

Alan Nissman

4033 W 14th St
Yuma, AZ, 85364
(702) 849-5522
newbodnow@outlook.com

As a former Asst. Strength & Conditioning coach to the National Champion Miami Hurricanes (Football & Baseball) , Health Coach with over 40 years experience , I would like to further my career and knowledge in the wellness / fitness industry while helping to increase your companies growth . While also educating and improving the quality of life of your clients / members .

EXPERIENCE

GOLD COAST FITNESS, Fort Lauderdale, FL

Owner/ Operator

- Responsibilities range from but not limited to sales , marketing /advertising ,operation of pro shop , managing staff , heading the personal training and everything else that encompasses running a fitness facility.

DOWN TOWN ATHLETIC CLUB, West Palm Beach, FL

Owner/ Operator

- As the owner / operator I ran all aspects of the facility including but not limited to sales , promotions , personal training ,customer relations and the daily operation of the facility.

FIT FOR THE FUTURE, L.A., CA

Owner/ Operator

- This was a unique facility for more then one reason . It was located in the worlds largest martial arts center , the world famous Jet Center. Where I ran the entire operation of the fitness facility from A to Z , also taught kickboxing and help train world champion kickboxers.

EDUCATION

UNIVERSITY OF MIAMI

Coral Gables, FL

BS. Athletic Administration & Coaching (May 1983)

ADDITIONAL SKILLS

- Martial Arts / Kickboxing
- Wellness / Fitness (Health Coach)
- Body Building , Powerlifting
- To develop and implement strength & conditioning programs at all levels from a professional athlete to a senior citizen .
- To train and improve the well being (fitness level) of a individual whether a professional athlete , senior citizen or the physically challenged .

CERTIFICATIONS

- Personal Training ,Balance Approach
- Personal Training , State of the Art Fitness
- Health Fitness Management , University of Miami
- Basic Law Enforcement , South East Institute of Criminal Justice
- FL Real Estate License
- FL Health Insurance License