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# Healthy, wealthy, and wise? Tests for direct causal paths between health and socioeconomic status

Peter Adams<sup>a</sup>, Michael D. Hurd<sup>b</sup>, Daniel McFadden<sup>a,\*</sup>,  
Angela Merrill<sup>c</sup>, Tiago Ribeiro<sup>a</sup>

<sup>a</sup>*Department of Economics, University of California, Berkeley, CA 94720-3880, USA*

<sup>b</sup>*RAND Corporation, USA*

<sup>c</sup>*Mathematica, USA*

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## Abstract

This paper provides statistical methods that permit the association of socioeconomic status and health to be partially unraveled in panel data by excluding some postulated causal paths, or delimiting their range of action. These methods are applied to the Asset and Health Dynamics of the Oldest Old (AHEAD) Panel to test for the *absence* of causal links from socioeconomic status (SES) to health innovations and mortality, and from health conditions to innovations in wealth. We conclude that in this elderly American population, where Medicare covers most acute care and pension income is not affected by ability to work, the evidence supports the hypothesis of no direct causal link from SES to mortality and to incidence of most sudden onset health conditions (accidents and some acute conditions), once initial health conditions are controlled, but there is some association of SES with incidence of gradual onset health conditions (mental conditions, and some degenerative and chronic conditions), due either to causal links or to persistent unobserved behavioral or genetic factors that have a common influence on both SES and innovations in health. There is mixed evidence for an association of health conditions and innovations in wealth. The death of a spouse appears to have a negative effect on the wealth of the survivor; this is plausibly a direct causal effect. There is evidence for some association of health conditions with increased dissaving from liquid wealth for intact couples and singles. From these findings, we conclude that there is no evidence that SES-linked therapies for acute diseases induce mortality differentials. The question of whether SES-linked preventative care influences onset of chronic and mental diseases remains open. The appendix to this paper containing

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\*Corresponding author.

E-mail address: [mcfadden@econ.berkeley.edu](mailto:mcfadden@econ.berkeley.edu) (D. McFadden).

URL: <http://elsa.berkeley.edu/~mcfadden>

the detailed model estimates, the data, and the programs used for data preparation and estimation, can be found at <http://elsa.berkeley.edu/wp/hww/hww202.html>.

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## 1. Introduction

### 1.1. The issue

The links between health, wealth, and education have been studied in a number of populations, with the general finding that higher socioeconomic status (SES) is associated with better health and longer life.<sup>1</sup> In a survey of this literature, Goldman (2001) notes that this association has been found in different eras, places, genders, and ages, and occurs over the whole range of SES levels, so that it is not linked solely to poverty. The association holds for a variety of health variables (most illnesses, mortality, self-rated health status, psychological well-being, and biomarkers such as allostatic load) and alternative measures of SES (wealth, education, occupation, income, level of social integration).<sup>2</sup> There has been considerable discussion of the causal mechanisms behind this association, but there have been relatively few natural experiments that permit causal paths to be definitively identified.<sup>3</sup> In this paper, we test for the *absence* of direct causal links in an elderly population by examining whether *innovations* in health and wealth in a panel are influenced by features of the historical state.

Fig. 1 depicts possible causal paths for the health and SES innovations that occur over a short period. An individual's life history is built from these period-by-period

<sup>1</sup> Backlund et al. (1999), Barsky et al. (1997), Bosma et al. (1997), Chandola (1998, 2000), Davey-Smith et al. (1994), Drever and Whitehead (1997), Ecob and Smith (1999), Elo and Preston (1996), Ettner (1996), Feinstein (1992), Fitzpatrick et al. (1997), Fitzpatrick and Dollamore (1999), Fox et al. (1985), Goldblatt (1990), Haynes (1991), Hertzman (1999), Humphries and van Doorslaer (2000), Hurd (1987), Hurd and Wise (1989), Kaplan and Manuck (1999), Karasek et al. (1988), Kitagawa and Hauser (1973), Lewis et al. (1998), Leigh and Dhir (1997), Luft (1978), Marmot et al. (1991, 1995, 1997), Martin and Preston (1994), Martin and Soldo (1997), McDonough et al. (1997), Murray et al. (1992), Power et al. (1996), Power and Matthews (1998), Rodgers (1991), Ross and Mirowsky (2000), Schnall et al. (1994), Seeman et al. (2002), Shorrocks (1975), Stern (1983), Wadsworth (1991), Whitehead (1988), Wilkinson (1998), and Woodward et al. (1992).

<sup>2</sup> The associations can become more complex when multiple health conditions and multiple SES measures are studied. Competing risks may mask the hazard for late-onset diseases; e.g., elevated mortality risk from cardiovascular diseases in low SES groups may induce an apparent reverse relationship between SES and later-onset cancer in the surviving population (Adler and Ostrove, 1999). Longer-run measures of SES such as education, occupation, and wealth appear to have a stronger association with health status than current income (Fuchs, 1993). Using carefully measured wealth, we find that it explains most of the association with health, and education conditioned on wealth is not systematically correlated with health.

<sup>3</sup> Papers examining explicit causal mechanisms include Chapman and Hariharan (1994), Dohrenwend et al. (1992), Evans (1978), Felitti et al. (1998), Fox et al. (1985), Goldman (1994), Kelley et al. (1997), and McEwen and Stellar (1993).

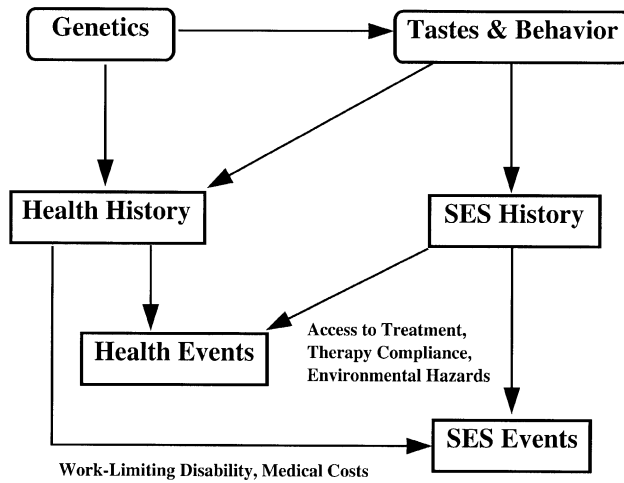


Fig. 1. Possible causal paths for SES and health.

transitions. First, low SES may lead to failures to seek medical care and delay in detection of conditions, reduced access to medical services, or less effective treatment.<sup>4</sup> Also, increased risk of health problems may result from increased stress or frustration, or increased exposure to environmental hazards, that are associated with low SES.<sup>5</sup> These factors could provide direct causal links from SES history to health events. Second, poor health may reduce the ability to work or look after oneself, and increase medical care expenditures, leading to reduced income and less opportunity to accumulate assets. This could provide a direct causal link from health to changes in SES.

There may also be hidden *common factors* that lead to ecological association of health and SES. For example, unobserved genetic heterogeneity may influence both resistance to disease and ability to work. Causal links may be reinforced or confounded by behavioral response. Behavioral factors such as childhood nutrition and stress, exercise, and smoking may influence both health and economic activity level. For example, tastes for work and for “clean living”, whether genetic or learned, may influence both health and earnings. Finally, rational economic decision-making may induce robust consumers to accumulate in order to finance consumption over a long expected retirement, or unhealthy individuals to spend down assets.

<sup>4</sup> There may be an important distinction between direct causal mechanisms influencing mortality, conditioned on health status, and direct causal mechanisms influencing onset of health conditions. For mortality, an SES gradient could be due to differentially effective treatment of acute health conditions. For morbidity, an SES gradient could reflect differentials in prevention and detection of health conditions. These involve different parts of the health care delivery system, and differ substantially in the importance of individual awareness and discretion, and allocation of costs between Medicare and the individual.

<sup>5</sup> For example, industrial and traffic pollution, and poor dwelling ventilation are risk factors for lung disease, and housing prices and household income are negatively correlated with air pollution levels in census data (Chay and Greenstone, 2000).

Preston and Taubman (1994), Smith and Kington (1997a, b), and Smith (1998, 1999) give detailed discussions of the various causal mechanisms that may be at work, and the role of behavioral response from economic consumers. The epidemiological literature (Goldman, 2001) uses a different terminology for the causal paths: links from SES to health innovations are termed *causal mechanisms*, while links from health to SES are termed *selection* or *reverse causation* mechanisms. Apparent association due to measurement errors, such as overstatement of the SES of the healthy or under-detection of illnesses among the poor, are called *artifactual mechanisms*.<sup>6</sup> This literature classifies all common factors in terms of their implicit initial action as either causal or selection mechanisms.<sup>7</sup>

## 1.2. This study

We study the population of elderly Americans aged 70 and older, and in this population test for the *absence* of direct causal paths from SES to innovations in health, and from health status to innovations in SES. These hypotheses will in general be accepted *only* if no causal link is present *and* there are no persistent hidden factors that influence both initial state and innovations. Rejection of one of these hypotheses does not demonstrate a direct causal link, since this may be the result of common hidden factors. However, in an elderly population persistent hidden factors will often be manifest in observed covariates, so that once these covariates are controlled, the residual impact of the hidden factors on innovations will be small. For example, genetic frailty that is causal to both health problems and low wages, leading to low wealth, may be expressed through a health condition such as diabetes. Then, onset of new health conditions that are also linked to genetic frailty may be only weakly associated with low wealth, once diabetic condition has been entered as a covariate. Thus, in this population, *rejection* of the hypotheses *may* provide useful diagnostics for likely causal paths.

The objectives and conclusions of this paper are limited. We study only elderly Americans, for whom Medicare provides relatively homogeneous and comprehensive health care at limited out-of-pocket cost to the individual. This population is retired, so that new health problems do not impact earnings. Statements about the presence or absence of direct causal mechanisms in this population, given previous health and SES status, say nothing about the structure of these mechanisms in a younger population,

<sup>6</sup> Consider phenomena such as under-estimation of the hazard of a disease due to competing risks from other illnesses or death. In an unfortunate discrepancy in terminology, economists would call this a selection effect while epidemiologists would classify it as an artifactual mechanism rather than a selection mechanism.

<sup>7</sup> Usually, one can argue that observed association must originate from some initial causal action, so that common factors originate from some initial direction of causation. However, there is no apparent initial causal action for genetically linked conditions such as Downs syndrome, which increase mortality risk and preclude work. Further, as a practical matter, it is often impossible to make observations at the high frequencies that would be required to identify causal chains when feedbacks are nearly instantaneous. Then common factors will appear at feasible levels of detection to operate simultaneously, and their true causal structure will not be identified. For these reasons, there would be considerable merit in adding *common mechanisms* to the epidemiologist's classifications.

where associations of health and SES emerge as a result of some pattern of causation and operation of common factors.

Our tests for the *absence* of causality do *not* address the question of how to identify invariant models and causal links when these tests fail. If a test for the absence of a direct causal path is rejected, it may be possible through natural or designed experiments to separate causal and ecological effects; see Angrist et al. (1996), Heckman (2000, 2001). Suppose a strictly exogenous variable is causal to SES, and clearly not itself directly causal to health or causal to common factors. Then, an association of this variable with innovations in health conditions can only be through a direct causal link from SES to health. A variable with these properties is termed a *proper instrument or control variable* for SES. Proper instruments are hard to find. They can be obtained through designed experiments, where random treatment assignment precludes the possibility of confounding by common factors, provided recruitment and retention of experimental subjects does not re-introduce confounding. For example, an experiment that randomly assigned co-payment rates and coverage within Medicare for prescription drugs or assisted living could provide evidence on direct causal links from SES to health conditions, provided attrition and compliance are not problems. Occasionally, natural experiments may provide random treatment assignment. Economic events that impact individuals differently and that are not related to their prior SES or health are potentially proper instruments. For example, a tax change that affects wealth differently in different States is arguably a proper instrument, as is a change in mandated Medicaid coverage that has a differential impact across States. Individual events such as receipt of inheritances may be proper instruments, although they would be confounded if they are anticipated, or if the probability of their occurrence is linked to health status; see Meer et al. (2001). Weak association between SES and a proper instrument for it makes it difficult to obtain precise estimates of direct causal effects; see Staiger and Stock (1997).

Section 2 of this paper discusses the foundation for econometric causality tests, and sets out the models for the dynamics of health and SES that will be used for our analysis. Section 3 describes the panel study and data that we use. Section 4 describes the association of SES and prevalence of health conditions in the initial wave of the panel. Section 5 analyzes incidence of new health conditions, and presents tests for non-causality of SES for the incidence of health innovations. Section 6 tests for the absence of a causal link from health conditions to wealth accumulation and other SES indicators. Section 7 uses our estimated models for prevalence and incidence to simulate life histories for a current population aged 70 under counterfactual (and unrealistically simplistic) interventions that assume a major health hazard can be removed, or SES shifted for the entire population. This simulation accounts consistently for co-morbidities and competing hazards over the life course. The purpose of this exercise is to demonstrate the feasibility of using our modeling approach for policy applications when the models pass the causality tests described in next section. Finally, Section 8 gives conclusions and outlines topics for future research. The appendix to this paper, containing Tables A1–A8 with detailed estimation results, and the data and computer routines we use, are posted on the internet at <http://elsa.berkeley.edu/wp/hww/hww202.html>.

## 2. Association and causality in panel data

### 2.1. Testing causality

The primary purpose of this study is to test for direct causal links between SES and health. There is a large literature on the nature of causality and the interpretation of “causality tests”.<sup>8</sup> Our analysis fits generally within the approach of Granger (1969), Sims (1972), and Hoover (2001), but our panel data structure permits some refinements that are not available in a pure time series setting.

Let  $Y_t$  denote a  $K$ -vector of demographic, health, and socioeconomic random variables for a household at date  $t$  and interpret a realization of these variables as an observation in one wave of a panel survey. Let  $\mathbf{Y}_t$  be the information set containing the history of this vector through date  $t$ . Let

$$\begin{aligned} f(Y_t | \mathbf{Y}_{t-1}) \\ \equiv f_1(Y_{1t} | \mathbf{Y}_{t-1}) \cdot f_2(Y_{2t} | Y_{1t}, \mathbf{Y}_{t-1}) \cdot \dots \cdot f_K(Y_{Kt} | Y_{1t}, \dots, Y_{K-1,t}, \mathbf{Y}_{t-1}) \end{aligned} \quad (1)$$

denote a model of the conditional distribution of  $Y_t$  given  $\mathbf{Y}_{t-1}$ . Without loss of generality, we have written this model as a product of one-dimensional conditional distributions, given history and given components of  $Y_t$  determined previously. Writing the model in this way does not imply that the components of  $Y_t$  form a causal chain, as they may be simultaneously determined, or determined in some causal sequence other than the specified sequence. However, the model structure simplifies if the current components of  $Y_t$  in the specified order do form a causal chain or are conditionally independent. If one takes Wold’s view that causal action takes time, then for sufficiently brief time intervals,  $f_K(Y_{Kt} | Y_{1t}, \dots, Y_{K-1,t}, \mathbf{Y}_{t-1})$  will not depend on contemporaneous variables, and what Granger calls “instantaneous causality” is ruled out. In practice, time aggregation to observation intervals can introduce apparent simultaneous determination. Conversely, in applications where time aggregation is an issue, one can treat observed variables as indicators for some latent causal chain structure defined for very short time intervals.

We shall focus on first-order Markov processes, specializations of (1) in which only the most recent history conveys information,

$$\begin{aligned} f(Y_t | \mathbf{Y}_{t-1}) &\equiv f(Y_t | Y_{t-1}) \\ &\equiv f_1(Y_{1t} | Y_{t-1}) \cdot f_2(Y_{2t} | Y_{1t}, Y_{t-1}) \cdot \dots \cdot f_K(Y_{Kt} | Y_{1t}, \dots, Y_{K-1,t}, Y_{t-1}). \end{aligned} \quad (2)$$

Note that if (1) is a higher-order Markov process, then (2) can be obtained by expanding the variables in  $Y_t$  to include higher-order lags. Greater generality could be achieved via a hidden Markov structure in which the observed  $Y_t$  are deterministic

<sup>8</sup> Dawid (2000), Freedman (1985, 2001), Granger (1969), Sims (1972), Zellner (1979), Swert (1979), Engle et al. (1983), Geweke (1984), Gill and Robins (2001), Heckman (2000, 2001), Holland (1986, 1988), Pearl (2000), Robins (1999), Sobel (1997, 2000), Hendry and Mizon (1999) and Woodward (1999).

functions of a latent first-order Markov process.<sup>9</sup> We leave this extension for future research.

Model (2) is *valid* for a given history  $Y_{t-1}$  if it is the true conditional distribution of  $Y_t$  given this history. Term  $f$  a *structural* or *causal* model, or a (*probabilistic*) *law*, for  $Y_t$  *relative* to a family of histories if it has the *invariance* property that it is valid for each history in the family. Operationally, this means that within specified domains,  $f$  has the *transferability* property that it is valid in different populations where the marginal distribution of  $Y_{t-1}$  changes, and the *predictability* or *invariance under treatments* property that it remains valid following policy interventions that alter the marginal distribution of  $Y_{t-1}$ . By including temporal or spatial variables in  $Y$ , it is possible to weaken invariance requirements to fit almost any application. Done indiscriminately, this creates a substantial risk of producing an “over-fitted” model that will be invalid for any “out-of-sample” policy interventions. Then, proposed models should be as generic as possible. However, it may be necessary in some applications to model “regime shifts” that account for factors that are causal for some populations or time periods, and not for others.

Suppose the vector  $Y_t = (H_t, S_t, X_t)$  is composed of subvectors  $H_t$ ,  $S_t$ , and  $X_t$ , which will later be interpreted as health conditions, SES status, and strictly exogenous variables, respectively. We say that  $S$  is *conditionally non-causal* for  $H$ , given  $X$ , if  $f(H_t|H_{t-1}, X_{t-1})$  is a valid model; i.e., given  $H_{t-1}$  and  $X_{t-1}$ , knowledge of  $S_{t-1}$  is *not needed* to achieve the invariance properties of a causal model. Conversely, if  $f(H_t|H_{t-1}, S_{t-1}, X_{t-1}) \neq f(H_t|H_{t-1}, X_{t-1})$ , then knowledge of  $S_{t-1}$  *contributes to the predictability* of  $H_t$ . Note that either one or both conditional non-causality of  $S$  for  $H$  and conditional non-causality of  $H$  for  $S$  may hold. If either holds, then  $H$  and  $S$  can be arrayed in a (block) causal chain, and if both hold, then  $H$  and  $S$  are conditionally independent. Writing model (2) as a product of univariate conditional probabilities  $f_i(H_{it}|H_{1t}, \dots, H_{i-1,t}, H_{t-1}, S_{t-1}, X_{t-1})$ , one can test for conditional non-causality of  $S$  for each component  $H_i$ . It is possible to have a causal chain in which  $S$  is conditionally causal to a previous component of  $H$ , and this component is in turn “instantaneously” causal to  $H_j$ , yet there is no direct causal link from  $S$  to  $H_j$ . Placing  $S$  after  $H$  in the vector  $Y$ , we have conditional probabilities  $f(S_t|H_t, H_{t-1}, S_{t-1}, X_{t-1})$ . There may be instantaneous conditional independence of  $H$  and  $S$ , with the conditional distribution of  $S_t$  not depending on  $H_t$  or conditional non-causality of  $H$  for  $S$ , with the conditional distribution not depending on  $H_{t-1}$ , or both. The statement that  $X$  is *strictly exogenous* in a valid model (2) is equivalent to the condition that  $H$  and  $S$  are conditionally non-causal for  $X$  in this model.<sup>10</sup>

The conventional definition of a *causal model* or *probabilistic law* requires that  $f$  be valid for the universe of possible histories (except possibly those in a set that occurs with probability zero); see Pearl (2000). It is possible to reject statistically a proposed

<sup>9</sup> Any discrete-time stationary stochastic process can be approximated (in distribution for restrictions to a finite number of periods) by a first-order hidden Markov model so there is no loss of generality in considering only models of this form; see Kunsch et al. (1995).

<sup>10</sup> Econometricians have traditionally used the term strictly exogenous to refer to properties of variables in the true data generation process, a stronger non-positivistic version of this condition.

causal model by showing that it is highly improbable that an observed sample with a given history was generated by this model. It is far more difficult using statistical analysis to conclude inductively that a proposed model is valid for the universe of possible histories. We have the far more limited objective of providing a foundation for policy analysis, where it is the invariance property under policy interventions that is crucial to predicting policy consequences. We have defined *validity* and *non-causality* as properties of a *model*, and of the outcomes of a *process* of statistical testing that could in principle be conducted on this model. Only within the domain where the model is valid, and invariance confirms that the model is accurately describing the true data generation process, can these limited positivistic model properties be related to the causal structure embedded in the true data generation process. Further, we can choose the domain over which invariance will be tested to make the definition operational and relevant for a specific analysis of policy interventions. Similarly, our definition of conditional non-causality is a positivistic construct in the spirit of the purely statistical treatment of “causality” by Granger (1969), and the test we will use is simply Granger’s test for the absence of causality, augmented with invariance conditions. Thus for example, if our analysis using this framework concludes that SES is not conditionally causal for new health events within the domain where the Medicare system finances and delivers health care, then this finding would support the conclusion that policy interventions in the Medicare system to increase access or reduce out-of-pocket medical expenses will not alter the conditional probabilities of new health events, given the health histories of enrollees in this system. It is unnecessary for this policy purpose to answer the question of whether the analysis has uncovered a causal structure in any deeper sense. Econometric analysis is better matched to the modest task of testing invariance and non-causality in limited domains than to the grander enterprise of discovering universal causal laws. However, our emphasis on invariance properties of the model, and on tests for Granger causality within invariant families, is consistent with the view of philosophers of science that causality is embedded in “laws” whose validity as a description of the true data generation process is characterized by their invariance properties; see Pearl (2000), Feigl (1953), and Nozick (2001).

## 2.2. Some specific formulations

Starting from class (2), we consider operational models of the linear latent variable form

$$Y_{it}^* = Y_{1,t}\alpha_{1i} + \cdots + Y_{i-1,t}\alpha_{i-1,i} + Y'_{t-1}\beta_i + \delta_i - \sigma_i\varepsilon_{it} \quad (3)$$

with

$$Y_{it} = \psi(Y_{it}^*, Y_{t-1}), \quad (4)$$

where  $Y^*$  is a latent variable,  $\varepsilon_{it}$  is an unobserved disturbance that is standard normal and independent across  $i$  and  $t$ , and  $\psi$  is a partial observability mapping that depends on the latent variable, and possibly on the lagged variables. For example, for a chronic health condition such as diabetes,  $Y_{it}$  will indicate whether there has ever been a diagnosis of the disease, with  $Y_{it} = \max\{Y_{1,t-1}, \mathbf{1}(Y_{it}^* \geq 0)\}$ . For an acute condition such



as a heart attack,  $Y_{it} = \mathbf{1}(Y_{it}^* \geq 0)$  indicates a new occurrence. Components of  $Y$  may be binomial or ordered discrete variables such as health status, or continuous variables such as household income. In this model, the  $\alpha$ 's,  $\beta$ ,  $\delta$ , and  $\sigma$  are parameters; restrictions are imposed as necessary for identification. In (3), the linearity in variables and parameters, the first-order Markov property, and the triangular dependence of  $Y_{it}^*$  on previous components of  $Y_t$  are not, in themselves, particularly restrictive, as one can approximate any continuous Markov model of form (2) by a form (3) in which  $Y_t$  is expanded to include transformations and interactions to sufficient order. The normality assumption is also not restrictive in principle. A latent random variable with conditional CDF  $F(Y_{it}^* | Y_{t-1})$  and the partial observability transformation (4) can be redefined using the standard normal CDF  $\Phi$  as  $Y_{it}^{**} = \Phi^{-1}(F(Y_{it}^* | Y_{t-1}))$  and  $Y_{it} = \psi_1(F^{-1}(\Phi(Y_{it}^{**}) | Y_{t-1}), Y_{1,t-1})$ ; this gives a version of models (3) and (4) in which the disturbance is standard normal.<sup>11</sup> The same construction can be applied to the remaining components of  $Y_t$ . The causal chain assumption is innocuous when the time interval is too short for most causal actions to operate, and the components of  $Y_t$  are conditionally independent. However, the causal chain assumption is much more substantive restriction when the time interval is long enough so that multiple events have time to occur, as it rules out even the feedbacks that would appear in multiple iterations of a true causal chain. Of course, the generally non-restrictive approximation properties of models (3) and (4) do not imply that a particular specification chosen for an application is accurate, and failures of tests for invariance can also be interpreted as diagnostics for inadequate specifications.

In models (3) and (4), a binomial component  $i$  of  $Y_t$  with the partial observability mapping  $\max\{Y_{i,t-1}, \mathbf{1}(Y_{it}^* \geq 0)\}$  and the identifying restriction  $\sigma_i = 1$  satisfies  $Y_{it} = 1$  if  $Y_{i,t-1} = 1$ , and otherwise is one with the probit probability

$$f_i(Y_{it} = 1 | Y_{1t}, \dots, Y_{i-1,t}, Y_{t-1}) = \Phi(Y_{1,t}\alpha_{1i} + \dots + Y_{i-1,t}\alpha_{i-1,i} + Y'_{t-1}\beta_i + \delta_i). \quad (5)$$

Analogous expressions can be developed for ordered or continuous components.

### 2.3. Measurement issues

A feature of the panel we use is that the waves are separated by several years and the interviews within a wave are spread over many months, with the months between waves differing across households. If model (2) applies to short intervals, say months, then the transition from one wave in month  $t$  to another in month  $t + s$  is described by the probability model

$$f(Y_{t+s} | Y_t) = \sum_{Y_{t+1}, \dots, Y_{t+s-1}} f(Y_{t+1} | Y_t) \cdot \dots \cdot f(Y_{t+s} | Y_{t+s-1}). \quad (6)$$

Direct computation of these probabilities will generally be intractable, although analysis using simulation methods is possible.

<sup>11</sup> For the CDF  $F$  of a random variable  $Y$ , define  $F(y_-) = \sup_{y' < y} F(y')$  and  $F^{-1}(p) = \min\{x' | F(x') \geq p\}$ . Define the random variable  $Z \equiv h(Y) = \Phi^{-1}(F(Y_-) + U[F(Y) - F(Y_-)])$ , where  $U$  is a uniform (0, 1) random variable. Then  $Z$  is a.s. standard normal. Define  $Y^* = F^{-1}(\Phi(Z))$ . Then,  $Y^* = Y$  a.s., so that  $Y$  is given a.s. by a non-decreasing transformation of a standard normal random variable.

A major additional complication in our panel is that interview timing appears to be related to health status, with household or proxy interviews delayed for individuals who have died or have serious health conditions. This introduces a spurious correlation between apparent time at risk and health status that will bias estimation of structural parameters. To study empirical approximations to (6) and corrections for spurious correlation, we consider a simple model of interview delay. Let  $p = \Phi(\alpha + \beta x)$  denote the monthly survival probability for an individual who was alive at the previous wave interview, where  $x$  is a single time-invariant covariate that takes the value  $-1, 0, +1$ , each with probability  $1/3$ . Counting from the time of the previous wave interview, let  $k$  denote the number of months this individual lives, and  $c$  denote the month that interviews begin for the current wave.<sup>12</sup> There is a distribution of initial contact times; let  $q$  denote the probability of a month passing without being contacted, and let  $m$  denote the month of initial contact. Assume that an individual who is living at the time of initial contact is interviewed immediately, but for individuals who have died by the time of initial contact, there is an interview delay, with  $r$  denoting the probability of an additional month passing without a completed interview with a household member or proxy. Let  $n$  denote the number of months of delay in this event. Assume that  $m$  and  $n$  are not observed, but the actual inter-wave interval  $t$ , equal to  $m$  if the individual is alive at time of initial contact, and equal to  $m + n$  otherwise, is observed. The density of  $k$  is  $p^{k-1}(1-p)$  for  $k \geq 1$ . The density of  $m$  is  $q^{m-c}(1-q)$  for  $m \geq c$ . Let  $d$  be an indicator for the event that the individual is dead at the time of initial contact. The probability of  $t$  and  $d = 0$  is  $h(0, t) = q^{t-c}(1-q)p^t$ , the product of the probability of contact at  $t$  and the probability of being alive at  $t$ . The probability of  $t$  and  $d = 1$ , denoted  $h(1, t)$ , is the sum of the probabilities that the individual is dead at an initial contact month  $m$ , with  $c \leq m \leq t$ , and the subsequent interview delay is  $n = t - m$ , or

$$h(1, t) = \sum_{m=c}^t (1 - p^m) q^{m-c} (1 - q) r^{t-m} (1 - r). \quad (7)$$

If  $r < pq$ , then  $h(1, t) = (1 - q)(1 - r) \{ (q^{t-c+1} - r^{t-c+1}) / (q - r) - p^c ((pq)^{t-c+1} - r^{t-c+1}) / (pq - r) \}$ . Then, the probability of an observed inter-wave interval  $t$  is  $h(t) = h(0, t) + h(1, t)$ , and the conditional probability of  $d = 1$ , given  $t$ , is  $P(1|t) = h(1, t) / h(t)$ . Absent interview delay, the conditional probability of  $d = 1$  given  $t$  would be simply  $p^{t-1}(1 - p)$ . The parameter values  $\alpha = -2.47474$ ,  $\beta = 0.3$ ,  $c = 22$ ,  $q = 0.85$ , and  $r = 0.5$  roughly match our panel. For these values, the median inter-wave interval is 25.5 months, and at  $t = 34$ , 87 percent of the interviews have been completed.

Fig. 2 plots the inverse normal transformations of the true death rate  $p^{t-1}(1 - p)$  and the apparent death rate  $P(1|t)$  against  $\log(t)$  for each value of the covariate  $x$ . The true relationship is to a reasonable empirical approximation linear in  $x$  and in  $\log(t)$ . Then, in the absence of interview delay, one could approximate  $p$ , given  $x$ , with reasonable accuracy by estimating a probit model for death of the form  $\Phi(\theta + \gamma x + \lambda \log(t))$ , and then estimating  $p$  using the transformation  $p = (1 - \Phi(\theta + \gamma x + \lambda \log(t)))^{1/t}$  for

<sup>12</sup> It does not matter for the example if the previous wave interview month is fixed or has a distribution, provided the relative inter-wave interval  $c$  is fixed, and current wave outcomes are independent of the timing of the previous wave interview.

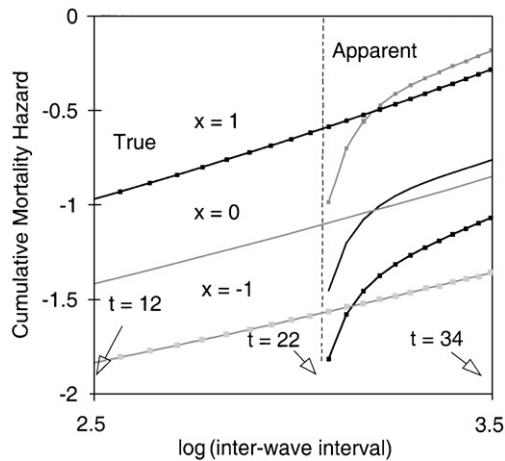


Fig. 2. Effect of interview delay (cumulative mortality hazard =  $\Phi^{-1}$  (death probability)).

the observed inter-wave interval  $t$ .<sup>13</sup> However, the figure shows that interview delay induces a sharp gradient of apparent mortality hazard with inter-wave interval, so that an estimated model will not extrapolate to realistic mortality hazards over shorter periods. A simple imputation of time at risk up to initial contact leads again to models that work well with the procedure just outlined for estimation of  $p$  conditioned on  $x$ . A simple imputed time of initial contact for those who have died is the observed inter-wave interval less the difference in the mean inter-wave interview times for dead and living respondents. This imputation can be adjusted further so that the extrapolated annual death rate,  $\Phi(\theta + \lambda \log(12) + \gamma x)$ , matches the sample average mortality rate. We do the additional adjustment for our panel, with results that are almost identical to the simple imputation of time of initial contact.

We conducted a Monte Carlo calculation of the approximations above in a sample of 50,000. In this simulation, the empirical approximation to observed mortality in the absence of interview delay is  $\Phi(-3.1053 + 0.5327x + 0.652 \log(t))$ . With interview delay and the simple imputation described above,  $\Phi(-2.9900 + 0.5349x + 0.6174 \log(t))$  is the empirical approximation.<sup>14</sup> Table 1 gives the annual mortality rates implied by these approximations. From these results, we conclude first that in the absence of interview delay, the probit model  $\Phi(\theta + \lambda \log(t) + \gamma x)$  provides an adequate approximation to exact annual mortality rates as a function of time at risk, across values of the covariate  $x$  that substantially change relative risk, and second that this remains true in

<sup>13</sup> A Box-Cox transformation of time at risk,  $z = 4(t^{1/4} - 1)$ , gives a somewhat better approximation in the probit model than  $\log(t)$ , but has no appreciable effect on the accuracy of estimated monthly transition probabilities.

<sup>14</sup> The model estimated with interview delay and without imputation, is  $\Phi(-4.6639 + 0.5349x + 1.1178 \log(t))$ .

Table 1  
Approximation accuracy with interview delay

$x$	Exact annual mortality rate (%)	Approximate annual mortality rate without interview delay (%)	Error (%)	Approximate annual mortality rate with interview delay and imputed contact time (%)	Error (%)
0	7.71	7.90	2.41	7.93	2.79
–1	3.27	3.06	–6.55	3.07	–6.03
+1	16.41	16.71	1.80	16.75	2.05
Avg	9.13	9.22	0.98	9.25	1.34

Note: The approximate annual mortality rate is given by  $1 - (1 - \Phi(\theta + \gamma x + \lambda \log(t)))^{12/t}$ , where  $t$  is the exact or imputed initial contact time and the model is estimated from the data generated by the Monte Carlo experiment.

the presence of interview delay when one imputes the initial contact time for dead subjects.

These conclusions on the accuracy of the approximation should extend to the exact inter-wave transition probabilities (6) in our Markov model, supporting use of the probit approximation

$$\begin{aligned} f_i(Y_{i,t+s} = 1 | Y_{1,t+s}, \dots, Y_{i-1,t+s}, Y_t) \\ = \Phi(Y_{1,t+s}\alpha_{1i} + \dots + Y_{i-1,t+s}\alpha_{i-1,i} + Y_t'\beta_i + \delta_i + \lambda_i \log(s)), \end{aligned} \quad (8)$$

where  $s = t_{i2} - t_{i1}$  is the imputed months between initial contact for a wave and previous wave interview, for estimation of incidence between waves. For simulation of yearly transitions, we use the approximation

$$\begin{aligned} f_i(Y_{i,t+12} = 1 | Y_{1,t+12}, \dots, Y_{i-1,t+12}, Y_t) \\ = 1 - (1 - \Phi(Y_{1,t+1}\alpha_{1i} + \dots + Y_{i-1,t+1}\alpha_{i-1,i} + Y_t'\beta_i + \delta_i + \lambda_i \log(s)))^{12/s} \\ \approx \Phi(Y_{1,t+1}\alpha_{1i} + \dots + Y_{i-1,t+1}\alpha_{i-1,i} + Y_t'\beta_i + \delta_i + \lambda_i \log(s))12/s, \end{aligned} \quad (9)$$

where  $s$  is the median inter-wave interval, and the final approximation holds when the probability of a transition is small. Formula (9) generalizes to any probability of a transition from the status quo, with the probability of remaining at the initial state defined so that all the transition probabilities sum to one. We expect this formula to approximate well the probabilities of no new health conditions in a sample population over periods corresponding to the observed inter-wave intervals.

Estimation of models based on (2)–(8) is straightforward. Because of the independence assumption on the disturbances and the absence of common parameters across equations, the estimation separates into a probit, ordered probit, or ordinary least-squares regression for each component of  $Y$ , depending on whether the partial observability mapping is binary, ordered, or linear. Conventional likelihood ratio tests can be used for the significance of explanatory variables.

### 3. The AHEAD panel data

#### 3.1. Sample characteristics

Our data come from the *Asset and Health Dynamics among the Oldest-Old* (AHEAD) study.<sup>15</sup> This is a panel of individuals born in 1923 or earlier, and their spouses. At baseline in 1993 the AHEAD panel contained 8222 individuals representative of the non-institutionalized population, except for over-samples of blacks, Hispanics and Floridians. Of these subjects, 7638 were over age 69; the remainder were younger spouses. There were 6052 households, including individuals living alone or with others, in the sample. The wave 1 surveys took place between October 1993 and August 1994, with half the total completed interviews finished before December 1993. The wave 2 surveys took place approximately 24 months later, between November 1995 and June 1996, with half the total completed interviews finished by the beginning of February 1996. The wave 3 surveys took place approximately 27 months after that, between January 1998 and December 1998, with half the total completed interviews finished near the beginning of March 1998. In each wave, there was a long but thin tail of late interviews, heavily weighted with subjects who had moved, or required proxy interviews due to death or institutionalization. Subjects never interviewed, directly or by proxy, are excluded from the calculation of the distribution of interview months. AHEAD is a continuing panel, but it has now been absorbed into the larger Health and Retirement Study (HRS), which is being interviewed on a 3-year cycle.

The AHEAD panel has substantial attrition, with death being the primary but not the only cause. A significant effort has been made to track attritors, and identify those who have died through the National Death Register. Fig. 3 describes outcomes for the full age-eligible sample. For subjects where a proxy interview was possible, an “exit interview” gives information on whether decedents had a new occurrence of cancer, heart attack, or stroke since the previous wave. From the 6743 age-eligible individuals who did not attrit prior to death, we formed a working sample for analysis consisting of 6489 by excluding 254 additional individuals with critical missing information. Fig. 4 describes their outcomes. In a few cases, attritors in wave 2 rejoined the sample in wave 3, but we treat these as permanent attritors because the missing interview makes the observation unusable.

The restriction of the AHEAD panel to the non-institutionalized elderly in wave 1 selects against those with the highest mortality risk, particularly at the oldest ages, but the impact of this selection attenuates over time. For white females, Fig. 5 compares the observed annual mortality rate in the AHEAD panel with the expected annual mortality rate from the 1997 Life Tables for the United States (U.S. Census, 1999).<sup>16</sup> Between

<sup>15</sup> The AHEAD survey is conducted by the University of Michigan Survey Research Center for the National Institute on Aging; see Soldo et al. (1997).

<sup>16</sup> The AMR for the AHEAD sample is the actual death rate between waves for each 5-year segment of ages in the initial wave, annualized using the median 25.5 month interval between the waves. The AMR from the life tables is obtained by applying life table death rates by month to the actual months at risk for each individual in the 5-year segment of ages in the initial wave to calculate expected deaths between waves. This is annualized. For these calculations, the distribution of months at risk for decedents is assumed to be the same as that for survivors.

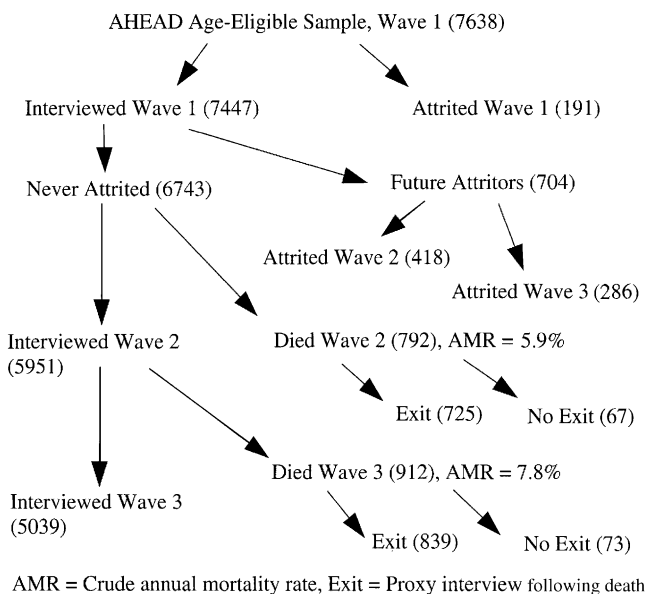


Fig. 3. Age-eligible sample outcomes.

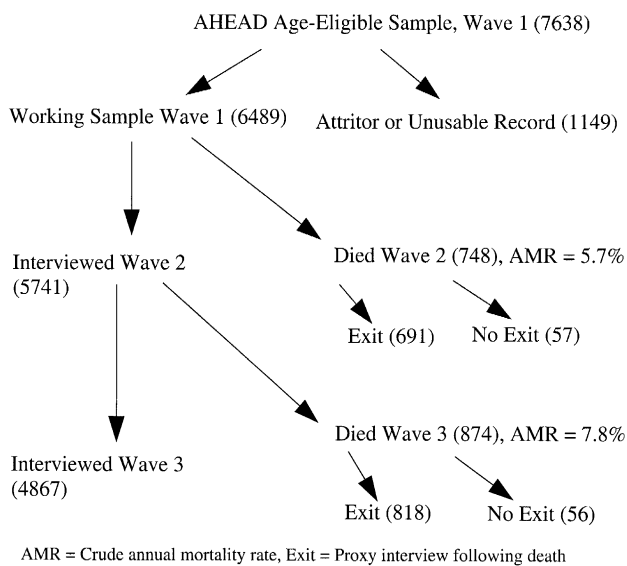


Fig. 4. Working sample outcomes.

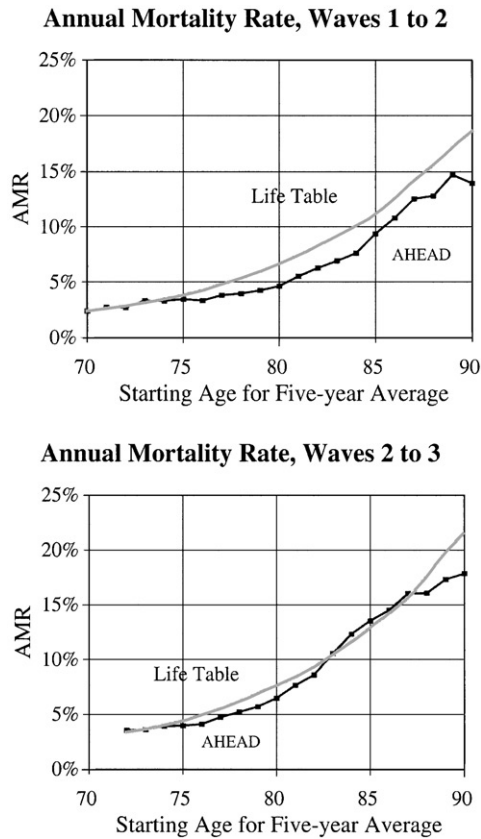


Fig. 5. Mortality hazard for AHEAD white females.

waves 1 and 2, the AHEAD mortality risk is substantially below the life table for ages above 75, reflecting the selection effect of non-institutionalization. Between waves 2 and 3, this effect has essentially disappeared. There is a persistent divergence of the mortality risks above age 90. In this range, the AHEAD data is sparse, so the curve is imprecisely determined. However, the life tables derived from historical mortality experience may overstate current mortality risk at advanced ages. Fig. 6 makes the same mortality experience comparisons for the full AHEAD working sample, and draws the same conclusions.<sup>17</sup>

### 3.2. Descriptive statistics

The AHEAD survey provides data on health and socioeconomic status, as well as background demographics. A list of the health conditions we study, with summary

<sup>17</sup> The construction mimics Fig. 5, with life table rates applied using the age, sex, and race of each subject.

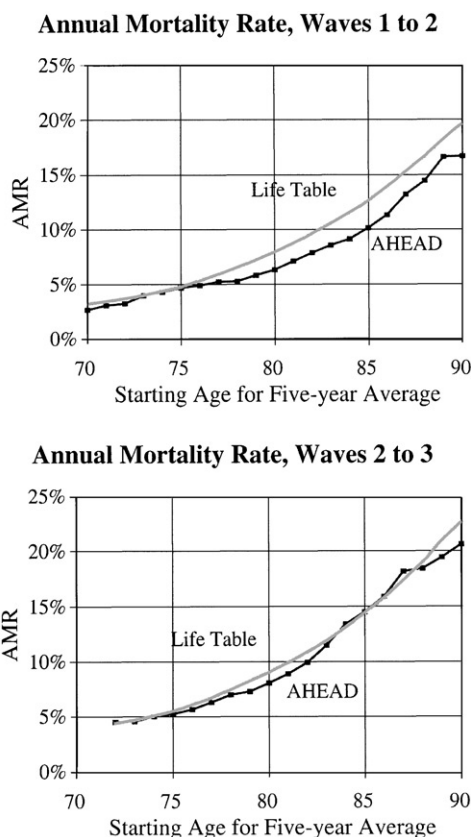


Fig. 6. Mortality hazard for AHEAD working sample.

statistics, is given in Table 2. A list of the socioeconomic conditions and demographic variables we use is given in Table 3. Appendix Table A1 lists the variable transformations used in our statistical analysis.<sup>18</sup> In setting up causality tests, using the framework set out in Section 2, we will use the health conditions, followed by the socioeconomic conditions, in the order given in these tables. We list cancer, heart disease, and stroke first because they may be instantaneously causal for death, and because we have information from decedent's exit interviews on new occurrence of these diseases. We group the remaining health conditions by degenerative and chronic conditions, then accidents, then mental conditions, since if there is any contemporaneous causality, it will plausibly flow in this order. Similarly, if there is contemporaneous causality between health and socioeconomic conditions, it plausibly flows from the former to the latter.

<sup>18</sup> All appendices can be found at <http://elsa.berkeley.edu/wp/hww/hww202.html>.



Table 2  
Health condition variables in AHEAD

Label	Wave 1				Wave 2				Wave 3			
	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.
<i>Health condition prevalence</i>												
Doc ever told had cancer?	CANCER1	6489	0.137	0.344	CANCER2	6432	0.176	0.381	CANCER3	5685	0.188	0.391
Doc ever told heart attack/disease?	HEART1	6489	0.317	0.465	HEART2	6432	0.364	0.481	HEART3	5685	0.321	0.467
Doc ever told had stroke?	STROKE1	6489	0.089	0.285	STROKE2	6432	0.123	0.329	STROKE3	5685	0.143	0.350
Doc ever told had lung disease?	LUNG1	6489	0.115	0.318	LUNG2	6432	0.124	0.330	LUNG3	5685	0.127	0.333
Doc ever told had diabetes?	DIABET1	6489	0.134	0.340	DIABET2	5741	0.147	0.354	DIABET3	4867	0.158	0.365
Doc ever told had high blood pressure?	HIGHBP1	6489	0.502	0.500	HIGHBP2	5741	0.525	0.499	HIGHBP3	4867	0.553	0.497
Seen Doc for arthritis in last 12 m?	ARTHRT1	6489	0.267	0.442	ARTHRT2	5741	0.278	0.448	ARTHRT3	4867	0.279	0.448
Incontinence last 12 m?	INCONT1	6489	0.202	0.402	INCONT2	5741	0.301	0.459	INCONT3	4867	0.371	0.483
Fall in last 12 m require treatment?	FALL1	6489	0.080	0.271	FALL2	6432	0.180	0.384	FALL3	5685	0.267	0.443
Ever fractured hip?	HIPFR1	6489	0.050	0.219	HIPFR2	6432	0.068	0.252	HIPFR3	5685	0.084	0.278
Proxy interview	PROXYW1	6489	0.104	0.306	PROXYW2	5741	0.132	0.339	PROXYW3	4867	0.154	0.361
Age-educ adjust cognitive impairment?	COGIM1	6489	0.257	0.437	COGIM2	5741	0.349	0.477	COGIM3	4867	0.403	0.491
Ever seen Doc for psych prob?	PSYCH1	6489	0.109	0.312	PSYCH2	5741	0.128	0.334	PSYCH3	4867	0.143	0.350
Depressed (cesd8 > 4)	DEPRES1	6488	0.099	0.299	DEPRES2	5741	0.086	0.280	DEPRES3	4862	0.108	0.310
Body mass index (Quetelet)	BMI1	6475	25.4	4.5	BMI2	5740	25.1	4.6	BMI3	4866	25.0	4.6
Low BMI spline = max(0, 20 – bmi)	LOBMI1	6475	0.155	0.654	LOBMI2	5740	0.198	0.763	LOBMI3	4866	0.223	0.810
High BMI spline = max(0, bmi – 25)	HIBMI1	6475	1.889	3.164	HIBMI2	5740	1.808	3.143	HIBMI3	4866	1.740	3.037
Current smoker?	SMOKNOW1	6489	0.102	0.303	SMOKNOW2	5741	0.078	0.267	SMOKNOW3	4867	0.066	0.249
# of ADLs (needs help/difficult)	NUMADL1	6489	0.725	1.391	NUMADL2	6432	0.882	1.652	NUMADL3	5444	1.035	1.774
# of IADLs (needs help/difficult)	NUMIADL1	6489	0.618	1.166	NUMIADL2	6432	0.582	1.204	NUMIADL3	5685	0.711	1.253
Poor/fair self-reported health	DHLTH1	6483	0.373	0.484	DHLTH2	5739	0.368	0.482	DHLTH3	4859	0.434	0.496
<i>Health condition incidence</i>												
Cancer <sup>a</sup>	JCANCER2	6432	0.050	0.218	JCANCER3	5685	0.061	0.239				
Heart attack/condition <sup>a</sup>	JHEART2	6432	0.087	0.281	JHEART3	5685	0.154	0.361				
Stroke <sup>a</sup>	JSTROKE2	6432	0.050	0.219	JSTROKE3	5685	0.069	0.254				
Died since last wave?	TDIED2	6489	0.115	0.319	TDIED3	5741	0.152	0.359				
Lung disease <sup>a</sup>	ILUNG2	6432	0.024	0.154	ILUNG3	5685	0.032	0.177				
Diabetes <sup>a</sup>	IDIABET2	5741	0.024	0.153	IDIABET3	4867	0.025	0.156				

Table 2 (continued)

Label	Wave 1				Wave 2				Wave 3			
	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.
High blood pressure (HBP) <sup>a</sup>	IHIGHBP2	5741	0.053	0.225	IHIGHBP3	4867	0.055	0.229	IHIGHBP3	4867	0.055	0.229
Arthritis <sup>a</sup>	IARTHRT2	5741	0.112	0.316	IARTHRT3	4867	0.117	0.321	IARTHRT3	4867	0.117	0.321
Incontinence in last 12 months	JINCONT2	5741	0.233	0.423	JINCONT3	4867	0.258	0.438	JINCONT3	4867	0.258	0.438
Fall requiring treatment <sup>a</sup>	JFALL2	6432	0.128	0.335	JFALL3	5240	0.165	0.371	JFALL3	5240	0.165	0.371
Hip fracture <sup>a</sup>	JHIPFRC2	6432	0.02	0.150	JHIPFRC3	5681	0.033	0.178	JHIPFRC3	5681	0.033	0.178
Proxy interview	PROXYW2	5741	0.132	0.339	PROXYW3	4867	0.154	0.361	PROXYW3	4867	0.154	0.361
Cognitive impairment	ICOGIM2	5741	0.121	0.326	ICOGIM3	4867	0.100	0.300	ICOGIM3	4867	0.100	0.300
Psychiatric problems <sup>a</sup>	IPSYCH2	5741	0.046	0.210	IPSYCH3	4867	0.040	0.196	IPSYCH3	4867	0.040	0.196
Depression	IDEPRES2	5741	0.051	0.220	IDEPRES3	4862	0.072	0.259	IDEPRES3	4862	0.072	0.259
BMI better indicator	BMI BT2	5740	0.197	0.397	BMI BT3	4866	0.190	0.392	BMI BT3	4866	0.190	0.392
BMI worse indicator	BMIWS2	5740	0.167	0.373	BMIWS3	4866	0.188	0.391	BMIWS3	4866	0.188	0.391

<sup>a</sup> AHEAD Waves 2 and 3: “Since the last interview ...?”.

Table 3  
SES and demographic variables in AHEAD

Label	Wave 1				Wave 2				Wave 3			
	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.	Variable	N	Mean	Std. dev.
<i>SES variables</i>												
Wealth 97 Dol (V.2) (000)	C.2W1	6489	176.6	297.8	C.2W2	5741	237.5	527.3	C.2W3	4867	247.7	736.2
Non-liquid wealth (000)	C.2N1	6489	112.0	191.8	C.2N2	5741	121.2	312.1	C.2N3	4867	119.2	400.7
Liquid wealth (000)	C.2L1	6489	64.7	185.2	C.2L2	5741	116.3	309.6	C.2L3	4867	128.6	560.6
Income 97 Dol (V.2) (000)	C.2I1	6489	23.8	28.8	C.2I2	5741	24.5	58.6				
1st quartile wealth indicator	Q1WB1	6489	0.261	0.654	Q1WB2	5741	0.228	0.419	Q1WB3	4867	0.255	0.436
4th quartile wealth indicator	Q4WB1	6489	0.216	0.412	Q4WB2	5741	0.273	0.446	Q4WB3	4867	0.268	0.443
1st quartile income indicator	Q1IB1	6489	0.260	0.439	Q1IB2	5741	0.246	0.431				
4th quartile income indicator	Q4IB1	6489	0.247	0.431	Q4IB2	5741	0.246	0.431				
Change residence?					NMOVED2	5642	0.068	0.251	MOVED3	4867	0.102	0.303
Own residence?	DNHOU51	6489	0.732	0.443	DNHOU52	5741	0.721	0.449	DNHOU53	4867	0.707	0.455
Neighborhood safety poor/fair	HOODPF1	6489	0.147	0.354	HOODPF2	5741	0.107	0.309	HOODPF3	4867	0.101	0.301
House condition poor/fair	CONDPF1	6489	0.146	0.354	CONDPF2	5741	0.109	0.312	CONDPF3	4867	0.123	0.328
<i>Demographic variables</i>												
Widow?	WIDOW1	6489	0.416	0.493	WIDOW2	5741	0.443	0.497	WIDOW3	4867	0.434	0.496
Divorced/separated?	DIVSEP1	6489	0.054	0.226	DIVSEP2	5741	0.054	0.226	DIVSEP3	4867	0.055	0.228
Married	MARRIED1	6489	0.498	0.500	MARRIED2	5741	0.465	0.499	MARRIED3	4867	0.477	0.500
Never married?	NEVMARR1	6489	0.032	0.176	NEVMARR2	5741	0.035	0.172	NEVMARR3	4867	0.031	0.172
Age at interview in months	AGEM1	6489	939.2	72.0	AGEM2	6432	962.9	71.9	AGEM3	5741	984.8	68.7
Mother's death age	MAGEDIE1	6489	73.9	17.4								
Father's death age	PAGEDIE1	6489	71.5	15.1								
Ever smoke?	SMOKEV	6489	0.526	0.499								
Education (years)	EDUC	6489	10.7	3.8								
Educ > 10 years indicator	HS	6489	0.605	0.489								
Educ > 14 years indicator	COLL	6489	0.143	0.350								

### 3.3. *Constructed variables*

The collection and processing of some of the variables requires comment. AHEAD has an extensive battery of questions about health conditions, including mental health. Most health conditions are asked for in the form “Has a doctor ever told you that you had...?”. However, for cancer, heart disease, and stroke, subjects are also asked if there was a new occurrence since the previous interview, and for some conditions such as arthritis, incontinence, and falls, the questions in wave 1 ask for an occurrence in the past 12 months. We note that there are some major groups of health conditions that were not investigated in AHEAD: degenerative neurological diseases, kidney and liver diseases, immunological disorders other than arthritis, sight and hearing problems, back problems, and accidents other than falls. The BMI index is calculated from self-reported height and weight. Information is collected on the number of ADL limitations, for six activities of daily living, and on the number of IADL limitations, for five instrumental activities of daily living. A high ADL limitation count indicates that the individual has difficulty with personal self-care, while a high IADL limitation count indicates difficulty in household management. The study collects data on self-assessed health status, where the subject is asked to rate his or her health as excellent, very good, good, fair or poor. We use an indicator for a poor/fair response. No reference is made to other groups such as “people your age.” The study contains the CESD battery of questions measuring general mood; and from this we form an indicator for depression.

AHEAD is linked to Medicare records. There is insufficient detail to permit reconciliation of self-reports on objective health conditions against diagnoses in the medical records, but errors in self-reports are an issue. We find small, but significant, inconsistencies across waves of AHEAD in reported chronic conditions. A study of Canadian data for a younger population finds substantial discrepancies between self-reported conditions and diagnoses from medical records, particularly for chronic conditions such as arthritis; see [Baker et al. \(2001\)](#). These authors also find support for a “self-justification” hypothesis that non-workers are more likely to make false positive claims for health conditions. If this reporting behavior carries into old age, then the reduction in SES as a consequence of spotty employment would induce an artifactual association of self-reported health conditions and SES.

The study measures cognition using a battery of questions which test several domains ([Herzog and Wallace, 1997](#)): learning and memory are assessed by immediate and delayed recall from a list of 10 words that were read to the subject; reasoning, orientation and attention are assessed from Serial 7’s, counting backwards by 1 and the naming of public figures, dates and objects.<sup>19</sup> This score reflects both long-term native ability and health-related impairments due to health events. We carry out the following statistical analysis to reduce the effect of native ability so that we can concentrate on health-related loss of cognitive function. First, we analyze a “non-impaired”

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<sup>19</sup> Serial 7’s asks the subject to subtract 7 from 100, and then to continue subtracting from each successive difference for a total of five subtractions.

sample of younger individuals, born between 1942 and 1947, who were administered the same cognitive battery in the 1998 Health and Retirement Study as were the AHEAD subjects. For these younger individuals, where health-related impairment of cognitive function is rare, we carry out a LAD regression of the cognitive score on education level, sex, and race. We use this fitted regression to predict a “baseline” non-impaired cognitive score for each member of the AHEAD sample. An additional adjustment is required because average education levels were rising rapidly early in the Twentieth Century, due to changes in child labor laws and introduction of compulsory education. We assign each AHEAD subject a “1923 cohort equivalent” education level by first regressing education on sex, race, and birth cohort, using a specification search to find interactions and non-linearities, and then adding to their actual years of education the difference in the mean years of education for their sex–race cohort and the corresponding 1923 sex–race cohort. We then calculate for each AHEAD sample member the deviation of their cognitive score from this adjusted baseline. As a normalization, we assign a threshold such that 15 percent of AHEAD subjects aged 70–74 in wave 1 fall below the threshold. We then use the same threshold in other age groups and other waves to define an indicator for cognitive impairment.<sup>20</sup>

### 3.4. *Measurement of wealth*

AHEAD individuals and couples are asked for a complete inventory of assets and debts, and about income sources. Subjects are asked first if they have any assets in a specified category, and if so, they are asked for the amount. A non-response to the amount is followed by unfolding bracket questions to bound the quantity in question, and this may result in complete or incomplete bracket responses. Through the use of unfolding brackets, full non-response to asset values was reduced to levels usually less than 5 percent, much lower than would be found in a typical household survey. Generally, median responses among full respondents for an asset category are comparable to other economic surveys, such as the Survey of Consumer Finance. However, changes in reported assets between waves contain outliers that suggest significant response errors between waves. For couples, where both members are asked the questions on assets, there is also substantial inter-subject response variation. It is possible that these repeated reports could be used to control statistically for response error in couples. However, there are systematic differences between respondents, and we use the asset responses only from the individual that a couple says manages the household finances. There may also be an issue of bias in responses recovered by unfolding brackets. Hurd et al. (1998b) used experimental variation in the bracket sequences for two financial questions on wave 2 of AHEAD, and found that anchoring to the bracket quantities was significant.

<sup>20</sup> When an interview was done with a proxy, the cognitive battery was not given, but the interviewee was asked if the respondent was cognitively impaired. In our analysis, we treat proxy interview status as a component of the state that appears as a contemporaneous explanation of cognitive impairment; the coefficient on this variable compensates for differences in the definitions of cognitive impairment.

For complete or incomplete bracket responses in an asset category, we impute continuous quantities using hot deck methods. In wave 1, if information on ownership of an asset is missing for a subject, but this subject does give ownership status in wave 2, then we impute wave 1 ownership by drawing from the conditional empirical distribution of those who have the same response in wave 2 and give a response in wave 1. For subjects missing ownership in both waves 1 and 2, we draw an ownership pair from the empirical distribution of ownership pairs for those giving responses. Given ownership and complete or incomplete bracket information, we draw from the empirical distribution of wave 1 continuous responses that are consistent with the subject's bracket. In later waves, we have adopted a first-order Markov cross-wave hot deck imputation procedure that assigns a continuous quantity within the given response bracket. First, missing ownership is imputed by choosing randomly from respondents, conditional on ownership in the previous wave. Then, given ownership, we impute a quantitative *change* in the item from the previous wave by drawing from the empirical distribution of subjects with complete responses that fall in the corresponding brackets in the current and the previous wave. This assures that imputed changes will have the same empirical distribution as observed changes, given the conditioning information available. This procedure does not revise previous wave imputations, so analyses based on earlier waves are not affected. We have experimented with cross-item imputation methods, where bracket information on some asset categories would be used to refine the conditioning used in the imputation of other asset categories. We have found that this has very little effect on the imputed variables or on the results obtained from analyses that use these variables. Therefore, we carry out all imputations one item at a time.

Measured wealth is accumulated over 11 asset categories, including imputed items. We distinguish *liquid wealth*, composed of IRA balances, stocks, bonds, checking accounts, certificates of deposit, less debt, and *non-liquid wealth*, composed of net homeowner equity, other real estate, vehicles and other transportation equipment, businesses, and other assets. The variation in reported wealth of AHEAD households by asset category is substantial from wave to wave, suggesting that in addition to real volatility and reallocation of wealth portfolios, there are serious reporting problems with assets. Values of businesses owned and real estate are problematic items, since current market valuations may be unavailable to respondents, and subjective valuations may be unreliable. Suppose that  $W_t$  is measured wealth of household in wave  $t$ , in 1997 dollars, and that  $W_t = W_t^* + \eta_t$ , where  $W_t^*$  is true wealth and  $\eta_t$  is reporting error. To minimize the impact of extreme outliers in wealth and wealth changes, which we believe are a particular problem due to gross reporting errors, our statistical analysis will use bounded transformations of measured wealth.

The equations of motion for real wealth satisfy  $dW_i^*/dt = rW_i^* + S_i$ , where  $i = T, N, L$  indexes total wealth or its non-liquid and liquid components,  $r$  is the instantaneous real rate of return, including unrealized capital gains, and  $S_i$  is the flow of savings to the wealth component. Make the logistic transformation  $Z_i = 1/(1 + \exp(-c_i W_i + d_i))$ , where  $c_i$  and  $d_i$  are chosen so that in AHEAD wave 1 the median and the semi-interquartile range of  $Z_i$  are one-half. Then,  $Z_i$  is a monotone transformation of measured wealth that is less sensitive to extremes. The equation of motion for  $Z_i$  is  $dZ_i/dt - rZ_i$

$(1 - Z_i)(\log(Z_i/(1 - Z_i)) + d_i) = c_i Z_i(1 - Z_i)S_i + c_i Z_i(1 - Z_i)(d\eta/dt - r\eta)$ . We assume that over an inter-wave interval, this equation of motion can be approximated by

$$\frac{Z_{it} - Z_{i,t-1} - R_{t-1}Z_{i,t-1}(1 - Z_{i,t-1})(\log(Z_{i,t-1}/(1 - Z_{i,t-1})) + d_i)}{m_t} = S_{it}^{\#} + \sigma v_{it}, \quad (10)$$

where  $t$  indexes the wave,  $m_t$  is the interval in months between waves  $t - 1$  and  $t$ ,  $R_t$  is the S&P real rate of return over the given interval,  $S_{it}^{\#}$  is the measured part of  $c_i Z_{i,t-1}(1 - Z_{i,t-1})S_{i,t-1}$ , attenuated at extreme values of  $Z_{i,t-1}$ , and the disturbance  $v_{it}$  includes the measurement error  $c_i Z_{i,t-1}(1 - Z_{i,t-1})(\eta_{it} - \eta_{i,t-1})/m_{t-1} - r\eta_{t-1}$  and the unmeasured part of  $c_i Z_{i,t-1}(1 - Z_{i,t-1})S_{i,t-1}$ . We assume  $v$  is homoskedastic. This is consistent with a measurement error in observed wealth that is heteroskedastic, with gross measurement errors more likely when true wealth is near its extremes.<sup>21</sup> The disturbance in (10) may be serially correlated; however, we have not incorporated this into our analysis. The effect of the transformation is to substantially reduce the influence of outliers in the distribution of changes in measured wealth. In application, we specify  $S_{it}^{\#}$  to be a linear function of transformed nonliquid and liquid wealth,  $Z_{T,t-1}(1 - Z_{T,t-1})\log(Z_{N,t-1}/(1 - Z_{N,t-1}))$  and  $Z_{T,t-1}(1 - Z_{T,t-1})\log(Z_{L,t-1}/(1 - Z_{L,t-1}))$ , and of other SES, demographic, and health variables, scaled by  $Z_{T,t-1}(1 - Z_{T,t-1})$ .

### 3.5. Mortality and observed wealth change

A problem with the analysis of wealth changes is that terminal wealth is not observed following the death of a single, or the death of both members of a household, introducing a selection effect. A second problem is that a household death may have a direct impact on the wealth of a survivor, due to the expenses associated with a death and the disposition of the estate. There are also severe wealth measurement problems following a household death, since a death typically requires a valuation of assets, and in many cases changes the financially responsible respondent. For this reason, we will analyze separately wealth changes for singles and for couples, allow a regime shift following the death of one member of a couple, and account for the selection that occurs when there are no survivors.

For a single female, we adopt a bivariate selection model,

$$Y_{ft}^* = Y_{f,t-1}\beta_f + \varepsilon, \quad y_{ft} = \mathbf{1}(Y_{ft}^* > 0), \quad Y_{wt} = Y_{w,t-1}\beta_w + Y'_{w,t}\gamma_w + \lambda\varepsilon + \kappa\eta, \quad (11)$$

$Y_{wt}$  observed if  $y_{ft} = 1$ ,

where the first latent equation determines survival,  $y_{ft} = 1$ , the second equation corresponds to the transformed wealth change equation (10) with dependence on the previous state  $Y_{w,t-1}$  and the previously determined components  $Y'_{w,t}$  of the current state, with

<sup>21</sup> Heteroskedasticity in (10) will arise from selection effects, described later, as well as possibly from a failure of the transformation to fully control the effects of gross reporting errors. When working with this model, we use standard error estimates that are robust with respect to heteroskedasticity of unknown form, and do not attempt direct tests of the implicit error specification underlying transformation (10).

the wealth change observed for survivors. The disturbance  $\varepsilon_f$  has mean zero, variance one, and a density  $f(\varepsilon)$ . The disturbance  $\eta$  is independent of  $\varepsilon$ , and has mean zero and variance one. The correlation of the disturbances in the selection and wealth change equations is  $\rho = \lambda/(\lambda^2 + \kappa^2)^{1/2}$ , and the unconditional variance of the wealth change equation is  $\sigma^2 = \lambda^2 + \kappa^2$ . When  $\varepsilon$  and  $\eta$  are standard normal, this is the conventional bivariate normal selection model. However, specification tests for normality fail, and for robustness we adopt a more flexible specification, approximating the density  $f(\varepsilon)$  by an Edgeworth expansion,

$$f(\varepsilon) = \sum_{j=0}^J \gamma_j H_j(\varepsilon) \phi(\varepsilon), \quad (12)$$

where the  $\gamma_j$  are parameters and  $H_j(\varepsilon)$  are Hermite orthogonal polynomials; see [Newey et al. \(1990\)](#). Let  $\Psi_{jk}(a) = \int_a^\infty \varepsilon^k H_j(\varepsilon) \phi(\varepsilon) d\varepsilon$ . Then, the polynomials  $H_j(\varepsilon)$  and the partial moment functions  $\Psi_{jk}(a)$  can be constructed using the recursions

$$\begin{aligned} H_0(\varepsilon) &= 1, \quad H_1(\varepsilon) = \varepsilon, \quad \text{and} \quad H_j(\varepsilon) = \varepsilon H_{j-1}(\varepsilon) - (j-1)H_{j-2}(\varepsilon) \quad \text{for } j > 1, \\ \Psi_{00}(a) &= \Phi(-a), \quad \Psi_{01}(a) = \phi(a), \quad \text{and} \\ \Psi_{0k}(a) &= a^{k-1} \phi(a) + (k-1)\Psi_{0,k-2}(a) \quad \text{for } k > 1, \\ \Psi_{j0}(a) &= H_{j-1}(a) \phi(a) \quad \text{and} \quad \Psi_{jk}(a) = a^k H_{j-1}(a) \phi(a) + k \Psi_{j-1,k-1}(a) \\ &\quad \text{for } k > 0, \quad \text{for } j > 0. \end{aligned} \quad (13)$$

Appendix Table A1 derives these results and gives the leading terms for  $H_j$  and  $\Psi_{jk}$ : We require that  $f$  integrate to one and have unconditional mean zero and variance one; this forces  $\gamma_0 = 1$ ,  $\gamma_1 = 0$ , and  $\gamma_2 = 0$ . The free parameters  $\gamma_j$  for  $j > 2$  determine higher-order moments of  $\varepsilon$ . For example, skewness and kurtosis are determined by  $E\varepsilon^3 = 6\gamma_3$  and  $E\varepsilon^4 = 3 + 24\gamma_4$ . With these restrictions, we have, finally

$$\begin{aligned} E(\varepsilon | \varepsilon > a) &= \frac{\phi(a) + \sum_{j=3}^J \gamma_j \Psi_{j1}(a)}{\Phi(-a) + \sum_{j=3}^J \gamma_j \Psi_{j0}(a)} \quad \text{and} \\ E(\varepsilon^2 | \varepsilon > a) &= \frac{\Phi(-a) + a\phi(a) + \sum_{j=3}^J \gamma_j \Psi_{j2}(a)}{\Phi(-a) + \sum_{j=3}^J \gamma_j \Psi_{j0}(a)}. \end{aligned} \quad (14)$$

We use the Edgeworth approximation and these conditional expectations with  $J = 4$ . We then have

$$\begin{aligned} E(Y_{wt}^* | \varepsilon > -Y_{f,t-1}\beta_f) \\ = Y_{w,t-1}\beta_w + Y'_{w,t}\gamma_w + \lambda \frac{\phi(Y_{f,t-1}\beta_f) + \sum_{j=3}^4 \gamma_j \Psi_{j1}(-Y_{f,t-1}\beta_f)}{\Phi(Y_{f,t-1}\beta_f) + \sum_{j=3}^4 \gamma_j \Psi_{j0}(-Y_{f,t-1}\beta_f)}. \end{aligned} \quad (15)$$

We estimate this conditional expectation in a two-step procedure. First, the parameters  $\beta_f$  of the selection equation are estimated by maximum likelihood, and substituted



into expression (15) for the expectation of the wealth change equation.<sup>22</sup> Then, the parameters in this conditional expectation are estimated using non-linear least squares. The disturbance  $\zeta = \lambda\varepsilon + \kappa\eta - E(\varepsilon|\varepsilon > -Y_{f,t-1}\beta_f)$  has mean zero and variance:

$$E(\zeta^2|\varepsilon > -Y_{f,t-1}\beta_f) = \kappa^2 + \lambda^2 \left( \frac{\sum_{j=0}^J \gamma_j \Psi_{j2}(-Y_{f,t-1}\beta_f)}{\sum_{j=0}^J \gamma_j \Psi_{j0}(-Y_{f,t-1}\beta_f)} - \left[ \frac{\sum_{j=0}^J \gamma_j \Psi_{j1}(-Y_{f,t-1}\beta_f)}{\sum_{j=0}^J \gamma_j \Psi_{j0}(-Y_{f,t-1}\beta_f)} \right]^2 \right). \quad (16)$$

We regress the squared residuals from the estimation of (15) on the right-hand-side variables in (16) to obtain an estimate of  $\kappa^2$ . Finally, we estimate the covariance matrix for the parameter estimates using the generalized method of moments “sandwich” formula, with the Eicker–White procedure used for robustness against heteroskedasticity of unknown form, and the delta method used to incorporate the effects of variance in the first-stage selection parameter estimates.

Next consider the effects of death and selection on couples. We adopt a trivariate selection model with selection equations

$$Y_{ft}^* = Y_{f,t-1}\beta_f + \varepsilon_f, Y_{mt}^* = Y_{m,t-1}\beta_m + \varepsilon_m, \quad y_{ft} = \mathbf{1}(Y_{ft}^* > 0), \\ y_{mt} = \mathbf{1}(Y_{mt}^* > 0) \quad (17)$$

for the female and male members of the couple, respectively, where  $\varepsilon_f$  and  $\varepsilon_m$  are assumed to be independent with zero mean and unit variance, and densities  $g_f(\varepsilon_f)$  and  $g_m(\varepsilon_m)$ . The independence assumption could fail if there are hidden common factors in mortality risk for both household members; e.g., indirect effects of smoking. However, the frequency of multiple deaths in a household between waves is sufficiently rare in the AHEAD data so that mortality risk interactions are empirically not identified. We distinguish three regimes  $(y_f, y_m)$  in which wealth change is observed: intact couples where both members survive (1,1), the female survives the death her spouse (1,0), and the male survives the death of his spouse (0,1). We will let  $Y_t^0 = [Y_{ht-1} Y_{ft-1} Y_{mt-1} y_{ft}^* Y'_{ft} y_{mt}^* Y'_{mt}]$  denote the vector of variables that explain wealth change, where  $Y_{ht-1}$ ,  $Y_{ft-1}$ , and  $Y_{mt-1}$  are, respectively, previous wave common, female, and male variables,  $Y'_{ft}$  are previously determined components of the current state for females, observed only for survivors and hence zeroed out for non-survivors, and  $Y'_{mt}$  are the analogous previously determined components of the current state for males, again observed only for survivors. We assume that in an observed regime  $jk$  the wealth change model takes the form

$$Y_{wt} = Y_t^0 \beta_{wjk} + (\lambda_f - \theta_f \mathbf{1}(j+k=1))\varepsilon_f + (\lambda_m - \theta_m \mathbf{1}(j+k=1))\varepsilon_m + \kappa_{jk}\eta, \quad (18)$$

where  $\eta$  is independent of  $\varepsilon_f$  and  $\varepsilon_m$ , with zero mean and unit variance. For intact couples, unobserved dependence of wealth change on selection is reflected in the parameters  $\lambda_f$  and  $\lambda_m$ , a direct extension of the bivariate selection model to the trivariate

<sup>22</sup> We find that the coefficients of the index in the mortality model are not sensitive to the Edgeworth generalization, and in estimation of the model for wealth change use the first-stage probit models for mortality estimated earlier, with invariance imposed, to obtain the indices that appear in the selection effects.

case with two independent selection effects. For intact couples, the correlations of the disturbances in the selection and wealth change equations are  $\rho_f = \lambda_f / (\kappa_{11}^2 + \lambda_f^2 + \lambda_m^2)^{1/2}$  and  $\rho_m = \lambda_m / (\kappa_{11}^2 + \lambda_f^2 + \lambda_m^2)^{1/2}$ . The coefficients  $\beta_{jk}$  and the standard deviation  $\kappa_{jk}$  are allowed to vary by regime, to capture the observed and unobserved economic effects of a death on valuation and reporting of assets. In addition, the selection effects are allowed to shift, from  $\lambda_f$  to  $\lambda_f - \theta_f$  for the female selection disturbance, and from  $\lambda_m$  to  $\lambda_m - \theta_m$  for the male selection disturbance. We incorporate these effects to accommodate an apparent interaction in which unexpected survival of a couple (e.g.,  $\varepsilon_f$  and  $\varepsilon_m$  large positive) increases dissaving, perhaps due to additional medical and living expenses linked to overcoming high mortality hazards, but the unexpected death of a spouse (e.g.,  $\varepsilon_f$  large negative) also increases dissaving, perhaps because revaluations of assets tend to be more drastic in circumstances where mortality hazard is low.

We adopt the Edgeworth approximation (12) for each of the densities  $g_f(\varepsilon_f)$  and  $g_m(\varepsilon_m)$ . In regime  $jk$  with  $j + k > 0$ , letting  $s_f = 2y_f - 1$  and  $s_m = 2y_m - 1$ , one has

$$\begin{aligned} E(Y_{wt}|jk) = & Y_t^0 \beta_{wjk} + s_f(\lambda_f - y_f \theta_f) \frac{\varphi(Y_{f,t-1}\beta_f) + \sum_{j=3}^4 \gamma_j \Psi_{j1}(-Y_{f,t-1}\beta_f)}{\Phi(s_f Y_{f,t-1}\beta_f) + s_f \sum_{j=3}^4 \gamma_j \Psi_{j0}(-Y_{f,t-1}\beta_f)} \\ & + s_m(\lambda_m - Y_m \theta_m) \frac{\phi(Y_{m,t-1}\beta_m) + \sum_{j=3}^4 \gamma_j \Psi_{j1}(-Y_{m,t-1}\beta_m)}{\Phi(s_m Y_{m,t-1}\beta_m) + s_m \sum_{j=3}^4 \gamma_j \Psi_{j0}(-Y_{m,t-1}\beta_m)}. \end{aligned} \quad (19)$$

As in the case of singles, we estimate the conditional expectation (19) by nonlinear least squares after plugging in estimates of  $\beta_f$  and  $\beta_m$  from the earlier mortality models. A final stage, analogous to (16), regresses the squared residuals from (19) for each regime on an intercept,  $E(\varepsilon_f^2|s_f) - (E(\varepsilon_f|s_f))^2$ , and  $E(\varepsilon_m^2|s_m) - (E(\varepsilon_m|s_m))^2$ ; the coefficient on the intercept is an estimate of  $\kappa_{jk}^2$ . Because the number of deaths among couples is relatively small, we impose the constraints  $\beta_{w10} = \beta_{w01}$  for empirical identification.

Household income in AHEAD is also susceptible to measurement error, and to minimize its effect, we use income quartiles as explanatory variables. These are obtained by converting all incomes to 1997 dollars, determining the quartiles for the pooled incomes of all subjects in all waves, and using the thresholds thus established to classify each observed subject income. AHEAD respondents rate the safety of their neighborhood and the condition of their dwelling on a five-point scale, from poor to excellent; we use indicators for poor or fair responses.

## 4. SES and prevalence of health conditions

### 4.1. Descriptive statistics

We first give some descriptive statistics on the prevalence of health conditions in the AHEAD population. Table 4 shows prevalence rates in the AHEAD sample in wave 1, classified by age and sex, for the health conditions listed in Table 2. Generally, prevalence of health conditions does not show a strong age gradient, indicating broadly

Table 4  
Prevalence of health conditions by age and sex

Condition	White females					White males				
	70–74	75–79	80–84	85–89	90+	70–74	75–79	80–84	85–89	90+
Age:										
Cancer <sup>a</sup>	0.122	0.137	0.168	0.141	0.127	0.132	0.185	0.202	0.187	0.093
Heart disease <sup>a</sup>	0.244	0.275	0.361	0.339	0.370	0.361	0.390	0.423	0.368	0.296
Stroke <sup>a</sup>	0.051	0.069	0.104	0.121	0.133	0.066	0.12	0.102	0.130	0.148
Lung disease <sup>a</sup>	0.109	0.123	0.108	0.082	0.055	0.151	0.171	0.173	0.093	0.056
Diabetes <sup>a</sup>	0.121	0.097	0.107	0.088	0.055	0.133	0.145	0.112	0.104	0.074
High blood pressure <sup>a</sup>	0.481	0.510	0.537	0.582	0.448	0.433	0.477	0.418	0.321	0.167
Arthritis <sup>b</sup>	0.222	0.285	0.267	0.328	0.254	0.167	0.205	0.196	0.161	0.167
Incontinence <sup>b</sup>	0.228	0.263	0.266	0.331	0.365	0.085	0.138	0.145	0.161	0.259
Fall <sup>b</sup>	0.082	0.096	0.116	0.138	0.133	0.044	0.046	0.048	0.088	0.056
Hip fracture <sup>a</sup>	0.032	0.052	0.079	0.127	0.138	0.020	0.031	0.041	0.067	0.056
Cognitive impairment	0.120	0.149	0.338	0.452	0.635	0.137	0.173	0.291	0.446	0.500
Psychiatric disease <sup>a</sup>	0.149	0.137	0.105	0.082	0.044	0.094	0.092	0.071	0.036	0.056
Depression	0.070	0.117	0.131	0.099	0.116	0.048	0.050	0.071	0.083	0.093
Smoker	0.133	0.095	0.058	0.040	0.017	0.142	0.123	0.082	0.041	0.093
ADL impairment <sup>c</sup>	0.375	0.544	0.829	1.266	2.16	0.285	0.499	0.691	1.114	1.444
IADL impairment <sup>c</sup>	0.293	0.340	0.662	1.099	2.011	0.304	0.422	0.658	0.964	1.426
Self-reported health	0.273	0.348	0.387	0.393	0.42	0.263	0.364	0.437	0.332	0.296

<sup>a</sup>AHEAD 1993 (wave 1) question: “Has a doctor ever told you.../Do you have.../Have you ever...?”

<sup>b</sup>AHEAD 1993 (wave 1) question: “During the last 12 months, have you...?”.

<sup>c</sup>Average number; max(ADL) = 6, max(IADL) = 5.

that morbidity rates among survivors do not increase much with age. Selection effects from initial non-institutionalization and from mortality may be responsible. The major exception is cognitive impairment, which rises as age increases. The prevalence of acute and degenerative conditions among survivors fall after about age 80, reflecting the effect of selection due to deaths from these conditions. Males have higher prevalence of acute and degenerative diseases than do females, but females have higher prevalence of mental and chronic conditions, and accidents.

Fig. 7 shows the age gradients of wealth, income, and education in wave 1 of the AHEAD sample. These gradients reflect substantial cohort effects, as well as life-cycle and composition effects. Work, income, and asset accumulation patterns of the AHEAD population were impacted by World War II, and those over age 80 experienced the Great Depression during their prime working years. The U.S. was substantially rural when the AHEAD population was born, and education was truncated for work for many members of this population. In addition to cohort effects, the curve for assets reflects life-cycle decumulation of assets through the retirement years, and the curve for income reflects the rising proportion of widows in the survivors to older ages. There is an additional compositional effect from the association of SES and mortality: higher SES is selected preferentially among survivors. However, in aggregate cross-section, the life cycle and cohort effects dominate the compositional effects.

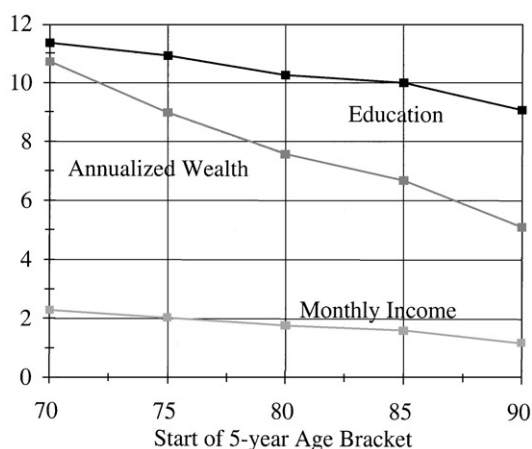


Fig. 7. Cohort gradients (education, wealth and income).

#### 4.2. Models of association

To examine the association of SES and health conditions, we estimate a series of binomial probit models of the form

$$P(Y_{it} = 1 | Y_{1t}, \dots, Y_{i-1,t}, W_t, X_t), \quad (20)$$

where the  $Y_{it}$  are indicators for the prevalence of various health conditions,  $W_t$  denotes a vector of SES conditions, and  $X_t$  denotes other demographic variables. The health conditions appear in the same sequence as in Table 2, with previous conditions in (20) providing information on association among health conditions. Included in  $W_t$  are indicators for the top and bottom quartiles of wealth and income, indicators for 10 or more years of education (high school) and for 14 or more years of education (college), and indicators for poor or fair neighborhood safety and dwelling condition.

The detailed estimation results are given for whites in Appendix Table A2. Sample sizes are not adequate for comparable models for non-whites. We find the expected patterns of co-morbidity, with a strong association of heart disease, stroke, lung disease, and arthritis, and a strong association of diabetes, heart disease, and high blood pressure. Incontinence is associated with cancer and stroke, and for women with diabetes, high blood pressure, and arthritis. Falls, hip fractures, and strokes are associated. Psychiatric diseases and depression are associated with arthritis and falls. BMI is positively associated with diabetes, high blood pressure, and arthritis, and negatively associated with lung disease. Current smokers have lower BMI, are less likely to have diabetes, and are more likely to be depressed. Numbers of ADLs and IADLs are positively associated with most acute diseases, arthritis, falls, hip fractures, cognitive impairment, and psychiatric disease. A poor or fair self-reported health status is associated with most acute and chronic diseases, with ADLs and IADLs, and with depression.

Some covariates are associated with health conditions, and may be risk factors for these conditions. Widowhood is associated with increased cancer and heart

Table 5  
Summary of associations of SES and health conditions AHEAD wave 1

SES association	White females	White males
1 percent level	Heart disease, stroke, lung disease, diabetes, cognitive impairment, depression, BMI, IADL impairment, self-reported health status	Lung disease, cognitive impairment, BMI, current smoker, ADL impairment, IADL impairment, self-reported health status
5 percent level	Cancer, HBP, Arthritis	HBP, depression
Not significant	Incontinence, fall, hip fracture, psychiatric condition, current smoker, ADL impairment	Cancer, heart disease, stroke, diabetes, arthritis, incontinence, fall, hip fracture, psychiatric condition

Note: HBP = high blood pressure, BMI = body mass index (high or low), ADL = activities of daily living (impairment requiring assistance with personal care), IADL = instrumental activities of daily living (impairment requiring assistance with household management).

disease for women, increased psychiatric disease for men, and increased lung disease and depression for both men and women. For women, father's age at death is associated with heart disease, and mother's age at death is associated with high blood pressure. For men, father's age at death is associated with high blood pressure and arthritis.

We generally find a statistically significant association of SES and prevalence of health conditions, as summarized in Table 5. It is noteworthy that for males the prevalence of the acute diseases, cancer, heart disease, and stroke, are not strongly associated with SES, contrary to literature findings for younger populations. This may be the result of early onset of these diseases, particularly among the poor and among smokers, that selects out of the AHEAD population those males most at risk for these diseases. Overall, wealth is the SES component most commonly associated with health conditions. Education, neighborhood rating, and dwelling rating are occasionally significant, and income is almost never significant. Table 6 summarizes the SES components that are individually significant in their association with various health conditions, and indicates the sign of the correlation. For a number of these conditions, prevalence rates are insufficient to detect the effects of SES components with satisfactory power. However, for heart disease, high blood pressure, arthritis, cognitive impairment, and self-rated health status, sample sizes should guarantee reliable indicators of association.

#### 4.3. Relative risk

To provide an indication of the direction and magnitude of the association of health conditions and SES, we calculate *relative risk* for low SES versus high SES, where the definition of low SES is bottom quartiles for income and wealth, less than a high school education, and a poor/fair neighborhood and dwelling, and the definition of high SES is top quartiles for income and wealth, a college education, and a good or better neighborhood and dwelling. Relative risk is defined as the AHEAD sample average of

Table 6  
Significant associations of SES components and health conditions<sup>a</sup>

Condition	Wealth		Income		Educ.		Unsafe Nbd.		Dwelling P/F	
	F	M	F	M	F	M	F	M	F	M
Cancer						↗	↘			
Heart disease	↘↘								↗↗	
Stroke	↘↘				↘↘					
Lung disease		↘								
Diabetes	↘	↘		↘						
HBP										↗↗
Arthritis	↘	↘								
Incontinence							↗		↗	↗↗
Fall	↘						↗			
Hip fracture										
Cognitive impairment	↘↘		↘↘		↘↘	↘↘	↗			↗↗
Psychiatric condition					↘					
Depression				↘	↘				↗↗	
BMI	↘↘				↘↘	↘↘				
Current smoker		↘↘								↗
ADL impairment		↘↘								
IADL impairment	↘↘				↘↘					
P/F self-rated health	↘↘				↘↘	↘	↗		↗↗	↗↗

Note: The table summarizes 180 two-tailed significance tests, so that if the tests were independent, one would expect about 9 of the 41 significant coefficients at the 5 percent level by chance, and about 2 of the 23 significant coefficients at the 1 percent level by chance.

<sup>a</sup> ↗ = positive at 5% level, ↗↗ = positive at 1% level, ↘ = negative at 5% level, ↘↘ = negative at 1% level.

Table 7  
Relative risk of high vs. low SES for various health conditions<sup>a</sup>

Condition	Relative risk		Condition	Relative risk		Condition	Relative risk	
	F	M		F	M		F	M
Cancer	1.97	0.98	HBP	0.76*	0.65*	Cognitive imp.	0.53*	0.17*
Heart disease	0.46*	0.75*	Arthritis	0.80	0.60*	Psychiatric	1.14	0.64
Stroke	0.61	0.43*	Incontinence	0.83	0.71	Depression	0.34*	0.21*
Lung disease	0.30*	0.33*	Fall	0.68	0.44*	Smoke now	0.27*	0.23*
Diabetes	0.19*	0.65	Hip fracture	0.82	0.83	Health poor/fair	0.31*	0.34*

Note: High SES is defined as top quartile in wealth and income, college education, and good neighborhood and dwelling; low SES is defined as bottom quartile in wealth and income, less than a high school education, and poor neighborhood and dwelling. Relative risks that are significantly different from one at the 5 percent level are denoted by “\*”.

<sup>a</sup>Associations in AHEAD wave 1.

the ratio of the two probabilities, all other variables remaining at the observed levels for the subjects. Table 7 summarizes the relative risks for the various health conditions. Note that the prevalence models are describing only association, not causation, so that

relative risk numbers cannot be interpreted causally. With the statistically insignificant exception of cancer and psychiatric conditions for females, high SES is associated with lower prevalence. Thus, we confirm in the AHEAD population the literature findings of a systematic association of SES with mortality and morbidity risk, and show that this association extends across a variety of acute, degenerative, chronic, and mental health impairments.

## 5. Incidence of health conditions and tests for causality in the AHEAD panel

### 5.1. Models of incidence

Following the format described in Section 2, we use the incidence of new health problems (or recurrence of cancer, heart disease, stroke, incontinence, falls, and hip fractures), conditioned on initial demographic, health, and SES status, to test for the absence of direct causal pathways. We define incidence for a group of health conditions to be the occurrence of a condition that was not previously reported, or a recorded reoccurrence in the case of an acute condition (cancer, heart disease, stroke). The descriptive statistics in Table 2 provide information on rates of incidence of these conditions between waves.<sup>23</sup>

We estimate models for incidence of each health condition, conditioned on previously considered incidences of health conditions, the prevalence of health conditions in the previous wave of the panel, and on SES and demographic variables in the previous wave. The models are binomial probit except for BMI, which is fitted with a linear model using OLS, and numbers of ADL and IADL impairments, which are fitted as ordered probits. The estimates are given in Appendix Table A3 for whites. Again, the data do not permit the same analysis of non-whites. The models are estimated by stacking the data for wave 1 to wave 2 transitions above the data for wave 2 to wave 3 transitions. Table 8 summarizes the health conditions and covariates that are significant risk factors for the incidence of health conditions. The associations reflect a number of known co-morbidities, but show relatively few associations of SES components and incidence of health conditions.

### 5.2. Causality tests

Fig. 8 gives the structure of the invariance and causality tests we report. We test only whether the model parameters are invariant between the wave 1 to 2 transitions and the wave 2 to 3 transitions. We exclude intercepts, age splines, and log of time at risk terms from the invariance test. The reason for doing so is that these terms will capture variations in survey recontact procedure across waves. However, we find in most cases that there is no significant difference in the age spline coefficients across

<sup>23</sup> The incidence rates in Table 2 can be converted to crude annual rates via the formula  $0.4706 * \log(1 + \text{rate})$ . These rates are uncorrected for population composition effects.

Table 8  
Statistically significant risk factors for incidence of health conditions<sup>a</sup>

Incidence	Health conditions and co-morbidities		SES covariates	
	Female	Male	Female	Male
Cancer	Cancer (↗), BMI (↘)		Ever smoke (↗)	
Heart disease	Lung disease (↗), diabetes (↗), P/F self-rated health (↗)	Diabetes (↗), P/F self-rated health (↗)		
Stroke	Stroke (↗), new heart (↗)	Stroke (↗), HBP (↗), psychiatric (↗), new heart (↗)	Income (↗)	
Mortality	Cancer (↗), HBP (↗), arthritis (↘), cognitive impairment (↗), BMI (↘), ADL (↗), P/F self-rated health (↗), new heart (↗), new stroke (↗)	Cancer (↗), lung (↗), diabetes (↗), incontinence (↘), cognitive impairment (↗), BMI(*), ADL (↗), P/F self-rated health (↗), new cancer (↗), new heart (↗), new stroke (↗)		Mother's death age (↘)
Lung disease	Heart (↗), current smoker (↗), P/F self-rated health (↗)	P/F self-rated health (↗)		Wealth (↘)
Diabetes	BMI (↗)	Lung disease (↘), BMI (↗)	Ever smoke (↘)	Education (↘)
HBP	BMI (↗), new heart (↗), new stroke (↗), new diabetes (↗)	Heart (↗), arthritis (↗), new heart (↗), new stroke (↗)		
Arthritis	Lung (↗), depression (↗), BMI (↗), ADL (↗), P/F self-rated health (↗)	HBP (↗), BMI (↗)	Education (↘), mother's death age (↗)	
Incontinence	Arthritis (↗), incontinence (↗), fall (↗), BMI (↗), ADL (↗), IADL (↗), new heart (↗), new stroke (↗), new arthritis (↗)	Lung (↗), incontinence (↗), IADL (↗), new stroke (↗)		



Fall	Fall (↗), hip fracture (↗), cognitive impairment (↗), psychiatric (↗), new incontinence (↗)	Fall (↗), new stroke (↗), new incontinence (↗)	
Hip fracture	Fall (↗), hip fracture (↗), new fall (↗)	Hip fracture (↗), new incontinence (↗)	
Cognitive impairment	New stroke (↗), new hip fracture (↗)	HBP (↘), IADL (↗)	Education (↘)
Psychiatric	Heart (↗), hip fracture (↘), cognitive impairment (↗), depression (↗), new incontinence (↗), new cognitive impairment (↗)	Arthritis (↗), BMI (↘), new HBP (↗), new incontinence (↗)	Income (↘), widow (↘), divorced/separated (↘)
Depression	Cancer (↘), heart (↗), P/F self-rated health (↗), new arthritis (↗), new incontinence (↗), new psychiatric (↗)	Lung (↗), new incontinence (↗)	Ever smoke (↗)
Self-rated health	Heart (↗), lung (↗), diabetes (↗), arthritis (↗), cognitive impairment (↗), depression (↗) P/F self-rated health (↗), new cancer (↗), new heart (↗), new stroke (↗), new lung (↗), new lung impairment (↗), new psychiatric (↗), new depression (↗), new arthritis (↗), new BMI (*), new ADL (↗), new ADL (↗)	Heart (↗), lung (↗), HBP (↗), P/F self-rated health (↗), new cancer (↗), new heart (↗), new stroke (↗), new lung (↗), new cognitive impairment (↗), new psychiatric (↗), new depression (↗), new BMI (*), new ADL (↗)	Dwelling P/F (↗)

Notes: (\*) indicates any change in BMI, up or down, lowers self-rated health. The table summarizes approximately 1000 tests of individual coefficients, so that if they were independent, one would expect approximately 10 of the listed associations reflect type I errors.

<sup>a</sup>One percent significance level.

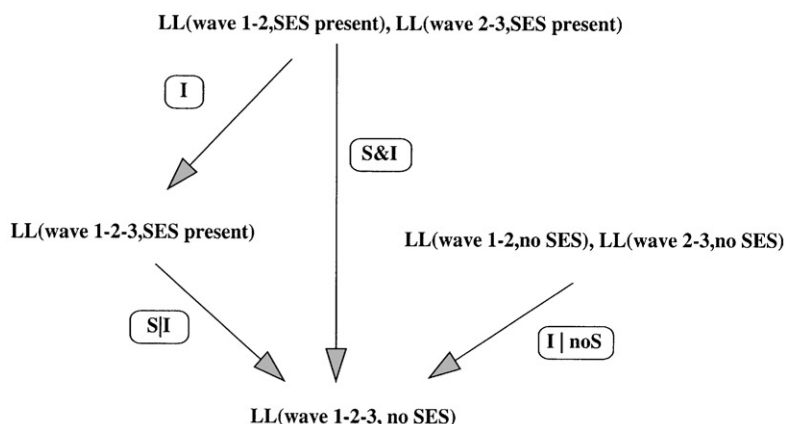


Fig. 8. Invariance and causality tests. Note: LL denotes log likelihood for specified condition, an unconditional invariance test is denoted by “I”, a conditional test for no direct SES causality, given invariance, is denoted by “S|I”, and a joint test of invariance and no direct SES causality is denoted by “S&I”.

the different transitions. The models are estimated unconstrained, and with the imposition of invariance, non-causality of SES, or both. Likelihood ratio tests are conducted for invariance, with and without non-causality imposed, and for non-causality conditioned on invariance. Since the invariance test without non-causality of SES imposed, and the non-causality test conditioned on invariance, are nested, they should give the same conclusion, at compatible significance levels, as a joint test of invariance and non-causality. In accordance with Section 2, we take acceptance of the joint hypothesis as evidence that there is *not* a direct causal path from SES to incidence of the given health condition, and take this as support for the proposition that differential access to medical care and SES-linked environmental hazards are not causing incidence rates to vary with SES.

The test results are given in Table 9. The columns of numbers in these tables are, respectively, significance levels for the invariance test with SES variables included, the invariance test with SES variables excluded, the non-causality test conditioned on invariance, and the joint test of invariance and non-causality. The final columns in the table give the relative risk for high versus low SES (see Section 4.3), and the significance level of a *T*-test of the null hypothesis that the relative risk is one.

In a majority of cases, our test for invariance is accepted. For cancer and heart disease incidence, it is necessary to separate models for those with and without a previous occurrence of the condition. For females, exceptions where invariance is rejected at the 1 percent level are mortality and ADL count. Exceptions for males are cancer with a previous occurrence, mortality, ADL count, BMI, and IADL count. The failure of the mortality models to satisfy invariance may be related to the initial selection of a non-institutionalized population in wave 1 of the AHEAD panel. Of course, in addition to the question of the power of our test to detect invariance failures, our single test of invariance across waves falls considerably short of the battery of invariance tests that

Table 9  
Health innovations, tests for invariance and causality

Health condition	Condition occurred previously?	Sex	Significance levels				Relative risk	
			Invariance with SES variables	Invariance w/o SES variables	No SES causality, given invariance	Joint invariance and no SES causality	High SES vs. low SES	Significance
Cancer	All	F	0.056	0.023	0.311	0.057	1.260	0.568
	No	F	0.856	0.865	0.315	0.777	1.234	0.633
	Yes	F	0.133	0.335	0.949	0.313	3.729	0.608
	All	M	0.000	0.000	0.225	0.000	0.569	0.045
	No	M	0.122	0.071	0.059	0.044	0.467	0.008
	Yes	M	0.002	0.046	0.021	0.000	14.731	0.645
Heart	All	F	0.000	0.000	0.812	0.000	0.889	0.617
	No	F	0.214	0.075	0.447	0.240	0.814	0.480
	Yes	F	0.690	0.832	0.623	0.744	0.963	0.927
	All	M	0.017	0.020	0.290	0.018	1.321	0.412
	No	M	0.802	0.571	0.007	0.240	1.698	0.350
	Yes	M	0.472	0.601	0.250	0.382	1.225	0.710
Stroke	All	F	0.068	0.034	0.056	0.023	0.765	0.410
	No	F	0.371	0.239	0.104	0.205	0.748	0.413
	Yes	F	NC	0.529	0.597	NC	1.999	0.755
	All	M	0.086	0.042	0.290	0.080	1.179	0.717
	No	M	0.248	0.162	0.641	0.336	0.874	0.756
	Yes	M	NC	0.002	0.200	NC	8.300	0.584
Mortality		F	0.010	0.006	0.812	0.030	0.680	0.122
		M	0.021	0.032	0.228	0.018	1.196	0.664
Lung disease		F	0.493	0.479	0.381	0.470	0.341	0.000
		M	0.603	0.620	0.013	0.174	0.225	0.000
Diabetes		F	0.110	0.177	0.246	0.091	0.847	0.778
		M	0.243	0.199	0.043	0.085	2.649	0.941
HBP		F	0.004	0.009	0.777	0.012	1.109	0.779
		M	0.220	0.121	0.668	0.310	0.886	0.809
Arthritis		F	0.041	0.017	0.042	0.012	1.126	0.623
		M	0.187	0.276	0.145	0.116	0.415	0.000
Incontinence		F	0.357	0.329	0.080	0.183	0.867	0.324
		M	0.161	0.486	0.237	0.129	0.980	0.943
Fall		F	0.864	0.763	0.515	0.861	1.016	0.940
		M	0.402	0.383	0.507	0.438	0.944	0.871
Hip fracture		F	0.604	0.470	0.275	0.520	0.413	0.048
		M	0.056	0.051	0.305	0.055	0.198	0.003
Proxy		F	0.345	0.442	0.250	0.283	0.414	0.000
		M	0.424	0.326	0.019	0.131	0.447	0.001

Table 9 (continued)

Cognitive	F	0.020	0.007	0.001	0.000	0.759	0.162
	M	0.429	0.245	0.022	0.140	0.522	0.003
Psychiatric	F	0.075	0.031	0.012	0.012	0.342	0.000
	M	0.194	0.546	0.110	0.108	0.102	0.000
Depression	F	0.299	0.347	0.078	0.151	0.411	0.000
	M	0.767	0.856	0.302	0.695	0.352	0.001
BMI	F	0.419	0.330	0.738	0.531		
	M	0.010	0.002	0.249	0.009		
Smoke now	F	0.509	0.242	0.838	0.650	0.649	0.530
	M	0.366	0.146	0.064	0.182	6.448	0.841
ADL	F	0.010	0.018	0.818	0.027		
	M	0.004	0.044	0.370	0.005		
IADL	F	0.673	0.514	0.368	0.636		
	M	0.016	0.003	0.006	0.002		
Self-rated health	F	0.151	0.111	0.001	0.009	0.670	0.000
	M	0.581	0.570	0.034	0.282	0.656	0.000

would be desirable to establish that the model system has the stability and sensitivity required for policy applications.

For females, the tests for non-causality of the SES variables, conditioned on a maintained hypothesis of invariance, are rejected for arthritis and psychiatric disease at the 5 percent level and for cognitive impairment and self-rated health at the one percent level. Notably, these are all chronic or mental conditions where Medicare coverage is limited and the cost of drugs or assistance may be substantial. For males, this test for non-causality is rejected for cancer with a previous occurrence, heart disease with no previous occurrence, lung disease, diabetes, cognitive impairment, and self-rated health at the 5 percent level, and for IADL count at the one percent level. The results of the joint test for invariance and non-causality are roughly consistent with the separate tests. For conditions such as cancer with a previous occurrence and IADL count for males, cognitive impairment for females, and mortality for both females and males, the non-causality test results may be confounded by the failure of invariance.

The relative risks in Table 9 should *not* be interpreted causally, since again the cases where non-causality is rejected and the relative risks are substantially different from one may be due to a common unobserved effect rather than a direct causal link. The pattern of 15 relative risks exceeding one and 18 less than one suggests no broad linkage between SES and health changes, *given prior health*, and the direct links that may be indicated from the significance levels (lung disease and hip fractures for males and females, some cancers and arthritis for males) appear to be related to specific features of poverty, such as smoking history and poor dwelling environment. There are a few cases where the relative risk for high versus low SES is substantially less than one, irrespective of statistical significance, indicating an unproven link of sufficient magnitude to warrant further investigation: lung disease, hip fracture, and the mental

diseases for females, and lung disease, diabetes, arthritis, and the mental diseases for males. Large deviations in relative risk from one that are not statistically significant suggest that acceptance of the joint hypothesis of invariance and non-causality could be due to low power. Notably, death shows no relation to SES, once previous health state is controlled, and the relative risks are insignificantly different from one. This indicates that there are no strong direct causal links from SES to mortality, which at the level of resolution of this study rules out differential access to medical treatment for life-threatening illness. Thus, the association of SES and mortality among the elderly appears to come primarily from variation in the prevalence of health conditions with SES, and more weakly from indirect causal links from SES to incidence of health conditions that increase mortality risk.

The pattern of failures of the non-causality test for mental diseases suggests the possibility of a direct causal link related to differential access. Medicare limits the scope of care for mental conditions, so ability to pay may indeed be an important factor in efficacy of treatments that prevent or control these conditions.

## 6. Tests for non-causality from health status to asset accumulation

### 6.1. *Models of incidence*

Health may influence asset accumulation of elderly households because of the cost of medical treatment and related services. Medicare covers acute conditions with limited copayments, but there is the possibility of direct effects from uncovered costs of drugs and living assistance. Also, health conditions may limit the consumption of other goods, and because health status is an indicator of longevity, an individual planning consumption and precautionary reserves over remaining life may adjust target wealth based on altered perceptions of longevity and anticipated medical costs; see Alessie et al. (2000), Attanasio and Hoynes (1995), Hurd (1987), Hurd and Wise (1989), Hurd and McGarry (1997), Hurd et al. (1998a). These effects could induce an association of SES and health status even if there were no causal links from SES to health. In the elderly AHEAD population, we will not observe the most likely direct causal link from health status to accumulation among workers, the effect of health on current labor market participation and productivity.

We analyze transitions in wealth from wave to wave using the framework of Section 2 and model (11) for singles and (17) and (18) for couples, with demographics, previous wave health conditions, and current wave incidence of new health conditions as explanatory variables. Statistically significant selection coefficients are consistent with a direct causal link from death to a change in household wealth, but also consistent with ecological factors that induce an association of mortality risk and SES. Total, non-liquid, and liquid wealth are analyzed separately, with transformation (10) applied to each component.

Appendix Table A4 gives the detailed incidence models for total, non-liquid, and liquid wealth change. As in previous studies of savings, we find that most of the variance in wealth changes over the population is not explained by observed economic variables.

This remains true after introduction of health conditions. We find dissaving rates out of liquid wealth, before realization of returns calculated from the S&P 500, that are 5.3 percent for couples, 4.8 percent for singles, and 6.0 percent for survivors whose spouses have died. The dissaving rates from non-liquid wealth, again before realization of returns, are respectively 6.9 percent, 6.3 percent, and 8.0 percent for intact couples, singles, and survivors. The higher dissaving rates from non-liquid assets indicates that the wealth portfolios of the elderly are rebalanced to become more liquid as they age. These dissaving rates can be compared to an average rate of dissaving of 8.3 percent of remaining wealth in an age 70+ population with life table survival probabilities who consume the expected annuitized value of their wealth.<sup>24</sup> Then, observed dissaving rates out of wealth are not grossly lower than would be expected with pure life cycle consumption averaging over retirement and full pooling of mortality risk. We find that low income couples and individuals have significantly higher dissaving rates than their high income counterparts, but the differences are not quantitatively large. Home ownership is associated with significantly less dissaving for intact couples.

The models for both singles and couples show significant departures from normality in the selection equations. The Edgeworth expansion parameters show positive skewness and smaller than normal kurtosis for female singles, negative skewness and insignificantly different from normal kurtosis for male singles. For couples, both males and females have negative skewness and larger than normal kurtosis. We also find significant selection effects, with  $\rho_f = -0.49$  for couples and  $-0.21$  for singles, and  $\rho_m = -0.51$  for couples and  $-0.89$  for singles. These imply that households that survive despite unfavorable mortality risks have increased dissaving, either because of increased cost of overcoming health problems or because households at elevated risk spend down more rapidly. Eq. (18) includes shift parameters that modify the dependence of the wealth change disturbance on the unobserved selection effects in regimes where a spouse dies. These are statistically significant, and sufficiently large to reverse the direction of the intact couple selection effects.

Table 10 summarizes the health conditions and other covariates that are individually significant in explaining changes in wealth. For intact couples, we find some acute conditions *increase* saving, perhaps because they restrict consumption, or perhaps because couples conserve assets for a potential surviving spouse. For the conditions that are associated with increased dissaving (cognitive impairment and stroke for single females), costs of maintenance associated with these conditions may be directly causal to wealth changes.

## 6.2. Causality tests

Table 11 summarizes our tests for invariance and absence of direct causal links. We test for common parameters in the wealth change models between waves 1–2 and waves 2–3, excepting intercepts and age effects to allow for the effects of sample timing. Invariance is convincingly rejected for each demographic group and wealth

<sup>24</sup> This calculation is made from the 1996 life tables and assumes the historical S&P rate of return from 1993 to 1997, and a 7 percent real rate of return on assets after 1997.

Table 10  
Statistically significant risk factors for wealth changes<sup>a</sup>

Component	Health conditions	Covariates
<i>Intact couple</i>		
Total wealth	M self-rated health P/F (↗), M new heart (↗), M new hip fracture (↘), F new cancer (↗)	Non-liquid wealth (↘), liquid wealth (↘), income (↗), homeowner (↗)
Non-liquid wealth		Non-liquid wealth (↘), liquid wealth (↗), homeowner (↗)
Liquid wealth	M new heart (↗), M BMI worse (↘)	Non-liquid wealth (↗), liquid wealth (↘), income (↗), dwelling P/F (↘)
<i>Spouse died</i>		
Total wealth		Non-liquid wealth (↘), liquid wealth (↘), income (↗)
Non-liquid wealth		Non-liquid wealth (↘)
Liquid wealth	F new stroke (↘)	Non-liquid wealth (↗), liquid wealth (↘), Income (↗)
<i>Single</i>		
Total wealth	M new cancer (↗), F new cancer (↘), F new depression (↘)	M–F non-liquid wealth (↘), M–F liquid wealth (↘), M–F income (↗)
Non-liquid wealth	M hip fracture (↗), M new cancer (↗), M new heart (↗),	M–F non-liquid wealth (↘), M liquid wealth (↗), F income (↗), F homeowner (↗)
Liquid wealth	F cognitive impairment (↘), F new stroke (↘), F new cognitive impairment (↘)	M–F non-liquid wealth (↗), M–F liquid wealth (↘), M–F income (↗), F dwelling P/F (↘)

Note: M = male, F = female, new = incidence since last wave, P/F = poor or fair.

<sup>a</sup>One percent significance level, ↗ indicates increased saving, ↘ indicates decreased saving.

category, indicating that our model fails to capture the structural determinants of wealth change. As a consequence, our non-causality tests to follow may produce rejections due to model misspecification, confounding the detection of direct causal links. A deconstruction of the invariance failures, detailed in Appendix Table A5, shows that for non-liquid and liquid wealth, invariance passes for demographic and health prevalence and incidence variables, but fails for female SES variables, and for all male variables including SES taken together. Thus, there was an unexplained regime shift before and after wave 2 of AHEAD. Possible explanations for this are an interaction between the criterion of non-institutionalization in the initial panel recruitment and economic behavioral response, a wealth-linked interaction in panel retention, problems in the measurement of wealth in the AHEAD population, which exhibits unexplained mean reversion, or a true behavioral shift with age in a single cohort that is not captured accurately by a model that pools wealth change observations across cohorts.

Table 11  
Wealth changes, tests for invariance and causality

Demographic group wealth component	Significance levels			
	Invariance	Non-causality		
		Previous health conditions	Current health conditions	All health conditions
<i>Intact couple</i>				
Total wealth	0.000	0.036	0.001	0.000
Non-liquid wealth	0.000	0.014	0.028	0.001
Liquid wealth	0.000	0.006	0.012	0.000
<i>Spouse died</i>				
Total wealth	0.000	0.811	0.776	0.074
Non-liquid wealth	0.000	0.071	0.814	0.037
Liquid wealth	0.000	0.676	0.456	0.023
<i>Single</i>				
Total wealth	0.000	0.004	0.022	0.001
Non-liquid wealth	0.000	0.100	0.347	0.235
Liquid wealth	0.000	0.000	0.028	0.000

We expect that terminal medical and burial expenses, estate taxes and other estate settlement costs, insurance payments, and bequests will have a substantial impact on the size of a decedent's estate and surviving spouse's reported wealth. We easily reject the hypothesis that the model coefficients for intact couples and for surviving spouses are the same, but note that measurement problems associated with a change in financially responsible respondent could also produce this rejection.

The hypothesis of no direct causality of health conditions for total wealth changes is rejected at the 1 percent level for intact couples and singles. For non-liquid wealth, the hypothesis is rejected for intact couples, and for liquid wealth, the hypothesis is rejected for all demographic groups. The failure of the invariance tests, and the possibility of confounding by persistent common factors and selection suggest that conclusions on the health to wealth link be interpreted with caution. Appendix Table A6 deconstructs the causality tests and identifies the health conditions and genders responsible for rejections. The pattern of results suggest that if there is indeed a direct causal link, then it is most likely to involve liquid wealth and health conditions that require assisted living.

Appendix Table A7 estimates models of income change, given health conditions and other covariates. One would not expect health status to have a significant impact on the incomes of retirees, conditioned on previous wealth, and the empirical results are generally consistent with this expectation. We have not done formal tests of invariance or causality for income. Also included in the state vector  $Y_t$  that describes individuals are changes in home ownership status, and dwelling and neighborhood conditions. We estimate incidence models for these components; results are in Appendix Table A8.



## 7. Simulation of life courses under counterfactual conditions

### 7.1. *The simulation experiment*

For policy analysis of interventions that alter delivery or cost of medical services, or retirement financing, one would like to trace through the direct and indirect causal links between wealth, health, and mortality. If Markov models of the sort developed in Sections 2–6 satisfy the required invariance properties, then they can be used to simulate the impacts of these interventions on the life courses of a synthetic population. In this section, we develop such a simulation analysis, and apply it to illustrative interventions. Because we have not uniformly accepted invariance, and in a number of cases find associations that may be either direct causal links or hidden common factors, this simulation analysis assumes more than our estimates support. It should be interpreted only as an exercise that shows how a model of this general structure might be used in a policy application to unravel the dynamics of co-morbidities and forecast condition-specific morbidity and mortality, and life expectancy.

We simulate the life courses of a synthetic population in which heads of household are initially age 70–74. To synthesize this population, we start from the 1612 households in AHEAD wave 1 whose heads are white and age 70–74. Using the SES and demographic variables for each household in this subsample, we make 10 Monte Carlo draws from the prevalence models in Section 4 to create synthetic initial health profiles for the household head, and spouse if present. This gives an initial synthetic sample of 16 120 households. We then create life courses for the members of each household by drawing recursively from the Markov incidence models in Sections 5 and 6, adjusted to annual transitions using (9) to approximate the probabilities of moving to new states.

We first consider a base scenario (S0) in which initial prevalence and incidence transitions are given by our models estimated on the AHEAD data. We note that the simulation outcomes can be expected to differ to some degree from the cross-cohort patterns found in AHEAD, because the distribution of conditions at ages 70–74 will differ from the distributions of prevalence that actually prevailed for older individuals in AHEAD when they were ages 70–74. They should also differ to some degree from the actual experience that the age 70–74 cohort in AHEAD will have through the remainder of their lives, because the simulation cannot anticipate the realized future distribution of exogenous variables, and because our models do not allow for drift in disease incidence or condition-specific mortality hazards that will result from changes in medical care. Historically, these drifts have been very significant, reducing morbidities and increasing life expectancies. If these trends continue, then the baseline simulations will underestimate actual survival experience.

We next consider two stylized policy interventions. The first alternative scenario (S1) examines the impact on life courses of the introduction of a hypothetical medical treatment that cures diabetes, for example by stem cell and immune system therapy that rejuvenates the pancreas for both type I and type II diabetics. In this scenario, we assume that prevalence of diabetes at the start of the simulated panel drops to zero, and that there is zero incidence of this condition as the cohort ages. We do not alter the historical prevalence of conditions associated with diabetes. Thus, we assume that the

historical impact on individuals of type I diabetes, notably increased prevalence of heart disease and stroke at age 70–74, is not altered. The second alternative scenario (S2) examines the impact on life courses of reducing the entire population from their current socioeconomic status to our definition of a low-SES individual: bottom quartile for wealth and income, less than a high school education, and a poor or fair neighborhood and dwelling. This alternative is obviously hypothetical, and is not even a stylized approximation to any real policy alternative. However, it provides an extreme in which the interactions of health and SES are permitted maximum play, giving an upper bound on the effect that SES could possibly have on health outcomes, and providing a finger exercise that tests the plausibility of our model system.

## 7.2. *Baseline simulation*

Table 12 summarizes the survival probabilities and prevalence of health conditions among survivors in the simulated cohort as it ages, under the baseline scenario (S0), the no-diabetes scenario (S1), and the low-SES scenario (S2). Keeping in mind that we expect the simulation model to differ from the historical cross-cohort record in AHEAD, the success of this model in plausibly mimicking observed conditions in the AHEAD population can be judged by comparing the results for scenario S0 with life table survival probabilities. Life expectancy for a cohort of white females aged 70–74 is 13.15 years from the 1996 Life Tables and 14.36 years in our baseline simulation. The life table probability of survival for 15 years for the aged 70–74 cohort is 0.535, while the corresponding survival probability in the simulation model is 0.500. For white males, the life expectancy at age 70 is 11.31 years from the Life Tables and 10.81 years from the S0 simulation. The 15-year survival probability is 0.381 from the life tables and 0.279 from the simulation model. Thus, relative to the life tables, the simulation model under-predicts female mortality and over-predicts male mortality. The comparison of annual mortality rates for white females given in Fig. 5 indicates that actual AHEAD mortality experience was more favorable than the life tables between waves 1 and 2, presumably due to selection in panel recruitment, and very close to the life tables between waves 2 and 3. Then, the baseline simulation appears to reproduce relatively accurately the cross-cohort survival experience in AHEAD. This provides a reality check for the simulation model, but also suggests that if the survival experience of a current cohort differs from the historical cross-cohort pattern, then the simulation model will miss the drift in mortality hazards that a single cohort will face in the future.

A comparison of prevalence rates for various health conditions among survivors of various ages can be made between AHEAD at wave 1, given in Table 4, and the baseline simulation in Table 12. There are issues of comparability in the definition of prevalence for some conditions, but the pattern that emerges is that the simulated prevalences are systematically higher than the historical prevalences, and increasingly so at older ages. For example, for white females aged 80–84, the historical and simulated prevalence rates are 0.168 versus 0.219 for cancer, 0.361 versus 0.442 for heart disease, and 0.338 versus 0.437 for cognitive impairment. One possible explanation for this is that the links from morbidity to mortality are stronger than the mortality model

Table 12  
Simulation outcomes<sup>a</sup>

		Age					
		70	75	80	85	90	95
<i>White females</i>							
Survival probability (a)	S0	1.000	0.905	0.743	0.500	0.240	0.079
	S1	1.000	0.906	0.757	0.517	0.257	0.087
	S2	1.000	0.884	0.662	0.359	0.125	0.027
Cancer (b)	S0	0.112	0.174	0.219	0.245	0.257	0.262
	S1	0.112	0.169	0.217	0.243	0.258	0.252
	S2	0.112	0.208	0.273	0.298	0.302	0.336
Heart disease (b)	S0	0.224	0.322	0.442	0.538	0.588	0.594
	S1	0.224	0.321	0.429	0.515	0.569	0.608
	S2	0.224	0.344	0.495	0.608	0.663	0.679
Stroke (b)	S0	0.042	0.105	0.191	0.272	0.326	0.341
	S1	0.042	0.104	0.186	0.260	0.317	0.351
	S2	0.042	0.105	0.196	0.274	0.320	0.366
Lung disease (b)	S0	0.105	0.151	0.179	0.190	0.168	0.143
	S1	0.105	0.150	0.183	0.190	0.175	0.154
	S2	0.105	0.193	0.258	0.278	0.276	0.286
Diabetes (b)	S0	0.114	0.161	0.198	0.199	0.170	0.157
	S1	0.114	0.000	0.000	0.000	0.000	0.000
	S2	0.114	0.181	0.231	0.233	0.207	0.231
HBP (b)	S0	0.467	0.583	0.678	0.738	0.761	0.778
	S1	0.467	0.585	0.678	0.742	0.783	0.804
	S2	0.467	0.597	0.701	0.764	0.786	0.810
Arthritis (b)	S0	0.232	0.501	0.677	0.791	0.857	0.901
	S1	0.232	0.501	0.670	0.784	0.856	0.905
	S2	0.232	0.567	0.769	0.876	0.925	0.965
Incontinence (b)	S0	0.232	0.416	0.601	0.751	0.843	0.891
	S1	0.232	0.427	0.611	0.749	0.844	0.906
	S2	0.232	0.444	0.664	0.814	0.891	0.917
Fall (b)	S0	0.071	0.271	0.464	0.635	0.759	0.837
	S1	0.071	0.268	0.456	0.628	0.754	0.846
	S2	0.071	0.260	0.460	0.640	0.759	0.822
Hip fracture (b)	S0	0.030	0.046	0.070	0.109	0.153	0.215
	S1	0.030	0.043	0.069	0.109	0.156	0.190
	S2	0.030	0.056	0.104	0.160	0.224	0.258
Proxy interview	S0	0.038	0.056	0.103	0.163	0.230	0.294
	S1	0.038	0.063	0.095	0.155	0.222	0.271
	S2	0.038	0.103	0.211	0.316	0.409	0.521
Cognitive impairment (b)	S0	0.104	0.253	0.437	0.609	0.736	0.818
	S1	0.104	0.251	0.435	0.602	0.722	0.803
	S2	0.104	0.405	0.669	0.838	0.910	0.952

Table 12 (continued)

		Age					
		70	75	80	85	90	95
Psychiatric disease (b)	S0	0.154	0.215	0.307	0.376	0.421	0.434
	S1	0.154	0.219	0.305	0.379	0.416	0.426
	S2	0.154	0.316	0.508	0.634	0.704	0.762
Depression (b)	S0	0.068	0.183	0.305	0.429	0.515	0.575
	S1	0.068	0.179	0.305	0.424	0.521	0.596
	S2	0.068	0.247	0.434	0.574	0.665	0.749
BMI (c)	S0	25.7	24.7	23.6	22.3	21.0	20.5
	S1	25.7	24.7	23.6	22.3	21.1	20.3
	S2	25.7	24.7	23.4	22.2	21.2	20.8
Current smoker (b)	S0	0.128	0.088	0.063	0.043	0.027	0.017
	S1	0.128	0.091	0.063	0.048	0.031	0.016
	S2	0.128	0.109	0.084	0.056	0.039	0.020
ADL limits (c)	S0	0.31	0.27	0.66	1.18	1.68	2.14
	S1	0.31	0.26	0.59	1.08	1.63	1.99
	S2	0.31	0.45	1.21	2.08	2.77	3.33
IADL limits (c)	S0	0.25	0.11	0.29	0.58	0.85	1.14
	S1	0.25	0.10	0.27	0.53	0.81	1.04
	S2	0.25	0.25	0.73	1.34	1.84	2.30
P/F self-rated health (b)	S0	0.254	0.305	0.441	0.540	0.585	0.613
	S1	0.254	0.293	0.416	0.501	0.574	0.582
	S2	0.254	0.507	0.711	0.811	0.841	0.860
<i>White Males</i>							
Survival probability (a)	S0	1.000	0.828	0.558	0.279	0.091	0.019
	S1	1.000	0.844	0.586	0.304	0.105	0.025
	S2	1.000	0.827	0.485	0.170	0.032	0.004
Cancer (b)	S0	0.145	0.242	0.320	0.400	0.478	0.514
	S1	0.145	0.248	0.321	0.395	0.482	0.546
	S2	0.145	0.281	0.391	0.479	0.555	0.596
Heart (b)	S0	0.352	0.490	0.611	0.709	0.774	0.733
	S1	0.352	0.488	0.626	0.701	0.752	0.766
	S2	0.352	0.443	0.554	0.627	0.632	0.681
Stroke (b)	S0	0.075	0.140	0.213	0.282	0.317	0.310
	S1	0.075	0.142	0.213	0.287	0.323	0.351
	S2	0.075	0.190	0.317	0.423	0.517	0.596
Lung disease (b)	S0	0.150	0.185	0.205	0.203	0.183	0.152
	S1	0.150	0.184	0.206	0.212	0.200	0.184
	S2	0.150	0.183	0.201	0.195	0.190	0.085
Diabetes (b)	S0	0.135	0.171	0.183	0.190	0.177	0.171
	S1	0.135	0.000	0.000	0.000	0.000	0.000
	S2	0.135	0.135	0.119	0.095	0.085	0.128
HBP (b)	S0	0.443	0.553	0.636	0.699	0.719	0.743
	S1	0.443	0.551	0.637	0.702	0.740	0.784
	S2	0.443	0.565	0.643	0.689	0.692	0.638

Table 12 (continued)

		Age					
		70	75	80	85	90	95
Arthritis (b)	S0	0.175	0.405	0.582	0.718	0.801	0.848
	S1	0.175	0.419	0.602	0.719	0.792	0.865
	S2	0.175	0.581	0.806	0.913	0.948	0.915
Incontinence (b)	S0	0.097	0.259	0.433	0.603	0.748	0.852
	S1	0.097	0.252	0.414	0.582	0.707	0.840
	S2	0.097	0.309	0.528	0.703	0.849	0.872
Fall (b)	S0	0.041	0.162	0.300	0.435	0.547	0.667
	S1	0.041	0.163	0.292	0.440	0.559	0.681
	S2	0.041	0.214	0.410	0.588	0.728	0.809
Hip fracture (b)	S0	0.025	0.032	0.044	0.066	0.119	0.167
	S1	0.025	0.030	0.044	0.068	0.108	0.138
	S2	0.025	0.076	0.147	0.247	0.357	0.447
Proxy Interview	S0	0.111	0.110	0.114	0.125	0.155	0.157
	S1	0.111	0.109	0.120	0.147	0.170	0.170
	S2	0.111	0.223	0.303	0.382	0.429	0.468
Cognitive impairment (b)	S0	0.146	0.326	0.505	0.662	0.768	0.857
	S1	0.146	0.329	0.509	0.657	0.772	0.897
	S2	0.146	0.484	0.743	0.881	0.934	0.936
Psychiatric disease (b)	S0	0.085	0.133	0.186	0.240	0.268	0.291
	S1	0.085	0.135	0.187	0.240	0.263	0.319
	S2	0.085	0.237	0.430	0.557	0.621	0.660
Depression (b)	S0	0.038	0.105	0.184	0.233	0.262	0.281
	S1	0.038	0.110	0.196	0.259	0.263	0.344
	S2	0.038	0.199	0.344	0.421	0.445	0.404
BMI (c)	S0	26.1	25.5	24.9	24.6	24.4	24.4
	S1	26.1	25.6	25.0	24.7	24.6	24.1
	S2	26.1	24.6	23.6	23.2	23.2	22.9
Current smoker (b)	S0	0.131	0.063	0.035	0.015	0.009	0.005
	S1	0.131	0.061	0.041	0.014	0.003	0.000
	S2	0.131	0.075	0.038	0.013	0.000	0.000
ADL limits (c)	S0	0.33	0.36	0.75	1.33	1.84	2.45
	S1	0.33	0.38	0.79	1.37	1.88	2.46
	S2	0.33	0.94	2.11	3.24	4.15	4.51
IADL limits (c)	S0	0.34	0.16	0.33	0.63	0.94	1.24
	S1	0.34	0.15	0.34	0.64	0.95	1.23
	S2	0.34	0.52	1.22	2.00	2.65	2.85
P/F self-rated health (b)	S0	0.282	0.355	0.445	0.487	0.514	0.543
	S1	0.282	0.352	0.448	0.488	0.482	0.500
	S2	0.282	0.586	0.760	0.818	0.871	0.830

Notes: (a) Proportion of age 70 population surviving to the specified age; (b) Proportion of surviving population at specified age who ever had condition; (c) Mean in surviving population.

<sup>a</sup>Scenarios: S0 = Baseline, S1 = no diabetes, S2 = all low SES.

detects, perhaps because of under-reporting of health conditions that arise prior to death, so that the simulation model underestimates the selection effect of mortality that reduces prevalence among survivors. A second possible explanation is that there is strong unobserved heterogeneity in susceptibility to various health conditions, so that cumulative prevalence is overestimated by our first-order Markov models which describe prevalence for most conditions as the result of one or more positives in a series of Bernoulli trials. It is possible to test for persistent unobserved heterogeneity by asking whether the frequency of a negative for a condition between waves 1 and 3 of AHEAD is the product of the frequencies of a negative between successive waves. When we do this, we do not find persistent unobserved heterogeneity. However, the power of the test is modest, and it is possible that even a limited degree of persistent unobserved heterogeneity is enough to explain the differences in AHEAD and the simulation.

A comparison is given in Table 13 between median wealth and income by age in the AHEAD panel and in the baseline simulation. The historical cross-cohort data shows sharply declining wealth and income with age, and a less liquid portfolio with age, reflecting strong cohort effects as well as life cycle and selection effects. The simulation results, which exclude cohort effects, nevertheless show even more sharply declining wealth with age, and a strong shift toward a more liquid portfolio mix. If the simulation is correctly describing portfolio balance of a single cohort over its life course, then there is a strong cross-cohort effect, with older cohorts starting from retirement portfolios that are more heavily invested in housing equity and other nonliquid forms. The simulated semi-interquartile range is narrower than its historical counterpart, particularly for older households. In the simulation, variability (defined as the ratio of the semi-interquartile range divided by the median) falls with age, whereas in the historical cross-cohort data variability rises with age. This suggests that in addition to cross-cohort effects, that there may be persistent heterogeneity in savings behavior that is not captured in our model.

### 7.3. *Alternative scenarios*

Table 12 gives the survival probabilities and prevalences of various health conditions under our alternative no-diabetes scenario (S1) and the low-SES scenario (S2). In the no-diabetes simulation, the direct mortality risk from diabetes, and the incidence of co-morbidities with diabetes are eliminated, although our simulated population will display elevated prevalence of heart disease and stroke at age 70 among former diabetics. Life expectancy at age 70 under this scenario increases from 14.36 to 14.69 years for females, and from 10.81 to 11.26 years for males. These rates imply in turn that a former diabetic's life expectancy increases by 2.72 years for females and 3.32 years for males. Other health condition prevalences that fall in the absence of diabetes are heart disease, stroke, cognitive impairment, ADL and IADL impairment, and poor/fair self-rated health. While reduction in mortality risk from one source must as a matter of accounting eventually lead to more deaths from competing risks, there are no substantial movements in prevalences of the remaining health conditions.

Table 13  
Wealth and income in AHEAD and in the baseline scenario

Age	70–74	75–79	80–84	85–89	90+
<i>AHEAD cross-cohort data</i>					
Total wealth (000)					
1st quartile	64.38	46.92	32.76	14.05	2.17
Median	144.04	112.76	94.35	71.34	40.13
3rd quartile	314.27	242.68	203.20	185.91	117.93
Non-liquid wealth (000)					
1st quartile	47.72	28.20	10.81	0.86	0.00
Median	94.94	80.48	62.01	44.19	5.44
3rd quartile	178.96	151.68	113.88	109.12	65.47
Liquid wealth (000)					
1st quartile	2.18	1.31	0.54	0.33	0.00
Median	26.19	15.97	11.89	9.73	5.40
3rd quartile	98.21	70.93	70.93	55.31	37.83
Income (000)					
1st quartile	14.15	11.97	9.76	8.68	6.74
Median	22.78	19.59	15.26	13.77	9.76
3rd quartile	34.92	31.65	28.06	25.10	15.29
<i>Baseline simulation data</i>					
Total wealth (000)					
1st quartile	56.67	65.69	37.07	16.08	8.22
Median	136.20	121.43	79.94	51.86	41.59
3rd quartile	299.13	206.63	136.38	91.16	74.29
Non-liquid wealth (000)					
1st quartile	42.72	37.39	17.56	2.97	–3.77
Median	91.53	74.34	47.13	29.17	21.21
3rd quartile	171.34	118.09	78.90	55.44	45.07
Liquid wealth (000)					
1st quartile	1.64	19.16	10.91	4.96	3.61
Median	22.79	43.77	31.16	22.01	19.38
3rd quartile	95.90	80.05	58.58	42.39	36.69
Income (000)					
1st quartile	13.56	13.57	11.25	8.62	7.92
Median	21.82	18.19	15.89	13.58	11.92
3rd quartile	34.70	29.58	23.12	17.81	15.85

The alternative low-SES scenario reduces our entire age 70 simulated population to the bottom quartile for wealth and income, gives them less than a high school education, and places them in a dwelling in poor condition in an unsafe neighborhood. They are kept in this low-SES status for the remainder of their lives; i.e., there is no opportunity in this simulation for households to escape low SES by a lucky change in wealth or income. However, our population displays the patterns of prevalence of health conditions established in their earlier lives with their historical SES status. This scenario is quite artificial, but it demonstrates the holistic effect on the broad spectrum of health conditions of low SES. Life expectancies at age 70 in this scenario drop dramatically, from 14.36 to 12.27 years for females, and from 10.81 to 9.56 years

for males. Prevalences of cancer, heart disease, lung disease, diabetes, arthritis, incontinence, hip fractures, cognitive impairment, psychiatric disease, and depression all increase sharply, as do the number of ADL and IADL impairments. Conditions whose prevalence is not affected substantially by low SES are stroke, high blood pressure, and falls. These results indicate that *if* the associations of SES and incidence of health conditions that we find in AHEAD *were entirely* the result of direct causal links from wealth to health, then the protective effect of the prevailing pattern of higher SES is 1.26–2.08 years of added life expectancy. Thus, our findings that for most health conditions the evidence is against direct causal links from SES to incidence do not appear to rule out a substantial cumulative effect of SES over conditions and time that induce a noticeable SES gradient in mortality. Given our specific findings against direct causal links from SES to incidence of acute conditions and mortality, the most obvious possible source for this gradient are SES-linked differences in genetic susceptibility and behavior.

We have emphasized that our stylized, hypothetical policy intervention and the changes in health they produce over the life course are strictly illustrative, and should be interpreted with great caution. These finger exercises *cannot* be used to draw conclusions about any real policy initiatives. This is particularly true since we have included within our model system components that fail the invariance tests that we have emphasized must be met by a valid policy model, and because in many cases our models display *some* wealth or income gradients for incidence that we cannot with our statistical methods identify as the sole result of direct causal links. While most of these effects are not statistically significant, it is possible that in a larger or longer panel with greater statistical power, they will prove to be significant. Then, it is essential to turn to the more advanced statistical methods of Heckman (2001) and others to identify the direct causal components in these incidence associations, and improve the models to achieve invariance. Only after this is done, and realistically detailed policy scenarios are considered, could policy makers take our model system seriously as a policy tool. However, we believe that our results do demonstrate that it would be useful for health policy analysis to utilize a system of invariant models with a causal chain structure to simulate policy impacts, in a framework that takes into account indirect impacts, competing hazards, and direct causal links between SES and health. We believe that analysis of the broad sweep of co-morbidities and wealth effects over the life course is an important complement to the disease-centric orientation of many medical and epidemiological studies of health outcomes.

## 8. Summary and speculations for further research

This paper has used innovations in health conditions and in wealth in the AHEAD panel to carry out tests for the absence of direct causal links from SES to health, and from health conditions to wealth. By advancing beyond the detection of association to a framework in which there is some possibility of detecting the absence of causal links, this paper provides a methodology that may be useful in winnowing the list of possible direct causal mechanisms, or delimiting their domain of action. For the



AHEAD sample, a panel of U.S. elderly age 70 and older in 1993, we conclude generally that for mortality and for acute, sudden-onset diseases, the hypothesis of *no* causal link from SES is accepted, and for incidence of mental problems the hypothesis is rejected. The results for chronic and degenerative diseases are mixed. We generally reject the hypothesis of no direct causal link from health conditions to total wealth changes, but cannot rule out confounding of the test by invariance failures.

The pattern of results suggests that incidence of acute, sudden onset health conditions, conditioned on existing health conditions, does not exhibit a significant SES gradient, while incidence of some mental, chronic, and degenerative conditions appear to have an association to SES due to some combination of direct causal links and common unobserved behavioral or genetic factors. The results suggest that there may be an SES gradient in seeking treatment for the second class of conditions, which may influence detection, or for maintaining preventative regimens that may maintain some conditions below the reporting thresholds. Our findings are not inconsistent with the possibility that for mental and chronic illnesses where the acute care procedures covered by Medicare are often inapplicable, ability to pay may be a causal factor in seeking and receiving treatment. We do not find systematic persuasive associations of health conditions and changes in total wealth, except for surviving spouses. Problems in measuring and modeling wealth changes suggest caution in concluding from these results that there is generally no direct causal link from health conditions to wealth changes.

We emphasize that our results apply only to elderly individuals in the U.S., where Medicare and Medicaid programs limit out-of-pocket medical costs, particularly for acute care, and where retired status eliminates a possible direct causal link from health status to ability to work. Further, in an elderly population, common factors may be manifest in prior health conditions and economic status, so they have little impact once incidence is conditioned on prior state. Our results provide no evidence on the nature of the causal links at younger ages, during the stages of life where association of health and wealth is emerging as a consequence of some causal structure.

Future waves of the AHEAD (HRS) panel will allow the hypotheses of invariance and non-causality to be tested with greater power. This will particularly be the case when full tracking of decedents, and determination of cause of death from medical records, become part of the data. It seems likely that some of the associations we have found between changes in health and wealth will survive more detailed analysis, and that suitably defined natural or designed experiments are likely to be needed to fully unravel the causal structure underlying these associations.

The modeling structure used in this paper is parametric, and the high dimensionality of the vector of possible explanatory variables and the relatively limited information contained in binomial outcomes in the AHEAD panel make it difficult to move to a more robust non-parametric analysis. However, we have been flexible in specifying the variable transformations that appear in our models, and we interpret our analysis as conforming in spirit, if hardly in fact, to a method of sieves approach to non-parametric analysis. One of the major limitations of our models, which would be likely to lead them to fail invariance tests in situations where a sharp test is possible, is that they do not account adequately for the multiple risk structure of health conditions and its

implications for the duration patterns that can emerge, particularly over the relatively long intervals between waves. Some outcomes, such as mortality and non-fatal heart disease, are competing risks, while others, like diabetes and heart conditions, are complementary risks. For future research, we are investigating hidden Markov models in which a latent vector of propensities for all health and SES conditions follows a first-order Markov process, conditioned on demographic state, and all possible causal links across the components of this latent vector appear in the model. Given thresholds that trigger observed states, this model provides a consistent but computationally demanding data generation process for the vector of Markov states month-by-month. Within this model, it is possible to carry out joint tests for the absence of classes of causal links. The next wave of this research, incorporating wave 4 of AHEAD, will include full development of flexible multiple-risk duration models.

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