

WEEKLY MENU

JANUARY 26 - 28, 2026

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MONDAY
JAN 26

TUESDAY
JAN 27

WEDNESDAY
JAN 28

BREAKFAST

Eggs Scrambled/Fried
Sausage
French Toast
Breakfast Burritos
Potatoes
Yogurt & Granola
Fresh Fruit
Cereal & Milk

LUNCH

Chicken & Carne Asada
Brown Rice & Quinoa
Black Beans
Peppers & Onions
Queso, Salsa, Sour Cream
Salad Bar



DINNER

Tenderloin Tips
Garlic Mashed Potatoes
BBQ Glaze
Broccoli
Grilled Chicken
Composed Salad
Ice Cream

Carbonara
Spaghetti Marinara
Alfredo
Garlic Bread
Fresh Vegetables
Composed Salad
Ice Cream

Eggs Scrambled/Fried
Sausage
French Toast
Breakfast Burritos
Potatoes
Yogurt & Granola
Fresh Fruit
Cereal & Milk

Chicken & Carne Asada
Brown Rice & Quinoa
Black Beans
Peppers & Onions
Queso, Salsa, Sour Cream
Salad Bar



Basil Chicken
Potstickers
Egg Rolls
Fried Rice
Grilled Chicken
Composed Salad
Ice Cream