

### Sampling locations

Study sites are shown on Supplementary Fig. 1 and details on each site are given in Supplementary Table 1. The mean temperature in each region mostly depended on its latitude, reflecting the climate of the region, while salinity in one site could be considered as a proxy for evaporation and terrestrial inputs from rivers.

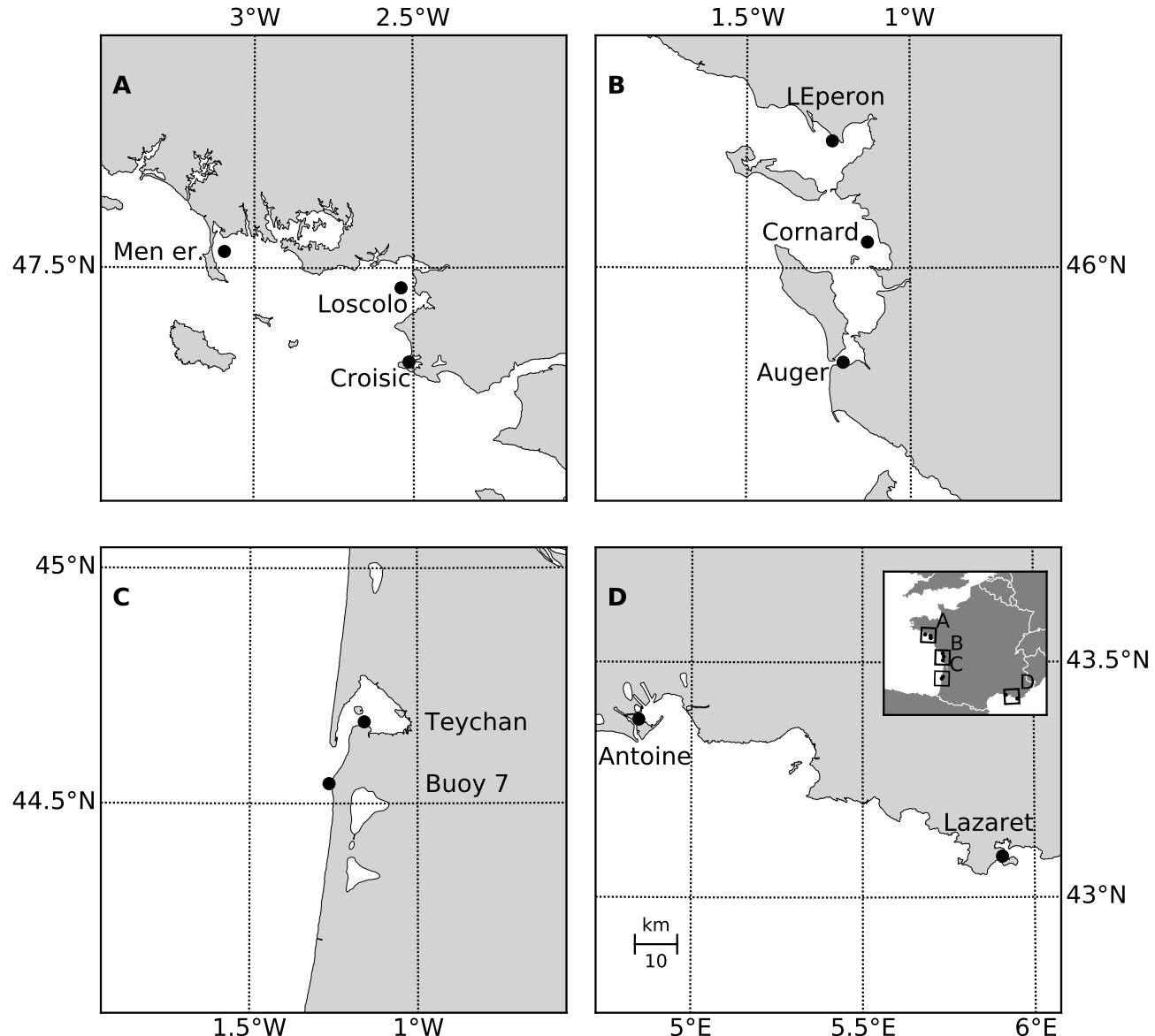


Figure 1: **Location of each study site in their region:** Brittany (A), Oléron (B), Arcachon (C) and the Mediterranean Sea (D). The common scale of the panels is given in the left corner of D.

At each site, water samples were collected between 0 and 1m depth in a Niskin bottle, from which 10mL were taken for phytoplanktonic counts. We focus on phytoplanktonic taxa between 20 and 200  $\mu\text{m}$ , meaning that up to 1000 cells can line up along one single side. We therefore consider samples to be representative of local competition.

Although coastal systems such as ours are open by definition, Scheef *et al.*<sup>1</sup> have shown that no systematic pattern emerged from changes in spatial scale, leading us to assume that possible emigration and immigration did not systematically bias our estimates.

Name of site	Location	Region	N. samples	Temperature (°C)	Salinity (g/L)
Men Er Roue	47°32' N / 3°5' W	Brittany	503	14.4 +/- 3.7	33.5 +/- 1.9
Loscolo	47°27' N / 2°32' W	Brittany	463	14.9 +/- 4.0	32.0 +/- 3.0
Croisic	47°18' N / 2°30' W	Brittany	500	14.7 +/- 3.9	31.8 +/- 3.1
L'Eperon	46°16' N / 1°14' W	Oléron	460	15.3 +/- 4.8	32.1 +/- 3.2
Cornard	46°3' N / 1°7' W	Oléron	491	15.6 +/- 4.8	32.7 +/- 2.4
Auger	45°47' N / 1°12' W	Oléron	524	15.4 +/- 4.4	32.7 +/- 1.8
Buoy 7	44°32' N / 1°15' W	Arcachon	311	15.2 +/- 3.8	34.7 +/- 0.7
Teychan	44°40' N / 1°9' W	Arcachon	494	15.5 +/- 4.6	32.5 +/- 1.9
Antoine	43°22' N / 4°50' E	Mediterranean Sea	539	16.8 +/- 5.1	32.3 +/- 3.9
Lazaret	43°5' N / 5°54' E	Mediterranean Sea	512	17.4 +/- 4.2	35.9 +/- 2.4

Table 1: **Summary of the study site characteristics**, including the mean and standard deviation of the two main environmental parameters (temperature and salinity).

## Phytoplankton dynamics

Code	Taxa
AST	<i>Asterionella+Asterionellopsis+Asteroplanus</i>
CHA	<i>Chaetoceros</i>
CRY	<i>Cryptophytes</i>
DIT	<i>Ditylum</i>
EUG	<i>Euglenophytes</i>
GUI	<i>Guinardia</i>
GYM	<i>Gymnodinium+Gyrodinium</i>
LEP	<i>Leptocylindrus</i>
NIT	<i>Nitzschia+Hantzschia</i>
PLE	<i>Pleurosigma+Gyrosigma</i>
PRO	<i>Prorocentrum</i>
PRP	<i>Protoperidinium+Archaeoperidinium+Peridinium</i>
PSE	<i>Pseudo-nitzschia</i>
RHI	<i>Rhizosolenia+Neocalyptrella</i>
SCR	<i>Scrippsiella+Ensicalifera+Pentapharsodinium+Bysmatrum</i>
SKE	<i>Skeletonema</i>
THL	<i>Thalassionema+Lioloma</i>
THP	<i>Thalassiosira+Porosira</i>

Table 2: **Name and composition of the phytoplanktonic groups used in main text**, based on the work by Hernández-Fariñas et al.<sup>2</sup>



Figure 2: Time series of the 5 most abundant phytoplanktonic genera in each site.

## MAR(1) models

We selected the most parsimonious interaction matrices using BIC. Not only the best-ranking model, but also the overall ranking of interaction scenarios was similar for most sites (Supplementary Fig. 3). Based on these results, we considered the model selection to be quite robust, and focused on the pennate-centric scenario to analyze interaction matrices, as this scenario corresponded to the best fitted models that still allowed interactions between groups.

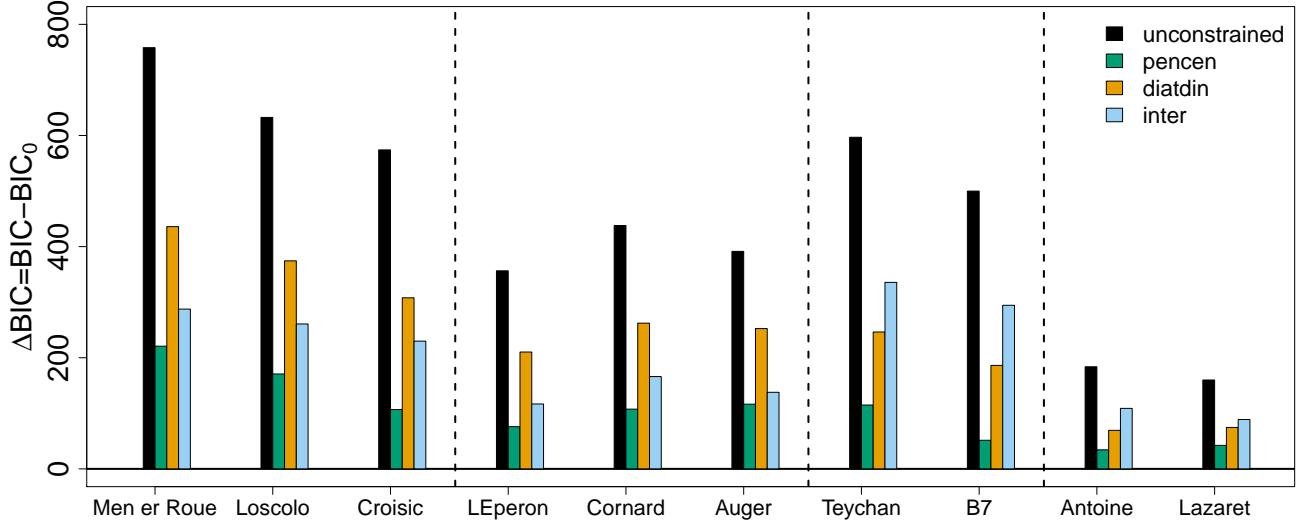


Figure 3: **Comparison of the BIC of different interaction scenarios**, compared to the null scenario (diagonal interaction matrix, allowing only intragroup interactions), for 10 sites in 4 different regions, separated by dashed lines (Brittany, Oléron, Arcachon and the Mediterranean Sea). Different interaction matrices may allow interactions between all taxa (unconstrained), only interactions within pennate diatoms, centric diatoms, dinoflagellates, or other phytoplanktonic taxa (pencent), only interactions within diatoms, dinoflagellates or other taxa (diatdin), or only interactions between taxa belonging to these different groups. As model structures (length of the times series taken into account) are different between sites and regions, groups of bars should not be compared.

We inspected the Hessian matrices for interaction parameters, which was important to check that results presented in Fig. 3 of the main text could not be due to statistical constraints. The Hessian matrix showed that correlations between interaction parameters were always below 0.5 in absolute values.

In addition to the coefficients of the interaction matrix, MAR(1) models allowed us to estimate the effect of environmental variables. The parameters associated with these variable reveal abiotic effects such as phenology (temperature, related to insolation) or responses to hydrological changes such as salinity variation (Supplementary Fig. 4). Overall, temperature tended to have more effect on phytoplankton dynamics than salinity, which was logical since it integrates seasonal variation in received solar energy. The absolute effect of temperature was on average 3.5 times higher than salinity effects and temperature coefficients were significant at the 95% threshold for 68% of all estimates, as opposed to 16% for salinity effects. Temperature had a positive effect in 80% of the cases while salinity had a negative effect for 66% of all estimates. The sign of significant temperature effects on a given species remained the same between regions, except for SKE, which was negatively affected by temperature in Brittany and Marennes-Oléron but positively affected by temperature in the Mediterranean Sea.

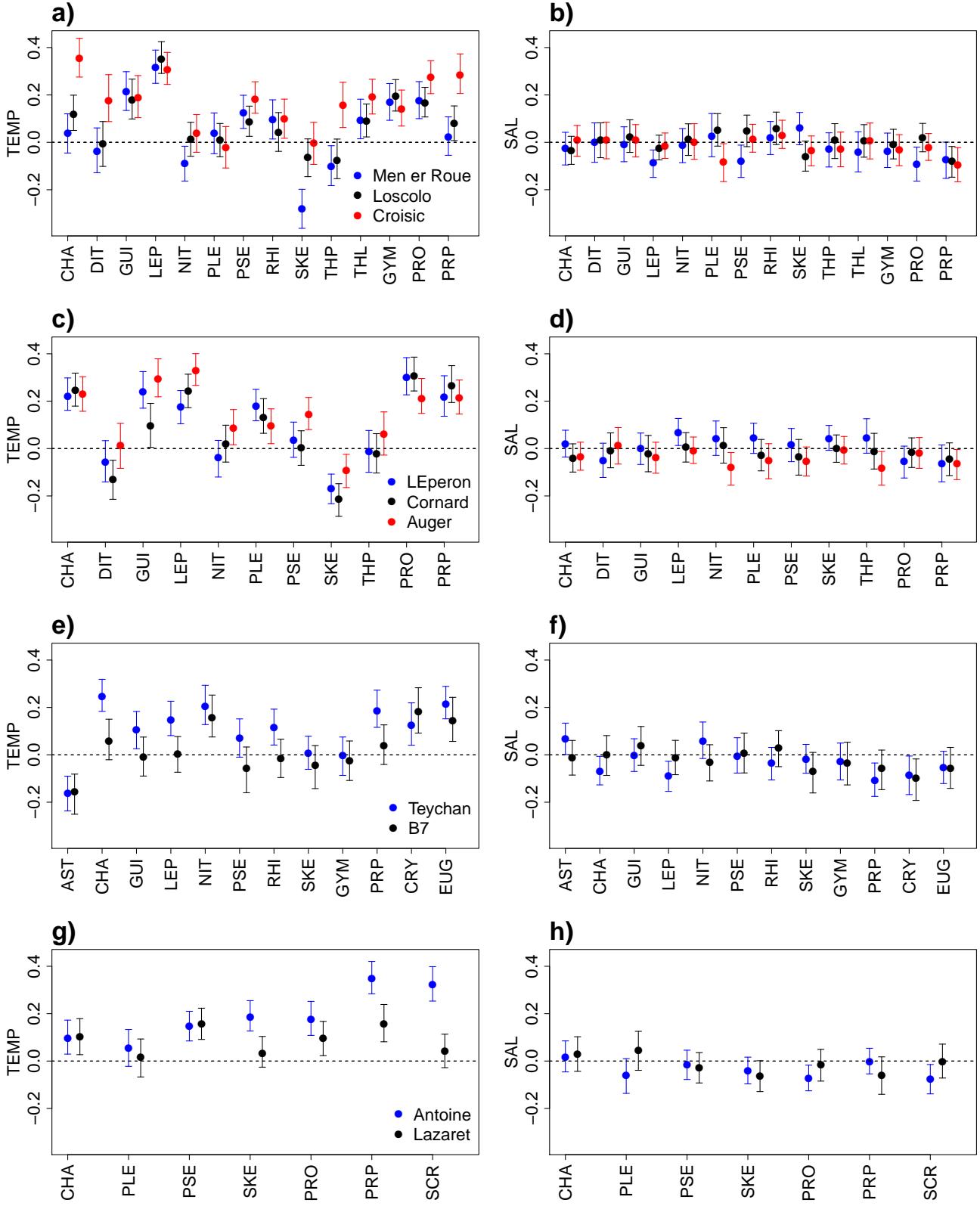


Figure 4: Effect of environmental variables (temperature, TEMP or salinity, SAL) on phytoplankton genera in Brittany (a, b), Oléron (c, d), Arcachon (e, f) and in the Mediterranean Sea (g, h). Each color corresponds to a different site. Error bars correspond to the 95% confidence interval around the estimated coefficient. All variables were normalized before estimation.

## Network analysis

### Metrics

We characterised each interaction network with 4 quantitative descriptors: the mean and variance of the intra- and intergenus coefficients (i.e., on and off the matrix diagonal) and the linkage density and weighted connectance of  $\mathbf{B}-\mathbf{I}$ . Absolute values of intragenus coefficients were approximately 8 times higher than the absolute effects of intergenus interactions while the intragenus interaction's deviation was about 4 times higher (Supplementary Fig. 5).

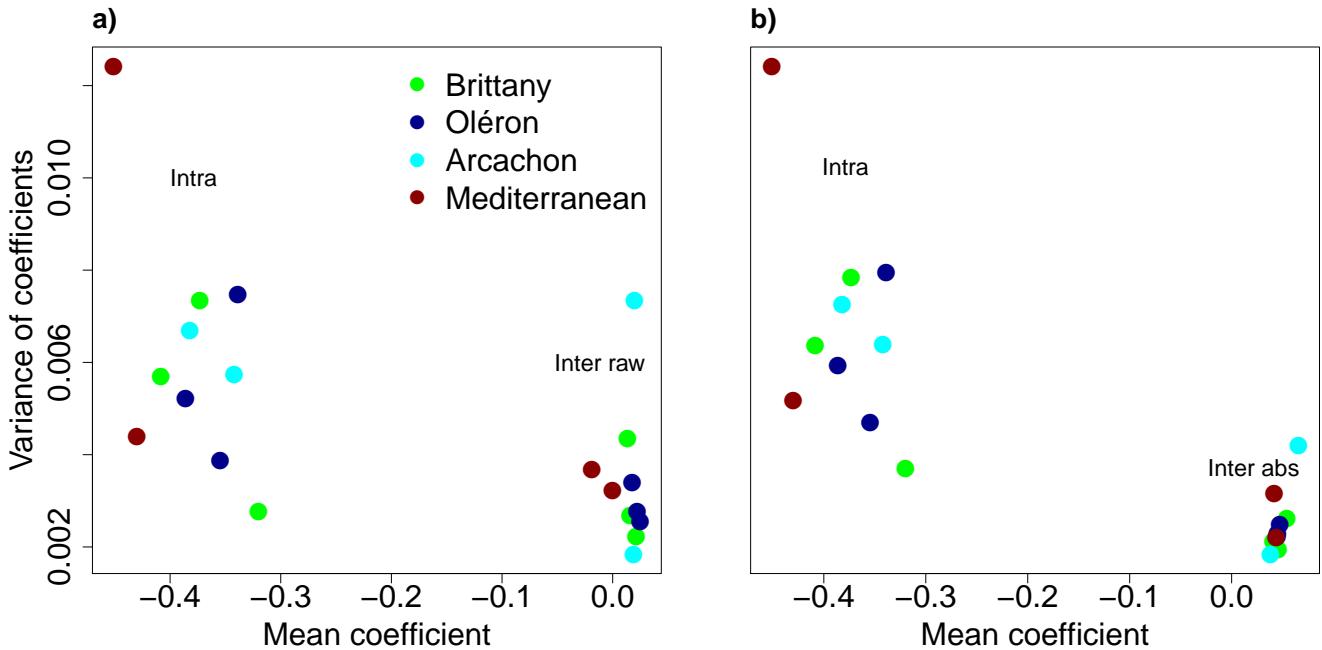


Figure 5: **Relation between mean and variance of the intra- and intergenus interaction coefficients.** Variance of the coefficient in the interaction matrix ( $\mathbf{B}-\mathbf{I}$ ) is a function of their mean, for 10 sites in 4 regions, with a model allowing interactions only within clads (within centric or pennate diatoms, dinoflagellates, or other taxa). The mean-variance relation was either computed with raw values of intergroup interactions (a) or absolute values of the intergroup coefficients (b). Intragroup coefficients were not modified.

The intragenus interaction strength could be related to the mean abundance of each genus as the most self-regulated genera were also the least abundant (Supplementary Fig. 6).

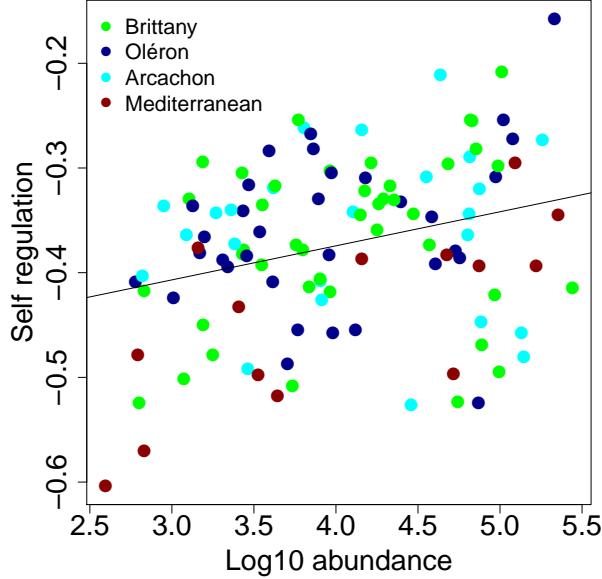


Figure 6: **Relation between abundance and self-regulation** (intragenus interaction coefficients). Mean abundance is computed for each genus in each site in 4 regions and intragenus interaction strengths are the diagonal coefficients of the interaction matrix ( $\mathbf{B} - \mathbf{I}$ ).

Linkage density and weighted connectance were described in Bersier et al.<sup>3</sup>. Linkage density can be defined as the average of vulnerability and generality in the network. More precisely, diversity measures of the interactions from  $(H_{P,k})$  and to  $(H_{N,k})$  the phytoplanktonic group  $k$  can be computed as:

$$H_{N,k} = - \sum_{i=1}^S \frac{b_{ik}}{b_{\cdot k}} \log_2 \left( \frac{b_{ik}}{b_{\cdot k}} \right) \quad (1)$$

$$H_{P,k} = - \sum_{i=1}^S \frac{b_{ki}}{b_{k\cdot}} \log_2 \left( \frac{b_{ki}}{b_{k\cdot}} \right) \quad (2)$$

where  $b_{ik}$  is a coefficient of the interaction matrix ( $\mathbf{B} - \mathbf{I}$ ),  $b_{\cdot k} = \sum_{i=1}^S b_{ki}$  is the sum of all coefficients over row  $k$  and  $S$  is the number of species in the network. These indices are then averaged for the whole network as the linkage density  $LD$  (eq. 3).

$$LD = \frac{1}{2} \sum_{k=1}^S \frac{b_{\cdot k}}{b_{\cdot\cdot}} 2^{H_{N,k}} + \sum_{k=1}^S \frac{\sum_{l=1}^S b_{k\cdot}}{b_{\cdot\cdot}} 2^{H_{P,k}} \quad (3)$$

where  $b_{\cdot\cdot} = \sum_{j=1}^S \sum_{i=1}^S b_{ji}$  is the sum of all coefficients of the interaction matrix ( $\mathbf{B} - \mathbf{I}$ ).

Weighted connectance  $C$  is then defined as:

$$C = \frac{LD}{S} \quad (4)$$

Contrary to linkage density, weighted connectance accounts for the dimension of the interaction matrix and can be used to compare network in different regions, with different dimensions.

In addition to these network-level metrics, we also considered metrics for each phytoplanktonic group. We measured both its vulnerability (mean strength of the interactions that are applied to a group, eq. 5) and its impact (mean strength of the interactions the group applied to other groups, eq. 6) in each network.

$$v_k = \frac{1}{\mathbf{1}_{b_{ki} \neq 0}} \sum_{i=1}^S b_{ki} \quad (5)$$

$$i_k = \frac{1}{\mathbf{1}_{b_{ki} \neq 0}} \sum_{i=1}^S b_{ik} \quad (6)$$

where  $\mathbf{1}_{b_{ki} \neq 0}$  is the number of interactions which are different from 0 in row  $k$ .

## MAR references and analysis

We present here the MAR references we used to compare the effects of intra- and intergroup interactions (Supplementary Table 3, Supplementary Fig. 7). We add information on the type of system and dataset used in the study as they tend to be linked with the estimated parameters (Supplementary Fig. 8). Mean interaction strengths were computed as the mean absolute value of the coefficients which were deemed significant at the 95% threshold in the B-I matrix. The average value was either computed over the whole matrix (missing values in the matrix, or values which were not significant, were replaced by 0's, see Fig. 4 in the main text) or over the set of non-null coefficient only (Supplementary Fig. 7).

Code	Ref	Dimension	Type of organisms	Taxonomic level	System	T
1a	[4], CLS	9	Zooplankton	Species and functional groups	Lake	100
1b	[4], TLS	9	Zooplankton	Species and functional groups	Lake	100
2a	[5]	2	Phytoplankton	Phylum	Lake	100
2b	[5]	3	Zooplankton	Species	Lake	50
3a	[6]	4	Functional groups of plankton	NA	Lake	300
3b	[6]	5	Taxonomic groups of plankton	Phylum/division	Lake	300
4a	[7]	4	Plankton	Zooplankton v. phytoplankton, size classes	Lake	100
4b	[7]	4	Plankton	Zooplankton v. phytoplankton, size classes	Lake with high planktivory	100
4c	[7]	4	Plankton	Zooplankton v. phytoplankton, size classes	Lake with low planktivory	100
5a	[8]	14	Plankton	Phylum (phytoplankton), genus (zooplankton)	Lake	300
5b	[8]	14	Plankton, growing season	Phylum (phytoplankton), genus (zooplankton)	Lake	200
6a	[9]	13	Plankton	Phylum (phytoplankton), genus (zooplankton)	Lake	400
6b	[9]	7	Simpler web, plankton	Phylum (phytoplankton), genus (zooplankton)	Lake	400
7a	[10]	10	Ciliates	Genus and species	Lake	300
7b	[10]	10	Phytoplankton	Genus and species	Lake	300
8a	[11]	3	Insects	Species	Terrestrial	50
9a	[12]	2	Lynx/Hare	Species	Terrestrial	100
10a	[13]	3	Fish	Species	Baltic Sea	30
11a	[14]	7	Phytoplankton	Phylum	Coastal site	1000
11b	[14]	7	Phytoplankton	Phylum	Offshore site	700
12a	[15]	12	Phytoplankton	Genus	Outside a bay	300
12b	[15]	12	Phytoplankton	Genus	Inside a bay	500

Table 3: Studies used when comparing  $|\text{intra}|/|\text{inter}|$  ratios in Fig. 4 in main text and Supplementary Fig. 7. T is the approximate number of sampling dates in each time series.

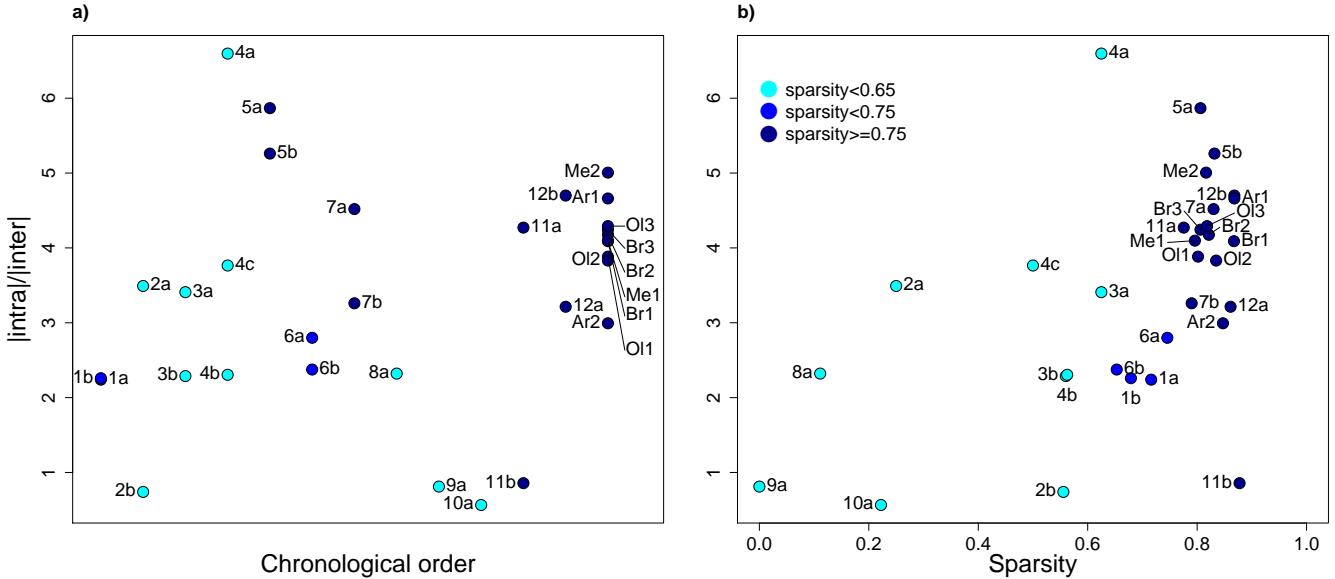


Figure 7: **Ratio of intra-to-intergroup interaction strength in MAR(1) studies.** Only significant values are taken into account and missing values in the matrix are not considered (e.g., not replaced by 0 as they are in the main text). The color of each point is a function of the sparsity of the interaction matrix  $\mathbf{B}-\mathbf{I}$  and the relation between the ratio and the sparsity of the matrix is given in the right panel. Corresponding studies are described in Table 3.

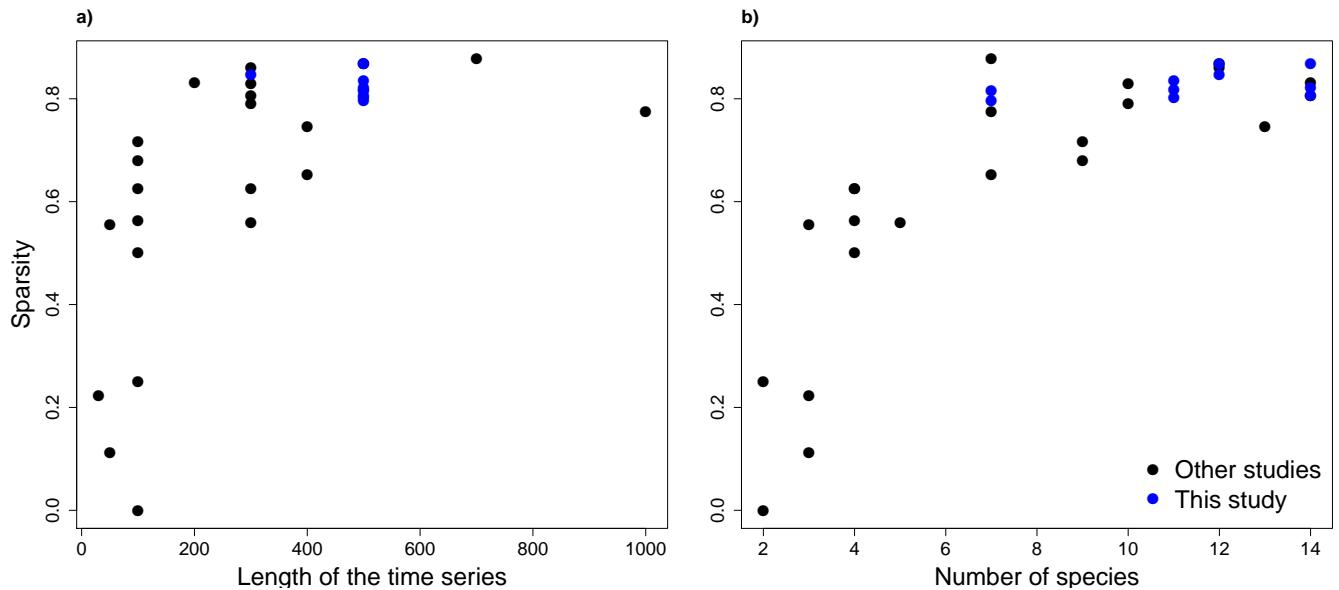


Figure 8: **Relation between interaction sparsity and study design** in studies described in Table 3. Blue points correspond to the present study.

## Connection to Lotka-Volterra competition dynamics

The Beverton-Holt multispecies competition model, whose variants are widely used for modelling plant community dynamics<sup>16,17</sup>, is the closest discrete time equivalent to the continuous-time Lotka-Volterra model<sup>18</sup>, although the mapping is not perfect for  $n \geq 3$ <sup>19</sup>. The Beverton-Holt multispecies competition model writes

$$N_{i,t+1} = \frac{e^{r_i} N_{i,t}}{1 + \sum_j \alpha_{ij} N_{j,t}} \quad (7)$$

where  $N_{i,t}$  is the abundance of species  $i$  at time  $t$ ,  $r_i$  is its growth rate and  $\alpha_{ij}$  is the effect of species  $j$  on species  $i$ . Here, we show how the interaction strengths in this model map to those of the MAR(1) models used in the main text.

We start with a 2 species model for simplicity, and we note the equilibrium values of species 1 and 2 as  $N_1$  and  $N_2$  (without time subscript). We re-write the model at equilibrium.

$$\begin{cases} R_1 = \alpha_{11}N_1 + \alpha_{12}N_2 \\ R_2 = \alpha_{21}N_1 + \alpha_{22}N_2 \end{cases}, \text{with} \quad \begin{cases} R_1 = e^{r_1} - 1 \\ R_2 = e^{r_2} - 1 \end{cases} \quad (8)$$

$$\Leftrightarrow \begin{cases} \alpha_{21}R_1 = \alpha_{21}\alpha_{11}N_1 + \alpha_{21}\alpha_{12}N_2 \\ \alpha_{11}R_2 = \alpha_{11}\alpha_{21}N_1 + \alpha_{11}\alpha_{22}N_2 \end{cases} \quad (9)$$

$$\Leftrightarrow \begin{cases} N_1 = \frac{\alpha_{12}R_2 - \alpha_{22}R_1}{\alpha_{12}\alpha_{21} - \alpha_{22}\alpha_{11}} \\ N_2 = \frac{\alpha_{21}R_1 - \alpha_{11}R_2}{\alpha_{12}\alpha_{21} - \alpha_{22}\alpha_{11}} \end{cases} \quad (10)$$

Setting  $n = \log(N)$ , eq. 7 is equivalent to

$$\begin{cases} n_{1,t+1} = r_1 + n_{1,t} - \ln(1 + \alpha_{11}N_{1,t} + \alpha_{12}N_{2,t}) \\ n_{2,t+1} = r_2 + n_{2,t} - \ln(1 + \alpha_{21}N_{1,t} + \alpha_{22}N_{2,t}) \end{cases} \quad (11)$$

We want to compute  $J$ , the log-scale Jacobian matrix of the model. Let us note  $X = \ln(1 + \alpha_{11}N_{1,t} + \alpha_{12}N_{2,t})$  and  $Y = \ln(1 + \alpha_{21}N_{1,t} + \alpha_{22}N_{2,t})$ .

$$J = \begin{pmatrix} 1 - \frac{\partial X}{\partial n_1} & -\frac{\partial X}{\partial n_2} \\ -\frac{\partial Y}{\partial n_1} & 1 - \frac{\partial Y}{\partial n_2} \end{pmatrix} \quad (12)$$

We have  $\frac{\partial X}{\partial n_1} = \frac{\partial X}{\partial N_1} \frac{\partial N}{\partial n_1} = \frac{\alpha_{11}}{1 + \alpha_{11}N_1 + \alpha_{12}N_2} e^{n_1} = \frac{\alpha_{11}}{1 + \alpha_{11}N_1 + \alpha_{12}N_2} N_1$ , which leads to

$$J - I = \begin{pmatrix} -\frac{\alpha_{11}N_1}{1 + \alpha_{11}N_1 + \alpha_{12}N_2} & -\frac{\alpha_{12}N_2}{1 + \alpha_{11}N_1 + \alpha_{12}N_2} \\ -\frac{\alpha_{21}N_1}{1 + \alpha_{21}N_1 + \alpha_{22}N_2} & -\frac{\alpha_{22}N_2}{1 + \alpha_{21}N_1 + \alpha_{22}N_2} \end{pmatrix} \quad (13)$$

For now, we consider diffuse competition, that is

$$\begin{cases} \alpha_{ii} = \alpha \\ \alpha_{ij} = k\alpha, \forall i \neq j \end{cases} \quad (14)$$

If we combine eq. 10 and eq. 14, we have

$$\begin{cases} N_1 = \frac{\alpha R_2 - k\alpha R_1}{\alpha^2 - k^2\alpha^2} \\ N_2 = \frac{\alpha R_1 - k\alpha R_2}{\alpha^2 - k^2\alpha^2} \end{cases} \quad (15)$$

and

$$J - I = \begin{pmatrix} -\frac{k\alpha N_1}{1 + k\alpha N_1 + \alpha N_2} & -\frac{\alpha N_2}{1 + k\alpha N_1 + \alpha N_2} \\ -\frac{\alpha N_1}{1 + \alpha N_1 + k\alpha N_2} & -\frac{k\alpha N_2}{1 + \alpha N_1 + k\alpha N_2} \end{pmatrix} \quad (16)$$

$$\Rightarrow \begin{cases} (J - I)_{11} = \frac{-\frac{k}{1-k^2}(R_2 - kR_1)}{1 + \frac{k}{1-k^2}(R_2 - kR_1) + \frac{1}{1-k^2}(R_1 - kR_2)} \\ (J - I)_{12} = \frac{-\frac{1}{1-k^2}(R_1 - kR_2)}{1 + \frac{k}{1-k^2}(R_2 - kR_1) + \frac{1}{1-k^2}(R_1 - kR_2)} \end{cases} \Rightarrow (J - I)_{11} = k \frac{R_2 - kR_1}{R_1 - kR_2} (J - I)_{12} \quad (17)$$

By symmetry, we can also write

$$(J - I)_{22} = k \frac{R_1 - kR_2}{R_2 - kR_1} (J - I)_{21} \quad (18)$$

Therefore, unless the growth rates and the resulting abundances differ over several orders of magnitude, the strength of the competition ratio  $k$  should be roughly comparable between MAR(1) and Lotka-Volterra or Beverton-Holt models.

This same reasoning can actually be applied with  $n$  species as the Jacobian has a similar form.

$$\begin{aligned} (J - I)_{ii} &= \frac{-\alpha_{ii}N_i}{1 + \sum_j \alpha_{ij}N_j} \\ &= \frac{-k\alpha N_i}{1 + k\alpha N_i + \sum_{j,j \neq i} \alpha N_j} \end{aligned} \quad (19)$$

and

$$\begin{aligned} (J - I)_{ij} &= \frac{-\alpha_{ij}N_j}{1 + \sum_l \alpha_{il}N_l} \\ &= \frac{-\alpha N_j}{1 + k\alpha N_i + \sum_{l,l \neq i} \alpha N_l} \\ &= (J - I)_{ii} \frac{\alpha N_j}{k\alpha N_i} \\ &= \frac{1}{k} (J - I)_{ii} \frac{N_j}{N_i} \end{aligned} \quad (20)$$

Therefore, as long as the intrinsic growth rates and the resulting equilibrium abundances do not differ too much, the order of magnitude of competition should be the same in MAR(1), Lotka-Volterra and multispecies Beverton-Holt models.

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