

# Vocabulary: Do you often procrastinate?

WORD	MEANING	TYPICAL USE
<b>procrastinate</b> [pro`kræstə,net] <i>vi.</i> 拖延 同 put off	to keep delaying something that must be done, often because it is unpleasant or boring	I know I've got to deal with the problem at some point - I'm just _____ing. 我知道我遲早必須處理這件事 - 我只是在拖延罷了。
<b>extremely</b> [ik`strimli] <i>adv.</i> 極度地 <i>adj./n.</i> extreme	very large in amount or degree	These antiques are both beautiful and _____valuable. 這些古物不但美麗還極度有價值。
<b>practical</b> [`præktikl] <i>adj.</i> 實際的，實用的 <i>adv.</i> practically	relating to experience, real situations, or actions rather than ideas or imagination	Practical experience is often very important. 實際經驗往往是很重要的。
<b>acquire</b> [ə`kwair] <i>vt.</i> 習得，獲得 <i>n.</i> acquisition	to get something; to obtain or begin to have something	After living in England for so long, Chris has _____d a British accent. 在英國住了這麼久後，克里斯有了英國腔。
<b>statistics</b> [stə`tɪstɪks] <i>n.</i> 統計資料，統計學 <i>adj.</i> statistical	a collection of numerical facts or measurements, as about people, business conditions, or weather	I happen to have the latest population _____ with me. 我手頭正好有最新的人口統計資料。
<b>university</b> [ˌjunə`vɜ:səti] <i>n.</i> 大學 同 be at/go to ~ 就讀大學	a place where people study for an undergraduate (= first) or postgraduate (= higher level) degree	This _____ is composed of five colleges and one graduate school. 這所大學由五個學院和一個研究生院組成。
<b>define</b> [di`fam] <i>vt.</i> 定義，認定 <i>n.</i> definition	to say what the meaning of something, especially a word, is	The boundary is not clearly _____d. 這疆界沒有明確劃定。
<b>chronic</b> [`kranɪk] <i>adj.</i> 長期的，慢性的 同 acute	(especially of a disease or something bad) continuing for a long time	She's developed a _____cough. 她的咳嗽已成了一種慢性病。
<b>persistently</b> [pə`sɪstəntli] <i>adv.</i> 持續地 <i>adj.</i> persistent	happening repeatedly or for a long time, or difficult to get rid of	Officials have expressed concern that _____high oil prices could trigger higher inflation. 政府官員對於油價居高不下而可能造成通貨膨脹一事表示關切。
<b>assignment</b> [ə`sainmənt] <i>n.</i> 作業，任務 <i>vt.</i> assign	a piece of work given to someone, typically as part of their studies or job	She gladly accepted the _____. 她高興地接下任務。


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<b>further</b> [ˈfɜːðə] <i>adv.</i> 進一步 <i>vt.</i> 促進，助長	comparative of <b>far</b> : to a greater distance or degree, or at a more advanced level	We will help you _____. 我們會進一步幫助你的。
<b>overwhelm</b> [ˌovəˈ(h)wɛlm] <i>vt.</i> 使無法應付，(感情或感覺)充溢 <i>adj.</i> overwhelming	to cause someone to feel sudden strong emotion	I was _____ed by his generosity. 他的慷慨令我感激難言。
<b>suggest</b> [sə(g)ˈdʒɛst] <i>vt.</i> 提出，提議 <i>n.</i> suggestion ☐ propose	to mention an idea, possible plan, or action for other people to consider	The dentist _____ed that she (should) come another day. 牙醫建議她改天再來。
<b>defeat</b> [dɪˈfiːt] <i>vt.</i> 使挫敗，打敗 <i>n.</i> 挫敗	to cause someone or something to fail	Our hopes were _____ed. 我們的希望落空了。
<b>correspond</b> [ˌkɒrəˈspænd] <i>vi.</i> 符合，相對應 <i>n.</i> correspondence	to match or be similar or equal	I assure you my actions will _____ with my words. 我向你保證，我將言行一致。
<b>identify</b> [aɪˈdentəˌfaɪ] <i>vt.</i> 確認，識別 <i>n.</i> identification	to recognize someone or something and say or prove who or what that person or thing is	She identified him as her attacker. 她認出他就是襲擊她的人。
<b>priority</b> [praɪˈɒrəti] <i>n.</i> 優先(權) <i>adj.</i> prior	something that is very important and must be dealt with before other things	Safety has high _____ in factories. 工廠裡安全至關重要。
<b>capable</b> [ˈkæpəbl̩] <i>adj.</i> 有能力的 ☐ be capable of Ving	able to do things effectively and skilfully, and to achieve results	She is _____ of judging works of art. 她有鑑賞藝術品的能力。
<b>budget</b> [ˈbʌdʒet] <i>vt.</i> 規劃(時間/金錢)預算 <i>n.</i> 預算 ☐ draw up a budget 編列預算	to plan how much money you will spend on something	The school _____ed one million dollars for a new library. 學校編列了一百萬美元建新圖書館的預算。
<b>sufficient</b> [səˈfɪʃənt] <i>adj.</i> 足夠的 ☐ enough	enough or satisfactory for a particular purpose	Her income is not _____ to support her family. 她的收入不夠養活家人。
<b>adequate</b> [ˈædəkwɪt] <i>adj.</i> 充分的，適當的	enough or satisfactory for a particular purpose	Martin decided that he had no _____ proof. 馬丁斷定他沒有充足的證據。

## WORD

**counselor** [ˈkaʊnsələ]

*n.* 顧問，諮商師

*vt./n.* counsel

 council

## MEANING

a person whose job is to provide advice, help, or encouragement


## TYPICAL USE

Mr. and Mrs. Smith have some marriage problems, so they are seeing a marriage \_\_\_\_\_.

史密斯夫婦有一些婚姻上的問題，所以他們正諮詢婚姻顧問。

**mild** [ˈmaɪld]

*adj.* 溫和的，不強烈的

 wild

not violent, severe, or extreme

He is the \_\_\_\_\_est man alive.

他是世上最和善的人了。