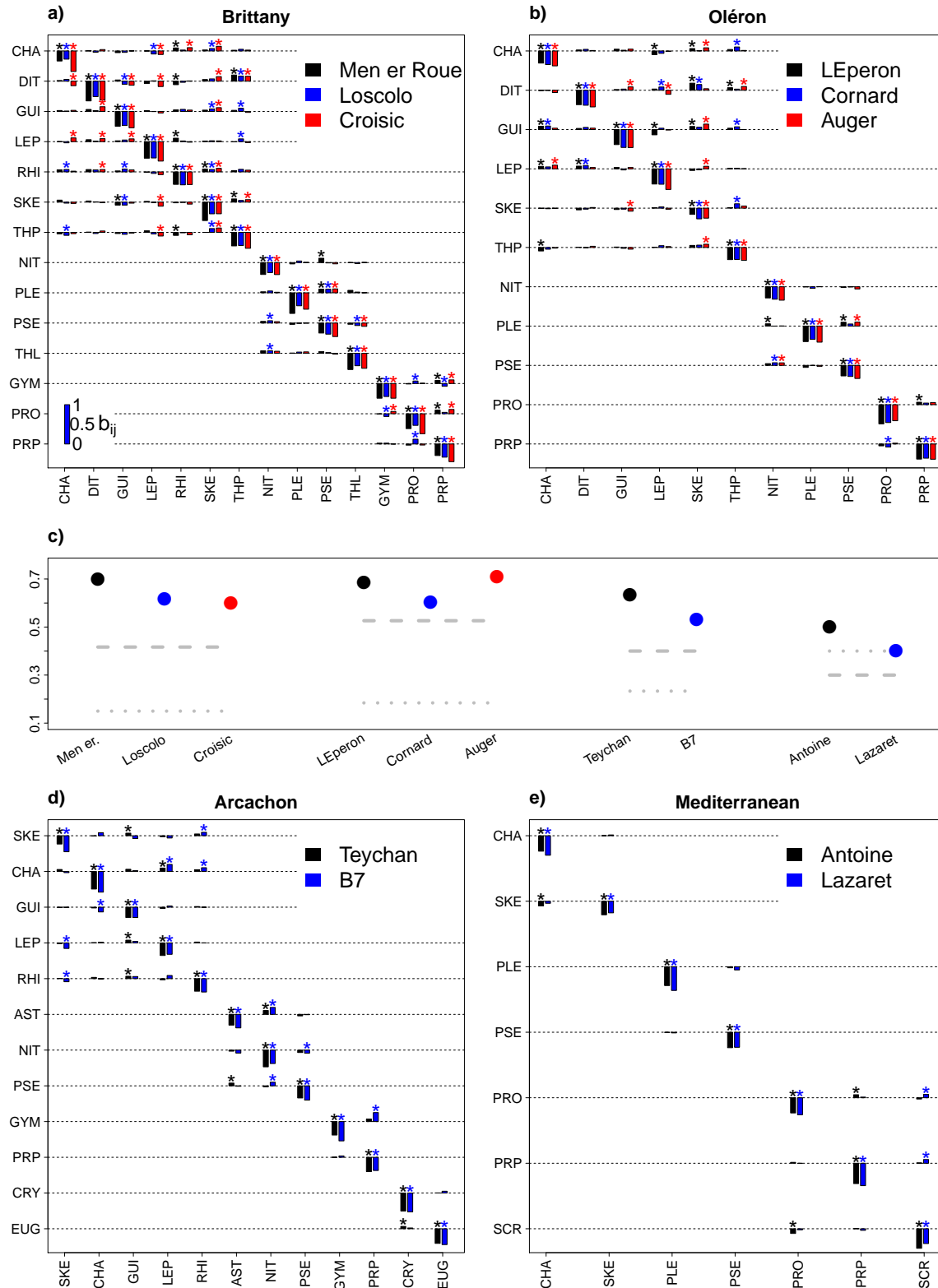


Figure 1: **Interaction matrices estimated in 10 sites along the French coastline.** Four regions are distinguished: Brittany (a), Marennes-Oléron (b), Arcachon (d) and the Mediterranean Sea (e). Only interactions between clades (pennate and centric diatoms, dinoflagellates, other planktonic taxa) are allowed, as this is the best fitting scenario (Supplementary Fig.2). Taxon j (in columns) has an effect illustrated by the bar height on taxon i (in rows)'s growth rate. We present the log-scale community matrix minus the identity matrix ($\mathbf{B} - \mathbf{I}$) because this compares unambiguously the effects of intra- and inter-group interactions on population growth rates. The scale for the coefficient values is given at the bottom left of panel a). 95% significance of coefficients was determined by bootstrapping and is marked by asterisks (*). The composition of planktonic groups is given in Supplementary Table 1. The fraction of positive interactions in each matrix is given by points in c) while the dashed (resp., dotted) line represents the ratio of interactions remaining positive (resp., negative) for all sites of a given region.

We then asked whether the stability (resilience) of those matrices was affected by the percentage of mutualistic interactions or their connectivity properties (Fig. 2).

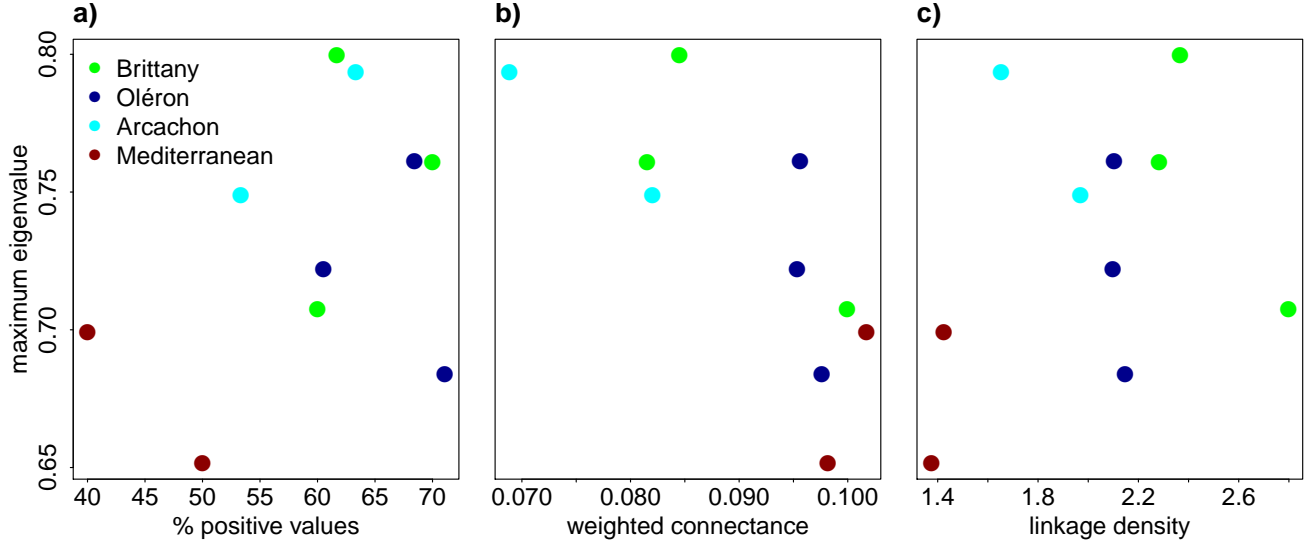


Figure 2: **Relation between stability and complexity of the interaction networks.** The maximum modulus of the community matrix eigenvalues indicates stability *sensu* resilience. Each point color corresponds to a given region. Metrics formula for weighted connectance and linkage density are given in Supplementary Section ???.

More information than sign and the magnitude of interspecific / intergroup interactions can be gathered from interaction matrices. We investigated whether the matrix has some particular structure that could help theoretical ecology to make better null models of joint community dynamics and interactions²³. We defined two scores, vulnerability (summed effect of others on the focal species growth rate) and generality (summed effect of the focal species onto other species growth rates). Species that were more self-regulating also had also a higher vulnerability score, and those two influences are likely to trade-off: a high degree of self-regulation somehow buffers outside influences. Species that were less self-regulating were also more likely to have a broad range of effects onto other species [to interpret this we may also need to check that they were more abundant, if so I would say that species varying broadly have a higher likelihood to generate effects in other species][Indeed, less self-regulated species have a higher average abundance; generality also increased weakly with abundance; see abundance_vs_regulation.pdf in 'SI of SI'. Not sure I put it -with a better form- in the SI?]. It is important to note, however, that these patterns are weak and there is therefore a considerable amount of randomness dominating the interaction matrix: many scenarios of self-regulation vs limitation by others are therefore possible.

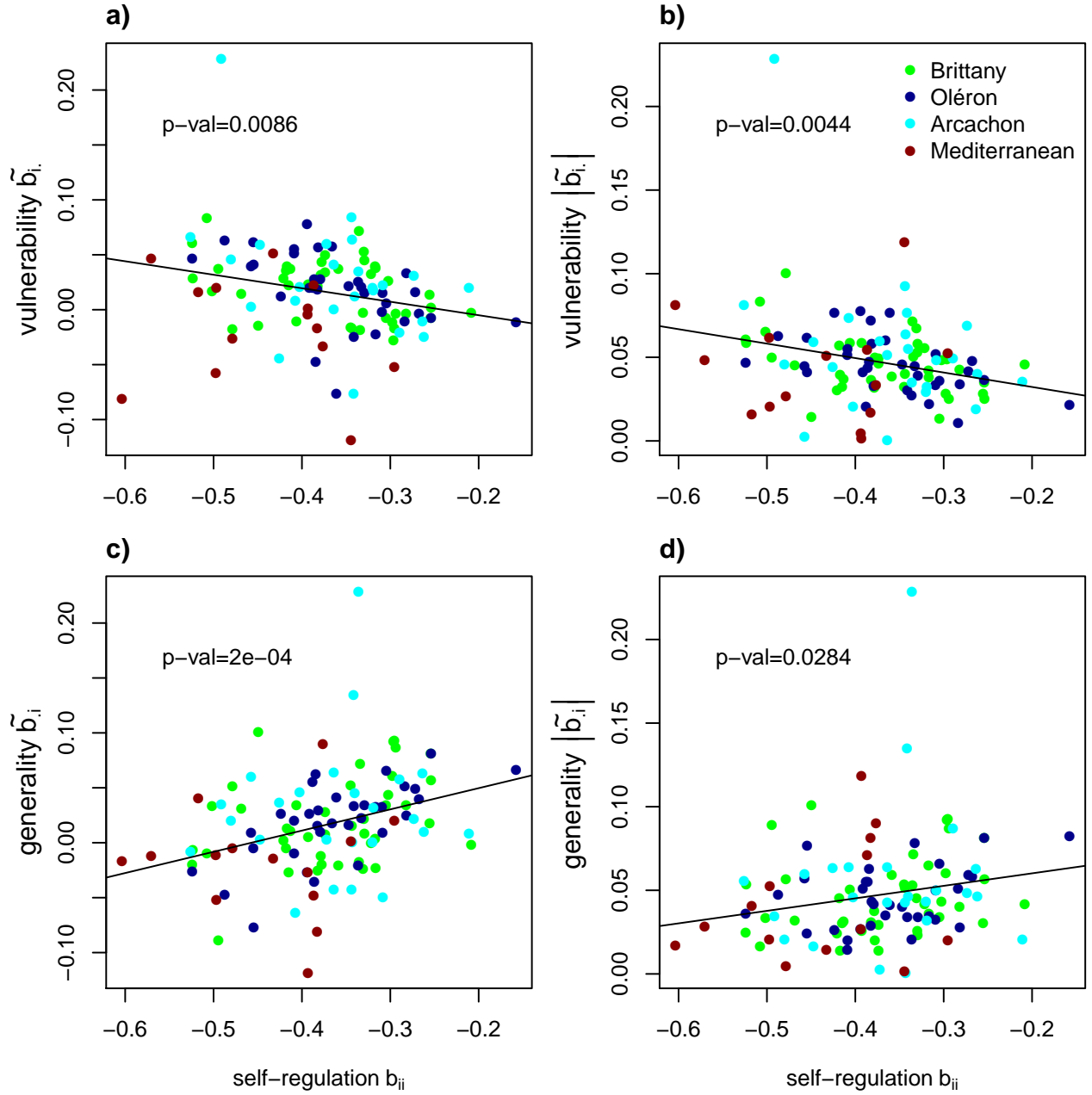


Figure 3: **Relation between vulnerability/generalizability and self-regulation.** Average vulnerability (effects of others onto the focal species growth rate, a-b) and generality (effects of the focal species unto other's growth rates, c-d), as well as self-regulation, are computed for untransformed (a-c) or absolute (b-d) values of the coefficients of the interaction matrix ($\mathbf{B} - \mathbf{I}$) for the 10 study sites. Each color corresponds to a given region (Supplementary Fig. 1). The p-value of the Pearson correlation between vulnerability (respectively generality) and self-regulation is given in the top left of each panel and the slope of the linear regression is given by the black line across scatter plots.

Aside from these trade-offs, some of which promote some stability (sensu invariability), we found no remarkable patterns of covariation between matrix elements (other than a mean-variance scaling of interaction coefficients, Supplementary Fig. 4). A main finding of our study seems therefore to be the presence of very large niche

differences between the species/genera, translating into much higher intragroup than intergroup effects on growth rates, together with a high degree of facilitative net interactions. In our previous publication investigating in detail the Arcachon study sites²², we have argued that those large niche differences, with strong intra-group density-dependence could arise from predation effects. Predation effects could also very well create apparent mutualism between prey species^{24,25,26}. This is still very much likely here given the new study regions (Oléron, Brittany, Mediterranean) added for this study could have similar predators (zooplankton^{27,28,29}), parasites (viruses³⁰, fungi), or even competitors³¹, though there are other possible drivers of phytoplankton dynamics such as allelopathy³², auxotrophy³³ or hydrodynamics³⁴.

Finally, we have sought to put these results in a broader context by compiling the intra vs. inter group estimates of previous MAR(1) studies of long-term observational count data (listed in Supplementary Table 3). We have found that the order of magnitude of intra/inter interaction strengths considered here is not particularly below those found for most planktonic systems to which MAR(1) models have been fitted. We include in Fig. 4 not only plankton studies but also a couple of vertebrate or insect studies on smaller (less diverse) communities, where interactions are stronger. The conclusion from this comparison seems to be that any diverse system of competitors and facilitators has evolved large niche differences making intragroup competition much larger in magnitude than intergroup interactions.

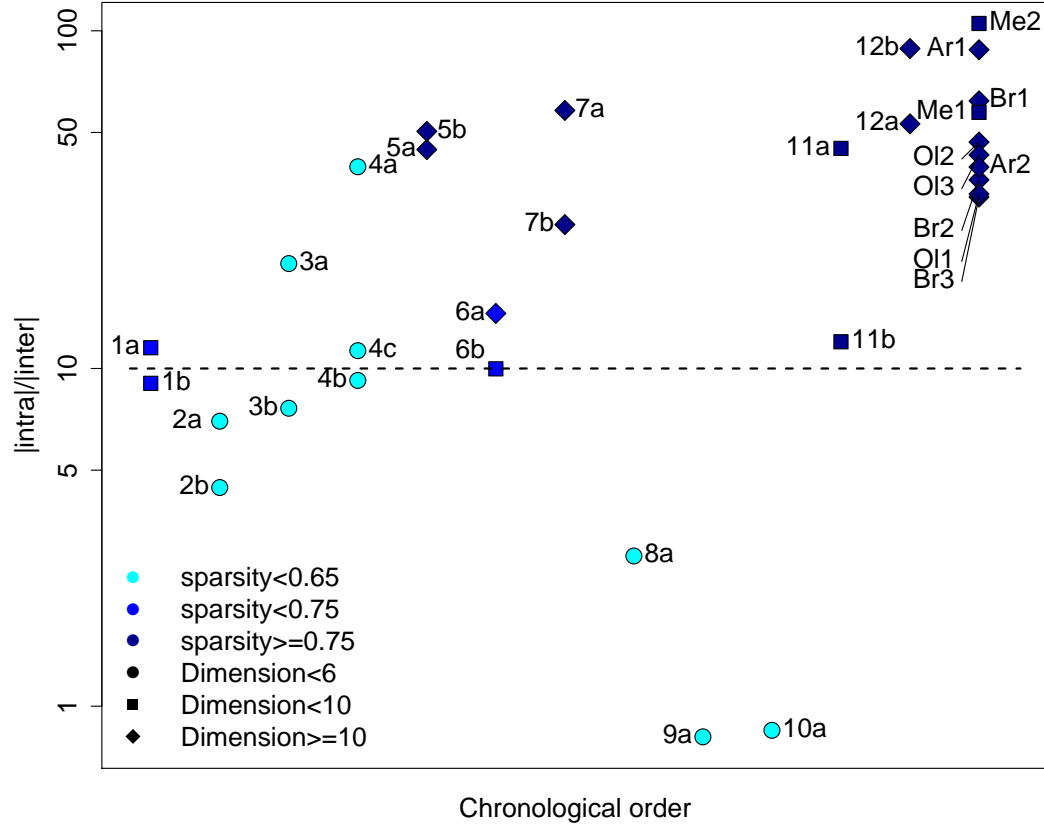


Figure 4: **Ratio of intra- to inter-group interaction strength in Multivariate AutoRegressive (MAR) models in the ecological literature.** The name of each studies, corresponding to each code, is given in Supplementary Table 3. The symbol color corresponds to the sparsity of the community matrix (e.g., the proportion of null interactions in the matrix) and the symbol shape corresponds to the number of species taken into account. Intergroup interactions were set to 0 when they were not specified in the articles (in most cases, because they were not deemed significant at the 95% threshold). Last column corresponds to the present study.

This dominance of niche differentiation in observational plankton studies is similar to what has been recently found in plant community studies^{10,13}. Large niche differences might be due to the ghost of the competition past, i.e., competition has occurred in the past, leading to strong selection and subsequent evolution leading to progressive niche separation. Species have evolved niches that allow them not to compete or to interact only weakly (very strong facilitative effects might be likewise destabilizing¹⁶). The likely predator effects that we highlighted above could be comprised within such niche differentiation *sensu largo*: specialized predators can make strong conspecific density-dependence emerge^{35,36}, while switching generalists can also promote diversity³⁷. Both predators and resources have often symmetrical effects and can therefore contribute almost equally to niche differentiation³

An intriguing new possibility, dubbed the “ghost of competition” present³⁸, suggests that spatial patterns in relation to abiotic factors might have a large impact on the patterns inferred from interaction models. Recent combinations of model fitting and removal experiments have shown that the model fitting usually underestimate the effect of competitors that are uncovered by removal experiments^{38,39}. This could occur for instance if species are spatially segregated (at a small scale) because each species only exists within a domain where it is relatively

competitive, while a focal species could spread out if competitors were removed. This means that a species can be limited by competitors, but act so as to minimize competition (a little like avoidance behaviour in animals) so that competition is in effect hard to detect when all species are present. This would require some fine-scale segregation between phytoplankton species at the scale of interactions, i.e., at the microscale. At the moment, it is known that turbulence generates inhomogeneities at the microscale^{40,41} but it is quite unclear how this affects multiple interacting species and which multivariate spatial patterns (as in ref.⁴²) could be expected. Also, even if turbulence generates spatial structure with segregation between species, it is not quite clear that the “ghost of competition present” mechanism could work for plankton, where the turbulence may somehow dictates where the plankton patches can or cannot appear.

Methods

Data collection

All phytoplankton counts were collected as part of the National Phytoplankton and Phycotoxin Monitoring Network (REPHY⁴³). Since 1987, this monitoring program has required 26 sites along the French coastline to be sampled every 2 weeks within 2 hours of high tide to determine both biotic (phytoplankton counts) and abiotic (water temperature, salinity) parameters. We focused on sites that had been sampled at least 10 years after 1996, when methods were standardized among sites. We also excluded time series which had missing data for over 6 months or an average delay between sampling dates above 20 days. This reduced the number of study sites to 10 sites nested within 4 regions (Brittany, Marennes-Oléron, Arcachon and the Mediterranean Sea; Supplementary Fig. 1).

Abiotic variables (temperature, salinity) were measured directly from the boat during the sampling process while water samples for biotic analyses were fixed with a Lugol’s solution and examined later. Phytoplankton cells above 20 μm were identified at the lowest possible taxonomic level and counted with the Utermöhl method using an optical microscope⁴⁴. Throughout the years and sites, more than 600 taxa were identified at different taxonomic levels. We aggregated them at the genus (or group of genera when not possible), level based on previous work^{45,22}, except for cryptophytes and euglenophytes in Arcachon, which could not be identified below the family level. Although the taxonomic resolution used here may seem coarse in comparison to land plants, it is in fact more refined than 75% of the MAR(1) studies of phytoplankton listed in Supplementary Table 3 [86% if not taking Barraquand 2018 into account].

For each region, the MAR(1) analysis focused on the most abundant and most frequently observed genera to avoid most of the gaps in the time series. When gaps did not exceed a month, missing values were linearly interpolated; remaining missing values were replaced by a random number between 0 and half of the lowest observed abundance⁴⁶. We tested extensively this and other methods to deal with missing data in a previous publication on a subset of this dataset²².

MAR(1) model

Multivariate autoregressive (MAR) models are used to determine the interspecific interactions and abiotic variables shaping a community’s dynamics²¹. They are based on a stochastic, discrete-time Gompertz model which relates log-abundance of S species at time $t + 1$ to interactions with the rest of the community at time t , and effects of V abiotic variables at time $t + 1$, following eq. 1.

$$\mathbf{n}_{t+1} = \mathbf{B}\mathbf{n}_t + \mathbf{C}\mathbf{u}_{t+1} + \mathbf{e}_t, \mathbf{e}_t \sim \mathcal{N}_S(0, \mathbf{Q}) \quad (1)$$

where \mathbf{n}_t is the $1 \times S$ log abundance vector of abundance of phytoplankton groups, \mathbf{B} is the $S \times S$ community (interaction) matrix, \mathbf{C} is the $S \times V$ environment matrix describing the effects of V variables \mathbf{u}_{t+1} on species growth, and \mathbf{e}_t is a $1 \times S$ noise vector which covers both process and observation error, following a multivariate normal distribution with a variance-covariance matrix \mathbf{Q} . \mathbf{Q} is diagonal and we have previously showed that this parsimonious choice did not affect qualitative results²².

We used the MARSS package⁴⁷, in R, to estimate parameters with a maximum likelihood procedure.

We have previously published a very detailed analysis of one of the dataset (Arcachon) for which more covariables were available²². The analysis of real data was complemented by that of simulated data for a plankton time series set-up and confirmed the ability of the technique to infer biotic interactions and abiotic forcing. This analysis revealed that the MAR(1) approach was satisfactory (i.e., no need for extra non-linearities to model the storage effect, which was found to be weak as in previous analyses of plant data for which strong-self regulation was observed^{12,48}). Furthermore, using two abiotic variables in this study rather than the full set of used in Barraquand et al.²² led to almost identical estimates to the ones obtained previously in Arcachon²². We are therefore confident that the MAR(1) models presented here are appropriate and robust. In general, MAR(1) models tend to be fairly robust to small deviations of the underlying data-generating model, provided that one asks mainly order of magnitude of coefficients values (rather than very precise estimates) and sign of interaction coefficients⁴⁹.

In this study, the number of phytoplankton groups, S , varies between regions but we keep the same 2 covariates, i.e. water temperature and salinity, that could be measured for all study sites. Therefore, the dimension of the dynamical system only depends on the (square of the) number of phytoplankton groups we study, which ranges between 7 (Mediterranean Sea) and 14 (Brittany). The smallest system still requires 70 parameters to be estimated if we consider all possible interactions between species. To reduce this dimensionality and remove unnecessary parameters, we compared different ‘interaction scenarios’ based on BIC. The null scenario assumed no interaction between groups of species (diagonal interaction matrix) and was compared to four other scenarios. The first scenario assumed that interactions could only occur between phylogenetically close organisms, i.e., within a class (namely, diatoms, dinoflagellates, and other phytoplanktonic organisms) while the second scenario further differentiated pennate and centric diatoms. The third scenario considered the inverse hypothesis, that only unrelated organisms

could interact (i.e., a diatom could only interact with a dinoflagellate or a cryptophyte, but not with another diatom), and the last scenario did not constrain the interactions at all (full interaction matrix). Based on congruent results for all sites (Supplementary Fig. 2), we further investigated the second scenario, hereafter called the pennate-centric scenario.

Analysis of interaction strengths

The community matrix obtained from MAR(1) analyses can be used to determine the stability of a discrete-time dynamical system²¹. We compared the maximum modulus of the eigenvalues of the pennate/centric matrices in each site, as a proxy of stability, to network metrics which could be related to complexity, such as weighted connectance and linkage density⁴¹. Weighted connectance is a measure of the proportion of realized links, taking into account the shape of the flux distribution, while link density measures the average proportion and strength of interactions for a given species. These metrics are adapted to weighted interaction matrix but cannot accommodate for both positive and negative coefficients: we therefore chose to focus on the absolute values of these coefficients, which can be linked to their strength even though we do not necessarily know the kind of interaction it describes.

In addition to these network-level metrics, we also computed the average vulnerability (average effect of other taxa on a focal taxon) and generality (average effect of a focal taxon on other taxa) and compared these to the regulation a focal species exerted on itself.

Finally, we compared our results on self regulation/intraspecific interactions v. interspecific interactions to other published studies based on the MAR model. A list of references is given in Supplementary Table 3. Authors usually reported only coefficients that were significant at the 95% threshold, ignoring weak effects. We therefore computed the mean interspecific interactions as either the mean value of significant coefficients only (Supplementary Fig. 5), or the mean value of all coefficients outside of the matrix diagonal, replacing missing values by 0 (Fig. 4). We should nevertheless mention two biases in this comparison: low-dimension matrices tended to be more complete (less sparse) than high-dimension matrices as these small community matrix were used to study known interaction phenomena (observed predation between organisms, for instance). There is therefore a positive correlation between sparsity and dimensionality (Supplementary Fig.6). The number of parameters to estimate increase as the square of the number of interacting groups, leading authors to reduce this set before the estimation process. While we based our model choice on phylogeny (see above), the typical method used by authors to reduce the number of estimated parameters was an automated procedure, usually based on the comparison of 100 randomly chosen interaction matrices, optimizing BIC²¹. [This means that, even for high-dimension matrices, we are not comparing exactly the same interaction models.]

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