How self-regulation, the storage effect and their interaction contribute to coexistence in stochastic and seasonal environments

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Abstract

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Explaining coexistence in species-rich communities of primary producers remains a challenge for ecologists because of the likely competition for shared resources. Following Hutchinson's seminal suggestion, many theoreticians have tried to create diversity through a fluctuating environment, which impairs or slows down competitive exclusion. There are now several fluctuating-environment models allowing coexistence, but they often produce only a dozen of coexisting species at best. Here, we investigate how to create even richer communities in fluctuating environments, using an empirically parameterized model. Building on the forced Lotka-Volterra model of Scranton and Vasseur (2016) inspired by phytoplankton communities, we have investigated the effect of two coexistence mechanisms, namely the storage effect and higher intra- than interspecific competition strengths (i.e., strong self-regulation). We tuned the competition ratio based on empirical analyses, in which self-regulation usually dominates interspecific interactions. Although a strong self-regulation maintained more species (50%) than the storage effect (25%), we show that none of the two coexistence mechanisms considered could, by itself, ensure the coexistence of all species present at the beginning of our simulations. Realistic seasonal environments only aggravated that picture, as they decreased persistence relative to a random environment. Our results suggest that combining different mechanisms for biodiversity maintenance into community models might be more fruitful than trying to find which mechanism explains best the observed diversity levels. We additionally highlight that while biomass-trait distributions provide some clues regarding coexistence mechanisms, they cannot indicate by themselves which coexistence mechanisms are at play.

Number of words: 242

Keywords: coexistence; seasonality; competition; phytoplankton; Lotka-Volterra; storage effect

27 Introduction

There has been a rich debate in theoretical ecology on how to reconcile niche and neutral perspectives on species coexistence (Gravel et al., 2006; Carmel et al., 2017). Under the neutral perspective, all species have equal birth and death rates and compete equally (since space is limited) whilst under the niche perspective, birth and death rates can vary between species and various mechanisms contribute to increasing intraspecific over interspecific competition (Hubbell, 2001). However, as it has been pointed out repeatedly, niche and neutral processes are not mutually exclusive: they may actually act together to produce observed species coexistence (Gravel et al., 2006; Mutshinda et al., 2009; Götzenberger et al., 2012).

An intriguing offshoot of the niche vs neutrality debate is the concept of 'clumpy coexis-36 tence' (Scheffer and van Nes, 2006), whereby simultaneous influences of both niche and neutral 37 processes create several clumps of similar species along a single trait axis. Classical stabilizing niche differences (SNDs), such as a net intraspecific competition stronger than interspecific 39 competition, enable coexistence of multiple clumps (Chesson, 2000), while within-clump coexis-40 tence occurs through neutral processes (Hubbell, 2001; Munoz and Huneman, 2016), as species 41 that differ too little in their fitnesses cannot exclude themselves out on reasonable timeframes. 42 Indeed, clumps on the trait axis eventually thin out in absence of immigration, but transient 43 coexistence can last for extended periods of time. This 'emergent neutrality' within groups (Holt, 2006) has been proposed as a unifying concept for the niche and neutral theories. The findings of Scheffer and van Nes (2006) have been disputed due to hidden niches in the original model (Barabás et al., 2013). Hidden niches emerge through stronger intraspecific competition 47 mediated by an additional predation-like term (Barabás et al., 2013). This makes coexistence in the Scheffer and van Nes model more similar to that of the classical Lotka-Volterra model 49 (Barabás et al., 2016), so that coexistence within clumps is not exactly neutral. Still, the idea that niche and neutral assembly can mould communities stays potent (Haegeman and Loreau, 51 2011; Vergnon et al., 2013). Since then, several studies have suggested that 'clumpy coexistence' can occur in theoretical models, most notably models incorporating temporal variation (Scranton and Vasseur, 2016; Sakavara et al., 2018). In these temporal-variation models, equal competitive strengths are combined with other mechanisms like the storage effect (or temporal niche partitioning, that is an equivalent concept for forced Lotka-Volterra models, Barabás et al., 2012; Scranton and Vasseur, 2016). The storage effect increases the possibility of coexistence by making the interaction strength covary positively with a fluctuating environmental quality (see also Barabás et al., 2012).

Here, we build on the work of Scranton and Vasseur (2016) to investigate the possibility 60 of coexistence through species response to fluctuating environments. Our enthusiasm for the 61 Scranton and Vasseur (2016) model stems from our interest in phytoplankton communities, that 62 inspired their thermal preference curves modeling intrinsic growth rates. However, Scranton and Vasseur (2016) described daily temperature as a random noise, i.e., independent and identically distributed Gaussian random variates over time. This appeared to us a key assumption to relax. Under most latitudes, temperature is indeed a seasonal signal, and seasonal forcing can 66 strongly affect the dynamics of the community considered (Vesipa and Ridolfi, 2017). Hence, over short timescales, random temporal variations often only add noise to a largely deterministic seasonal trend. Our present work can therefore be seen as an attempt to blend Scranton and 69 Vasseur (2016)'s stochastic framework with the periodic environments of Barabás et al. (2012), 70 to better represent the mixture of stochastic and deterministic environmental forces affecting phytoplankton community dynamics. 72

Because many phytoplankton species or genera respond in similar ways to temperature despite having different optimas (Moisan et al., 2002), we hypothesized that a large seasonal 74 variation might not necessarily foster species coexistence. In fact, similar responses to seasonal 75 fluctuations should lead to an increased synchrony of species abundances which, in turn, should 76 theoretically mitigate the expected temporal partitioning. How seasonality affects coexistence 77 (as opposed to a purely randomly fluctuating environment) is therefore a key feature of this 78 paper. In particular, we contrast cases where the storage effect is present vs absent, which conve-79 niently maps to two different parameterizations of the forced Lotka-Volterra model. Moreover, 80 the overall diversity obtained at the end of the simulations with Scranton and Vasseur (2016) 81 model was relatively low compared to what we usually observe in phytoplankton communities 82 (several dozens to hundreds of species). We have therefore sought out which mechanisms would 83 foster a truly species-rich community for extended periods of time.

In an empirical study combining phytoplankton community-level time series and multivariate at autoregressive models (Barraquand et al., 2018), we found that despite a large influence of

the environment (including temperature, irradiance, and other factors), a strong intraspecific (or intragenus) competition, when compared to interspecific interaction coefficients, was most 88 likely the key driver of species coexistence. In other words, strong self-regulation had a large role to play in maintaining species diversity in coastal phytoplankton (Barraquand et al., 2018). These high intraspecific interaction strengths mirror those found in a number of terrestrial plant 91 communities (Adler et al., 2018) and in animal communities (Mutshinda et al., 2009). 92 Here, we therefore try to establish what are the relative contributions to coexistence of the 93 storage effect vs strong self-regulation, in a phytoplankton-like theoretical community model. This led us to cross different combinations of seasonality in the forcing signal, presence of the storage effect or not, and intra- vs interspecific competition intensity, in order to disentangle 96 the contributions of all these factors to biodiversity maintenance.

Methods

$Model\ description$

The model described in Scranton and Vasseur (2016) is based on the Lotka-Volterra competition model. Fluctuations in the environment are introduced in the model by temperature-dependent 101 intrinsic growth rates (see Eq. 1-2, all coefficients are defined in Table 1) so that species growth 102 rates can be expressed as: 103

$$\frac{dN_i}{dt} = r_i(\tau)N_i \left(1 - \sum_{j=1}^S \alpha_{ij}N_j\right) - mN_i \tag{1}$$

$$r_i(\tau) = a_r(\tau_0)e^{E_r\frac{(\tau - \tau_0)}{k\tau \tau_0}}f_i(\tau)$$
 (2)

$$\frac{dN_i}{dt} = r_i(\tau)N_i \left(1 - \sum_{j=1}^S \alpha_{ij}N_j\right) - mN_i \tag{1}$$

$$r_i(\tau) = a_r(\tau_0)e^{E_r\frac{(\tau - \tau_0)}{k\tau\tau_0}}f_i(\tau) \tag{2}$$
where $f_i(\tau) = \begin{cases} e^{-|\tau - \tau_i^{opt}|^3/b_i}, & \tau \leq \tau_i^{opt} \\ e^{-5|\tau - \tau_i^{opt}|^3/b_i}, & \tau > \tau_i^{opt} \end{cases}$

and
$$b_i$$
 such as $\int r_i(\tau)d\tau = A$ (4)

Model parameters are detailed in Table 1, and we set their values to match the features 104 of phytoplankton communities as in Scranton and Vasseur's work (2016). The niche of each 105 species i is defined by its thermal optimum τ_i^{opt} . Thermal performance curves defined in Eq. 3 106

are parameterized so that all species share the same niche area (Eq. 4), which sets a trade-off
between maximum growth rates and niche width.

Table 1: Parameter definitions and values for the model described in Eqs. 1-4. Parameter values are not specified when they vary with time and/or the species considered.

Name	Definition	Value (unit)
\overline{S}	Initial number of species	60 (NA)
N_i	Biomass density of the i^{th} species	(kg/area)
au	Temperature	(K)
$r_i(\tau)$	Growth rate of species i as a function of temperature	$\left(\frac{\text{kg}}{\text{kg} \times \text{year}}\right)$
$lpha_{ij}$	Strength of competition of species $j \to i$	0.001 (area/kg)
b_i	Normalization constant for the thermal decay rate	(K^3)
m	Mortality rate	$15(\frac{\text{kg}}{\text{kg} \times \text{year}})$
$ au_0$	Reference temperature	293 (K) / 20 (°C)
$a_r(\tau_0)$	Growth rate at reference temperature	$386(\frac{\text{kg}}{\text{kg}\times\text{vear}})$
E_r	Activation energy	0.467 (eV)
k	Boltzmann's constant	$8.6173324.10^{-5} (eV.K^{-1})$
$f_i(au)$	Fraction of the maximum rate achieved for the i^{th} species	(NA)
$\mu_{ au}$	Mean temperature	293 (K)
$\sigma_{ au}$	Standard deviation for temperature	5 (K)
$ au_{ m min}$	Minimum thermal optimum	288 (K)
$ au_{ m max}$	Maximum thermal optimum	298 (K)
A	Niche breadth	$10^{3.1} \left(\frac{\text{kg}}{\text{kg} \times \text{year}} \right)$
$ au_i^{ ext{opt}}$	Thermal optimum for growth of the i^{th} species	(K)
θ	Scaling between random and seasonal noise	(0;1.3) (NA)
κ	Ratio of intra-to-interspecific competition strength	(1;10) (NA)

The original environmental forcing is a normally distributed variable centered on 293 K 109 (20°C), with a 5 K dispersion. Temperature varies from one day to the next, but is kept 110 constant throughout the day. At the monthly or annual temporal scale usually used in ecological 111 studies, temperature could therefore be considered as a white noise (Vasseur and Yodzis, 2004). 112 However, from a mathematical viewpoint, the noise is slightly autocorrelated as the integration process goes below the daily time step. We therefore use the expression 'random noise' to 114 describe this forcing, as opposed to the 'seasonal noise' described hereafter. To construct 115 the seasonal noise, we add to the random forcing signal a lower-frequency component, using 116 a sinusoidal function with a period of 365 days (Eq. 5). We tune the ratio of low-to-high frequency with the variable θ so as to keep the same energy content - i.e., equal total variance 118 - in the forcing signal.

$$\tau(t) = \mu_{\tau} + \theta \sigma_{\tau} \sin(2\pi t) + \epsilon_{t}, \text{ where } \epsilon_{t} \sim \mathcal{N}\left(0, \sigma_{\tau} \sqrt{1 - \frac{\theta^{2}}{2}}\right)$$
 (5)

Note that the upper limit for θ , $\sqrt{2}$, corresponds to a completely deterministic model which we do not explore here (but see Zhao (1991) proving bounded coexistence). We choose to keep the stochasticity in the signal and to model a plausible temperature signal with $\theta = 1.3$ (illustrated in Fig. 1b) when considering a seasonal forcing of the dynamics.

The formulation of the forced Lotka-Volterra model of Scranton and Vasseur (2016) implies 124 a storage effect, as the net effect of competition exerted by species j on i is the product of 125 the temperature-related growth rate $r_i(\tau)$ and the competitive strength α_{ij} exerted by species j multiplied by its abundance N_j . Therefore, total net competition $(\sum_{j=1}^{S} r_i(\tau)\alpha_{ij}N_j)$ covaries 127 positively with the growth rate values $r_i(\tau)$, which defines the storage effect (Chesson, 1994; Fox, 2013; Ellner et al., 2016). To remove the assumption of an explicit storage effect, we 129 created another version of the model using the mean value of a species' growth rate (\bar{r}_i) to weight the interaction coefficients (see Eq. 6). The mean growth rate value was computed by 131 first generating the temperature time series and then averaging all r_i over the corresponding 132 sequences of τ values. 133

$$\frac{dN_i}{dt} = N_i \left(r_i(\tau) - \sum_{j=1}^S \bar{r}_i \alpha_{ij} N_j \right) - mN_i \tag{6}$$

Following Eq. 6, net competition remains unaffected by the environmental conditions, in contrast to intrinsic growth rates, while preserving the same average magnitude as in Eq. 1.

Strong self-regulation is ensured by the addition of the coefficient κ , which is the ratio of intra-to-interspecific competition strength. We can therefore re-write the interaction coefficients α_{ij} in Eq. 7

$$\alpha_{ij} = \alpha \left(1 + (\kappa - 1)\delta_{ij} \right) \tag{7}$$

where δ_{ij} is the Kronecker symbol, equal to 1 if i=j and to 0 otherwise. The value of the parameter $\kappa=10$ was chosen from analyses of phytoplanktonic data (Barraquand et al., 2018)¹. Hereafter, the expression "strong self-regulation" characterizes dynamics where the intraspecific competition strength is 10 times higher than the interspecific competition strength, as opposed to "equal competitive strengths" where intra- and interspecific competition strengths are equal.

¹The values of non-zero interspecific competition coefficients reported in Fig. 5 of Barraquand et al. (2018) are somewhat higher than here (and κ lower, closer to 4) because the best-fitting model actually set to zero some intergroup competition coefficients; using a model where all α_{ij} are non-zero leads in contrast to $\kappa = 10$.

In addition to two types of environmental forcings (random noise with $\theta = 0$, and seasonal noise with $\theta = 1.3$), we compare the results for four formulations of the model: with and without an explicit storage effect (Eq. 1 and Eq. 6, respectively); with strong self-regulation or equal intra- and interspecific competition strength ($\kappa = 10$ or $\kappa = 1$, respectively). These are summed up in Table 2.

Table 2: Growth rate of species i in the four formulations of the model we present.

$rac{1}{N_i}rac{dN_i}{dt}+m_i$	Storage effect	No storage effect
Strong self-regulation ($\kappa = 10$)	$r_i(\tau) \left(1 - \sum_{j=1}^{S} \alpha \left(1 + 9\delta_{ij}\right) N_j\right)$	$r_i(\tau) - \sum_{j=1}^{S} \bar{r}_i \alpha \left(1 + 9\delta_{ij}\right) N_j$
Equal competitive strengths ($\kappa = 1$)	$r_i(\tau) \left(1 - \sum_{j=1}^{S} \alpha N_j\right)$	$r_i(\tau) - \sum_{j=1}^S \bar{r}_i \alpha N_j$

Set-up

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We replicate the 'Species sorting' experiment of Scranton and Vasseur (2016) to investigate 151 how the structure of synthetic phytoplankton communities varies under the different scenarios 152 we described above. We focused on the dynamics of a community initialized with 60 species 153 with thermal optima uniformly spaced along the interval [15°C, 25°C], and with the same initial 154 density $(\frac{1}{\alpha S})$. Each simulation was run for 5000 years in 1-day intervals. When the density of 155 a species dropped below 10^{-6} kg/area, it was considered extinct. We ran 100 simulations for 156 each combination of parameters (type of environmental signal, storage effect and value of κ). All simulations were run with Matlab's ode45 algorithm, an explicit Runge-Kutta (4,5) 158 integration scheme with an absolute error tolerance of 10^{-8} , and relative error tolerance of 10^{-3} . The code is available in a GitHub repository². 160

161 Results

Typical dynamics of the community following Eq. 1 (the model of Scranton and Vasseur, 2016), with both a purely Gaussian noise (original choice of Scranton and Vasseur, 2016; Fig. 1a) and a seasonal noise described in Eq. 5 (our variant, Fig. 1b), are shown in Fig. 1c and

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2https://github.com/CoraliePicoche/Seasonality, will be made public upon acceptance or at the reviewer's request and stored in Zenodo.

d, respectively. A sinusoidal forcing produces the strongly seasonally structured dynamics that 165 are typical of phytoplankton. Even though only 5 species can be seen in Fig. 1c, there were 14 166 species still present at the end of the simulation forced by a random noise, with large disparities 167 in the range of their biomasses. A third of the species kept a biomass above 10 kg/area (setting 168 area = 1 ha, with a depth of a few meters, produces a realistic standing biomass; Reynolds, 169 2006) while 6 out of the 14 species biomasses remained below the unit. All persisting species 170 in the random noise simulation were clustered within a 3.2°C-range of thermal optima (see 171 the biomass distribution as a function of the thermal optimum in Supplementary Material, 172 Fig. A1). No obvious temporal patterns (e.g., cycles) could be seen in the community forced 173 by random noise. On the contrary, seasonal cycles were clear in the seasonally-forced case of 174 Fig. 1d. Only 4 species coexisted at the end of the simulation with seasonal noise, gathered in two groups with large thermal optimum differences (5.7°C between the maximum thermal 176 optimum of the first group and the minimum thermal optimum of the second group). When 177 temperatures were high, the group with higher thermal optima reached its maximum biomass, 178 then as temperature decreases through the season, these species leave room for the growth of the low-temperature group. 180

The decrease in persistence due to seasonality observed in Fig. 1 was confirmed in all our simulations (Fig. 2). In cases where final species richness varied from one simulation to another (namely, the two middle cases in Fig. 2: with storage effect but without strong self-regulation, or without storage effect but with strong self-regulation), seasonality reduced the number of extant species to, on average, 27% and 48% of their original values, respectively (Fig. 2). A seasonal signal therefore led to a much smaller average persistence. There was also less variance in persistence between seasonally forced simulations compared to random noise simulations.

Both a strong self-regulation and the storage effect markedly increased persistence. Without any of these coexistence mechanisms, only one species persisted at the end of the simulations. When only the storage effect was present, the number of extant species varied between 8 and 20 (14.8 \pm 2.4) with random noise, or 2 and 6 (4.1 \pm 0.7) with a seasonal signal. On the other hand, when only a strong self-regulation was present, the number of extant species nearly doubled, varying between 20 and 32 (27.5 \pm 2.4), or 12 and 15 (13.3 \pm 0.6), with a random or a seasonal noise, respectively. Remarkably, when the storage effect and a strong self-regulation

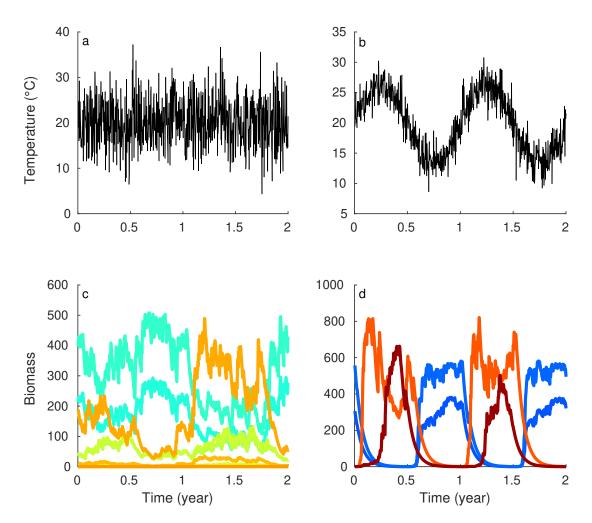


Figure 1: Time series of temperature (top; a-b) and extant species (bottom; c-d) for the 2 last years of a 5000-year simulation, with storage effect but no differences between intraspecific and interspecific competition strengths. The forcing temperature is either a random noise (a) or a seasonal noise (b), leading to community dynamics with more erratic fluctuations (c) vs seasonally structured fluctuations (d). Line colors of species biomasses correspond to their thermal optimum (from blue, corresponding to low thermal optimum, to red, corresponding to high thermal optimum).

both affected the community dynamics, all species persisted in the community, while neither of these mechanisms was able to produce that result alone, for either random or seasonal noise.

The biomass-trait distribution of the community was affected by the type of forcing even when the richness of the community was stable (Fig. 3). Without storage effect nor strong self-regulation, there was only one species left at the end of the simulations. A random noise favored species with intermediate thermal optima: the final species had a thermal optimum between 18.9°C and 21.4°C (only a fourth of the initial range of thermal optima) for two simulations out of three and the maximum final biomasses over 100 simulations was reached in this range (Fig. 3a). This distribution may indicate a selection for the highest long-term growth rates, averaged over time (see scaled growth rates in Fig. 3). Seasonality with no coexistence mechanisms also

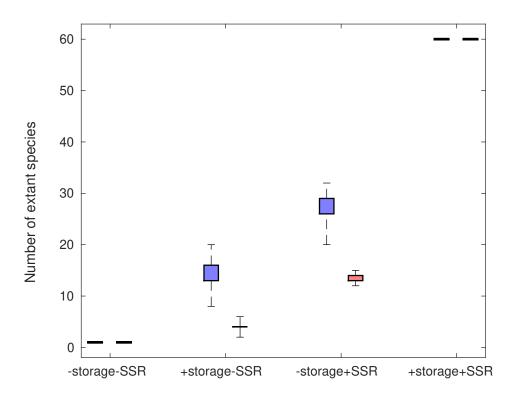


Figure 2: Number of species still present at the end of 100 simulations (5000 years each), initialized with 60 species, with a random forcing signal (blue) or a seasonal noise (red). The signs + or -storage refer to presence or absence of the storage effect, respectively; + / - SSR, presence or absence of Strong Self-Regulation, respectively. Community compositions are stable in the cases -storage-SSR and +storage+SSR, for which 1 or 60 species are still present at the end of all simulations, respectively. Due to low variance, the whiskers here represent min and max rather than 1.5 interquartile range.

led to a single final species but, in this case, the species always had a higher maximum growth rate (thermal optimum above 22°C). Species with a higher thermal optimum were more likely to persist and to reach a higher biomass at the end of the simulation. 38% of the simulations therefore ended with the species having the highest temperature optimum, 25°C. The shift in trait distribution towards higher maximum growth rates with a seasonal noise vs higher average growth rates with a random noise was consistent for all model types considered.

When both storage effect and strong self-regulation were present, the 60 initial species coexisted with small variations in biomasses for each species over the 100 simulations (mean CV=0.008 across simulations with either a random or a seasonal noise, Fig. 3b and d). The forcing signal modified only the distribution of biomasses resulting in contrasted community structures despite equal richness in both simulation types. With a random noise, the distribution was unimodal with a maximum biomass reached for the second highest long-term average growth rate (corresponding to a thermal optimum of 20.2°C). On the contrary, a seasonal signal

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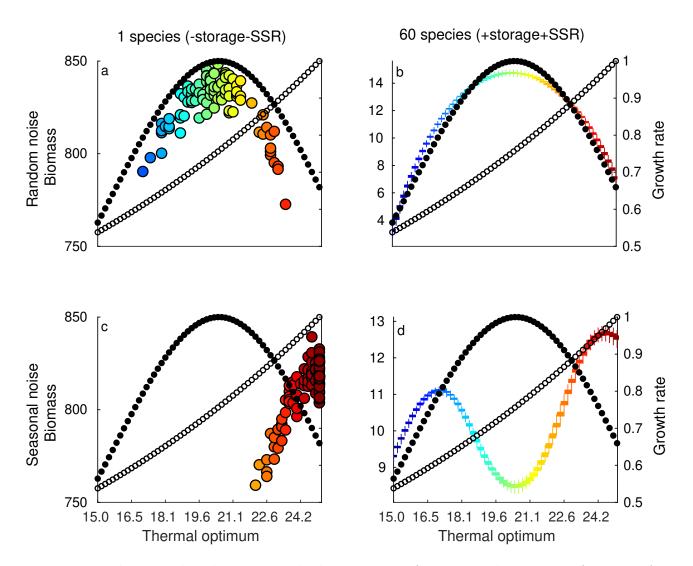


Figure 3: Mean biomass distribution over the last 200 years for 100 simulations, as a function of the species thermal optima. Here we consider the two stable-composition cases and two types of forcing signal. On the left column, simulations without storage effect nor strong self-regulation are presented. Only one species is present at the end of the simulations and its mean value is represented by one large colored circle per simulation. There can be several circles for the same species, corresponding to multiple simulations ending with this species alone. On the right column, simulations with storage effect and strong self-regulation are represented. All species are present at the end of the simulations and small boxplots present the variation in the temporal average of biomass with a given trait, for 100 simulations. The forcing signal is either a random (top) or a seasonal noise (bottom). Each species is identified by its thermal optimum through its color code. Scaled (divided by maximum) average and maximum growth rates are shown as small filled and open circles, respectively, and are indexed on the right y-axis.

led to a bimodal distribution (centered on 17.0°C and 24.4°C), each corresponding to one season, with highest biomasses for higher thermal optima (Fig. 3d). The minimum biomass was
reached for the highest long-term average growth rate at an intermediate temperature (20.4°C).

In cases where the richness of the community varied, the overall shape (multimodal vs
unimodal) of the marginal distribution of extant species with respect to the trait axis were
similar for both types of environmental forcings (Fig. 4). By contrast, the type of coexistence

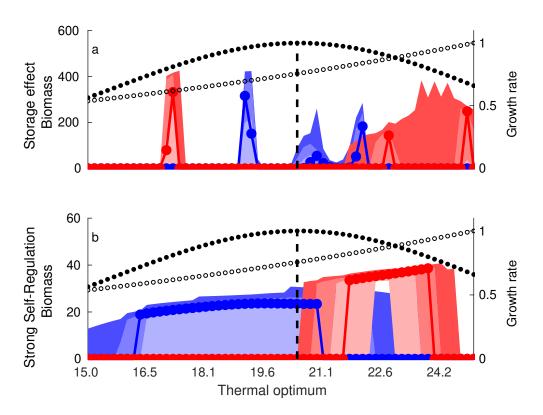


Figure 4: Mean biomass distribution over the last 200 years for 100 simulations, as a function of thermal optima, with storage effect and equal competitive strengths (a) and without storage effect, with strong self-regulation (b). The forcing signal is either a random (in blue) or a seasonal noise (in red). Shades of the same color correspond to the 50th, 90th and 100th percentiles of the distributions while colored lines correspond to one representative simulation. Scaled (divided by maximum) average (whose maximum is indicated by the dashed line) and maximum growth rates are shown as filled and open and circles, respectively, and indexed on the right y-axis.

mechanism generated different shapes. Indeed, the storage effect (when acting alone) led to a 224 multimodal biomass distribution with respect to thermal optima. We always observed 3 modes 225 with a random noise and 3 modes in 95% of the seasonal simulations (Fig. 4a). With a random 226 noise, extant species were grouped in rather similar clumps regarding species thermal optima 227 (between 18.8°C and 22.2°C) whereas species tended to be further apart in the seasonal case, 228 covering a total range of 7.7°C, with species grouping in the higher part of the thermal range, 229 above 22°C. On the other hand, strong self-regulation led to a quasi-uniform biomass distribu-230 tion (Fig. 4 b). Species in communities forced by a random noise stayed in the lower range of 231 thermal optima (in 96% of the simulations, the highest thermal optimum was 22.4°C, see Fig. A2 in the Supplementary Material) while they were filtered out in communities subjected to a 233 seasonal fluctuation of their environment, for which species with thermal optima above 20.5°C

persisted. As before (Fig. 3), seasonality promoted species with a higher maximum growth rate since the autocorrelated temperatures enabled them to achieve this highest growth rate for a longer period of time than a random noise would have.

We have simulated competitive Lotka-Volterra dynamics forced by a fluctuating environment

Discussion

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(e.g., temperature fluctuations) under a range of scenarios allowing more or less coexistence. 240 Two coexistence mechanisms, the storage effect and strong self-regulation (i.e., intraspecific competition much stronger than interspecific competition), could be either present or absent, 242 which led to four scenarios. These four scenarios were crossed with two possibilities for the forcing signal, a random noise (mostly white) and a stochastic yet seasonal signal, both with equal 244 temporal variance. Our investigation therefore built on the model of Scranton and Vasseur (2016), which included a random forcing and a storage effect, but considered seven additional 246 combinations of mechanisms. This was motivated by our wish to include two observed features of phytoplankton dynamics: seasonal cycles (Winder and Cloern, 2010) and strong self-248 regulation (Chesson, 2000; Adler et al., 2010; Barraquand et al., 2018). Many mechanisms can 249 lead to intraspecific competition being stronger than interspecific competition: nonlinearities in 250 the functional forms of competition or mutualism that contribute to increasing self-regulation 251 (Kawatsu and Kondoh, 2018), or predation as well as parasitism (see e.g., the generalist preda-252 tors in Haydon, 1994). Strong self-regulation seems nonetheless an ubiquitous feature in com-253 petition networks of primary producers (Adler et al., 2018), and perhaps even more general 254 networks (Barabás et al., 2017). 255 Before discussing the ecological interpretation of our results, we first recall some technical 256 assumptions made in this study. All our simulations lasted for a fixed duration (5000 time 257 steps) as in Scranton and Vasseur (2016). This means that short- and medium-term transients (a few years to hundreds of years) were completely negligible at the end of the time series, 259 but very long transients could remain. We realized that convergence could be incomplete after 260 5000 years in some cases (e.g., random noise + storage effect + equal competitive strength). 261 Such simulations would take up to 15 000 years to converge and the rate of convergence would slow over time, as can also be observed for similar models (Scheffer and van Nes, 2006). We 263

kept a fixed time integration window rather than waiting for convergence for both technical and ecological reasons. From a technical standpoint, adding 10 000 years of numerical integration (or 265 more) for the sake of reaching equilibrium would have been very challenging computationally, 266 and comparison with the values reported by Scranton and Vasseur (2016) would have been 267 compromised. From an ecological standpoint, waiting for full convergence when there are 268 extremely long transients (Hastings et al., 2018) is also quite artificial: there is no reason to 269 believe that very long transients (i.e., transients that are maintained for thousands of years) 270 have any less ecological reality than an attractor that is deemed stable. Speed of convergence 271 is therefore an issue to judge whether transients should be considered or excluded, and a very long yet fixed time window for integration allows advantageously to compare all mechanisms. 273

Another assumption pertains to competition coefficients. To allow for comparison with Scranton and Vasseur (2016), we did not introduce variability in intraspecific competition 275 strength or interspecific competition strength. By contrast, data-based coefficients vary between 276 species (Barraquand et al., 2018), with a majority of weak interactions (as suggested in Wootton 277 and Emmerson, 2005) and more variance in intraspecific coefficients. Stump (2017) recently considered the potential effects of competition coefficient variability (also called non-diffuse 279 competition), as did Kokkoris et al. (2002); more variance in interspecific competition strength 280 is usually detrimental to coexistence (see Stump (2017) for a classification of the various effects). 281 Setting the competition coefficients using a multidimensional trait-based framework, like that 282 of Ashby et al. (2017), would provide a natural development to the work presented here; it is in 283 our opinion difficult to speculate on those variance effects because both intra- and interspecific 284 competition coefficient variances may matter to community persistence. 285

Finally, our study is limited to communities whose species have fast population dynamics relative to the yearly timescale, like phytoplankton and likely other fast-living organisms, so that many generations can occur in a year. Different effects of seasonality may occur in species that have slower life histories or with generations that extend over multiple years (e.g., multiyear cycles and chaotic attractors, Rinaldi et al. 1993; Taylor et al. 2013; Tyson and Lutscher 2016). Persistence may be affected differently by seasonality in such cases with slower community dynamics.

With these assumptions in mind, we have found that first, temporally forced Lotka-Volterra

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dynamics cannot sustain any diversity with our phytoplankton-based set of parameters, unless 294 the structure is geared to include either the storage effect or a strong self-regulation. Although 295 this absence of diversity-enhancing effect of "pure" environmental variation has already been 296 stated by other authors (Chesson and Huntly, 1997; Barabás et al., 2012; Fox, 2013; Scranton 297 and Vasseur, 2016), this is not always intuitive (Fox, 2013), so we feel compelled to stress it once 298 more: temporal variation in growth rate alone cannot ensure coexistence within competitive 299 communities. A nice point made by Scranton and Vasseur (2016) was that a built-in storage 300 effect in a forced Lotka-Volterra model, parameterized for phytoplankton communities, could 301 lead to some degree of coexistence. Our investigation reproduced these results, using the 302 random noise considered by Scranton and Vasseur (2016). However, an arguably more lifelike 303 noisy and seasonal temperature forcing considerably lessened the richness of the community after 5000 years, decreasing from 15 to 4 species on average. Even imagining that groups 305 represented here are genera or classes rather than species, this is a fairly low diversity for a 306 phytoplankton-like community (see e.g., Chapter 1 in Reynolds, 2006). This suggests that 307 the storage effect may not, on its own, be sufficient to maintain species-rich communities (e.g., dozens to hundreds of species). We have therefore sought out whether a stronger self-309 regulation could maintain a higher diversity, using field-based intra- vs intergroup (species or 310 genera) competition strength ratio (Barraquand et al., 2018), where the intragroup density-311 dependence was estimated 10 times stronger. Implementing such strong self-regulation, in the 312 forced Lotka-Volterra models that we considered, produced a higher level of diversity than the 313 storage effect (almost double). Of course, the result is somehow contingent upon the strength 314 of self-regulation. Our estimates are a little stronger than what was found in perennial plants 315 (Adler et al., 2010), where interspecific competition was suggested 4 or 5 times stronger than 316 intraspecific. Still, the widespread effects of natural enemies in phytoplankton (zooplankton, 317 parasites) may contribute to increasing the strength of self-regulation (Barraquand et al., 2018; 318 Chesson, 2018) relative to other systems, hence we believe that 10 times stronger intraspecific 319 competition constitutes a reasonable order of magnitude. 320

However, such strong self-regulation was still insufficient to maintain the whole community diversity (60 species) by itself, especially when the seasonal forcing (always decreasing species richness) was considered. The diversity within clumps of similar values of thermal optima

was considerably decreased once seasonality was implemented. This diversity reduction occurs 324 because within a season, the signal autocorrelation gives long, contiguous time intervals to the 325 best competitor to exclude its less adapted competitors. This makes the results likely to hold 326 not only for seasonal environments, but more generally for autocorrelated ones above the daily 327 scale, i.e., "red" noise. In contrast, the random noise scenario – which can be considered white 328 noise above the daily temporal scales – generates large temperature shifts more frequently, and 329 thereby forbids such competitive exclusion. In a seasonal setting, a species with the highest 330 long-term (arithmetically) averaged growth rate may not be the best competitor, and can 331 disappear as a result of a strong competition from both low- and high-temperature tolerant 332 species. This holds with or without a storage effect. 333

Our results may appear at odds with recent proposals that seasonal forcing in itself would
help maintain diversity (Sakavara et al., 2018). However, we compared the effect of seasonal
forcing to that of other forcing signals while controlling for total variance. Thus, the contrast
between our results and those of Sakavara et al. (2018) may be due to the role of forcing variance
over time (we compare scenarios under a constant total variance). Overall, while seasonality
may be slightly better than no forcing at all in maintaining diversity if the storage effect is
present, seasonal forcing of parameters does not improve coexistence when compared to white
noise.

In addition to community diversity, the biomass-trait relationship also varied from one 342 simulation to another. Some regularities did emerge across simulations though. The storage 343 effect begot several clumps along the trait space (as observed by Scranton and Vasseur, 2016). 344 The seasonality that we added to the temperature signal led to more distant clumps on the 345 trait axis, with less species per clump. Conversely, strong self-regulatory mechanisms alone led 346 to relatively uniform biomass distributions, with species forming a single large cluster, which 347 covered a fraction of the initial trait space. Therefore, the shape of the distribution was af-348 fected by the coexistence mechanism at work while the average trait value was modified by 349 the type of environmental forcing, even though the mean value of the environmental signal 350 did not change. The biomass-trait distributions therefore constitute clues to interpret com-351 munity dynamics (D'Andrea and Ostling, 2016; Loranger et al., 2018), although we certainly 352 recommend to interpret them with caution to avoid over-generalization. The identification 353

of multiple modes in biomass-trait relationships and SADs is relatively recent (Dornelas and Connolly, 2008; Matthews et al., 2014) and is a rare pattern in theoretical models (McGill 355 et al., 2007). Barabás et al. (2013) convincingly argued that multimodality could arise from 356 the demographic stochasticity of a single model run (with either self-regulation or neutrality, 357 but without the clumpy coexistence emerging from the storage effect). However, our results 358 are based on many model runs, for which either the storage effect alone or the storage effect 359 + strong self-regulation in a seasonal context consistently produced multimodal distributions, 360 while simulations without the storage effect always led to a single cluster along the trait axis. 361 Our suggestion for empirical studies is as follows: if only one spatial location is observed, cau-362 tion in interpreting multiple clumps on the trait axis is of course required, as Barabás et al. 363 (2013) highlighted. However, with several locations - or in a theoretical context - one could average across locations to reproduce similar graphs to the ones produced here. Clumps in the 365 trait axis when averaged across model runs/locations are therefore a signature of a coexistence 366 induced by the storage effect, for the cases that we considered in the article. Of course, other 367 mechanisms that we did not include in our models may produce similar patterns (Rael et al., 2018) or obfuscate these patterns – typically strong self-regulation weakens the clustering on the 369 trait axis. We therefore view clustering on the trait axis (when averaged over several samples) 370 as an interesting clue suggesting to look for a storage effect, rather than any definite proof that 371 the storage effect is at work. 372

In our previous empirical study of coastal phytoplankton dynamics (Barraquand et al., 373 2018), we did not find any storage effect. This, however, does not mean that it could not be 374 observed in other planktonic systems. Given the consequences of the storage effect for species 375 richness and composition presented here, we are skeptical that the storage effect could by itself 376 help explaining phytoplankton diversity. However, our results suggest that in phytoplankton-377 like seasonal environments, even though empirically-based self-regulation produce much more 378 diversity than the storage effect when considered in isolation, the storage effect can help diver-379 sity maintenance when combined to other mechanisms. Indeed, the combination storage effect 380 + strong self-regulation is non-additive: the cases were both self-regulation and the storage 381 effect were present showed more diversity than generated by any mechanism on its own. 382

The above results suggest the very exciting idea that multiple coexistence mechanisms might

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combine superadditively, thus helping us to better understand the astounding diversity of pri-384 mary producers. This logic could, in principle, be extended to mechanisms that we have not 385 considered here (e.g., spatial structure, specialized natural enemies, that could be as impor-386 tant here for plankton as they are for tropical trees, see Bagchi et al., 2014; Comita et al., 387 2014; Barraquand et al., 2018). Previous research has however demonstrated that generalist 388 seed predation could weaken the storage effect (Kuang and Chesson, 2009, 2010) thus different 389 mechanisms might not always combine superadditively as we found here. That said, superaddi-390 tivity has been found in some cases, i.e., pathogens could enhance the storage effect (Mordecai, 391 2015). Better explaining plant or microbial diversity would then not be about selecting the 392 best unique mechanism susceptible to explain the observed diversity, but rather better com-393 bining those mechanisms together. This may obviously be an annoyance for those who like to sharpen Occam's razor, but it clearly holds opportunities for theoreticians wishing to investi-395 gate synergies between coexistence mechanisms in highly diverse communities. Aside from the 396 synergies between predator diversity-enhancing effects, strong self-regulation through various 397 means and storage effects (on the temporal axis), one obvious follow-up of this research would be interactions with spatial structure. Spatial structure occurs both endogeneously, through 399 spatially restricted movements and interactions, and exogeneously, through spatial variation 400 in environmental covariates (Bolker, 2003). Numerous studies (e.g., Bolker and Pacala, 1999; 401 Murrell and Law, 2002) have shown that spatially restricted movements and interactions - very 402 small-scale spatial structure - can help coexistence, which we believe would be especially im-403 portant for phytoplankton since many species form colonies (Reynolds, 2006; see discussion 404 in Barraquand et al., 2018). Moreover, although temperature is usually relatively spatially 405 homogeneous over space, other drivers (e.g., rainfall, pH in terrestrial ecosystems; salinity in 406 aquatic ones) may exhibit spatial variation which is a main factor for coexistence (Snyder, 407 2008). The odds that different (resource) niches, natural enemies, spatial limits to competition 408 and temporal niche partitioning all interact to promote the very high-dimensional coexistence 409 observed in the field seem much higher than for any of those mechanisms alone. Whether 410 the diversity-enhancing effects of these mechanisms combine subadditively (as in Kuang and 411 Chesson, 2010) or superadditively like here is therefore worthy of further research.

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