Participate in an art exhibition virtually

Objective:
The aim of this activity is to give elderly the opportunity to explore and appreciate artworks from different eras and styles in a virtual environment. By creating a virtual art exhibition, we promote creativity, interest in art and cultural engagement among elderly. In addition, this activity can serve as a form of cognitive stimulation and encourage reflection and discussion about art.

Description of how to do the activity:
- Choose a suitable platform to display the virtual art exhibition.
- Gather the elderly in the common space and inform them about the purpose of the activity.
- Display the artworks on the virtual platform and give participants the opportunity to explore them individually.
- Encourage participants to discuss their impressions and reactions to the artworks. Promote conversations about colours, composition, messages and the artist's background.

What is needed to carry out the activity:
- A computer or tablet that can be connected to a TV or a projector.
- Various digital art exhibitions.
- A place to gather the older participants.
- Chairs to sit on.

Examples of digital exhibitions in museums:

- **Museum 1**: [Paul och Fanny Sinebrychoffs hemmuseum](#) (Finland)
- **Museum 2**: [Oili Mäki – När livet gav mig färger](#) (Finland)
- **Museum 3:** [Ett hem museum](#) (Finland)
- Museum 4: [Van Gogh museum](#)(Amsterdam, Nederländerna)
- Museum 5: [Medelhavsmuseet](#)
- Museum 6: [Metropolitan museum of arts](#) (New York, USA)'
- Museum 7 : [Rijksmuseum](#) (Asterdam Holland)
- Museum 8: [Nationalmuseum](#) (Stockholm, Sverige)
- Museum 9: [Ateneum](#) (Helsingfors, Finland)
- Museum 10 : [The art of color](#)
- Museum 11: [Audio art tour](#)
- Museum 12: [Klimt](#)
- Museum 13: [Kiasma online](#)
- Museum 14: [Gallen- Kallela](#)

Time required:

The duration of the virtual art exhibition can vary from 30-60 minutes, but it can be adapted to the needs and interests of the participants.

Alone or in a group:

This activity can be carried out both individually and in groups.