

# Machine Learning Foundations

## (機器學習基石)



### Lecture 14: Regularization

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# Roadmap

- 1 When Can Machines Learn?
- 2 Why Can Machines Learn?
- 3 How Can Machines Learn?
- 4 How Can Machines Learn **Better**?

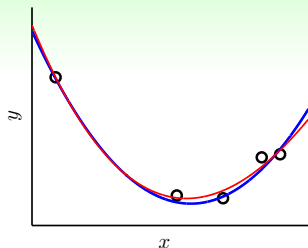
## Lecture 13: Hazard of Overfitting

overfitting happens with **excessive power**,  
**stochastic/deterministic noise**, and **limited data**

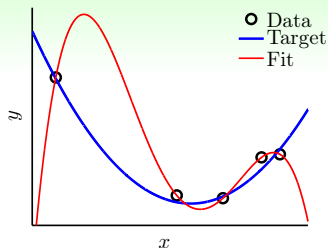
## Lecture 14: Regularization

- Regularized Hypothesis Set
- Weight Decay Regularization
- Regularization and VC Theory
- General Regularizers

# Regularization: The Magic

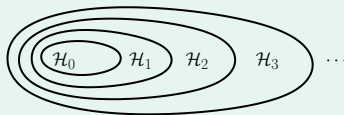


'regularized fit'



overfit

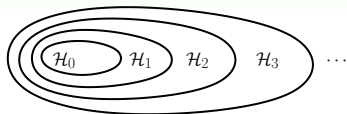
- idea: 'step back' from  $\mathcal{H}_{10}$  to  $\mathcal{H}_2$



- name history: function approximation for **ill-posed problems**

how to step back?

# Stepping Back as Constraint



$Q$ -th order polynomial **transform** for  $x \in \mathbb{R}$ :

$$\Phi_Q(x) = (1, x, x^2, \dots, x^Q)$$

+ **linear regression**, denote  $\tilde{\mathbf{w}}$  by  $\mathbf{w}$

hypothesis  $\mathbf{w}$  in  $\mathcal{H}_{10}$ :  $w_0 + w_1 x + w_2 x^2 + w_3 x^3 + \dots + w_{10} x^{10}$

hypothesis  $\mathbf{w}$  in  $\mathcal{H}_2$ :  $w_0 + w_1 x + w_2 x^2$

that is,  $\mathcal{H}_2 = \mathcal{H}_{10}$  AND 'constraint that  $w_3 = w_4 = \dots = w_{10} = 0$ '

做约束

step back = **constraint**

# Regression with Constraint

$$\mathcal{H}_{10} \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right\}$$

regression with  $\mathcal{H}_{10}$ :

$$\min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w})$$

$$\mathcal{H}_2 \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right. \\ \left. \text{while } w_3 = w_4 = \dots = w_{10} = 0 \right\}$$

regression with  $\mathcal{H}_2$ :

$$\begin{aligned} \min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w}) \\ \text{s.t.} \quad w_3 = w_4 = \dots = w_{10} = 0 \end{aligned}$$

step back = **constrained optimization** of  $E_{\text{in}}$

why don't you just use  $\mathbf{w} \in \mathbb{R}^{2+1}$ ? :-)

我們之所以跨出這一步的目的是希望 能夠拓展我們的視野，讓我們在推導後面的問題的時候 會變得容易一些

Regression with **Looser** Constraint

$$\mathcal{H}_2 \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right. \\ \left. \text{while } w_3 = \dots = w_{10} = 0 \right\}$$

regression with  $\mathcal{H}_2$ :

$$\min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w})$$

$$\text{s.t. } w_3 = \dots = w_{10} = 0$$

$$\mathcal{H}'_2 \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right. \\ \left. \text{while } \geq 8 \text{ of } w_q = 0 \right\}$$

regression with  $\mathcal{H}'_2$ :

$$\min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w})$$

$$\text{s.t. } \sum_{q=0}^{10} \mathbb{I}[w_q \neq 0] \leq 3$$

- more flexible than  $\mathcal{H}_2$ :  $\mathcal{H}_2 \subset \mathcal{H}'_2$
- less risky than  $\mathcal{H}_{10}$ :  $\mathcal{H}'_2 \subset \mathcal{H}_{10}$

bad news for sparse hypothesis set  $\mathcal{H}'_2$ :

**NP-hard to solve :-)**

## Regression with Softer Constraint

$$\mathcal{H}'_2 \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right. \\ \left. \text{while } \geq 8 \text{ of } w_q = 0 \right\}$$

regression with  $\mathcal{H}'_2$ :

$$\min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w}) \text{ s.t. } \sum_{q=0}^{10} \mathbb{I}[w_q \neq 0] \leq 3$$

$$\mathcal{H}(C) \equiv \left\{ \mathbf{w} \in \mathbb{R}^{10+1} \right. \\ \left. \text{while } \|\mathbf{w}\|^2 \leq C \right\}$$

regression with  $\mathcal{H}(C)$ :

$$\min_{\mathbf{w} \in \mathbb{R}^{10+1}} E_{\text{in}}(\mathbf{w}) \text{ s.t. } \sum_{q=0}^{10} w_q^2 \leq C$$

- $\mathcal{H}(C)$ : overlaps but not exactly the same as  $\mathcal{H}'_2$

- soft and smooth structure over  $C \geq 0$ :

$$\mathcal{H}(0) \subset \mathcal{H}(1.126) \subset \dots \subset \mathcal{H}(1126) \subset \dots \subset \mathcal{H}(\infty) = \mathcal{H}_{10}$$

regularized hypothesis  $\mathbf{w}_{\text{REG}}$ :  
 optimal solution from  
 regularized hypothesis set  $\mathcal{H}(C)$

# Fun Time

For  $Q \geq 1$ , which of the following hypothesis (weight vector  $\mathbf{w} \in \mathbb{R}^{Q+1}$ ) is not in the regularized hypothesis set  $\mathcal{H}(1)$ ?

①  $\mathbf{w}^T = [0, 0, \dots, 0]$

②  $\mathbf{w}^T = [1, 0, \dots, 0]$

③  $\mathbf{w}^T = [1, 1, \dots, 1]$

④  $\mathbf{w}^T = \left[ \sqrt{\frac{1}{Q+1}}, \sqrt{\frac{1}{Q+1}}, \dots, \sqrt{\frac{1}{Q+1}} \right]$



# Fun Time

For  $Q \geq 1$ , which of the following hypothesis (weight vector  $\mathbf{w} \in \mathbb{R}^{Q+1}$ ) is not in the regularized hypothesis set  $\mathcal{H}(1)$ ?

- ①  $\mathbf{w}^T = [0, 0, \dots, 0]$
- ②  $\mathbf{w}^T = [1, 0, \dots, 0]$
- ③  $\mathbf{w}^T = [1, 1, \dots, 1]$
- ④  $\mathbf{w}^T = \left[ \sqrt{\frac{1}{Q+1}}, \sqrt{\frac{1}{Q+1}}, \dots, \sqrt{\frac{1}{Q+1}} \right]$

Reference Answer: ③

The squared length of  $\mathbf{w}$  in ③ is  $Q + 1$ , which is not  $\leq 1$ .

# Matrix Form of Regularized Regression Problem

$$\begin{aligned}
 \min_{\mathbf{w} \in \mathbb{R}^{Q+1}} \quad & E_{\text{in}}(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^N (\mathbf{w}^T \mathbf{z}_n - y_n)^2 \\
 & \underbrace{\hspace{10em}}_{(\mathbf{Z}\mathbf{w} - \mathbf{y})^T (\mathbf{Z}\mathbf{w} - \mathbf{y})} \\
 \text{s.t.} \quad & \underbrace{\sum_{q=0}^Q w_q^2}_{\mathbf{w}^T \mathbf{w}} \leq C
 \end{aligned}$$

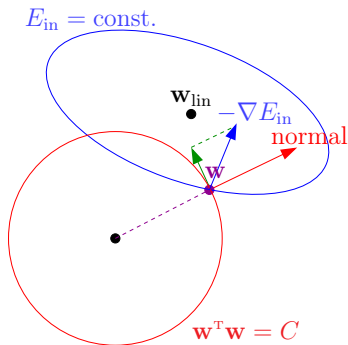
- $\sum_n \dots = (\mathbf{Z}\mathbf{w} - \mathbf{y})^T (\mathbf{Z}\mathbf{w} - \mathbf{y})$ , **remember? :-)**
- $\mathbf{w}^T \mathbf{w} \leq C$ : feasible  $\mathbf{w}$  within a radius- $\sqrt{C}$  hypersphere

how to solve  
constrained optimization problem?

# The Lagrange Multiplier

$$\min_{\mathbf{w} \in \mathbb{R}^{Q+1}} E_{\text{in}}(\mathbf{w}) = \frac{1}{N}(\mathbf{Z}\mathbf{w} - \mathbf{y})^T(\mathbf{Z}\mathbf{w} - \mathbf{y}) \text{ s.t. } \mathbf{w}^T \mathbf{w} \leq C$$

- decreasing direction:  $-\nabla E_{\text{in}}(\mathbf{w})$ , **remember? :-)**
- normal** vector of  $\mathbf{w}^T \mathbf{w} = C$ :  $\mathbf{w}$
- if  $-\nabla E_{\text{in}}(\mathbf{w})$  and  $\mathbf{w}$  not parallel: can **decrease**  $E_{\text{in}}(\mathbf{w})$  **without violating the constraint**
- at optimal solution  $\mathbf{w}_{\text{REG}}$ ,  
 $-\nabla E_{\text{in}}(\mathbf{w}_{\text{REG}}) \propto \mathbf{w}_{\text{REG}}$



want: find **Lagrange multiplier**  $\lambda > 0$  and  $\mathbf{w}_{\text{REG}}$   
 such that  $\nabla E_{\text{in}}(\mathbf{w}_{\text{REG}}) + \frac{2\lambda}{N} \mathbf{w}_{\text{REG}} = \mathbf{0}$

# Augmented Error

- if **oracle** tells you  $\lambda > 0$ , then

solving 
$$\nabla E_{\text{in}}(\mathbf{w}_{\text{REG}}) + \frac{2\lambda}{N} \boxed{\mathbf{w}_{\text{REG}}} = \mathbf{0}$$

$$\frac{2}{N} (Z^T Z \mathbf{w}_{\text{REG}} - Z^T \mathbf{y}) + \frac{2\lambda}{N} \boxed{\mathbf{w}_{\text{REG}}} = \mathbf{0}$$

- optimal solution:

$$\mathbf{w}_{\text{REG}} \leftarrow (Z^T Z + \lambda \mathbf{I})^{-1} Z^T \mathbf{y}$$

—called **ridge regression** in Statistics

岭回归

minimizing **unconstrained**  $E_{\text{aug}}$  effectively  
minimizes some **C-constrained**  $E_{\text{in}}$

# Augmented Error

- if **oracle** tells you  $\lambda > 0$ , then

solving 
$$\nabla E_{\text{in}}(\mathbf{w}_{\text{REG}}) + \frac{2\lambda}{N} \boxed{\mathbf{w}_{\text{REG}}} = \mathbf{0}$$

equivalent to minimizing

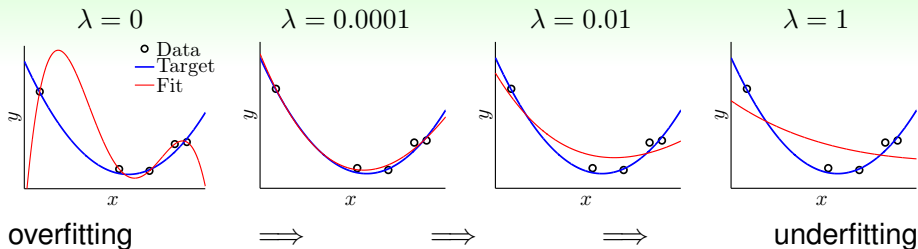
$$\underbrace{E_{\text{in}}(\mathbf{w})}_{\text{augmented error } E_{\text{aug}}(\mathbf{w})} + \underbrace{\frac{\lambda}{N} \mathbf{w}^T \mathbf{w}}_{\text{regularizer}}$$

- regularization with **augmented error** instead of **constrained**  $E_{\text{in}}$

$$\mathbf{w}_{\text{REG}} \leftarrow \underset{\mathbf{w}}{\text{argmin}} E_{\text{aug}}(\mathbf{w}) \text{ for given } \lambda > 0 \text{ or } \lambda = 0$$

minimizing **unconstrained**  $E_{\text{aug}}$  effectively  
minimizes some **C-constrained**  $E_{\text{in}}$

# The Results



philosophy: *a little regularization goes a long way!*

call ' $+\frac{\lambda}{N}\mathbf{w}^T\mathbf{w}$ ' **weight-decay** regularization:

larger  $\lambda$

$\iff$  prefer shorter  $\mathbf{w}$

$\iff$  effectively smaller  $C$

—go with 'any' transform + linear model

# Some Detail: Legendre Polynomials

$$\min_{\mathbf{w} \in \mathbb{R}^{Q+1}} \frac{1}{N} \sum_{n=0}^N (\mathbf{w}^T \boldsymbol{\Phi}(x_n) - y_n)^2 + \frac{\lambda}{N} \sum_{q=0}^Q w_q^2$$

naïve polynomial **transform**:

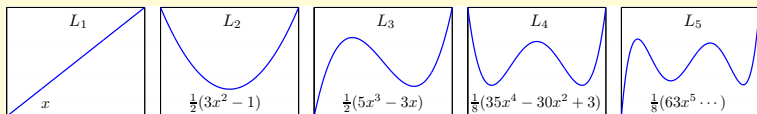
$$\boldsymbol{\Phi}(\mathbf{x}) = (1, x, x^2, \dots, x^Q)$$

—when  $x_n \in [-1, +1]$ ,  $x_n^q$  really small, needing large  $w_q$

normalized polynomial **transform**:

$$(1, L_1(x), L_2(x), \dots, L_Q(x))$$

—‘orthonormal basis functions’ called **Legendre polynomials**



# Fun Time

When would  $\mathbf{w}_{\text{REG}}$  equal  $\mathbf{w}_{\text{LIN}}$ ?

- 1  $\lambda = 0$
- 2  $C = \infty$
- 3  $C \geq \|\mathbf{w}_{\text{LIN}}\|^2$
- 4 all of the above



# Fun Time

When would  $\mathbf{w}_{\text{REG}}$  equal  $\mathbf{w}_{\text{LIN}}$ ?

- ①  $\lambda = 0$
- ②  $C = \infty$
- ③  $C \geq \|\mathbf{w}_{\text{LIN}}\|^2$
- ④ all of the above

Reference Answer: ④

① and ② shall be easy; ③ means that there are effectively no constraint on  $\mathbf{w}$ , hence the equivalence.

# Regularization and VC Theory

Regularization by  
Constrained-Minimizing  $E_{\text{in}}$

$$\min_{\mathbf{w}} E_{\text{in}}(\mathbf{w}) \text{ s.t. } \mathbf{w}^T \mathbf{w} \leq C$$



VC Guarantee of  
Constrained-Minimizing  $E_{\text{in}}$

$$E_{\text{out}}(\mathbf{w}) \leq E_{\text{in}}(\mathbf{w}) + \Omega(\mathcal{H}(C))$$



$C$  equivalent to some  $\lambda$

Regularization by  
Minimizing  $E_{\text{aug}}$

$$\min_{\mathbf{w}} E_{\text{aug}}(\mathbf{w}) = E_{\text{in}}(\mathbf{w}) + \frac{\lambda}{N} \mathbf{w}^T \mathbf{w}$$

minimizing  $E_{\text{aug}}$ : indirectly getting VC  
guarantee **without confining to  $\mathcal{H}(C)$**

# Another View of Augmented Error

## Augmented Error

$$E_{\text{aug}}(\mathbf{w}) = E_{\text{in}}(\mathbf{w}) + \frac{\lambda}{N} \mathbf{w}^T \mathbf{w}$$

## VC Bound

$$E_{\text{out}}(\mathbf{w}) \leq E_{\text{in}}(\mathbf{w}) + \Omega(\mathcal{H})$$

- regularizer  $\mathbf{w}^T \mathbf{w}$  : complexity of a single hypothesis
- generalization price  $\Omega(\mathcal{H})$ : complexity of a hypothesis set
- if  $\frac{\lambda}{N} \Omega(\mathbf{w})$  'represents'  $\Omega(\mathcal{H})$  well,  
 $E_{\text{aug}}$  is a better proxy of  $E_{\text{out}}$  than  $E_{\text{in}}$

minimizing  $E_{\text{aug}}$ :

(heuristically) operating with the better proxy;  
(technically) enjoying flexibility of whole  $\mathcal{H}$

# Effective VC Dimension

$$\min_{\mathbf{w} \in \mathbb{R}^{\tilde{d}+1}} E_{\text{aug}}(\mathbf{w}) = E_{\text{in}}(\mathbf{w}) + \frac{\lambda}{N} \Omega(\mathbf{w})$$

- model complexity?

$d_{\text{VC}}(\mathcal{H}) = \tilde{d} + 1$ , because  $\{\mathbf{w}\}$  ‘**all considered**’ during minimization

- $\{\mathbf{w}\}$  ‘**actually needed**’:  $\mathcal{H}(\mathcal{C})$ , with some  $\mathcal{C}$  equivalent to  $\lambda$

- $d_{\text{VC}}(\mathcal{H}(\mathcal{C}))$ :

effective VC dimension  $d_{\text{EFF}}(\mathcal{H}, \underbrace{\mathcal{A}}_{\min E_{\text{aug}}})$

explanation of regularization:

$d_{\text{VC}}(\mathcal{H})$  large,

while  $d_{\text{EFF}}(\mathcal{H}, \mathcal{A})$  small if  $\mathcal{A}$  regularized

# Fun Time

Consider the weight-decay regularization with regression. When increasing  $\lambda$  in  $\mathcal{A}$ , what would happen with  $d_{\text{EFF}}(\mathcal{H}, \mathcal{A})$ ?

- ①  $d_{\text{EFF}} \uparrow$
- ②  $d_{\text{EFF}} \downarrow$
- ③  $d_{\text{EFF}} = d_{\text{VC}}(\mathcal{H})$  and does not depend on  $\lambda$
- ④  $d_{\text{EFF}} = 1126$  and does not depend on  $\lambda$

# Fun Time

Consider the weight-decay regularization with regression. When increasing  $\lambda$  in  $\mathcal{A}$ , what would happen with  $d_{\text{EFF}}(\mathcal{H}, \mathcal{A})$ ?

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- ④  $d_{\text{EFF}} = 1126$  and does not depend on  $\lambda$

Reference Answer: ②

larger  $\lambda$

$\iff$  smaller  $C$

$\iff$  smaller  $\mathcal{H}(C)$

$\iff$  smaller  $d_{\text{EFF}}$

# General Regularizers $\Omega(\mathbf{w})$

want: constraint in the **'direction' of target function**

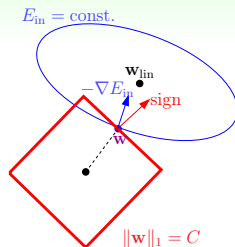
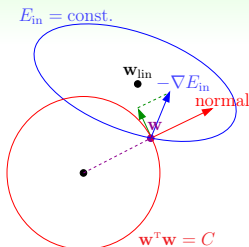
- target-dependent: some **properties** of target, if known
  - **symmetry** regularizer:  $\sum \llbracket q \text{ is odd} \rrbracket w_q^2$
- plausible: direction towards **smoother** or **simpler**  
stochastic/deterministic noise both **non-smooth**
  - **sparsity** (L1) regularizer:  $\sum |w_q|$  (next slide)
- friendly: easy to **optimize**
  - **weight-decay** (L2) regularizer:  $\sum w_q^2$
- **bad? :-)**: no worries, guard by  $\lambda$

augmented error = error  $\widehat{\text{err}}$  + regularizer  $\Omega$

regularizer: **target-dependent**, **plausible**, or **friendly**  
**ringing a bell? :-)**

error measure: **user-dependent**, **plausible**, or **friendly**

# L2 and L1 Regularizer



## L2 Regularizer

$$\Omega(\mathbf{w}) = \sum_{q=0}^Q w_q^2 = \|\mathbf{w}\|_2^2$$

- convex, differentiable everywhere
- easy to optimize

## L1 Regularizer

$$\Omega(\mathbf{w}) = \sum_{q=0}^Q |w_q| = \|\mathbf{w}\|_1$$

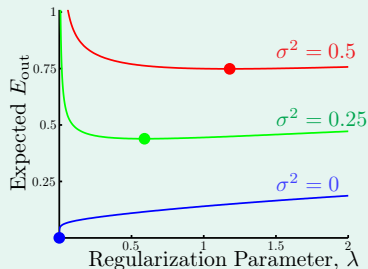
- convex, **not** differentiable everywhere
- sparsity** in solution

L1 useful if needing **sparse solution**

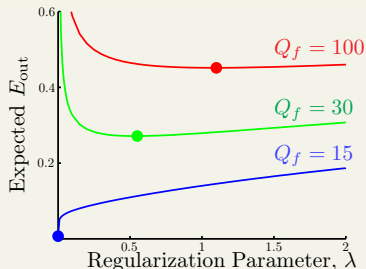


# The Optimal $\lambda$

## stochastic noise



## deterministic noise



- more noise  $\iff$  more regularization needed  
—more bumpy road  $\iff$  putting brakes more
- noise **unknown**—important to **make proper choices**

how to choose?

**stay tuned for the next lecture! :-)**

# Fun Time

Consider using a regularizer  $\Omega(\mathbf{w}) = \sum_{q=0}^Q 2^q w_q^2$  to work with Legendre polynomial regression. Which kind of hypothesis does the regularizer prefer?

- ① symmetric polynomials satisfying  $h(x) = h(-x)$
- ② low-dimensional polynomials
- ③ high-dimensional polynomials
- ④ no specific preference

# Fun Time

Consider using a regularizer  $\Omega(\mathbf{w}) = \sum_{q=0}^Q 2^q w_q^2$  to work with Legendre polynomial regression. Which kind of hypothesis does the regularizer prefer?

- ① symmetric polynomials satisfying  $h(x) = h(-x)$
- ② low-dimensional polynomials
- ③ high-dimensional polynomials
- ④ no specific preference

**Reference Answer:** ②

There is a higher ‘penalty’ for higher-order terms, and hence the regularizer prefers low-dimensional polynomials.

# Summary

- 1 When Can Machines Learn?
- 2 Why Can Machines Learn?
- 3 How Can Machines Learn?
- 4 How Can Machines Learn **Better**?

## Lecture 13: Hazard of Overfitting

## Lecture 14: Regularization

- Regularized Hypothesis Set  
**original  $\mathcal{H}$  + constraint**
- Weight Decay Regularization  
**add  $\frac{\lambda}{N} \mathbf{w}^T \mathbf{w}$  in  $E_{\text{aug}}$**
- Regularization and VC Theory  
**regularization decreases  $d_{\text{EFF}}$**
- General Regularizers  
**target-dependent, [plausible], or [friendly]**

- **next: choosing from the so-many models/parameters**