# The CrossFit Open

CFG Data & SQL Project

Alannah Cowley

```
ath_gym V
                                                                        gyms
      ERD
                                             Ath_id INT
                                                                         Gym_id INT
                                             Gym_id INT
                                                                        Gname VARCHAR(200)
                                                                         City VARCHAR(100)
          fwod1
                          wod1f
                                                                                       wod1m
     gyms_rank_1f
                        Ath id INT
                                                                                    Ath_id INT
                        Category ENUM(...) >|---
                                                                                                          mwod1
                        Score1 TIME
                                                                                    Category ENUM(...)
                                                                                     Score1 TIME
                                                                                                          gyms_rank_1m
                                                       athletes
                                                      Ath id INT
                  wod2f
                                                                                   wod2m
                                                      Fname VARCHAR(100)
     fwod2
                  Ath id INT
                                                                                   Ath id INT
                                                      Sname VARCHAR(100)
                                                                                                          mwod2
                  Category ENUM(...)
                                                                                   Category ENUM(...)
                                                      Email VARCHAR(200)
                   Score2 INT
                                                                                    Score2 INT
gyms_rank_2f
                                                      Gender ENUM('f', 'm')
                                                                                                         gyms_rank_2m
                                                   gyms_open_m
                F fwod3
                               wod3f
                               Ath_id INT
                                                                        wod3m
                                                    gyms_open_f
                                                                                             mwod3
             gyms_rank_3f
                               Category ENUM(...)
                                                                        Ath id INT
                               Score3 DECIMAL(5,2)
                                                                        Category ENUM(...)
                                                                                              gyms_rank_3m
                                                          open_m
                                                                         Score3 DECIMAL(5,2)
                                                 open_f
```

```
CREATE DATABASE crossFit open;
   USE crossfit Open;

■ CREATE TABLE gyms (
   Gym id INT NOT NULL PRIMARY KEY,
   Gname VARCHAR(200) NOT NULL,
   City VARCHAR(100));

■ CREATE TABLE athletes(
   Ath id INT NOT NULL PRIMARY KEY,
   Fname VARCHAR(100) NOT NULL,
   Sname VARCHAR(100) NOT NULL,
   Email VARCHAR(200),
   Gender ENUM('f'.'m') NOT NULL):

■ ○ CREATE TABLE ath_gym(
   Ath id INT NOT NULL,
   Gym id INT NOT NULL,
   FOREIGN KEY (Ath_id) REFERENCES athletes(Ath_id),
   FOREIGN KEY (Gym_id) REFERENCES gyms(Gym_id));

■ CREATE TABLE wod1f(
```

Category ENUM('RX', 'Ma', 'Sc') NOT NULL DEFAULT 'Sc',

FOREIGN KEY (Ath\_id) REFERENCES athletes(Ath\_id));

Ath id INT NOT NULL,

Score1 TIME DEFAULT '00:12:01'.

## **Entries by City**

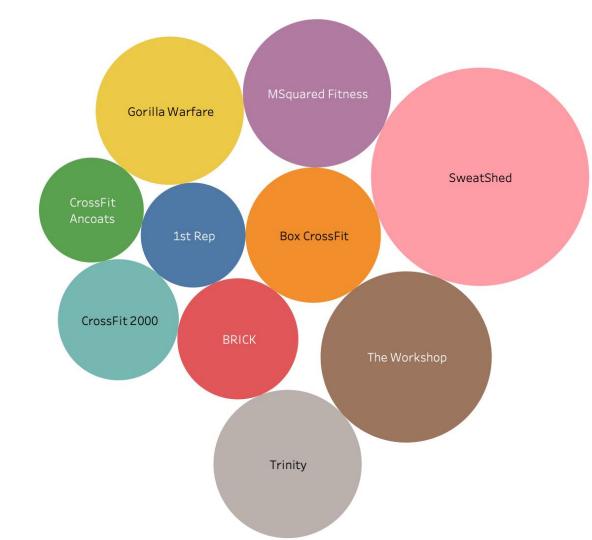


SELECT City, COUNT(Ath\_id) AS Ath\_by\_City
FROM Athlete\_Registration
GROUP BY City
ORDER BY COUNT(Ath\_id) DESC;

## Gyms by Entry

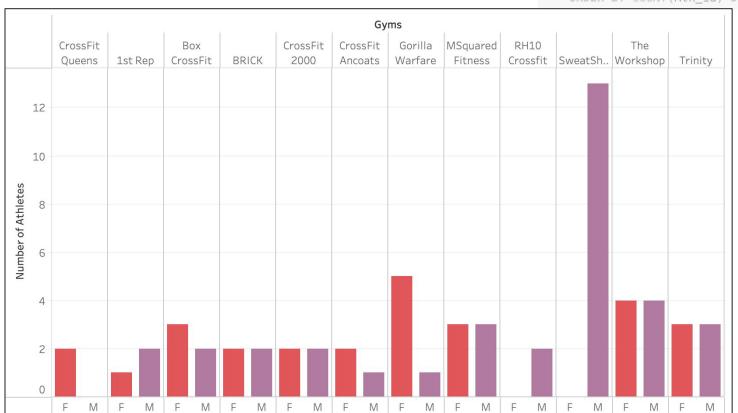
```
CREATE VIEW Athlete_Registration AS
SELECT
    a.Ath_id,
    a.FName,
   a.SName,
    a.Email,
    a.Gender,
   g.GName,
   g.City,
   g.Gym id
FROM
Athletes a
LEFT JOIN Ath_Gym ag
ON a.Ath_id=ag.Ath_id
LEFT JOIN Gyms g
ON ag.Gym_id=g.Gym_id;
```





#### Male & Female Entries

SELECT GName, Gender, COUNT(Ath\_id) AS Nof\_Athletes
FROM Athlete\_Registration
GROUP BY GName, Gender
HAVING Gender='f'
ORDER BY COUNT(Ath\_id) DESC;



## Workout 1

ON ag.Gym\_id=g.Gym\_id

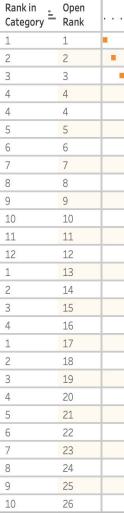
ORDER BY Category,Ranka1f;

WHERE a.Gender='f'

| CREATE VIEW FWOD1 AS                      |
|-------------------------------------------|
| SELECT                                    |
| a.Ath_id,                                 |
| a.FName,                                  |
| a.SName,                                  |
| g.GName,                                  |
| g.City,                                   |
| 1f.Category,                              |
| 1f.Score1,                                |
| DENSE_RANK()                              |
| OVER (PARTITION BY 1f.Category ORDER BY 1 |
| AS Rankc1f,                               |
| DENSE_RANK()                              |
| OVER (ORDER BY 1f.Category,1f.Score1 ASC) |
| AS Ranka1f                                |
| FROM Athletes a                           |
| LEFT JOIN WOD1F 1f                        |
| <pre>ON a.Ath_id=1f.Ath_id</pre>          |
| LEFT JOIN Ath_Gym ag                      |
| <pre>ON a.Ath_id=ag.Ath_id</pre>          |
| LEFT JOIN Gyms g                          |
|                                           |

| 52 | Klare   |
|----|---------|
| 53 | Maddy   |
| 43 | Em      |
| 16 | Lisa    |
| 17 | Alice   |
| 21 | Mel     |
| 39 | Fi      |
| 57 | Lucy    |
| 23 | Kate    |
| 42 | Emma    |
| 10 | Stef    |
| 40 | Tess    |
| 9  | Anna    |
| 58 | Lisa    |
| 49 | Laura   |
| 6  | Flora   |
| 19 | Ruth    |
| 13 | Holly   |
| 50 | Laura   |
| 3  | Chloe   |
| 4  | Alannah |
| 41 | Emma    |
| 25 | Roisin  |
| 48 | Rita    |
| 7  | Joey    |
| 56 | Moni    |
| 61 | Emma    |
|    |         |

| Category | Ath id | F Name  | S Name   | G Name           |
|----------|--------|---------|----------|------------------|
| RX       | 52     | Klare   | Osbourne | Trinity          |
|          | 53     | Maddy   | Hunstman | CrossFit Queens  |
|          | 43     | Em      | Savage   | Gorilla Warfare  |
|          | 16     | Lisa    | Kordek   | BRICK            |
|          | 17     | Alice   | Forman   | BRICK            |
|          | 21     | Mel     | Gatherer | The Workshop     |
|          | 39     | Fi      | Doin     | Gorilla Warfare  |
|          | 57     | Lucy    | Truman   | CrossFit Queens  |
|          | 23     | Kate    | Stables  | The Workshop     |
|          | 42     | Emma    | Valley   | Gorilla Warfare  |
|          | 10     | Stef    | Hartley  | Box CrossFit     |
|          | 40     | Tess    | Doin     | Gorilla Warfare  |
|          | 9      | Anna    | Penny    | Box CrossFit     |
| Ma       | 58     | Lisa    | Casper   | 1st Rep          |
|          | 49     | Laura   | Burns    | CrossFit Ancoats |
|          | 6      | Flora   | Barton   | MSquared Fitnes  |
|          | 19     | Ruth    | Rivers   | The Workshop     |
| Sc       | 13     | Holly   | Shanor   | Box CrossFit     |
|          | 50     | Laura   | Richman  | Trinity          |
|          | 3      | Chloe   | Brady    | MSquared Fitness |
|          | 4      | Alannah | Cowley   | MSquared Fitnes  |
|          | 41     | Emma    | Fage     | Gorilla Warfare  |
|          | 25     | Roisin  | Burton   | The Workshop     |
|          | 48     | Rita    | Soprano  | CrossFit Ancoats |
|          | 7      | Joey    | Russell  | CrossFit 2000    |
|          | 56     | Moni    | Sia      | Trinity          |
|          | 61     | Emma    | McWheat  | CrossFit 2000    |



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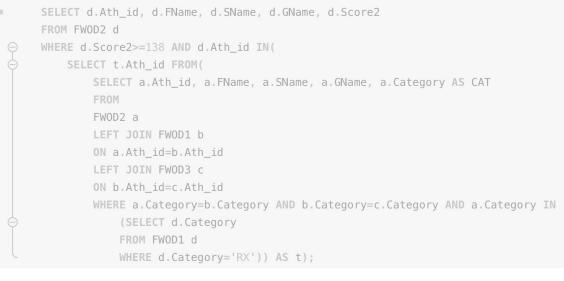
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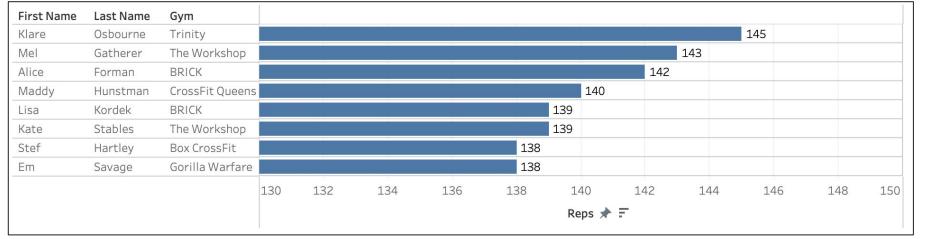
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Score (Time)

#### Workout 2





#### Workout 3

CREATE FUNCTION

Placed

**DETERMINISTIC** 

END IF; END IF: END IF; END IF; RETURN (Placed);

DELIMITER ;

→ BEGIN

(Rankc INT)

RETURNS VARCHAR(30)

IF Rankc>3 THEN

ELSE IF Rankc=3 THEN

ELSE IF Rankc=2 THEN

ELSE IF Rankc=1 THEN

```
RX
                       Ma
                       Sc
SET Placed='No Podium';
SET Placed='Bronze in category';
SET Placed='Silver in category';
SET Placed='Gold in category';
```

```
Podium
                                                                                                                                        Rankc =
                               Category
                                            Email
                                                                       F Name
                                                                                    S Name
                                                                                                 G Name
                                                                                                                                                    Score3
                                                                                                                                                     105.0
                                            djlance@hotmail.com
                                                                                                                     Gold in category
                                                                                                                                             1.0
                                                                       Lance
                                                                                    Spinner
                                                                                                 1st Rep
                                            jmcgolf@gmail.com
                                                                                    McGolfin
                                                                                                 BRICK
                                                                                                                     Silver in category
                                                                                                                                              2.0
                                                                                                                                                     102.5
                                                                       James
                                            coachscouse12@hotmail...
                                                                                                 Gorilla Warfare
                                                                                                                                             3.0
                                                                                                                                                     100.0
                                                                       James
                                                                                    Wilson
                                                                                                                     Bronze in category
                                                                                                                                                      92.5
                                            paulcasper@gmail.com
                                                                                                                                             1.0
                                                                       Paul
                                                                                                 1st Rep
                                                                                                                     Gold in category
                                                                                    Casper
                                                                                                                                                      87.3
                                            andyr@hotmail.com
                                                                                                 The Workshop
                                                                                                                     Silver in category
                                                                                                                                             2.0
                                                                       Andy
                                                                                    Rivers
                                            psoprano@sky.com
                                                                                                 CrossFit Ancoats
                                                                                                                     Bronze in category
                                                                                                                                             3.0
                                                                                                                                                      83.8
                                                                       Paolo
                                                                                    Soprano
                                            leed@hotmail.com
                                                                       Lee
                                                                                    Davis
                                                                                                 MSquared Fitness
                                                                                                                    Gold in category
                                                                                                                                             1.0
                                                                                                                                                      90.0
                                            gingerscanbat@hotmail.c.. Jonny
                                                                                                 SweatShed
                                                                                                                                             2.0
                                                                                                                                                      82.5
                                                                                    Bairstow
                                                                                                                     Silver in category
                                                                                                                                                      82.5
                                            notthateric@gmail.com
                                                                       Eric
                                                                                                 BRICK
                                                                                                                                             2.0
                                                                                    Apton
                                                                                                                     Silver in category
                                            kianstudies@gmail.com
                                                                       Kian
                                                                                                 Trinity
                                                                                                                     Bronze in category
                                                                                                                                             3.0
                                                                                                                                                      80.0
                                                                                    Sia
DECLARE Placed VARCHAR(30);
```

### Open

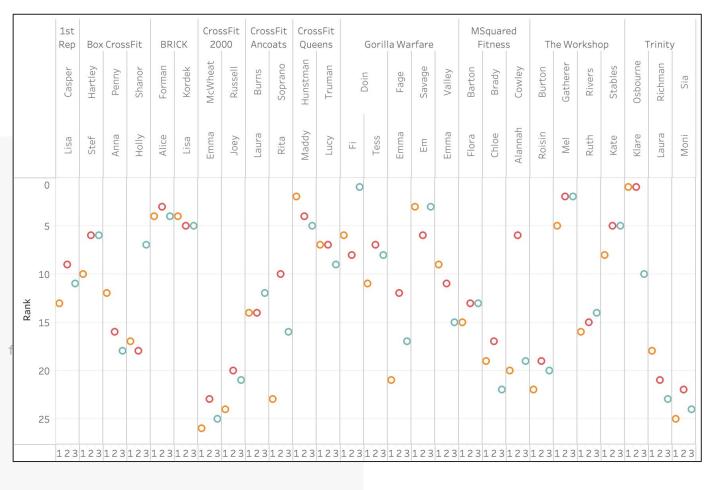
```
CREATE VIEW Open_F AS
SELECT
   f1.Ath_id,
   f1.FName,
   f1.SName,
   f1.GName,
   f1.City,
   f1.Ranka1f,
   f2.Ranka2f,
   f3.Ranka3f,
   DENSE_RANK() OVER (ORDER BY f1.Ranka1f+f2.Ranka2f+f3.Ranka3f) AS Open_Rank
FROM
FWOD1 f1
LEFT JOIN
FWOD2 f2
ON f1.Ath_id=f2.Ath_id
LEFT JOIN
FWOD3 f3
ON f2.Ath_id=f3.Ath_id;
```

| Ath id | F Name  | S Name   | G Name           |    |
|--------|---------|----------|------------------|----|
| 21     | Mel     | Gatherer | The Workshop     | 1  |
| 17     | Alice   | Forman   | BRICK            | 2  |
| 53     | Maddy   | Hunstman | CrossFit Queens  | 2  |
| 43     | Em      | Savage   | Gorilla Warfare  | 3  |
| 52     | Klare   | Osbourne | Trinity          | 3  |
| 16     | Lisa    | Kordek   | BRICK            | 4  |
| 39     | Fi      | Doin     | Gorilla Warfare  | 5  |
| 23     | Kate    | Stables  | The Workshop     | 6  |
| 10     | Stef    | Hartley  | Box CrossFit     | 7  |
| 57     | Lucy    | Truman   | CrossFit Queens  | 8  |
| 40     | Tess    | Doin     | Gorilla Warfare  | 9  |
| 58     | Lisa    | Casper   | 1st Rep          | 10 |
| 42     | Emma    | Valley   | Gorilla Warfare  | 11 |
| 49     | Laura   | Burns    | CrossFit Ancoats | 12 |
| 6      | Flora   | Barton   | MSquared Fitness | 13 |
| 13     | Holly   | Shanor   | Box CrossFit     | 14 |
| 4      | Alannah | Cowley   | MSquared Fitness | 15 |
| 19     | Ruth    | Rivers   | The Workshop     | 15 |
| 9      | Anna    | Penny    | Box CrossFit     | 16 |
| 48     | Rita    | Soprano  | CrossFit Ancoats | 17 |
| 41     | Emma    | Fage     | Gorilla Warfare  | 18 |
| 3      | Chloe   | Brady    | MSquared Fitness | 19 |
| 25     | Roisin  | Burton   | The Workshop     | 20 |
| 50     | Laura   | Richman  | Trinity          | 21 |
| 7      | Joey    | Russell  | CrossFit 2000    | 22 |
| 56     | Moni    | Sia      | Trinity          | 23 |
| 61     | Emma    | McWheat  | CrossFit 2000    | 24 |

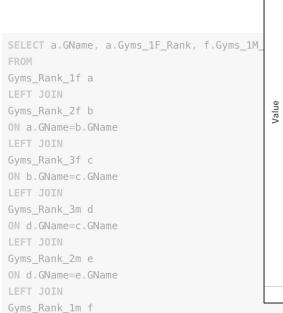
## Open

```
CREATE VIEW Open_F AS
SELECT
    f1.Ath id,
    f1.FName,
    f1.SName,
    f1.GName,
    f1.City,
    f1.Ranka1f,
    f2.Ranka2f,
    f3.Ranka3f,
    DENSE_RANK() OVER (ORDER BY
FROM
FWOD1 f1
LEFT JOIN
FWOD2 f2
ON f1.Ath_id=f2.Ath_id
LEFT JOIN
FWOD3 f3
```

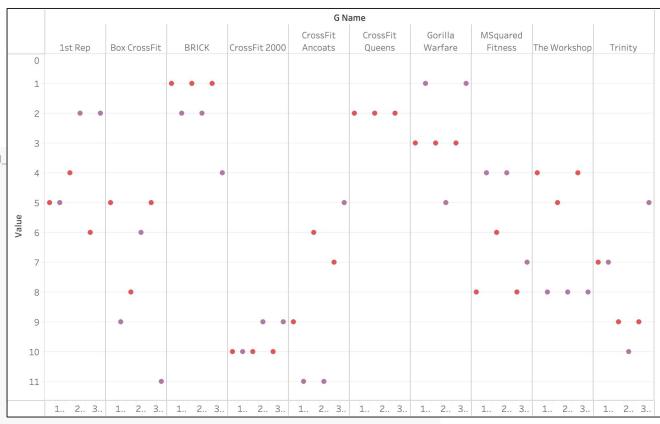
ON f2.Ath\_id=f3.Ath\_id;



## Gyms by Workout



ON f.GName=e.GName;



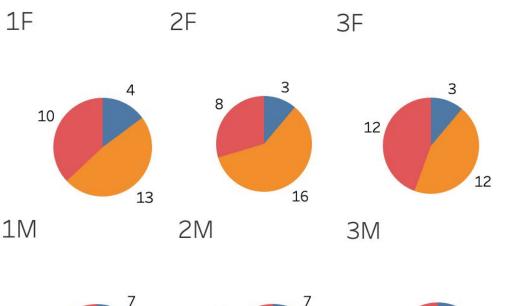
## Categories by Workout



Ma

RX

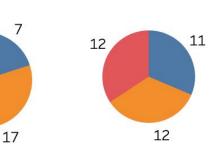
Sc



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- SET sql\_mode = 'TRADITIONAL';
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD1F
  GROUP BY Category;
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD2F
  GROUP BY Category;
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD3F
  GROUP BY Category;
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD1M
  GROUP BY Category;
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD2M
  GROUP BY Category;
- SELECT Category, COUNT(\*) AS CatCount
  FROM WOD3M
  GROUP BY Category;

```
CREATE PROCEDURE Score_To_Beat
                                                                                DELIMITER //
  Scores to Beat & Reach
                                                                                CREATE TRIGGER New Ath1
                                                                                AFTER INSERT
                                                                                ON Athletes
  New Athlete Triggers
                                                                                   IF NEW.Gender = 'f' THEN
                                                                                       INSERT INTO WOD1F (Ath id) VALUES (NEW.Ath id);
                                                                                    ELSEIF NEW Gender = 'm' THEN
                                                                                       INSERT INTO WOD1M (Ath_id) VALUES (NEW.Ath_id);
      MIN(Score1) AS Score_To_Beat
    CALL Score_To_Beat('2M', 'Sc'); /* His score is 159 reps */
    CALL Score_To_Reach('2M'); /* The least score in RX is 119 reps, so he should definitely give it a go at RX weight.*/
   in_WOD='2F'
                                                                                FOR EACH ROW
                                                                                                = 'f' THEN
                           CALL New_Athlete (61, 'Emma', 'McWheat', 'emmamcw@hotmail.com', 'f'); 0 WOD2F (Ath_id) VALUES (NEW.Ath_id);
                           CALL New_Athlete (62, 'Ian', 'McWheat', 'ianmcw@hotmail.com', 'm');
                                                                                                der = 'm' THEN
   WHERE WOD2F.Category = in_
                                                                                                0 WOD2M (Ath_id) VALUES (NEW.Ath_id);
                           INSERT INTO Ath_Gym
   in WOD='2M'
                           (Ath_id, Gym_id)
                           VALUES
                           (61, 7),
                                                                                                 Ath3
                           (62, 7);
   WHERE WOD2M.Category = in_category;
```