

Michael Ball

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757-319-9586

Education

May 2019

Bachelor of Science in Integrated Environmental Science

Concentration: Earth Science

Longwood University, Farmville, Virginia

Work Experience

Virginia Beach E.M.S. Professional Lifeguard

Summer 2011-2016

- Maintained safety of patrons
- Patrolled beach on ATV where lifeguards were not stationed
- Rescued individuals in life-threatening situations
- Assisted in leading fitness training

Seth Broudy's School of Surf - Instructor

Summer 2011-2016

- Taught children how to surf
- Educated children on basic water safety
- Collaborated with other instructors to create the best experience
- Accommodated students with special needs such as autism spectrum disorder and various other social disorders

A. G. Curtin Incorporated

Winter 2016-Present

- General Contracting
- Framing, Plumbing, Roofing, Carpentry, Painting, Metal Work, Etc.

Activities

- Longwood University Men's Rugby Team

August 2014- 2019

- Participated in practice, games, and tournaments
- Helped lead conditioning
- Assisted younger players to reach their potential

- Virginia Longboard Federation Team

May 2011-Present

- Represent the team in and out of contests
- Assist with marketing by contributing pictures
- Acted as a positive role model for younger members and the surfing community

Skills

Computer

- Microsoft Office Suite
- ArcGIS
- Adobe