

THE UNIVERSITY OF  
**SYDNEY**

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# A better method of testing neonatal ventilation equipment

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*by*

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for the degree of Bachelor of Biomedical Engineering*



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## **Statement of Contribution**

The list below represents Corinne Gard's contribution:

- I designed the procedure, including the test parameters according to which the lung model, GINA, would be validated.
- I wrote the software GINA VALIDATOR. The code design is completely my own, except for the Bland-Altman Analysis code which has been referenced.
- I communicated with Dr Peter Schaller, inventor of GINA to discuss changes to GINAs design that would meet the Westmead NICUs testing needs.
- Based on the needs expressed by clinicians, I designed and wrote the GINA ANALYSER software for adjusting raw GINA output data and calculating and outputting useful breath by breath data. The code design is completely my own, except for some of the exOpen.m file which has been referenced.
- I designed the testing procedures to determine the validity and usability of the GINA ANALYSER software.
- I gathered and processed all results in this thesis.
- I have written this thesis. It is all my own work, with references.

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Finally, this thesis is dedicated to the sick babies and their families around the world. I hope this work is a part of the move to improve treatments and helps to save lives.



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## **Executive Summary**

Recently a number of publications have reported concerning findings of regular potentially life-threatening faults in a number of devices used for providing life-preserving ventilation to sick neonatal infants. Alarmingly, all of these devices were approved for patient-use by the regulatory administrations whose purpose is to assess medical devices to prevent avoidable patient harm. This begs the question: to what extent are morbidities in neonatal intensive care unknowingly caused by faulty therapeutic devices? The urgency of the matter has forced neonatal intensive care units to take equipment testing into their own hands.

The primary purpose of this thesis is to design a comprehensive testing procedure for neonatal ventilation equipment in order to assess whether they are delivering appropriate therapy. The experimental process for this study had two components. The first experiment involved validity testing a recently developed, first-of-its-kind mechanical-software hybrid neonatal lung model known as GINA. It was determined that GINA was able to replicate realistic behaviour of a breathing infant. Through assessing...accuracy... realistic behaviour. but its software was lacking. The second was...

It is intended that based on the tests... TGA

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# Abbreviations

**CGA** Corrected Gestational Age

**CNS** Central Nervous System

**CPAP** Continuous Positive Airway Pressure

**ETT** Endotracheal tube

**FDA** Federal Drug Administration (USA)

**FRC** Functional Residual Capacity

**GA** Gestational Age

**GHTF** Global Harmonisation Task Force

**GUI** Graphical User Interface

**IEC** International Electrotechnical Commission

**ISO** International Standards Organisation

**MCM** Multi-compartment model

**NALM** Neonatal Active Lung Model (Schaller)

**NICU** Neonatal Intensive Care Unit

**NL** Neonatal Lung

**PEEP** Positive End-Expiratory Pressure

**PIP** Peak Inflation Pressure

**Raw** Airway Resistance

**SCM** Single-compartment model

**SIB** Self Inflating Bag Resuscitators

**TGA** Therapeutic Goods Administration

**TPR** T-Piece Resuscitators

**VG** Volume Guarantee

# 1 | Introduction

## 1.1 Overview

Worldwide, approximately 7% of newborn infants experience respiratory distress requiring basic ventilation support in order to provide sufficient pulmonary oxygenation and gaseous exchange to sustain life [1]. One third of these infants go on to require advanced therapy in the form of endotracheal intubation or nasal prongs to deliver mechanical ventilation, and medication [2]. In this field of Neonatal Intensive Care the goal of 'sustaining life' is not as simple as merely keeping the patient alive, but encompasses ensuring the integrity of the central nervous system and organs so that the patient can pursue a life devoid of severe health morbidities.

Neonatal respiratory conditions are particularly complicated to treat due to the limited understanding of the physiological nature of neonatal lungs, and the delicate and unstable nature of the infant patient. For example, we still do not fully understand the transition process from having lungs filled with amniotic fluid to the babies first breath [3, 4]. There is also still uncertainty regarding the chronology of the development of respiratory tissue before and after birth and how premature birth interrupts this development [5]. Thanks to improvements in the medical field, newborns of only 23-24 weeks gestation are able to survive. Therefore, depending on the infant's corrected gestational age (CGA), the nature of the birth (caesarean before or after labour, induced or natural labour vaginal birth), stage of pulmonary development and pathology, there is significantly more versatility of pulmonary physiology in neonates than healthy adults [6, 7, 8].

Given how small and delicate neonatal infant's are, it is very easy to cause extreme damage through delayed or erroneous treatment. Hyperoxia, hypoxia and hypercapnia can cause severe long term impairments including cerebral palsy, blindness, or lead to mortality [2, 9]. Over-pressurization can stretch or burst infant's lungs, causing lifelong disability or death. Mechanical ventilation for prolonged periods often causes a chronic respiratory disease known as bronchopulmonary dysplasia (BPD) which may cause breathing difficulty and lung infections [1]. Se-

lecting appropriate respiratory treatment for neonates is a balancing act of oxygenation, pressurisation, volume and breath frequency. Additionally, neonates with a pathology do not breathe with regularity and their stability may rapidly change, leading to vastly different treatment needs [4, 10, 11, 6]. Despite this, clinicians and/or mechanical ventilators must attempt to deliver appropriate treatment in real time.

In the field of critical care ventilation, the Australian Therapeutic Goods Administration (TGA) relies on device standards set by the international organisation of standardisation, ISO. Despite the complexities of treating and developing treatments for neonatal respiratory conditions, it would be reasonable to expect that the Regulatory Standards would ensure that patient risks are avoided. Such standards should be kept up-to-date with the most conclusive scientific literature and with technology. Unfortunately, this is not the case. Here are some poignant examples of their inadequacy.

1. There is a lack of standards for safe ventilation that particularly address the neonatal weight range (approx. 500gms to 10kgs). The few that do treat this entire weight range as one group, even though the variation of lung function and mechanical characteristics across this range is immense. Standards should be far more prescriptive to smaller weight intervals and consider more parameters than only weight.
2. The scope of standards for mechanical ventilators does not address software reliability and validity [12].
3. Where standards do not exist, the TGA permits devices to enter the market based on a recommendation by a clinician [13]. Where standards do exist, companies may have their device skip evidential requirements of the regulatory process due to its 'similarity' to other devices on the market [13, 14]. Both of these create opportunities for unscrupulous companies to have their dysfunctional or dangerous devices fast-tracked to the market [14].
4. Although jurisdictions including the TGA expect manufacturers to immediately report adverse effects, this mandate is presently more of an ethical expectation than an enforced and audited policy [14]. Therefore, there is under or inconsistent reporting. This means that devices are not recalled nearly as soon or often as required.

Perhaps the most unjust consequence of these four points is that by proxy, it renders the first users of any device, either clinician or patient, as non-consenting test subjects. One only has to look at the horrendous case of *Johnson and Johnson's*

vaginal mesh to see that surgeons were duped into believing they were providing a therapeutic implant and women were duped into thinking it would help prevent the prolapse process. Patients have to live with the consequences of this avoidable mistake for life.

It is therefore not surprising that independent studies have found evidence of dangerous therapy that almost certainly has caused patient harm in the field of neonatal resuscitation, including self-inflating bags for manual resuscitation that provide no air or too much, and ventilator faults that cause lung overdistension [15, 16]. Recent studies have shown that different ventilator models on identical settings have significant variability of delivery [17, 18]. Given the shortcomings of the present Standards, independent studies are essential to ensure the safety of some of our most fragile patients. Dr Mark Tracy, director of the Neonatal Intensive Care Unit (NICU) at Westmead Hospital, Australia, is leading the charge in this field of research. As part of an effort to prevent avoidable damage to newborn babies, he has proposed a multitude of investigations into ventilation devices. Should it be found that they are erroneous, recommendations shall be made to the Therapeutic Goods Administration Australia (TGA) and the International Organization of Standardisation (ISO). Additionally, it advantageous for clinicians to do comparative testing of ventilators before committing to purchase or clinical use is hugely advantageous [19]. The prerequisite for this testing is that a valid mechanical model of a neonatal lung is developed. It should have the capacity to interface with ventilation devices and output real-time data of the nature of this interaction that can be used for identification of therapeutic device dysfunction. The purpose of this thesis is to fulfil this need.

## 1.2 Aims

The purpose of this thesis is to design a comprehensive testing procedure for equipment used for neonatal ventilation in order to assess whether they are delivering appropriate therapy. This is to be achieved by:

1. Verifying and validating a mechanical neonatal lung simulator and software.
2. Designing software programme to interface with the simulator in order to output breath by breath variables for statistical analysis.
3. Testing the response of lung model to by different therapeutic devices.

## 1.3 Thesis Structure

### 1.3.1 Literature Review

The Literature Review section of this paper conveys the present state of research in areas relevant to the experiments undertaken in this thesis. It first summarises the physiological and mechanical nature of the neonatal lung (NL), then evaluates attempts to model the NL computationally and mechanically. Next, it describes devices on the market that we at the Westmead NICU particularly believe must undergo bench testing by a system such as that designed in this thesis. Finally, it presents the current state of Regulatory Standards and where they need to be improved.

### 1.3.2 Core Study One: Verification and Validation of Neonatal Active Lung Model

This study is devoted to the experimental design for validating the Neonatal Active Lung Model (NALM) with software known as GINA, which has been designed by *Dr. Schaller Medizintechnik™* as the first mechanical lung prototype on the market to purely model a neonatal lung. No publicly available publication assessing its validity exists. The NALM's internal tubes and components are to scale of a real infant. These and software input parameters, including compliance, are adjustable to represent neonates of varying sizes. Therefore if valid, it will be far more accurate than existing models which introduce error by consequence of adult sized components and non-variable compliance. It is found that the NALM is valid enough to be used for device testing, though the GINA software does not have all the functionality desired and does output data in a meaningful way.

### 1.3.3 Core Study Two: Software development for useful breath-by-breath output

The purpose of this study is to fulfil the need for data from GINA to be output in a meaningful way. Specifically, the focus of this study is to create a software which will read data continuous data from GINA and transform it into a spreadsheet of breath-by-breath calculated parameters which can be used for statistical analysis. By the end of this study, this software known as the GINA ANALYSER is capable of analysing recordings of spontaneous and non-spontaneous breaths up to a frequency of 120 breaths per minute. This simple application can be used by clinicians and will be used for device testing in the Westmead NICU.

### **1.3.4 Case Study: Interfacing ventilators with neonatal patients**

This section fulfills the need to demonstrate understanding of the syllabus for the subject *Biomechanics and Biomaterials* (MECH4961). Given that biomechanics of the neonatal lung have been discussed in depth in the Literature Review, this shortened case study primarily focusses on covering the biomaterials aspect of the course. This section discusses how ventilators interface with neonatal patients, specifically through endotracheal tubes, and explores the impact they have on the endotracheal tissue and how the technology has been improved to reduce adverse impacts over time.

### **1.3.5 Case Study: Regulations in the Medical Device Industry- The Predicate Problem**

This section fulfills the need to demonstrate understanding of the syllabus for the subject *Regulatory Affairs in the Medical Industry* (AMME4992). It expands on what was introduced by the Literature Review section *Shortfallings of Current Regulatory Standards*, which focusses on Regulations in Neonatal Respiratory treatment. It first explores the current state of the "Global Harmonisation Task Force" (GHTF) group of regulatory bodies worldwide. Then it goes on to discuss the issue of "predicate creep" and evaluates whether the GHTF is moving in a direction to reduce the likelihood of this occurring.

### **1.3.6 Overall Discussion and Conclusions**

This section discusses the overall findings and points of interest from the accumulated knowledge from the Core Studies and Case Studies. It reflects on where the Core Studies have left the field of Neonatal Resuscitation today and provides direction regarding the future steps for this project of improving testing of neonatal ventilation equipment.

### **1.3.7 Managing Work Health and Safety Risks**

This section fulfills the requirements of the *Work Health and Safety Act (2011), Section 274*, the *Code of Practice: How to Manage Work Health and Safety Risks* [20]. It includes a risk assessment which identifies hazards I may encounter in my workplace at Westmead Hospital and assesses these risks, with details how they have been managed.

## **2 | Literature Review**

### **2.1 Background**

In the modern setting, medical devices increasingly take over the role of a physician in providing life-saving therapy to patients. As such, medical devices should be held to the same tenets of the Hippocratic oath, specifically, to "either help or do no harm". It is for this reason that regulatory bodies exist to enforce standards on medical devices, including the International Organisation of Standardisation (ISO), the US Food and Drug Administration (FDA), the Australian Therapeutic Goods Administration (TGA) and the International Electrotechnical Commission (IEC). These organisations have to strike a delicate balance between seeking to safeguard the public's health against devices that are unsafe or useless, while allowing beneficial innovations to reach the market as quickly as possible [14]. On the one hand, the standards of evidence backing the efficacy of the new or improved device must be quantified. More stringent standards equate to less risk. But on the other hand, more stringent standards equate to a longer time before a device is available, during which time patients who could be helped won't be. Hence, perfecting the regulation procedures for therapeutic goods is inherently plagued by the sometimes opposing forces of science versus ethics.

Given that developments in medical treatments rely on the interaction of academic progress in the fields of physiology and technology, one thing that is clear is that to control for the most educated and ethical decisions, therapeutic goods administrations must stay on top of the latest research. Unfortunately, in the field of neonatal resuscitation and ventilation support this is far from the case. In recent years a number of publications have been released reporting findings of alarming rates of equipment that pass the standards, yet are defective to the point of providing null or inappropriate therapy. It is almost certain that these devices have been responsible for the death or lifelong health morbidity of patients, with no fault nor knowledge of the physician.

For example, a 2019 investigation by Tracy et. al. found that 50% of 20 self-inflating bag and models failed to provide safe therapy, [16] despite that all models passed International Standards, and "Self-inflating bag and mask" are even recommended by the United Nations and the World Heath Organisation as to be used for "new-borns requiring positive pressure ventilation" [12, 21, 22]. Another investigation by Hinder et. al. found that the humidification device in automated ventilators regularly causes water build-up in the respiratory limb, leading to potential patient overpressure exposure [15]. Automated ventilators have vastly improved therapy since the 1970s, but there in the most frequently used modes of ventilation there evidence of asynchrony between breath provisions and babies breath effort, causing large and dangerous fluctuations in intrathoracic pressure [23]. Many modern ventilators have feedback-control modes which attempt to respond to the babies effort and make up the remaining volume/pressure requirements. The problem is that the Standards do not address these modes in any way. Recent studies have shown that different ventilator models on identical settings have significant variability of delivery [17, 18]. Therefore, clinicians have no guarantee that these modes are safe to use and must choose between trialling them on patients, or resorting to older modes with definite but known risks.

Perhaps the most alarming omission of the standards is the lack of guidance concerning the air delivery needs of premature infants. Worldwide, approximately 1 in 10 children are born prematurely . Since 2010, medical innovations have resulted in the viability of extremely preterm infants as young as 23 weeks old (CGA) [24] (see fig. 2.1 for image of premature infant). Devices are simply required to be capable of delivering 5-7mls per kilogram, without pressure specifications [13]. However, alveolar development and lung tissue elastin content begins from the 27th week of gestation and continues years past the postnatal period. Therefore there is a large difference in the compliance of an extremely pre-term infant to a term infant. The ratio of chest cavity size compared with body volume is also higher in smaller infants and therefore the volume and pressure to weight ratios for these patients will be entirely different [4]. While the details of premature infant respiratory physiology and treatment are inconclusive, the above described basic knowledge of the physiological nature of infant lung development is decades old and should at least be a consideration in the Standards. The 'grandfathering' of Standards has posed and continues to pose an unacceptable risk to life.

Positively, in Australia the feedback provided to the TGA based on the studies involving Tracy and Hinder et.al, have prompted a presently underway review of the ISO standards. However the audit of devices can not wait for this update while lives



Figure 2.1: A tiny premature infant. Image property of Jamie and John Florio

are at stake and while technology continues to advance. If there were a bench test apparatus that could interact with devices like a neonate lung and output data from this interaction for analysis, it would be possible to assess respiratory device effectiveness and inform the regulatory bodies and the clinical community. Though there are various bench tests and lung models that have been used in the past, the lack of standardized equipment and testing procedures have made it difficult to establish normative values for the various parameters of interest that are independent of the measurement devices used, or to use these tests as reliable clinical tools [25]. Furthermore, there are concerns regarding the validity of these models [26, 19, 27]. Herein lies the motivation for the research undertaken in this thesis.

The intention of this literature review is to educate the reader on the requirements that a neonatal lung model for testing respiratory devices must meet in order to be a valid and meaningful tool. It is divided into four parts. Part 2.3 brings the reader up to date with the present theoretical understanding of neonatal respiratory physiology and how it is a challenging system to model. Part 2.4 educates the reader on proposals of how this system can be modelled mathematically and mechanically and concludes that a simple single compartment model with compliance is the best option for a bench test. Part 2.5 introduces devices that we at the Westmead NICU believe require thorough testing with an emphasis on mechanical ventilators, and outlines the present risks and clinically observed problematic phenomenon. To conclude, Part 2.6 provides examples of how in light of all of this information, current regulatory standards fall short of where they need be.

## 2.2 Definitions

Medical terms that are referred to throughout the literature review are defined below.

**Neonate** An infant within their first 28 days of life [22].

**Neonatal Lung** An umbrella term to encapsulate the vast range of lungs (with varied physiology and mechanics) that exist across all neonates.

**Corrected Gestational Age** Refers to a persons age from birth, corrected for prematurity by subtracting how many weeks before 38 weeks gestation the person was born.

**Gestational Age** Refers to the length of time a premature infant spent in gestation.

**Term Birth** is classified as 37 to 42 weeks gestation [24].

**Preterm Birth** is classified as less than 37 weeks gestation [24].

**Very Preterm Birth** is classified as 28 to 32 weeks gestation [24].

**Extremely Preterm Birth** is classified as less than 28 weeks gestation [24].

**CPAP** Continuous Positive Airway Pressure involves the delivery of pressure to sustain inflation of the airways to maintain a PEEP.

**PEEP** Positive End Expiratory Pressure is the pressure remaining in the lungs that prevents alveolar collapse at the end of a full exhalation [28]. This is often provided by a mechanical ventilator.

**PIP** Peak Inflation Pressure is the maximum pressure encountered in the thoracic cavity at the end of inhalation [28].

**FRC** Functional Residual Capacity is the volume of air remaining in the lungs at the end of passive expiration [29].

**WOB** Work of Breathing is the amount of effort, or work (J) a person must put in energetically to inhale.

**Surfactant** An oily secretion containing phospholipids and proteins. It reduces surface tension in the liquid coating of the alveolar surface. Therefore it has the role of helping the alveoli stay open [30].

**Dead Space** The volume of a breath that does not participate in gaseous exchange, usually because it remains in the conducting airways.

## 2.3 Theoretical Basics of Neonatal Respiration

In this section, the anatomy of the respiratory system is described. An overview of the physiology and mechanics of breathing in the healthy adult is provided as a point of comparison for neonatal respiration. The purpose of this section is to set the scene of the defining parameters of a neonatal lung, to begin the discussion of an ideal neonatal mechanical lung model for bench testing. Furthermore, the below subsection provides the reader with no background in anatomy the necessary education to understand how and why some of the therapeutic devices used can be dangerous.

### 2.3.1 Functional Anatomy of the Healthy Adult Respiratory System

The primary purpose of the respiratory system is to facilitate gaseous exchange. Cells throughout our body require oxygen for the cellular respiration process that creates energy. The primary by-product of cellular respiration is carbon dioxide, which needs to be removed from the bloodstream and tissue to prevent acidosis. The exchange of oxygen for carbon dioxide occurs at the alveolar interface, where haemoglobin in arterial blood takes inhaled oxygen to be delivered to cells, and venous blood returns dissolved carbon dioxide to be expired [31]. The respiratory system also has other important roles including defending the body from inhaled pathogens, producing sounds for speaking, facilitating odour detection via the olfactory receptors in the nasal cavity, and indirectly assisting in the regulation of blood pressure via the conversion of angiotensin I to angiotensin II.

The respiratory tract can be divided into two sections: Upper and Lower. The Upper Respiratory Tract (URT) is responsible for large-particle filtering, warming and humidifying of air to protect the lower respiratory structures. It is made up of structures including the external nares (nostrils), nasal conchae, oral cavity, soft palate, pharynx, epiglottis and larynx. The Lower Respiratory Tract (LRT) has a dendriform morphology: from the trachea it branches into two primary bronchi which channel air to each lung. The branching continues from primary bronchi through secondary and tertiary bronchi, through bronchioles which finally end in alveoli; the tiny ( $200 - 500\mu\text{m}$  diameter) [32] air filled tissue pockets where all gas exchange occurs [30]. Refer to Figure 2.2 for diagrams of the airway and alveoli structures.

The following sections provide further detail regarding the most relevant functions of the respiratory system when it comes to modelling. First, the mechanical prop-

erties of lung tissues are detailed as a basis for understanding normality. Then, defence mechanisms of the respiratory system are briefly described as these are important therapeutic equipment design considerations.

### 2.3.1.1 Respiratory Mechanics

First, we shall explore the basic mechanics of inspiration and expiration. The lungs are essentially a structured 'sponge' of epithelial tissue, lined with mesothelium tissue and sitting within the pleural cavity [33]. At the base of the pleural cavity and below the lungs is the diaphragm muscle. The active contraction of the diaphragm and intercostal muscles, triggered involuntarily by the brainstem during unforced breathing, increases the volume of the pleural cavity and decreases pleural pressure. This pressure drop causes the lung surface to be pulled outwards, opening up the airways inside. When the alveolar pressure is lower than the atmospheric pressure, the pressure differential results in air being drawn down through the airways, causing inhalation and facilitating gaseous exchange. In a healthy person at rest, exhalation is passive. When contraction of the diaphragm and muscles ceases, the elastic recoil of lung tissue causes the airways to reduce in diameter again and airway pressure increases above atmospheric pressure, forcing air out of the respiratory tract [34].

In a healthy lung, exhalation should not cause complete collapse. Instead, the system should reach a state of force equilibrium whereby lung elasticity favours further emptying but the chest wall favours expansion (see fig. 2.4, (i)). The remaining volume is known as the *functional residual capacity* (FRC) and the remaining pressure in the alveoli is known as the *positive end expiratory pressure* (PEEP). When exhalation is actively forced as far as possible, the remaining volume which prevents the alveoli from collapsing on themselves is the *residual volume* (RV). Maintenance of the RV is assisted by surfactant, a soap-like fluid which is released by cells in the alveolar duct. Surfactant reduces the surface tension within the delicate alveolar sacs, preventing the tissue from sticking to itself and allowing the easy passage of air [33, 34]. When it comes to inhalation, mechanical forces prevent inflation beyond the *total lung capacity* (TLC) in order to prevent tissue damage. TLC is determined by the point where the elastic recoil of the lung overcomes the declining strength of the muscles as the lung expands. To reach TLC would require considerable effort. Therefore a normal breath will only inflate the lung to *tidal volume* (TV) [34]. Refer to Figure 2.4 for simplified diagrams representing the forces involved in inspiration and expiration.

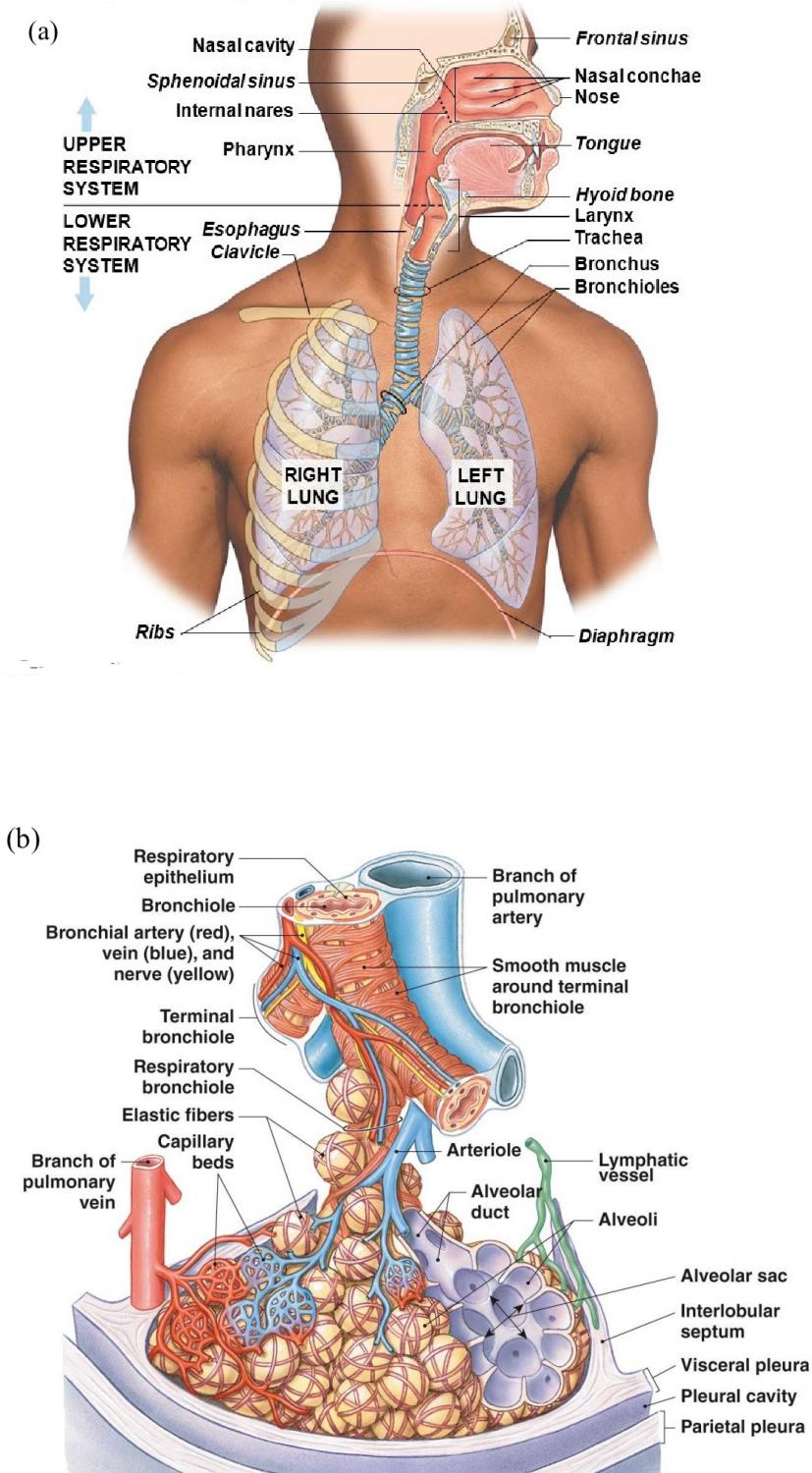


Figure 2.2: Organization of the adult respiratory system. (a) The Upper and Lower Respiratory Systems (b) Anatomy of the terminal bronchiole and alveolar sac. [30]

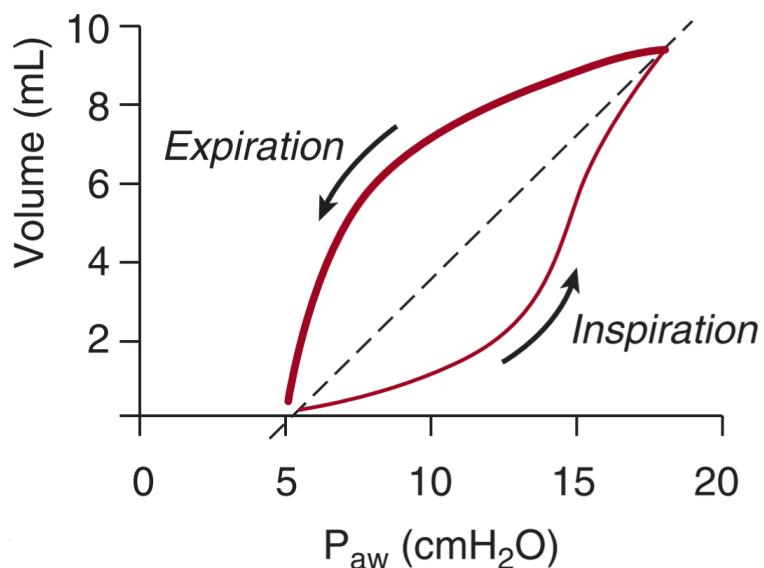


Figure 2.3: A typical volume pressure loop of a ventilated lung, demonstrating hysteresis [29]

In respiratory science, *compliance* refers to the ability of the lung to expand when a force is applied - a lower compliance essentially means the lung is stiffer. Compliance is separated into two different measurements, *static compliance* and *dynamic compliance*. *Static compliance* is a measure of the elastic properties of the lung under static conditions and is measured as the change in lung volume for any given applied pressure. *Dynamic compliance* represents compliance during gas flow, meaning that the pressure measurement is also changing. *Elastance* refers to the elastic recoil of the lung tissue and is approximately inverse to static compliance. *Resistance* refers to the resistance to airflow in the airways. It is well established that the respiratory system is a non linear system and that *compliance*, *elastance* and *resistance* are impacted by the properties of the lung including tissue cellular composition and characteristics, secretions, surface tension, plasticity, viscoelasticity and airway size and proportions, as well as by properties of respiratory activity including breathing frequency and flow [29, 34, 35]. Therefore, the volume-pressure curve of a typical lung during breathing will exhibit a well known property known as *resp*, where the locus of inflation and deflation are different due to the effects of dynamic compliance (see fig. 2.3). The following paragraphs describe the tissue properties of the healthy lung which will be used as a point of comparison for neonatal lungs.

The cellular make-up of respiratory tissue changes at different levels, and therefore the mechanical properties change too. The upper airways - trachea and bronchi

- consist of psuedostratified columnar epithelium supported by cartilage. These walls are also supported by smooth muscle tissue which regulates airway diameter and therefore air distribution throughout the lungs [33]. As one descends the approximately 24 levels of branching of the airways, the thickness of the walls, fraction of cartilage and the amount of cellular pseudostratification decreases. Beneath level 20 in the lower bronchioles and alveoli, there is no cartilage and epithelial cells begin to take on a more squamous shape [36]. By the alveolar sacs, tissue consists of very thin squamous epithelial tissue which forms walls to separate alveoli. These walls are double layered and lined with capillaries. In this way, gas can easily be transported across the tissue into and out of the bloodstream. These delicate sacs remain open thanks to the combined effect of the PEEP and surfactant. Cuboidal surfactant-secreting cells provide the fluid which reduces alveolar surface tension, preventing the flaccid tissue from sticking to itself and allowing the easy passage of air [33].

Lung tissues, particularly the lower levels of the airway structure are known to be highly viscoelastic [37]. Additionally, at a microstructural level, the components that make up airways (intraparenchymal connective tissue, surface film, contractile elements) appear to have individual signatures of energy dissipation per expansion-contraction cycle. Despite these factors inducing non-linearity in the nature of energy dissipation across the lung, the fact that synchronous expansion of the alveolar duct exists suggests that the hysteresivities of airway components are relatively well matched [38]. Clearly, if pathology or underdevelopment were to affect the ratio or organization of tissue cells, the lungs would have very different mechanical properties and the patient may not be able to breathe on their own.

### 2.3.1.2 Defence Mechanisms

The *conducting portion* of the respiratory tract extends from the nasal cavity to the larger bronchioles and is responsible for maintenance and defence. The tissue of this portion is lined with *respiratory mucosa* which consists of a pseudo-stratified ciliated columnar epithelium, and a layer of areolar tissue (*lamina propria*) which contains stem cells for repair and structurally supports the epithelium. Respiratory mucosa is vital for defence of the respiratory system. Mucus released from goblet cells in the bathes the tissue and entraps inhaled debris and larger pathogens (above  $5\mu\text{m}$  in diameter). This mucus concoction is pushed by beating cilia towards the pharynx, where the mucus and its contents swallowed and dissolved by the acids and enzymes of the digestive tract [30]. Smaller particulates ( $1 - 5\mu\text{m}$ ) are destroyed by alveolar macrophages, with only particulates smaller than  $0.5\mu\text{m}$  remaining trapped in the alveoli [30, 39].

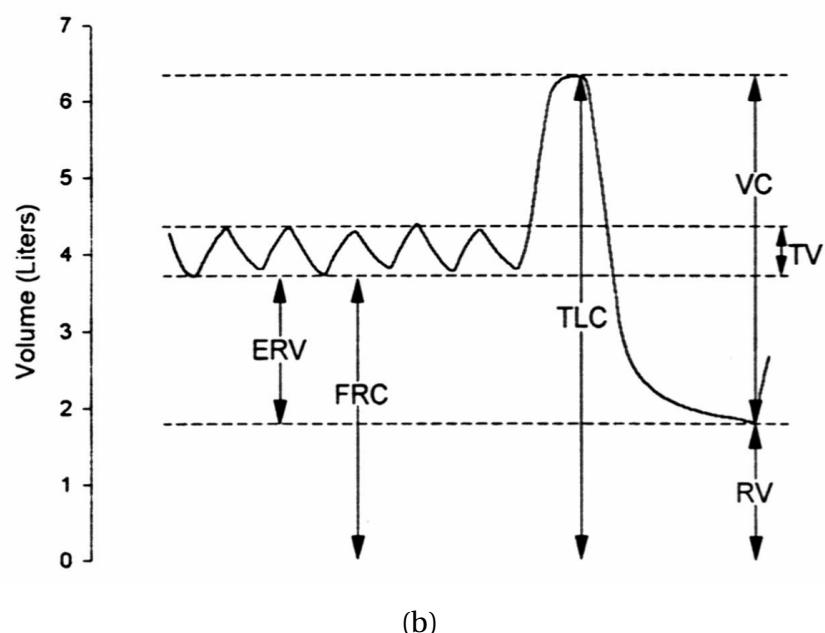
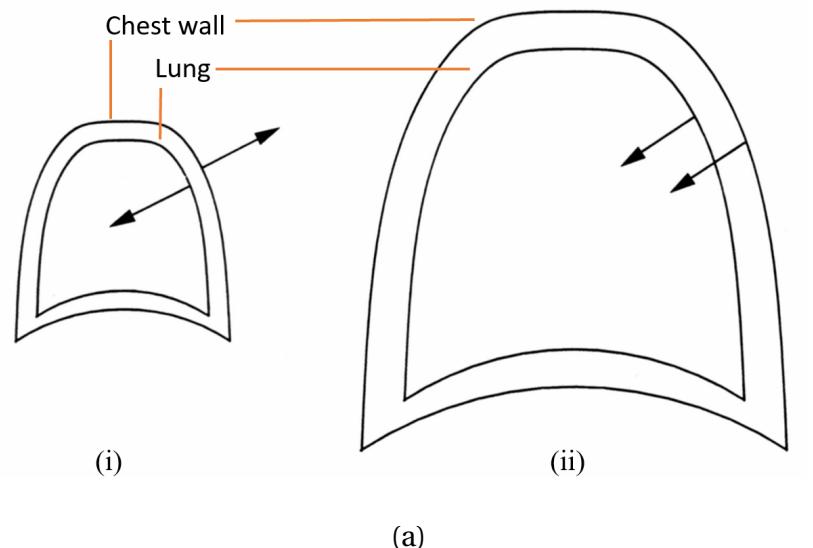


Figure 2.4: (a) At lower volumes (i), the lung favours emptying but the chest wall favours expansion. At higher volumes (ii), both the lung and the chest wall favour emptying. (b) Spirometry of lung volumes. [34]

## 2.3.2 Neonatal Respiratory Physiology

The neonatal lung is a variation of the lung described. Particularly, compliance, elastance and resistance are very different compared with a healthy adult lung. It is important to qualify that the term "neonatal lung" (NL) is arbitrary. There is no such single, uniform system that is the "neonatal lung": it is an umbrella term for a wide range of respiratory systems belonging to neonates. The reader is implored to keep in mind this definition of the NL as an umbrella term as they read this thesis.

The traits of the infant's lungs are mediated by three main factors. These are the degree of pulmonary development, the nature of foetal lung fluid clearance at birth, and, pathology. These are described briefly in the following subsections.

### 2.3.2.1 Stages of Development

In the pulmonary system, functional maturity does not correlate to structural maturity. Therefore in order to treat neonates effectively, it is important to understand to what extent their airways are developed. This can be estimated according to the infant's GA. There are three primary stages of fetal pulmonary development: (1) Pseudoglandular stage (5-17) weeks, Canalicular stage (17-26 weeks), and Saccular stage (24 weeks to birth).

Premature infants in the NICU may be anywhere from 24 weeks old (GA) and therefore may only just be completing the Canalicular phase [4]. At this age, the key developmental markers include: (i) Partial development of pulmonary parenchyma, (ii) Existence of primary, secondary and tertiary bronchi and up to three orders of bronchioles, and, (iii) Creation of airspaces in mesenchyme, which begin to be surrounded by cuboidal epithelium and capillaries. These thin walled saccules are situated at the end of the airways and are not alveolar ducts [4].

At birth the infant's pulmonary system is still not structurally mature. The key developmental markers at the end of the Saccular stage are: (i) Saccules have developed into smooth walled channels, which transition into alveolar ducts after birth (see fig. 2.5), (ii) Capillaries have increased in density. They are embedded in a cellular interstitial layer that has low elastin content. Elastin content increases as alveoli form, though only 10% of alveoli have formed by 38 weeks GA. (iii) The surfactant secretion system has matured.

Postnatally (or after 38 weeks GA) sacs of cuboidal epithelium and elastin continue to develop into capillarised alveoli. More than 90% of alveoli are formed after birth [5]. It is unknown exactly when in childhood the lung is fully formed [4], though recent estimates tend towards age 8 years old [5]. Furthermore, there are general proportional differences between an infant compared with a child or adult that affect airflow through the lungs. Due to the relatively large head to body ratio in a neonate, there is greater anatomical dead space. The epiglottis is also situated higher in the pharynx and is relatively large, which results in a lower airflow resistance in the nasal passage and explains why infants breath preferentially through their nose [40].

Given this description of the developmental changes at the tissue level, less developed lungs tend to have higher compliance, lower elastance and higher airway resistance. High compliance and low outward elastic recoil are caused by thinner airways with low elastin content, and less alveoli septa separating alveoli. For the infant this means that forceful inspiration can cause collapse of the upper airways. After exhalation the lower airways may be too weak to hold the FRC and collapse due to low transpulmonary pressure. This is partially compensated for by the tendency of the infant to take its next breath before elastic equilibrium volume (EEV) is reached [41]. The smaller airway diameters in neonates causes higher airflow resistance as resistance is inversely proportional to the fourth power of the airway radius. For the same reason, the narrowing of the endotrachea by secretions has a far higher resistive impact in the neonate than the adult. Efficiency of breathing is also reduced in infants due to the diaphragm and intercostal muscles containing less type 1 muscle fibres, which control slow endurance [40].

Ultimately, these impediments to breathing mean that the infant's work of breathing (WOB) is much higher than a healthy adult. Additionally, the levels of the CNS responsible for controlling breathing pattern begin to develop early in gestation are incomplete until weeks to months after term birth. Between fatigue or lack of neural communication, preterm infants often have irregular breathing patterns and may experience apneas (periods of non-breathing) which can be life threatening or cause neural tissue death. The ventilatory response to hypercapnia and hypoxia are also impaired due to incomplete formation of the systems required for peripheral and central chemoreceptor response [40].

### 2.3.2.2 Respiratory Transition at Birth

At birth, an infant is required to rapidly clear its air spaces of fetal lung fluid that has been occupying its lungs throughout its entire development and effectively self-

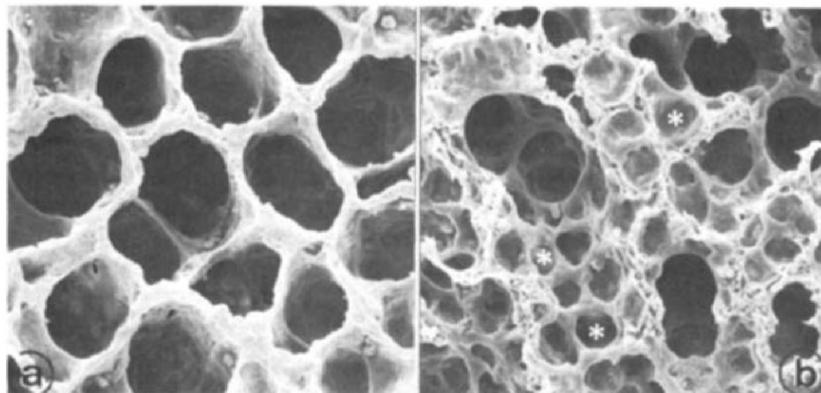


Figure 2.5: Postnatal alveolar formation in the rat lung, by SEM, magnification 230x. a) Age 4 days: large and smooth contoured airspaces. b) Age 8 days: crests and ridges have appeared delineating shallow alveoli (asterisks). [4]

resuscitate. This complex process is mediated by changes in the hormonal state of fetus and mother that occur during labour which induce rapid maturation of the infant's pulmonary system, as well as the mechanical forces applied to the infant during vaginal delivery. If this process is disrupted, such as due to emergency induced premature labour or birth by cesarian section, this transition may not be successfully completed. Deprivation of the necessary hormonal changes or premature birth will result in an underdeveloped pulmonary system. The absence of the mechanical forces contributed by vaginal delivery can result in retention of fluid in air spaces, leading to alveolar hypo-ventilation [8]. In either case, the infant will require resuscitation and will likely be admitted to the NICU for ongoing surfactant therapy and ventilation assistance via mask or intubation. The most comprehensive model of the transition of an infant's lungs between the womb and their first breath is a three stage process, described by Hooper et al [42]. These stages are:

1. *Stage one.* Liquid clearance from the airways. Gas exchange cannot occur.
2. *Stage two.* Temporary accumulation of liquid from the airways within the interstitial tissue compartment. Gas exchange is compromised because the increase in interstitial pressure means a high probability of liquid re-entry into the lungs if the fluid is not rapidly cleared via respiratory activity or application of positive pressure (CPAP)
3. *Stage three.* Liquid clearance from the tissue via the bloodstream, tissues and lymphatic system. Regular gas exchange can occur.

A neonatal lung may exist in any one of these stages. As a result, modelling and treatment designs and decisions must take these drastically different systems into account.

### 2.3.2.3 Common pathologies and their impact on the mechanics of the respiratory system

Naturally, pathologies impacting the respiratory system will change the physiology and mechanics of it. There are many pathologies that neonates may have, and often they may have many simultaneous conditions interacting. Some pathologies are chronic lung diseases whilst others, such as acidosis, impact the whole body and though quickly rectifiable, are deadly. Some can be caused by invasive ventilation procedures, including bronchopulmonary dysplasia and pneumothorax. Seven of the most common pathologies experienced by neonates, their pathogenesis (if known) and the impact on the respiratory system are listed in the table 2.1. There is some further detail on conditions that are caused by intubation and ventilation in the section titled *Case Study One: Interfacing ventilators with neonatal patients*.

Table 2.1: Common Respiratory Pathologies in Neonates [1]

Condition	Pathogenesis	Impact
Bronchopulmonary Dysplasia	Damaged alveolar sacs and airways, usually caused by prolonged ventilation. Can be chronic.	Usually results in less compliant lungs, requiring a greater WOB. Also greater risk of infections.
Transient Tachypnoea	Excessive lung fluid. Non chronic.	While the fluid is in the lungs the infant will require assistance getting proper oxygenation.
Respiratory Distress Syndrome	Deficiency of surfactant. Can cause chronic hyaline membrane disease. Can be chronic.	Dead cell membranes coat the alveoli, preventing gaseous exchange.
Pneumonia	A lower respiratory tract infection. Non chronic.	Fluid on the lungs and the resultant ruptured cell membranes can cause difficulty acquiring proper oxygenation, and difficult treatment due to the extra sensitivity and weakness of the tissue.
Meconium Aspiration Syndrome	Aspiration of milk, blood or faeces during or after birth. Non chronic.	Can cause pulmonary hypertension. Inhaled meconium can cause airway obstruction, infection leading to swelling, and chemical pneumonitis.
Persistent Pulmonary Hypertension	The failure of pulmonary vascular resistance to decrease after birth. A primary or secondary cause of respiratory distress. Non chronic.	Can cause acidosis due to the demand for extra oxygenation to help lower vascular resistance.
Pneumothorax	Air presence in the pleural space	Inability to regulate pressure gradients needed for inspiration and expiration.

## 2.4 Neonatal Lung Modelling

When it comes to the mechanically modelling the lung, there is a dichotomy between the accuracy of a complex, multi-compartment model (MCM) and using a simple single-compartment model (SCM). A MCM can include the multiple levels of the bronchial tree and their mechanical characteristics. With an MCM, the flow and pressure characteristics throughout the lung will be more realistic and therefore any interaction between the MCM and a device will be more similar to an interaction with a real infant and give a better indication of whether the device is functioning correctly. The problem with an MCM is that the more moving or interfacing parts in a machine, the greater the risk of dysfunction. Additionally, as the tube components that represent airways in the machine will not be made of tissue, and also because of the large variation between individual lungs, it is unlikely that an MCM would contribute significant additional accuracy to a mechanical model. For this reason, MCMs have remained in the domain of computational modelling and SCMs have been the design of choice for bench-top models.

Even though real lungs are by no means single compartment, a good mechanical SCM should replicate the properties of the neonatal lung as best as possible. Internal tube diameters should be diameters that reflect the neonates airways. For example, an extreme premature infant may have an endotracheal diameter as small as 2.5mm, while a term infant's may be up to 5mm [43]. These material of these tubes should be similar in terms of elastance, toughness and internal roughness to bronchial tissue. The volume of the internal compartment must be variable and should be able to deliver appropriate volumes. Perhaps most importantly, the model should have a changeable non linear compliance. Finally, it should be able to replicate the breathing patterns of an infant.

Many papers have been published which detail the design of neonatal specific lung models. These models tend to take two forms: (1) simple bellows or piston models, and (2) hybrid mechanical-software models. A survey of the literature on models determines that hybrid models tend to have more use as the user can program the breathing parameters, but it is the robustness of the mechanical design which really determines the model accuracy [44, 45, 46, 25, 47, 48, 35]. Some of the key considerations include:

- Materials used must have enough placticity such that the pressure volume curves exhibits hysteresis [47].

- The model must be leak free and capable of having PEEP and PIP induced without pressure baseline drift [48].
- The rate of inflation and deflation must be accurate for high and low frequencies and high and low volumes. This can become problematic, for example, when using stepper motors.
- Gas compressibility must be taken into account, and the thermodynamic gas reference model should be adiabatic [44].
- The dead space within the machine should reflect that of an infant lung [26].

There are some available neonatal lung simulators on the market which can be divided into three categories: puppet-like, passive, and active simulators. Puppet-like simulators are realistic appearing models of an infant which can be ventilated via mask, mouth-to-mouth, intubation etc. They are able to imitate active breathing and changes in breathing rate and depth, but not airway resistance, lung compliance or complex breathing patterns and therefore can not be used to evaluate ventilator interaction with pathological states [48, 47]. Examples include the Sim-NewB®(Laerdal Medical, Wappingers Falls, NY, USA) and Newborn HAL®S3010 (Guamard, Miami, FL, USA). Passive simulators tend to be small machines with a singular or double compartment which allows the user to alter airway resistance and compliance but not simulate spontaneous breathing patters. Examples include the Adult & Infant Test Lung (Michigan Instruments, Grand Rapids, MI, USA) or SmartLung™Infant Test Lung (IMT Medical, Buchs, Switzerland). Finally, active lung simulators are capable of simulating spontaneous breath and interacting with ventilators, in addition to all the features of passive simulators. The most commonly used model on the market is the ASL 5000 Adult/Neonatal Breathing Simulator (Ingmar Medical, Pittsburgh, PA, USA) [47].

## 2.5 Therapeutic systems

Testing therapeutic systems with an infant model is essential for evaluating performance. This evaluation translates directly into hypotheses on the effects of the therapeutic device with a real infant. The purpose of this section is to briefly introduce some therapeutic systems that we at the Westmead NICU believe require testing. First, mechanical ventilators as a whole are explained to the reader. Mechanical ventilators have vastly improved patient outcomes but even the best new modes appear to still have issues and the patient risks (or lack thereof) have not fully been realised. Itagaki et al. and Krieger et al. have shown that there is significant variability between the performance ventilator models, even when used with

the identical settings. It is likely that these issues are caused by algorithm differences between devices [18, 17].

We in particular want to test the Volume Guarantee mode which is meant to deliver volume based on feedback of the patients own effort to reduce injury. However, it has been clinically witnessed at Westmead Hospital NICU that it may deliver too high pressures with the smallest infants. Second, rPAP pieces are mentioned, including how testing on a mechanical infant will help clinicians and technicians understand whether it is a worthwhile technology.

### 2.5.1 Mechanical Ventilators

This section begins with an overview of modern mechanical ventilation systems, common ventilation modes and the risks associated with ventilation systems. The aim with automated ventilation is to provide the minimum assistance necessary to keep the patient healthy. Over-ventilation can cause permanent injuries including volutrauma and lung over-distension [49] and prevent the patient from developing their respiratory muscles in order to function independently. The majority of premature infants particularly those very and extremely preterm, require breathing assistance due to the incomplete formation of their airways and lungs.

Automated long term mechanical ventilation systems used in conjunction with surfactant therapy has been the preferred method of treatment since the 1960's when it was employed to treat infants with hyaline membrane disease [23]. These ventilators supercede a long history of resuscitation procedures and devices, with mouth to mouth and alcohol being used since the middle ages, to the first bellows type ventilator with pressure limiting valves being built by Hunter in 1755. In 1907, Draeger and Blume released the Pulmonator, a mobile short-term respirator that applied alternating positive-negative pressure [50]. All of these progressions to or from ventilation were made according to prominent scientific understanding at the time.

Modern mechanical ventilators provide oxygenation to the patient via silicon face mask, nasal prongs or insertion of an endotracheal tube (ETT). The ventilator machine itself contains a pump which delivers air from a tank of compressed oxygen or mixed gas, depending on the patient needs. The air is humidified via a humidifier and warmed to body temperature before delivery. Clinicians select appropriate modes of delivery via a touch screen computer interface. In addition to the mode, the user may select important parameters including breath frequency, delivered volume, PEEP and PIP. The interface also displays patient breath data and

waveforms.

Due to advancements in technology and understanding of neonatal physiology, mechanical ventilators save more lives than ever before [51]. Treatment modes include biphasic positive airway pressure (BiPAP), continuous positive airway pressure (CPAP), high flow nasal cannula therapy (HfNC), nasal high-frequency oscillation CPAP (hfCPAP), nasal intermittent positive pressure ventilation (NIPPV), synchronized intermittent positive airway pressure using fluidic flip flow driver (SIPAP), intermittent mandatory ventilation (IMV), synchronized intermittent mandatory ventilation (SIMV), synchronized intermittent positive pressure ventilation (SIPPV, also known as Patient Triggered Ventilation, PTV, or Assist Control (A/C)), high-frequency oscillation ventilation (HFOV), Volume Guarantee (VG) and pressure support ventilation (PSV) [12].

The most common mode of ventilation is IMV, especially in centres outside of the first world. During IMV, mechanical breaths of fixed duration and volume or pressure are delivered at predetermined time intervals. This leads to asynchrony because the frequency of spontaneous breaths by the infant is random. *Inspiratory asynchrony* occurs when a mechanical breath is delivered at the end of and extends beyond spontaneous inspiration. It can produce an inspiratory hold that limits the spontaneous respiratory rate or results in excessive lung inflation. Expiratory asynchrony occurs when a mechanical breath is delivered during exhalation. It can delay lung deflation and elicit active expiratory efforts against positive pressure producing large fluctuations in intrathoracic pressure. Asynchrony can affect gas exchange, and has been linked to increased risk of air leaks and intraventricular haemorrhage (IVH) [23].

The synchronized modes (SIPPV, SIMV, VG, PSV) use complex software control algorithms that allow ventilators to respond in real time to feedback from the infant has meant that patients pulmonary systems can grow without ventilator induced injuries, in particular, overdistension injuries. There substantial evidence of the benefit of synchronised ventilation over conventional ventilation. Patients can be removed from ventilation (extubated or mask removal) sooner which is associated with lower rates of sustained ventilator induced injury or disease [23, 49, 52]. Ventilators are required to deliver these treatment options to a wide patient weight range (approx. 500gms to 6Kgs for newborns, up to 35Kg infant in some combined paediatric models) and often in a difficult thermal environment (closed incubators, open care platforms with high humidity patient circuits) [12].

Today, as with throughout history, our technological abilities are ahead of our understanding of the intricate physiology of the infant's lungs. This is one of the primary reasons why the discovery of negative side effects of new delivery modes of ventilation are often not discovered until clinicians notice adverse trends in the health of their patients. The other primary reason is the dysfunction of these modes. Thankfully this is far easier to control for and avoid through rigorous regulatory testing before the modes are introduced into practice. Unfortunately these controls currently are not rigorous enough and lives are still at risk to avoidable injuries [12, 27, 15, 52], which will be explained in detail under *Shortfallings of Current Regulatory Standards*. It has been observed that with the recent update of the Fabian ventilator (Acutronic, Hirzel Switzerland), VG fails with a sudden drop in PIP on the smallest infants. Problems have also been observed in the VN500's (Drager, Lubeck Germany). This has meant that often VG can't be used which is not ideal. For this reason, VG mode is one of the first technologies that we intend to test after completion of this thesis, using the improved design for testing neonatal equipment. VG will be explored in further detail in the following section.

### 2.5.2 Respiratory mode of interest: Volume Guarantee

Volume Guarantee mode falls under the umbrella of Volume Targeted Ventilation (VTV). These modes aim to maintain tidal volume and thereby reduce injury causing issues that are common with Pressure Limited Ventilation (PLV). PLV works by delivering a fixed PIP and has traditionally been used to control the arterial carbon dioxide (PaCO<sub>2</sub>). During this mode, the tidal volume ( $V_{Td}$ ) fluctuates due to the babies own attempts at breathing, changes in lung mechanics (eg, the addition of surfactant) and variable ETT leak. PLV has led to high inflation pressures or losses in alveolar volume due to insufficient ventilation. A systematic review of randomized controlled trials of VTV versus PLV found that VTV significantly reduces the rates of death, bronchopulmonary dysplasia (BPD), pneumothorax, hypocarbia and brain injuries [53]. A contributing factor to this is that VTV seems to be associated with faster weaning than other modes of ventilation [23].

The premise of VG is that the machine will monitor a patients own breathing efforts and deliver the required amount of air required such that the expired  $V_{Td}$  equals a set volume. Specifically, the peak inflation pressure (PIP) is adjusted according to whether the  $V_{Td}$  of the previous inflation met the set  $V_{Td}$ . Used in conjunction with SIPPV mode, VG supports spontaneous breaths [53]. It aims to ensure that the patient is ventilated to the set volume whether the patient does or does not make any effort to breathe, according to a set back-up rate frequency (BUR) which delivers inflations when the infant's breathing rate falls beneath it and auto-adjusts when

they make a breathing attempt [49]. The advantage of using expired  $V_{T_d}$  is that it is less affected by ETT leak than inspired  $V_{T_d}$ . This is important because it avoids erroneous changes to the delivered  $V_{T_d}$ . VG can be used with a leak of up to 50%. Beyond this, the ventilator will increasingly underestimate the delivered  $V_{T_d}$ , causing an increased PIP and potentially hypocarbia.

So far, there is little published evidence of any major concerns associated with the use of VG. This could be associated with how relatively new VG is and how it is still not used in many NICUs due to lack of understanding of it [12]. There is some published clinical evidence of some inappropriate PIP's being delivered with VG. McCallion et al (2005) found that after 3% of inflations, interruption of expiration (most likely due to diaphragmatic braking) caused an increased pressure for the next inflation of  $\approx 4.9$  cm  $H_2O$  compared with normal VG inflation [52]. In their 2007 study, McCallion et al found that in the Draeger Babylog 8000 ventilator the PIP was 4cm  $H_2O$  lower during triggered inflations (those caused by the baby making a breathing effort) than untriggered inflations (those made according to the BUR) [49].

It is not yet known how common these errors are and why they particularly are seen in the smallest infants. To obtain data of VG interaction with a valid infant lung simulator would be very useful for clinical decisions and to induce technological changes and changes to the Standards.

### 2.5.3 rPAP System

The rPAP technology is posed as a replacement for the T-piece (TPR) which is the piece used to permit exhalation and help regulate flow when delivering CPAP and other ventilation therapies. During spontaneous breathing, the rPAP has a lower resistance to breathing, is pressure stable and reduces the imposed work of breathing compared with the TPR. During positive pressure ventilation, the rPAP has higher expiratory flows and shorter time constants. This probably reduces the risk of inadvertent PEEP, but it may also increase the risk of unequal ventilation in inhomogenous lungs [26]. In order to guarantee the rPAPs value over the TPR for sure and bring it to the point of clinical usage, it would benefit from obtaining data from being tested on a valid infant lung model .

## 2.6 Shortfallings of Current Regulatory Standards

In Australia, the Therapeutic Goods Administration (TGA) is the government body responsible for setting the regulatory guidelines of devices used in the medical in-

dustry. New medical devices must go through procedures to meet these guidelines and approved before being permitted for use with patients. This can often take many years. The six general principles that must be met are [13]:

- Use of medical devices do not compromise health and safety.
- Design and construction of medical devices must conform with safety principles.
- Medical devices must be suitable for intended purpose.
- Long-term safety. That is, the device is safe to use within the period indicated by the manufacturer so long as it is maintained and not subjected to stressors beyond manufacturers recommendations.
- Medical devices are designed and packed in such a way that they are not adversely affected by transport or storage.
- The benefits of medical devices outweigh any undesirable effects.

The TGA, as well as the United States' equivalent body, the Federal Drug Authority (FDA) and the International Electrotechnical Commission (IEC) are informed by the International Organization for Standardization of the minimum requirements devices must meet. These requirements are decided by a panel of "technical experts" in a given field who design the standards for a device, or device category, based off clinical testing different brands devices. Automated neonatal ventilators fall under *ISO 80601-2-12:2011 Particular Requirements for basic safety and essential performance of critical care ventilators* [54]. Manufacturers and sponsors present medical devices to the TGA by application for market approval. The use of the standard is not mandatory, especially in cases where there is no relevant standard. In these cases, the TGA takes into consideration clinical evidence and a medical device risk category: Class I low risk, II, IIa, III and high risk active implantable medical devices (AIMD). It is also possible in cases where there is no clinical evidence available examining device efficacy, the device can be registered as low risk and therefore used on patients via expert opinion alone [12].

The TGAs lack of thoroughness, transparency and their apparent inadequacy to respond in a timely fashion to findings of major risks of devices are critiques made by Tracy and Hinder at Westmead NICU, as well as other clinicians in a recent presentation to the TGA. Furthermore, the pace of technological innovation in the field of neonatal ventilation, especially with regard to new complex algorithms and modes,

means that there possibly are unknown safety concerns that the TGA cannot account for under the current structure [12]. It is for this reason that one of the purposes of this thesis is to provide a foundation for gathering data to present to the TGA so that the process of any necessary legislation changes can begin.

A number of recent papers have identified consistent errors induced by automated ventilators that can cause severe damage to patients. Hence, the *ISO 80601-2-12:2011* is presently under review. Nonetheless, until the reviews completion, new devices on the market must only meet the present conditions. Some of the major published findings and observations that have lead to this review are:

- The scope of standards for critical care ventilators does not cover a number of delivery modes used with devices in neonatal intensive care units [12]. *ISO 80601-2-12:2011* Section 201.1.1 states [54], "This International Standard does not specify requirements for medical electrical equipment that is intended solely to augment the ventilation of spontaneously breathing patients within a professional healthcare facility", and, "This International Standard is not applicable to continuous positive airway pressure (CPAP), ventilatory support, transport ventilators, and high frequency oscillatory ventilators".
- Ventilators in CPAP mode regularly experience partial to complete expiratory limb occlusion due to water accumulation, causing dangerous pressurization and inappropriate alarms. They fail to display correct delivered airway pressure during simulated partial and total occlusion [15]. Therefore, most neonatal ventilators that have been permitted by the TGA for patient care fail to meet requirements for 'Obstruction Alarm Condition' (201.12.4.107) and 'Partial Occlusion Alarm Condition' (201.12.4.108) [12] in the *ISO 10651.4-2004*. This standard has since been withdrawn and it is expected that the appropriate revisions will be made in the revisions of *ISO 80601-2-12:2011*.
- The ISO standard presently does not advise testing criteria for patients that weigh up to 10kg with regard to minimum PEEP valve settings in TPR devices [55].

Given the shortcomings of the present Standards in the area of neonatal resuscitation, it is clear that independent studies in NICUs such as the one being undertaken in this thesis are essential to ensure the appropriate and safe therapy of some of our most fragile patients.

# **3 | Core Study One: Verification and Validation of a Neonatal Active Lung Model**

## **3.1 Background**

### **3.1.1 Motivation**

Presently, the ASL 5000 Adult/Neonatal Breathing Simulator is considered by many to be the best bench-top model that is available for purchase. However, its validity is questionable. Some of the major concerns include:

- The scale of components does not permit high precision measurements of ventilator performance. The piston volume and some tube diameters are adult sized, which impacts the airflow dynamics. There is a far higher amount of dead space in the model than a real infant's lungs, which will cause some distortions when there are high pressure swings from gas compression [26].
- Volumetric flow is not calculated by an external pneumotachograph, but rather from piston movements and compressible volume. Therefore measurements of volumetric flow and pressure can not be considered accurate. Under conditions such as an internal leak, flow was turbulent, or gas had undergone significant expansion/contraction, then the calculated value would be significantly inaccurate [26].
- Though its motor is strong, its mass and internal friction cause it to respond too slowly at a high respiratory rate [26].
- The software is difficult to use [26].
- It can not replicate any lung compartment inhomogeneity [48].

In 2018 a new neonatal active lung model became available for purchase known as the GINA (Dr. Schaller Medizintechnik™, Dresden, Germany). Clinicians at West-

mead Hospital, Australia and researchers at the Karolinska Institutet, Sweden, took interest in it. This is because it was designed by an expert in the field of neonatal respiration, Dr. Peter Schaller. It was the first model designed specifically and singularly to model the neonates airways. As it was so new and quite unknown, no papers or data had been published assessing its validity. In the interest of finding better ways of testing neonatal respiratory equipment, a GINA was purchased by the team at Westmead Hospital NICU with the first task of testing its validity.

### 3.1.2 GINA's design



Figure 3.1: The NALM box

The GINA is a hybrid mechanical-software model and an active simulator. It consists of two parts: the mechanical model which will be referred to here-out as the NALM (neonatal active lung model) box, and the GINA software. The NALM (fig. 3.1) is a single compartment model which uses a microchip to drive a linear voice coil motor (VCM) which modulates air movement in and out of a cylinder. Inspiration is active and expiration is passive, which is in line with the majority of the literature. The following parameters are adjustable and cause physical changes in the machine:

**Tube resistance** is realised by endotracheal tubes (2mm, 2.5mm, 3mm and 5mm) which are manually switched by a dial on the NALM. The smaller 3 tubes are made of Vygon (a PVC composite regularly used as an ETT), the 5mm is made from silicon. These materials are known to have similar mechanical characteristics to endotracheal tissue.

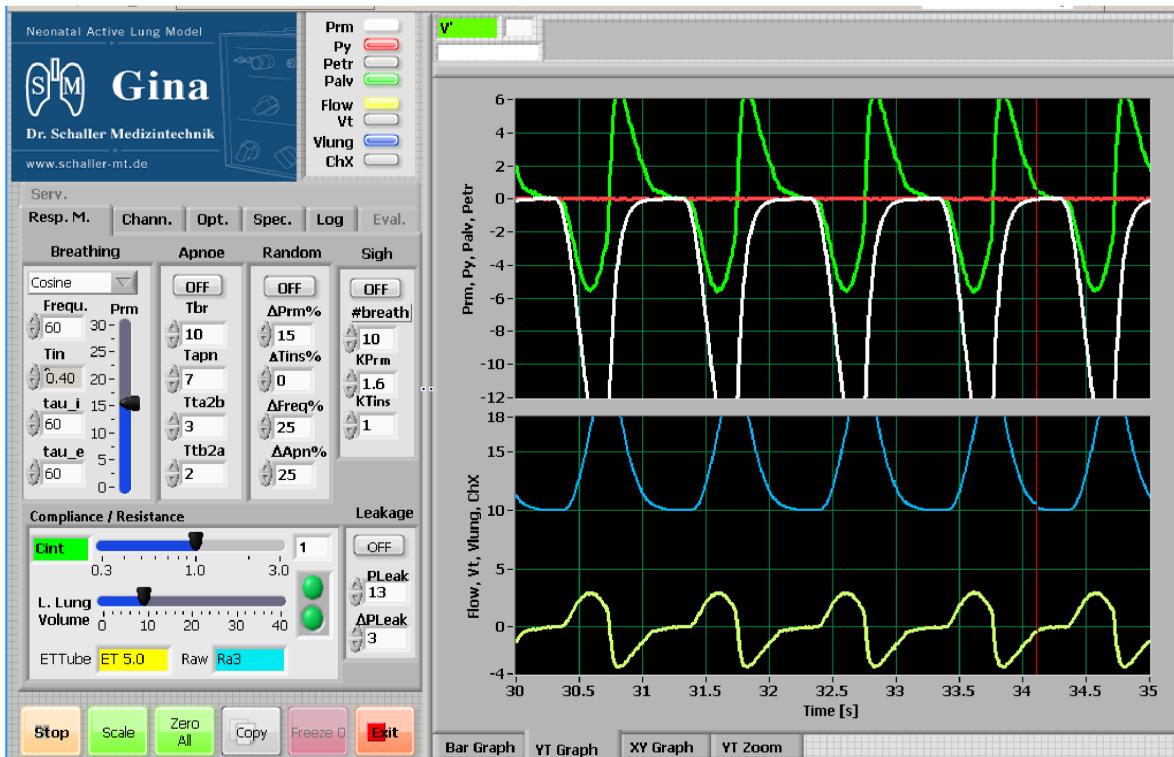


Figure 3.2: GINAs interface (full screen is trimmed)

**Airway resistance** ( $\text{cmH}_2\text{O}$ ) is realised through seven thin walled stainless steel tubes of differing internal diameter which are connected in parallel, which leads to dominating linear behaviour (ie. resistance is most affected by tube diameter and not by frictional resistance.) These are manually changed via a dial on the NALM.

**Compliance** can be realised internally or externally. The internal compliance ( $C_{int}$ ) represents dynamic compliance. The value is set on the GINA in the range of 0.3 to 3 ml/hPa, and the user may select whether it is modelled linearly or sigmoidally. This setting causes a proportional counterforce to be applied to the piston cylinder via a voltage difference. External compliance is realised by attaching one of two sizes of isothermal lung model (wide neck flasks filled with steel wool). External compliance represents non dynamic compliance.

**Pressure of the respiratory muscles** ( $Prm$ ) is set by the user on GINA to simulate the spontaneous breathing effort of the patient. This parameter adjusts the start and end points of the piston and controls volume output.

**Leak** is realised through a luer-lock valve which can be triggered to open and close at certain pressures, set by the user on GINA.

**Breath frequency and inspiratory and expiratory time constants** are set in GINA and alter the rate of piston movement [56].

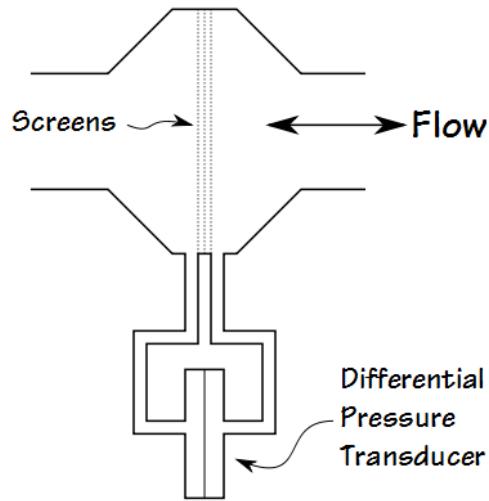


Figure 3.3: A pneumotachograph determines flow rate by calculating the pressure differential across a screen of known resistance [57]

The GINA software is a LabView based program (fig. 3.2). In addition to controlling the parameters mentioned above, the GINA interface displays real-time signals of parameters including:

**Pressure** at the (i) y piece outlet ( $P_y$ ), (ii) endotrachea ( $P_{etr}$ ) , and (iii) alveoli ( $P_a$ ). These pressures are each measured by the differential pressure transducer part of a pneumotachograph.

**Volumetric flow rate** ( $f$ ) which is measured by the pneumotachograph (fig. 3.3) at the breath outlet.

**Tidal volume** ( $V_t$ ) which is calculated according to the integral of flow.

**Lung volume** ( $V_p$ ) which is calculated as the volume of air moved by the piston plus cylinder dead space.

**Pressure of the respiratory muscles** ( $Prm$ ) which is calculated as the force required to move the piston.

**Channel X** which is a function which can plot many parameters including work of breathing or the inspiration step function.

The user also has control over breathing frequency ( $freq$ ), inspiratory time ( $t_{in}$ ), inspiratory time constant ( $\tau_{in}$ ) and expiratory time constant ( $\tau_{exp}$ ). GINA has built in functions to simulate apnea, sigh, or random breathing. GINA has the option to record and output data at a sample rate of the users choice. The continuous data for each of the signal parameters listed above is output as a TDMS file.

## 3.2 Aims

The aims of this series of experiments are as follows:

1. The primary aim of this study is to determine whether the GINA/NALM is a valid active mechanical model of a neonatal lung. Specifically, there will be two criterion for assessing model validity. These are (1) Accuracy of measurement, and (2) Realistic imitation of neonatal respiratory behaviour.
2. The secondary aim is to evaluate the model for its usability as a bench-top model for testing ventilation equipment. This aim is not experimentally assessed but is discussed in the discussion section.

## 3.3 Methodology for aim 1: Assessing GINA measurement accuracy

### 3.3.1 Experimental Design and Outcomes

The physical, non-calculated measurements of GINA are take via pneumotachograph. These are volumetric flow  $f_v$  and pressure  $P$ . Therefore, these were the parameters that were chosen for accuracy testing. For the pressure recording, outlet pressure  $P_y$  was chosen because: (i) it can be tested without taking apart the NALM, (ii) the pneumotachographs in NALM are all the same kind [56], and, (iii) it is used far more frequently in equipment testing than endotracheal pressure and alveolar pressure.

The FlowAnalyzer™(imtmedical, Buchs (SG). Switzerland) device was chosen as the benchmark measurement device, as it is capable of measuring low flow with high accuracy [58]. The experimental synopsis was to hermetically connect the FlowAnalyzer and GINA and have each device simultaneously data record while GINA output simultaneous breaths. The data sets were then compared using a purpose built software, the *GINA Validator* which determined the accuracy of the GINA data. The experimental apparatus and software design are described in the following sections.

### 3.3.1.1 Experimental apparatus

Before conducting the experiment, all measures were taken to minimise systemic error. The following protocol was adhered to every time.

1. Ensure that the NALM-to-computer and FlowAnalyser-to-computer USB connections are set up.
2. Calibrate each device according to the procedures described in their manuals.
  - (a) NALM calibration required a specific set up in which a small pressure (30-50hPa) was manually delivered to its pressure outlet. We (myself and Murray Hinder) conducted this using a small glass syringe. We determined the pressure delivered with the FlowAnalyzer. The apparatus is shown in fig. 3.4a.
3. Set up apparatus according to fig. 3.4b. Ensure seals are as airtight as possible, the system is closed using a test lung, and that the silicon tubes between the NALM breath outlet cut to the minimum possible length and is not kinked.
4. Switch on both devices. Set GINA to breathe for 10 minutes to ensure devices are warm.
5. Check that the sample rate on each machine is set to 200Hz.

### 3.3.1.2 Assessing the accuracy of GINA

Following this process, the experimental breathing parameters were set on GINA. The independent variables (tested separately) were  $Prm$  (20, 35 N) and  $freq$  (60, 80 breaths per minute). Values were selected to represent the spectrum of breathing. Constant values were  $C_{int} = 1.5$ ,  $Prm = 20$ ,  $freq = 60$ ,  $\tau_{in} = 60$ ,  $\tau_{exp} = 60$  and  $t_{in} = (0.4, 0.3s)$  for the respective frequencies. The endotracheal tube was set at 2.5mm diameter and airway resistance was set to 3 cm H<sub>2</sub>O. For each setting profile, 2 tests were run. Therefore there was a total of 10 tests. Before the start of each test, we checked that the test lung did not fully inflate at the test settings. This was done to avoid pressure build up in the system that could cause erroneous results. Then, one minute of simultaneous continuous data logging on each machine was commenced.

The GINA output file was converted from TDMS format to excel format using a simple excel plugin. Then, the output data was assessed using the *Gina Validator* software which uses Bland-Altman (BA) analysis to compare signal profiles and

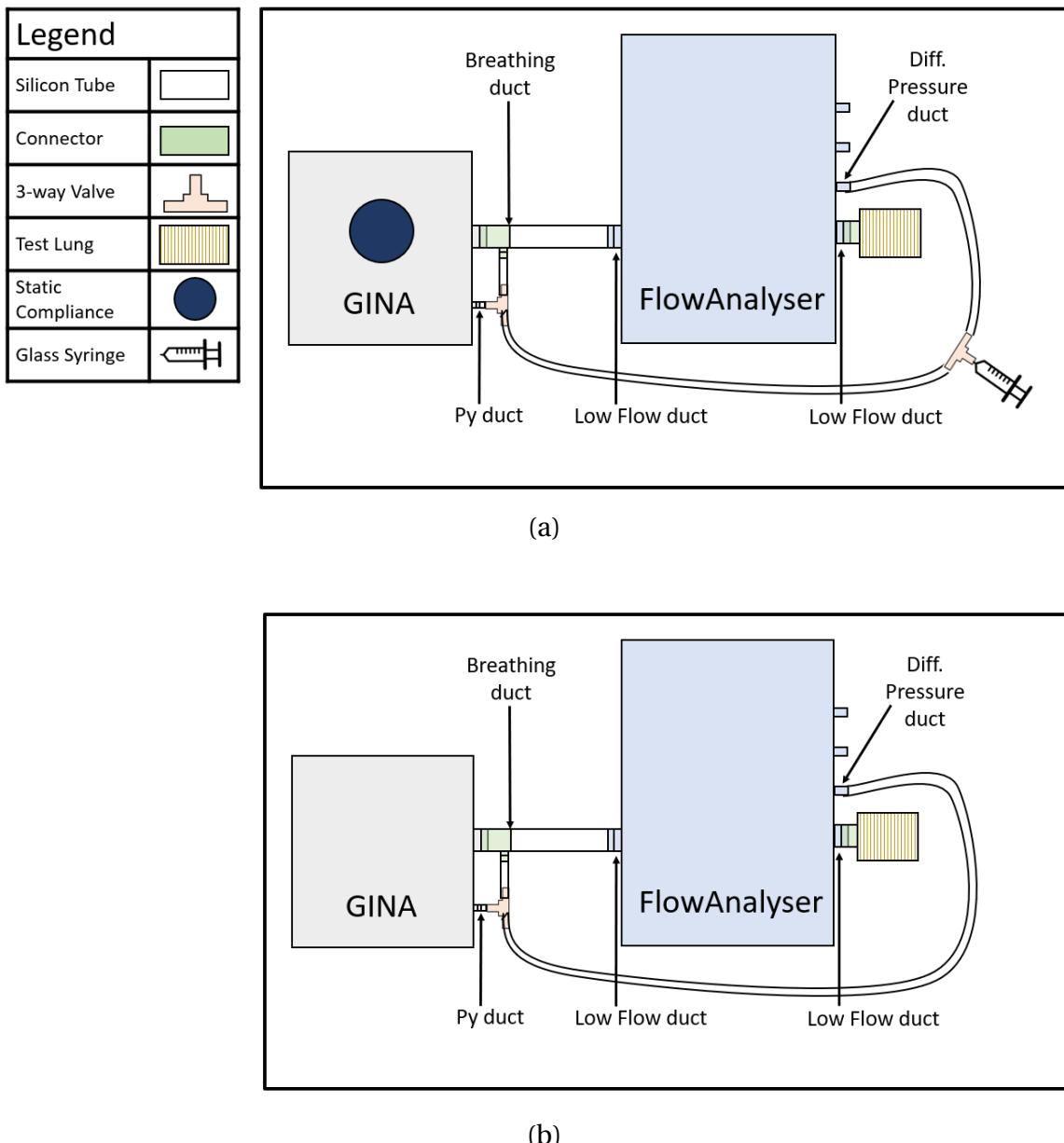


Figure 3.4: Aparatus for GINA validation. (a) Calibration set-up, (b) Aparatus for testing

determine whether the signals are significantly different. Each machine has an error allowance of 0.05 for each parameter. The combined acceptable error was 0.1 (mbar, l/min). A non-significant difference was determined as when the linear regression of the differences did not intercept the 95% confidence intervals, and the mean of differences value was within 0.1(mbar for pressure, l/min for flow) of zero. In addition to this measure of validity, I decided to run a further BA analysis in SPSS comparing the peaks and troughs of the flow and pressure signals between the GINA and FlowAnalyser to determine whether the mean of differences was within the the acceptable error of 0.1 (mbar, l/min). This test was performed on one case only ( $freq = 80$ ,  $Prm = 20$ ).

### 3.3.2 Design of GINA Validator software

The *GINA Validator* software was written in Matlab code. This language was selected for its speed with data processing and its usability, as the software may need to be amended to in the future by others and many clinicians and engineers are well versed in Matlab. An object-oriented code style was selected as it used less RAM than spaghetti code, is less corruptible, is easily read and can have functions added in a straightforward way.

The software design attempted to meet the Software Sustainability Institute's software evaluation criterion [59]. This criterion includes *usability*, which encompasses understandability, comprehensive and appropriate documentation, installability and learnability. It also includes *sustainability and maintainability* which includes testability, evolvability and changeability. Some *sustainability and maintainability* criterion such as governance and licencing are presently beyond the scope of this stage of development.

*GINA Validator* has a simple graphical user interface (GUI) which the user interacts with (see fig. 3.5). This was designed using Matlab's GUIDE feature. The software design is divided into the following three sections: User interface, Error handling, and Code flow and function design.

#### 3.3.2.1 User interface

The user interface was designed to be easy to use. Refer to figure 3.5 for the following. The user is able to browse for and select the input files from GINA and FlowAnalyzer and write in the output file name. Selecting 'Go' runs the data analysis. Depending on the validity test (the BA analysis previously described), the message "Validation passed" or "Validation failed" will fill the box on the app. Selecting 'Re-

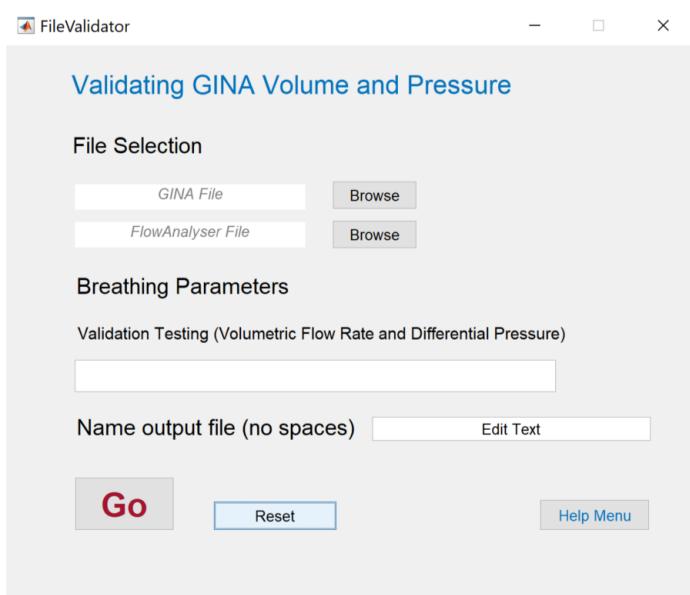


Figure 3.5: Gina Validator user interface

set' will restore the app's original settings. Selecting 'Help Menu' will cause the pdf instruction manual to be opened. See appendix A.2 for the instruction manual.

### 3.3.2.2 Error Handling

A necessary component of any software is that it can catch errors so that the program doesn't crash or get caught in an infinite loop, wasting RAM. Once an error is caught it should be handled. This means the user should be informed of what the issue is and prompted to submit any needed information. The program will then either continue with the provided information or stop and reset. In any case, the program should tell the user exactly what is happening. Errors that are caught in this way should only be those that occur as a result of aberrant input, not bugs. Figure 3.6 shows the flow process of how errors are caught including the problem, the prompts/error messages, response handling, and final action of the software

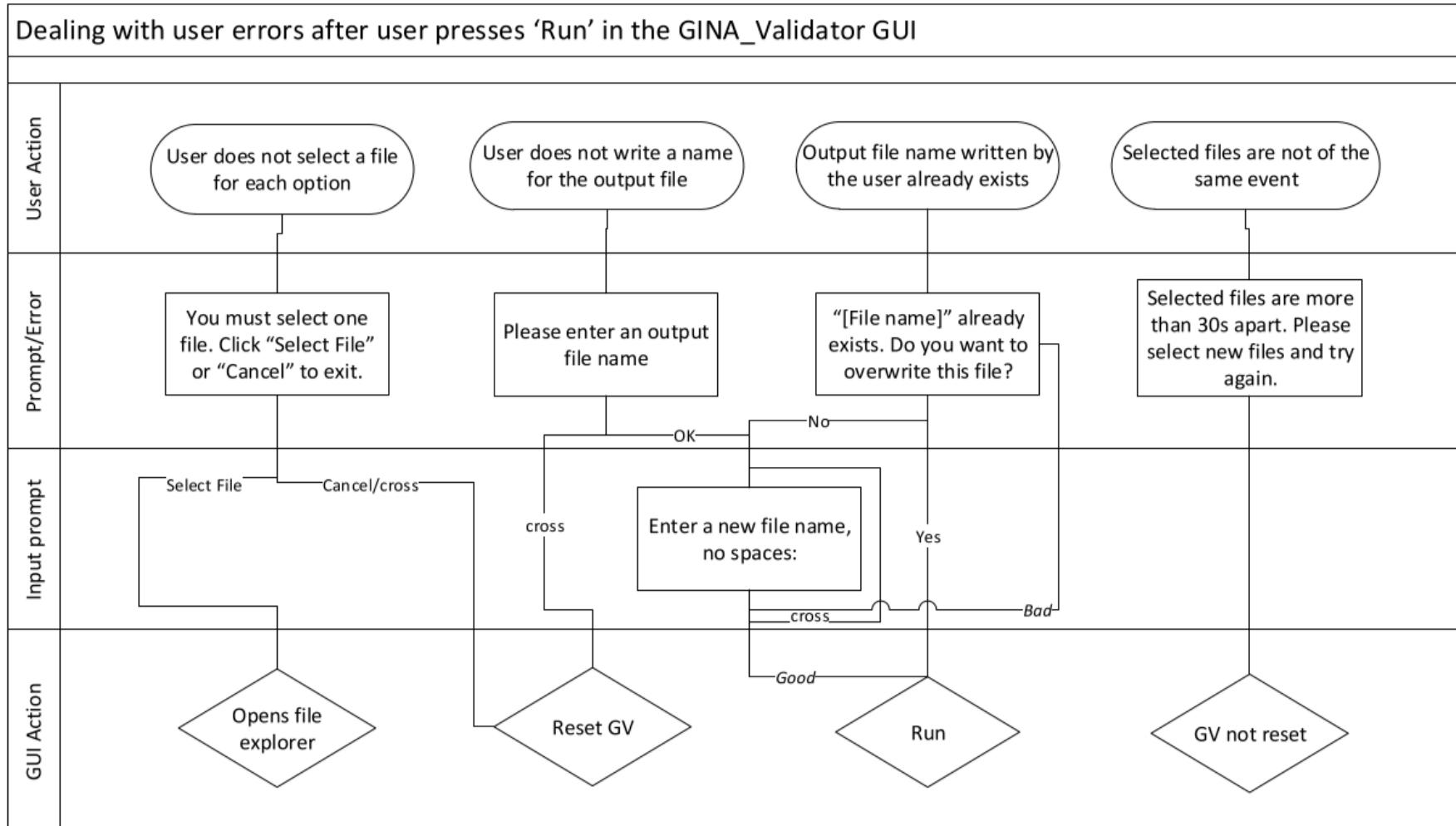


Figure 3.6: Handling errors in GINA Validator software

### 3.3.2.3 Code flow and function design

There are three primary matlab files: *FileValidator*, *main* and *Tester*. The full code for the first files is contained in appendix A.1. This is the code flow: *FileValidator* collects user input, *main* tests that the files are of the same event and then transforms data into tables for analysis, and *Tester* is fed this data and analyses it to determine validity.

- *FileValidator.m* creates the GUI application. The functions code the layout and the capabilities of each item (button, text box etc) on the interface. For example, the browse buttons opens the file browser into the directory named *TestsData*, a subdirectory of the software directory and allows the user to select files of the relevant file type (.xlsx for GINA, .log for FlowAnalyzer). Data is collected, tested for errors (see section *Error Handling*) and sent to the *main.m* file as global variables.
- *main.m* imports the files, tests that the signals are of the same event and then transforms the data into tables for analysis.
- *Tester.m* runs data analysis to determine signal validity and saves appropriate data and plots into a directory named provided by the user to the GUI. This directory is saved under the *TestOutput* directory.

This is the code flow and function design of *Tester*. Refer to the full code in appendix A.1

#### **function: obj = Tester**

*Code line reference* 53-167

*Input* datasets from GINA and FlowAnalyser, output folder name, signal time stamps.

*Description* This is the object initialization function. The GINA output xlsx file is read in as a table. The output file folder is made in the Test\_Results subdirectory of the software directory. Input parameters are set as object properties. All other functions are called.

#### **function: filetrimmer**

*Code line reference* 415-494

*Input* object properties

*Description* This function trims the data to start from the same moment. This is done twice. First, by comparing time stamps. Secondly, by trimming both datasets to the first moment of monotonically increasing flow where the flow wave transitions from negative or zero to positive (see fig. 3.7b).

### **function delayCalc**

*Code line reference* 493-539

*Input* object properties

*Description* This function calculates the linear regression of the peak-to-peak delay between time signals to calculate the scaling factor (see fig. 3.7a).

*Points of interest* It was interesting to discover that there was a delay between signals that could not be attributed to phase shift. The delay was such that the signals appeared to be scaled differently in the time domain (see fig. 3.8). Therefore, this could not be due to the apparatus set up. Instead, it had to be because of a sample-rate error, meaning that in one or both machines there was a delay between signal trigger and signal recording.

### **function: labDataScaler**

*Code line reference* 407-413

*Input* object properties

*Description* This function multiplies the time domain of the FlowAnalyser data by the scaling factor to rectify the difference.

*Points of interest*

### **function: flowPlotter**

*Code line reference* 179-343

*Input* object properties

*Description* This function uses interpolates the flow signals for both devices and plots the signals against each other. BA analysis is run.

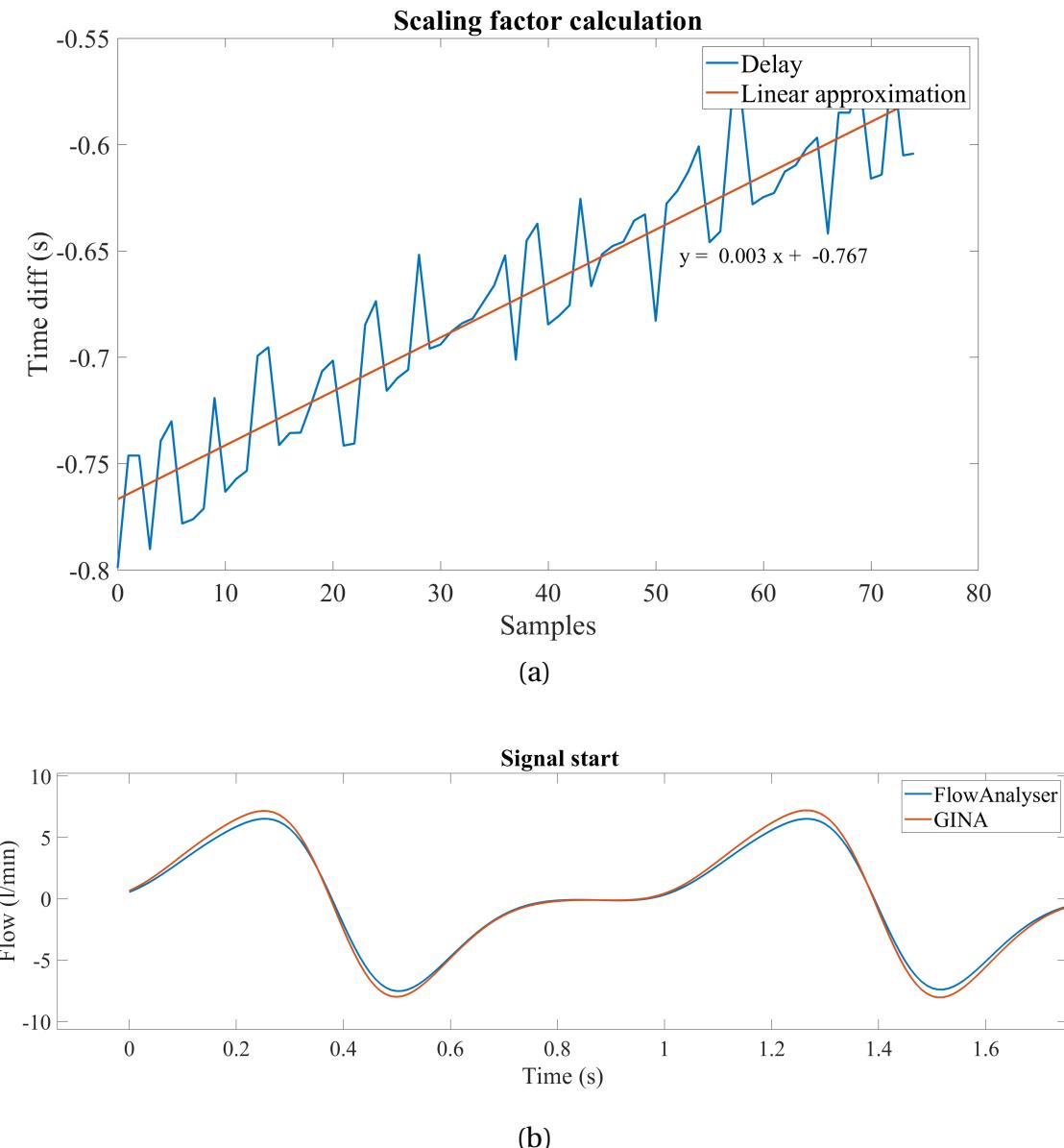


Figure 3.7: Data amendment processes in the GINA Validator. (a) There is a signal processing lag between the GINA and the FA. The slope of the peak-to-peak differences used to scale the FA signal and correct for sample rate error (b) Data is trimmed to the exact same start signal according to time stamp, phase shift, and then matching the first positive monotonically increasing slopes.

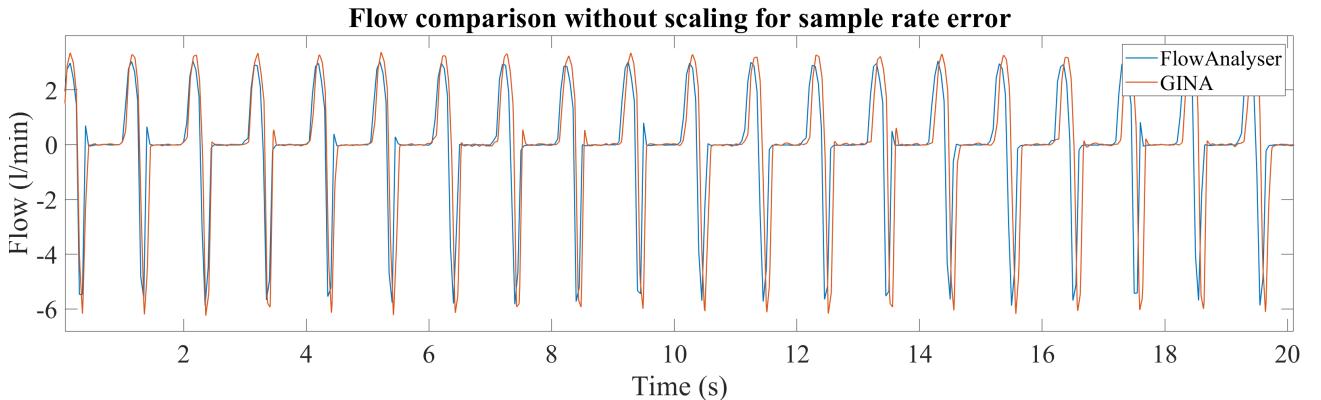


Figure 3.8: Unscaled flow data from the GINA and FlowAnalyser

### **function: pressurePlotter**

*Code line reference 259-345*

*Input* object properties

*Description* This function uses interpolates the flow signals for both devices and plots the signals against each other. BA analysis is run. Depending on the whether the regression of differences intercepts the 95% confidence intervals, the parameter 'valid' is set to 1 (valid) or 0 (invalid). This determines the message validation message that will be displayed by the application.

#### **3.3.2.4 GINA Validator software assessment criterion**

The two test criterion for assessing the GINA Validator software are:

1. It is valid, that is, it does what it's meant to do. Specifically, it should determine whether GINA data is valid and alert the user, and save figures and analysis to the chosen directory.
2. It passes the conditions of the Software Sustainability Institute's criterion based assessment [59] that are relevant at this pre-distribution stage of development.

## **3.4 Methodology for aim 2: Assessing realistic behaviour**

### **3.4.1 Experimental design and outcomes**

The assessment criteria for realistic behaviour were that:

- Breathing waveforms maintained correct morphology across the measurement spectrum for independent variables ( $f_v$ ,  $freq$ ,  $Prm$ ), see fig. 3.9 for example of good morphology.
- Interactions could occur between the GINA and external devices and produce realistic outcomes.
- Changes in internal compliance were proportional to changes in work of breathing.

Details of the former two assessments are described:

### 3.4.2 Assessing breathing waveforms

Realistic breath flow waves do not have any flat spots. A flat spot would indicate no change in flow, which in a dynamic system would never happen. As flow is dependent on volume changes, we determined that the simplest way of finding any flat spots was by looking for non-linearity in the  $T_p$  vs.  $T_v$  curve, and strange morphology in  $P_a$  vs.  $T_v$  curves. CPAP was applied to the GINA while GINA was spontaneously breathing. Pressure levels were 2.5 mbar, 5 mbar, 7.5 mbar, 10 mbar and 12.5 mbar. GINAs endotracheal tube was set at 5mm,  $Prm$  was 5 and Airway resistance was 3 cmH<sub>2</sub>O.

### 3.4.3 Assessing interactions

Interactions were assessed in two simple ways. The first was by attaching a ventilation machine (Babylog VN500, Draeger Medical, Lubeck, Germany). GINA was set to not breathe. We visually assessing whether the flow wave display on the ventilator matched GINA. The second was by delivering CPAP to the GINA and testing whether GINA could maintain a PEEP.

## 3.5 Results

### 3.5.1 Assessment of the measurement accuracy of GINA

Visual comparison of the flow and pressure signals from GINA and FlowAnalyser show that they are closely matched especially in terms of frequency and morphology (see fig. 3.10, though there was a trend of the GINA signal having a greater amplitude. Using the BA assessment, it was determined that GINAs output for volumetric flow rate and for pressure was valid across all 10 test cases. In all cases ( $freq = 40, Prm = 20; freq = 60, Prm = 20; freq = 80, Prm = 20; freq = 60, Prm = 5; freq = 60, Prm = 35$ ) the absolute average value of the mean of differences for

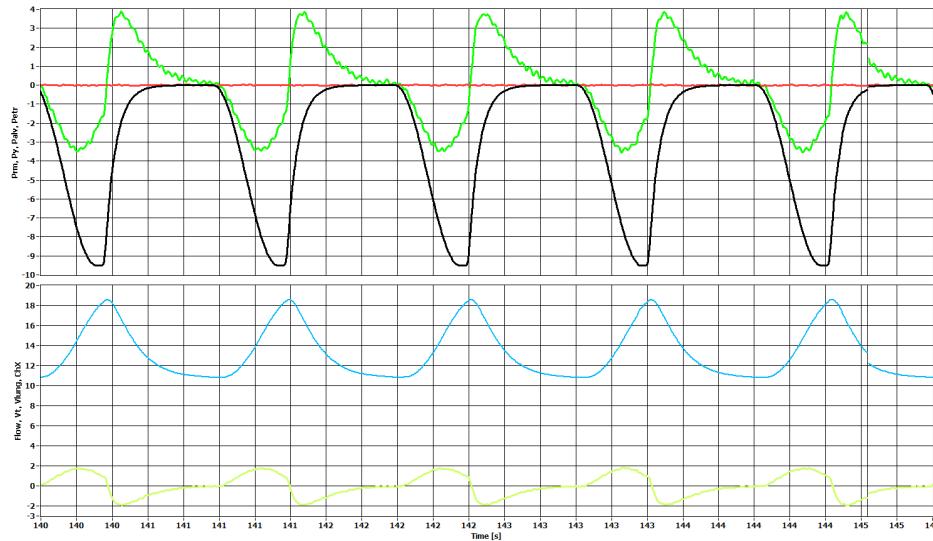


Figure 3.9: Graphical output from GINA of spontaneous breathing with good morphology. There is no test lung or device attached to the breathing outlet. Compliance is internal, linear. Signals from top to bottom: (i, green) Alveolar pressure, (ii, red) Pressure at the y piece, (iii, black) Pressure of the respiratory muscles, (iv, blue) Tidal volume, (v, yellow) Flow.

flow (-0.01, -0.02, -0.02, -0.02, 0, -0.03, -0.03, -0.04 , respectively) and for pressure (-0.01, -0.01, -0.03, -0.02, 0.01, respectively) were not greater than acceptable error of 0.1 (l/min, mbar). In all cases, the linear regression of signal differences did not intercept the 90% confidence intervals. Linear regressions consistently had a negative gradient. There was a trend towards increased variance of differences during expiration. See fig. 3.11 for analysis samples. Therefore, GINA meets the validity criterion for measurement accuracy.

There were some trends in the distribution of data in the BA plots. For flow, it appeared that increasing breathing *freq* increased the variance, but increasing *Prm* decreased the variance. Regression lines were similar ( $y = -0.09x - 0.2$  for *freq* = 60 *Prm* = 20,  $y = -0.08x - 0.03$  for *freq* = 60 *Prm* = 35,  $y = -0.08x - 0.02$  for *freq* = 80 *Prm* = 20). For pressure, both *freq* and *Prm* increased the variance. Regression lines were identical for all test cases ( $y = -0.01x - 0.05$ ).

The BA analysis on the maximums and minimums for flow and pressure (see fig. 3.12) showed that for flow, the mean of differences was -0.31 for maximums and 0.25 for minimums. These cases fell outside of the tight error allowance ( $\pm 0.10$ ). This trend confirms that GINA recorded a larger amplitude for flow. There is a greater spread of data for flow minimums with many falling above the upper leniency limit. For pressure, the BA analysis shows a mean of differences of -0.001 for maximums and 0.048 for minimums. These both fall close to zero. However, there is quite a spread of differences in both cases, with some points falling outside

of the upper and lower leniency limits for pressure maximums.

### 3.5.1.1 Assessment of GINA Validator software

The GINA Validator software is mostly valid as it does what is required of it, but some bugs remain. It performs analysis to determine validity of the GINA signals vs. FlowAnalyser signals. Data is saved in the subdirectory named by the user. The GINA Validator handles most errors, though at this stage not all user errors have been accounted for and therefore some bugs remain. Given that GINA Validator was not designed to be used outside of this experiment, fixing these remaining bugs was a low priority.

When it comes to the criterion based assessment, GINA Validator passes some but not all conditions. Under the *usability* criterion, the software passed understandability, documentation and learnability as the application interface is simple and easy to understand, and clear documentation of how to implement the software is included. Under the *Sustainability and maintainability* criterion, the software passes changeability, testability and evolveability, but not portability. This is because when the software is installed on different computers, although it runs, the app interface features (buttons, words etc) do not properly oriented. This is a problem with the GUIDE Matlab plug-in.

### 3.5.2 Assessment of how realistic GINA's behaviour is

In the first experiments of CPAP on the GINA to asses signal morphology, changing PEEP levels with CPAP caused the morphology of the pressure-volume curves to change. Curves shrunk as PEEP increased. Volume (tidal) vs. Volume (piston) curves were not linear as expected and peak volume being chopped at the highest and lowest PEEPs. This experiment was run a second time after it was discovered that the GINA software had corrupted on the first computer we were using. The second experiments did not show any aberrant morphologies. It was noted that approximately once every 10 minutes, morphology would be interrupted as a result of what we assume was the piston getting stuck and then hitting the back of the cylinder. This caused large spikes in the data (see fig. 3.14).

Visual analysis of the signal of the ventilator and the GINA when attached indicated that the signals appeared to match. GINA was able to maintain a PEEP when attached to the CPAP machine. The spontaneous breathing pressure ( $p_y$ ) signal shifted upwards according to the applied constant pressure. It was observed that over the course of 10 minutes the pressure shift slightly drifted downwards.



Compliance was deemed as being effective by visualising the change in WOB as with compliance changes. As compliance increased, the peak of the work of breathing function did also.

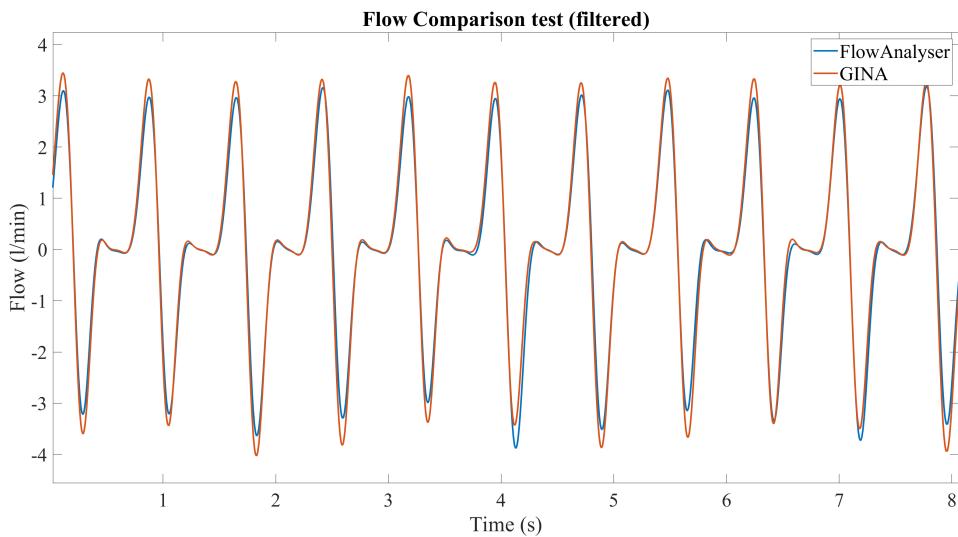
## 3.6 Discussion

Experimental tests have been carried out in order to determine if the GINA (NALM) is a valid model of a neonatal lung which can be used to test respiratory equipment. In the first set of experiments, we assessed the accuracy of GINA's measurements of volumetric flow and pressure at the outlet by comparing recordings from GINA and the FlowAnalyser of the same respiratory events. This was done using a purpose built software called the *GINA Validator*. We considered the FlowAnalyser to represent the standard of accuracy. Bland-Altman analysis was used to compare signals. The standard that needed to be met in order for GINA's data output to be considered accurate was that the linear regression of the difference did not intercept the 95% confidence intervals, and that the mean difference did not exceed  $\pm 0.10$ . Additionally, the signals should be in phase and have the same frequency and overall shape. In the second set of tests, we assessed GINA's ability to mimic realistic behaviour. The criterion for validity included breathing signals were naturally shaped, that devices could interact with it and induce relevant changes, and that internal compliance was proportional to WOB.

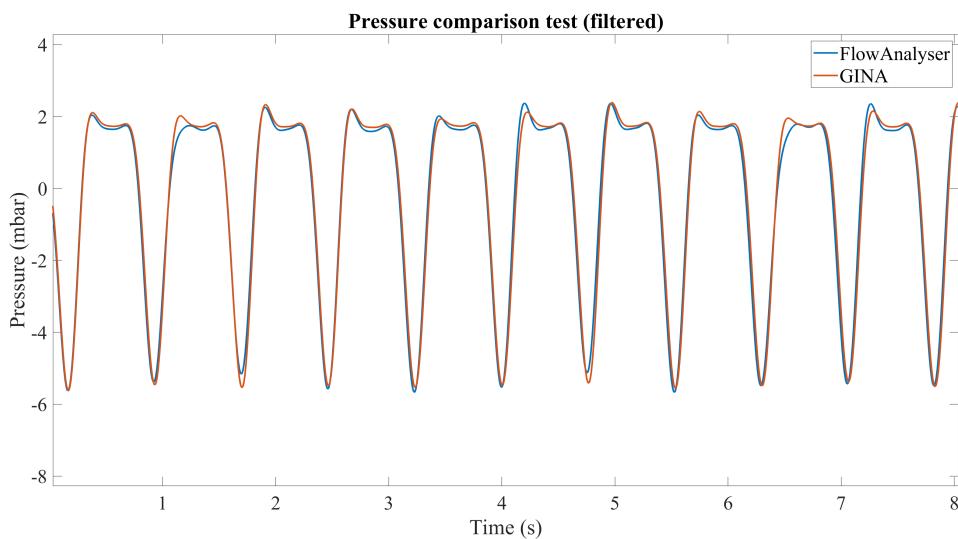
For clarity, the following discussion is divided into four parts. The first two sections concern the experiments described, each presenting an analysis of the results and an acknowledgement of experimental limitations. The third section regards the GINA Validator software including its usability, limitations and future development. The final section is a general discussion of the usefulness of GINA as a testing tool.

### 3.6.1 Analysis of the accuracy of GINA

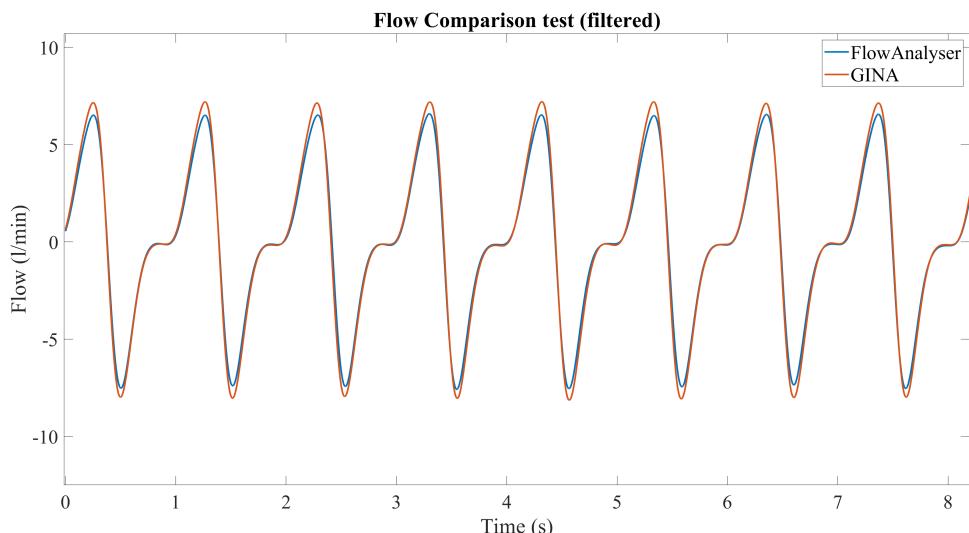
When we look at the flow and pressure signals and the BA analysis which comparing the whole flow and pressure signals, we see that GINA passes accuracy testing according to the criterion set. The time domain signals have very good synchrony; frequency is the same, turning points are aligned, and the general shapes are very similar. There are, however, some unexpected trends which will be discussed below.



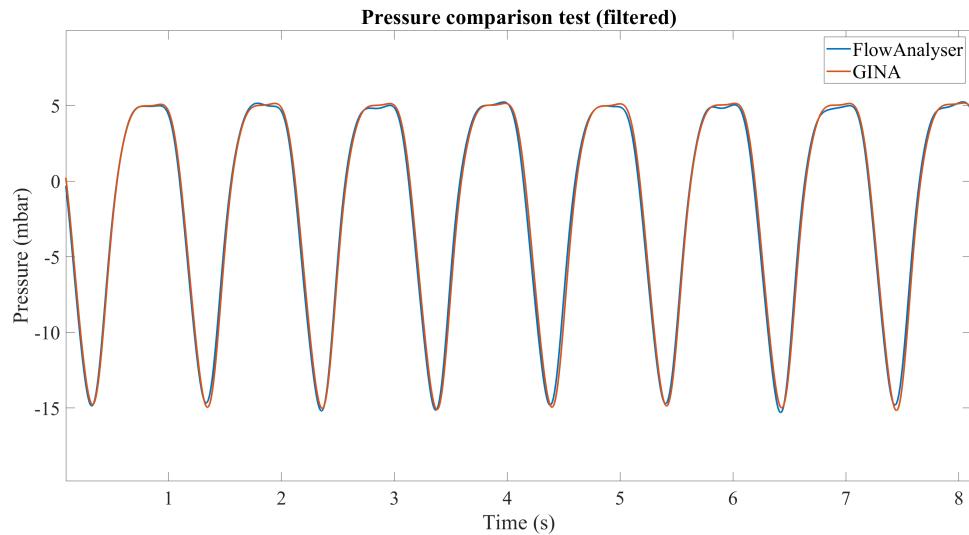
(a) Comparison of flow signals on spontaneous breath data with parameters: freq=80,  
Prm=20



(b) Comparison of flow signals on spontaneous breath data with parameters: freq=80,  
Prm=20



(c) Comparison of flow signals on spontaneous breath data with parameters: freq=60,  
Prm=35

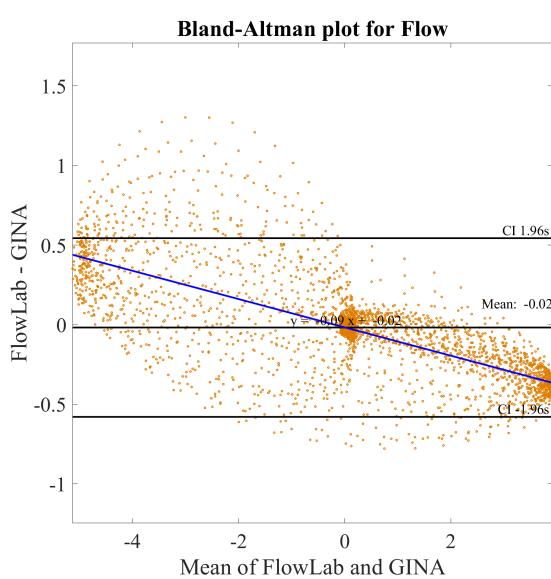


(d) Comparison of flow signals on spontaneous breath data with parameters: freq=60,  
Prm=35

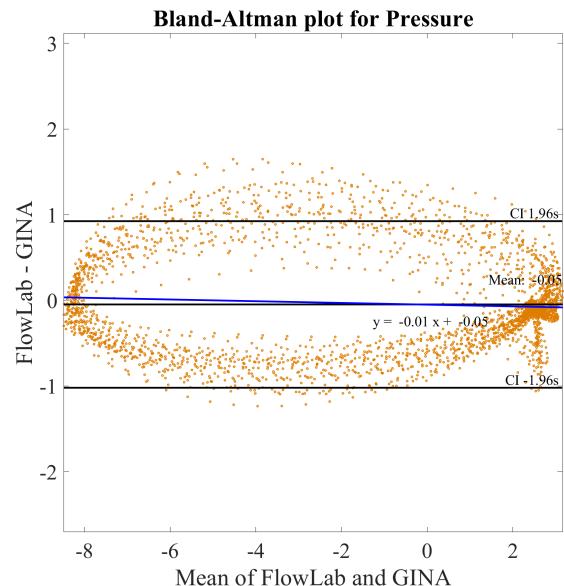
Figure 3.10: Flow and pressure signal comparison between GINA and FlowAnalyser

The GINA flow signal tends to have a larger amplitude than the FlowAnalyser signal: peaks are higher, troughs are lower. This trend causes the linear regression on the BA plots to have a negative slope. We can see that there is an accumulation of data points at the mean difference boundaries and around zero. Variance appears to be maximised at around the half way marks between these points of interest. The cause of this bow-tie shape becomes obvious when one considers the nature of the experimental apparatus. Because air is being pushed out of the GINA and into the FlowAnalyser then being sucked back in, there will be a slight lag in the rate of flow change in the FlowAnalyser compared with the GINA. The dynamic nature of fast flowing air means that it is unlikely that the lag profile will be the same every time. This is why when the rate of flow change is highest, there are the largest variances. On the other hand, the difference between signals at the turning points should always be similar. The turning points represent the maximum flow, minimum flow and the change of flow direction. Given that no variables were changed in each test, it is expected that these features will always remain similar with only slight variation due to noise from vibration, electrical equipment and any eddies in the flow at the boundaries between tubes.

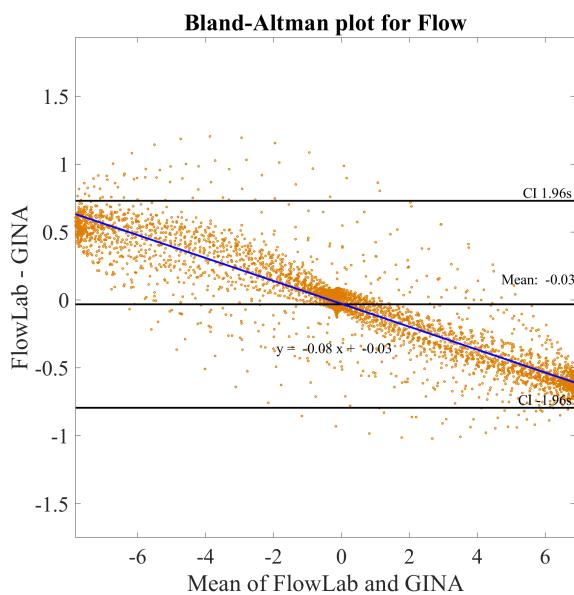
The GINA pressure signal tends to have a similar amplitude to the FlowAnalyser signal. This is to be expected because our apparatus is a closed system. There does appear to a small amount of leak which is indicated by the slight downward drift of



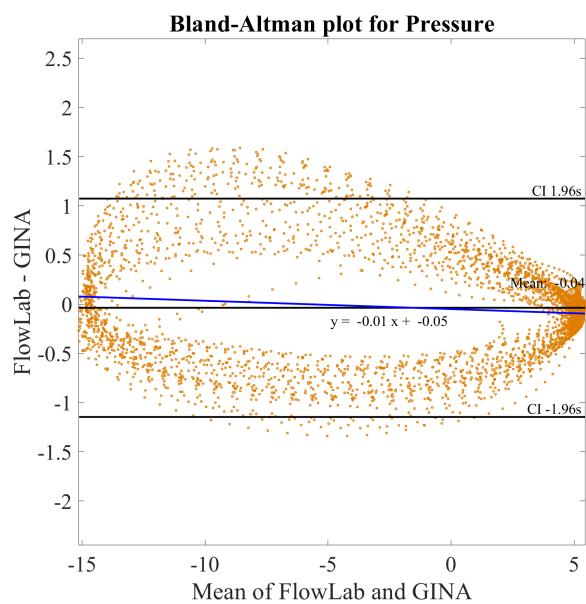
(a) BA test on spontaneous breath data of flow with parameters: freq=60, Prm=20. Mean = -0.02. Regression:  $y=-0.09 - 0.02$



(b) BA test on spontaneous breath data of pressure at the y piece with parameters: freq=60, Prm=20. Mean = -0.05. Regression:  $y=-0.01 - 0.05$



(c) BA test on spontaneous breath data of flow with parameters: freq=60, Prm=35. Mean = -0.03. Regression:  $y=-0.08 - 0.03$



(d) BA test on spontaneous breath data of pressure at the y piece with parameters: freq=60, Prm=35. Mean = -0.04. Regression:  $y=-0.01 - 0.04$

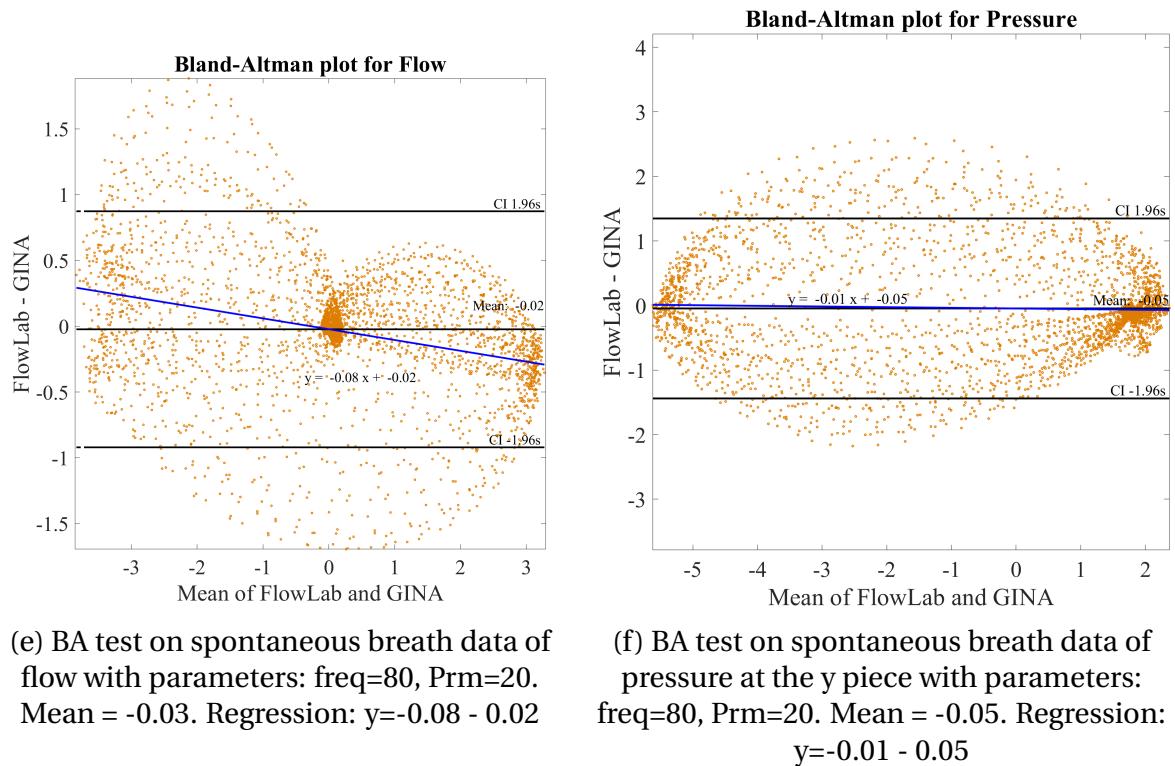
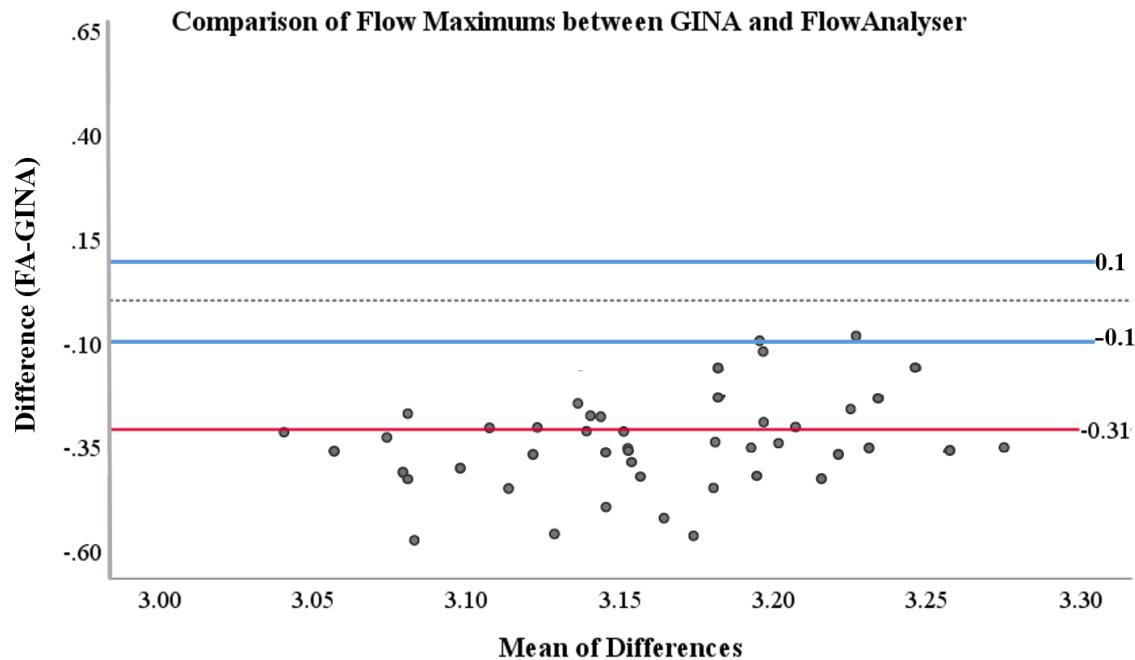


Figure 3.11: BA analysis of signal differences for flow and pressure

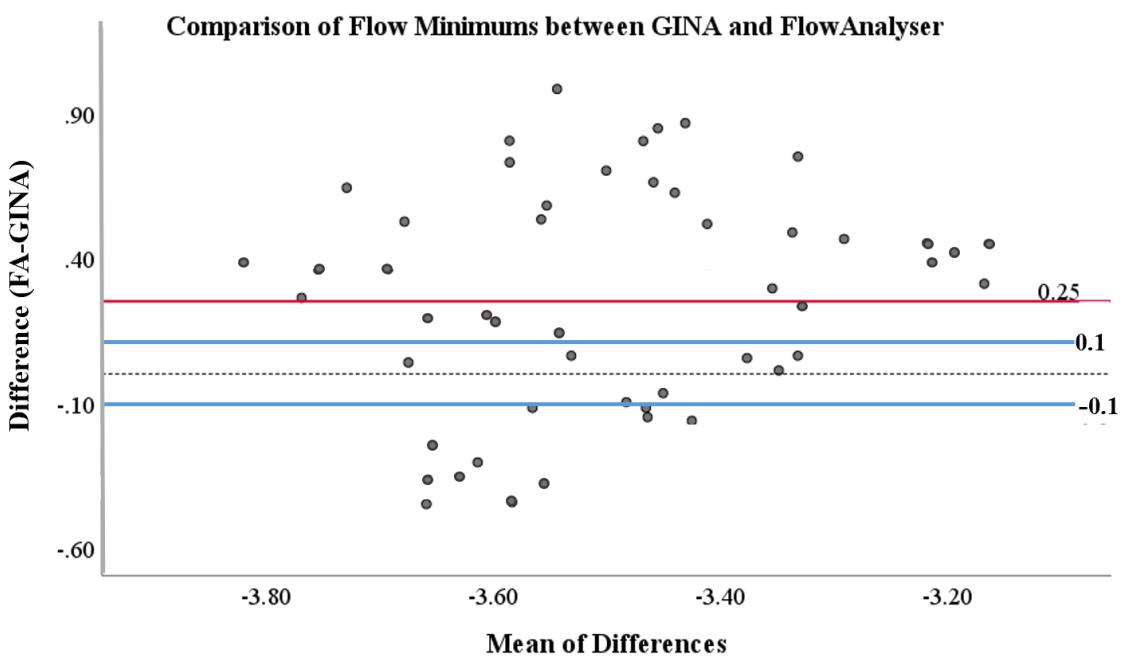
both pressure signals over time. This is likely as a result of the pipe connections in the apparatus, though it could be because of an internal leak in GINA. This will be discussed more below. In the BA plots, the data points accumulate at the pressure maximums and minimums and the variance is highest in between. This loop shape appears to have hysteresis. This makes sense because GINA is designed to be compliant and the silicon connection tubes also have some elasticity. Similar to with flow, there will also be some lag in the rate of pressure change in the FlowAnalyser compared with the GINA.

For *flow*, increasing frequency appears to increase the variation of differences while increasing *Prm* appears to decrease it. For pressure, increasing *flow* and *Prm* both increase the variance. There are a few reasons why this may be the case. When *Prm* increases but *freq* remains the same, a larger volume of air must be shifted at the same amount of time. This may cause greater mixing of air because of turbulence which ....

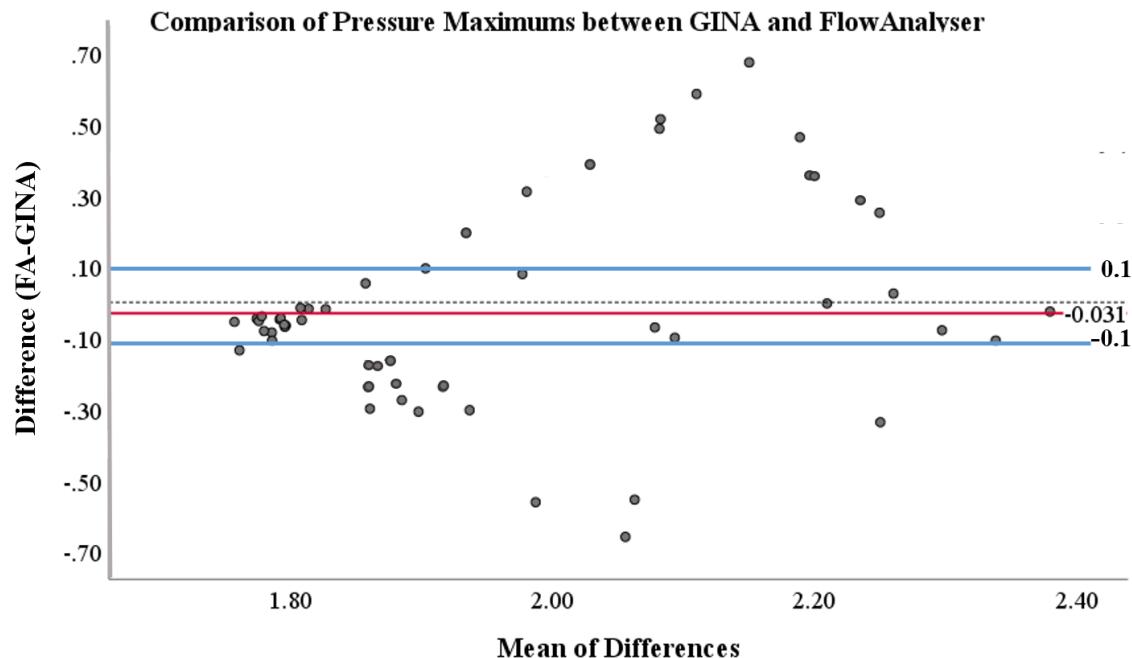
Additionally, it is interesting to see that for both flow and pressure, the variation of the differences is more pronounced during the exhalation phase. The simplest explanation for this is, as previously described, the lags in the rate of flow change and pressure change, respectively as during exhalation the rate of change is at its



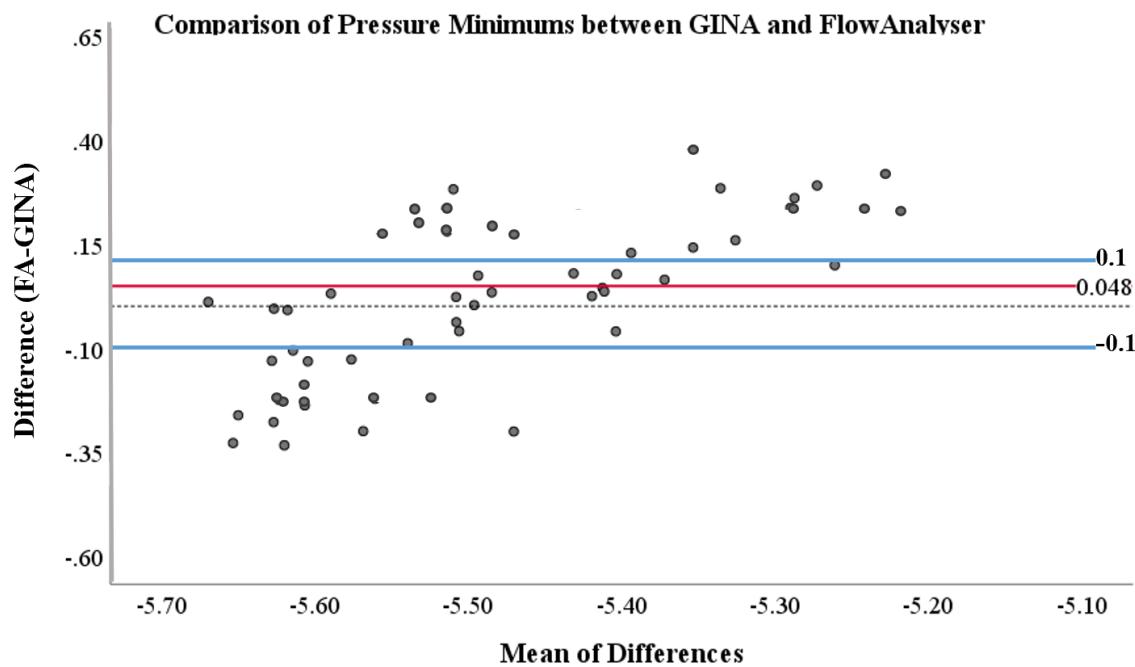
(a) Comparison of flow maximums on spontaneous breath data with parameters:  
freq=80, Prm=20



(b) Comparison of flow maximums on spontaneous breath data with parameters:  
freq=80, Prm=20



(c) Comparison of flow maximums on spontaneous breath data with parameters:  
freq=80, Prm=20



(d) Comparison of flow maximums on spontaneous breath data with parameters:  
freq=80, Prm=20

Figure 3.12: BA analysis comparing flow and pressure maximums and minimums between GINA and FlowAnalyser

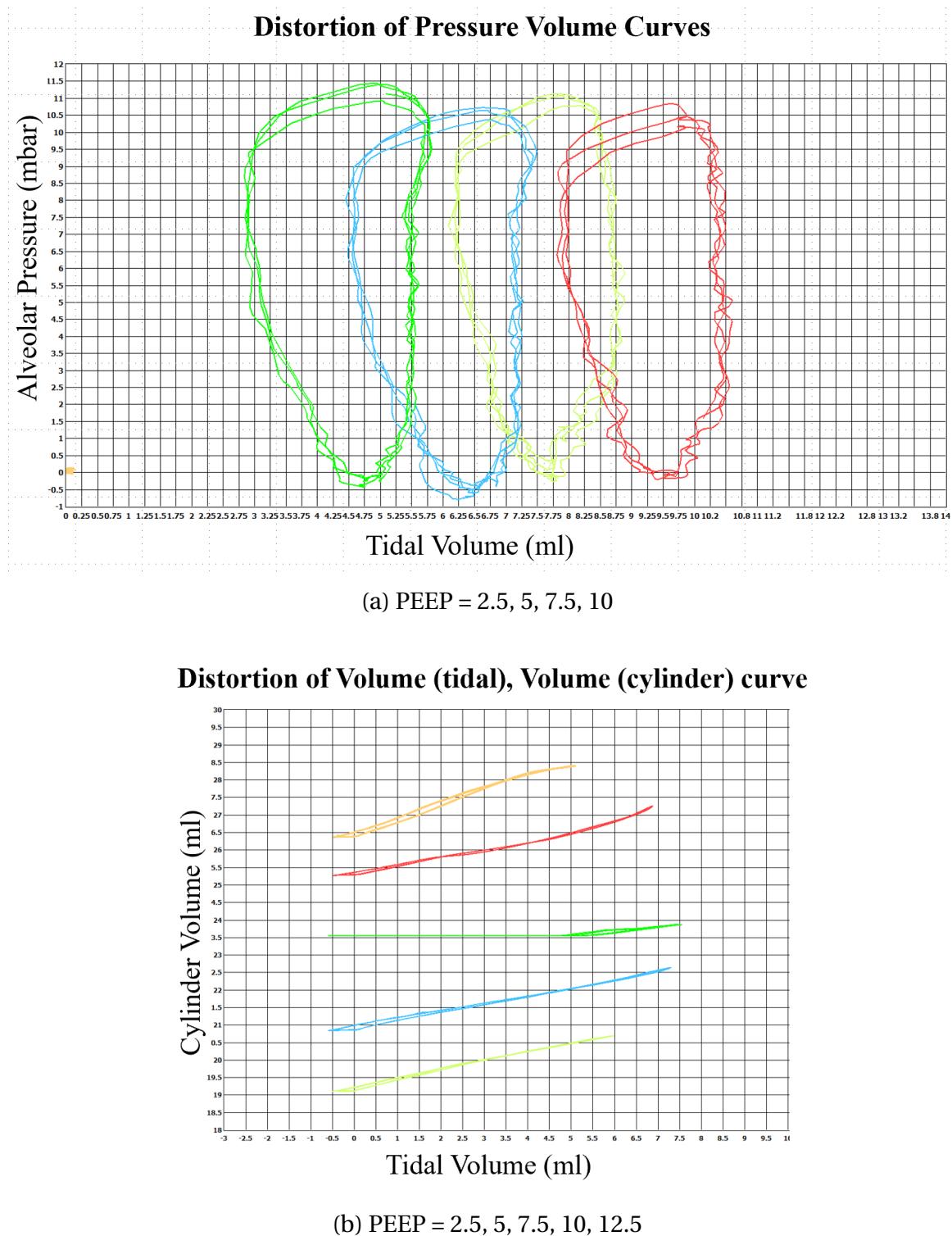


Figure 3.13: Bad morphology of spontaneous breaths in GINA. These plots show evidence of distortion across a range of applied pressures via CPAP and TPR. (a) Distortion in pressure volume curves, (b) distortion in volume (tidal) volume (cylinder) curves.

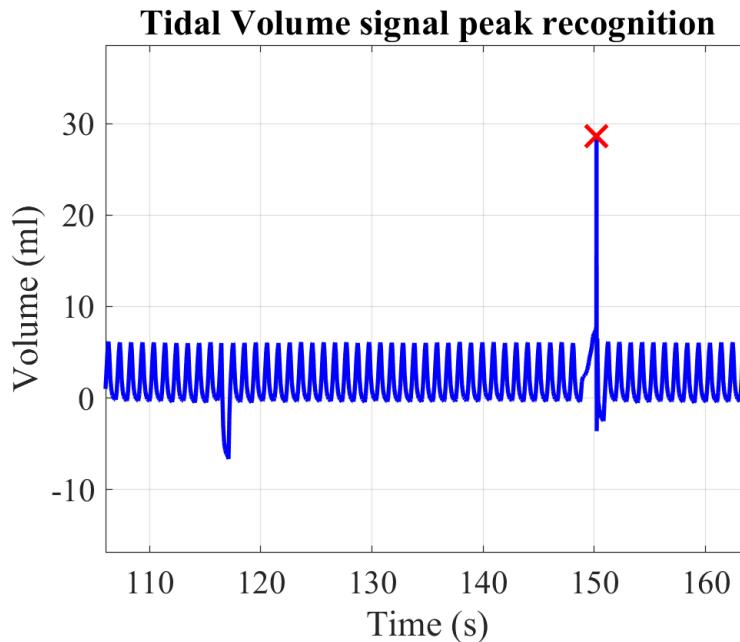


Figure 3.14: Improper breath due to NALM mechanical error

maximum.

The second set of BA analysis which looks at peaks reveals what we already know - that the amplitude of the GINA flow signal exceeds the FlowAnalyser, and the pressure signal amplitudes are very similar. However, it turns out that the mean of differences for flow is beyond the accepted error rate. While the mean of differences for pressure is in the acceptable range, it is surprising to see such variation. Although the linear regressions of the whole-signal BA analyses stay within the 95% confidence interval bounds, the signal amplitude differences are an indication of systemic error. Taking into consideration the second BA's, it is likely that we have a systemic error. It is possible that this is simply a calibration error, especially because there appears to be no systemic change in the means of differences between in the whole-signal BA tests. There are a number of other factors that may have contributed to the inaccuracies that have not been quantified, which is a limitation of this study. These are worth investigating in the future for a better determination of how accurate GINA truly is. For example:

- It has been shown that with increased frequency of piston movement, the phase delay between the volume recordings at the piston and the lung model outlet increases [46].
- The piston movement in GINA causes a vibration which is likely to be causing fluid oscillations and therefore turbulence, interfering with pressure and flow readings.

- An ideal mechanical lung model has either adiabatic or isothermal internal conditions. This is not the case in the GINA. Therefore, according to the ideal gas law, as the air heats up due to the work of the piston, the pressure and volume in the model increases.
- Bernoulli's effects are particularly impactful in tubes with small diameters.
- Having explored the GINA in great depth over the last year, we have noticed that pressure signals always exhibit a gradual downward drift. This indicates that GINA has an internal leakage, which reduces its accuracy.

Therefore, although GINA passed the accuracy tests prescribed by our methods, we would recommend further testing to determine the impacts of the above-mentioned and to fully ascertain GINA's accuracy.

### **3.6.2 Analysis of how realistic GINA's behaviour is**

It will never be really real heat

### **3.6.3 Evaluation of the GINA Validator software**

The GINA Validator software is simple to use and processes data quickly. It fulfilled its purposes for this experiment. Before it can be used in the future however, there are some limitations that should be addressed. Limitations - installability, filters,

### **3.6.4 General discussion**

Can't preset simulations clunkiness

# **4 | Core Study Two: Software development for useful breath-by-breath output**

## **4.1 Background**

Although the ASL 5000s software has been described as "difficult to use" [26], one of its great advantages is that it calculates and outputs breath-by-breath data for over fifty parameters. The GINA does presently have this capacity. Additionally, GINA does not record parameter changes that are made during the signal recording. Therefore, it is presently useless to run any test simulations where the GINAs breathing changes due to internal stimuli (eg, user changing frequency, Prm etc). This seriously caps her usability. Personal communications with the manufacturers revealed that presently, they are not looking to develop such capabilities in the near future. Therefore, if the GINA is to be used soon for testing equipment, these features needs to be built in-house.

## **4.2 Aim**

The aim of this study is to create a software for clinicians and researchers wanting to use the GINA to test devices. The software should read in GINA's output and transform it into a log of breath-by-breath parameters which can be used in statistical analysis.

## **4.3 Methodology**

### **4.3.1 Design of the GINA Analyser software**

The *GINA Analyser* software was written in Matlab code. This language was selected for its speed with data processing and its usability, as the software may need to be amended to in the future by others and many clinicians and engineers are

well versed in Matlab. An object-oriented code style was selected as it used less RAM than spaghetti code, is less corruptible, is easily read and can have functions added in a straightforward way.

The software design attempted to meet the Software Sustainability Institute's software evaluation criterion [59]. This criterion includes *usability*, which encompasses understandability, comprehensive and appropriate documentation, installability and learnability. It also includes *sustainability and maintainability* which includes testability, evolvability and changeability. Some *sustainability and maintainability* criterion such as governance and licencing are presently beyond the scope of this stage of development.

Respiratory clinicians and researchers, Thomas Drevhamer, Mark Tracy and Murray Hinder, and myself decided that at this stage and within the available time-frame, we required the following features:

- A unique identifier for each test
- Accurate calculations of the number of breaths and, for each breath:  $V_t$ ,  $V_p$ ,  $t_{in}$ ,  $t_{ex}$ ,  $P_y$  maximum, minimum and mean,  $P_{etr}$  maximum, minimum and mean,  $P_a$  maximum, minimum and mean.
- The ability to comment in additional details about each test run.

*GINA Analyser* has a simple graphical user interface (GUI) which the user interacts with (see fig. 3.5). This was designed using Matlab's GUIDE feature. The software design is divided into the following three sections: User interface, Error handling, Code flow and function design, and, Output.

#### 4.3.1.1 User interface

The GINA Analyser application was designed for easy and simple usage. Full instructions are included in appendix B.2. Figure 4.1 shows the application interface. By clicking the 'browse' button, a search in the directory named GA\_TestData, a subdirectory of the software directory opens. Here the user can select multiple excel files. The user can choose to create a new log of the calculated breath-by-breath data, or add to an existing log. They can choose to calculate breaths using the work of breathing signal or the flow signal. Selecting 'Go' runs the data analysis. Selecting 'Reset' will restore the apps original settings. Selecting 'Help Menu' will cause the pdf instruction manual to be opened.

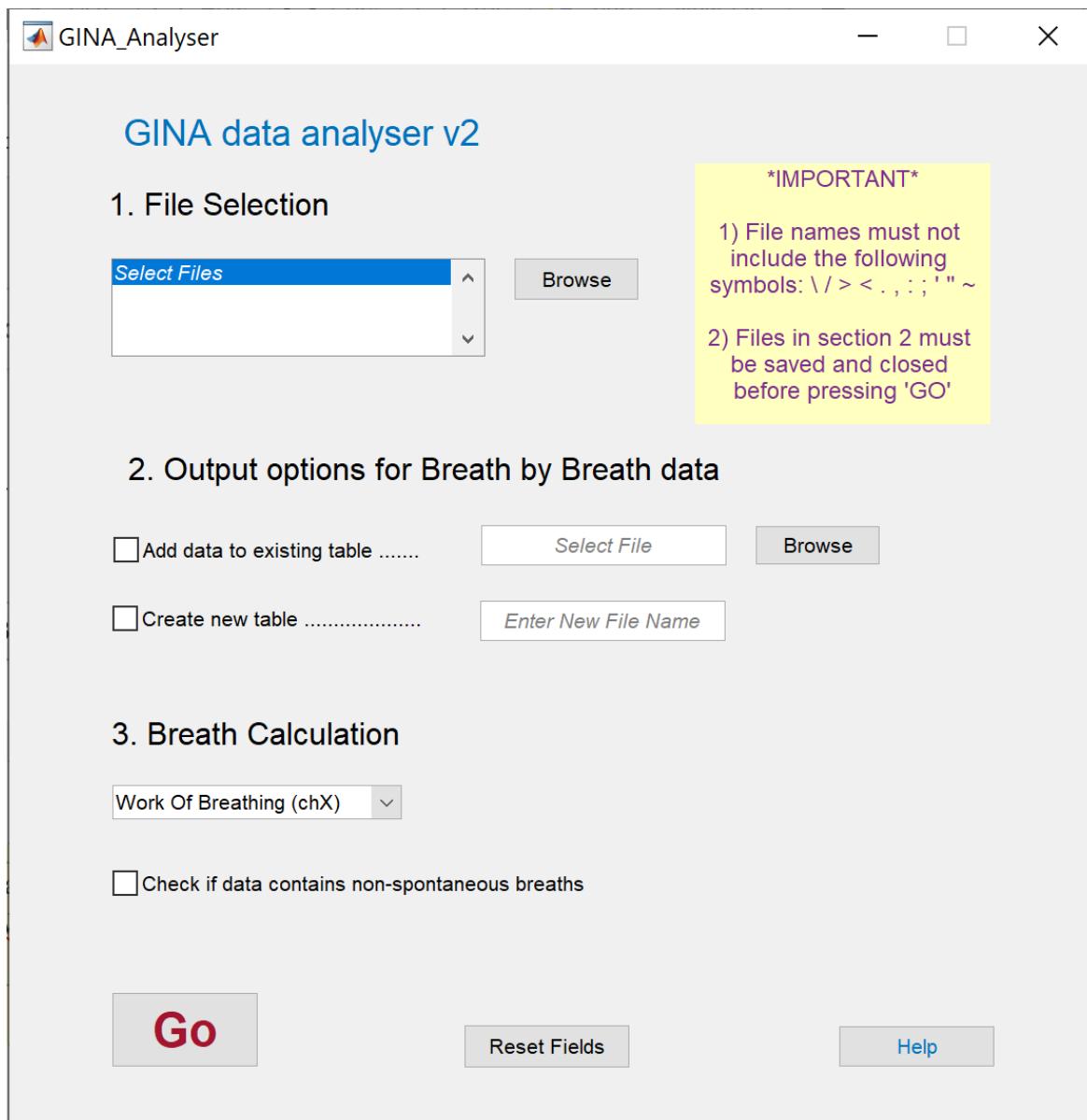


Figure 4.1: GINA Analyser app interface

#### 4.3.1.2 Error handling

Figure 4.2 shows the flow process of how errors are caught including the problem, the prompts/error messages, how the user response to this is handled, and what action occurs.

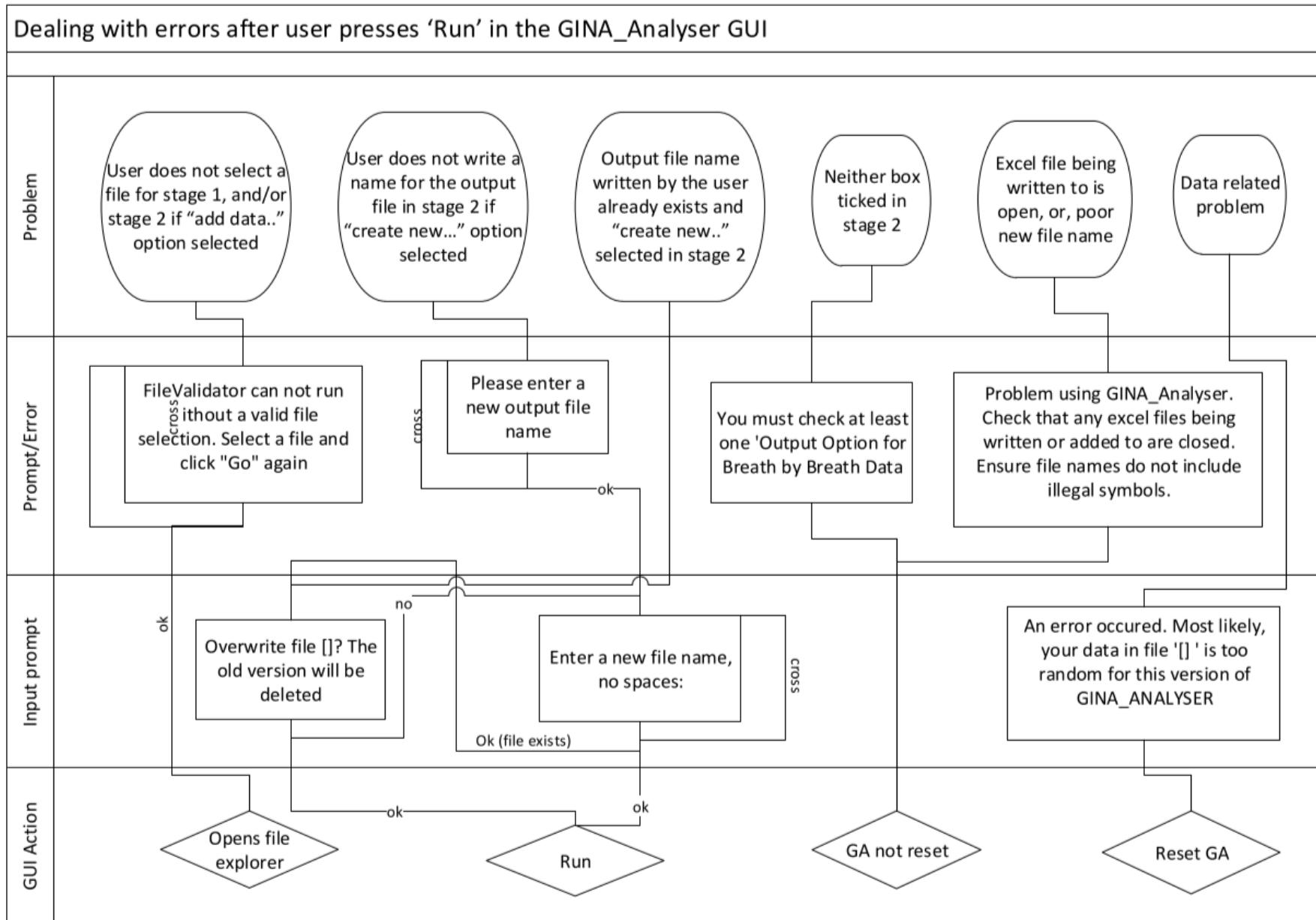


Figure 4.2: Handling errors in GINA Analyser software

#### 4.3.1.3 Code flow and function design

There are three primary matlab files: *GINA\_Analyser*, *ga\_main* and *GA\_Tester*. The full code for the first files is contained in appendix B.1. This is the code flow: *GINA\_Analyser* collects user input, *ga\_main*... *GA\_Tester* ...

- *GINA\_Analyser* creates the GUI application. The functions code the layout and the capabilities of each item (button, textbox etc) on the interface. Data is collected, tested for errors (see section *Error Handling* and sent to the *ga\_main* file as global variables.
- *ga\_main* imports the files. If the user has chosen to add to an existing log file, *ga\_main* checks whether any of the files have already been added and prompt the user to decide to add it again or not by looking at the files own log of added files (fig. 4.4). Remaining filenames and the flag representing the users choice of breath calculation by WOB or Flow are sent to *GA\_Tester*.
- *GA\_Tester* runs the analysis on the imported data and tabularises it. The unique identifier for each test is the test name. Output is returned to the main function.
- *ga\_main* Compiles the table and saves the excel output file.

This is the code flow and function design of *GA\_Tester*. Refer to appendix B.1

#### **function obj = GA\_Tester**

*Code line reference* 47-58

*Input* filename, flag, spontcheck

*Description* This is the object initialization function. The GINA output xlsx file is read in as a table. The flag indicates whether user selected breath calculation by WOB (flag=1) or Flow (flag=2). Spontcheck indicates if the box for non-spontaneous breaths was checked. These parameters are set as object properties. Function *bpb\_analyser* is called.

#### **function bpb\_analyser**

*Code line reference* 62-170

*Input* object properties, flag

*Description* This function tries to call all remaining functions. The directory for saving data is created and all open figures are saved to it. The log table is created: headers are set, input file name is used for the rownames, table size is set according to the number of calculated breaths. Table is populated and bad data is trimmed. If an error occurs during the process, this is caught and an error message displayed. All open figures are saved to the directory.

### **function freqfinder**

*Code line reference* 174-304

*Input* object properties, flag

*Description* Function is divided into 2 if statements: if flag == 1, and if flag ==2 to guide the data analysis process.

- Flag == 1:
  - WOB signal read in from file. The WOB signal is 0 during expiration and non 0 during inspiration with a vertical drop from peak to 0 when inspiration ends. Time signal is adjusted to begin at 0 from startpoint. Data is trimmed so that it starts when WOB = 0. Peak analysis determines number of total breaths as peaks - 1.
- Flag == 2:
  - Flow signal read from file. If data is of spontaneous breaths, a strong lowpass filter is applied. This maintains peak height. If data is of non spontaneous breaths, a butterworth filter is applied. It filters the noise of the non-spont signal, but also chops peaks. Breaths are counted as every time the signal goes from negative to positive.

### **function inspexptime**

*Code line reference* 308-487

*Input* object properties, flag

*Description* Function is divided into 2 if statements: if flag == 1, and if flag ==2 to guide the data analysis process.

- Flag == 1:

- Based on when the signal is zero and non zero, inspiration starts and timelength, and expiration starts and timelength, are calculated. Data trimmed to start of first inspiration, and any signal after last full breath is chopped off.
- Flag == 2:
  - Based on where inspirations start (points of signal crossover from negative or flat to positive monotonic increasing) and expirations start (points of crossover from positive monotonic decreasing to negative monotonic decreasing), inspiration starts and timelength, and expiration starts and timelength, are calculated. Data trimmed to start of first inspiration, and any signal after last full breath is chopped off.

### **function tidalfinder**

*Code line reference* 491-541

*Input* object properties, tnum (flag for  $T_v$  or  $T_p$ )

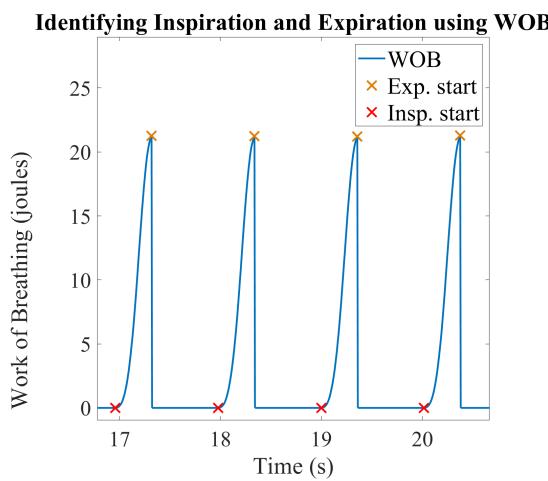
*Description* Function uses peak analysis to determine tidal volume and piston volume.

### **function pressure\_data**

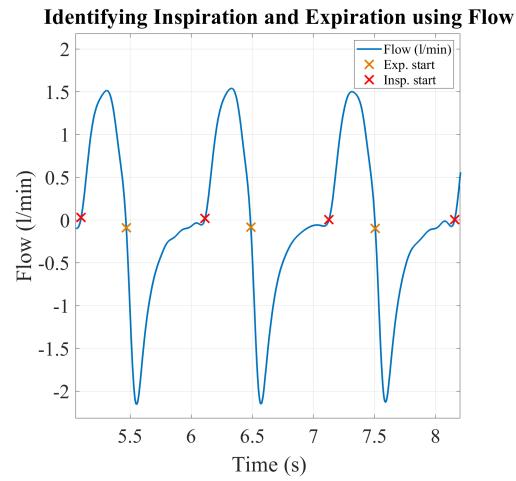
*Code line reference* 545-722

*Input* object properties, pnum (flag for  $P_y$ ,  $P_{etr}$ ,  $P_a$ )

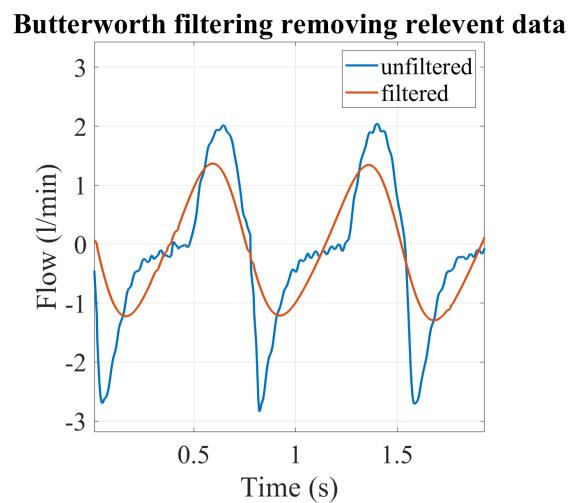
*Description* Function puts pressure data through a lowpass filter. Peak analysis is used to determine pressure minimums and maximums for each breath.



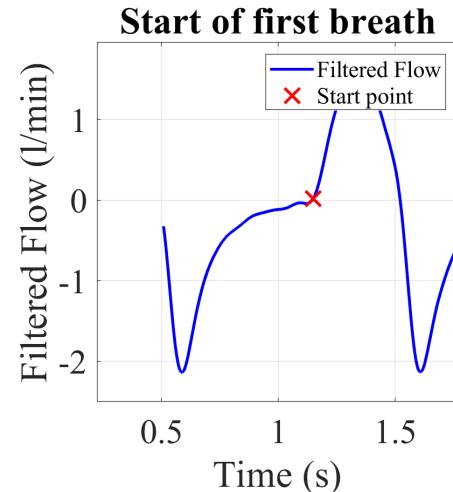
(c) Determining inspiration and expiration using WOB



(d) Determining inspiration and expiration using flow



(a) Butterworth filtering on flow chops off peaks.



(b) Determining the start of the first breath on the flow wave. Data is trimmed to this point.

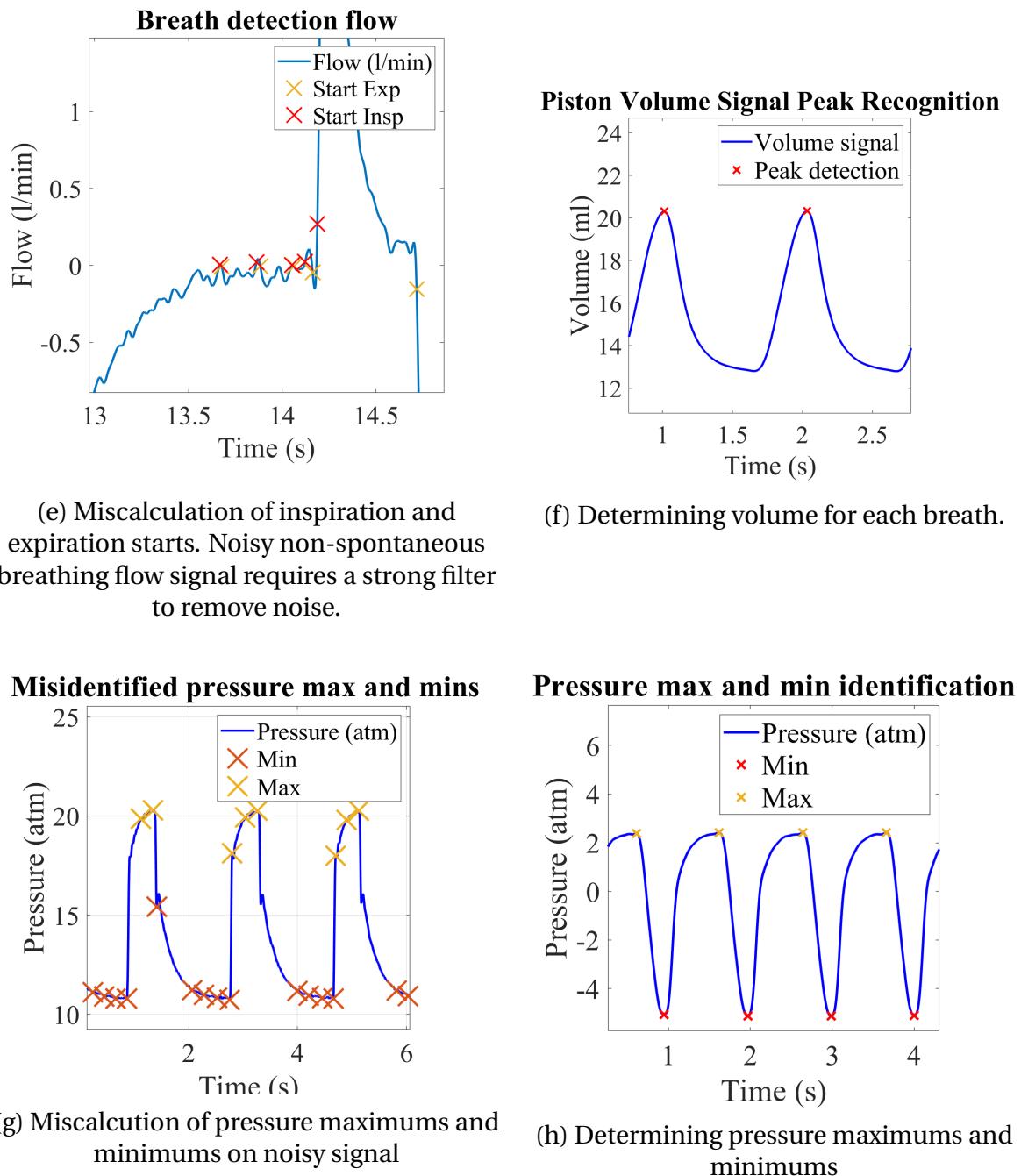


Figure 4.3: GINA Analyser, GA\_Tester output and code progression

#### 4.3.1.4 Output

	A	B	C
1	<b>Data_Log</b>		
2	trim_F30_Tin0.8_Tau100_Taue260_C1.0_LL10_prm15.xlsx		
3	trim_F60_Tin0.4_Tau160_Taue120_C1.0_LL10_prm5.xlsx		
4	trim_F60_Tin0.4_Tau160_Taue120_C1.0_LL10_prm15.xlsx		
5	trim_F60_Tin0.4_Tau160_Taue120_C1.0_LL10_prm25.xlsx		
6	trim_F120_Tin0.2_Tau130_Taue60_C1.0_LL10.xlsx		
7			
8			

Figure 4.4: Example of GINA Analyser output file, sheet 2- log of files added.

Output is saved as a 2-tab excel file. The first tab has the breath-by-breath analysis (fig 4.5). Values are rounded to 2 decimal points, this was a clinician request. The second tab has the log of files added (fig. 4.4).

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	
1	TestName	Breath	Tidal_Volume	Piston_Volume	Insp_Time_s	Exp_Time_s	Py_max	Py_min	Py_mean	Ptr_max	Ptr_min	Ptr_mean	Palv_max	Palv_min	Palv_mean
2	trim_F30_Ti	1	6.15	20.41	0.73	1.28	2.25	-4.71	-0.19	2.36	-4.74	-0.10	2.37	-4.59	-0.09
3	trim_F30_Ti	2	6.11	20.42	0.73	1.28	2.25	-4.68	-0.18	2.36	-4.71	-0.14	2.37	-4.57	-0.07
4	trim_F30_Ti	3	6.15	20.40	0.74	1.29	2.24	-4.69	-0.19	2.34	-4.75	-0.11	2.37	-4.59	-0.06
5	trim_F30_Ti	4	6.14	20.41	0.72	1.28	2.26	-4.68	-0.20	2.36	-4.72	-0.10	2.40	-4.56	-0.10
6	trim_F30_Ti	5	6.08	20.41	0.73	1.29	2.26	-4.69	-0.18	2.38	-4.72	-0.10	2.40	-4.58	-0.04
7	trim_F30_Ti	6	6.24	20.41	0.73	1.28	2.26	-4.69	-0.17	2.34	-4.73	-0.10	2.38	-4.58	-0.09
8	trim_F30_Ti	7	6.20	20.41	0.73	1.28	2.25	-4.70	-0.18	2.33	-4.73	-0.09	2.38	-4.59	-0.08
9	trim_F30_Ti	8	6.08	20.43	0.73	1.28	2.26	-4.67	-0.19	2.36	-4.73	-0.13	2.41	-4.59	-0.06
10	trim_F30_Ti	9	6.04	20.42	0.73	1.29	2.26	-4.68	-0.19	2.37	-4.73	-0.11	2.39	-4.56	-0.07
11	trim_F30_Ti	10	6.14	20.41	0.73	1.29	2.27	-4.70	-0.16	2.36	-4.69	-0.06	2.41	-4.58	-0.05
12	trim_F30_Ti	11	6.15	20.43	0.72	1.28	2.28	-4.68	-0.18	2.39	-4.67	-0.12	2.39	-4.56	-0.07
13	trim_F30_Ti	12	6.13	20.42	0.74	1.28	2.27	-4.68	-0.17	2.36	-4.71	-0.10	2.38	-4.54	-0.04
14	trim_F30_Ti	13	6.07	20.42	0.73	1.28	2.27	-4.68	-0.16	2.39	-4.69	-0.07	2.39	-4.55	-0.08
15	trim_F30_Ti	14	6.15	20.44	0.74	1.29	2.29	-4.69	-0.19	2.38	-4.72	-0.09	2.38	-4.57	-0.06
16	trim_F30_Ti	15	6.08	20.43	0.73	1.28	2.26	-4.68	-0.16	2.37	-4.73	-0.10	2.39	-4.58	-0.04
17	trim_F30_Ti	16	6.12	20.43	0.74	1.29	2.26	-4.68	-0.18	2.39	-4.71	-0.07	2.38	-4.57	-0.04
18	trim_F30_Ti	17	6.08	20.44	0.73	1.29	2.28	-4.69	-0.16	2.35	-4.70	-0.09	2.40	-4.57	-0.04
19	trim_F30_Ti	18	6.13	20.44	0.73	1.29	2.30	-4.66	-0.14	2.42	-4.69	-0.08	2.42	-4.57	-0.05
20	trim_F60_Ti	1	2.16	14.66	0.38	0.66	1.01	-1.91	0.01	1.10	-1.98	0.08	1.14	-1.83	0.12
21	trim_F60_Ti	2	2.15	14.65	0.36	0.66	1.00	-1.92	0.00	1.14	-1.95	0.08	1.11	-1.82	0.12
22	trim_F60_Ti	3	2.14	14.65	0.36	0.64	1.01	-1.94	0.03	1.12	-1.96	0.08	1.13	-1.84	0.13
23	trim_F60_Ti	4	2.22	14.66	0.38	0.64	0.99	-1.92	0.00	1.09	-1.97	0.07	1.10	-1.83	0.10
24	trim_F60_Ti	5	2.15	14.65	0.37	0.65	1.00	-1.91	0.00	1.11	-1.96	0.08	1.10	-1.82	0.10
25	trim_F60_Ti	6	2.12	14.65	0.37	0.63	1.00	-1.92	0.00	1.07	-1.97	0.07	1.08	-1.83	0.10
26	trim_F60_Ti	7	2.22	14.65	0.39	0.65	1.00	-1.91	-0.01	1.09	-1.95	0.06	1.10	-1.82	0.10
27	trim_F60_Ti	8	2.13	14.64	0.36	0.66	0.99	-1.92	-0.01	1.07	-1.97	0.06	1.10	-1.82	0.10
28	trim_F60_Ti	9	2.13	14.66	0.36	0.65	0.98	-1.93	0.00	1.09	-1.97	0.08	1.11	-1.84	0.09
29	trim_F60_Ti	10	2.19	14.65	0.36	0.64	0.99	-1.92	0.00	1.13	-1.99	0.08	1.09	-1.82	0.11
30	trim_F60_Ti	11	2.16	14.64	0.37	0.66	0.98	-1.92	-0.01	1.10	-1.98	0.05	1.09	-1.82	0.10
31	trim_F60_Ti	12	2.18	14.65	0.36	0.65	0.97	-1.94	-0.02	1.09	-1.98	0.06	1.08	-1.81	0.11
32	trim_F60_Ti	13	2.12	14.64	0.36	0.65	0.98	-1.91	-0.02	1.07	-1.93	0.08	1.10	-1.82	0.08
33	trim_F60_Ti	14	2.14	14.63	0.37	0.65	0.99	-1.96	-0.01	1.10	-1.97	0.07	1.09	-1.84	0.11
34	trim_F60_Ti	15	2.14	14.65	0.36	0.66	0.99	-1.96	-0.01	1.08	-2.00	0.08	1.08	-1.82	0.11
35	trim_F60_Ti	16	2.13	14.64	0.36	0.65	0.98	-1.93	-0.01	1.08	-1.95	0.05	1.10	-1.83	0.10
36	trim_F60_Ti	17	2.18	14.64	0.37	0.65	0.97	-1.93	-0.01	1.09	-1.95	0.08	1.08	-1.83	0.11
37	trim_F60_Ti	18	2.20	14.63	0.36	0.65	0.99	-1.94	-0.02	1.09	-1.94	0.06	1.12	-1.84	0.10

Figure 4.5: Example of GINA Analyser output file, sheet 1 - breath by breath data.

### 4.3.2 Test conditions for assessing the GINA Analyser software

GINA Analyser's validity was assessed through testing:

1. that the output file meets the design requirements: a unique identifier for each test, calculations of the parameters, and the ability to comment. Additionally, that output was saved to the correct directories.
2. its ability to calculate output parameters for spontaneous breathing by the WOB technique or flow technique. The independent variables were *freq* at 30, 60 and 120 bpm, and *Prm* at 5, 15 and 25 N. Dependent variables were  $C_{int}$  (1.0), endotracheal diameter (5 mm) and airway resistance (2 cmH<sub>2</sub>O).  $t_{in}$ ,  $\tau_{in}$ , and  $\tau_{out}$  were changed as required to create ideal flow wave morphology. The output parameters tested were  $V_t$ ,  $t_{in}$ ,  $t_{ex}$  and  $P_y$  maximum, minimum and mean.  $V_p$ ,  $P_{etr}$  maximum, minimum and mean,  $P_a$  maximum, minimum and mean didn't need to be assessed as the functions *tidalfinder* and *pressure\_data* are already tested by  $V_t$  and  $P_y$  respectively. Correlation analysis was used to compare the signals calculated by each method to each other and to measurements taken manually off the original output signal, using a TDMS file viewer. Additionally, manual measurements were taken for both the filtered and unfiltered pressure signals and BA analysis was performed to determine whether the filter significantly changes the output values. The boundaries were set at  $\pm 0.1$ , half of the acceptable error of GINA.
3. its ability to complete all functions for long data sequences. Five 10 minute sequences were tested with independent variables *freq* at 30, 60 and 120 bpm and *Prm* at 5, 15 and 25 N .
4. its ability to complete all functions on alternating spontaneous and non spontaneous breathing. A signal of alternating 10 s spontaneous and 10s non spontaneous was tested.
5. its ability to complete all functions on random breathing sequences including apneas. The 'random' mode on GINA was used to generate this signal.
6. its ability to calculate output parameters for non-spontaneous breathing by the flow method. The independent variable was *freq* at 30, 60 and 120 bpm. Dependent variables were  $C_{int}$  (1.0), endotracheal diameter (5 mm), airway resistance (2)  $t_{in}$  (0.4 s),  $\tau_{in}$  (60), and  $\tau_{out}$  (60).

The two test criterion for assessing the GINA Analyser software are that:

1. It passes the conditions of the Software Sustainability Institute's criterion based assessment [59] that are relevant at this pre-distribution stage of development,

2. It is valid, that is, it does what it is meant to do.

## 4.4 Results

### 4.4.1 Assessment of GINA Analyser validity

#### 4.4.1.1 Accuracy of calculations by the flow and WOB techniques

As mentioned previously, the relationship between the manual and flow or WOB technique calculations represents accuracy. Therefore, we assessed whether the flow and WOB techniques each produced accurate calculations of the parameters ( $V_t$ ,  $t_{in}$ ,  $t_{ex}$ ,  $P_y$  maximum, minimum and mean) by determining Pearson's correlations between the technique and manual measurements. These correlations are in figure 4.6. Tidal volume measurements were omitted from the table because  $T_v$  values were identical across each technique.

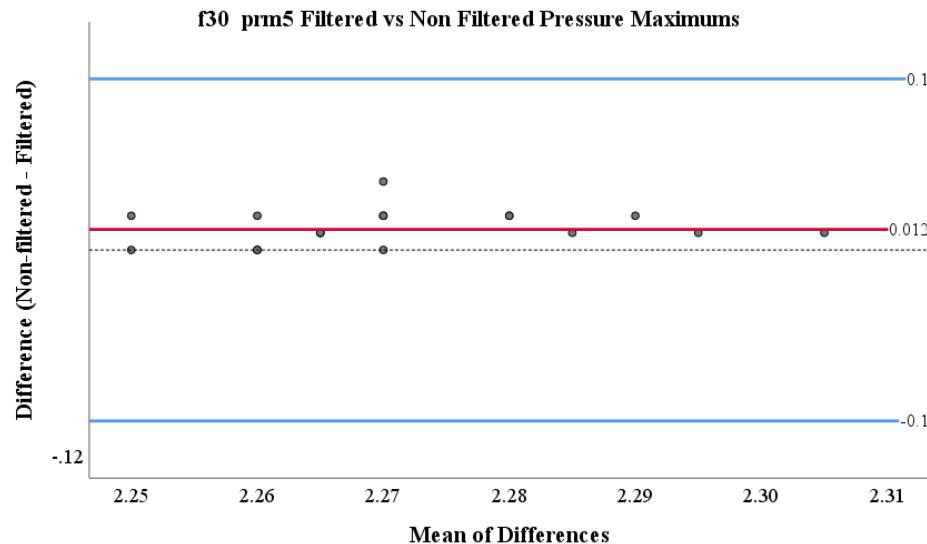
For the test cases involving higher frequencies (freq = 60 bpm and freq = 120 bpm), both flow and WOB measurements were significantly associated with the manual values, indicating a high degree of accuracy. When it comes to the lowest frequency, freq = 30 bpm, it is interesting to see that neither test was able to achieve accuracy for  $t_{in}$  or  $t_{ex}$ , but both techniques calculations were statistically identical. However, for this frequency, pressure values were significantly associated with the manual values. There was a trend towards increased accuracy of all calculations as Prm increased. There was no difference between the output from either techniques.

Pearson's correlation												
	WOB vs Flow				WOB vs Manual				Flow vs Manual			
	$t_{in}$	$t_{ex}$	$P_{max}$	$P_{min}$	$t_{in}$	$t_{ex}$	$P_{max}$	$P_{min}$	$t_{in}$	$t_{ex}$	$P_{max}$	$P_{min}$
f30	1.000**	1.000**	1.000**	.979**	-.139	-.125	1.000**	.979**	-.139	-.125	1.000 **	.979**
f60	1.000**	1.000**	.532**	.237	.478*	.514**	.532**	-.003	.478*	.514**	1.000**	.464*
f120	1.000**	1.000**	1.000**	1.000**	.512*	.550*	1.000*	1.000*	.512*	.550*	1.000**	1.000*
f60 Prm5	1.000**	1.000**	1.000**	1.000**	.420	-.299	.613*	-.488	.420	-.299	.613*	-.488
f60 Prm25	1.000**	1.000**	1.000**	1.000**	1.000**	1.000**	1.000**	1.000**	-.135	1.000**	1.000**	-.135

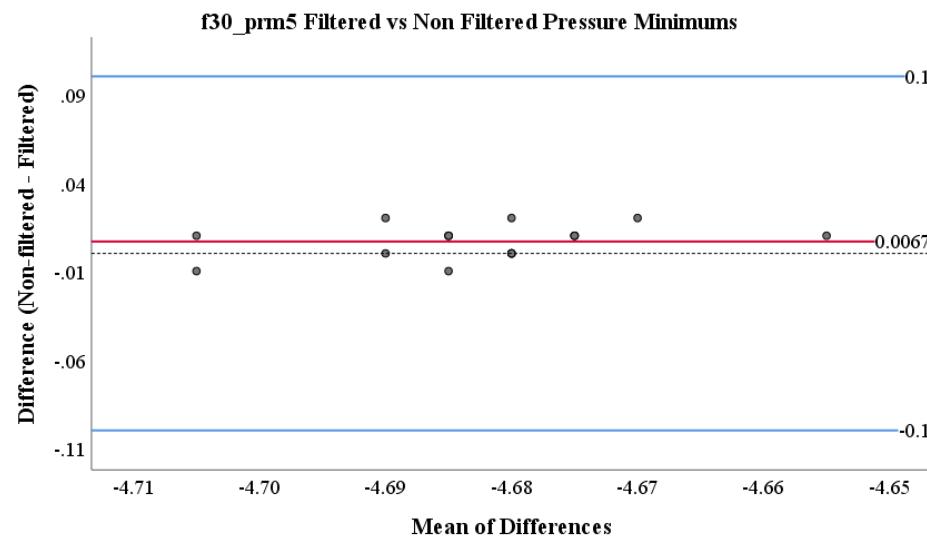
\* p<.05, \*\* p<.01, \*\*\* p<.001

Figure 4.6: Comparison of the flow method, WOB method and manual measurements by Pearson's correlation for GINA Analyser output.

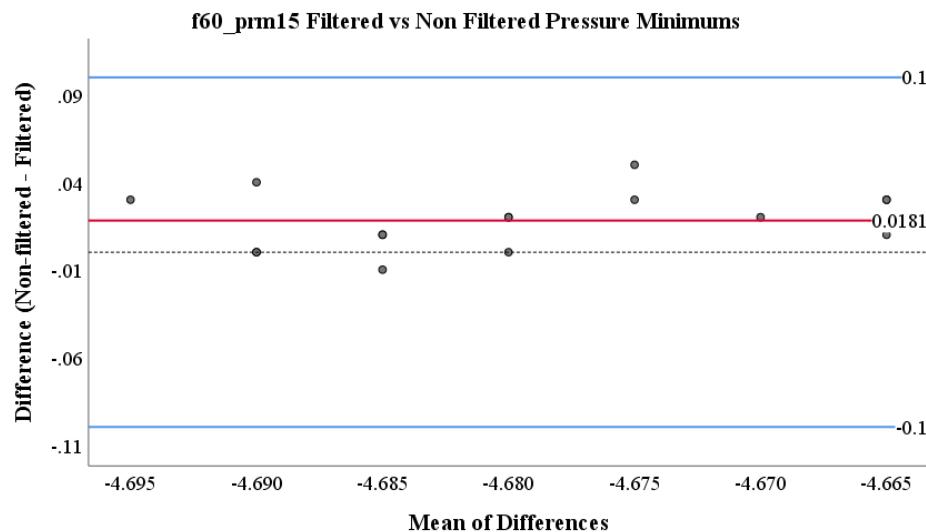
Bland Altman analysis of the difference between pressure maximums and minimums on the filtered vs. the unfiltered signal showed no significant mean of differences across all conditions (see fig. 4.7). Interestingly, in the case of minimums for freq = 120 bpm and Prm = 15, the mean of differences very closely approximated the lower boundary. This may indicate that the filter overexaggerates minimums at high frequencies but this trend is not supported by other cases.



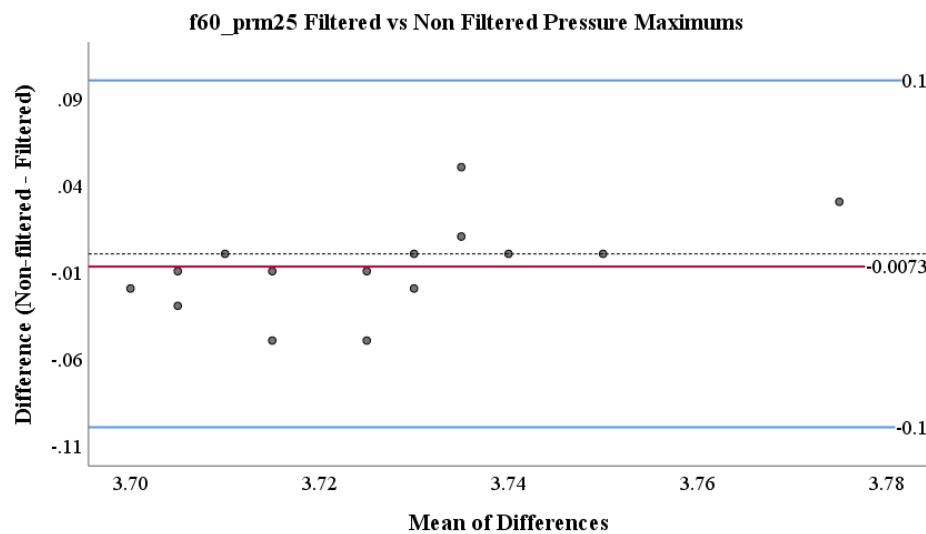
(a) Pressure maximums, freq = 30, Prm = 5



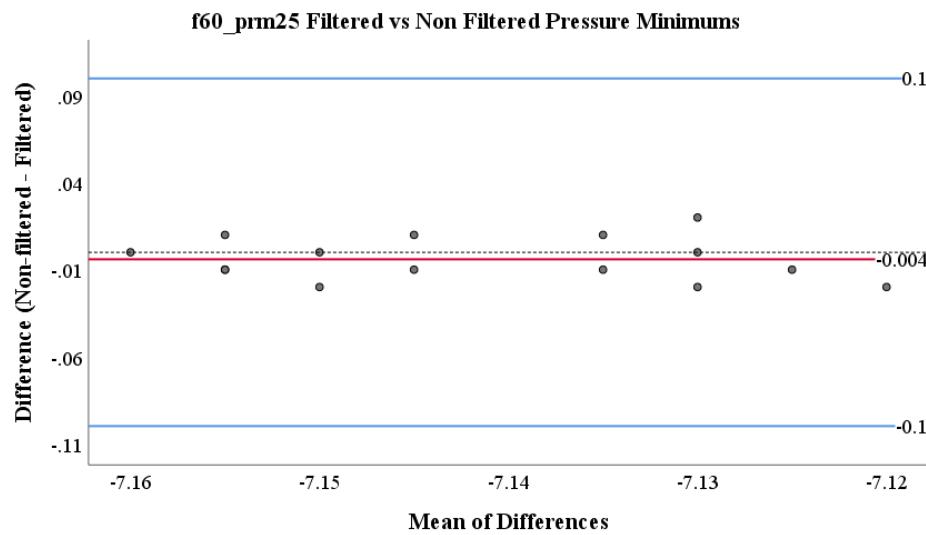
(b) Pressure minimums, freq = 30, Prm = 5



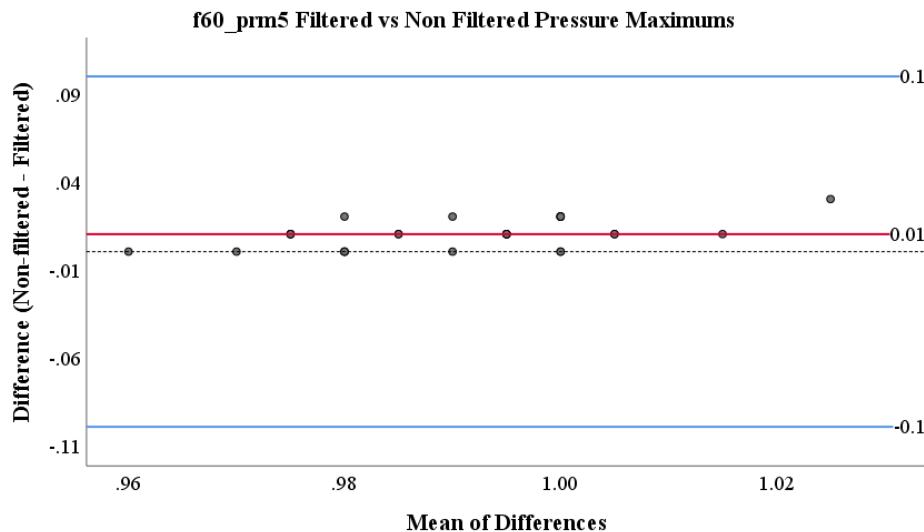
(f) Pressure minimums, freq = 60, Prm = 15



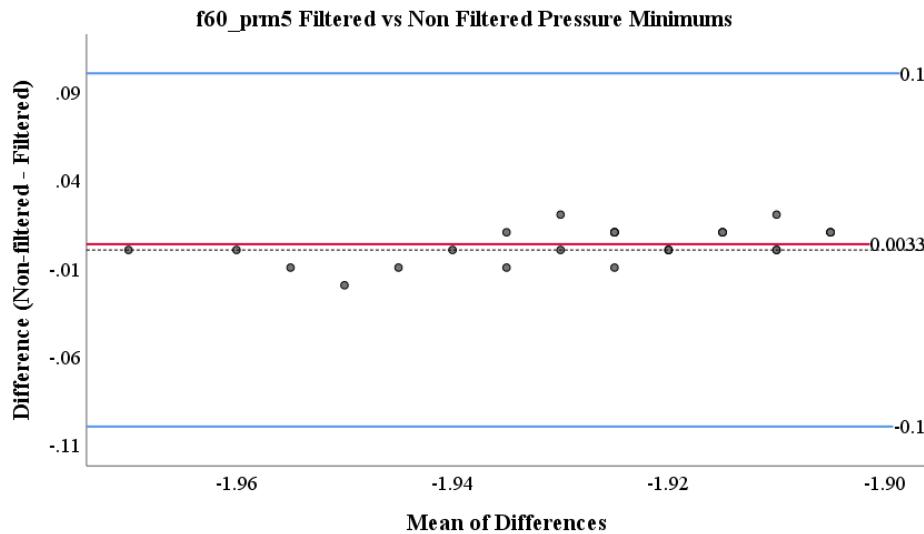
(g) Pressure maximums, freq = 60, Prm = 25



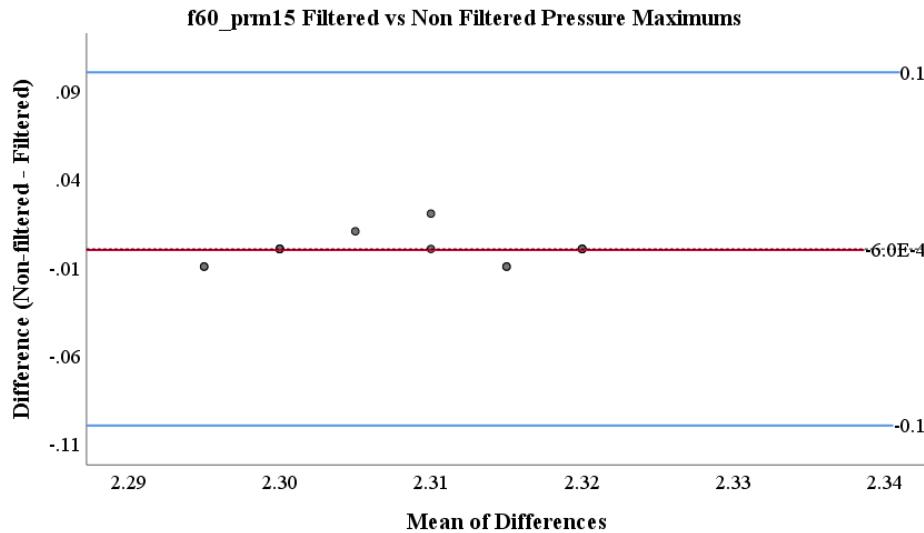
(h) Pressure minimums, freq = 60, Prm = 25



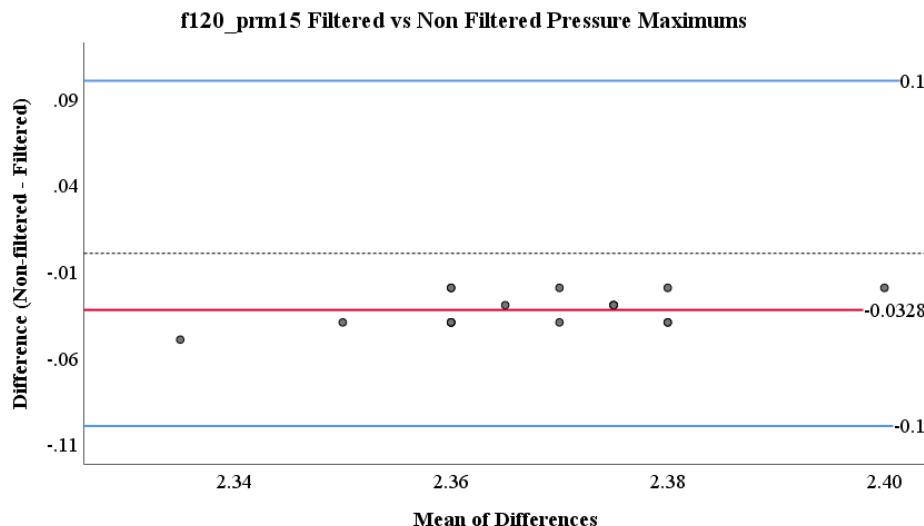
(c) Pressure maximums, freq = 60, Prm = 5



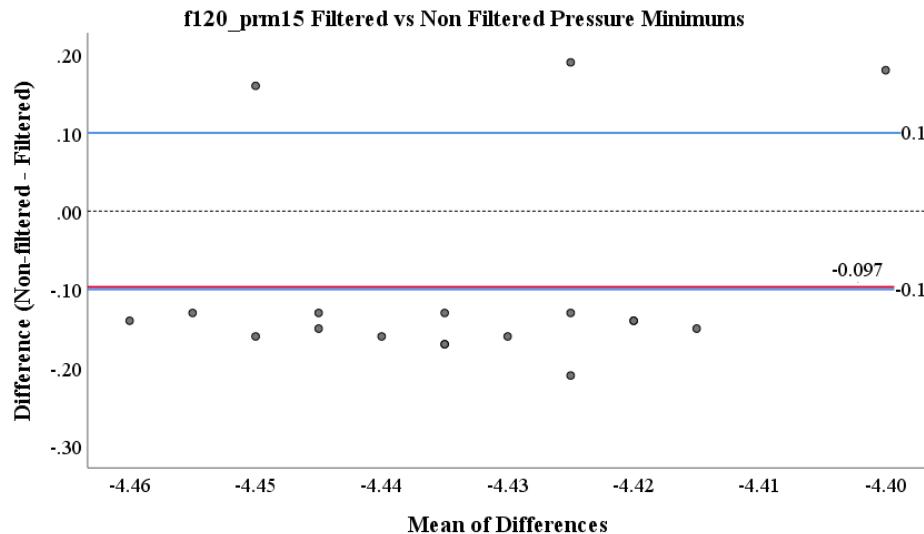
(d) Pressure minimums, freq = 60, Prm = 5



(e) Pressure maximums, freq = 60, Prm = 15



(i) Pressure maximums, freq = 120, Prm = 15



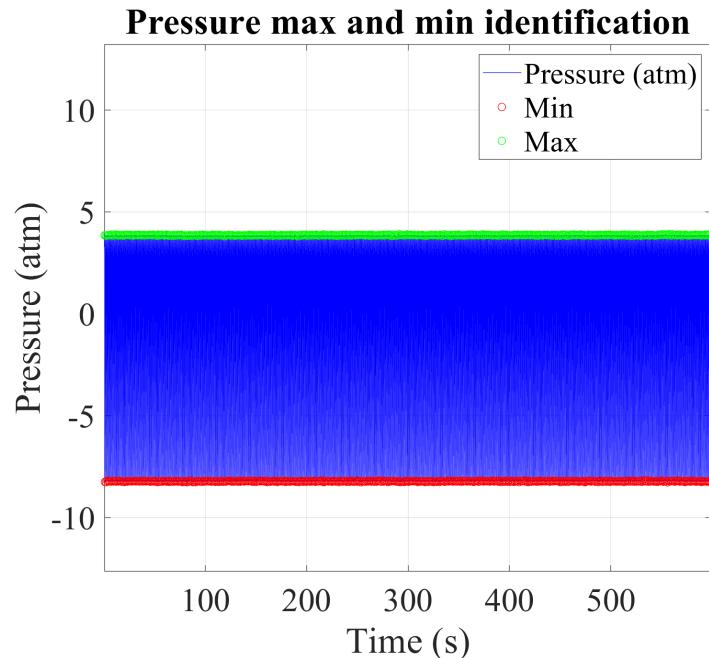
(j) Pressure minimums, freq = 120, Prm = 15

Figure 4.7: BA analysis comparing filtered and unfiltered pressure signals

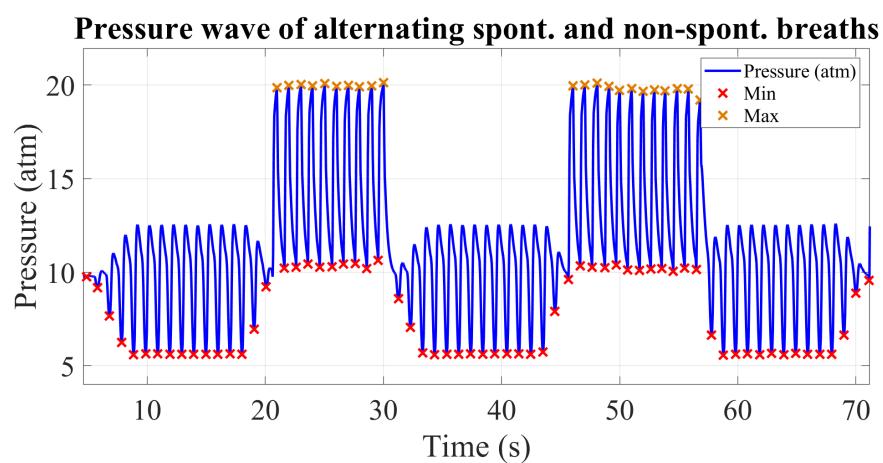
#### 4.4.2 Assessment of GINA Analyser capabilities

The GINA Analyser software was able to run to completion for both spontaneous and non-spontaneous breathing datasets of up to two minutes long. When tested with 10 minutes of spontaneous breathing data, the software consistently could only manage to calculate breaths, inspiratory times, expiratory times, tidal volume, piston volume and pressure at the outlet, but failed when it came to endotracheal pressure and alveolar pressure. When breaths were calculated using the flow signal, software failed to calculate anything when there was a large spike or interruption

in the data as a result of a mechanical incident with the machine. When the WOB signal was used, the software could calculate breaths and breath times only. The GINA Analyser was not able to handle data that alternated between spontaneous and non spontaneous breathing, or random breathing.



(a) GINA Analyser can work on long data sets.



(b) GINA Analyser is unable to correctly calculate pressure max and min for alternating spontaneous and non-spontaneous breathing because of the noise as the signals switch.

Figure 4.8: GINA\_Analyser capabilities

#### 4.4.3 Software criterion based assessment

According to preliminary assessment before software distribution, the GINA Analyser software is valid. It does what required of it, and all errors are caught and handled. It performs the analysis to calculate breath-by-breath values for the clinician-desired parameters :  $V_t$ ,  $V_p$ ,  $t_{in}$ ,  $t_{ex}$ ,  $P_y$  maximum, minimum and mean,  $P_{etr}$  maximum, minimum and mean,  $P_a$  maximum, minimum and mean. The data output meets the requirements set out in the methods. There is a unique identifier for each test. As demonstrated in the above sections, both the flow and WOB calculation techniques produce accurate outcomes. As required, comments can be left. The second sheet of the excel output file which logs the tests performed is particularly fit for purpose. Finally, data is saved in the subdirectory named by the user.

When it comes to the criterion based assessment, GINA Analyser passes some most conditions. Under the *usability* criterion, the software passed understandability, documentation and learnability: the application interface is simple and easy to understand, and clear documentation of how to implement the software is included. Under the *sustainability and maintainability* criterion, the software passes changeability, testability and evolveability, but not portability. This is because when the software is installed on different computers, although it runs, the app interface features (buttons, words etc) do not properly oriented. This is a problem with the GUIDE Matlab plug-in.

### 4.5 Discussion

#### Summary of findings

Were the correlations and bland altmans acceptable? Why was there the trends?  
Room for improvement with the filters? The question of what is the true value.  
Should peaks be preserved?

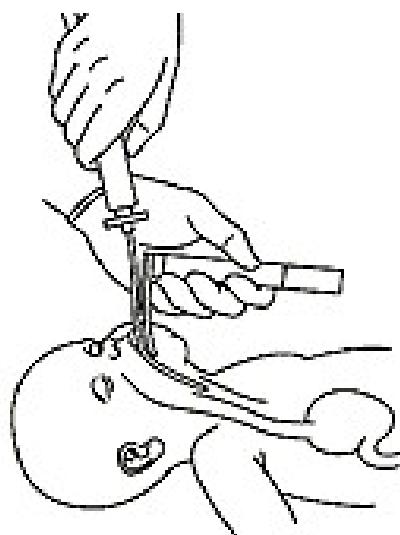
Future directions for the software: ability to filter out big spikes, Extra parameters A different language, perhaps python, C or Java. Perhaps the ability to convert tdms files.

## 5 | Case Study One: Interfacing ventilators with neonatal patients

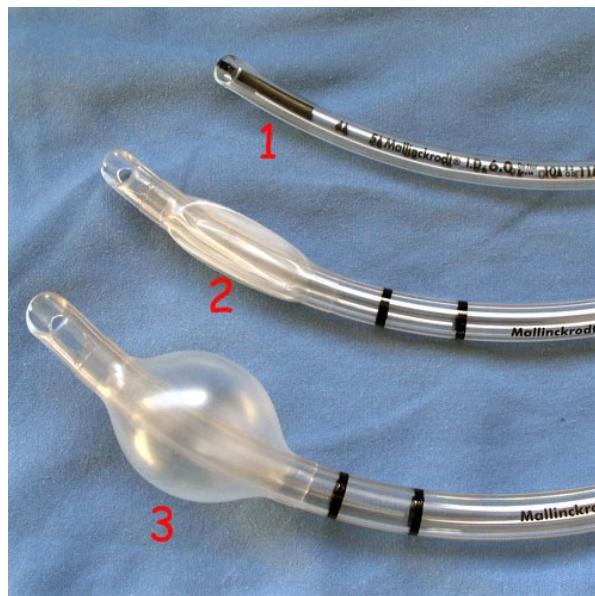
One of the most common methods of interfacing ventilators with patients for the treatment of respiratory distress syndrome is through endotracheal intubation [60]. This avoids any issues caused by upper airway collapse and there is less leak in the system than a face mask or nasal prongs (see fig. 5.1a). A recent (2016) study found that adverse events occur in 4 out of 10 intubations of neonates, with severe events occurring 8.8% of the time. Predictors of adverse events include multiple intubation attempts and emergency intubations. Adverse events that can be associated with intubation include CPR, tracheal perforation, airway bleeding or trauma, rigid-chest syndrome, emesis, pneumothorax, mainstream bronchial intubation, hypoxia and bradycardia [61]. In the first part of this chapter we explore what intubation involves, the mechanical interaction of the ETT with the endotrachea, and, the material properties of endotracheal tubes (ETT). In the second section we look at how ETT design has changed with time and current developments.

### 5.1 The practice and effects of endotracheal intubation

Modern ETTs are made from polyvinyl chloride composites (PVC) or polyurethane composites. These are tough but flexible polymers that are relatively bio-inert and have many biomedical applications. The ETT used on older children and adults is a cuffed tube. In these the tube diameter is smaller than the endotrachea and so a small cuff on the tube is inflated to hold the ETT in place and prevent leakage. However, the diameter of the neonates endotrachea is very small ( $\approx 3$  mm for extreme and very preterm infants [43]), and, some research suggests that it may be shaped conically, preventing proper cusp inflation [60]. Since tube resistance increases according to diameter reduction to the fourth exponent, it is most common practice to use uncuffed endotracheal tubes in neonates in order to minimise this resistance (see fig. 5.1b). Additionally, as described in section *Neonatal Respiratory Physiology*, the neonatal airways are substantially less elastic and are thin and



(a) <https://www.bettersafecare.vic.gov.au/resources/clinical-guidance/maternity-and-newborn-clinical-network/meconium-stained-liquor-msl-management>



(b) [https://www.howequipmentworks.com/tracheal\\_tubes/](https://www.howequipmentworks.com/tracheal_tubes/)

Figure 5.1: Endotracheal Intubation. (a) The intubation process. (b1)Uncuffed ETT (b2) Deflated cuffed ETT, (b3) Inflated cuffed ETT

weak. Although the neonatal endotrachea is supported by cartilage, the tissue lining the walls of this area relatively flimsy. There have been reports that in children under 8 years old, the pressure of the cuff on the weak endotracheal walls is associated with mucosal injury leading to subglottic stenosis [62]. Subglottic stenosis is essentially the narrowing of the airway due to the build up or scar tissue, which obviously causes airways to be stiffer, creates greater airway resistance and requires the infant exert more energy to breathe. Injury to the mucosa and cilia of the airway damages the system by which hazardous particles including germs are removed from the lungs. These injuries can cause lifelong morbidity. It is commonly held in most NICUs that uncuffed ETTs are best suited to the biomechanical environment of the infant airway.

However, in recent years the superiority of the uncuffed tube has been undermined. Although the PVC/polyurethane material itself is reasonably soft, the angled cut-off tube can be quite sharp. Because it is not prevented from moving laterally by a cuff, this cut-off can scratch the mucosal airway walls and break the cilia. Uncuffed ETTs also have a higher risk of ETT leak around the tube and deliver decreased ventilation pressures. They have also been found to be associated with more intubations in order to find the correct size, and though this data is from the child and not the neonatal population it is likely transferable [62]. With each additional intubation, there is a far higher risk of complication. Additionally, the traditionally taught ‘con-

ical' shape of the airway has been called into question, with three recent studies concluding that it is shaped cylindrically, like an adults. A 2018 study found that it may be safe to used cuffed ETTs in children under 3 kgs [63], but more studies need to be done to conclude that cuffed ETTs are biomechanically safer than uncuffed ETTs.

In addition to the question of what design is safer when it comes to tube-airway mechanical interactions, there are also issues regarding the suitability of the current PVC and polyurethane composites materials of the tubes. Due to the polymer porosity, bacterial biofilm growth around and inside the tube is a consistent problem. This biofilm can cause irritation or infection of the surrounding mucosa, inducing swelling and increasing airway resistance. When the mucosal cilia has already been damaged, the problem increases as the immune system can not fully remove any infectious bacteria that drips into the airways. This has been linked to causing ventilator-associated pneumonia, a serious complication with a mortality rate of up to 48% in at risk patients [64]. When the tissue itself has been abraded there is opportunity for the bacteria to purge the layers of the tissue or enter the bloodstream, which may cause severe and possibly life risking infections [65].

## 5.2 Developments of material design of endotracheal tubes

There is a growing field of research in improving the material design of ETT's to mitigate some of these risks. Up until the 21st century, the primary focus in ETT design was achieving PVC composite bioinertia. The focus of the last 20 years has been bio-activity and antisepticism. The following section summarizes the upgrades of the 21th century, then goes on to introduce some of the modern materials and research concepts that are not necessarily market ready.

### 5.2.1 Recent history of ETT materials

In the 1950s plasticized PVC was been widely used in medical devices including ETTs, catheters and for blood transfusion. They were ideal thanks to their ductility, toughness, flexibility and translucency. However, these tubes had a short in-body life as over time they changed from a flexible state to being brittle. It was found that this phenomenon was due to the plasticizer leaching out of the tube and into the body. Research determined that this had many negative side effects. Some examples of plasticizers and their side effects include: *dioctylphthalate*

which caused contamination of blood platelets, *organotin* which caused inflammation and necrosis of muscle, and *zinc* which caused protein poisoning. Therefore, high molecular weight plasticizers became the standard as they were found to reduce this leaching and toxicity [66].

PVC continued to be the material of choice for ETTs throughout the later 20th century and polyurethane also became popular as it is highly bio-inert. Many experiments were performed to increase their biocompatibility. These included:

- **Grafting** involves grafting PVC/polyurethane to hydrophilic monomers such as acrylic acid or methacrylic acid in order to decrease the hydrophilicity of the tubes and reduce fluid build up and tube blockage.
- **Plasma treatment** involves using plasma to treat the surface of the PVC/ polyurethane to make it more bio-interactive and therefore less irritable to the body. However, this can sometimes have the unintentional side-effect of increasing opportunity for bacterial growth.[66]

### 5.2.2 Ongoing developments of ETT materials and design

The focus on modern research is to adapt the ETT materials or design for enhanced anti-microbial properties. Recent research developments and proposals include:

- **Incorporation of catatonic steroidial antimicrobials (CSAs)** has been proposed by patent as a means of not only creating an environment where bacteria can not grow, but also because CSAs have been shown to encourage tissue healing. It is proposed that CSA compounds are mixed with the polymeric material and therefore become a part of the ETT structure [67].
- **Polyurethane-Iodine complexes** have been explored due to iodine's proficiency as an antimicrobial agent, and its ability to bind strongly to polyurethane. The new material evoked potent antimicrobial activity against gram-negative and gram-positive bacteria, fungi and viruses. It also inhibited ETT surface biofilm formation. Antimicrobial potency was proportional to iodine binding. The material was tested on rat skin cells and caused no damage. It is yet to be tested clinically [64].
- **A self-cleaning and sterilizing ETT design** has been proposed by patent. It involves combining an ETT and a suction catheter. The suction catheter decreases the tendency of mucus and bacteria to adhere to the inner surface of the ETT. It is proposed that both ETT and catheter surfaces are hydrophobic to repel moisture which would encourage outer surface bacterial growth.

Alternately, it is proposed that the ETT and catheter have an antimicrobial photocatalyst coated lumen and the ETT has a fiberoptic cable mounted in it [68].

### 5.3 Conclusion

This case study has provided the reader with a brief overview of the practice of endotracheal intubation in neonates. From the perspective of biomechanical interaction, the jury is still out on whether using cuffed or uncuffed tubes carry less risk. In either case, the forces applied to the mucosal cell layer of the airway can cause subglottic stenosis and inflammation which results in airway narrowing. From the biomaterial perspective, we see that ETTs also carry the risk of breeding bacteria which, in combination to the damage caused to the airway cilia, can lead to tissue infection or pneumonia. Thankfully, modern ETTs do not appear to leach dangerous plasticizers into the body as they used to. Hopefully with more research and clinical trials, ETTs may no longer pose a risk of incubating infection, and the cusp discussion may be resolved, leading to more directed research into better ETT design for the reduction of applying adverse forces to the airway.

## **6 | Case Study Two: Regulations in the Medical Device Industry: The GHTF and The Predicate Problem**

So far, this thesis has made very it clear that regulation in the neonatal respiratory medical device industry area is in need of improvements. Unsurprisingly, many of the issues with regulatory standards described in previous sections are also relevant for other types of medical device. On a world scale, additional complexities arise due to the different regulations set by different regulatory States. Therefore, it is not uncommon that a device may pass Standards and be permitted for human use in one country but not another. In this Case Study, we first explore the World Health Organizations attempt to unify Standards across the world via the Global Harmonisation Task force (GHTF). We survey their purpose and what they identify to be important factors of medical device safety assurance. In the second part of this Case Study, we identify an issue that still plagues the medical device industry in spite of the GHTF: *predicate creep*. We survey what *predicate creep* is and examples of how it has caused major disasters for the health of patients and the reputation of the medical device industry.

The GHTF is a limb of the World Health Organization body which was formed in 2003 with the purpose of guiding the development and modification of the medical device regulatory systems of its member states. Most medical devices are used globally, therefore it is in the interest of public health to harmonize Standards. The GHTF was developed under the ideal of there being one unifying legislation across the world, though it is recognised that this ideal can not be met as "one single template will not meet the needs of every country" as some countries have "production facilities that will require goods manufacturing practice and complex quality controls", whilst others "may depend principally on the donation of equipment... and need different policies to protect their population against unsafe and inappropriate technology" [69]. The committee is formed by mainly by representatives from national medical device authorities of member states. Member states directly in-



Figure 6.1: Typical Process for Standards Development [69]

volved in orchestrating the decisions of this body are the USA, European Union, Australia, Canada and Japan. Other countries including Russia, China, Brazil and India are not presently part of this body though efforts are being made to align their regulations with those set by the GHTF and ISO. The primary means by which the goals of the GHTF are accomplished are by the publication and dissemination of guidance documents for basic regulatory practices [69]. The GHTF is not the International Organization of Standardization (ISO), but they do work with them to maintain that the standards ensure the safety, reliability and performance of products. ISO Standards are not mandatory in and of themselves, but are made mandatory when they are mandated by a regulatory or legal body. Most countries do treat the ISO Standards as the basis for their own regulations. According to a products conformity to the Standards, the product may display a certification mark allowing it to be market available in many jurisdictions. Figure 6.1 outlines the typical process by which the ISO develops Standards.

As mentioned previously in this thesis, the purpose of regulations are to ensure the safe and effective treatment of patients and to give consumers access to beneficial technology as quickly as possible. According to the WHO document titled *Medical*

*Device Regulations: Global overview and guiding principles*, medical device safety assurance has several essential elements. These features are: risk management, assessing effectiveness of medical devices, safety across phases in the life span of a medical device, and responsibilities of stakeholders.

**Medical device safety and risk management.** Device safety can never be guaranteed as inherently all devices carry a degree of risk and are capable of causing harm to a patient or user under the right circumstances. These circumstances may be patient specific. For example, all tests on a pacemaker may point towards it working correctly and being bio-compatible. However, the implantation procedure for pacemakers is high risk as is housing an implant within the body, and the patient may not be able to survive it. The current approach to estimating the potential of a device to be unsafe is by means of a risk assessment. Risk assessments are inherently subjective. The GHTF recommends that therefore device risk assessments are carried out by a panel of medical specialists and other relevant experts, such as biomedical engineers. In many regulatory jurisdictions, medical devices are placed into classes according to its risk assessment. For example, in Australia medical devices are classed into the following; class I (low risk), class I-supplied sterile (low medium risk), class I - incorporating a measuring device (low medium risk), class IIa (medium risk), class IIb (medium high risk), class III (high risk) and Active Implantable Medical Devices (high risk). The United States on the other hand has classes I-III from low to high risk, and humanitarian use devices. The device class guides the stringency of tests set out by the regulatory body that a device must pass before approval [69, 70].

**Effectiveness and performance of a medical device.** A device is termed *clinically effective* when it "produces the effect intended by the manufacturer relative to the medical condition" [69]. *Performance* includes clinical effectiveness, but also additional features of the device (eg, an alarm) that don't impact patient outcome but do have other uses. Effectiveness and performance are required to ensure medical device safety.

**Phases in the life span of a medical device.** A medical device goes through the following phases. (1) Conception and Development, (2) Manufacture, (3) Packaging and labelling, (4) Advertising, (5) Sale, (6) Use, and (7) Disposal. At each of these stages, risks must be mitigated to ensure the overall safety of the device. For example, it is important to ensure biohazards are not introduced or can not be introduced during the packaging stage. Similarly, it is important to consider how a device can be disposed of so as to not be an available biohazard that can be touched by waste handlers or the public, nor can it infiltrate

soils and water etc. Advertising and labeling must be clear and truthful to mitigate the risk of improper usage.

**The role of each stakeholder.** There are three primary stakeholders that play a critical role in ensuring the safety of a medical device. These are the manufacturer, the vendor, and the user. The manufacturer must ensure that the device meets or exceeds the required standards for safety and performance across the development, manufacture and packaging/labeling stage. It is the responsibility of the manufacturer to not only mitigate dangers to the patient, but also the opportunity for accidental ‘user error’. It is the responsibility of the vendor to sell the device within the requirements set by the manufacturer (for example, storage time and temperature), and to be truthful in advertising. The vendor is responsible for facilitating after-sale service to maintain the ongoing safety of the device. The user is responsible for ensuring that they have the qualifications and correct conditions (eg, a sterile operating theatre) for usage of the device. They are required to use the device within the manufacturers specifications.

In addition, there are two secondary stakeholders. These are the public and the government. The public are the beneficiary of devices and are responsible for complying with correct device operating procedures. Finally, the government is responsible for setting the jurisdiction for each of the stakeholders. They ensure user safety and protect the liability of the other vendors through law and punishment. They must stay on top of technology as it advances and change the laws appropriately. Ultimately, the responsibility for ensuring medical device safety is shared (see fig. 6.2 [69]).

Though the harmonization of medical device regulations is an important objective, there remain major issues with medical device regulation that must be scrutinized in order to truly protect consumer safety worldwide. Indeed, in recent times there has been increased recall of medical devices [70]. This may be an outcome of more stringent auditing and better reporting practices, but it may also demonstrate more dangerous devices are being permitted for clinical use. One of the major issues is *predicate creep*. *Predicate creep* occurs when a number of devices are considered to meet regulatory standards based on similarity to another device that exists on the market in succession to one another. For example it is possible that by the time ten devices in this series that have passed regulations without testing, there is barely any similarity between the first and the tenth device. Therein lies the danger of *predicate creep* as the final device in that series has essentially never been tested to assure safety. The most famous cases of this phenomenon and its aftermath is

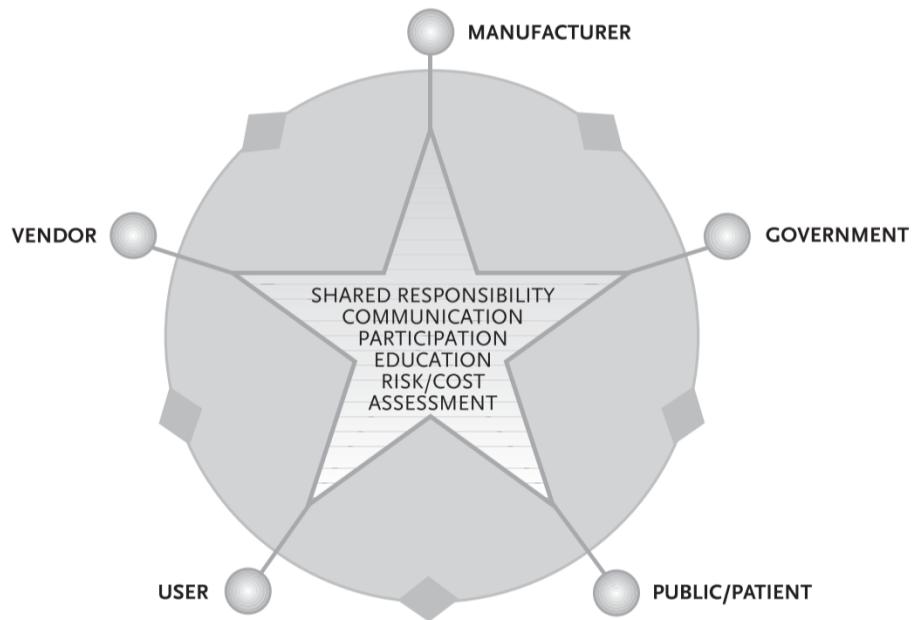


Figure 6.2: Ideal conditions for ensuring the safety and performance of medical devices [69]

that of the vaginal mesh, silicon breast implants and metal-on-metal artificial hip implants. The extremity of these cases was the impetus for changes to regulations that continue to this day. The following paragraphs explore the vaginal mesh case and how it occurred in spite of regulations. This demonstrates why and how methods of medical device regulation and jurisdiction requires drastic improvements.

Transvaginal mesh devices were initially classed as class II under the USA's FDA system and therefore were eligible for approval under the 510(k) system [71]. This system permits vendors to claim their device is "substantially equivalent" to a device already on the market, including up until 2016, recalled devices [72]. In Australia, as in Europe, vendors can apply to have devices approved via proxy of passing the USA's 510(k) system according to what the TGA describe as a "risk based approach" assessed by "experts" in the field [13]. As a result of their low class and the 510(k) process, these devices were implanted in many women for treatment of pelvic organ prolapse and stress urinary incontinence worldwide. Though there is evidence showing that mid-urethral slings, the category under which vaginal meshes fall, are effective, there have been a significant number of serious complications with the vaginal mesh that could have been avoided had they not been allowed to bypass proper regulatory testing. Serious adverse effects include vaginal erosions, infections and organ perforation [71]. The first warning about vaginal meshes was released in 2011, though devices were not recalled from Australia and other gover-

nance members of the GHTF until April 2019.

A study by Mahtani et al. [73] traced the marketing clearance for 61 mesh devices that had gained market access through a chain of equivalence and found that the only two unique originating devices that were made to pass all standards were approved in 1985 and 1996. They found no evidence for any new clinical trial data at the time of device approval for all 61 devices, with empirical evidence of effectiveness from randomised trials emerging on average five years after approval with a range of up to fourteen years. The danger of predicate creep should have first been realised when an earlier device, the Protegan sling which was made from polyester, was recalled from the market. This device was not only a predicate for more modern devices, but modern devices were not even made from the same material. They were made from polypropylene and yet still passed the 510(k) procedures. It is worth noting that the 510(k) process is not necessarily void of any clinical testing, however, the clinical tests applied to these devices are not rigorous enough. All meshes are required to undergo 48 hours of *in vivo* animal testing to observe for biocompatibility and dangerous side effects. Mahtani et al. reflect that "such studies are unlikely to reflect the benefit-harm profile of implantable devices that remain in humans for decades". Additionally, it is uncertain to what extent the movement of a device in an animal such as a rodent is indicative of how it will behave in a human. In spite of the 2016 decision of the FDA to change the class of vaginal meshes from class II to class III in order to force new devices to undergo more thorough testing, the devices that have not been recalled from the market will not be forced to be retested, leaving it to time and findings of patient harm before adverse effects can be identified. Furthermore, a three year transition period is in place before the class III rules come into force which does not expire until May 2020. Clearly, not only do current regulations permit *predicate creep*, they also do not act fast enough on existing adverse events caused by the phenomenon.

In summary, it is clear that while regulation of medical devices is moving towards unification to ensure the same standard of care for patients worldwide, pertinent issues such as *predicate creep* still plague the system. There is no point in harmonisation if the harmonised Standards permit dangerous therapies to be provided to the general public.

## **7 | Overall Discussion and Conclusions**

Is GINA valid enough? What is good enough. Comparison to ASL. Comparison to models. Price factor.

future directions: software Intended tests Timeline

# **8 | Work Health and Safety Issues**

## **8.1 Overview**

The *Work Health and Safety Act, 2011* [20] details the right of an employee or contracted worker to safety in the workplace and the responsibilities and duties of workers and officers in a workplace. Health and safety risks are managed under an approved code in this act, under *Section 274*, named the *Code of Practice: How to Manage Work Health and Safety Risks* [20]. In accordance with this code, all of my undertakings within the workplace at Westmead Hospital have been considered and a risk assessment has been undertaken. The purpose of carrying out a risk assessment is to identify hazards I may encounter in my work, assess their risk, and then to control those risks before pursuing said risky activities. Control measures must be lasting and may require regular assessment to ensure their performance. Hazards may be associated with the physical work environment, equipment and materials used, and work tasks that are physical or experimental in nature.

It has been deemed by myself and safety officers that the nature of the risks involved in my work are acceptable. All actions required to mitigate identified risks have been taken and will continue to be taken as necessary.

## **8.2 Risk Assessment**

Table 8.1: Workplace Risk Assessment

Hazard	Harm	Likelihood	Severity	Risk	Mitigation Method	Actioned by	Actioned
Scissors, knives, scalpels	Can slice skin	Unlikely	Negligible injury	Low	Take caution, cut away from body	Corinne Gard	ongoing
Electrical machines	If dysfunctional, may cause electrocution	Highly Unlikely	Major injury	Med	Ensure equipment is not beyond service date	Corinne Gard, Murray Hinder	ongoing
Sitting for long hours	Injury to back, hips and/or neck	Likely	Minor injury	Med	Take regular breaks to walk	Corinne Gard	ongoing
Working at computer	Eye strain and/or neck strain	Highly Likely	Minor injury	High	Wear computer glasses, take regular breaks	Corinne Gard	ongoing
Liquid silicon rubber	Solvent in liquid silicon can be dangerous. Accidental ingestion or bio-accumulation by breathing and/or touching has been linked to cancer and endocrine disruption.	Highly Unlikely	Major injury	Med	Wear gloves, keep face away from glue, replace cap after use	Corinne Gard	ongoing

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# A | Appendix for Core Study One

## A.1 Code for GINA VALIDATOR

```

1 %FILEVALIDATOR MATLAB CODE
2 % This file FileValidator creates the GUI application with which the
3 % user interfaces in order to validate GINA data against
4 % simultaneously taken data from the FlowAnalyser. Based on user
5 % selections and input, the data is sent to the main.m file for
6 % processing.
7
8
9 %%-- function not my own work. Created through GUIDE application.
10 function varargout = FileValidator(varargin)
11 % Begin initialization code - DO NOT EDIT
12 gui_Singleton = 1;
13 gui_State = struct('gui_Name',     mfilename, ...
14                     'gui_Singleton',   gui_Singleton, ...
15                     'gui_OpeningFcn', @FileValidator_OpeningFcn, ...
16                     'gui_OutputFcn',  @FileValidator_OutputFcn, ...
17                     'gui_LayoutFcn', [], ...
18                     'gui_Callback', []);
19 if nargin && ischar(varargin{1})
20     gui_State.gui_Callback = str2func(varargin{1});
21 end
22
23 if nargout
24     [varargout{1:nargout}] = gui_mainfcn(gui_State, varargin{:});
25 else
26     gui_mainfcn(gui_State, varargin{:});
27 end
28 % End initialization code - DO NOT EDIT
29
30 % --- Executes just before FileValidator is made visible. Not my own work.
31 function FileValidator_OpeningFcn(hObject, eventdata, handles, varargin)
32 % Choose default command line output for FileValidator
33 handles.output = hObject;
34 % Update handles structure
35 guidata(hObject, handles);
36
37 % --- Outputs from this function are returned to the command line. Not my
38 % own work
39 function varargout = FileValidator_OutputFcn(hObject, eventdata, handles)
40 % Get default command line output from handles structure
41 varargout{1} = handles.output;
42
43 %%-- The following functions were created as a result of the GUIDE app
44 %design I created
45
46 % --- Executes during object creation, after setting all properties.
47 function gina_filename_CreateFcn(hObject, eventdata, handles)
48 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,'defaultUicontrolBackgroundColor'))
49     set(hObject,'BackgroundColor','white');
50 end
51
52 function lab_Filename_CreateFcn(hObject, eventdata, handles)
53 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,'defaultUicontrolBackgroundColor'))
54     set(hObject,'BackgroundColor','white');
55 end
56
57 % --- Executes on button press to reset the gui settings
58 function pushbutton7_Callback(hObject, eventdata, handles)
59 resetgui(hObject, eventdata, handles, 1);
60
61 % --- Executes on button press in ginabrowse. Browses for appropriate NALM
62 % xlsx file in the directory 'Tests_data' if it exists in the current
63 % directory.
64 function ginabrowse_Callback(hObject, eventdata, handles)

```

```

65 currentFolder = pwd;
66 filename = fullfile( currentFolder, 'Tests_data', '*xlsx');
67 global file_nalm
68 file_nalm = uigetfile({filename}, 'GINA File Selector');
69 set(handles.gina_filename,'String', file_nalm);
70 out = filegetter(handles, get(handles.gina_filename, 'String'), filename, file_nalm, handles.gina_filename);
71 file_nalm = out;
72 set(handles.gina_filename,'String', file_nalm);
73
74 % --- Executes on button press in labbrowse. This function browses for an
75 % appropriate FlowAnalyser file in the directory 'Tests_Data', if it exists
76 % in the current directory.
77 function labbrowse_Callback(hObject, eventdata, handles)
78 currentFolder = pwd;
79 filename = fullfile( currentFolder, 'Tests_Data', '*.log');
80 global file_lab
81
82 file_lab = uigetfile({filename}, 'FlowLab File Selector');
83 set(handles.lab_Filename, 'String', file_lab);
84 out = filegetter(handles, get(handles.lab_Filename, 'String'), filename, file_lab, handles.lab_Filename);
85 file_lab = out;
86
87 %% edit5 function creates textbox for validation answer in GUI
88 function edit5_Callback(hObject, eventdata, handles)
89
90 % --- Executes during object creation, after setting all properties.
91 function edit5_CreateFcn(hObject, eventdata, handles)
92
93 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,'defaultUicontrolBackgroundColor'))
94 set(hObject,'BackgroundColor','white');
95 end
96
97 %% nameFile box is where the user writes the new file name
98 function nameFile_Callback(hObject, eventdata, handles)
99
100 % --- Executes during object creation, after setting all properties.
101 function nameFile_CreateFcn(hObject, eventdata, handles)
102
103 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,'defaultUicontrolBackgroundColor'))
104 set(hObject,'BackgroundColor','white');
105 end
106
107 % --- Executes on button press in helpmenu. Brings up PDF of the manual.
108 function helpmenu_Callback(hObject, eventdata, handles)
109
110 %open HELP file
111 open 'GINA-VALIDATOR-MANUAL.pdf'
112
113 % --- Executes on button press in 'GO'
114 function pushbutton4_Callback(hObject, eventdata, handles)
115 global nameFile
116 check = 0;
117 while check == 0
118 a = get(handles.nameFile, 'String');
119 % first check that a file name has been provided
120 f = outfilecheck(a, handles);
121 %Then check if file exists
122 currentFolder = pwd;
123 File = fullfile(currentFolder, 'Tests_Results', string(f(1)));
124
125 if exist(File, 'dir')
126 str = ['File name " ', File, ' " already exists. Do you want to overwrite this file?'];
127 newStr = join(str);
128 answer = questdlg(newStr, 'Overwrite file?', 'Yes', 'No', 'No');

```

```

129 switch answer
130   case 'Yes'
131     nameFile = string(f(1));
132     check = 1;
133   case 'No'
134     set(handles.nameFile, 'string', 'Edit Text');
135     newFile = inputdlg('Enter a new file name, no spaces: ', 'Output File Name');
136     set(handles.nameFile,'String', newFile);
137 end
138
139 else
140   nameFile = string(f(1));
141   check = 1;
142 end
143
144 end
145 %Error handling for if a valid file has not been selected
146 x = get(handles.lab_Filename, 'String');
147 y = get(handles.gina_filename, 'String');
148 if strcmp(y, '0') || strcmp(y,'GINA File') || strcmp(x,'0') || strcmp(x, 'FlowAnalyser File')
149   warndlg('FileValidator can not run without a valid file selection. Select a file and click "Go" again');
150   resetgui(hObject, eventdata, handles, 0)
151 else
152   main %runs main file
153 end
154
155 %% outfilecheck function ensures that an appropriate outfile name has been
156 %provided by the user
157 function a = outfilecheck(f, handles)
158   if f == "Edit Text"
159     uiwait(warndlg('Please enter an output file name'));
160     newFile = inputdlg('Enter a new file name, no spaces: ', 'Output File Name');
161     set(handles.nameFile,'String', newFile);
162     g = get(handles.nameFile, 'String');
163     a = outfilecheck(g, handles);
164   else
165     a = f;
166   return
167 end
168
169 %% This function checks that the user has selected a file and handles
170 %the associated errors.
171 function out = filegetter(handles, filestring, filename, setfile, releventhandle) %checks that a file has been selected
172   if filestring ~= '0'
173     out = setfile;
174     return
175   else
176     % set a question
177     answer = questdlg('You must select one file. Click "Select File", or "Cancel" to exit.', 'Choose a file', 'Select File', 'Cancel', 'Select File');
178     switch answer
179       case 'Select File'
180         setfile = uigetfile({filename}, 'File Selector');
181         set(releventhandle, 'String', setfile);
182         next = get(releventhandle, 'String');
183         out = filegetter(handles, next, filename, setfile, releventhandle);
184       case 'Cancel'
185         out = '0';
186     end
187   end
188
189
190
191 %% resetgui function restores the gui to its original settings

```

```
192 function resetgui(hObject, eventdata, handles, erasename)
193 set(handles.gina_filename, 'string', 'GINA File');
194 set(handles.lab_Filename, 'string', 'FlowAnalyser File');
195 set(handles.edit5, 'string', '');
196 if erasename == 1
197     set(handles.nameFile, 'string', 'Edit Text');
198 end
199
```

```

1 %MAIN MATLAB CODE
2 % This file ga_main is called by FileValidator when 'GO' is selected
3 % on the FileValidator GUI. In this file, output data from GINA, and
4 % from the FlowAnalyser are sent to undergo analysis in Tester.m.
5 % Files are read in then timestamps are checked to ensure the signal
6 % recordings started within 30s of each other. Depending on
7 % whether Tester determines that the GINA data is valid, the Main
8 % file determines the message to be displayed by the FileValidator
9 % app.
10
11 % --Global variables
12 global nameFile;
13 global errorMessage;
14 global file_lab
15 global file_nalm
16
17 % --Import data
18 % FlowLab data
19 % 1) Get date and time stamp
20 filename1 = fullfile('Tests_Data', file_lab);
21 fid = fopen(filename1);
22 i = 1;
23 while (i <= 2)
24     A = fgetl(fid);
25     i= i + 1;
26 end
27 fclose(fid);
28 B = split(A,'=');
29 T_I = datevec(datetime(B(2))); %get date vector
30 % 2) Read continuous data into a table
31 lab_Data = readtable(filename1, 'FileType', 'text');
32 lab_Data = removevars(lab_Data, {'FlowHigh_I_min'});
33 lab_Data.Properties.VariableNames = {'Time_lab', 'Flow_lab', 'P_diff_lab', 'Vol_tid_lab'};
34 for i = 1:height(lab_Data)
35     z = (-1)*lab_Data{i,3};% invert pressure signal to match the data from GINA
36     lab_Data{i,3} = z;
37 end
38
39 % GINA data
40 % 1) Get date and time
41 filename2 = fullfile('Tests_Data', file_nalm);
42 [~,sheet_name]=xlsinfo(filename2);
43 [~, text] = xlsread(filename2, sheet_name{1}, 'G2');
44 T_n = datevec(datetime(text{1,1}, 'InputFormat','dd/MM/yyyy h:mm:ss a'));
45 % 2) Read continuous data into a table
46 nalm_Data = readtable(filename2,'Sheet', sheet_name{4});
47 nalm_Data = removevars(nalm_Data, {'Prm', 'Palv', 'Ptr', 'Vol', 'ChX'});
48 nalm_Data.Properties.VariableNames = {'Time_nalm', 'P_diff_nalm', 'Flow_nalm', 'Vol_tid_nalm'};
49 nalm_Data = movevars(nalm_Data, 'P_diff_nalm', 'After', 'Flow_nalm');
50
51 %--Run validity tests
52 test1 = Tester(nalm_Data, lab_Data, T_n, T_I, nameFile);
53 if test1.ex == 1
54     uwait(msgbox('Time interval between files can not be longer than 15s. Re-enter data and restart FileValidator'));
55     return
56 end
57
58 %-- Set validity status message on GUI
59 if test1.valid == 0
60     errorMessage = 'Validation failed';
61 else
62     errorMessage = 'Validation passed';
63 end
64 myhandle = findobj('Tag','edit5');

```

```
65 set(myhandle, 'String',errorMessage);
66 p = peakPlotter(test1);
67 myhandle1 = findobj('Tag','edit6');
68 set(myhandle1, 'String',p);
69
70 close all
```

```

1 % TESTER MATLAB code for the GINA_VALIDATOR GUI.
2 % This file Tester runs signal analysis on the continuous data from
3 % GINA and FlowAnalysyer. It takes in the data signals, trims them to
4 % have the same start, scales data to correct for sample rate error
5 % and uses Bland Altman analysis to determine signal validity.
6
7 classdef Tester < handle
8
9 properties
10    sam_rate = .05 %data sampl
11    %Errors for FlowLab
12    erFLflow = .05 %(sl/min),
13    erFLvol = .01 %sl
14    erFLdp = .1 %mbar
15    erFLfreq = 1 %bpm
16    erFLcomp = 1 %ml/mbar
17    %Errors for GINA
18    erFlow = .17
19    erVol = .17
20    erP = .2
21    currentFolder = pwd;
22    folderName
23    newFile
24    size
25    x1
26    x2
27    x0
28    y2p
29    y2v
30    int
31    vent
32    nalm_Data
33    lab_Data
34    T_n
35    T_l
36    scale_fac
37    valid = 1; %changes to 0 if test is not valid
38    ex
39    period = 1; %for testing purposes only. Change period if different freq
40    peaksTable
41    pMaxGINA
42    pMinGINA
43    fMaxGINA
44    fMinGINA
45    pMaxFA
46    pMinFA
47    fMaxFA
48    fMinFA
49 end
50
51 methods
52    %--- Initialisation function for the class
53    function obj = Tester(nalm_Data, lab_Data, T_n, T_l, folderName)
54        obj.nalm_Data = nalm_Data;
55        obj.lab_Data = lab_Data;
56        obj.T_n = T_n;
57        obj.T_l = T_l;
58        obj.folderName = string(folderName);
59
60        file = fullfile('Tests_Results', string(folderName));
61        mkdir (file) %destination folder for saved files
62
63        fileTrimmer(obj);
64        if obj.ex == 1

```

```

65     return
66 end
67 setFile(obj);
68
69 %here, plotting flow before delay is calculated. Comment out
70 %when using the software.
71 %
72 variableCompare(obj); flowPlotter(obj);
73 %
74
75 delayCalc(obj);
76 labDataScaler(obj);
77 variableCompare(obj);
78 flowPlotter(obj);
79 pressurePlotter(obj);
80
81 %populate peaksTable and save to file
82 length(obj.fMaxGINA)
83 length(obj.fMaxFA)
84 length(obj.fMinGINA)
85 length(obj.fMinFA)
86 length(obj.pMaxGINA)
87 length(obj.pMaxFA)
88 length(obj.pMinGINA)
89 length(obj.pMinFA)
90
91 %trim data to the same length
92 while length(obj.fMaxGINA) > length(obj.fMinGINA)
93     obj.fMaxGINA(length(obj.fMaxGINA)) = [];
94 end
95 while length(obj.fMaxGINA) < length(obj.fMinGINA)
96     obj.fMinGINA(length(obj.fMaxGINA)) = [];
97 end
98 while length(obj.pMaxGINA) > length(obj.pMinGINA)
99     obj.pMaxGINA(length(obj.pMaxGINA)) = [];
100 end
101 while length(obj.pMaxGINA) < length(obj.pMinGINA)
102     obj.pMinGINA(length(obj.pMaxGINA)) = [];
103 end
104 while length(obj.fMaxGINA) > length(obj.pMaxGINA)
105     obj.fMaxGINA(length(obj.fMaxGINA)) = [];
106     obj.fMinGINA(length(obj.fMaxGINA)) = [];
107 end
108 while length(obj.fMaxGINA) < length (obj.pMaxGINA)
109     obj.pMaxGINA(length(obj.pMaxGINA)) = [];
110     obj.pMinGINA(length(obj.pMaxGINA)) = [];
111 end
112
113 while length(obj.fMaxFA) > length(obj.fMinFA)
114     obj.fMaxFA(length(obj.fMaxFA)) = [];
115 end
116 while length(obj.fMaxFA) < length(obj.fMinFA)
117     obj.fMinFA(length(obj.fMaxFA)) = [];
118 end
119 while length(obj.pMaxFA) > length(obj.pMinFA)
120     obj.pMaxFA(length(obj.pMaxFA)) = [];
121 end
122 while length(obj.pMaxFA) < length(obj.pMinFA)
123     obj.pMinFA(length(obj.pMaxFA)) = [];
124 end
125 while length(obj.fMaxFA) > length(obj.pMaxFA)
126     obj.fMaxFA(length(obj.fMaxFA)) = [];
127     obj.fMinFA(length(obj.fMaxFA)) = [];
128 end

```

```

129 while length(obj.fMaxFA) < length (obj.pMaxFA)
130     obj.pMaxFA(length(obj.pMaxFA)) = [];
131     obj.pMinFA(length(obj.pMaxFA)) = [];
132 end
133
134 while length(obj.fMaxFA)> length(obj.fMaxGINA)
135     obj.fMaxFA(length(obj.fMaxFA)) = [];
136     obj.fMinFA(length(obj.fMinFA))= [];
137     obj.pMaxFA(length(obj.pMaxFA)) = [];
138     obj.pMinFA(length(obj.pMinFA))= [];
139 end
140 while length(obj.fMaxFA)< length(obj.fMaxGINA)
141     obj.fMaxGINA(length(obj.fMaxGINA)) = [];
142     obj.fMinGINA(length(obj.fMinGINA))= [];
143     obj.pMaxGINA(length(obj.pMaxGINA)) = [];
144     obj.pMinGINA(length(obj.pMinGINA))= [];
145 end
146
147 % Designing peaksTable
148 header = {'fMaxGINA', 'fMinGINA', 'pMaxGINA', 'pMinGINA', 'fMaxFA', 'fMinFA', 'pMaxFA', 'pMinFA'};
149 %size of table
150 out = zeros(length(obj.fMaxGINA), 8);
151 for i = 1:length(obj.fMaxGINA)
152     out(i,1)= obj.fMaxGINA(i);
153     out(i,2)= obj.fMinGINA(i);
154     out(i,3)= obj.pMaxGINA(i);
155     out(i,4)= obj.pMinGINA(i);
156     out(i,5)= obj.fMaxFA(i);
157     out(i,6)= obj.fMinFA(i);
158     out(i,7)= obj.pMaxFA(i);
159     out(i,8)= obj.pMinFA(i);
160 end
161
162 k = array2table(out, 'VariableNames', header);
163 table = fullfile(file, 'Flow_Pres_Max_Mins.xlsx');
164 writetable(k, table);
165 end
166
167 %%-- variableCompare function prepares data for comparison
168 function variableCompare(obj)
169
170     seconds = 40;
171     obj.int = seconds/obj.sam_rate;
172
173     obj.x1 = obj.newFile{1:obj.int,1};
174     obj.x2 = obj.newFile{1:obj.int,5};
175     obj.x0 = 0:0.01:seconds; %Prepares equally dispersed time signal for signal interpolation later
176 end
177
178 %%-- flowPlotter function plots flow signals against one another
179 function flowPlotter(obj)
180     y1 = obj.newFile{1:obj.int,2};
181     y2 = obj.newFile{1:obj.int,6};
182     y10 = lowpass(interp1(obj.x1,y1,obj.x0), 0.0001); % filtering and interpolating flowanalyser signal
183     y20 = lowpass(interp1(obj.x2, y2, obj.x0), 0.0001); % filtering and interpolating gina signal
184     bigG= max(y20);
185     bigF = max(y10);
186     %find peaks
187     [obj.fMaxGINA, ~] = findpeaks(y10, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigG*2/3);
188     [obj.fMaxFA, ~ ] = findpeaks(y20, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigF*2/3);
189     y01 = -1*y10;
190     y02 = -1*y20;
191     bigG= max(y02);
192     bigF = max(y01);

```

```

193 [g, ~] = findpeaks(y01, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigG*2/3);
194 [fa, ~] = findpeaks(y02, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigF*2/3);
195 obj.fMinGINA = -1*g;
196 obj.fMinFA = -1*fa;
197
198 figure
199 plot(obj.x0, y10, 'linewidth', 2)
200 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
    'FontName', 'Times New Roman');
201 title("Flow Comparison test (filtered)");
202 xlabel("Time (s)")
203 ylabel("Flow (l/min)")
204 hold on
205 plot(obj.x0, y20)
206 lgd = legend("FlowAnalyser", "GINA");
207 lgd.FontSize = 24;
208     lgd.FontName = 'Times New Roman';
209 hold off
210
211
212 filename1 = fullfile(obj.currentFolder, 'Tests_Results',obj.folderName, 'flowTest.fig');
213 savefig(filename1);
214 % Bland-Altman analysis
215 [means,diffs,meanDiff,CR,linFit] = BlandAltman(y10,y20,3, 'Flow'); %decide how you'll factor in error
216 if abs(meanDiff)> obj.erFlow
217     obj.valid = 0;
218 end
219 for i = 1:length(means)
220     if means(i)*linFit(1)+linFit(2) > CR(1) || means(i)*linFit(1)+linFit(2) < CR(2)
221         obj.valid = 0;
222     end
223 end
224 filename2 = fullfile(obj.currentFolder,'Tests_Results',obj.folderName, 'Bland-Altman_flow.fig');
225 savefig(filename2);
226 %method1-method2 relationship
227 a = min(y10);
228 b = min(y20);
229 if a<b
230     c = a;
231 else
232     c = b;
233 end
234 mi = floor(c - 1);
235 d = max(y10);
236 e = max(y20);
237 if d>e
238     f = d;
239 else
240     f= e;
241 end
242 ma = ceil(f);
243 figure()
244 x = [mi: 0.05: ma];
245 y = x;
246 plot(y10, y20, 'ob', x, y, '-k', 'linewidth', 2)
247 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
    'FontName', 'Times New Roman');
248 title("FlowLab vs GINA for flow");
249 xlabel("GINA")
250 ylabel("FlowLab");
251 lgd = legend('FL vs GINA', 'x=y');
252 lgd.FontSize = 24;
253     lgd.FontName = 'Times New Roman';
254 filename3 = fullfile(obj.currentFolder,'Tests_Results',obj.folderName, 'FLvsGINA_Flow.fig');
255 savefig(filename3);
256

```

```

257 end
258
259 %-- pressurePlotter function plots pressure signals against one
260 %another
261 function pressurePlotter(obj)
262     y1 = -1*obj.newFile{1:obj.int, 3};
263     y2 = obj.newFile{1:obj.int, 7};
264     y10 = lowpass(interp1(obj.x1,y1,obj.x0), 0.0001);
265     obj.y2p = lowpass(interp1(obj.x2, y2, obj.x0), 0.0001);
266 %presscorr = corr(y10, obj.y2p) %uncomment to print correlation
267     bigG= max(obj.y2p);
268     bigF = max(y10);
269 %find peaks
270 [obj.pMaxGINA, ~] = findpeaks(y10, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigG*2/3);
271 [obj.pMaxFA, ~ ] = findpeaks(obj.y2p, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigF*2/3 );
272 y01 = -1*y10;
273 y02 = -1*obj.y2p;
274 bigG= max(y02);
275 bigF = max(y01);
276 [g, ~] = findpeaks(y01, 'MinPeakDistance', obj.period*2/3,'MinPeakHeight', bigG*2/3 );
277 [fa, ~] = findpeaks(y02, 'MinPeakDistance', obj.period*2/3, 'MinPeakHeight', bigF*2/3);
278 obj.pMinGINA = -1*g;
279 obj.pMinFA = -1*fa;
280
281 figure
282 plot(obj.x0, y10, 'linewidth', 2)
283 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
284     'FontName', 'Times New Roman');
285 title("Pressure comparison test (Filtered)")
286 xlabel("Time (s)")
287 ylabel("Pressure (mbar)")
288 hold on
289 plot(obj.x0, obj.y2p)
290 lgd = legend("FlowAnalyser", "GINA"});
291 lgd.FontSize = 24;
292 lgd.FontName = 'Times New Roman';
293 hold off
294 filename = fullfile(obj.currentFolder,'Tests_Results',obj.folderName, 'pressureTest.fig');
295
296 savefig(filename);
297
298 % Bland-Altman part
299 [means,diffs,meanDiff,CR,linFit] = BlandAltman(y10,obj.y2p,3, 'Pressure');
300 if abs(meanDiff)> obj.erP %if meandiff is more than acceptable error
301     obj.valid = 0;
302 end
303 for i = 1:length(means)
304     if means(i)*linFit(1)+linFit(2) > CR(1) || means(i)*linFit(1)+linFit(2) < CR(2)
305         obj.valid = 0;
306     end
307 end
308 filename2 = fullfile(obj.currentFolder,'Tests_Results',obj.folderName, 'Bland-Altman_pressure.fig');
309 savefig(filename2);
310
311 %method1-method2 relationship
312 a = min(y10);
313 b = min(obj.y2p);
314 if a<b
315     c = a;
316 else
317     c = b;
318 end
319 mi = floor(c - 1);
320 d = max(y10);

```

```

321     e = max(obj.y2p);
322     if d>e
323         f = d;
324     else
325         f= e;
326     end
327     ma = ceil(f);
328
329     figure()
330     x = [mi: 0.05: ma];
331     y = x;
332
333     plot(y10, obj.y2p, 'ob', x, y, '-k', 'linewidth', 2)
334     set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
335         'FontName', 'Times New Roman');
336     title('FlowLab vs GINA for pressure');
337     xlabel('GINA')
338     ylabel('FlowLab');
339     lgd = legend('FL vs GINA', 'x=y');
340     lgd.FontSize = 24;
341     lgd.FontName = 'Times New Roman';
342     filename3 = fullfile(obj.currentFolder,'Tests_Results',obj.folderName, 'FLvsGINA_Pres.fig');
343     savefig(filename3);
344
345 end
346
347 %%-- volume Plotter function plots volume signals against one
348 %%another
349 %% Function currently not used
350 function volumePlotter(obj)
351     figure
352     y1 = obj.newFile{1:obj.int, 4};
353     y2 = obj.newFile{1:obj.int, 8};
354     y10 = interp1(obj.x1,y1,obj.x0);
355     obj.y2v = interp1(obj.x2, y2, obj.x0);
356     plot(obj.x0, y10)
357     title("Volume comparison test")
358     xlabel("Time (s)")
359     ylabel("Volume (ml)")
360     hold on
361     plot(obj.x0, obj.y2v)
362     legend({"FlowLab", "NALM"});
363     hold off
364     filename = fullfile(obj.currentFolder,obj.folderName, 'volumeTest.fig');
365     savefig(filename);
366
367 end
368
369 %%-- peakPlotter function finds the peak pressure. Currently not in
370 %%use
371 function peak = peakPlotter(obj)
372     peak = rms(obj.y2p);
373 end
374
375 %%-- setFile function applies offset and resets time starts to 0 to
376 %%align signals
377 function setFile(obj)
378
379     %set time back to 0 for nalldata (GINA)
380     offset = 0;
381     t1 = obj.nalm_Data{1,1};
382     for i = 1:height(obj.nalm_Data)
383         x = obj.nalm_Data{i,1}-t1;
384         obj.nalm_Data{i,1} = x;

```

```

385     end
386
387     %set time back to 0 for labdata (flowLab)
388     t2 = obj.lab_Data{1,1};
389     for i = 1:height(obj.lab_Data)
390         x= (obj.lab_Data{i,1}-t2);
391         obj.lab_Data{i,1} = x;
392
393         %offset volume
394         if offset == 0
395             if obj.lab_Data{i,4} < 0 && abs((obj.lab_Data{i+1,4} - obj.lab_Data{i,4})/.05)<0.2
396                 offset = obj.lab_Data{i,4};
397             end
398         end
399     end
400     obj.newFile = [obj.lab_Data obj.nalm_Data];
401     obj.size = height(obj.newFile);
402
403 end
404
405 %-- labDataScalar function applies the scaling factor based on peak
406 %difference to the FlowLab time
407 function labDataScaler(obj)
408     for i = 1:obj.size
409         x_old = obj.newFile{i, 1};
410         x_new = x_old*(1 + obj.scale_fac(1));
411         obj.newFile{i, 1} = x_new;
412     end
413 end
414
415 % -- fileTrimmer function trims signals to not start from the same
416 % moment, based on flow gradient and time stamps
417 function fileTrimmer(obj)
418
419     %Trims both signals to same start time
420     time_interval = etime(obj.T_l, obj.T_n);
421     if (time_interval > 15)
422         obj.ex = 1;
423         return
424     end
425
426     rows_to_delete = time_interval/obj.sam_rate -3;
427     obj.nalm_Data(1:rows_to_delete, :) = [];
428
429     %trim nalm to first positive grad where y > 0
430     f_nalm = table2array(obj.nalm_Data(:,2));
431     t_nalm = table2array(obj.nalm_Data(:,1));
432
433     i_n = 1;
434     m = max(f_nalm);
435
436     for i = 4:length(t_nalm)
437         y4 = f_nalm(i);
438         y3 = f_nalm(i-1);
439         y2 = f_nalm(i-2);
440         y1 = f_nalm(i-3);
441         x4 = t_nalm(i);
442         x3 = t_nalm(i-1);
443         x2 = t_nalm(i-2);
444         x1 = t_nalm(i-3);
445         if (y4-y3)/(x4-x3) > 20 && (y3-y2)/(x3-x_2) > 10 && abs((y2-y1)/(x_2-x_1)) <=10 && y1 > -m/2
446             i_n = i-3;
447             break
448         end

```

```

449 end
450
451 obj.nalm_Data(1:i_n, :) = [];
452
453 %trim flowLab to first positive grad
454 f_lab = table2array(obj.lab_Data(:,2));
455 t_lab = table2array(obj.lab_Data(:,1));
456
457 il = 1;
458
459 for i = 4:length(t_lab)
460     y4 = f_lab(i);
461     y3 = f_lab(i-1);
462     y2 = f_lab(i-2);
463     y1 = f_lab(i-3);
464     x4 = t_lab(i);
465     x3 = t_lab(i-1);
466     x_2 = t_lab(i-2);
467     x_1 = t_lab(i-3);
468
469 if (y4-y3)/(x4-x3) > 20 && (y3-y2)/(x3-x_2) > 10 && abs((y2-y1)/(x_2-x_1)) <= 10 && y1 > -m/2
470     il = i-3;
471     break
472 end
473 end
474
475 obj.lab_Data(1:il, :) = [];
476
477 %Trim both to same end time
478 len_nalm = height(obj.nalm_Data);
479 len_lab = height(obj.lab_Data);
480
481 diff_len = len_nalm - len_lab - 1;
482
483 if(diff_len > 0)
484     %delete the extra cells off nalm_Data
485     obj.nalm_Data((len_nalm - diff_len):len_nalm, :) = [];
486 elseif(diff_len < 0)
487     %same for nalm
488     obj.lab_Data((len_lab - diff_len):len_nalm, :) = [];
489 end
490 end
491
492
493 %% delayCalc function calculates the scaling factor of the delay
494 %% between signals based off peak to peak differences of flow
495 function delayCalc(obj)
496     f_lab = table2array(obj.newFile(:,2));
497     t_lab = table2array(obj.newFile(:,1));
498     [~, locs_l] = findpeaks(f_lab, t_lab, 'MinPeakProminence', 3.5);
499     t_nalm = table2array(obj.newFile(:,5));
500     f_nalm = table2array(obj.newFile(:,6));
501     [~, locs_n] = findpeaks(f_nalm, t_nalm, 'MinPeakProminence', 3.5 );
502     diff = length(locs_n)-length(locs_l);
503
504 if diff > 0
505     locs_n((length(locs_n)-diff + 1):length(locs_n), :) = [];
506 elseif diff < 0
507     locs_l((length(locs_l) - diff - 1):length(locs_l), :) = [];
508 end
509
510 loc_diff = locs_n - locs_l;
511 x = transpose(0:length(loc_diff)-1);
512 p = polyfit(x, loc_diff, 1);

```

```

513     obj.scale_fac = p(1);
514
515     figure
516     plot(x,loc_diff, 'linewidth', 2);
517     set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
518           'FontName', 'Times New Roman');
519     title("Delay")
520     xlabel("Samples")
521     ylabel("Time diff (s)")
522     hold on
523     x_1 = linspace(0, length(loc_diff));
524     y1 = polyval(p, x_1);
525     h4 = plot(x_1, y1, 'linewidth', 2);
526     str = ['y = ', string(round(p(1), 3)), 'x + ', string(round(p(2), 3))];
527     eqstr = join(str);
528     lbl1 = label(h4, eqstr, 'location', 'bottom'); %% equation of line
529     lbl1.FontSize = 20;
530     lbl1.FontName = 'Times New Roman';
531     lbl1.Color = 'k';
532     lgd = legend('Delay', 'Linear approximation');
533     lgd.FontSize = 24;
534     lgd.FontName = 'Times New Roman';
535     hold off;
536     %save delay calc
537     filename4 = fullfile(obj.currentFolder, 'Tests_Results', obj.folderName, 'DelayCalc.fig');
538     savefig(filename4);
539 end
540
541 %%-- infantDataCollector function was to plot infant data. Presently
542 %%not in use.
543 function infantDataCollector(obj, a_vent)
544     dt = 0.001;
545     t0 = a_vent{1,1};
546     for i = 1:height(a_vent)
547         t = a_vent{i,1};
548         a_vent{i,1} = t - t0;
549
550         flow = a_vent{i,2};
551         vol = 1000/60*flow*dt;
552         a_vent{i,4} = vol;
553     end
554
555     obj.vent = a_vent;
556
557 end
558
559 end
560 end

```

For BlandAltman code, see post: <https://au.mathworks.com/matlabcentral/fileexchange/24645-bland-altman-plot>

## A.2 Manual for GINA VALIDATOR

## --- GINA VALIDATOR MANUAL ---

Protocol to ensure proper GINA\_Validator functionality:

1. Before recording any data from the GINA, install the following on your computer: [TDM Excel Add-In for Microsoft Excel Download](#). This will allow GINAs output TDMS files to be converted to xlsx files, which is required for this program to function.
2. Follow this checklist before commencing recording from the GINA and FlowLab:
  - a. Both machines must calibrated to current atmospheric conditions (see GINA manual and FlowLab manual).
  - b. Connect silicon pipes and connectors to approximate Figure 1. Connections must be as hermetic as possible.
  - c. Both machines must for 10 minutes to warm up.
  - d. Both machines must be set to have a sampling rate of 0.05s (200Hz).
    - i. Set this on GINA through Log > Dec.Factor = 10 (Figure 3).
    - ii. Set this on FlowLab through Trending > Configuration > Recording interval = 0.05 (fig 4).
  - e. In FlowLab, Trending > Configuration must set to record Time, Flow High, Flow Low, Pressure Difference and Tidal Volume Vte, (Figure 4).
  - f. Ensure warning lights on GINA interface are not flashing (Figure 2).
  - g. Under Log tab, change File Name to desired. Press 'Store Set.' and save this settings file with the same name as the File Name (Figure 3).
3. Commence recording. Interval between GINA and FlowLab start of recording must be less than 15 seconds.
4. After data recording is complete, open the GINA output tdms file using the *TDM Excel converter* and *save as*. Ensure that the GINA xlsx file and the FlowLab log file are both saved into the Tests\_Data folder in the GINA Validator Files.
5. Open FileValidator application.
6. Use *Browse* buttons to select files.
7. *Name output file* in appropriate box. Name must contain no spaces and only the characters in these parentheses ( \_ - . ).
8. Click *GO* to run validation. Plots will be displayed and stored in Tests\_Results folder.

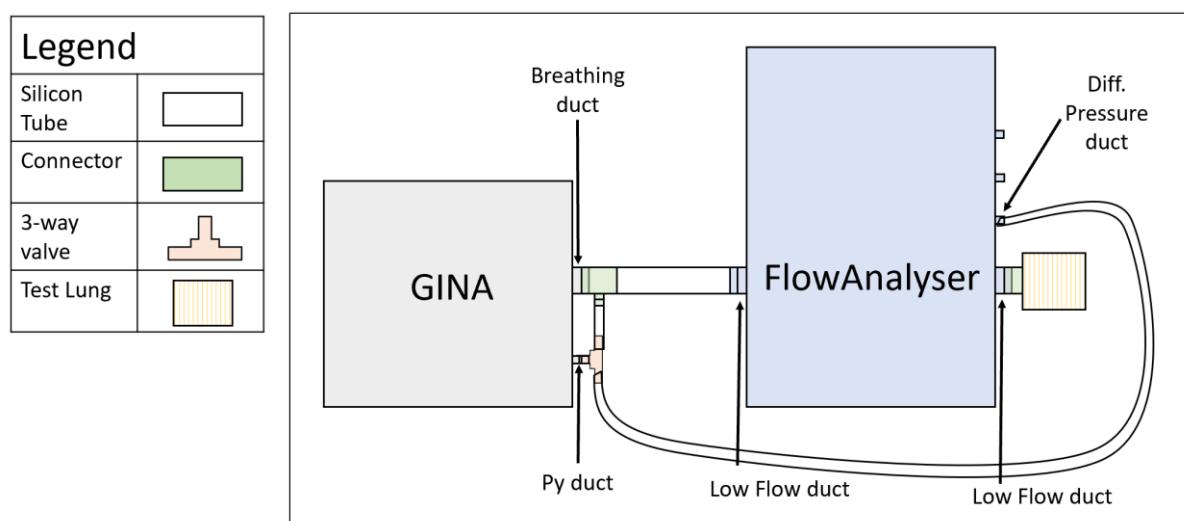


Figure 1: Set-up for GINA to FlowAnalyser connection

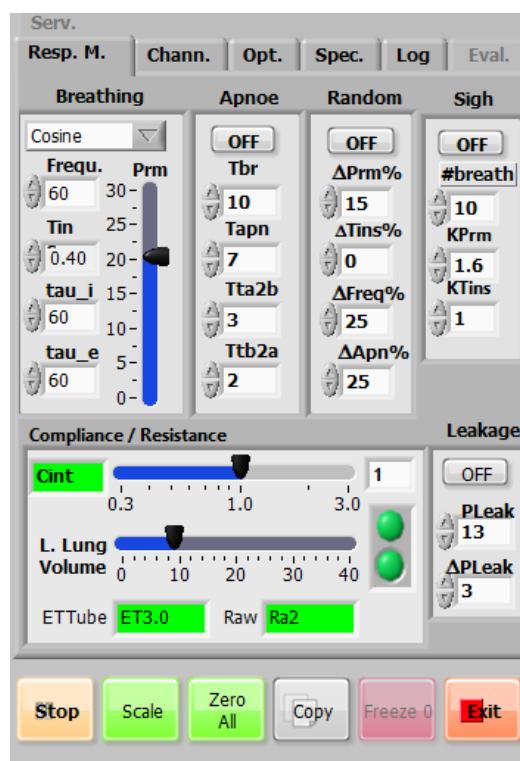


Figure 3: Respiratory Mechanics Setting, GINA v1-2. 'Lights' to the right of 'L.Lung Volume'

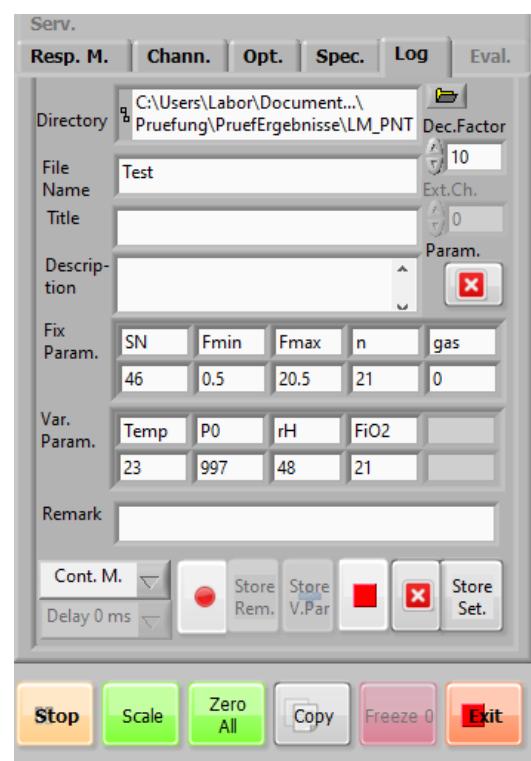


Figure 2: Log settings, GINA v1-2

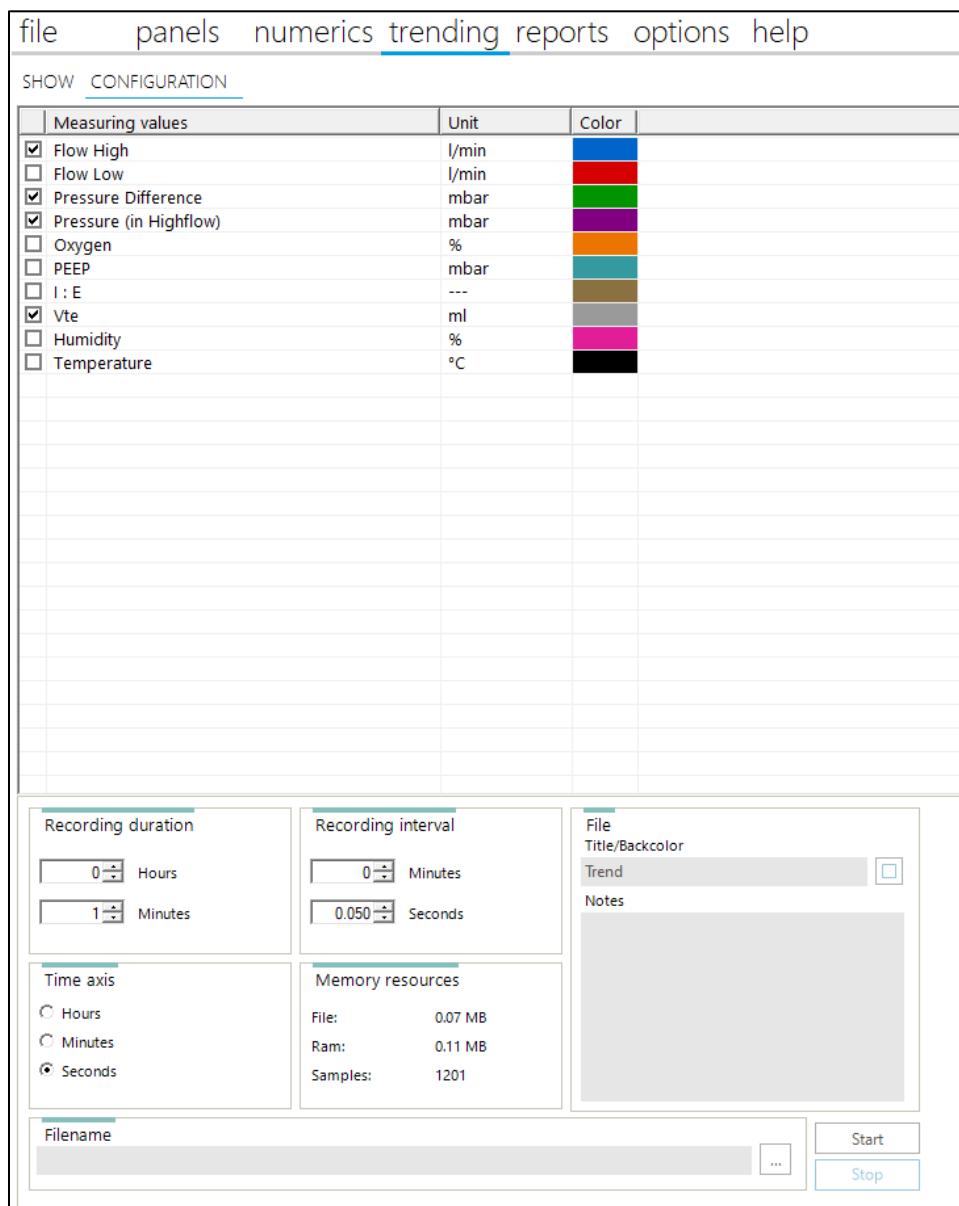


Figure 4: FlowLab settings

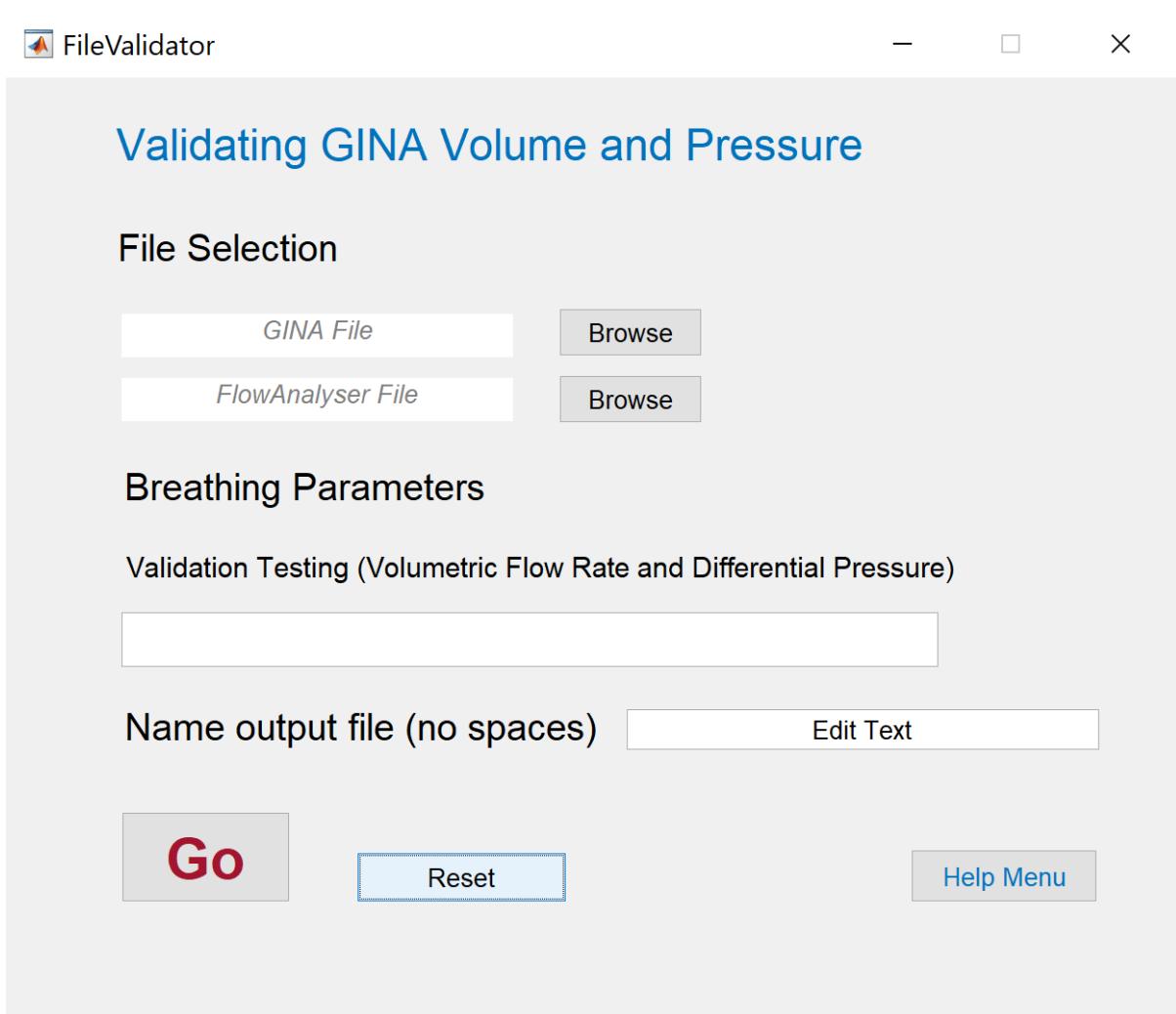


Figure 5: FileValidator GUI

# **B | Appendix for Core Study Two**

## **B.1 Code for GINA ANALYSER**

```

1 % GINA_ANALYSER MATLAB code for the GINA_ANALYSER GUI.
2 % This file GINA_Analyser is responsible for GUI inputs and outputs.
3 % It tests that the user has met all requirements for GUI usage and
4 % prompts the user to make changes if necessary. Outputs from this
5 % file are sent to GA_MAIN MATLAB file
6
7 % --- GUI INITIALISATION CODE - autogenerated (NB: NOT MY OWN WORK)
8 function varargout = GINA_Analyser(varargin)
9 % Begin initialization code - DO NOT EDIT
10 gui_Singleton = 1;
11 gui_State = struct('gui_Name',     mfilename, ...
12                     'gui_Singleton',  gui_Singleton, ...
13                     'gui_OpeningFcn', @GINA_Analyser_OpeningFcn, ...
14                     'gui_OutputFcn',  @GINA_Analyser_OutputFcn, ...
15                     'gui_LayoutFcn', [], ...
16                     'gui_Callback', []);
17 if nargin && ischar(varargin{1})
18     gui_State.gui_Callback = str2func(varargin{1});
19 end
20
21 if nargout
22     [varargout{1:nargout}] = gui_mainfcn(gui_State, varargin{:});
23 else
24     gui_mainfcn(gui_State, varargin{:});
25 end
26 % ---End initialization code - DO NOT EDIT
27
28 % --- Executes just before GINA_Analyser is made visible.
29 function GINA_Analyser_OpeningFcn(hObject, eventdata, handles, varargin)
30 % Choose default command line output for GINA_Analyser
31 handles.output = hObject;
32 % Update handles structure
33 guidata(hObject, handles);
34
35 % --- Outputs from this function are returned to the command line.
36 function varargout = GINA_Analyser_OutputFcn(hObject, eventdata, handles)
37 % Get default command line output from handles structure
38 varargout{1} = handles.output;
39
40 % --- Executes on button press in browse1, which browses for input xlsx
41 % file from GINA
42 function browse1_Callback(hObject, eventdata, handles)
43 currentFolder = pwd;
44 filename = fullfile(currentFolder, 'GA_TestData', '*.xlsx');
45 global file_gina
46 file_gina = (uigetfile({filename}, 'Select one or more files', ...
47     'MultiSelect', 'on'));
48 set(handles.listbox1,'string', file_gina);
49 out = filegetter(handles, get(handles.listbox1, 'String'), filename, ...
50     file_gina, handles.listbox1, hObject, eventdata);
51 file_gina = cellstr(out);
52 set(handles.listbox1,'string', file_gina);
53
54 % --- Executes on button press go.
55 function go_Callback(hObject, eventdata, handles)
56 % Formats global variables into appropriate data class types
57 global add_table
58 add_table = convertCharsToStrings(get(handles.addtable, 'String'));
59 global file_gina
60 file_gina = cellstr(get(handles.listbox1,'String'));
61 global add_check
62 global new_check
63 global new_table
64 % Catch user error of no 'Outout Option' box being checked

```

```

65 if isequal(add_check, 0) && isequal(new_check, 0)
66     fprintf("line 117")
67     warndlg("You must check at least one 'Output Option for Breath by Breath Data'");
68     return
69 end
70 % Catch user error of 'add data...' box being checked but no file
71 % selected
72 if string(add_table)=='0' || isequal(string(add_table),'Select File')
73     add_check = 0;
74     new_check = 1;
75     x = get(handles.newtable, 'String');
76     if isempty(x)
77         warndlg('FileValidator can not run without a valid existing or new table. Select a file and click "Go" again');
78         resetgui(hObject, eventdata, handles, 1)
79         return
80     else
81         a = outfilechecker(x, handles);
82         set(handles.newtable, 'String', a);
83     end
84 end
85 % Catch error of file already existing if 'Create new table' selected
86 if get(handles.newbox, 'Value') == 1
87     check = 0;
88     while check == 0
89         a = get(handles.newtable, 'String');
90         if isempty(a)
91             warndlg('FileValidator can not run without a valid existing or new table. Select a file and click "Go" again');
92             resetgui(hObject, eventdata, handles, 1)
93             return
94         else
95             % First check that user has written in a file name
96             b = outfilechecker(a, handles);
97             if isempty(b)
98                 warndlg('FileValidator can not run without a valid existing or new table. Select a file and click "Go" again');
99                 resetgui(hObject, eventdata, handles, 1)
100                return
101            else
102                f = string(outfilechecker(a, handles)) + '.xlsx';
103            end
104        end
105        % Now check if that file name already exists and prompt user
106        %selection to overwrite old file or create new file name
107        currentFolder = pwd;
108        File = fullfile(currentFolder, 'GA_OutputData', f);
109        if isfile(File)
110            str = [File name " ", File, " already exists. Do you want to overwrite this file?"];
111            newStr = join(str);
112            answer = questdlg(newStr, 'Overwrite file? The old version will be deleted', 'Yes', 'No', 'No');
113            switch answer
114                case 'Yes'
115                    new_table = f;
116                    check = 1;
117                case 'No'
118                    set(handles.newtable, 'string', 'Enter New File Name');
119                    newFile = inputdlg('Enter a new file name, no spaces: ', 'Output File Name');
120                    set(handles.newtable,'String', newFile);
121                end
122            else
123                new_table = f;
124                check = 1;
125            end
126        end
127    end
128
```

```

129 % Catch error of no input GINA file selection
130 x = get(handles.listbox1, 'String');
131 if isequal(x, '0') || isequal(x,'Select Files')
132     warndlg('FileValidator can not run without a valid file selection. Select a file and click "Go" again');
133     resetgui(hObject, eventdata, handles, 2);
134     clear global
135     clear
136 else
137 % Attempt to run ga_main file. If any additional errors are thrown (eg,
138 % improper file name, excel file open
139     %try
140         ga_main
141     %catch
142         warndlg('Problem using GINA_Analyser. Check that any excel files being written or added to are closed. Ensure file ↵
names do not include illegal symbols. Ensure at least one box is ticked');
143     %end
144     resetgui(hObject, eventdata, handles, 2) ;
145     clear global
146     clear
147 end
148
149
150
151 % --- Checks that a filename has been written by user
152 function a = outfilechecker(f, handles)
153 if strcmp(f, "Enter New File Name") || strcmp(f, "0")
154     uiwait(warndlg('Please enter a new output file name'));
155     newFile = inputdlg('Enter a new file name, no spaces: ', 'Output File Name');
156     set(handles.newtable, 'String', newFile);
157     g = get(handles.newtable, 'String');
158     a = outfilechecker(g, handles);
159 else
160     a = f;
161     return
162 end
163
164 % --- Checks that a file has been selected after browse button press
165 function out = filegetter(handles, filestring, filename, setfile, releventhandle, hObject, eventdata)
166 if length(filestring) == 1 && filestring == '0'
167     % set a question
168     answer = questdlg('You must select a file/s. Click "Select File", or "Cancel" to exit and reset.', 'Choose a file', 'Select File', ↵
'Cancel', 'Select File');
169     switch answer
170         case 'Select File'
171             setfile = uigetfile({filename}, 'File Selector');
172             set(releventhandle, 'String', setfile);
173             next = get(releventhandle, 'String');
174             out = filegetter(handles, next, filename, setfile, releventhandle, hObject, eventdata);
175         case 'Cancel'
176             out = 'Select File';
177     end
178 else
179     out = setfile;
180     return
181 end
182
183 % --- Executes on button press in browse2, which browses for an existing
184 % table to add data to in 'Ouput Options...' section.
185 function browse2_Callback(hObject, eventdata, handles)
186     %--- Browses for a table, checks that file is selected and catches
187     %error, sets add_table as string of file name and displays file name in
188     %addtable box on the GUI
189     currentFolder = pwd;
190     filename = fullfile(currentFolder, 'GA_OutputData', '*.xlsx');

```

```

191 global add_table
192 add_table = "";
193 add_table = uigetfile({filename}, 'Select one file', 'MultiSelect', 'off');
194 set(handles.addtable,'String', add_table);
195 %tests if 0 is selected
196 out = filegetter(handles, get(handles.addtable, 'String'), filename, ...
197 add_table, handles.addtable, hObject, eventdata); %makes sure a file is selected
198 add_table = string(out);
199 set(handles.addtable,'String', add_table);
200
201 % --- Executes on button press in addbox, creates boolean for GA_main to
202 % know if box selected
203 function addbox_Callback(hObject, eventdata, handles)
204 % hObject handle to addbox (see GCBO) eventdata reserved - to be
205 % defined in a future version of MATLAB handles structure with handles
206 % and user data (see GUIDATA)
207 global add_check
208 if get(hObject, 'Value') == get(hObject, 'Max')
209 add_check = 1;
210 else
211 add_check = 0;
212 end
213
214 % --- Executes on button press in newbox, creates boolean for GA_main to
215 % know if box selected
216 function newbox_Callback(hObject, eventdata, handles)
217 % hObject handle to newbox (see GCBO) eventdata reserved - to be
218 % defined in a future version of MATLAB handles structure with handles
219 % and user data (see GUIDATA)
220 global new_check
221 if get(hObject, 'Value') == get(hObject, 'Max')
222 %set(handles.newbox,'String', 'yes');
223 new_check = 1;
224 else
225 new_check = 0;
226 end
227
228 % --- Executes on button press for HELP, brings up the manual.
229 function helpbutton_Callback(hObject, eventdata, handles)
230 % hObject handle to helpbutton (see GCBO) eventdata reserved - to be
231 % defined in a future version of MATLAB handles structure with handles
232 % and user data (see GUIDATA)
233 open GINA_ANALYSER_MANUAL.pdf
234
235 % --- Resets GUI back to its original state
236 function resetgui(hObject, eventdata, handles, erasename)
237 set(handles.addbox,'value',0)
238 set(handles.newbox,'value',0)
239 set(handles.nonspontcheck, 'value', 0)
240 global add_check
241 global new_check
242 global spontcheck
243 add_check = 0;
244 new_check = 0;
245 spontcheck = 0;
246 set(handles.addtable, 'string', 'Select File');
247 if erasename == 1
248 set(handles.newtable, 'string', 'Enter New File Name');
249 elseif erasename ==2
250 set(handles.newtable, 'string', 'Enter New File Name');
251 set(handles.listbox1, 'string', 'Select Files');
252 end
253
254 % --- Executes on button press Reset Fields button

```

```

255 function pushbutton5_Callback(hObject, eventdata, handles)
256 % hObject    handle to pushbutton5 (see GCBO) eventdata reserved - to be
257 % defined in a future version of MATLAB handles    structure with handles
258 % and user data (see GUIDATA)
259 resetgui(hObject, eventdata, handles, 2);
260
261 % --- Executes on selection change in choicemenu, for selection of Breath
262 % Calculation by WOB or Flow
263 function choicemenu_Callback(hObject, eventdata, handles)
264 % hObject    handle to choicemenu (see GCBO) eventdata reserved - to be
265 % defined in a future version of MATLAB handles    structure with handles
266 % and user data (see GUIDATA)
267 global flag
268 v = get(handles.choicemenu, 'Value');
269 flag = v;
270
271 % --- Executes during object creation, after setting all properties.
272 function choicemenu_CreateFcn(hObject, eventdata, handles)
273 % hObject    handle to choicemenu (see GCBO) eventdata reserved - to be
274 % defined in a future version of MATLAB handles    empty - handles not
275 % created until after all CreateFcns called
276
277 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,...
278     'defaultUicontrolBackgroundColor'))
279     set(hObject,'BackgroundColor','white');
280 end
281
282 %---Start: Auto-generated code for GUI feature formatting. NB: NOT MY OWN
283 %WORK
284 % --- Executes on selection change in listbox1.
285 function listbox1_Callback(hObject, eventdata, handles)
286
287 % --- Executes during object creation, after setting all properties.
288 function listbox1_CreateFcn(hObject, eventdata, handles)
289 % hObject    handle to listbox1 (see GCBO) eventdata reserved - to be
290 % defined in a future version of MATLAB handles    empty - handles not
291 % created until after all CreateFcns called
292
293 % Hint: listbox controls usually have a white background on Windows.
294 % See ISPC and COMPUTER.
295 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,...
296     'defaultUicontrolBackgroundColor'))
297     set(hObject,'BackgroundColor','white');
298 end
299
300 function newtable_Callback(hObject, eventdata, handles)
301
302 % --- Executes during object creation, after setting all properties.
303 function newtable_CreateFcn(hObject, eventdata, handles)
304 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,...
305     'defaultUicontrolBackgroundColor'))
306     set(hObject,'BackgroundColor','white');
307 end
308
309 function addtable_Callback(hObject, eventdata, handles)
310
311 % --- Executes during object creation, after setting all properties.
312 function addtable_CreateFcn(hObject, eventdata, handles)
313 if ispc && isequal(get(hObject,'BackgroundColor'), get(0,...
314     'defaultUicontrolBackgroundColor'))
315     set(hObject,'BackgroundColor','white');
316 end
317
318 %---End: Auto-generated code for GUI feature formatting

```

```
319
320 % --- Executes on button press in nonspontcheck.
321 function nonspontcheck_Callback(hObject, eventdata, handles)
322 global spontcheck
323 if get(hObject, 'Value') == get(hObject, 'Max')
324     %set(handles.newbox,'String', 'yes');
325     spontcheck = 1;
326 else
327     spontcheck = 0;
328 end
329
```

```

1
2 % GA_MAIN MATLAB CODE
3 % This file ga_main is called by GA_Analyser when 'GO' is selected on
4 % the GINA_ANALYSER GUI. In this file, data from GA_TestData is sent
5 % to undergo analysis in GA_Tester. Output is arranged into a table,
6 % saved in GA_Output folder as an xlsx doc. This output file will be
7 % named according to GINA_ANALYSER GUI selection to 'add data to
8 % existing table' or 'create new table' and will be named according
9 % to the users chosen file name. GA_TestData and GA_OutputData are
10 % saved in the same directory as all MATLAB files.
11
12
13 % ---Imports global values and sets up full file formatting for new_table
14 % and add_table
15 global file_gina
16 global add_check
17 global new_check
18 global flag
19 if isempty(flag) %if no selection made, set automatic to be flag = 2
20 flag = 2;
21 end
22 currentfolder = pwd;
23 global new_table % only executes if new_check ==1
24
25 n = fullfile(currentfolder, 'GA_OutputData', new_table);
26 new_table = n;
27 global add_table % only executes if add_check == 1
28
29 l = fullfile(currentfolder, 'GA_OutputData', add_table);
30 add_table = l;
31 global spontcheck
32
33 % --- Creates bigtable to which all post-analysed data is appended
34 header = {'TestName','Breath', 'Tidal_Volume','Piston_Volume', ...
35 'Insp_Time_s', 'Exp_Time_s', 'Py_max', 'Py_min', 'Py_mean',...
36 'Ptr_max', 'Ptr_min', 'Ptr_mean', 'Palv_max', 'Palv_min', 'Palv_mean'};
37 bigtable = cell2table(cell(0,15), 'VariableNames',header);
38
39 % --- Catches error of the input file already having been saved to the
40 % excel file previously. See fileslistcheck function.
41 fileslist = file_gina;
42 [newfilelist,g,o] = fileslistcheck(add_table,fileslist, add_check, ...
43 new_check, new_table);
44 if isEqual(newfilelist,0)
45 return
46 end
47
48 % --- For each input file selection, run GA_Tester Analysis and append to
49 % bigtable
50 for i = 1:length(file_gina)
51 fileslist = string(file_gina(i));
52 test = GA_Tester(fileslist, g, o, flag, spontcheck); %Analysis
53 bigtable = vertcat(bigtable, test.outfile); %Table appending
54 % Data rounding to 2dp (can be commented out if total accuracy required)
55
56 bigtable.Tidal_Volume = round(bigtable.Tidal_Volume, 2);
57 bigtable.Piston_Volume = round(bigtable.Piston_Volume, 2);
58 bigtable.Insp_Time_s = round(bigtable.Insp_Time_s, 2);
59 bigtable.Exp_Time_s = round(bigtable.Exp_Time_s, 2);
60 bigtable.Py_max = round(bigtable.Py_max, 2);
61 bigtable.Py_min = round(bigtable.Py_min, 2);
62 bigtable.Py_mean = round(bigtable.Py_mean, 2);
63 bigtable.Ptr_max = round(bigtable.Ptr_max, 2);
64 bigtable.Ptr_min = round(bigtable.Ptr_min, 2);

```

```

65 bigtable.Ptr_mean = round(bigtable.Ptr_mean, 2);
66 bigtable.Palv_max = round(bigtable.Palv_max, 2);
67 bigtable.Palv_min = round(bigtable.Palv_min, 2);
68 bigtable.Palv_mean = round(bigtable.Palv_mean, 2);
69 end
70 % --- If 'Add data...' box checked in GUI, appends bigtable to existing
71 % table
72 if add_check == 1
73 T1 = readtable(add_table, 'Sheet', 1, 'ReadRowNames', false);
74 newT = vertcat(T1, bigtable);
75 writetable(newT, add_table);
76 end
77
78 % --- If 'Create new table' box checked in GUI, creates table and
79 % overwrites any past data in file
80 if new_check == 1
81 existingmatrix = readtable(new_table, 'Sheet', 1);
82 [m,n] = size(existingmatrix);
83 cleartable = array2table(strings(m,n));
84 writetable(cleartable, new_table, 'Sheet', 1)
85 writetable(bigtable, new_table, 'Sheet', 1);
86 end
87
88 % --- Executes if no errors, informs user that analysis is complete
89 msgbox("Analysis completed");
90
91 % --- This function creates logs added input files to the second sheet of
92 % the output xlsx file. If a the user attempts to add a file that has
93 % already been added (or that has an identical name), user is prompted to
94 % choose to add file again or not.
95 function [f,g,o] = fileslistcheck(addtable, fileslist, addcheck, ...
96 newcheck, newtable)
97 s = length(fileslist);
98 log = strings(s, 1);
99 for i = 1:s
100 log(i) = fileslist(i);
101 end
102
103 log = array2table(log);
104 log.Properties.VariableNames = {'Data_Log'};
105
106 if newcheck == 1 %means we are overriding so need to delete the ...
107 % existing log files
108 g = 0;
109 o = 0;
110 if ~isfile(newtable)
111 T = cell2table(cell(0,7));
112 writetable(T, newtable);
113 end
114 f = fileslist;
115 existingmatrix = readtable(newtable, 'Sheet', 2);
116 n = numel(existingmatrix);
117 cleartable = array2table(strings(n,1));
118 writetable(cleartable, newtable, 'Sheet', 2);
119 writetable(log, newtable, 'Sheet', 2);
120 end
121
122 if addcheck ==1 %check for file previously added
123 o = 0;
124 exOpen(addtable);
125 existingmatrix = readtable(addtable, 'Sheet', 2);
126 n = numel(existingmatrix);
127
128 for i = 1:s

```

```

129     for j = 1: n
130         if isequal((log{i,1}), string(table2cell...
131             (existingmatrix(j,1))))
132             filestring = log{i,1};
133             m = ["The data name", filestring, ...
134                 "has been previously added to this file.", ...
135                 "Do you wish to add it again or skip?"];
136             message = join(m);
137             answer = questdlg(message, 'Warning', 'Add again',...
138                 'Skip', 'Skip');%send user a warning error
139             switch answer %user prompted to answer
140                 case 'Add again'
141                     number = 1;
142                     newf = "";
143                     card = 0;
144
145                     while card == 0
146                         newf = join([filestring, "(" , number, ")"]);
147                         if isequal(newf, string(table2cell...
148                             (existingmatrix(j,1))))
149                             number = number + 1;
150                         else
151                             card = 1;
152                         end
153                     end
154                     for k = 1:length(fileslist)
155                         if isequal(filestring, fileslist(k,1))
156                             fileslist(k,:) = [];
157                         end
158                     end
159                     f = fileslist;
160                     l = height(log);
161                     log(l, :) = filestring;
162                     g = newf;
163                     o = filestring;
164                 case 'Skip'
165                     if isequal(length(fileslist),1) %if there's ...
166                         % only one file selected and user ...
167                         % chooses to not re-add
168                         dlg('Process quit as there are no new files to add');
169                         f = 0;
170                         g = 0;
171                     else %delete the relevant file name from ...
172                         %files to be analysed in GA_Tester, ...
173                         % prevents analysis
174                         for k = 1:length(fileslist)
175                             if isequal(filestring, fileslist(k,1))
176                                 fileslist(k,:) = [];
177                             end
178                         end
179                         f = fileslist;
180                         g = 0;
181                     end
182                 end
183
184             else %if file is not already on the log
185                 f = fileslist;
186                 g = 0;
187             end
188
189         end
190     end
191
192     %add new file names to log

```

```
193     t = vertcat(existingmatrix, log);
194     writetable(t, addtable, 'Sheet', 2);
195 end
196
197 end
```

```

1 % GA_TESTER MATLAB CODE
2 % This file GA_Tester runs signal analysis on the continuous data
3 % provided by the GINA. It determines where breaths start and end and
4 % then calculates outputs breath by breath quantities for inspiration
5 % and expiration times, volumes and pressures.
6
7
8 classdef GA_Tester <handle
9 properties
10    filename % string name of the current input file
11    filedatal % the data from the file
12    outfile % the table data specifically
13    breaths % number of breaths determined
14    time % array of signal sample time
15    insp % array of time (s) for inspirations
16    exp % array of time (s) for expirations
17    wob %Work of Breathing signal
18    tv % array of tidal volume per breath
19    tvol % array of max piston volume per breath (air moved + dead vol)
20    flow % array of signal sample flow
21    locs % array of location of peaks (WOB) or negative flow start (flow)
22    pres %pressure signal from t piece
23    pres_max % array of max pressure per breath at y piece
24    presA_max % array of max pressure per breath at alveoli
25    presT_max % array of max pressure per breath at trachea
26    pres_min % array of min pressure per breath at y piece
27    presA_min % array of min pressure per breath at alveoli
28    presT_min % array of min pressure per breath at trachea
29    p_ave % array of average pressure per breath at y piece
30    pA_ave % array of average pressure per breath at alveoli
31    pT_ave % array of average pressure per breath at trachea
32    g % used if different row names per breath wanted
33    o % used if different row names per breath wanted
34    insp_func
35    breathstart
36    breathend
37    peaks
38    locsdiff %peak-to-peak difference for WOB
39    startinsp
40    startinsp_y
41    freq % a gross approximation of frequency, used for peak finder functions
42    spontcheck
43 end
44
45 methods
46    %--- Initialisation function for the class
47    function obj = GA_Tester(filename, g, o, flag, spontcheck)
48        obj.filename = string(filename);
49        currentFolder = pwd;
50        data = char(fullfile(currentFolder, 'GA_TestData', filename));
51        [~,sheet_name]=xlsfinfo(data);
52        obj.filedata = readtable(data,'Sheet', sheet_name{4});
53        %obj.filedata now contains the continuous data from GINA
54        obj.g = g;
55        obj.o = o;
56        obj.spontcheck = spontcheck;
57        bpba_analysyer(obj,flag); %call to bpba_analysyer
58    end
59
60    %--- bpba_analysyer function calls all functions to make
61    %calculations, creates and populates output table
62    function bpba_analysyer(obj, flag) %makes the data table
63        try
64            alreadySaved = 0;

```

```

65 freqfinder(obj, flag);
66 inspexptime(obj,flag);
67 tidalfinder(obj, 1);
68 tidalfinder(obj, 2);
69 pressure_data(obj, 1);
70 pressure_data(obj, 2);
71 pressure_data(obj, 3);
72 %save figures
73 if flag == 1
74     indicator = '_WOB';
75 else
76     indicator = '_Flow';
77 end
78 fname = join([obj.filename,indicator]);
79 folderName = fullfile(pwd, fname); % Your destination folder
80 mkdir(folderName)
81 FigList = findobj(allchild(0), 'flat', 'Type', 'figure');
82 for iFig = 1:length(FigList)
83     FigHandle = FigList(iFig);
84     FigName = num2str(get(FigHandle,'Number'));
85     set(0,'CurrentFigure', FigHandle);
86     savefig(fullfile(folderName, [FigName '.fig']));
87 end
88 alreadySaved = 1;
89
90 %make the table
91 header = {'TestName','Breath', 'Tidal_Volume',...
92 'Piston_Volume', 'Insp_Time_s', 'Exp_Time_s', 'Py_max',...
93 'Py_min', 'Py_mean', 'Ptr_max', 'Ptr_min', 'Ptr_mean',...
94 'Palv_max', 'Palv_min', 'Palv_mean'};
95 [~, name, ~] = fileparts(obj.filename);
96 %
97 % Not used in current version, used if seperate row names
98 % per breath wanted. Need to use matlab rownames function for
99 % this functionality if isequal(name,obj.o) name = obj.g; end
100 %
101 rownames = cell([obj.breaths,1]); %make a cellular string array
102 % of this size
103 size(rownames);
104 for i = 1:obj.breaths
105     rownames{i} = char(name);
106     % + i, if separate names per row wanted
107 end
108 out = zeros(obj.breaths, 15);
109 %Populate table with data
110 for i = 1:obj.breaths
111     out(i, 2) = i;
112     out(i, 3) = obj.tv(i); % tidal volume dat
113     out(i,4) = obj.tvol(i);
114     out(i, 5) = obj.insp(i); %inspiratory times
115     out(i,6) = obj.exp(i);
116     out(i,7) = obj.pres_max(i); %max diff pressures
117     out(i,8) = obj.pres_min(i); %min diff pressures
118     out(i,9) = obj.p_ave{i};
119     out(i,10) = obj.presA_max(i);
120     out(i,11) = obj.presA_min(i);
121     out(i,12) = obj.pA_ave{i};
122     out(i,13) = obj.presT_max(i);
123     out(i,14) = obj.presT_min(i);
124     out(i,15) = obj.pT_ave{i};
125 end
126
127 %Delete last row if final breath was not a full breath
128 %(determined based on expiration start locations and

```

```

129 %pressure data
130 while out(length(out), 6) == 0
131     out(length(out), :) = [];
132     rownames(length(out)) = [];
133 end
134 while out(length(out), 9) == 200
135     out(length(out), :) = [];
136     rownames(length(out)) = [];
137 end
138 while out(length(out), 3) == 0
139     out(length(out), :) = [];
140     rownames(length(out)) = [];
141 end
142 k = array2table(out, 'VariableNames', header);
143 k.TestName = rownames;
144 obj.outfile = k;
145
146 catch e
147     fprintf(e.identifier);
148     fprintf(e.message);
149     fprintf('\n');
150 str = join(['An error occurred. Most likely, your data in file ', obj.filename, ' is too random for this version of GINA_ANALYSER']);
151 warndlg(str);
152 if alreadySaved ~= 1 %saving figures
153     if flag == 1
154         indicator = '_WOB';
155     else
156         indicator = '_Flow';
157     end
158     fname = join([obj.filename, indicator]);
159     folderName = fullfile(pwd, fname); % Your destination folder
160     mkdir(folderName)
161     FigList = findobj(allchild(0), 'flat', 'Type', 'figure');
162     for iFig = 1:length(FigList)
163         FigHandle = FigList(iFig);
164         FigName = num2str(get(FigHandle, 'Number'));
165         set(0, 'CurrentFigure', FigHandle);
166         savefig(fullfile(folderName, [FigName '.fig']));
167     end
168 end
169 end
170 end
171
172
173 %--- freqfinder function determines number of breaths
174 function freqfinder(obj, flag)
175     %calculation using WOB, channel X
176     if flag == 1
177         % Take file, run peak analysis, count peaks/time, then get
178         % location of peaks
179         obj.wob = table2array(obj.filedata(:,9));
180
181         %if wob does not start at a 0 point (ie starts during a
182         %breath), delete til 0 point
183         counter = 0;
184         for i = 1:length(obj.wob)
185             if obj.wob(i) ~= 0
186                 counter = counter+1;
187             else
188                 break
189             end
190         end
191         for i = 1:counter

```

```

192     obj.filldata(1,:) = [];
193 end
194
195 %reset wob and time properties
196 obj.wob = table2array(obj.filldata(:,9));
197 obj.time = table2array(obj.filldata(:,1));
198 %find peaks of WOB. Peak determines end of inhalation,
199 %start of exhalation. If WOB data > 0, inhalation.
200 m = max(obj.wob);
201 [obj.peaks, obj.locs] = findpeaks(obj.wob, obj.time, ...
202     'MinPeakProminence', m/2);
203 obj.locsdiff = zeros(1, length(obj.locs)-1);
204
205 for i = 1:(length(obj.locs)-1)
206     obj.locsdiff(1, i) = (obj.locs(i+1) - obj.locs(i));
207     % gives the peak to peak length
208 end
209 obj.breaths = length(obj.locsdiff); %number of full breaths
210 obj.freq = obj.breaths/obj.time(length(obj.time));
211 end
212
213 %calculation using flow
214 if flag ==2
215     f = table2array(obj.filldata(:,6)); %flow
216     t = table2array(obj.filldata(:, 1)); %time
217     %Butterworth filter design to smooth noise around
218     %inflection point in flow signal.
219     if obj.spontcheck == 1
220         n = 3;
221         Wn = 20/(2000/2);
222         [b,a] = butter(n,Wn, 'low');
223         fil_flow = filtfilt(b,a,f); % applies filter and fixes phase shift issues.
224         str = 'Butterworth';
225     else
226         fil_flow = lowpass(f, 0.0001);
227         str = 'Lowpass';
228     end
229
230 % TESTING PURPOSES
231 %name = join([obj.filename, '_flowfilt']);
232 figure(1)
233 plot(t,f, 'linewidth', 2);
234 title('Time Domain Filtering')
235 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
236     'FontName', 'Times New Roman');
237 xlabel = ('Time (s)');
238 ylabel = ('Flow (ml/min)');
239 hold on
240 plot(t, fil_flow, 'linewidth', 2)
241 newstr = join(['Filtered ', str]);
242 lgd = legend('Unfiltered', newstr);
243 lgd.FontSize = 24;
244 lgd.FontName = 'Times New Roman';
245 hold off
246
247 %now, every time the signal goes from negative to positive,
248 %a breath has started. replace flow signal with filtered
249 %signal
250 for i = 1:length(f)
251     obj.filldata{i,6} = fil_flow(i);
252 end
253 %delete data up to first breath
254 counter = 1;
255 for i = 1:length(fil_flow)

```

```

256     if fil_flow(i) < 0 || (fil_flow(i+1)-fil_flow(i))/(t(i+1) - t(i)) < 1
257         counter = counter + 1;
258     else
259         break
260     end
261 end
262
263 figure(2)
264 plot(t, fil_flow, '-b', t(counter),fil_flow(counter), 'xr');
265 title('Identifying Signal Start');
266 xlabel('Time (s)')
267 ylabel('Filtered Flow (l/min)')
268 legend('Filtered Flow','Start point');
269 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
270     'FontName', 'Times New Roman');
271
272 i = 1;
273 while i < counter-1
274     obj.filedata(1, :) = [];
275     i = i+1;
276 end
277
278 height(obj.filedata)
279 %reset flow and time properties
280 obj.flow = table2array(obj.filedata(:,6));
281 obj.time = table2array(obj.filedata(:,1));
282 length(obj.flow)
283 length(obj.time)
284 %name = join([obj.filename, '_trim']);
285 figure(3)
286 plot(obj.time, obj.flow, 'LineWidth', 2);
287 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
288     'FontName', 'Times New Roman');
289 title('Did flow trim?')
290 xlabel('Time (s)');
291 ylabel('Flow (l/min)');
292 %breaths will now be equal to number of expirations (flow
293 %from positive to negative)
294 b = 0;
295 for i = 1:length(obj.flow)-1
296     if obj.flow(i) >= 0 && obj.flow(i+1) <=0
297         b = b+1;
298     end
299 end
300
301 obj.breaths = b;
302 %breaths = b
303 end
304 end
305
306 %--- function inspexptime calculates the time in seconds of each
307 %inspiration and expiration per breath
308 function inspexptime(obj, flag)
309     %case of using WOB for breaths
310     if flag == 1
311         for j = 1:length(obj.locs) %cycle through the peaks
312             counter = 0;%reset counter. If counter == 1, an
313                 % inspiration start time has been recorded so we
314                 % need to cycle on to the next breath
315             while counter == 0
316                 for i = 1:length(obj.time) %cycle through time
317                     % increments
318                     timecounter = obj.time(i);
319                     % for a time period between timecounter and

```

```

320         % locsdiff(i), if WOB > 0, then insp has begun
321         if timecounter < obj.locs(j) && (j == 1 || ...
322             (timecounter > obj.locs(j-1)))
323             %ie, if the current time < the
324             %upcoming peak
325             if obj.wob(i) ~= 0 && obj.wob(i) > 0
326                 counter = 1;
327                 obj.startinsp(j) = timecounter;%time
328                 %stamp that this inspiration starts
329                 break
330             end
331             if counter == 1
332                 break
333             end
334         end
335     end
336 end
337
338 obj.insp(j) = obj.locs(j) - obj.startinsp(j);
339 %inspiration time equals time stamp of expiration
340 % start minus time stamp of inspiration start
341 if j>1
342     obj.exp(j-1) = obj.startinsp(j) - obj.locs(j-1);
343     % expiration time equals time stamp of next insp
344     % start minus time stamp of exp start
345 end
346 end
347 %change time beginning back to zero and adjust all time
348 %samples
349 start_t = obj.filidata{1,1};
350 for i = 1:height(obj.filidata)
351     new_t = obj.filidata{i,1} - start_t;
352     obj.filidata{i, 1} = new_t;
353 end
354 obj.time = table2array(obj.filidata(:,1));
355 %reset startinsp times
356 obj.wob = table2array(obj.filidata(:,9));
357 m = max(obj.wob);
358 [obj.peaks, obj.locs] = findpeaks(obj.wob, obj.time, ...
359     'MinPeakProminence', m/2); %find location of WOB peaks
360 for i = 1:length(obj.startinsp)
361     obj.startinsp(i) = obj.startinsp(i) - start_t;
362 end
363 for i = 1:length(obj.startinsp)
364     for j = 1:length(obj.time)
365         if obj.time(j) == obj.startinsp(i)
366             obj.startinsp_y(i) = obj.wob(j);
367         end
368     end
369 end
370 figure()
371 x = obj.time;
372 y = obj.wob;
373 plot(x,y, 'linewidth', 2)
374 title('Detection of spontaneous breaths')
375 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
376     'FontName', 'Times New Roman');
377 hold on
378 plot(obj.locs, obj.peaks, 'x', 'color', [.93,.69,.13], 'MarkerSize',10, 'linewidth', 1.5);
379 hold on
380 plot(obj.startinsp, obj.startinsp_y, 'xr', 'MarkerSize',10, 'linewidth', 1.5);
381 lgd = legend('WOB', 'Exp. start', 'Insp. start');
382 lgd.FontSize = 24;
383 lgd.FontName = 'Times New Roman';

```

```

384      hold off
385  end
386
387 % case of using Flow for breaths
388 if flag ==2
389 %finds timestamps of where inspirations start and whre
390 %expirations start
391 obj.breaths
392 for i = 1:obj.breaths
393     for j = 1:length(obj.time) - 1
394         %inspirations
395         if i== 1&& obj.flow(j) <=0 && obj.flow(j+1) >=0
396             obj.startinsp(i) = obj.time(j+1);
397         elseif obj.flow(j) <=0 && obj.flow(j+1) >=0 &&...
398             obj.time(j) > obj.startinsp(i-1)
399             obj.startinsp(i) = obj.time(j+1);
400         end
401         %expirations
402         if i==1 && obj.flow(j)>=0 && obj.flow(j+1) <=0
403             obj.locs(i) = obj.time(j+1);
404             break
405         elseif obj.flow(j)>=0 && obj.flow(j+1) <=0 && ...
406             obj.time(j) > obj.locs(i-1)
407             obj.locs(i) = obj.time(j+1);
408             break
409         end
410     end
411
412 %time calculations for inspirations and expirations per
413 %breath
414 obj.insp(i) = obj.locs(i) - obj.startinsp(i);
415 if i>1
416     obj.exp(i-1) = obj.startinsp(i) - obj.locs(i-1);
417     if i == obj.breaths
418         obj.exp(i) = 0;%this means the last breath is
419         % incomplete, row deleted in bpb_analyser
420     end
421     end
422 end
423
424 %change time start back to zero and adjust time stamps
425 start_t = obj.filidata{1,1};
426 for i = 1:height(obj.filidata)
427     new_t = obj.filidata{i,1} - start_t;
428     obj.filidata{i, 1} = new_t;
429 end
430
431 obj.time = table2array(obj.filidata(:,1));
432
433 for i = 1:length(obj.startinsp)
434     obj.startinsp(i) = obj.startinsp(i) - start_t;
435     if length(obj.locs) == length(obj.startinsp)
436         obj.locs(i) = obj.locs(i) - start_t;
437     elseif i < length(obj.startinsp)
438         obj.locs(i) = obj.locs(i) - start_t;
439     end
440 end
441
442 locspos = zeros(1, obj.breaths);
443 lengthoflocs = length(obj.locs);
444 for i = 1:length(obj.locs)
445     for j = 1:length(obj.time)
446         if i ==1 && obj.locs(i) == obj.time(j)
447             locspos(i) = obj.time(j);

```

```

448     locsflow(i) = obj.flow(j);
449     break
450 end
451 if i > 1 && obj.locs(i) == obj.time(j) && obj.time(j) > locspos(i-1)
452     locspos(i) = obj.time(j);
453     locsflow(i) = obj.flow(j);
454 end
455 end
456 end
457
458 for i = 1:length(obj.startinsp)
459     for j = 1:length(obj.time)
460         if i == 1 && obj.startinsp(i) == obj.time(j)
461             startpos(i) = obj.time(j);
462             startflow(i) = obj.flow(j);
463             break
464         end
465         if i > 1 && obj.startinsp(i) == obj.time(j) && obj.time(j) > startpos(i-1)
466             startpos(i) = obj.time(j);
467             startflow(i) = obj.flow(j);
468         end
469     end
470 end
471
472 figure(4)
473 plot(obj.time, obj.flow, 'linewidth', 2);
474 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24,...
475     'FontName', 'Times New Roman');
476 hold on
477 plot(obj.locs, locsflow, 'xg', 'MarkerSize',10, 'linewidth', 1.5, obj.startinsp, startflow, 'o', 'color', [.93,.69,.13], ↵
478 'MarkerSize',10, 'linewidth', 1.5 ); %this is where breaths end and start
479 lgd = legend('Flow (l/min)', 'Start Exp', 'Start Insp');
480 lgd.FontSize = 24;
481 lgd.FontName = 'Times New Roman';
482 title('Breath Detection using Flow Signal')
483 xlabel('Time (s)')
484 ylabel('Flow (l/min)')
485 hold off
486
487 end
488
489 %--- function tidalfinder calculates peak volumes off volume
490 %signals
491 function tidalfinder(obj, tnum)
492     if tnum ==1
493         vol = lowpass(table2array(obj.filidata(:,7)), 0.0001);
494         m = max(vol);
495         [pk, lcs] = findpeaks(vol, obj.time,'MinPeakProminence',...
496             m/2);
497         %name = join([obj.filename, '_tidal_detect']);
498         figure(5)
499         plot(obj.time, vol, '-b', lcs, pk, 'xr', 'MarkerSize',10)
500         set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24,...
501             'FontName', 'Times New Roman');
502         title('Tidal Volume signal peak recognition')
503         xlabel('Time (s)')
504         ylabel('Volume (ml)')
505         lgd = legend('Volume signal', 'Peak detection');
506         lgd.FontSize = 24;
507         lgd.FontName = 'Times New Roman';
508         while length(pk) > obj.breaths
509             pk(length(pk)) = [];
510         end

```

```

511     while length(pk) < obj.breaths
512         pk(length(pk)+1) = 0;
513     end
514     obj.tv = pk;
515     %teevee = length(obj.tv);
516 elseif tnum == 2
517     vol = lowpass(table2array(obj.filidata(:,8)), 0.0001);
518     m = max(vol);
519     [pk, lcs] = findpeaks(vol, obj.time,'MinPeakHeight',...
520         m/2, 'MinPeakDistance', (1/obj.freq)*2/3);
521     %name = join([obj.filename, '_piston_detect']);
522     figure(6)
523     plot(obj.time, vol, '-b', lcs, pk, 'xr', 'MarkerSize',10)
524     set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24,...
525         'FontName', 'Times New Roman');
526     title('Piston Volume Signal Peak Recognition')
527     xlabel('Time (s)')
528     ylabel('Volume (ml)')
529     lgd= legend('Volume signal', 'Peak detection');
530     lgd.FontSize = 24;
531     lgd.FontName = 'Times New Roman';
532     while length(pk)>obj.breaths
533         pk(length(pk)) = [];
534     end
535     while length(pk) < obj.breaths
536         pk(length(pk)+1) = 0;
537     end
538     obj.tvol = pk;
539     %teevol = length(obj.tvol);
540 end
541
542
543 % --- function pressure_data calculates max, min and average
544 % pressures
545 function p = pressure_data(obj, pnum)
546     % Pressure signal selection
547     if pnum ==1 %py
548         p = table2array(obj.filidata(:,3));
549         obj.pres = p;
550     elseif pnum ==2 %Palv
551         p = table2array(obj.filidata(:,4));
552     elseif pnum ==3 %Ptr
553         p = table2array(obj.filidata(:,5));
554     end
555     t = obj.time;
556     z = lowpass(p, 0.00001);
557     t_test = t;
558     %trim the first 5 and last 5 data points because of the
559     %filter overshoot
560     counter = 0;
561     while counter < 10
562         z(1) = [];
563         t_test(1) = [];
564         z(length(z)) = [];
565         t_test(length(t_test)) = [];
566         counter = counter + 1;
567     end
568     figure()
569     plot(t,p, '-b', t_test,z, '-r');
570     set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24,...
571         'FontName', 'Times New Roman');
572     lgd = legend('Pressure signal', 'Lowpass Filtered Wn = 0.0001');
573     lgd.FontSize = 24;
574     lgd.FontName = 'Times New Roman';

```

```

575 xlabel('Time (s)')
576 ylabel('Pressure (atm)')
577 title('Lowpass filtering pressure signal')
578 p = z;
579 p_opp = -1*p; %signal inverted for calculating mins
580
581 %findpeaks only works if signal is above zero. Shifts
582 %signal above zero by amp1, runs peak analysis, shifts
583 %signal and peaks back again
584 max1 = max(p);
585 min1 = min(p);
586 amp1 = abs(max1-min1);
587 %shifts signal up
588 for i = 1:length(p)
589     p(i) = p(i) + amp1;
590 end
591 max1 = max(p);
592 [pk, w] = findpeaks(p,t_test, 'MinPeakHeight',...
593     (max1-amp1/4), 'MinPeakDistance', (1/obj.freq)*2/3);
594 pk2pk1 = w(2) - w(1);
595
596 %shift pk and p values back again
597 for i = 1:length(pk)
598     pk(i) = pk(i) - amp1;
599 end
600 for i = 1:length(p)
601     p(i) = p(i)-amp1;
602 end
603 max2 = max(p_opp);
604 min2 = min(p_opp);
605 amp2 = abs(max2-min2);
606
607 %Similar routine as previous, using inverted pressure
608 %signal to findpeaks for minimums shifts up
609 for i = 1:length(p_opp)
610     p_opp(i) = p_opp(i) + amp2;
611 end
612 max2 = max(p_opp);
613 [pk1, locs1] = findpeaks(p_opp, t_test, 'MinPeakDistance', pk2pk1*2/3, 'MinPeakHeight', (max2-amp2/4));
614
615 %shift pk values back again
616 for i = 1:length(pk1)
617     pk1(i) = -1*(pk1(i) - amp1);
618 end
619
620 %trim if there is a min before the first max
621 if locs1(1)<w(1)
622     locs1(1) = [];
623     pk1(1) = [];
624 end
625
626 %if there are more maxs than breaths, clip the last breath
627 while length(pk)>obj.breaths
628     pk(length(pk)) = [];
629     w(length(w)) = [];
630     pk1(length(pk1)) = [];
631     locs1(length(locs1)) = [];
632 end
633 %plot to see where peaks are identified name =
634 %join([obj.filename, 'pres_detect']);
635 figure()
636 plot(t_test, p, '-b', locs1, pk1, 'xr', 'MarkerSize', 10);
637 set(gca,'XGrid','off', 'YGrid', 'off', 'FontSize', 24, ...
638     'FontName', 'Times New Roman');

```

```

639 hold on
640 plot(w, pk, 'x', 'color', [.93,.69,.13], 'MarkerSize',10)
641 title('Pressure max and min identification')
642 xlabel('Time (s)');
643 ylabel('Pressure (atm)');
644 lgd = legend('Pressure (atm)', 'Min', 'Max');
645 lgd.FontSize = 24;
646 lgd.FontName = 'Times New Roman';
647 hold off
648 %add a zero to the end to ensure when data organised in
649 %table in bpb_analyser, arrays are the same length
650 %(otherwise error)
651 while length(pk) < obj.breaths
652     pk(length(pk) +1) = 0;
653     w(length(w) + 1) = 0;
654 end
655 while length(pk1) < obj.breaths
656     pk1(length(pk1)+1) = 0;
657     locs1(length(locs1)+1) = 0;
658 end
659 %max and min pressures
660 if pnum ==1
661     obj.pres_max = pk;
662     obj.pres_min = pk1;
663 elseif pnum ==2
664     obj.presA_max = pk;
665     obj.presA_min = pk1;
666 elseif pnum ==3
667     obj.presT_max = pk;
668     obj.presT_min = pk1;
669 end
670
671 %calculation of average pressure across each breath
672 sample_mins = cell(obj.breaths,1);
673 for i = 1:length(locs1)
674     for j = 1:length(t)
675         if t(j) == locs1(i)
676             sample_mins{i} = j;%time index location of min
677         end
678     end
679 end
680 for i = 1:length(sample_mins)-1
681     if sample_mins{i}>sample_mins{i+1}
682         sample_mins{i+1} = [];
683     end
684 end
685 while sample_mins{length(sample_mins)}>length(p)
686     sample_mins{length(sample_mins)} = [];
687 end
688
689 %smins = length(sample_mins) s = sample_mins
690 for i = 1:(length(sample_mins)-2)
691     min_ = sample_mins{i};
692     max_ = sample_mins{i+1};
693     sum_p = 0;
694     for j = min_:max_
695         sum_p = sum_p + p(j);
696     end
697     if pnum ==1
698         %pave1 = length(obj.p_ave)
699         obj.p_ave{i} = sum_p/(max_ - min_);
700     elseif pnum ==2
701         obj.pA_ave{i} = sum_p/(max_ - min_);
702         %o = obj.pA_ave

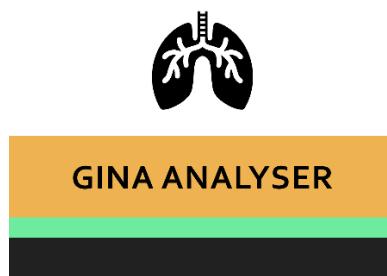
```

```
703     elseif pnum ==3
704         obj.pT_ave{i} = sum_p/(max_ - min_);
705     end
706 end
707
708 if pnum ==1
709     while length(obj.p_ave) < obj.breaths
710         obj.p_ave{length(obj.p_ave)+1} = 200;
711
712     end
713 elseif pnum ==2
714     while length(obj.pA_ave) < obj.breaths
715         obj.pA_ave{length(obj.pA_ave)+1} = 200;
716
717     end
718 elseif pnum ==3
719     while length(obj.pT_ave) < obj.breaths
720         obj.pT_ave{length(obj.pT_ave)+1} = 200;
721
722     end
723 end
724 end
725 end
726 end
```

For exOpen code, see post: [https://au.mathworks.com/matlabcentral/answers/93885-how-can-i-determine-if-an-xls-file-is-open-in-microsoft-excel-without-using-answer\\_103236](https://au.mathworks.com/matlabcentral/answers/93885-how-can-i-determine-if-an-xls-file-is-open-in-microsoft-excel-without-using-answer_103236)

## B.2 Manual for GINA ANALYSER

## --- GINA ANALYSER MANUAL ---



*Author and designer: Corinne Gard, Westmead Hospital NICU & University of Sydney*

## Contents

Running GINA ANALYSER .....	1
Understanding GINA ANALYSER output.....	2

## Running GINA ANALYSER

Protocol to ensure proper GINA\_ANALYSER functionality:

1. Install GINA\_ANALYSER software (or transfer files from USB). Ensure that all of these files exist in the same folder. Warning: **Do not change file names**
  - a. GINA\_Analyser.m
  - b. GA\_main.m
  - c. GA\_Tester.m
  - d. exOpen.m
  - e. GA\_OutputData (this is a folder)
  - f. GA\_TestData (this is a folder)
2. Before recording any data from the GINA, ensure the following is installed on your computer: [TDM Excel Add-In for Microsoft Excel Download](#). This will allow GINAs output TDMS files to be converted to xlsx files, which is required for this program to function.
3. Follow this checklist before commencing recording from the GINA:
  - a. GINA must calibrated to current atmospheric conditions (see GINA manual).
  - b. GINA should run for 10 minutes to warm up.
  - c. Ensure warning lights on GINA interface are not flashing.
  - d. Under Log tab, change File Name to desired. Press 'Store Set.' and save this settings file with the same name as the File Name. Select Continuous Mode (Cont. M).
  - e. In the case that you intend to calculate breaths using Work of Breathing ensure that channel X is set as Work Of Breathing.
4. Commence recording. When recording is stopped, press 'Beenden' on the window that pops up.
5. Open the GINA output tdms file using the *TDM Excel converter* and *save as*. Ensure that the GINA xlsx file is saved into the GA\_TestData folder.
6. Open GINA\_ANALYSER application (see figure 1). If the GUI app doesn't immediately open, go to the file GINA\_Analyser.m and on the editor tab, click *Run*.

7. On the GINA\_Analyser GUI, use *Browse* buttons to select files. There is no file limit.
8. Under the 'Output options for Breath by Breath data' menu, you can choose to create a new breath by breath (bbb) log file, or add to an existing one. Ensure that at least one box is checked.
9. Select the method of breath calculation. Note: in version 1, only 'Work of Breathing (chX)' can be selected.
10. Click *GO*. Data will be stored in GA\_OutputData folder.

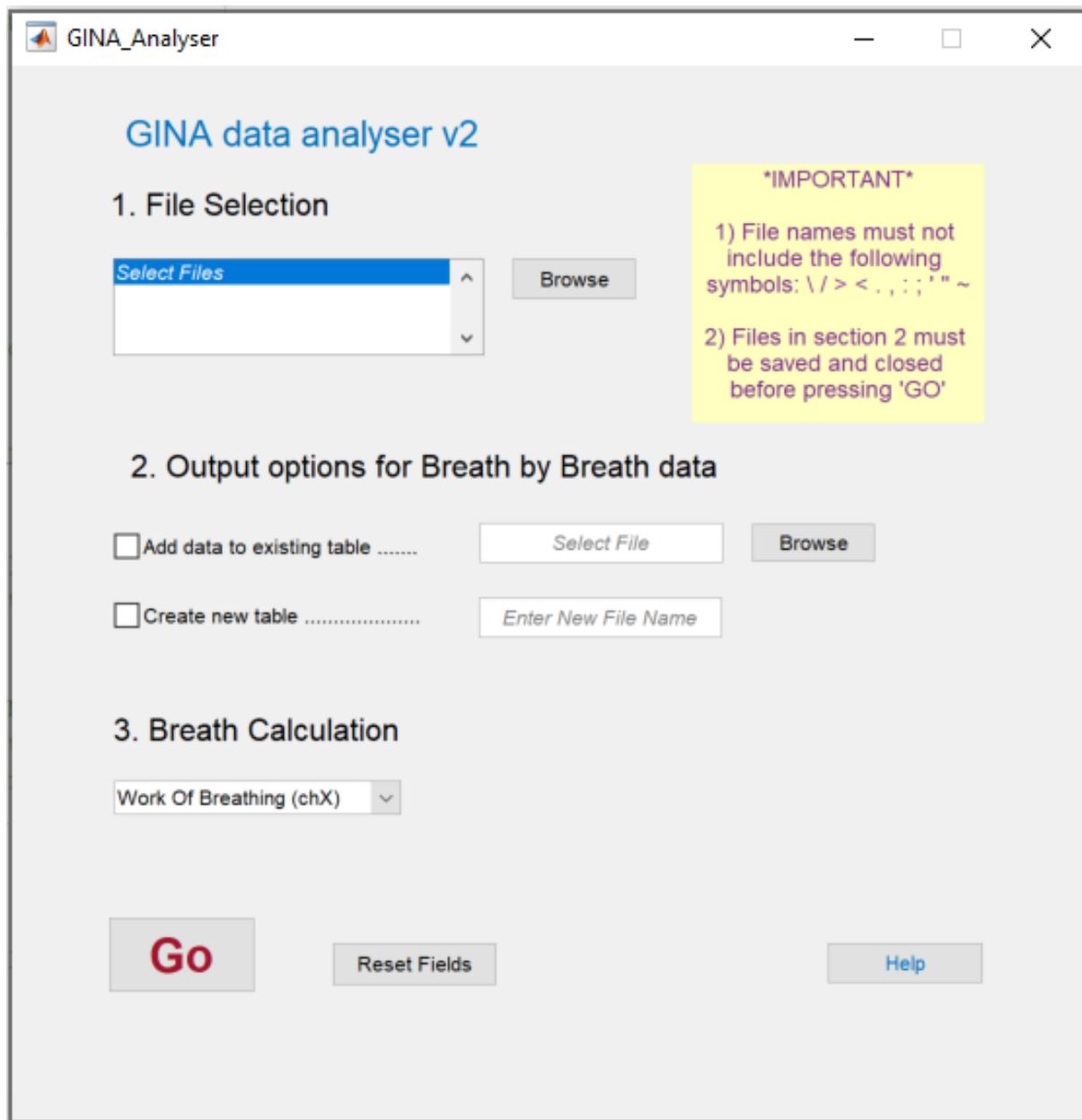


Figure 1: GINA\_Analyser GUI

## Understanding GINA ANALYSER output

Output from the GINA ANALYSER will be stored in the GA\_OutputData folder. If in '2. Output options for Breath by Breath data', 'Create new table' was selected, the file name will be the one you

entered. If 'Add data to existing table' was selected, the file name will be the name of the selected xlsx file.

Your output file, sheet 1 will contain the breath by breath analysis table. Sheet 2 will contain a list of the GINA files that have been analysed in the given xlsx document.

The following table defines output parameter abbreviations and definitions.

Abbreviation	Definition	Units
TestName	Name of input GINA xlsx file	-
Breath	Breath number	-
Tidal_Volume	Volume of air moved in one breath, calculated from flow	mls
Piston_Volume	Volume of air moved in one breath plus piston dead space	mls
Insp_Time_s	Time that inspiration takes	s
Exp_Time_s	Time that expiration takes	s
Py_max	Maximum pressure at y piece (GINA outlet)	atm/hPa
Py_min	Minimum pressure at y piece (GINA outlet)	atm/hPa
Py_mean	Mean pressure at y piece (GINA outlet) over whole breath	atm/hPa
Ptr_max	Maximum pressure at endotrachea	atm/hPa
Ptr_min	Minimum pressure at endotrachea	atm/hPa
Ptr_mean	Mean pressure at endotracheal over whole breath	atm/hPa
Palv_max	Maximum pressure in alveoli	atm/hPa
Palv_min	Minimum pressure in alveoli	atm/hPa
Palv_mean	Mean pressure at alveoli over whole breath	atm/hPa

Figure 2: Output parameters

## **C | Appendix for additional work**

### **C.1 My design recommendations for GINAs update**

Dear Dr Schaller,

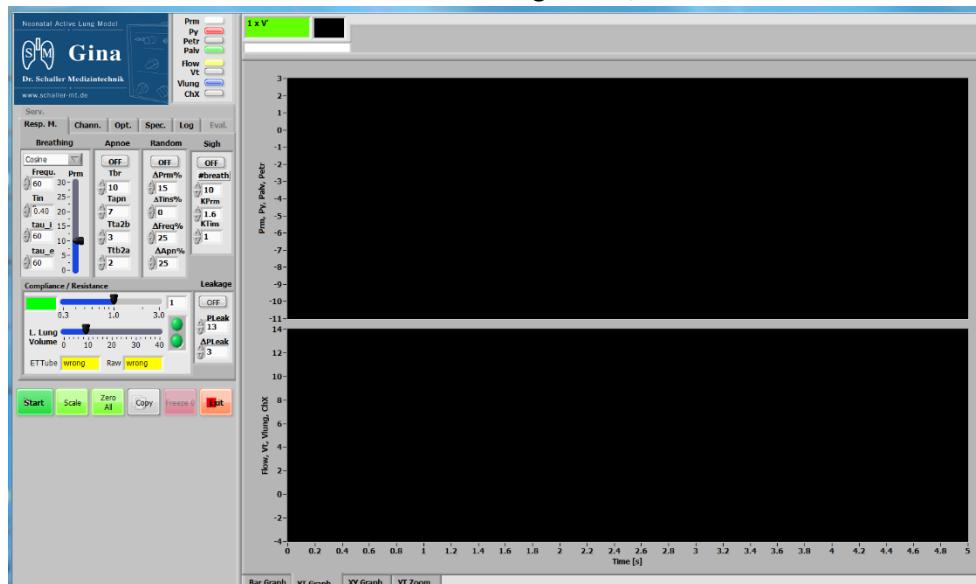
I believe what we have in mind is similar to you.

What we would like is to have a GUI interface whereby we set a time duration and can insert events during that timeline.

For example, we might want to select that the duration  $T = 240\text{s}$ . Then, just like in your example from your email, we could choose points within this 240s to insert an event. An event would be an incidence where the settings (C, Prm, Freq, Tin, Leak, Apnea parameters and so on) could be pre-set to change automatically on the event time line.

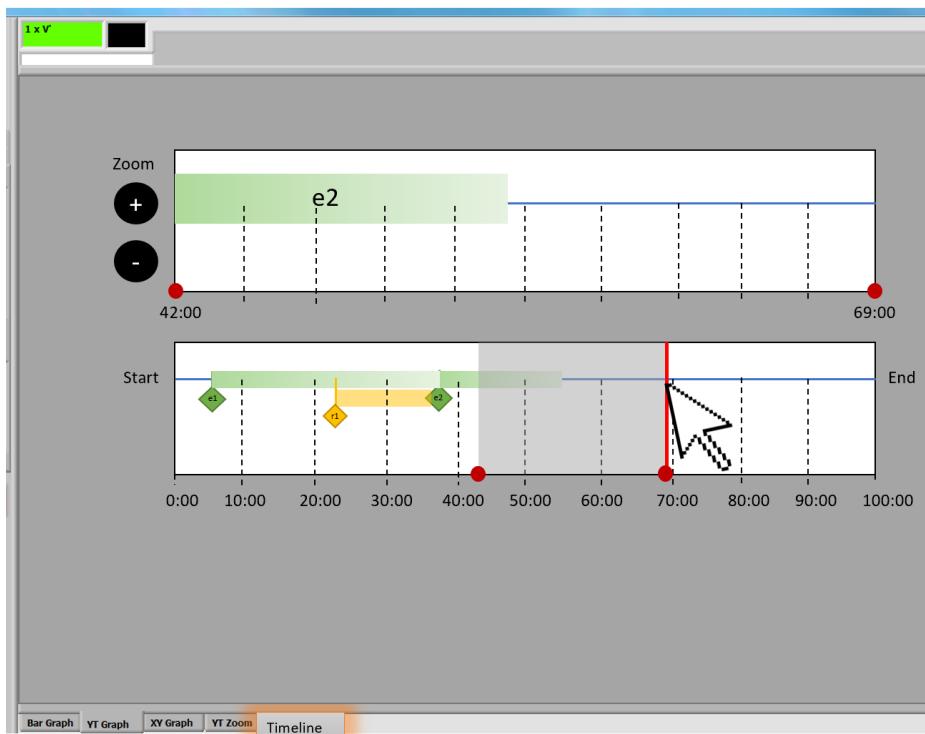
Here is a draft schematic of how I imagine these changes might look. Hopefully it will help to make more sense of exactly what it is that we want GINA to do.

1. There would be two modes to select, "Manual" and "Schedule"
2. "Manual" mode would be the same as the GINA is right now, like this.

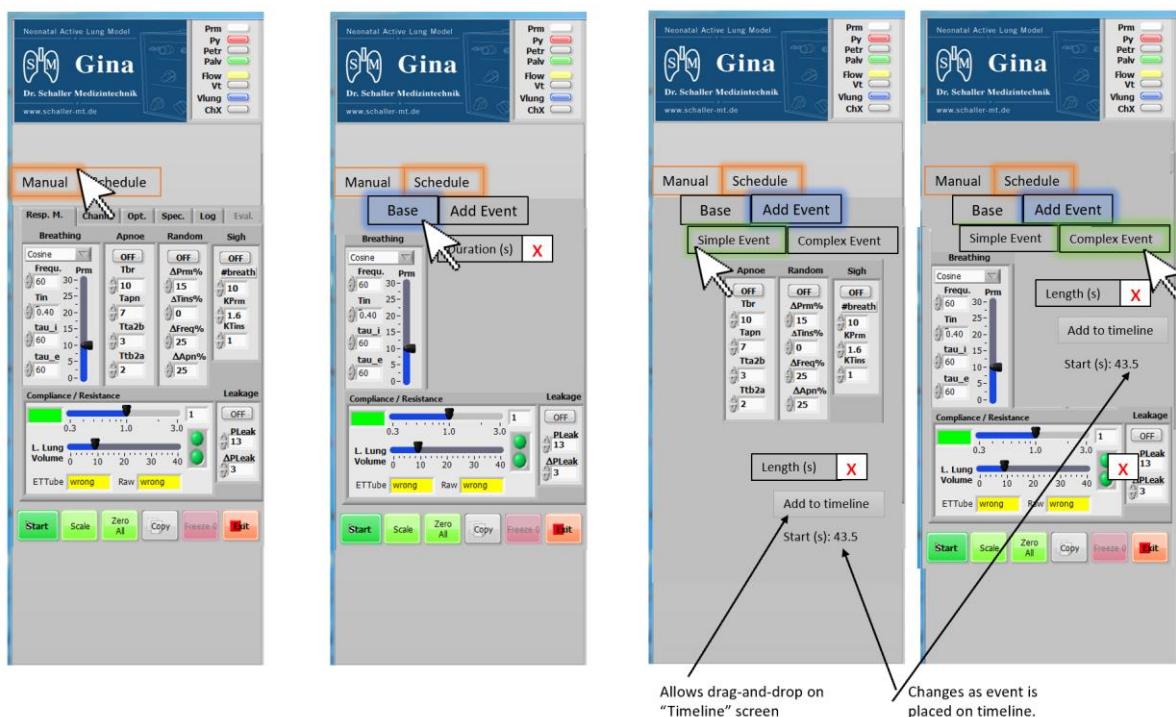


a.

3. "Schedule" mode would be similar but would have added features including:
  - a. A visual timeline, with click and drag features



- b. An “add event” option
- c. For each event, when it is selected, the user can change the settings
- d. “Simple” events can’t overlap other “simple” events. “Complex” events can not overlap “complex” events. But “simple” and “complex” events can overlap. (See image)



- e. A log of events

# D | Work Log

## D.1 Code Repository

To access the GitHub version control repository for the GINA ANALYSER code, please use this link: <https://github.com/Corinne12345/File-Analyser.git>

To access the GitHub version control repository for the GINA VALIDATOR code, please use this link: <https://github.com/Corinne12345/Ventilator-Validator.git>