

## Xu DeZheng(David Xu) Personal Profile

Xu Dezheng (David Xu) began practicing Northern-style traditional martial arts at the age of six, studying under various traditional kung fu masters. In the professional arena, he has achieved multiple international and domestic championships. Proficient in various styles and weapons, he possesses comprehensive skills, excelling in both practice and real-world combat experience.

He later entered the Shaolin Temple to learn martial arts and became a disciple of Master Shaolin Deren, the 32nd generation lay disciple with the Dharma name Shi Xingzheng. As a member of the Shaolin Temple's warrior monk group, he was among the first to showcase and promote Chinese Shaolin martial arts on the international stage, visiting over ten countries.

After his travels, Xu DeZheng realized that enhancing his knowledge was essential for promoting Chinese kung fu. Thus, he left the monk group and pursued university education.

In 1993, he became a freshman at the Wuhan sports university . Over four years, he systematically studied various traditional Chinese sports and theoretical knowledge. Graduating with outstanding results in 1997, he stayed at the university to teach, engaging in Taekwondo instruction for seven years, with his students achieving national excellence multiple times.

In 2004, he left behind a comfortable life in China and ventured to the United States to start a new career to promote Chinese traditions martial arts. He believed that the diverse and free market environment in the US was more conducive to the development and inheritance of traditional martial arts.

Over nearly twenty years of entrepreneurship, he honed himself into an individual deeply rooted in the essence of traditional kung fu while also achieving great success as a highly creative professional.

## Yan HongJie (Grace Yan ) Personal Profile

Yan Hongjie (Grace Yan), a native of Wuhan, Hubei Province. At the age of 6, she began learning Yang-style Tai Chi from her grandfather, who had previously taught at the Central Guoshu Institute.

At 13, she joined the Wuhan Sports university youth's athletic wushu Team, becoming a professional athlete and achieving outstanding results.

In 1993, she was admitted to Wuhan sports university with excellent scores. Throughout her four years in university, she consistently ranked first in the overall grade every year. In 1997, she stayed at the university to teach, focusing on researching traditional sports health preservation.

In 2000, she published "Traditional Sports Health Preservation Studies," which became a specialized textbook for the WuHan Sports university's curriculum. In 2007, she participated in the compilation of the national textbook "Traditional Sports Health Preservation Studies" for sports colleges, taking charge of the chapter on "Health Preservation and Psychology."

During her teaching tenure, she published over 10 professional papers, several of which received awards at Chinese sports research conferences.

In 2009, she came to the United States and joined the Pure Shaolin Kung Fu Academy, where she was responsible for kung fu instruction and promoting traditional Kung Fu culture. In her professional role, she spent a decade delving into her studies, continuously deepening her research into Confucianism, Buddhism, and Taoism, and immersing herself in the study of Tai Chi, Baguazhang. Age has never limited her; instead, it has become the foundation for her ongoing exploration.