

| Date | Afternoon | | | | Evening | | | |
|------------|----------------|-------|----------------|-------|----------------|-------|----------------|-------|
| | Left hand | | Right hand | | Left hand | | Right hand | |
| | Blood pressure | Pulse | Blood pressure | Pulse | Blood pressure | Pulse | Blood pressure | Pulse |
| 01.07.2025 | 128/81 | 61 | 120/67 | 63 | 122/80 | 88 | 107/64 | 86 |
| 02.07.2025 | 124/111 | 78 | 117/102 | 69 | 129/103 | 70 | 124/78 | 73 |
| 03.07.2025 | 129/79 | 69 | 120/71 | 73 | 120/100 | 109 | 121/94 | 81 |
| 04.07.2025 | 122/69 | 61 | 122/81 | 62 | 101/66 | 77 | 123/70 | 78 |
| 05.07.2025 | 120/101 | 80 | 131/79 | 74 | 131/86 | 70 | 119/78 | 69 |
| 06.07.2025 | 120/79 | 64 | 129/109 | 66 | 128/81 | 80 | 122/77 | 77 |
| 07.07.2025 | 129/83 | 79 | 131/108 | 70 | | | | |
| 08.07.2025 | | | | | 119/77 | 86 | 127/83 | 89 |
| 09.07.2025 | 114/95 | 72 | 117/72 | 74 | 124/72 | 93 | 112/67 | 85 |
| 10.07.2025 | 129/74 | 70 | 115/72 | 70 | 111/79 | 82 | 124/105 | 85 |
| 11.07.2025 | 102/73 | 84 | 119/72 | 68 | 119/66 | 102 | 99/80 | 96 |
| 12.07.2025 | 124/108 | 80 | 119/65 | 77 | 118/67 | 84 | 115/88 | 75 |
| 13.07.2025 | 122/99 | 76 | 120/76 | 60 | 123/79 | 70 | 119/75 | 67 |
| 14.07.2025 | 127/71 | 66 | 117/75 | 58 | 123/76 | 96 | 119/82 | 72 |
| 15.07.2025 | 127/74 | 72 | 123/71 | 66 | 117/65 | 86 | 106/90 | 70 |
| 16.07.2025 | 126/65 | 88 | 115/63 | 66 | 96/60 | 106 | 108/62 | 100 |
| 17.07.2025 | 120/76 | 72 | 123/73 | 74 | 123/90 | 85 | 113/85 | 84 |
| 18.07.2025 | 124/73 | 77 | 127/83 | 71 | 118/68 | 81 | 117/89 | 89 |
| 19.07.2025 | 119/74 | 59 | 130/69 | 58 | 112/69 | 97 | 105/69 | 80 |
| 20.07.2025 | 127/70 | 61 | 120/65 | 59 | 130/77 | 75 | 129/99 | 77 |
| 21.07.2025 | 127/84 | 65 | 132/72 | 57 | 127/94 | 79 | 120/94 | 79 |
| 22.07.2025 | 119/75 | 89 | 132/80 | 79 | 125/92 | 130 | 126/81 | 121 |
| 23.07.2025 | 128/74 | 85 | 125/94 | 85 | 122/73 | 87 | 122/102 | 108 |
| 24.07.2025 | 115/86 | 80 | 130/69 | 80 | 108/78 | 82 | 118/92 | 97 |
| 25.07.2025 | 116/82 | 86 | 123/103 | 88 | 122/81 | 89 | 110/72 | 75 |
| 26.07.2025 | 127/74 | 72 | 119/79 | 60 | 112/81 | 83 | 115/63 | 88 |
| 27.07.2025 | 121/82 | 71 | 100/79 | 65 | 128/74 | 65 | 111/97 | 63 |