

The background of the entire page is a light gray with a fine, repeating pattern of small white dots. Scattered around the central text are various stylized illustrations of autumn leaves and branches. These include solid orange leaves, green leaves with orange veins, and some leaves with green outlines. The leaves vary in shape, from simple ovals to more complex, multi-lobed forms. Some are shown as whole leaves, while others are just branches with leaves.

# My journal

Yuna Sakai



# September

Describe your day...

I can't believe I'm writing this, but I think I might be pregnant. I've felt strange for the last couple of weeks nausea, fatigue, and just an overall sense that something is different. At first, I thought it was just stress from everything going on, but now I'm starting to feel like I need to face the truth. I took a test this morning. I was shaking as I waited for the results. When I saw that second line, my heart dropped. Part of me wanted to scream, while another part just felt numb. I can't help but think about what this means for my future, for Derek and me.

I know he loves me, but he's also married to olivia. I can't help but wonder if this will ruin everything for us. I wish I could feel happy about this news, but instead, I feel scared and alone. What if he decides that he can't handle the pressure? What if he chooses olivia over me?

And then there's Ethan. I've been with him for a while now, and I care about him deeply. But with everything happening, I can't help but feel conflicted. I love being with Ethan, but I'm also drawn to Derek in a way I can't ignore. What will Ethan say if I'm having Derek's child? How can I explain this to him?