

Mess Menu

DAY	BREAKFAST	LUNCH	SNACKS(L)	DINNER
MONDAY	PavBhaji/Omelette(L) , (Bread, Butter/Jam) Sprouts, Tea/Milk(L), Cornflakes/Bournvita	Rajma, Lauki Sabzi, Plain & Butter Roti, Plain Rice, Salad, Achaar, Papad (L), Masala Chach(L)	Cutlet, Coffee/Rasna	Bhindi, Plain & Butter Roti, Chana Dal, Jeera Rice, Salad , Achaar, Sewaiyan Kheer(L)
TUESDAY	Namkeen poha, (Bread, Butter/Jam) Sprouts, Tea/Milk(L), Cornflakes/Bournvita	Matar Paneer, Dal Fry, Plain Rice, Plain & Butter Roti, Salad, Achaar, Raita(L)	Bhel Puri, Tea/Nimbu Pani	Aloo Capsicum, Masoor Dal, Matar Pulao, Plain & Butter Roti, Salad, Achaar, Gulab Jamun(L)
WEDNESDAY	Aloo parantha, Omelette(L), (Bread Butter/Jam), Sprouts, Tea/Milk(L), Cornflakes/Bournvita	Mix Veg, Dal makhani, Plain Rice, Plain & Butter Roti, Salad, Achaar, Raita (L)	Fried Idly, Coconut chutney, Coffee/Jaljeera	Nutri Soyabean, Dal Tadka, Plain & Butter Roti, Plain Rice, Salad, Achaar, Custard(L)
THURSDAY	Sambhar Vada/Boiled Egg(L), Chutney (Bread, Butter/Jam), Sprouts, Tea/Milk(L), Cornflakes/Bournvita	Aloo Fry, Kadhi Pakora, Plain & Butter Roti, Plain Rice, Salad, Achaar, Papad (L)	Vada paav, Ketch up, Tea/Thandai	Chole Masala, Dal Fry, Butter Roti & plain Roti, Jeera Rice, Salad, Achaar, Boondi(L)
FRIDAY	Chole Kulche, Boiled Egg(L), (Bread, Butter/Jam), Sprouts, Tea/Milk(L), Cornflakes/Bournvita	Lauki Kofta, Plain & Butter Roti, Plain Rice, Arhar Dal, Salad, Achaar. Lassi(L)	Pasta, Ketchup, Coffee/Nimbu Paani	Kadhai Paneer, Lobiya Daal Plain & Butter Roti, Zeera Rice, Salad, Achaar, Papad (L), Shahi Toast(L)

SATURDAY	Sambhar Idli, Omelette (L), (Bread, Butter/Jam), Sprouts, Tea/Milk(L) Cornflakes/Bournvita	Aloo Paratha, Matar Sabzi, Garlic Chutney, Biryani, Salad, Achaar, Plain Curd (L).	Bread Pakora, Ketchup, Tea/Rasna	Gatta Masala, Arhar Dal, Plain & Butter Roti, Plain Rice, Salad, Ice cream (L)
SUNDAY	Samosa (L), Jalebi(L), Omelette(L), Chutney, (Bread, Butter/Jam), Sprouts, Tea Milk(L), Cornflakes/Bournvita	Chhole Bhature, Butter Roti, Salad, Plain rice, Mirch Achaar, Raita(L)	Namkeen Poha, Chutney. Coffee/Roohafza	Aloo Pyaz, Moong Daal, Plain & Butter Roti, Plain Rice, Salad, Achaar, Sooji Halwa