

Title: Taiji as Art

Performers: Shifu JianFeng Chen & Sofia Matrisciano

Description: Shifu Chen teaches student how to use energy and artistry in movement through Taiji practice to create an actual piece of art.

Being a martial artist and painter, Shifu Chen, saw how art transfers and lives in harmony with Wushu & Taiji, so he created this demonstration to illustrate this relationship with art, nature & community with his student Sofia Matrisciano

---

(How it will work - We have students to quickly lay out tarps and canvas, then to music, Shifu Chen & student Sofia Matrisciano will do a Taiji demonstration with painting to create an art piece that has the Wushu emblem theme in abstract. Then show the piece before students (Oregon Tai Chi Wushu team) helps remove presentation and supplies from the mat.)