

MONDAY JAN 26

TUESDAY JAN 27

WEDNESDAY JAN 28

BREAKFAST

Eggs Scrambled/Fried

Sausage
French Toast
Breakfast Burritos
Potatoes
Yogurt & Granola
Fresh Fruit
Cereal & Milk

Eggs Scrambled/Fried

Bacon
Pancakes
Breakfast Burritos
Potatoes
Yogurt & Granola
Fresh Fruit
Cereal & Milk

Eggs Scrambled/Fried

Sausage
French Toast
Breakfast Burritos
Potatoes
Yogurt & Granola
Fresh Fruit
Cereal & Milk

LUNCH

Chicken & Carne Asada

Brown Rice & Quinoa
Black Beans
Peppers & Onions
Queso, Salsa, Sour Cream
Salad Bar



Chili

Panini Sandwiches
Grilled Chicken
Chips
Salad Bar
Cookies

Chicken & Carne Asada

Brown Rice & Quinoa
Black Beans
Peppers & Onions
Queso, Salsa, Sour Cream
Salad Bar



DINNER

Tenderloin Tips

Garlic Mashed Potatoes
BBQ Glaze
Broccoli
Grilled Chicken
Composed Salad
Ice Cream

Carbonara

Spaghetti Marinara
Alfredo
Garlic Bread
Fresh Vegetables
Composed Salad
Ice Cream

Basil Chicken

Potstickers
Egg Rolls
Fried Rice
Grilled Chicken
Composed Salad
Ice Cream