

Real World Real God | Faith vs. Fear

Pastor Mark Lehmann

"The only known antidote to fear is Faith."

- Woodrow Kroll

"Then he got into the boat and his disciples followed him. Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, 'Lord, save us! We're going to drown!' He replied, 'You of little faith, why are you so afraid?' Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, 'What kind of man is this? Even the winds and the waves obey him!'" **Matthew 8:23-27 NIV**

"That day when evening came, he said to his disciples, 'Let us go over to the other side.' Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, 'Teacher, don't you care if we drown?' He got up, rebuked the wind and said to the waves, 'Quiet! Be still!' Then the wind died down and it was completely calm. He said to his disciples, 'Why are you so afraid? Do you still have no faith?' They were terrified and asked each other, 'Who is this? Even the wind and the waves obey him!'" **Mark 4:35-41 NIV**

"Worry is a cycle of inefficient thoughts whirling around a center of fear."

- Corrie Ten Boom

When We allow to Fear Control us:

- Fear raises questions about the Character of God
(Don't you care that we are going to Drown?)
- Fear Corrodes Confidence in God's Goodness
- Fear Challenges God's Love for us.
- Fear Unleashes doubts
- Fear at its center is a perceived Loss of Control (Fix it God!)
- Fear cause us to want to close in instead of Go out
- Fear Makes us more and More Insecure

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." **2 Timothy 1:7 NKJV**

"You are Immortal until God calls you Home."

"The presence of fear does not mean you have no faith. Fear visits everyone, but make sure your fear is a visitor and not a resident."

- Max Lucado

1. "So don't be afraid. You are worth much more than many sparrows." (Mt. 10:31 NCV)
2. "Take courage, son, your sins are forgiven." (Matthew 9:2 NASB)
3. "Don't worry about everyday life—whether you have enough..." (Mathew 6:25)
4. "Don't be afraid. Just believe, and your daughter will be well." (Luke 8:50 NCV)
5. "It's all right. I am here! Don't be afraid." (Matthew 14:27 NCV)
6. "Do not fear those who kill the body but cannot kill the soul." (Matthew 10:28)
7. "Do not fear, little flock, for it is your father's good pleasure to give you the kingdom." (Luke 12:32)
8. "Don't be troubled. You trust God, now trust in me.... I will come and get you, so that you will always be with me where I am." (John 14:1-3 NLT)
9. "... don't be troubled or afraid." (John 14:27)
10. "Why are you frightened?" he asked. "Why are your hearts filled with doubt?" (Luke 24:38 NLT)
11. Jesus came and touched them and said, "Arise, and do not be afraid." (Matthew 17:8 NKJV)

"Giving into fear alters God's best Plan for your life. So use the power of God's Word to do what He wants you to do."

- Joyce Meyer

Seven Steps in Walking in Faith Over Fear

1. Fear only God (Proverbs 9:10)
2. Acknowledge your area of Fear to God (Philippians 4:6-7)
3. Seek God Spirit and His Power (Galatians 5:22, 2 Timothy 1:7)
4. Know Your Identity in Christ (Galatians 2:20, 1Peter 2:9)
5. Grow in Faith! (Hebrews 12:2, 2 Peter 3:18)
6. Walk in God's Perfect Love (1 John 4:18)
7. Face your Fears with Trust in God. (Proverbs 3:5,6)

"When I am afraid, I put my trust in you. In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?" **Psalms 56:3-4 NIV**

"...For He has said, 'I will never leave you nor forsake you.' So we can confidently say, 'The Lord is my helper; I will not fear; what can man do to me?'" **Hebrews 13:5-6 ESV**

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."
Isaiah 41:10 NIV

"I am inwardly fashioned for faith, not for fear. Fear is not my native land; faith is. I am so made that worry and anxiety are sand in the machinery of life; faith is the oil. I live better by faith and

confidence than by fear, doubt and anxiety. In anxiety and worry, my being is gasping for breath—these are not my native air. But in faith and confidence, I breathe freely.”

- E. Stanley Jones

“Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.” **Joshua 1:9 NIV**