



Grow & Tell, LLC

Speech-Language Pathology & Occupational Therapy Services

Phone: 717-512-2841

www.growtellSLP.com

COVID-19 Update 6/22/2020

DEAR G&T FAMILIES,

As per Pennsylvania guidelines, outpatient care centers are considered life sustaining and may continue operation; therefore, Grow & Tell SLP, LLC plans to re-open our physical office on **Monday June 1, 2020** for Speech-Language and Occupational Therapy and evaluation services.

Our promise is to keep you and your child safe while continuing to provide quality and necessary evaluation and therapy services. To accomplish this, we have changed the way we provide care- both at our clinic and by utilizing telehealth.

Please carefully review our clinic expectations and understand that clinician's may be offering limited clinic hours during the COVID-19 pandemic. Even in Governor Wolf's "green phase" of reopening, telework is "strongly encouraged". We will monitor the situation closely and make determinations regarding appropriate therapy services on a weekly and/or daily basis.

MAKING OUR CLINIC SAFE FOR YOU AND PREVENTING EXPOSURE

Understandably, we know you might still have concerns about returning to our physical clinic. You can rest assured that we will implement the following safeguards to minimize exposure risks related to coronavirus (COVID-19) for our clients, caregivers, and staff:

- 1. Therapists and parents will be asked to wear a mask and/or face shield.** At this time, each family may decide for themselves if their child can tolerate wearing a mask. Therapists will wear a mask as appropriate for the target therapy activity with the intent to wear a mask for as much of the session as possible without interfering in essential delivery of therapeutic techniques.
- 2. Temperature checks and a short health questionnaire for clients and therapists will be conducted.** If anyone in your family has been ill, we ask that you call/email to reschedule your child's appointment.
- 3. Anyone entering the facility must wash their hands and/or use provided hand sanitizer before entering the office/ therapy room.**
- 4. Our waiting room will remain closed.**
5. Parents and children will be asked to wait in the car upon arrival. The treating therapist will get the child from the car and return the child to the car at the completion of the therapy session. If necessary, one parent will be allowed back with the child to the therapy room. **Please, no siblings in the building and/or therapy office.**
6. Therapy visit times will be staggered to reduce the number of patients concurrently receiving therapy and thus limit contact between families.
7. Toys utilized during therapy sessions will be kept to a minimum and all toys will be sanitized before reuse.
8. Fabric toys, play dough, sensory bins and other difficult to clean objects will not be used.
9. Therapists will wash their hands before and after each therapy session and sanitize their therapy room and/or workstation between each client.



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HEALTH INSURANCE UPDATES

CAPITAL BLUE CROSS

CBC has extended their telehealth reimbursement policy to include Speech-Language Pathology services through ~~May 31, 2020 June 30, 2020~~ **September 30, 2020.**

HIGHMARK

Reimbursement for telehealth services, including speech-language pathology, is eligible for reimbursement through ~~June 13, 2020~~ **September 30, 2020.**

UPMC HEALTH PLAN

Telehealth services may be covered until ~~June 15, 2020~~ **September 30, 2020.**

UNITED HEALTHCARE

Telehealth services may be covered until ~~June 18, 2020~~ **September 30, 2020.**

As always, please be in touch with your health insurance providers and/or employer to ensure coverage of speech-language therapy and/or occupational therapy services, as it relates to your individualized health care plan. We will monitor changes to the above note deadlines.

WE ARE HERE FOR YOU

Now and always, Grow & Tell SLP, LLC is here to support you and your family. As future events unfold, we will keep updating our procedures to make sure we are delivering therapy with the upmost caution.

Please call or email with any questions or concerns.

Thank you!

Sincerely,

Jessica Over M.A., CCC-SLP Owner/ Speech & Language Pathologist
Grow & Tell SLP, LLC