

# How self-regulation, storage effect and their interaction contribute to coexistence in stochastic and seasonal environments

Coralie Picoche <sup>1,\*</sup>, Frédéric Barraquand <sup>1,2</sup>

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<sup>1</sup> University of Bordeaux, Integrative and Theoretical Ecology, LabEx COTE  
Bât. B2 - Allée Geoffroy St-Hilaire, 33615 Pessac, France

<sup>2</sup> CNRS, Institute of Mathematics of Bordeaux 351 Cours de la Libération,  
33405 Talence, France

\* Corresponding author. Email: coralie.picoche@u-bordeaux.fr

## Abstract

Explaining coexistence in species-rich communities of primary producers remains a challenge for ecologists because of the likely competition for shared resources. Following Hutchinson's seminal suggestion, many theoreticians have tried to create diversity through a fluctuating environment, which impairs or slows down competitive exclusion. There are now several fluctuating-environment models allowing coexistence, but they often produce only a dozen of coexisting species at best. Here, we investigate how to create even richer communities in fluctuating environments, using an empirically parameterized model. Building on the forced Lotka-Volterra model of Scranton and Vasseur (2016) inspired by phytoplankton communities, we have investigated the effect of two coexistence mechanisms, namely the storage effect and ~~differences in higher intra- and~~ interspecific competition strengths (i.e., strong self-regulation). We tuned the competition ratio on empirical data, in which self-regulation ~~supersedes usually dominates interspecific interactions in phytoplankton dynamics. stabilizing niche differences (SNDs). SNDs occur when intraspecific competition is stronger than interspecific; we tuned the competition ratio based on empirical data.~~ Although SNDs ~~a strong self-regulation~~ maintained more species (50%) than the storage effect (25%), we show that none of the two coexistence mechanisms considered could, by itself, ensure the coexistence of all species present at the beginning of our simulations. Realistic seasonal environments only aggravated that picture, as they decreased persistence relative to ~~white noise~~ a random environment. Our results suggest that combining different mechanisms for biodiversity maintenance into community models might be more fruitful than trying to find which mechanism explains best the observed diversity levels. Our results on community composition (formation of clumps, biomass distribution) in the different scenarios give further hints about likely coexistence mechanisms at work.

**Number of words:** 240

**Keywords:** coexistence; seasonality; competition; phytoplankton; Lotka-Volterra; storage effect

# 1 Introduction

There has been a rich debate in theoretical ecology on how to reconcile niche and neutral perspectives on species coexistence (Gravel et al, 2006; Carmel et al, 2017). Under the neutral perspective, all species have equal birth and death rates and compete equally (since space is limited) whilst under the niche perspective, birth and death rates can vary between species and various mechanisms contribute to increasing intraspecific over interspecific competition (Hubbell, 2001). However, as it has been pointed out repeatedly, niche and neutral processes are not mutually exclusive: they may actually act together to produce observed species coexistence (Gravel et al, 2006; Mutshinda et al, 2009; Götzenberger et al, 2012).

~~For instance,~~ An intriguing offshoot of the niche vs. neutrality debate is the concept of ‘clumpy coexistence’ (Scheffer and van Nes, 2006) ~~put forward the concept of ‘clumpy coexistence’~~, whereby a simultaneous influence of both niche and neutral processes create several clumps of similar species along a single trait axis. Classical stabilizing niche differences (SNDs), ~~such as a stronger net intraspecific competition than interspecific competition~~, enable coexistence of multiple clumps ~~through stronger net intraspecific competition~~ (Chesson, 2000), while within-clump coexistence occurs through neutral processes (Hubbell, 2001; Munoz and Huneman, 2016), as species that differ too little in their fitnesses cannot exclude themselves out on reasonable timeframes. Indeed, clumps on the trait axis eventually thin out in absence of immigration, but transient coexistence can last for extended periods of time. This ‘emergent neutrality’ within groups (Holt, 2006) has been proposed as a unifying concept for the niche and neutral theories. The findings of Scheffer and van Nes (2006) have been disputed due to hidden niches in the original model (Barabás et al, 2013). Hidden niches emerge through stronger intraspecific competition mediated by a an additional intraspecific predation-like term (Barabás et al, 2013). This makes coexistence in the Scheffer and van Nes model more similar to that of the classical Lotka-Volterra model (Barabás et al, 2016), so that coexistence within clumps is not exactly neutral. Still, the idea that niche and neutral assembly can mould communities stays potent (Vergnon et al, 2013). Since then, several studies have suggested that ‘clumpy coexistence’ can occur in theoretical models, most notably models incorporating temporal variation (Scranton and Vasseur, 2016; Sakavara et al,

2018). In these temporal-variation models, equal competitive strengths are combined with other mechanisms like the storage effect (or temporal niche partitioning, that is an equivalent concept for forced Lotka-Volterra models, Barabás et al, 2012; Scranton and Vasseur, 2016). The storage effect increases the possibility of coexistence by making the interaction strength covary positively with a fluctuating environment (see also Barabás et al, 2012).

Here, we build on the work of Scranton and Vasseur (2016) to investigate the possibility of coexistence through species response to fluctuating environments. Our enthusiasm for the Scranton and Vasseur (2016) model stems from our interest in phytoplankton communities, that inspired their thermal preference curves modeling intrinsic growth rates. However, Scranton and Vasseur (2016) described [daily](#) temperature as a random noise, i.e., independent and identically distributed Gaussian random variates over time. This appeared to us a key assumption to relax. Under most latitudes, temperature is indeed a seasonal signal, and seasonal forcing can strongly affect the dynamics of the community considered (Vesipa and Ridolfi, 2017). Hence, over short timescales, random temporal variations often only add noise to a largely deterministic seasonal trend. Our present work can therefore be seen as an attempt to blend Scranton and Vasseur (2016)’s framework with the periodic environments of Barabás et al (2012), to better represent the mixture of stochastic and deterministic environmental forces affecting phytoplankton community dynamics.

Because many phytoplankton species or genera respond in similar ways to temperature despite having different optimas (Moisan et al, 2002), we hypothesized that a large seasonal variation might not necessarily foster species coexistence. In fact, similar responses to seasonal fluctuations should lead to an increased synchrony of species abundances which, in turn, should theoretically mitigate the expected temporal partitioning. How seasonality affects coexistence (as opposed to a purely randomly fluctuating environment) is therefore a key feature of this paper. In particular, we contrast cases where the storage effect is present vs. absent, which conveniently maps to two different parameterizations of the forced Lotka-Volterra model. Moreover, the overall diversity obtained at the end of the simulations with Scranton and Vasseur (2016)’s model was relatively low compared to what we usually observe in phytoplankton communities (several dozens to hundreds of species). We have therefore sought out which mechanisms would foster a truly species-rich

84 community for extended periods of time.

85 In an empirical study combining phytoplankton community-level time series and multivariate  
86 autoregressive models (Barraquand et al, 2018)<sup>1</sup>, we found that despite a large influence of the  
87 environment (including temperature, irradiance, and other factors), a strong intraspecific (or in-  
88 tragenus) competition, when compared to interspecific interaction coefficients, was most likely the  
89 key driver of species coexistence. In other words, strong self-regulation had a large role to play  
90 in maintaining species diversity in coastal phytoplankton (Barraquand et al, 2018). These high  
91 intraspecific interaction strengths mirror those found in a number of terrestrial plant communities  
92 (Adler et al, 2018) and in animal communities (Mutshinda et al, 2009).

93 Here, we therefore try to establish what are the relative contributions of the storage effect vs  
94 strong self-regulation to coexistence in a phytoplankton-like theoretical community model. This  
95 led us to cross different combinations of seasonality in the forcing signal, presence of the storage  
96 effect or not, and intra- vs interspecific competition, in order to disentangle the contributions of  
97 all these factors to biodiversity maintenance.

## 98 2 Methods

### 99 *Models description*

100 The model described in Scranton and Vasseur (2016) is based on a variant of the Lotka-Volterra  
101 competition model. Fluctuations in the environment are introduced in the model by temperature-  
102 dependent intrinsic growth rates (see Eq. 1-2, all coefficients are defined in Table 1) so that species  
103 growth rates can be expressed as:

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<sup>1</sup>Preprint version available: see Barraquand et al (2017) in the reference list

$$\frac{dN_i}{dt} = r_i(\tau)N_i \left(1 - \sum_{j=1}^S \alpha_{ij}N_j\right) - mN_i \quad (1)$$

$$r_i(\tau) = a_r(\tau_0)e^{E_r \frac{(\tau - \tau_0)}{k\tau\tau_0}} f_i(\tau) \quad (2)$$

$$\text{where } f_i(\tau) = \begin{cases} e^{-|\tau - \tau_i^{opt}|^3/b_i}, & \tau \leq \tau_i^{opt} \\ e^{-5|\tau - \tau_i^{opt}|^3/b_i}, & \tau > \tau_i^{opt} \end{cases} \quad (3)$$

$$\text{and } b_i \text{ defined by numerically solving } \int r_i(\tau)d\tau = A \quad (4)$$

104 Model parameters are detailed in Table 1, and we set their values to match the features of  
 105 phytoplankton communities as in Scranton and Vasseur's work (2016). The niche of each species is  
 106 defined by its thermal optimum  $\tau_i^{opt}$ . Thermal performance curves defined in Eq. 3 are parameter-  
 107 ized so that all species share the same niche area (Eq. 4), which sets a trade-off between maximum  
 108 growth rates and niche width.

Table 1: Parameter definition and values of the model described in Eq. 1-4. Parameter values are not specified when they vary with time and/or the species considered.

Name	Definition	Value (unit)
$S$	Number of species	60 (NA)
$N_i$	Biomass density of the $i$ th species	(kg/area)
$\tau$	Temperature	(K)
$r_i(\tau)$	Growth rate of species $i$ as a function of temperature	$(\frac{\text{kg}}{\text{kg}^*\text{year}})$
$\alpha_{ij}$	Strength of competition of species $j$ on species $i$	0.001 (area/kg)
$b_i$	Normalization of the thermal decay rate	$(K^3)$
$m$	Mortality rate	$15(\frac{\text{kg}}{\text{kg}^*\text{year}})$
$\tau_0$	Reference temperature	293 (K)
$a_r(\tau_0)$	Growth rate at reference temperature	$386(\frac{\text{kg}}{\text{kg}^*\text{year}})$
$E_r$	Activation energy	0.467 (eV)
$k$	Boltzmann's constant	$8.6173324 \cdot 10^{-5}(\text{eV} \cdot \text{K}^{-1})$
$f_i(\tau)$	Fraction of the maximum rate achieved for the $i$ th species	(NA)
$\mu_\tau$	Mean temperature	293 (K)
$\sigma_\tau$	Standard deviation for temperature	5 (K)
$\tau_{\min}$	Minimum thermal optimum	288 (K)
$\tau_{\max}$	Maximum thermal optimum	298 (K)
$A$	Niche breadth	$10^{3.1}(\frac{\text{kg}}{\text{kg}^*\text{year}})$
$\tau_i^{\text{opt}}$	Thermal optimum for growth of the $i$ th species	(K)
$\theta$	Scaling between <del>white</del> random and seasonal noise <del>and seasonal signal</del>	$[0, \sqrt{(2)}]$ (NA)
$\rho$	Ratio of intra-to-intergroup competition strengths	(1;10) (NA)

109 The original environmental forcing is a normally distributed variable centered on 293 K (XX  
 110 C [indicate in Celsius as well, do that also in the Table]), with a 5K dispersion. This vari-  
 111 able varies from one day to ~~another~~the next, but is kept constant throughout the day. At the  
 112 ~~macro-temporal~~monthly or annual temporal scale usually used in ecological studies, temperature  
 113 could therefore be considered as a white noise (Vasseur and Yodzis, 2004). However, from a mathe-  
 114 matical viewpoint, the noise ~~but it~~ is slightly auto-correlated as the integration process goes slightly  
 115 below the daily time step. We ~~have therefore chosen to use the word~~ ‘random noise’ to describe  
 116 this forcing ~~and remain coherent with the~~, as opposed to ‘seasonal noise’ described hereafter. To  
 117 construct the seasonal noise, wWe ~~keptkeep the mean and standard deviation of the~~add to the  
 118 random forcing signal ~~but included~~a lower-frequency component, using a sinusoidal function with  
 119 a period of 365 days (~~1 time unit being one day~~, Eq. 5). We tune the ratio of low-to-high frequency  
 120 with the variable  $\theta$  so as to keep the same energy content - i.e., equal total variance - in the forcing

121 signal.

$$\tau(t) = \mu_\tau + \theta\sigma_\tau \sin(2\pi t) + \epsilon_t, \text{ where } \epsilon_t \sim \mathcal{N}\left(0, \sigma_\tau \sqrt{1 - \frac{\theta^2}{2}}\right) \quad (5)$$

122

123 Note that the upper limit for  $\theta$ ,  $\sqrt{2}$ , corresponds to a completely deterministic model which we  
124 do not explore here (but see Zhao (1991) proving bounded coexistence). We choose to keep the  
125 stochasticity in the signal and to model a plausible temperature signal with  $\theta = 1.3$  (see Fig. 1b)  
126 when considering a seasonal forcing of the dynamics.

127 The formulation of the forced Lotka-Volterra model of Scranton and Vasseur (2016) implies  
128 a storage effect, as the net effect of competition on a given species exerted by species  $j$  on  $i$  is  
129 the product of the temperature-related growth rate  $r_i(\tau)$  and the sum of competitive strengths  
130  $\alpha_{ij}$  exerted by other species an individual of species  $j$ . . Therefore, ~~competition strengths~~ net  
131 competition covaries positively with the growth rate values  $r_i(\tau)$  (Chesson, 1994; Ellner et al,  
132 2016). ~~To test for the effect of an explicit storage effect in the model, we formulated a new version of~~  
133 ~~this model, where we removed.~~ To remove this assumption of an explicit storage effect, we created  
134 in another version of the model by using the mean value of a species' growth rate ( $\bar{r}_i$ ) to weight the  
135 interaction coefficients (see Table 2). The mean growth rate value was computed by first generating  
136 the temperature time series and averaging all  $r_i$  over the corresponding simulation sequences of  $\tau$   
137 values. .

$$\frac{dN_i}{dt} = N_i \left( r_i(\tau) - \sum_{j=1}^S \bar{r}_i \alpha_{ij} N_j \right) - mN_i \quad (6)$$

138 In this way, ~~competition strengths~~ net competition remain unaffected by the environmental con-  
139 ditions, in contrast to intrinsic growth rates (Eq. 6), while preserving the same average magnitude  
140 as in Eq. 1.

141 ~~Stabilizing niche differences are~~ Strong self-regulation is ensured by the addition of the coefficient  
142  $\rho$ , which is the ratio of intra-to-intergroup competition strength. We can therefore re-write the  
143 interaction coefficients  $\alpha_{ij}$  in Eq. 7



$$\alpha_{ij} = \alpha(1 + (\rho - 1)\delta_{ij})$$

$$\alpha_{ij} = \alpha(1 + (\rho - 1)\delta_{ij}) \quad (7)$$

where  $\delta_{ij}$  is the Kronecker symbol, equal to 1 if  $i = j$  and to 0 otherwise. The value of the parameter  $\rho = 10$  was chosen from analyses of phytoplanktonic data (Barraquand et al, 2018)<sup>2</sup>. Hereafter, the phrase “strong (and respectively, weak) self-regulation” characterizes dynamics where the intraspecific competition strength is 10 times higher than (and respectively, equal to) the interspecific competition strength. When we use the word “strong”, we therefore consider a “relatively stronger” self-regulation but do not wish to compare our interaction values to those used outside of our framework.

In addition to two types of environmental forcings (random noise with  $\theta = 0$ , and seasonal noise with  $\theta = 1.3$ ), we compare the results for four formulations of the model: with and without an explicit storage effect (Eq. 1 and Eq. 6, respectively) ; with and without strong self-regulation ( $\rho = 10$  or  $\rho = 1$ , respectively). These are summed up in Table 2

$\frac{dN_i}{dt} + mN_i$	Storage effect	No
Strong self-regulation ( $\rho = 10$ )	$r_i(\tau)N_i \left(1 - \sum_{j=1}^S \alpha(1 + 9\delta_{ij}) N_j\right)$	$N_i \left(r_i(\tau) - \sum_{j=1}^S \alpha N_j\right)$
<del>Weak self-regulation</del> Equal competitive strengths ( $\rho = 1$ )	$r_i(\tau)N_i \left(1 - \sum_{j=1}^S \alpha N_j\right)$	$N_i \left(r_i(\tau) - \sum_{j=1}^S \alpha N_j\right)$

Table 2: Growth rate of species  $i$  in the four formulations of the model we present

## Set-up

We replicate the ‘Species sorting’ experiment of Scranton and Vasseur (2016) so as to investigate how the structure of synthetic phytoplankton communities varies under the different scenarios we described above. We focused on the dynamics of a community initialized with 60 species with thermal optima uniformly spaced along the interval  $[15^\circ\text{C}, 25^\circ\text{C}]$ , and with the same initial density

<sup>2</sup>The values of non-zero interspecific competition coefficients reported in Fig. 5 of Barraquand et al (2018) are somewhat higher than here (and  $\rho$  lower, closer to 4) because the best-fitting model actually set to zero some intergroup competition coefficients; using a model where all  $\alpha_{ij}$  are non-zero leads in contrast to  $\rho = 10$ .

163  $(\frac{1}{\alpha S})$ . Each simulation was run for 5000 years in 1-day intervals. When the density of a species  
164 dropped below  $10^{-6}$ , it was considered extinct. For each combination of parameters (type of  
165 environmental signal, storage effect and stabilizing niche differences), we ran 100 simulations.

166 All simulations were ran with Matlab's ode45 algorithm, an explicit Runge-Kutta (4,5) algo-  
167 rithm with an absolute error tolerance of  $10^{-8}$ , and relative error tolerance  $10^{-3}$ . The code is  
168 available in a GitHub repository <sup>3</sup>.

### 169 3 Results

170 Typical dynamics of the community following Eq. 1 (the model of Scranton and Vasseur, 2016),  
171 with both the environmental signals described in Eq. 1 (original choice of Scranton and Vasseur,  
172 2016; Fig. 1a) and Eq. 5 (our variant, Fig. 1b), are shown in Fig. 1c and d. A sinusoidal forcing  
173 produces the strongly seasonally structured dynamics that are typical of phytoplankton. Even  
174 though only 5 species can be seen in Fig. 1c, there were 14 species still present at the end of  
175 the simulation forced by a random noise, with large disparities in the range of variation of their  
176 biomasses. A third of the species kept a biomass above 10 kg/area (setting area = 1 ha, with a  
177 depth of a few meters, produce a realistic standing biomasses; Reynolds, 2006) while 6 out of the  
178 14 remained below the unit. All persisting species in the random noise simulations were clustered  
179 within a 3.2°C-range of thermal optima (see the biomass distribution as a function of the thermal  
180 optimum in Fig. A1 in the Supplementary Material). No obvious temporal patterns (e.g., cycles)  
181 could be seen in the communities forced by random noise. On the contrary, seasonal cycles were  
182 clear in the seasonally-forced case of Fig. 1d. Only 4 species coexisted at the end of the simulation  
183 with seasonal noise, gathered in two groups with large thermal optimum differences (5.7°C between  
184 the maximum thermal optimum of the first group and the minimum thermal optimum of the second  
185 group). When temperatures are high, the group with higher thermal optima reaches its maximum  
186 biomass, then as temperature decreases through the season, these species leave room for the growth  
187 of the low-temperature group.

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<sup>3</sup><https://github.com/CoraliePicoche/Seasonality>, will be made public upon acceptance or at the reviewer's request

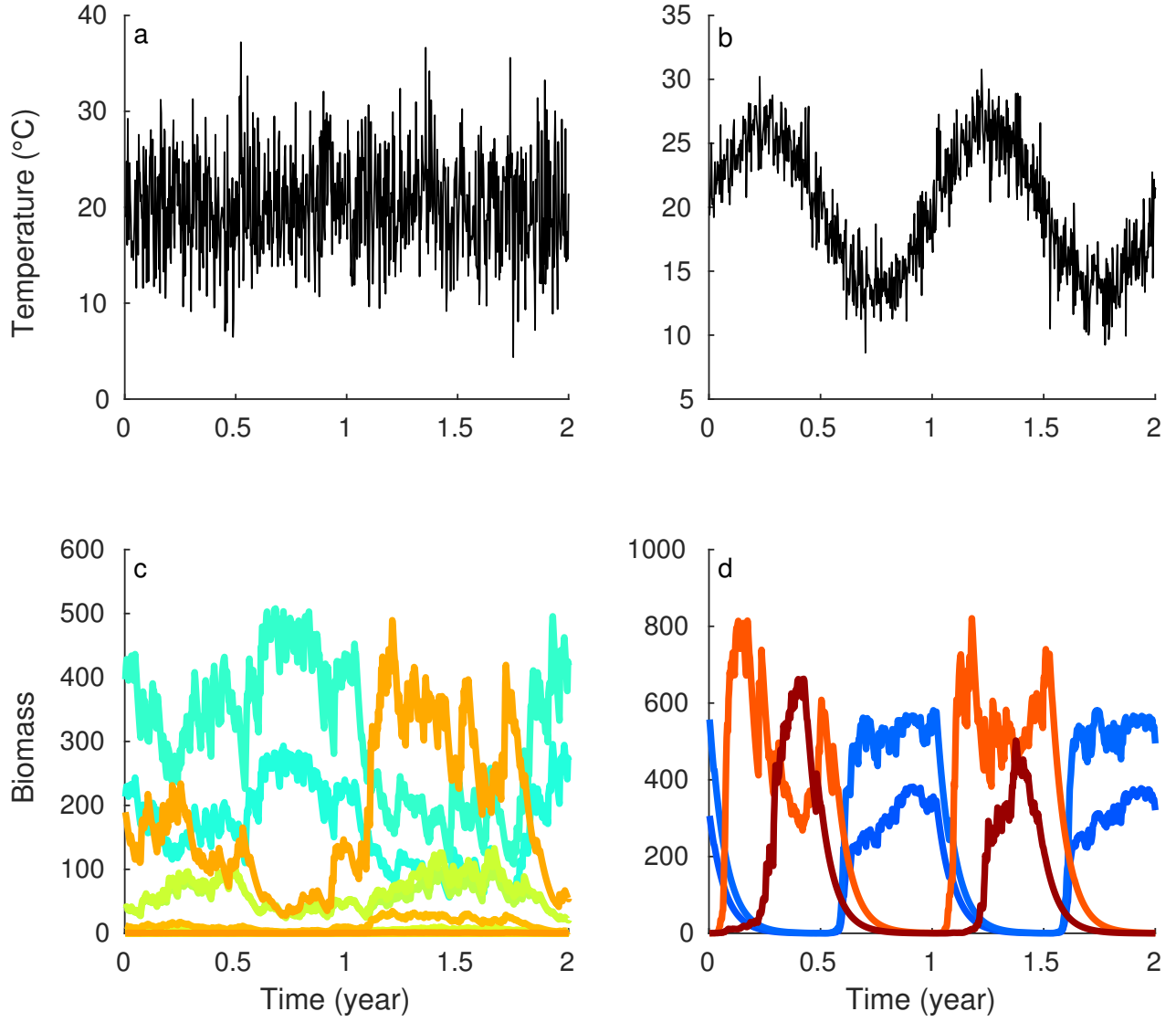


Figure 1: Time series of temperature (top; a-b) and extant species (bottom; c-d) for the 2 last years of a 5000 years simulation, with storage effect and no differences between intraspecific and interspecific competition strengths. The forcing temperature is either a random noise (a) or a seasonal noise (b), leading to community dynamics with more erratic fluctuations (c) vs seasonally structured fluctuations (d). Line colors of species biomasses correspond to their thermal optimum (from blue, corresponding to low thermal optimum, to red, corresponding to high thermal optimum).

188 The decrease in persistence due to seasonality observed in Fig. 1 was confirmed in all our  
189 simulations (Fig. 2). In cases where final species richness varied from one simulation to another  
190 (namely, the two middle cases in Fig. 2: with storage effect but without strong self-regulation, or  
191 without storage effect but with strong self-regulation), seasonality reduced the number of extant  
192 species to, on average, 27% and 48% of their original values, respectively (Fig. 2). A seasonal signal

therefore led to a much smaller average persistence. There was also less variance in persistence between seasonally forced simulations when compared to random noise simulations.

Both a strong self-regulation and the storage effect markedly increased persistence. Without any of these coexistence mechanisms, only one species persisted at the end of the simulations. When only the storage effect was present, the number of extant species varied between 8 and 20 ( $14.8 \pm 2.4$ ) with a white noise, or 2 and 6 ( $4.1 \pm 0.7$ ) with a seasonal signal. On the other hand, when only a strong self-regulation was present, the number of extant species nearly doubled, varying between 20 and 32 ( $27.5 \pm 2.4$ ), or 12 and 15 ( $13.3 \pm 0.6$ ), with a random or a seasonal noise, respectively. Remarkably, when the storage effect and a strong self-regulation both affected the community dynamics, all species persisted in the community, while neither of these mechanisms was able to produce that result alone, for either random and seasonal noise.

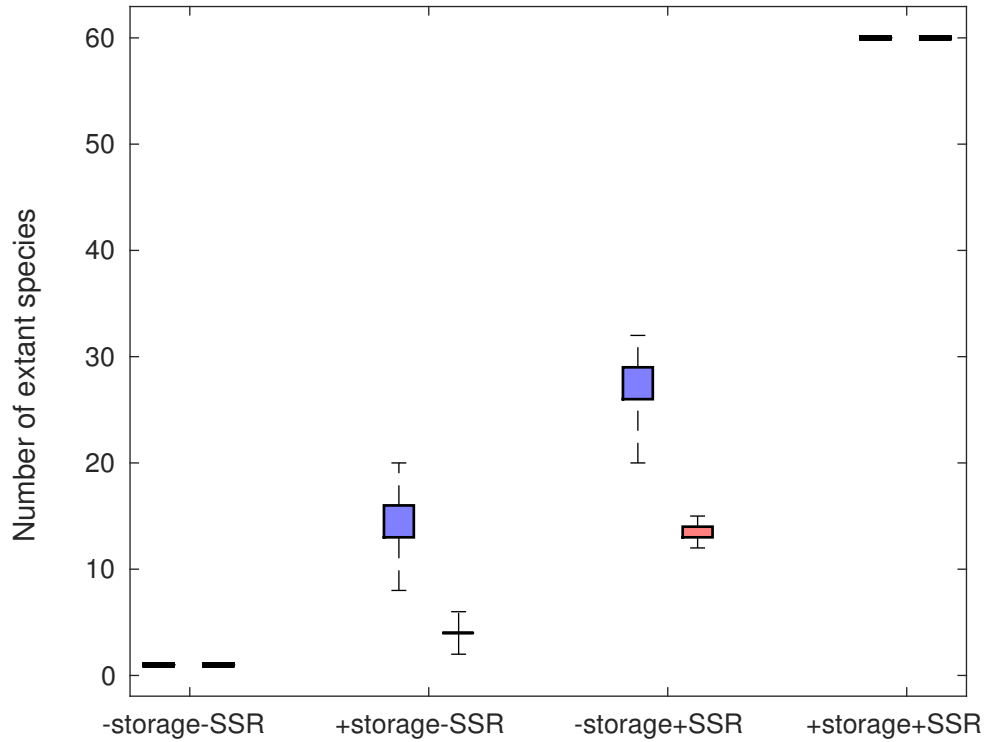


Figure 2: Number of species still present at the end of 100 simulations (5000 years each), initialized with 60 species, with a random noise forcing signal (blue) or a seasonal noise (red). The signs + or - storage refer to presence or absence of a storage effect, respectively; + / - SSR, presence or absence of Strong Self-Regulation, respectively. Community compositions are stable in the cases -storage-SSR and +storage+SSR, for which 1 or 60 species are still present at the end of all simulations, respectively. Due to low variance, the whiskers here represent min and max rather than 1.5 interquartile range.

204 -The trait pattern of the community was affected by the type of forcing even when the richness  
 205 of the community was stable (Fig. 3). Without storage effect nor strong self-regulation, there was  
 206 only one species left at the end of a simulation. A random noise favored species with intermediate  
 207 thermal optima: the final species had a thermal optimum between 18.9°C and 21.4°C (only a  
 208 fourth of the initial range of thermal optima) for two simulation out of three and the maximum  
 209 final biomasses over 100 simulations was reached in this range(Fig. 3a). [[[This distribution can  
 210 be related to a selection for the highest long-term growth rates, averaged over time (see scaled  
 211 growth rates in Fig. 3).]]]-. Seasonality with no coexistence mechanisms also- led to a single  
 212 final species but, in this case, the species always had a higher maximum growth rate (thermal  
 213 optimum above 22°C). Species with a higher thermal optimum were more likely to persist and to  
 214 reach a higher biomass at the end of the simulation. 38% of the simulations therefore ended with  
 215 the species having the highest temperature optimum, 25°C. The shift in trait distribution towards  
 216 higher maximum growth rates with seasonality vs. higher average growth rates with a random  
 217 noise was consistent infor all sets-of-simulationsmodel types considered (see below).

218 When both storage effect and strong self-regulation were present, the 60 initial species coexisted  
 219 with small variations in biomasses for each species over the 100 simulations (mean CV=0.008  
 220 across simulations with either a random or a seasonal noise, Fig. 3b and d). The forcing signal  
 221 modified only the distribution of biomasses resulting in contrasted community structures despite  
 222 equal richness in both simulation types. With a random noise, the distribution was unimodal with  
 223 a maximum biomass reached for the second best long-term average growth rate (corresponding to  
 224 a thermal optimum of 20.2°C). On the contrary, a seasonal signal led to a bi-modal distribution  
 225 (centered on 17.0°C and 24.4°C), each corresponding to one season, with highest biomasses for  
 226 higher thermal optima (Fig. 3d). The minimum biomass was reached for the best long-term  
 227 average growth rate at an intermediate temperature (20.4°C);-one species apart from the maximum  
 228 biomass-in the random noise case.

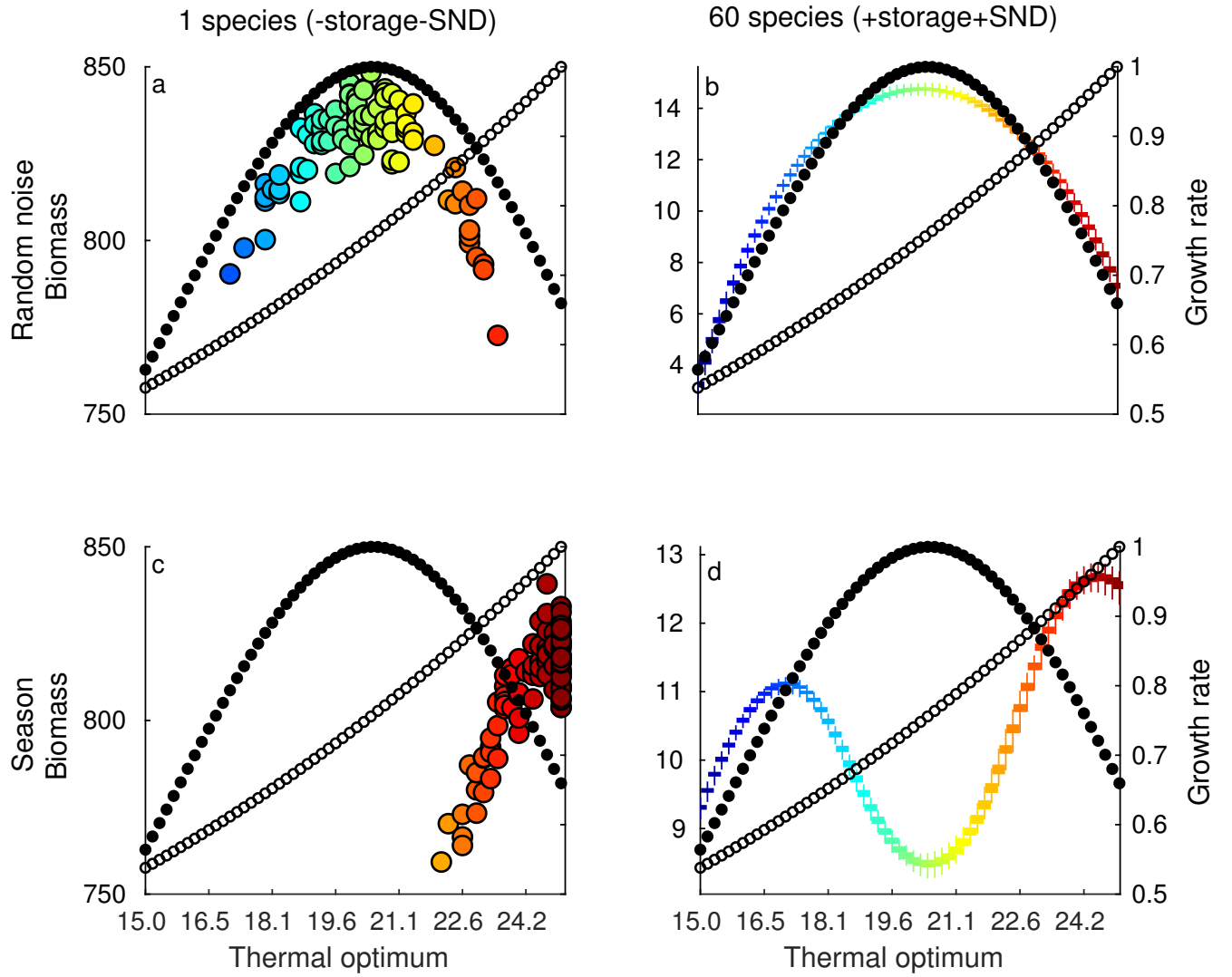


Figure 3: Mean biomass distribution over the last 200 years for 100 simulations, as a function of the species thermal optima. Here we consider the two stable-composition cases and two types of forcing signal. On the left column, simulations without storage effect nor *stabilizing niche differences* *strong self-regulation* are presented. Only one species is present at the end of the simulations and its mean value is represented by one large colored circle per simulation. There can be several circles for the same species, corresponding to multiple simulations ending with this species alone. On the right column, simulations with storage effect and *stabilizing niche differences* *strong self-regulation* are represented. All species are present at the end of the simulations and small boxplots present the variation in the temporal average of biomass with a given trait, for 100 simulations. The forcing signal is either a random (top) or a seasonal noise (bottom). Each species is identified by its thermal optimum through its color code. Scaled (divided by maximum) average and maximum growth rates are shown as small filled and open circles, respectively, and are indexed on the right y-axis.

229 In cases where the richness of the community varied, the overall shape (multimodal vs. uni-  
 230 modal) of the marginal distribution of extant species with respect to the trait axis were similar  
 231 for both types of environmental forcings (Fig. 4). By contrast, the type of coexistence mechanism

232 generated different shapes. Indeed, the storage effect led to a multimodal biomass distribution with  
233 respect to thermal optima. We always observed 3 modes with a random noise and 3 modes in 95%  
234 of the seasonal simulations (Fig. 4a). With a random noise, extant species are grouped in rather  
235 similar clumps regarding species thermal optima (between 18.8°C and 22.2°C) whereas clumps  
236 tended to be further apart in the seasonal case, covering a total range of 7.7°C, with species group-  
237 ing in the higher part of the thermal range, above 22°C. On the other hand, strong self-regulation  
238 led to a quasi-uniform biomass distribution (Fig. 4 b). Species characterising communities forced  
239 by a random noise stayed in the lower range of temperatures (in 96% of the simulations, the highest  
240 thermal optimum was 22.4°C, see Fig. A2 in the Supplementary Material) while they were filtered  
241 out in communities subjected to a seasonal fluctuation of their environment, for which species with  
242 thermal optima above 20.5°C persisted. As before (Fig. 3), seasonality promoted species with a  
243 higher maximum growth rates since the autocorrelated temperatures enabled them to achieve this  
244 highest growth rate for a longer period of time than a random noise would have.

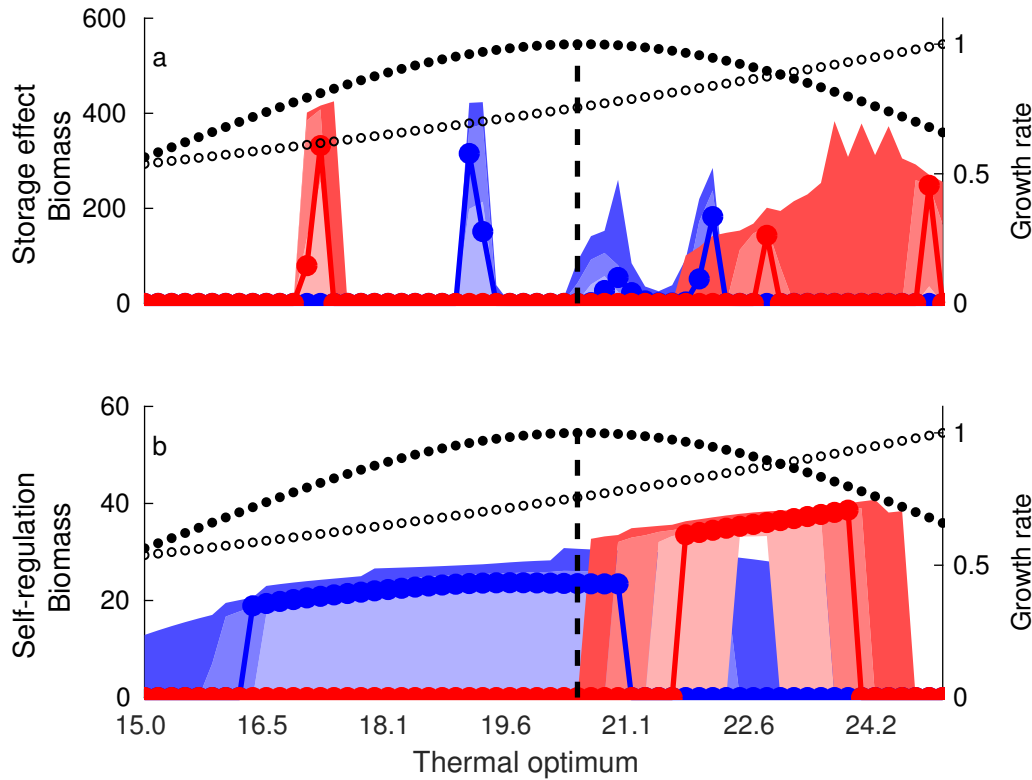


Figure 4: Mean biomass distribution over the last 200 years for 100 simulations, as a function of thermal optima, with storage effect and ~~weak self-regulation~~ equal competitive strengths (a) and without storage effect, with strong self-regulation (b). The forcing signal is either a random (in blue) or a seasonal noise (in red). Shades of the same color correspond to the 50th, 90th and 100th percentiles of the distributions while colored lines correspond to one representative simulation. Scaled (divided by maximum) average (whose maximum is indicated by the dashed line) and maximum growth rates are shown as filled and open circles, respectively, and indexed on the right y-axis.

## 4 Discussion

We have simulated competitive Lotka-Volterra dynamics forced by a fluctuating environment (e.g., temperature fluctuations) under a range of scenarios allowing more or less coexistence. Two coexistence mechanisms, the storage effect and strong self-regulation (i.e., intraspecific competition much stronger than interspecific competition), could be either present or absent, which led to four scenarios. These four scenarios were crossed with two possibilities for the forcing signal, a random noise (mostly white) and a stochastic yet seasonal signal, both with equal temporal variance.



Our investigation therefore built on the model of Scranton and Vasseur (2016), which included a random forcing and a storage effect, but considered seven additional combinations of mechanisms. This was motivated by our wish to include two observed features of phytoplankton dynamics: seasonal cycles (Winder and Cloern, 2010) and strong self-regulation (Chesson, 2000; Adler et al, 2010; Barraquand et al, 2018). Many mechanisms can lead to intraspecific competition being stronger than interspecific competition: nonlinearities in the functional forms of competition or mutualism that contribute to increasing self-regulation (Kawatsu and Kondoh, 2018), or predation as well as parasitism (see e.g., the generalist predators in Haydon, 1994), etc. Strong self-regulation seems nonetheless an ubiquitous feature in competition networks of primary producers (Adler et al, 2018), and perhaps even more general networks (Barabas et al. Nature Eco Evo 2018 [ADD REF]).

Before discussing the ecological interpretation of our results, we first recall some technical assumptions made in this study. All our simulations relied upon the 5000 timesteps for numerical integration that were also used by Scranton and Vasseur (2016). This means that short- and medium-term transients (a few years to hundreds of years) are completely negligible at the end of the time series, but very long transients can remain. We realized that convergence could in some cases be incomplete after 5000 years (e.g., random noise + storage effect + equal competitive strength). These would not even be stabilized well after 10 000 years, they would take ~ 15 000 years and the rate of convergence would slow over time. We kept a fixed time integration window rather than waiting for convergence for both technical and ecological reasons. From a technical standpoint, adding 10 000 years of numerical integration for the sake of reaching the equilibrium would have been very computationally challenging, and comparison with the values reported by Scranton and Vasseur (2016) would have been compromised. From an ecological standpoint, waiting for full convergence when there are extremely long transients (Hastings et al. 2018) is also quite artificial: there is no reason to believe that very long transients (i.e., one that maintains for thousands of year) has any less ecological reality than an attractor that is deemed stable because convergence has been reached. Speed of convergence is therefore an issue to judge whether transients should be considered or excluded, and very long yet fixed time window for integration allows advantageously

280 to compare mechanisms for which speed of convergence might differ.

281 With these assumptions in mind, we have found that first, temporally forced Lotka-Volterra  
282 dynamics cannot sustain any diversity with our phytoplankton-based set of parameters, unless the  
283 structure is geared to include either a storage effect or a strong self-regulation. Although this  
284 absence of diversity-enhancing effect of “pure” environmental variation has already been stated  
285 by other authors (Barabás et al, 2012; Fox, 2013; Scranton and Vasseur, 2016), this is not al-  
286 ways intuitive (Fox, 2013), so we feel compelled to stress it once more: temporal variation in  
287 growth rate alone cannot help coexistence within competitive communities. A nice point made by  
288 Scranton and Vasseur (2016) was that a built-in storage effect in a forced Lotka-Volterra model,  
289 parameterized for phytoplankton communities, could lead to some degree of coexistence. Our in-  
290 vestigation reproduced these results, using the random noise considered by Scranton and Vasseur  
291 (2016). However, an arguably more lifelike noisy and seasonal temperature forcing considerably  
292 lessened the richness of the community after 5000 years, decreasing from 15 to 4 species on average.  
293 Even imagining that groups represented here are genera or classes rather than species, this is a  
294 fairly low diversity for a phytoplankton-like community (see Chapter 1 in Reynolds, 2006). This  
295 suggests that the storage effect may not, on its own, be sufficient to maintain species-rich com-  
296 munities (e.g., dozens to hundreds of species). We have therefore sought out whether a stronger  
297 self-regulation could maintain a higher diversity, using field-based intra- vs intergroup (species  
298 or genera) competition strength ratio (Barraquand et al, 2018), where the intragroup density-  
299 dependence was chosen 10 times stronger.—The comparison of both coexistence mechanisms, the  
300 storage effect and a strong self-regulation, depends on the intensity of self-regulation of each species  
301 and the type of dynamics considered, which calls for further analyses on different networks before  
302 drawing a general conclusion. On theirits own, in a Lotka-Volterra model applied to phytoplankton  
303 speciesImplementing such strong self-regulation in the forced Lotka-Volterra models that we con-  
304 sidered, SNDsa stronger self-regulationit produced a higher level of diversity than the storage ef-  
305 fect (almost double for whiterandom noise). Of course, the result is somehow contingent upon the  
306 strength of self-regulation. Our estimates ,which not only aligns with our results on phytoplankton  
307 but also with resultsare a little stronger than what was found onin perennial plants (Adler et al,

2010), where interspecific competition was suggested 4 or 5 times stronger than intraspecific. Still, the widespread effects of natural enemies in phytoplankton (zooplankton, parasites) may contribute to increase the strength of self-regulation (Gaedke et al. XXXX, Barraquand et al. 2018) relative to other systems, hence we believe that 10 times stronger intraspecific competition constitutes a reasonable order of magnitude.

However, such strong self-regulation was still insufficient to maintain the whole community diversity (60 species) by itself, especially when the seasonal forcing (always decreasing species richness) was considered. The diversity within clumps of similar values of growth rates was considerably decreased once seasonality was implemented. This diversity reduction occurs because within a season, the signal autocorrelation gives long, contiguous time intervals to the best competitor to exclude its less adapted heterospecifics. This makes the results likely to hold not only for seasonal environments, but more generally for autocorrelated ones, i.e., “red” noise. This could be relevant for species whose population dynamics occurs at timescales largely above one year. In contrast, ~~a~~the random noise – which can be considered white noise above the daily temporal scales – generates large temperature shifts more frequently, and thereby forbids such competitive exclusion. In a seasonal setting, a species with the highest long-term (arithmetically) averaged growth rate may not be the best competitor, and can disappear as a result of a strong competition from both low- and high-temperature tolerant species. This holds with or without a storage effect.

Our results may appear at odds with recent proposals that seasonal forcing in itself would help maintain diversity (Sakavara et al, 2018). However, we compared the effect of seasonal forcing to that of other forcing signals while controlling for total variance. Thus, the contrast between our results and those of Sakavara et al (2018) may be due to the role of forcing variance over time (we compare scenarios under a constant total variance). Overall, while seasonality may be slightly better than no forcing at all in maintaining diversity, seasonal forcing of parameters does not improve coexistence: diversity within clumps is lower when seasonality is included.

In addition to community diversity, the biomass-trait relationship also varied from one simulation to another. Some regularities did emerge across simulations though. The storage effect begot several clumps along the trait space (as observed by Scranton and Vasseur, 2016). The seasonality

that we added to the temperature signal led to more distant clumps on the trait axis (as said above, less species per clump). Conversely, ~~SNDs~~strong self-regulatory mechanisms alone led to relatively uniform biomass distributions, with species forming a single large cluster, which covers a fraction of the initial trait space. Therefore, the shape of the distribution was affected by the coexistence mechanism at stake while the average trait value was modified by the type of environmental forcing, even though the mean value of the environmental signal did not change. The relationships between trait patterns and filters applied on local communities are complex and still need to be clarified but they biomass-trait distributions therefore constitute an additional clue on species clues to interpret community dynamics (D’Andrea and Ostling, 2016; Loranger et al, 2018), although we certainly recommend to interpret them with caution to avoid over-generalization. The identification of multiple modes in biomass-trait relationships and SADs is relatively recent (Dornelas and Connolly, 2008; Matthews et al, 2014) and is a rare pattern in theoretical models (McGill et al, 2007). Barabás et al (2013) convincingly argued that multimodality could arise from the demographic stochasticity of a single model run (with either self-regulation or neutrality, but without the clumpy coexistence emerging from a storage effect). However, our results are based on many model runs, for which either the storage effect alone or a storage effect + strong self-regulation in a seasonal context consistently produced multimodal distributions, while simulations without the storage effect always led to a single cluster along the trait axis. Our suggestion for empirical studies is as follows: if only one spatial location is observed, caution in interpreting multiple clumps on the trait axis is of course required, as Barabás et al (2013) highlighted. However, with several locations - or in a theoretical context - one could average across locations to reproduce similar graphs to the ones produced here. Clumps in the trait axis when averaged across model runs/locations is therefore a signature of the storage effect for the cases that we considered in the article. Of course, other mechanisms that we did not include in our models may produce similar patterns (Rael et al, 2018). Still, clustering on the trait axis, in scenarios where the environment fluctuates strongly in time, suggests that storage effects could be at work.

In our previous empirical study of coastal phytoplankton dynamics (Barraquand et al, 2018), we did not find any storage effect (which does not mean that it could not be observed in other

364 planktonic systems). Given the ~~results~~consequences of the storage effect ~~on~~for species richness  
365 and composition presented here, we are skeptical that the storage effect ~~could-alone~~by itself could  
366 help explaining phytoplankton diversity. However, our results suggest that in phytoplankton-like  
367 seasonal environments, even though empirically-based self-regulation produce much more diversity  
368 than the storage effect when considered in isolation, the storage effect can help diversity main-  
369 tenance when combined to other mechanisms. Indeed, the combination storage effect + strong  
370 self-regulation is non-additive: the cases where both self-regulation and the storage effect were  
371 present showed more diversity than generated by any mechanism on its own.

372 The above results suggest the very exciting idea that multiple coexistence mechanisms might  
373 combine superadditively, thus helping us to better understand the astounding diversity of primary  
374 producers. This logic could, in principle, be extended to mechanisms that we have not considered  
375 here (e.g., spatial structure, specialized natural enemies, that could be as important here for plank-  
376 ton as they are for tropical trees, see Bagchi et al, 2014; Comita et al, 2014; Barraquand et al, 2018).  
377 Previous research has however demonstrated that generalist seed predation could weaken the stor-  
378 age effect (Kuang and Chesson, 2009, 2010) thus different mechanisms might not always combine  
379 superadditively as we found here. That said, superadditivity has been found in some cases, i.e.,  
380 pathogens could enhance the storage effect (Mordecai, 2015). Better explaining plant or microbial  
381 diversity would then not be about selecting the best unique mechanism susceptible to explain the  
382 observed diversity, but rather better combining those mechanisms together. This may obviously  
383 be an annoyance for those who like to sharpen Occam's razor, but it clearly holds opportunities  
384 for theoreticians wishing to investigate synergies between coexistence mechanisms in highly di-  
385 verse communities. Aside from the synergies between predator diversity-enhancing effects, ~~strong~~  
386 ~~self-regulation through various means~~ and ~~SNDs-or~~ storage effects (on the temporal axis), one  
387 obvious follow-up of this research would be interactions with spatial structure. Spatial structure  
388 occurs both endogeneously, through spatially restricted movements and interactions, and exoge-  
389 neously, through spatial variation in environmental covariates (Bolker, 2003). Numerous studies  
390 (e.g., Bolker and Pacala, 1999; Murrell and Law, 2002) have shown that spatially restricted move-  
391 ments and interactions - very small-scale spatial structure - can help coexistence, which we believe

would be especially important for phytoplankton since many species form colonies (Reynolds, 2006; see discussion in Barraquand et al, 2018). Moreover, although temperature is usually relatively spatially homogeneous over space, other drivers (e.g., rainfall, pH in terrestrial ecosystems; salinity in aquatic ones) may exhibit spatial variation which is a main factor for coexistence (Snyder, 2008). The odds that different (resource) niches, natural enemies, spatial limits to competition and temporal niche partitioning all interact to promote the very high-dimensional coexistence observed in the field seem much higher than for any of those mechanisms alone. Whether the diversity-enhancing effects of these mechanisms combine sub-additively (as in Kuang and Chesson, 2010) or super-additively like here is therefore worthy of further research.

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