

Date	Afternoon				Evening			
	Left hand		Right hand		Left hand		Right hand	
	Blood pressure	Pulse						
01.12.2025	133/81	73	105/82	71				
02.12.2025	130/78	72	127/97	82				
03.12.2025	127/86	77	128/85	82	143/77	89	119/86	96
04.12.2025	147/81	90	149/92	87	141/85	107	144/110	111
05.12.2025	123/90	105	147/84	100	125/97	87	124/75	81
06.12.2025	125/76	72	129/84	85	126/83	87	127/98	85
07.12.2025	114/76	71	132/68	71	145/76	86	123/78	81
08.12.2025	131/78	68	127/77	73				