Name: Abel Shcaaf\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Total Points: 100

Single Sentence: I deserve the total 100 points because the questions I chose to answer all add up to 100, and I have a clear answer for each said question.

“Why is this week's topic important for teamwork?” Self discipline is essential in any work space or lifestyle. You need to know when and how to act in a public environment, and have the discipline to excel in your field. If your boss requires you to learn something outside of work, you need to be able to get yourself to do it. Furthermore, you need to be able to get yourself to do things in general that you probably do not like, like apply for jobs, or even call your mother.

“How do plan on contributing to the team, besides completing your tasks?” I will be sure to contribute to the tam by making sure I take care of myself when I am not around the team to better be present and able when working with them. It would be problematic if I showed up sleep deprived because I did not have the discipline to go to sleep at a better time.

“If this was a religion class, how would you relate this week’s topic to the gospel?” Jesus and God has told us what we ourselves must do to become more like them. If we do not have the self discipline to improve ourselves for the better, to become more like God, then we will never progress, because no one can do the work for us. We have to be the ones to be better for ourselves.

“How does your experience relate to other experiences you have had?” I am a procrastinator, so I do not have the most discipline. I have gotten a bit better since I have been at college, but I am still not the best. Ido struggle sometimes doing what I need to and so I need to exercise more self discipline somehow.

“Tell me about what you taught someone? And what did they learn, that they didn’t know before?” I told someone about the video showed in class about starting with making your own bed each day. I thought it was an interesting thing, and so did the person I was teaching, but they said that seems relatively obvious over all and did not find it too interesting.