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This document applies to the following Participating Organizations:

EHP US Family Health Plan

**Keywords**: Carrier, Genetic, Preimplantation, Prenatal

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# I. ACTION

	New Policy	
X	Revising Policy Number	CMS07.03
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# II. POLICY DISCLAIMER

Johns Hopkins Health Plans (JHHP) provides a full spectrum of health care products and services for Advantage MD, Employer Health Programs, Johns Hopkins Health Plan of Virginia Inc., Priority Partners, and US Family Health Plan. Each line of business possesses its own unique contract, benefits, regulations, and regulators' clinical guidelines that supersede the information outlined in this policy.

# III. POLICY

Cross Reference:

• CMS04.03 Pharmacogenomics

For Advantage MD, refer to: eviCore Guidelines

For Employer Health Programs (EHP) refer to:

• Plan specific Summary Plan Descriptions (SPDs)

For Johns Hopkins Health Plan of Virginia Inc. (JHHPVA) refer to: eviCore Guidelines

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For Priority Partners (PPMCO) refer to: eviCore Guidelines

For US Family Health Plan refer to: Tricare Policy Manuals

- TRICARE Policy Manual 6010.63-M, April 1, 2021, Chapter 6, Section 3.1 Genetic Testing and Counseling
- TRICARE Policy Manual 6010.63-M, April 1, 2021, Chapter 4, Section 18.1 Maternity Care
- TRICARE Policy Manual 6010.63-M, April 1, 2021, Chapter 4, Section 18.2 Antepartum Services
- TRICARE Operations Manual 6010.62-M, April 1, 2021, Chapter 18, Section 2 Defense Health Agency (DHA)
   Evaluation Of Non-United States (U.S.) Food and Drug Administration (FDA) Approved Laboratory Developed Tests (LDTs) Demonstration Project

## IV. POLICY CRITERIA

A. When benefits are provided under the member's contract, JHHP considers genetic and genomic testing to be medically necessary when the <u>Universal Requirements in section B</u> AND the <u>Specific Genetic Test Category Criteria in section C</u> (if available) are met:

#### B. <u>Universal Requirements</u>:

- 1. All genetic tests must be ordered by a treating specialist physician (e.g., neurologist, cardiologist, OB/GYN, clinical geneticist), a nurse practitioner or physician assistant working with a specialist physician, or genetic counselor practicing within the scope of their license, who will ensure that the medical necessity criteria below are met (For USFHP, genetic counselors are not ordering providers), AND;
- 2. The requested genetic test is as targeted as possible for the clinical situation and is performed for ONE of the following reasons:
  - a. For the diagnosis of genetic disease in a symptomatic individual (diagnostic), OR;
  - b. For the determination of future risk of suspected disease (presymptomatic/predictive), OR;
  - c. For the detection of risks of specific diseases to future children (carrier status, prenatal, pre-implantation), AND:
- 3. Supporting documentation submitted for utilization review must include the following:
  - a. Test specific information:
    - i. Proprietary test name(s)/gene names(s), and applicable CPT codes, AND;
    - ii. Name of laboratory performing the test and name of billing provider (if institutional/facility billing, indicate name of the performing laboratory), AND;
  - b. Clinical documentation submitted to support medical necessity reflects the following:
    - i. Clinical rationale for genetic testing, AND;
    - ii. Result of the test will directly impact the management of the member (e.g., treatment, screening, or surveillance), or member's current pregnancy, AND;
    - iii. The member or parent/guardian received genetic counseling regarding possible outcomes (positive or negative results) and a suggested plan of action by a healthcare professional with expertise in genetics, AND;
  - c. Documentation indicating the requested test has adequate clinical validity and utility based on ONE of the following:
    - Genetic testing for requested indication is supported by well-recognized professional societies or government organizations (e.g., <u>American College of Obstetrician and Gynecologists (ACOG)</u>, <u>American College of Medical Genetics and Genomics (ACMG)</u>, <u>National Comprehensive Cancer Network (NCCN)</u>, <u>American Heart Association (AHA)</u>, <u>Heart Rhythm Society (HRS)</u>, <u>National Institutes of Health OR</u>;
    - ii. Genetic testing is supported by credible scientific evidence-based peer-reviewed medical literature generally recognized by the relevant medical community.
       Note: Examples of publicly available resources hosted by the National Institute of Health (NIH) include:

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- GeneReviews an international point-of-care resource that provides clinically relevant and medically actionable information for inherited conditions (clinical characteristics, diagnosis, testing, and management)
- <u>Clinical Genome Resource (ClinGen)</u>: a central resource that defines the clinical relevance of genes and variants (search for gene-disease validity and actionability [clinical intervention]; search by gene[s] or disease)
- OMIM<sup>®</sup>: a comprehensive compendium of human genes and genetic phenotypes containing full-text information on all known Mendelian disorders (resource is updated daily)
- PDQ® Cancer Information Summaries, Genetics: a cancer database developed and maintained by the U.S. National Cancer Institute (NCI). The PDQ is a comprehensive source of cancer information, including cancer risk assessment and genes associated with hereditary cancers, OR;
- iii. Genetic tests that have received a Hayes rating of A or B for specific indication(s) requested by the ordering provider, AND;
- 4. The member has not had the requested genetic test done previously (genetic testing is indicated once per lifetime per condition). Exceptions may be considered if:
  - Technical advances in testing demonstrate significant advantages that would support a medical need to retest,
     OR;
  - b. New pathologic familial variant is identified in an immediate blood relative and the member has not yet been tested, OR;
  - c. There is a relapse of cancer or failure of cancer treatment and a new sample of primary tumor will be examined.
- 5. Unless specific benefits are provided under the member's contract, JHHP considers the following genetic tests experimental and investigational for all indications as they do not meet the Technology Evaluation Criteria (TEC) as defined in CMS01.00 Medical Policy Introduction: (*not all-inclusive*)
  - a. Genetic tests that have received a Hayes Rating of D1 or D2, OR;
  - b. Genetic testing for polymorphisms (e.g., C677T and A1298C) in the MTHFR gene, OR;
  - c. Genetic testing for single nucleotide polymorphisms (SNPs), OR;
  - d. Polygenic risk score testing, OR;
  - e. Direct-to-consumer genetic tests (e.g., 23andMe PGS Genetic Health Risk Report, 23andMe Personal Genome Service (PGS), 23andMe MUTYH-Associated Polyposis (MAP), AncestryDNA Factor V Leiden Genetic Health Risk Test), OR;
  - f. Optical genome mapping.
- C. Specific Genetic Test Category Criteria:
  - 1. Diagnostic testing in a symptomatic individual:
    - a. Clinical presentation is consistent with a certain or highly probable genetic etiology, OR;
    - b. Newborn screening results are positive, borderline, or inconclusive for a specific disorder for which confirmatory genetic testing is required.
  - 2. Predictive testing in an asymptomatic individual:
    - a. Individual is at increased risk of developing cancer or multifactorial genetic disorder (e.g., cardiomyopathy, pulmonary hypertension) due to family history, AND;
    - b. Presence of genetic variant(s) is highly predictive for the development of the genetic condition, AND;
    - c. The results will be used for clinical management or recommendations for surveillance, AND;
    - d. Development of symptoms is certain in the presence of a gene mutation (e.g., Huntington's disease, spinocerebellar ataxia, APC gene), OR;
    - e. Development of symptoms is likely but not certain in the presence of a gene mutation (e.g., predisposition to breast cancer [BRCA gene] or colon cancer [e.g., MSH2 or MSH6 gene]).

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- 3. *Carrier status testing:* Preconception or prenatal carrier testing for an individual who has the capacity and intention to reproduce is considered medically necessary when the following criteria are met:
  - a. Routine screening when mandated by governmental organizations and/or recommended by well-recognized professional societies in the United States (e.g., routine screening for cystic fibrosis and spinal muscular atrophy as recommended by the American College of Obstetricians and Gynecologists ([ACOG]), OR;
  - b. Carrier screening based on family history of a genetic condition:
    - i. Genetic testing is for disease-causing (pathogenic or likely pathogenic) variant(s) with a well-defined phenotype that would have a detrimental effect on health and/or quality of life (e.g., cause cognitive or physical impairment, require surgical or medical intervention), AND;
    - ii. The member is at risk of being a carrier of a genetic condition due to family history (e.g., Fragile-X Syndrome), ethnicity (e.g., Ashkenazi Jewish, African descent), or abnormal laboratory findings (e.g., hemoglobinopathies), OR;
    - iii. The member's reproductive partner is affected or a known carrier of a genetic condition, OR;
    - iv. There is a known disease-causing (pathogenic or likely pathogenic) variant(s) in a blood relative (known familial mutation), OR;
    - v. Genetic diagnosis has been clinically confirmed in an affected blood relative, but genetic testing was not or could not be done, OR;
    - vi. Family history and/or ethnicity of a member or reproductive partner is unknown, AND;
  - c. Genetic testing should be tailored and limited to the number of genes or tests reasonably necessary to establish carrier status when the carrier frequency is one in 100 or greater (e.g., Ashkenazi Jewish multi-gene panel carrier screening is limited to conditions specified by the ACMG and/or ACOG), AND;
  - d. Carrier testing is indicated only in adults. Carrier screening in minor children for adult-onset genetic conditions is not indicated, except in the case of a pregnancy of a minor child.
- 4. Prenatal screening and diagnosis:
  - a. Noninvasive Prenatal Testing (NIPT) is considered medically necessary when it is ordered by a qualified specialist provider (e.g., OB/GYN, maternal fetal medicine) and is in accordance with the most current recommendations by ACOG.
  - b. Prenatal diagnostic genetic testing of a fetus is medically necessary for any pregnant person undergoing amniocentesis or chorionic villus sampling (CVS) for the diagnosis of a genetic condition/suspected fetal aneuploidy in accordance with ACOG recommendations.
- 5. Preimplantation Genetic Diagnostic (PGD) testing of an embryo: When benefits for advanced reproductive technologies (ART), including but not limited to in-vitro fertilization (IVF), are available, JHHP considers preimplantation diagnostic genetic testing medically necessary when ANY of the following criteria are met:
  - a. PGT for Monogenic/single gene defects (PGT-M):
    - 1. Both partners (or member and donor) are known carriers of a single autosomal recessive disorder, OR;
    - 2. One partner (or donor) is a known carrier of a single gene autosomal recessive disorder and the partners (or member and donor) have one offspring that has been diagnosed with that recessive disorder, OR;
    - 3. One partner (or donor) is affected by a single gene autosomal dominant disorder, OR;
    - 4. One partner (or donor) is a known carrier of an X-linked disorder, OR;
    - 5. One partner (or donor) has a 50% risk of having a single gene autosomal dominant disorder based on having an affected parent, but has chosen to forego pre-symptomatic testing as no treatment is available.
  - b. PGD for Structural Chromosome Rearrangements (PGT-SR):
    - 1. One partner (or donor) has a known balanced or unbalanced translocation or known deletion/duplication.
  - c. Unless specific benefits are provided under the member's contract, JHHP considers preimplantation genetic testing for an euploidy (PGT-A) not medically necessary for ALL indications.
- 6. Hereditary cancer syndromes and cancer susceptibility:
  - a. An individual diagnosed with cancer suspected to be caused by an inherited pathogenic variant(s), OR;

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- b. An unaffected individual at risk of developing cancer due to family history, AND;
- c. The corresponding NCCN Guidelines™ criteria must be met.
- 7. Germline testing, after a somatic variant is identified through the evaluation of solid or hematologic malignancy:
  - a. The gene/variant detected through tumor profiling is pathogenic or likely pathogenic and the test is to identify a potential hereditary etiology for the person's tumor, AND;
  - b. The variant identified has a high rate of germline incidence based on gene and tumor type and/or family history (e.g., BRCA1/2, TP53, APC, CDH1 genes), AND;
  - c. The corresponding NCCN Guidelines<sup>TM</sup> or other published evidence-based clinical criteria for management (e.g., early cancer screening, lifestyle changes, prophylactic medications) must be met.
- 8. Genetic testing for heritable disorders of non-covered relatives:
  - a. The information is needed to adequately assess risk in the JHHP member, AND;
  - The information will directly impact the current specific medical treatment being delivered to the JHHP member, AND;
  - c. The non-JHHP member's benefit plan, if any, will not cover the test (a copy of the denial letter from the non-JHHP member's benefit plan must be provided or, in the case of individuals without a health insurance policy, a written statement documenting a lack of coverage).

## 9. *Multi-gene panel:*

- a. Multiple genes are known to cause the same condition and a limited subset of genes does not account for the majority of disease-causing mutations (e.g., Noonan syndrome, Stickler syndrome), OR;
- b. The clinical presentation is highly suspicious of a genetic disorder, but the constellation of findings in the personal or family history does not suggest a specific diagnosis or limited set of conditions (e.g., epilepsy, intellectual disability, hearing loss, retinal disorders), AND;
- c. Only one multi-gene panel should be requested at one time. Multi-gene panel testing should be performed in a tiered fashion with independent justification for each panel requested.
- 10. Whole Exome Sequencing (WES):
  - a. The member is suspected to have a genetic disorder that demonstrates a high degree of genetic heterogeneity or with a phenotype or phenotypes, (e.g., intellectual disability, seizures, multiple congenital anomalies), AND;
  - b. The clinical presentation does not fit a well-defined genetic syndrome that can be diagnosed by a single gene or multi-gene panel, AND;
  - c. Documentation of pretest genetic counseling by a board-certified genetic counselor or geneticist, AND
  - d. WES is more efficient and cost-effective than a single-gene or multi-gene panel based on the diagnosis.
- 11. Whole Genome Sequencing (WGS): (Requires Medical Director review)
  - a. The member has been evaluated by a board-certified genetic provider, AND;
  - b. The test is intended for diagnostic use and the results are expected to affect clinical decision making (guiding treatment, surveillance, initiation or withdrawal of palliative care), AND;
  - c. The member presents with a complex genetic phenotype suggestive of a rare genetic condition, which may include unexplained developmental disabilities, intellectual disability or multiple congenital anomalies, AND;
  - d. The clinical presentation does not fit a well-defined genetic condition that can be diagnosed by standard clinical workup, including single-gene or multi-gene panel testing, AND;
  - e. WGS test is more practical than a sequential genetic testing approach (e.g., eliminating lower-yield or potentially unnecessary testing, reducing the financial and psychological impact of diagnostic uncertainty), which may allow identification of a molecularly confirmed diagnosis in a more timely manner, AND;
  - f. The clinical presentation is consistent with a condition in which non-coding variants in multiple genes are known to contribute to the etiology of the presentation (e.g., refractory or very-early onset inflammatory bowel disease, autoinflammatory disorders, multiple congenital anomalies), making WES not an appropriate option.
- 12. Whole mitochondrial genome sequencing:

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- a. When benefits are available, JHHP considers whole mitochondrial genome sequencing medically necessary when performed in cases of suspected mitochondrial disease.
- 13. Chromosome analysis (karyotype):
  - a. A woman with a history of previous unexplained stillbirth or repeated (3 or more; 2 or more among infertile couples) first trimester miscarriages, OR;
  - b. A man whose partner has a history of previous unexplained stillbirth or repeated (3 or more; 2 or more among infertile couples) first trimester miscarriages, OR;
  - c. A man or woman with a first, second, or third-degree relative with an abnormal chromosome arrangement (translocation or inversion), OR;
  - d. One of the following diagnoses is suspected: Turner Syndrome, Down Syndrome (trisomy 21), Klinefelter Syndrome, Trisomy X Syndrome, Edwards Syndrome (trisomy 18), Patau Syndrome (trisomy 13), OR;
  - e. One of the following diagnoses was identified by chromosome microarray (CMA): Turner Syndrome, Down Syndrome (trisomy 21), Klinefelter Syndrome, Trisomy X Syndrome, Edwards Syndrome (Trisomy 18), Patau Syndrome (trisomy 13), copy number variant suggestive of a structural chromosome abnormality (i.e., unbalanced translocation, supernumerary chromosome, or inversion), OR;
  - f. The parent of a child with a chromosomal abnormality, OR;
  - g. A fetus with an increased risk for an uploidy based on prenatal screening result or ultrasound findings, OR;
  - h. Males with azoospermia or severe oligospermia, OR;
  - i. Females with ovarian failure.
- 14. Chromosome Microarray (CMA):
  - a. A member with unexplained developmental delay/intellectual disability, OR;
  - b. A member with Autism Spectrum Disorder, OR;
  - c. A member or fetus with major congenital anomalies not specific to a well-delineated genetic syndrome, OR;
  - d. A member or fetus with an apparently isolated cardiac anomaly that is highly suggestive of a specific chromosomal condition (e.g., Tetralogy of Fallot and 22q11.2 deletion syndrome; supravalvular aortic stenosis and Williams Syndrome), OR;
  - e. A member or fetus with a first-degree family member with a chromosomal deletion/duplication detectable only in microarray not karyotype (chromosome abnormality).
- 15. Genetic testing for Early-Onset Alzheimer's Disease (EOAD):
  - a. When benefits for Alzheimer's disease genetic testing are available, JHHP considers genetic testing for PSEN1, PSEN2, and APP (genes associated with EOAD) medically necessary in the following situations:
    - i. A symptomatic individual with EOAD in the setting of a family history of dementia or in the setting of an unknown family history (e.g., adoption), OR;
    - ii. Autosomal dominant family history of dementia with one or more cases of EOAD, OR;
    - iii. A relative with a mutation consistent with EOAD (currently PSEN1/2 or APP).
  - b. When benefits for Alzheimer's disease genetic testing are available, JHHP considers symptomatic APOE genotyping for the purposes of determining amyloid-related imaging abnormalities (ARIA) risk for patients being considered for lecanemab therapy medically necessary.
    - i. Predictive genetic testing for susceptibility genes, including APOE, is considered experimental and investigational due to limited clinical utility and poor predictive value.
  - c. Pediatric testing for AD should not occur.
  - d. Prenatal testing for AD is not advised if the patient intends to continue a pregnancy with a mutation.

#### V. DEFINITIONS

<u>Analytical Validity</u>: Refers to the laboratory assay's ability to accurately detect the presence or absence of the genetic variant of interest (McCarthy, 2019; NIH).

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Autoinflammatory diseases: A family of disorders characterized by atypical activation of inflammatory pathways in the absence of antigen-directed autoimmunity. Classically, periodic fevers are the common presenting manifestation in cases of familial Mediterranean fever (FMF), TNF receptor-1 associated periodic syndrome (TRAPS), and neonatal-onset multisystem inflammatory disorder (NOMID). However, the spectrum of autoinflammatory disorders continues to expand and now includes disorders in which recurrent fevers may be absent (e.g., deficiency of the interleukin (IL) 1 receptor antagonist (DIRA), syndrome of pyogenic sterile arthritis, pyoderma gangrenosum, and acne (PAPA), Blau syndrome (juvenile systemic granulomatosis) (Nigrovic, 2024).

<u>Clinical Utility</u>: Refers to whether the genetic testing result can provide information about diagnosis, treatment, management, or prevention of disease and improve health outcomes (NIH).

<u>Clinical Validity</u>: Refers to how well a positive genetic test result correlates with the risk of disease, drug response, or other outcomes. A clinically valid test conclusively shows the specific genetic variant increases the risk of having or developing a disease (NIH). There are two components of clinical validity: 1) scientific validity, referring to the scientifically valid association between the genetic variant and trait and predictive ability, and 2) clinical validity, which encompasses specificity, sensitivity, prevalence, penetrance, positive predictive value (PPV), and negative predictive value (NPV) of the test. (McCarthy, 2019; NIH).

<u>Exome</u>: The part of the genome that includes all coding nuclear DNA sequences. The human exome comprises approximately 180,000 exomes that are transcribed into mature RNA (GeneReviews).

Exome Sequencing: (Whole Exome Sequencing) Sequence analysis of the exons of protein-coding genes in the genome is typically performed by target enrichment or capture of exons followed by next-generation sequencing (NGS). Exome sequencing techniques have non-standardized, highly variable coverage; of particular note are regions of the exome refractory to accurate sequencing by this method (including genes with a pseudogene, highly repetitive coding regions, and large deletions and duplications). Laboratories may also include sequence analysis of some noncoding regions of the genome (e.g., promoters, highly conserved regulatory sequences) (GeneReviews).

First-Degree Relative: A parent, full sibling, or child of an individual.

Genome Sequencing: (Whole Genome Sequencing) Sequence analysis of the genome including coding and noncoding regions typically performed by next-generation sequencing (NGS) of sheared genomic DNA; genome sequencing techniques have non-standardized, highly variable coverage (GeneReviews).

<u>Hayes Ratings</u>: Developed to reflect the strength of evidence, safety and efficacy of healthcare procedures, devices and interventions and their impact on health outcomes (Hayes Inc., 2021).

- A: Established benefit. Published evidence shows conclusively that safety and impact on health outcomes are comparable to or better than standard treatment/testing. Long-term safety and impact on health outcomes have been established, and other important questions concerning application of the technology have been answered.
- *B:* Some proven benefit. Published evidence indicates that safety and impact on health outcomes are at least comparable to standard treatment/testing. However, there are outstanding questions regarding long-term safety and impact on health outcomes, clinical indications, contraindications, optimal treatment/testing parameters, and/or effects in different patient subpopulations.
- *C:* Potential but unproven benefit. Some published evidence suggests that safety and impact on health outcomes are at least comparable to standard treatment/testing. However, substantial uncertainty remains about safety and/or impact on health outcomes because of poor-quality studies, sparse data, conflicting study results, and/or other concerns.

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- D1: No proven benefit and/or not safe. Published evidence shows that the technology does not improve health outcomes or patient management for the reviewed application(s) or is unsafe.
- D2: Insufficient evidence. There is insufficient published evidence to assess the safety and/or impact on health outcomes or patient management.

Immunohistochemistry (IHT): A laboratory method that uses monoclonal and polyclonal antibodies for the detection of specific antigens in tissue sections. The antibodies are usually linked to an enzyme or a fluorescent dye. After the antibodies bind to the antigen in the tissue sample, the enzyme or dye is activated, and the antigen can then be visualized under a microscope. Immunohistochemistry is used to help diagnose diseases, such as cancer. It may also be used to help tell the difference between different types of cancer (NIH).

<u>Karyotype</u>: A photographic representation of the chromosomes of a single cell, cut and arranged in pairs based on their size and banding pattern according to a standard classification (GeneReviews).

Molecular Genetic Testing: A term widely used in clinical genetics encompassing the diverse techniques used to identify the molecular basis of genetic disease. Examples of molecular genetic tests include: genotyping to detect specific pathogenic variants; sequencing of a gene to detect pathogenic variants; amplification or hybridization methods to detect copy number variants involving one or more genes; methylation-specific techniques to detect epigenetic changes that influence gene expression; and exome and genomic sequencing (GeneReviews).

<u>Multi-Gene Panel</u>: Simultaneous molecular testing of multiple genes associated with the same or similar clinical phenotypes. The genes included in the panel and the diagnostic sensitivity of the testing used for each gene vary by laboratory and over time. Methods used may include sequence analysis, deletion/duplication analysis, or other non-sequencing-based tests (GeneReviews).

<u>Polygenic Risk Score (PRG; PRS)</u>: An estimate of an individual's genetic risk for a specific polygenic phenotype that is derived from contributions of alleles at multiple loci, up to thousands. Allele-specific contributions are estimated using specialized linear regression methods. The scores are typically generated in a model-building population, then validated in additional independent test populations. PGR is synonymous with polygenic score and contrasts with genetic risk score, which calculates the contribution of the known risk alleles carried by an individual (Raby & Blank, 2024).

<u>Second-Degree Relative</u>: A relative who shares one quarter of an individual's genes (grandparent, grandchild, uncle, aunt, nephew, niece, half-sibling) (GeneReviews).

<u>Single Nucleotide Polymorphism (SNP)</u>: A polymorphism (difference in base sequence) that affects a single base pair. This terminology was previously used to refer to variation that had a population frequency of at least 1 percent. The term SNP is commonly used in research such as in genome-wide association studies (GWAS) (Raby & Blank, 2024).

<u>Technology Evaluation Criteria (TEC):</u> A service, device or supply must meet all of the following criteria:

- 1. The technology must have final approval from the appropriate government regulatory bodies for intended use
- 2. There must be sufficient scientific evidence-based studies to permit conclusions concerning the effect of the technology on health outcomes
- 3. The technology must improve the member's net health outcome
- 4. The technology must be as beneficial as any established alternatives
- 5. The improvement must be attainable outside the investigational setting

Whole Mitochondrial Genome Sequencing: Mitochondrial DNA (mtDNA) whole genome sequencing detects pathogenic point mutations and single large-scale deletions with heteroplasmy levels in the mtDNA, which contribute to mitochondrial

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dysfunction. Nuclear gene variants that may cause mitochondrial dysfunction are not detected by this analysis (Columbia University, 2024).

#### VI. BACKGROUND

The purpose of genetic testing is to determine the likelihood that an individual has or will develop a certain condition or disease phenotype, and in some cases to characterize the likely response to treatment. The factors influencing genetic testing and diagnosis are technical considerations (accuracy of testing), the existing knowledge base (certainty regarding pathogenicity of the variants identified), and biologic factors (inheritance pattern, penetrance, and expressivity) (Kohlmann & Slavotinek, 2024).

Testing can involve a single gene, a panel of genes, or the entire exome or genome. For each gene, it is possible to analyze a single variant (e.g., factor V Leiden), a panel of commonly observed variants, or the entire coding nucleotide sequence. The methods used to identify specific variants include Sanger sequencing, microarray technologies, and next-generation sequencing (NGS). Other methods include cytogenetic analysis and fluorescence in situ hybridization, which can be used to assess alterations in chromosome number or structure (Kohlmann & Slavotinek, 2024).

Carrier screening is performed on prospective parents to identify genetic risks that can be passed to offspring. Carriers themselves are unaffected but at risk of producing affected children. Increasing population intermixing confounds what people believe to be their ethnicity, thus carrier screening panels should be inclusive of diverse populations. Commercial laboratories offer test panels that screen for only a few, or up to several hundred, disorders. The majority are autosomal recessive, but some may be X-linked or autosomal dominant single gene disorders. Selection of the disorders in the panel is generally based on gene frequency and inclusion of pathogenic variants within a disorder that contribute to the highest detection of carriers (Rink, 2024).

Guidelines from professional organizations usually recommend that the condition being screened for should be a health problem associated with one or more of the following:

- Cognitive or physical impairment
- Need for surgical or medical intervention
- Decreased life expectancy
- Poor quality of life
- Prenatal diagnosis that could lead to prenatal intervention to improve perinatal outcome, delivery interventions to
  optimize newborn and infant outcome, parental education regarding special medical needs and intervention after birth
  (Rink, 2024).

The American College of Medical Genetics (ACMG) recommends routinely offering carrier screening to people with Ashkenazi Jewish descent for the following nine disorders: Tay-Sachs disease, Canavan disease, cystic fibrosis, familial dysautonomia, mucolipidosis IV, Niemann Pick disease type A, Fanconi anemia group C, Bloom Syndrome, and Gaucher disease, because of carrier detection rates ≥90% and population carrier frequency of ≥1%. The American College of Obstetricians and Gynecologists (ACOG) recommendations are to offer an expanded panel with the addition of the following five disorders: familial hyperinsulinism, glycogen storage disease type I, Joubert syndrome, maple syrup urine disease, and Usher syndrome. In addition, both the ACMG and ACOG recommend offering spinal muscular atrophy carrier screening to all pregnant people or people planning pregnancy, regardless of race or ethnicity (Roman, 2024).

Whole exome sequencing (WES) and whole genome sequencing (WGS) have built upon the advances introduced by NGS (Lapin, 2016). These techniques are reflective of the advancement in molecular biology technology – sequencing the entire

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human genome was a 12-year process in the 1990's, but it is now completed in a little more than one day (International Human Geome Sequencing Consortium, 2004). Whole mitochondrial genome sequencing is another emerging technique in which the 16,569 base pair mitochondrial genome is sequenced. Sequencing mitochondrial DNA can be a useful diagnostic tool for identifying various mitochondrial diseases, almost all of which result in neurological or neuromuscular disorders (Columbia University, 2024; Parikh et al., 2015). A current concern about performing WES and WGS on individuals is the detection of variants of unknown significance (VUS) in genes that are unrelated to the phenotype. These are gene variants about which there is currently no clear guidance regarding their clinical consequences (McDermott, 2015; Schulz, 2015). However, there is expanding evidence of advantages of exome and genome sequencing, including the ability to detect clinically significant variants in genes that were not initially considered by the clinician and the ability to effectively evaluate genetic etiology for multiple disease states with a single test (Chinn, 2024).

The ACMG 2021 Evidence-Based Clinical Guidelines recommend exome and genome sequencing to be considered as a first-or second-tier test for pediatric patients with one or more congenital anomalies with onset prior to age one year, or developmental delay or intellectual disability with onset prior to age 18 years (Manickam et al., 2021). A Position Paper from the Paediatric IBD Porto Group of the European Society of Pediatric Gastroenterology, Hepatology and Nutrition, published in 2021, has summarized their recommendations stating that genomic technologies should be considered an integral part of multidisciplinary care to investigate patients at risk for monogenic forms of inflammatory bowel disease (Uhlig et al., 2021). Acknowledging the current lack of published evidence of clinical utility for the adult population and across various ancestral groups, Shickh et al. published a systematic review suggesting that there is evidence for a higher range of diagnostic yield of exome/genome sequencing compared to standard genetic tests, particularly in neurological and acute indications (2021). The Medical Genome Initiative, a consortium of leading healthcare research organizations in the US and Canada, formed in 2020, sought to address the lack of standards and best practice recommendations for the interpretation and reporting of clinical diagnostic WGS. Their current publication, "Best practices for the interpretation and reporting of clinical whole genome sequencing" includes recommendations for analysis and reporting of VUS, emphasizing the need for open communication between ordering providers and the laboratory regarding reporting decisions, particularly for more challenging cases when there is uncertainty as to whether a finding aligns with patient phenotype (Austin-Tse et al., 2022).

Understanding and identifying changes in a patient's genome through genetic testing can aid in clinical decision-making and prove to be cost-effective. The administration of drugs to a patient as a result of genetic testing can also reduce risk/side effects while maximizing benefits. Interpretation of genetic testing results transcends many disciplines within medicine. Laboratory scientists, pathologists, genetic counselors, physicians, and nurses all collaborate to ensure accurate interpretation of results and to discuss treatment options for patients.

Alzheimer's disease is a progressive, irreversible neurodegenerative disease and the most common cause of dementia. Early-onset Alzheimer's disease (EOAD) is classified by the onset of symptoms before 65 years of age and affects approximately 250,000 Americans. EOAD genetic testing may allow patients to receive a definitive diagnosis and at-risk relatives to receive predictive testing. Currently, there are three known deterministic genes in which mutations are associated with autosomal dominant EOAD with a high penetrance: PSEN1, PSEN2, and APP. The American College of Medical Genetics (ACMG) and the National Society of Genetics Counselors (NSGC) published joint practice guidelines which provide a framework for assessing patients' genetic risk for Alzheimer disease and identifying which individuals may benefit from genetic testing. These recommendations include criteria for family history of dementia that warrant genetic testing and contexts in which testing is inappropriate, including in the pediatric population and for susceptibility genes like APOE (Goldman et al., 2011; reaffirmed 2018; Cummings et al., 2023).

# VII. CODING DISCLAIMER

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<u>Note</u>: The following CPT/HCPCS codes are included below for informational purposes and may not be all inclusive. Inclusion or exclusion of a CPT/HCPCS code(s) below does not signify or imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by the member's specific benefit plan document and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee of payment. Other policies and coverage determination guidelines may apply.

*Note:* All inpatient admissions require preauthorization.

# Adherence to the provisions in this policy may be monitored and addressed through post payment data analysis and/or medical review audits

Employer Health Programs (EHP): Specific Summary Plan Descriptions (SPDs) supersedes JHHP Medical Policy. If there are no criteria in the SPD, apply the Medical Policy criteria.

US Family Health Plan (USFHP): Regulatory guidance supersedes JHHP Medical Policy. If there are no TRICARE policies, or other regulatory guidelines, apply the Medical Policy criteria.

# VIII. CODING INFORMATION

	CPT® CODES ARE FOR INFORMATIONAL PURPOSES ONLY
CPT® CODES	DESCRIPTION
0016U	Oncology (hematolymphoid neoplasia), RNA, BCR/ABL1 major and minor breakpoint fusion transcripts, quantitative PCR amplification, blood or bone marrow, report of fusion not detected or detected with quantitation
0017U	Oncology (hematolymphoid neoplasia), JAK2 mutation, DNA, PCR amplification of exons 12-14 and sequence analysis, blood or bone marrow, report of JAK2 mutation not detected or detected
0027U	JAK2 (Janus kinase 2) (eg, myeloproliferative disorder) gene analysis, targeted sequence analysis exons 12-15
0040U	BCR/ABL1 (t(9;22)) (eg, chronic myelogenous leukemia) translocation analysis, major breakpoint, quantitative
0046U	FLT3 (fms-related tyrosine kinase 3) (eg, acute myeloid leukemia) internal tandem duplication (ITD) variants, quantitative
0049U	NPM1 (nucleophosmin) (eg, acute myeloid leukemia) gene analysis, quantitative
0050U	Targeted genomic sequence analysis panel, acute myelogenous leukemia, DNA analysis, 194 genes, interrogation for sequence variants, copy number variants or rearrangements
0060U	Twin zygosity, genomic targeted sequence analysis of chromosome 2, using circulating cell-free fetal DNA in maternal blood
0260U	Rare diseases (constitutional/heritable disorders), identification of copy number variations, inversions, insertions, translocations, and other structural variants by optical genome mapping
0264U	Rare diseases (constitutional/heritable disorders), identification of copy number variations, inversions, insertions, translocations, and other structural variants by optical genome mapping

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0267U	Rare constitutional and other heritable disorders, identification of cop insertions, translocations, and other structural variants by optical gene sequencing	•	
0299U	Oncology (pan tumor), whole genome optical genome mapping of par specimens, fresh frozen tissue, blood, or bone marrow, comparative s	•	
0300U	Oncology (pan tumor), whole genome sequencing and optical genom normal DNA specimens, fresh tissue, blood, or bone marrow, comparidentification		-
0331U	Oncology (hematolymphoid neoplasia), optical genome mapping for rearrangements utilizing DNA from blood or bone marrow, report of	- ·	-
0413U	Oncology (hematolymphoid neoplasm), optical genome mapping for copy number alterations, aneuploidy and balanced/complex structural rearrangements, DNA from blood or bone marrow, report of clinically significant alterations		
0454U	Rare diseases (constitutional/heritable disorders), identification of copy number variations, inversions, insertions, translocations, and other structural variants by optical genome mapping		
81105	Human Platelet Antigen 1 genotyping (HPA-1), ITGB3 (integrin, beta CD61 [GPIIIa]) (eg, neonatal alloimmune thrombocytopenia [NAIT], analysis, common variant, HPA-1a/b (L33P)		_
81106	Human Platelet Antigen 2 genotyping (HPA-2), GP1BA (glycoprotein [GPIba]) (eg, neonatal alloimmune thrombocytopenia [NAIT], post-tr common variant, HPA-2a/b (T145M)		
81107	Human Platelet Antigen 3 genotyping (HPA-3), ITGA2B (integrin, al of IIb/IIIa complex], antigen CD41 [GPIIb]) (eg, neonatal alloimmun transfusion purpura), gene analysis, common variant, HPA-3a/b (I843)	e thrombocytopenia [N	
81108	Human Platelet Antigen 4 genotyping (HPA-4), ITGB3 (integrin, beta CD61 [GPIIIa]) (eg, neonatal alloimmune thrombocytopenia [NAIT], analysis, common variant, HPA-4a/b (R143Q)		
81109	Human Platelet Antigen 5 genotyping (HPA-5), ITGA2 (integrin, alpha 2 [CD49B, alpha 2 subunit of VLA-2 receptor] [GPIa]) (eg, neonatal alloimmune thrombocytopenia [NAIT], post-transfusion purpura), gene analysis, common variant (eg, HPA-5a/b (K505E))		
81110	Human Platelet Antigen 6 genotyping (HPA-6w), ITGB3 (integrin, be CD61] [GPIIIa]) (eg, neonatal alloimmune thrombocytopenia [NAIT] analysis, common variant, HPA-6a/b (R489Q)		_
81111	Human Platelet Antigen 9 genotyping (HPA-9w), ITGA2B (integrin, of IIb/IIIa complex, antigen CD41] [GPIIb]) (eg, neonatal alloimmun transfusion purpura), gene analysis, common variant, HPA-9a/b (V83	e thrombocytopenia [N	
81112	Human Platelet Antigen 15 genotyping (HPA-15), CD109 (CD109 m thrombocytopenia [NAIT], post-transfusion purpura), gene analysis, c	_	

IDH1 (isocitrate dehydrogenase 1 [NADP+], soluble) (eg, glioma), common variants (eg, R132H, R132C)

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81121	IDH2 (isocitrate dehydrogenase 2 [NADP+], mitochondrial) (eg, gliom R172M)	a), common variants	(eg, R140W,
81161	DMD (dystrophin) (eg, Duchenne/Becker muscular dystrophy) deletion performed	analysis and duplica	ation analysis, i
81162	BRCA1 (BRCA1, DNA repair associated), BRCA2 (BRCA2, DNA repand ovarian cancer) gene analysis; full sequence analysis and full dupli of large gene rearrangements)		•
81163	BRCA1 (BRCA1, DNA repair associated), BRCA2 (BRCA2, DNA re and ovarian cancer) gene analysis; full sequence analysis	pair associated) (eg,	hereditary brea
81164	BRCA1 (BRCA1, DNA repair associated), BRCA2 (BRCA2, DNA repair and ovarian cancer) gene analysis; full duplication/deletion analyrearrangements)		•
81165	BRCA1 (BRCA1, DNA repair associated) (eg, hereditary breast and ov sequence analysis	rarian cancer) gene a	nalysis; full
81166	BRCA1 (BRCA1, DNA repair associated) (eg, hereditary breast and ov duplication/deletion analysis (ie, detection of large gene rearrangement		nalysis; full
81167	BRCA2 (BRCA2, DNA repair associated) (eg, hereditary breast and ov duplication/deletion analysis (ie, detection of large gene rearrangement		nalysis; full
81170	ABL1 (ABL proto-oncogene 1, non-receptor tyrosine kinase) (eg, acqu inhibitor resistance), gene analysis, variants in the kinase domain	ired imatinib tyrosin	e kinase
81171	AFF2 (AF4/FMR2 family, member 2 [FMR2]) (eg, fragile X mental re evaluation to detect abnormal (eg, expanded) alleles	tardation 2 [FRAXE]	) gene analysis
81172	AFF2 (AF4/FMR2 family, member 2 [FMR2]) (eg, fragile X mental re characterization of alleles (eg, expanded size and methylation status)	tardation 2 [FRAXE]	) gene analysis
81173	AR (androgen receptor) (eg, spinal and bulbar muscular atrophy, Kenne inactivation) gene analysis; full gene sequence	edy disease, X chrom	osome
81174	AR (androgen receptor) (eg, spinal and bulbar muscular atrophy, Kenne inactivation) gene analysis; known familial variant	edy disease, X chrom	osome
81175	ASXL1 (additional sex combs like 1, transcriptional regulator) (eg, my myeloproliferative neoplasms, chronic myelomonocytic leukemia), gen		
81176	ASXL1 (additional sex combs like 1, transcriptional regulator) (eg, myelodysplastic syndrome, myeloproliferative neoplasms, chronic myelomonocytic leukemia), gene analysis; targeted sequence analysis (eg, exon 12)		
81177	ASXL1 (additional sex combs like 1, transcriptional regulator) (eg, my myeloproliferative neoplasms, chronic myelomonocytic leukemia), gen analysis (eg, exon 12)		
81178	ATXN1 (ataxin 1) (eg, spinocerebellar ataxia) gene analysis, evaluation alleles	to detect abnormal	(eg, expanded)
81179	ATXN2 (ataxin 2) (eg, spinocerebellar ataxia) gene analysis, evaluation alleles	n to detect abnormal	(eg, expanded)

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81180	ATXN3 (ataxin 3) (eg, spinocerebellar ataxia, Machado-Joseph disc abnormal (eg, expanded) alleles	ease) gene analysis, eval	uation to detect
81181	ATXN7 (ataxin 7) (eg, spinocerebellar ataxia) gene analysis, evalua alleles	ntion to detect abnormal	(eg, expanded)
81182	ATXN8OS (ATXN8 opposite strand [non-protein coding]) (eg, spin evaluation to detect abnormal (eg, expanded) alleles	nocerebellar ataxia) gene	analysis,
81183	ATXN10 (ataxin 10) (eg, spinocerebellar ataxia) gene analysis, eva expanded) alleles	luation to detect abnorm	al (eg,
81184	CACNA1A (calcium voltage-gated channel subunit alpha1 A) (eg, evaluation to detect abnormal (eg, expanded) alleles	spinocerebellar ataxia) g	ene analysis;
81185	CACNA1A (calcium voltage-gated channel subunit alpha1 A) (eg, spinocerebellar ataxia) gene analysis; gene sequence		ene analysis; f
81186	CACNA1A (calcium voltage-gated channel subunit alpha1 A) (eg, spinocerebellar ataxia) gene analysis; known familial variant		
81187	CNBP (CCHC-type zinc finger nucleic acid binding protein) (eg, myotonic dystrophy type 2) gene analysi evaluation to detect abnormal (eg, expanded) alleles		
81188	CSTB (cystatin B) (eg, Unverricht-Lundborg disease) gene analysis expanded) alleles	; evaluation to detect ab	normal (eg,
81189	CSTB (cystatin B) (eg, Unverricht-Lundborg disease) gene analysis	s; full gene sequence	
81190	CSTB (cystatin B) (eg, Unverricht-Lundborg disease) gene analysis	; known familial variant	(s)
81200	ASPA (aspartoacylase) (eg,Canavan disease) gene analysis, commo	on variants	
81201	APC (adenomatous polyposis coli) (eg, familial adenomatosis polypanalysis; full gene sequence	posis [FAP], attenuated I	FAP) gene
81202	APC (adenomatous polyposis coli) (eg, familial adenomatosis polypanalysis; known familial variants	posis [FAP], attenuated F	FAP) gene
81203	APC (adenomatous polyposis coli) (eg, familial adenomatosis polypanalysis; duplication/deletion variants	oosis [FAP], attenuated F	FAP) gene
81204	AR (androgen receptor) (eg, spinal and bulbar muscular atrophy, Kennedy disease, X chromosome inactivation) gene analysis; characterization of alleles (eg, expanded size or methylation status)		
81205	BCKDHB (branched-chain keto acid dehydrogenase E1, beta polypeptide) (eg, Maple syrup urine disease) gene analysis, common variants (eg, R183P, G2785, E422X)		
81206	BCR/ABL1 (t(9;22)) (eg, chronic myelogenous leukemia) translocation analysis; major breakpoint, qualitative or quantitative		
81207	BCR/ABL1 (t(9;22)) (eg, chronic myelogenous leukemia) translocation analysis; minor breakpoint, qualitative or quantitative		
81208	BCR/ABL1 (t(9;22)) (eg, chronic myelogenous leukemia) transloca	ation analysis; other brea	kpoint,

BLM (Bloom syndrome, RecQ helicase-like) (eg, Bloom syndrome) gene analysis, 2281del6ins7 variant

qualitative or quantitative

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81212	BRCA1 (BRCA1, DNA repair associated), BRCA2 (BRCA2, DNA rand ovarian cancer) gene analysis; 185delAG, 5385insC, 6174delT va		nereditary brea
81215	BRCA1 (BRCA1, DNA repair associated) (eg, hereditary breast and of familial variant	ovarian cancer) gene a	nalysis; knowr
81216	BRCA2 (BRCA2, DNA repair associated) (eg, hereditary breast and esequence analysis	ovarian cancer) gene a	nalysis; full
81217	BRCA2 (BRCA2, DNA repair associated) (eg, hereditary breast and cfamilial variant	ovarian cancer) gene a	nalysis; knowi
81218	CEBPA (CCAAT/enhancer binding protein [C/EBP], alpha) (eg, acut full gene sequence	e myeloid leukemia),	gene analysis,
81219	CALR (calreticulin) (eg, myeloproliferative disorders), gene analysis,	, common variants in e	xon 9
81220	CFTR (cystic fibrosis transmembrane conductance regulator) (eg, cystic fibrosis) gene analysis; known familial variants		
81221	CFTR (cystic fibrosis transmembrane conductance regulator) (eg, cysfamilial variants	tic fibrosis) gene analy	sis; known
81222	CFTR (cystic fibrosis transmembrane conductance regulator) (eg, cysdeletion variants	tic fibrosis) gene analy	sis; duplication
81223	CFTR (cystic fibrosis transmembrane conductance regulator) (eg, cyssequence	tic fibrosis) gene analy	vsis; full gene
81224	CFTR (cystic fibrosis transmembrane conductance regulator) (eg, cyspoly-T analysis (eg, male infertility)	tic fibrosis) gene analy	vsis; intron 8
81228	Cytogenomic constitutional (genome-wide) microarray analysis; intercopy number variants (eg, bacterial artificial chromosome [BAC] or only hybridization [CGH] microarray analysis)	0	•
81229	Cytogenomic constitutional (genome-wide) microarray analysis; internumber and single nucleotide polymorphism (SNP) variants for chror	•	-
81233	BTK (Bruton's tyrosine kinase) (eg, chronic lymphocytic leukemia) g C481S, C481R, C481F)	ene analysis, common	variants (eg,
81234	DMPK (DM1 protein kinase) (eg, myotonic dystrophy type 1) gene analysis; evaluation to detect abnormal (expanded) alleles		
81236	EZH2 (enhancer of zeste 2 polycomb repressive complex 2 subunit) (eg, myelodysplastic syndrome, myeloproliferative neoplasms) gene analysis, full gene sequence		
81237	EZH2 (enhancer of zeste 2 polycomb repressive complex 2 subunit) (eg, diffuse large B-cell lymphoma) gene analysis, common variant(s) (eg, codon 646)		
81238	F9 (coagulation factor IX) (eg, hemophilia B), full gene sequence		
81239	DMPK (DM1 protein kinase) (eg, myotonic dystrophy type 1) gene a expanded size)	nalysis; characterizatio	on of alleles (e

F2 (prothrombin, coagulation factor II) (eg, hereditary hypercoagulability) gene analysis, 20210G>A variant

F5 (coagulation Factor V) (eg, hereditary hypercoagulability gene analysis, Leiden variant

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81242	FANCC (Fanconi anemia, complementation group C) (eg, Fanconi anemi variant (eg, IVS4+4A>T)	nia type C) gene ana	llysis, commo
81243	FMR1 (Fragile X mental retardation 1) (eg, fragile X mental retardation) abnormal (eg, expanded) alleles	gene analysis; eval	uation to dete
81244	FMR1 (Fragile X mental retardation 1) (eg, fragile X mental retardation) alleles (eg, expanded size and methylation status)	gene analysis; char	acterization o
81245	FLT3 (fms-related tyrosine kinase 3) (eg, acute myeloid leukemia), gene duplication (ITD) variants (ie, exons 14, 15)	analysis; internal ta	andem
81246	FLT3 (fms-related tyrosine kinase 3) (eg, acute myeloid leukemia), gene (TKD) variants (eg, D835, I836)	analysis; tyrosine l	xinase domain
81247	G6PD (glucose-6-phosphate dehydrogenase) (eg, hemolytic anemia, jaur variant(s) (eg, A, A-)	ndice), gene analysi	s; common
81248	G6PD (glucose-6-phosphate dehydrogenase) (eg, hemolytic anemia, jaur familial variant(s)	ndice), gene analysi	s; known
81249	G6PD (glucose-6-phosphate dehydrogenase) (eg, hemolytic anemia, jaur sequence	ndice), gene analysi	s; full gene
81250	G6PC (glucose-6-phosphatase, catalytic subunit) (eg, Glycogen storage of disease) gene analysis, common variants (eg, R83C, Q347X)	disease, Type 1a, vo	on Gierke
81251	GBA (glucosidase, beta, acid) (eg, Gaucher disease) gene analysis, comr L444P, IVS2+1G>A)	non variants (eg, N	370S, 84GG,
81252	GJB2 (gap junction protein, beta 2, 26kDa, connexin 26) (eg, nonsyndrogene sequence	mic hearing loss) go	ene analysis; f
81253	GJB2 (gap junction protein, beta 2, 26kDa, connexin 26) (eg, nonsyndroknown familial variants	mic hearing loss) go	ene analysis;
81254	GJB6 (gap junction protein, beta 6, 30kDa, connexin 30) (eg, nonsyndro common variants (eg, 309kb [del(GJB6-D13S1830)] and 232kb [del(GJB6-D13S1830)]		ene analysis,
81255	HEXA (hexosaminidase A [alpha polypeptide]) (eg, Tay-Sachs disease) (eg, 1278insTATC, 1421+1G>C, G269S)	gene analysis, com	mon variants
81256	HFE (hemochromatosis) (eg, hereditary hemochromatosis) gene analysis H63D)	s, common variants	(eg, C282Y,
81257	HBA1/HBA2 (alpha globin 1 and alpha globin 2) (eg, alpha thalassemia, Hb Bart hydrops fetalis syndrome HbH disease), gene analysis, for common deletions or variant (eg, Southeast Asian, Thai, Filipino, Mediterranean, alpha3.7, alpha4.2, alpha20.5, and Constant Spring)		
81258	HBA1/HBA2 (alpha globin 1 and alpha globin 2) (eg, alpha thalassemia, HbH disease), gene analysis; known familial variant	, Hb Bart hydrops fe	etalis syndrom
81259	HBA1/HBA2 (alpha globin 1 and alpha globin 2) (eg, alpha thalassemia, HbH disease), gene analysis; full gene sequence	, Hb Bart hydrops fo	etalis syndron
81260	IKBKAP (inhibitor of kappa light polypeptide gene enhancer in B-cells, (eg, familial dysautonomia) gene analysis, common variants (eg, 2507+6	_	ociated protein

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81269	HBA1/HBA2 (alpha globin 1 and alpha globin 2) (eg, alpha thalassem HbH disease), gene analysis; duplication/deletion variants	ia, Hb Bart hydrops f	etalis syndrom
81270	JAK2 (Janus kinase 2) (eg, myeloproliferative disorder) gene analysis,	p.Val617Phe (V617I	F) variant
81271	HTT (huntingtin) (eg, Huntington disease) gene analysis; evaluation to alleles	o detect abnormal (eg	expanded)
81272	KIT (v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolo [GIST], acute myeloid leukemia, melanoma), gene analysis, targeted s 17, 18)		
81273	KIT (v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolo D816 variant(s)	g) (eg, mastocytosis),	gene analysis
81274	HTT (huntingtin) (eg, Huntington disease) gene analysis; characterizat	tion of alleles (eg, exp	anded size)
81284	FXN (frataxin) (eg, Friedreich ataxia) gene analysis; evaluation to dete	ect abnormal (expande	ed) alleles
81285	FXN (frataxin) (eg, Friedreich ataxia) gene analysis; characterization of alleles (eg, expanded size)		
81286	FXN (frataxin) (eg, Friedreich ataxia) gene analysis; full gene sequence		
81288	MLH1 (mutL homolog 1, colon cancer, nonpolyposis type 2) (eg, here cancer, Lynch syndrome) gene analysis; promoter methylation analysis		colorectal
81289	FXN (frataxin) (eg, Friedreich ataxia) gene analysis; known familial v	ariant(s)	
81290	MCOLN1 (mucolipin 1) (eg, Mucolipidosis, type IV) gene analysis, codel6.4kb)	ommon variants (eg, l	VS3-2A>G,
81291	MTHFR (5,10-methylenetetrahydrofolate reductase) (eg, hereditary hy common variants (eg, 677T, 1298C)	percoagulability) ger	e analysis,
81292	MLH1 (mutL homomlog 1, colon cancer, nonpolyposis type 2) (eg, he cancer, Lynch syndrome) gene analysis; full sequence analysis	reditary nonpolyposis	colorectal
81293	MLH1 (mutL homomlog 1, colon cancer, nonpolyposis type 2) (eg, he cancer, Lynch syndrome) gene analysis; known familial variants	reditary nonpolyposis	colorectal
81294	MLH1 (mutL homomlog 1, colon cancer, nonpolyposis type 2) (eg, he cancer, Lynch syndrome) gene analysis; duplication/deletion variants	reditary nonpolyposis	colorectal
81295	MSH2 (mutS homolog 2, colon cancer, nonpolyposis type 1) (eg, here cancer, Lynch syndrome) gene analysis; full sequence analysis	ditary non-polyposis	colorectal
81296	MSH2 (mutS homolog 2, colon cancer, nonpolyposis type 1) (eg, hereditary non-polyposis colorectal cancer, Lynch syndrome) gene analysis; known familial variants		
81297	MSH2 (mutS homolog 2, colon cancer, nonpolyposis type 1) (eg, here cancer, Lynch syndrome) gene analysis; duplication/deletion variants	ditary non-polyposis	colorectal
81298	MSH6 (mutS homolog 6 [E. coli] (eg, hereditary nonpolyposis colored analysis; full sequence analysis	etal cancer, Lynch syr	drome) gene
81299	MSH6 (mutS homolog 6 [E. coli] (eg, hereditary nonpolyposis colored analysis; known familial variants	etal cancer, Lynch syr	drome) gene

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81300	MSH6 (mutS homolog 6 [E. coli] (eg, hereditary nonpolyposis color analysis; duplication/deletion variants	prectal cancer, Lynch syn	drome) gene
81301	Microsatellite instability analysis (eg, hereditary nonpolyposis color markers for mismatch repair deficiency (eg, BAT25, BAT26), inclutissue, if performed		
81302	MECP2 (methyl CpG binding protein 2) (eg, Rett syndrome) gene a	analysis; full sequence ar	nalysis
81303	MECP2 (methyl CpG binding protein 2) (eg, Rett syndrome) gene a	analysis; known familial	variant
81304	MECP2 (methyl CpG binding protein 2) (eg, Rett syndrome) gene a	analysis; duplication/dele	etion variants
81305	MYD88 (myeloid differentiation primary response 88) (eg, Waldenstrom's macroglobulinemia, lymphoplasmacytic leukemia) gene analysis, p.Leu265Pro (L265P) variant		
81307	PALB2 (partner and localizer of BRCA2) (eg, breast and pancreatic cancer) gene analysis; full gene sequence		
81308	PALB2 (partner and localizer of BRCA2) (eg, breast and pancreation variant	c cancer) gene analysis; l	known familia
81310	NPM1 (nucleophosmin) (eg, acute myeloid leukemia) gene analysis, exon 12 variants		
81311	NRAS (neuroblastoma RAS viral [v-ras] oncogene homolog) (eg, c variants in exon 2 (eg, codons 12 and 13) and exon 3 (eg, codon 61)		ne analysis,
81312	PABPN1 (poly[A] binding protein nuclear 1) (eg, oculopharyngeal evaluation to detect abnormal (eg, expanded) alleles	muscular dystrophy) ger	ne analysis,
81313	PCA3/KLK3 (prostate cancer antigen 3 [non-protein coding]/kallik antigen]) ratio (eg, prostate cancer)	rein-related peptidase 3 [	prostate spec
81314	PDGFRA (platelet-derived growth factor receptor, alpha polypeptic [GIST]), gene analysis, targeted sequence analysis (eg, exons 12, 18	, , , , ,	tromal tumor
81315	PML/RARalpha, (t(15;17)), (promyelocytic leukemia/retinoic acid leukemia) translocation analysis; common breakpoints (eg, intron 3		• •
81316	PML/RARalpha, (t(15;17)), (promyelocytic leukemia/retinoic acid receptor alpha) (eg, promyelocytic leukemia) translocation analysis; single breakpoint (eg, intron 3, intron 6 or exon 6), qualitative or quantitative		
81317	PMS2 (postmeiotic segregation increased 2 [S. cerevisiae]) (eg, hereditary non-polyoisus colorectal cancel Lynch syndrome) gene analysis; full sequence analysis		
81318	PMS2 (postmeiotic segregation increased 2 [S. cerevisiae]) (eg, hereditary non-polyposis colorectal cancer Lynch syndrome) gene analysis; known familial variants		
81319	PMS2 (postmeiotic segregation increased 2 [S. cerevisiae]) (eg, hereditary non-polyposis colorectal cancer, Lynch syndrome) gene analysis; duplication/deletion variants		
81320	PLCG2 (phospholipase C gamma 2) (eg, chronic lymphocytic leuke (eg, R665W, S707F, L845F)	emia) gene analysis, com	nmon variants

analysis; full sequence analysis

PTEN (phosphatase and tensin homolog) (eg, Cowden syndrome, PTEN hamartoma tumor syndrome) gene

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81322	PTEN (phosphatase and tensin homolog) (eg, Cowden syndrome, PTEl analysis; known familial variant	N hamartoma tumor	syndrome) gene
81323	PTEN (phosphatase and tensin homolog) (eg, Cowden syndrome, PTEl analysis; duplication/deletion variant	N hamartoma tumor	syndrome) gene
81324	PMP22 (peripheral myelin protein 22) (eg, Charcot-Marie-Tooth, herecopressure palsies) gene analysis; duplication/deletion analysis	litary neuropathy wi	th liability to
81325	PMP22 (peripheral myelin protein 22) (eg, Charcot-Marie-Tooth, herecopressure palsies) gene analysis; full sequence analysis	litary neuropathy wi	h liability to
81326	PMP22 (peripheral myelin protein 22) (eg, Charcot-Marie-Tooth, herec pressure palsies) gene analysis; known familial variant	litary neuropathy wi	h liability to
81327	SEPT9 (Septin9) (eg, colorectal cancer) promoter methylation analysis		
81329	SMN1 (survival of motor neuron 1, telomeric) (eg, spinal muscular atrodeletion analysis (eg, carrier testing), includes SMN2 (survival of motor performed		-
81330	SMPD1 (sphingomyelin phosphodiesterase 1, acid lysosomal) (eg, Niemann-Pick disease, Type A) gene analysis, common variants (eg, R496L, L302P, fsP330)		Type A) gene
81331	SNRPN/UBE3A (small nuclear ribonucleoprotein polypeptide N and ubiquitin protein ligase E3A) (eg, Prader-Willi syndrome and/or Angelman syndrome), methylation analysis		e E3A) (eg,
81332	SERPINA1 (serpin peptidase inhibitor, clade A, alpha-1 antiproteinase, antitrypsin, member 1) (eg, alpha-antitrypsis deficiency), gene analysis, common variants (eg, *S and *Z)		r 1) (eg, alpha-1
81333	TGFBI (transforming growth factor beta-induced) (eg, corneal dystropl (eg, R124H, R124C, R124L, R555W, R555Q)	ny) gene analysis, co	mmon variants
81336	SMN1 (survival of motor neuron 1, telomeric) (eg, spinal muscular atrosequence	ophy) gene analysis;	full gene
81337	SMN1 (survival of motor neuron 1, telomeric) (eg, spinal muscular atrosequence variant(s)	ophy) gene analysis;	known familial
81343	PPP2R2B (protein phosphatase 2 regulatory subunit Bbeta) (eg, spinoc evaluation to detect abnormal (eg, expanded) alleles	erebellar ataxia) gen	e analysis,
81344	TBP (TATA box binding protein) (eg, spinocerebellar ataxia) gene ana (eg, expanded) alleles	lysis, evaluation to d	etect abnormal
81345	TERT (telomerase reverse transcriptase) (eg, thyroid carcinoma, glioble targeted sequence analysis (eg, promoter region)	astoma multiforme)	gene analysis,
81351	TP53 (tumor protein 53) (eg, Li-Fraumeni syndrome) gene analysis; full gene sequence		
81352	TP53 (tumor protein 53) (eg, Li-Fraumeni syndrome) gene analysis; targeted sequence analysis (eg, 4 oncology)		
81353	TP53 (tumor protein 53) (eg, Li-Fraumeni syndrome) gene analysis; known familial variant		
81361	HBB (hemoglobin, subunit beta) (eg, sickle cell anemia, beta thalassen variant(s) (eg, HbS, HbC, HbE)	nia, hemoglobinopath	ny); common

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81362	HBB (hemoglobin, subunit beta) (eg, sickle cell anemia, beta thalassen familial variant(s)	nia, hemoglobinopath	ny); known
81363	HBB (hemoglobin, subunit beta) (eg, sickle cell anemia, beta thalassen deletion variant(s)	nia, hemoglobinopath	y); duplication/
81364	HBB (hemoglobin, subunit beta) (eg, sickle cell anemia, beta thalassen sequence	nia, hemoglobinopath	ny); full gene
81400	Molecular pathology procedure, Level 1 (eg, identification of single ge techniques such as restriction enzyme digestion or melt curve analysis)	- 0	NP] by
81401	Molecular pathology procedure, Level 2 (eg, 2-10 SNP's, 1 methylated [typically using nonsequencing target variant analysis], or detection of repeat)		
81402	Molecular pathology procedure, Level 3 (eg, >10 SNPs, 2-10 methylat variants [typically using non-sequencing target variant analysis], immurearrangements, duplication/deletion variants of 1 exon loss of heterozy [UPD])	noglobulin and T-cel	ll receptor gene
81403	Molecular pathology procedure, Level 4 (eg, analysis of single exon by >10 amplicons using multiplex PCR in 2 or more independent reaction deletion variants of 2-5 exons)	=	-
81404	Molecular pathology procedure, Level 5 (eg, analysis of 2-5 exons by l scanning or duplication/deletion variants of 6-10 exons, or characterizatriplet repeat by Southern blot analysis)	•	
81405	Molecular pathology procedure, Level 6 (eg, analysis of 6-10 exons by scanning or duplication/deletion variants of 11-25 exons, regionally tar		
81406	Molecular pathology procedure, Level 7 (eg, analysis of 11-25 exons b scanning or duplication/deletion variants of 26-50 exons, cytogenomic	-	•
81407	Molecular pathology procedure, Level 8 (eg, analysis of 26-50 exons b scannion or duplication/deletion variants of >50 exons, sequence analy	•	•
81408	Molecular pathology procedure, Level 9 (eg, analysis of >50 exons in a analysis)	single gene by DNA	A sequence
81410	Aortic dysfunction or dilation (eg, Marfan syndrome, Loeys Dietz syndrome); genomic sequence analysis panel, mugenes, including FBN1, TGFBR1, TGFBR2, COL3A1, MYH11, ACT	st include sequencin	g of at least 9
81411	Aortic dysfunction or dilation (eg, Marfan syndrome, Loeys Dietz syndrome); atterial tortuosity syndrome); duplication/deletion analysis panel, nTGFBR2, MYH11, and COL3A1		
81412	Ashkenazi Jewish associated disorders (eg, Bloom syndrome, Canavan dysautonomia, Fanconi anemia group C, Gaucher disease, Tay-Sachs de panel, must include sequencing of at least 9 genes, including ASPA, BUKBKAP, MCOLN1, and SMPD1	lisease), genomic seq	uence analysis

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81413	Cardiac ion channelopathies (eg, Brugada syndrome, long QT syndro catecholaminergic polymorphic ventricular tachycardia); genomic sec sequencing of at least 10 genes, including ANK2, CASQ2, CAV3, KCKCNQ1, RYR2, and SCN5A	quence analysis panel,	must include
81414	Cardiac ion channelopathies (eg, Brugada syndrome, long QT syndro catecholaminergic polymorphic ventricular tachycardia); duplication/include analysis of at least 2 genes, including KCNH2 and KCNQ1		
81415	Exome (eg, unexplained constitutional or heritable disorder or syndro	ome); sequence analysi	s
81416	Exome (eg, unexplained constitutional or heritable disorder or syndro comparator exome (eg, parents, siblings) (List separately in addition to	•	
81417	Exome (eg, unexplained constitutional or heritable disorder or syndro obtained exome sequence (eg, updated knowledge or unrelated condit		oreviously
81420	Fetal chromosomal aneuploidy (eg, trisomy 21, monosomy X) genom cell-free fetal DNA in maternal blood, must include analysis of chrom		
81422	Fetal chromosomal microdeletion(s) genomic sequence analysis (eg, syndrome), circulating cell-free fetal DNA in maternal blood	DiGeorge syndrome, C	Cri-du-chat
81425	Genome (eg, unexplained constitutional or heritable disorder or syndi	rome); sequence analys	sis
81426	Genome (eg, unexplained constitutional or heritable disorder or syndromparator genome (eg, parents, siblings) (List separately in addition		
81427	Genome (eg, unexplained constitutional or heritable disorder or syndrobtained genome sequence (eg, updated knowledge or unrelated cond		previously
81430	Hearing loss (eg, nonsyndromic hearing loss, Usher syndrome, Pendranalysis panel, must include sequencing of at least 60 genes, includin MTRNR1, MYO7A, MYO15A, PCDH15, OTOF, SLC26A4, TMC1 USH2A, and WFS1	g CDH23, CLRN1, GJ	B2, GPR98,
81431	Hearing loss (eg, nonsyndromic hearing loss, Usher syndrome, Pendr analysis panel, must include copy number analyses for STRC and DF genes	•	
81432	Hereditary breast cancer-related disorders (eg, hereditary breast cancer endometrial cancer); genomic sequence analysis panel, must include sincluding BRCA1, BRCA2, CDH1, MLH1, MSH2, MSH6, PALB2,	sequencing of at least	10 genes, alwa
81433	Hereditary breast cancer-related disorders (eg, hereditary breast cancer endometrial cancer); duplication/deletion analysis panel, must include MLH1, MSH2, and STK11	•	
81434	Hereditary retinal disorders (eg, retinitis pigmentosa, Leber congenita genomic sequence analysis panel, must include sequencing of at least CRB1, EYS, PDE6A, PDE6B, PRPF31, PRPH2, RDH12, RHO, RP1	15 genes, including A	BCA4, CNGA
81435	Hereditary colon cancer syndromes (eg, Lynch syndrome, familial ad sequence analysis panel, must include analysis of at least 7 genes, inc		

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MSH6, MUTYH, and PMS2

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81436	Hereditary colon cancer syndromes (eg, Lynch syndrome, familial ader deletion gene analysis panel, must include analysis of at least 8 genes, i MSH6, PMS2, EPCAM, CHEK2, and MUTYH		-
81437	Hereditary neuroendocrine tumor disorders (eg, medullary thyroid carc malignant pheochromocytoma or paraganglioma); genomic sequence a sequencing of at least 6 genes, including MAX, SDHB, SDHC, SDHD,	nalysis panel, must in	nclude
81438	Hereditary neuroendocrine tumor disorders (eg, medullary thyroid carc malignant pheochromocytoma or paraganglioma); duplication/deletion for SDHB, SDHC, SDHD, and VHL		
81439	Hereditary cardiomyopathy (eg, hypertrophic cardiomyopathy, dilated right ventricular cardiomyopathy), genomic sequence analysis panel, m cardiomyopathy-related genes (eg, DSG2, MYBPC3, MYH7, PKP2, T	ust include sequenci	
81440	Nuclear encoded mitochondrial genes (eg, neurologic or myopathic phemust include analysis of at least 100 genes, including BCS1L, C10orf2 OPA1, PDSS2, POLG, POLG2, RRM2B, SCO1, SCO2, SLC25A4, SUTYMP	COQ2, COX10, DO	GUOK, MPV17,
81442	Noonan spectrum disorders (eg, Noonan syndrome, cardio-facio-cutane LEOPARD syndrome, Noonan-like syndrome), genomic sequence and of at least 12 genes, including BRAF, CBL, HRAS, KRAS, MAP2K1, RIT1, SHOC2, and SOS1	ysis panel, must incl	ude sequencing
81443	Genetic testing for severe inherited conditions (eg, cystic fibrosis, Ashleg, Bloom syndrome, Canavan disease, Fanconi anemia type C, mucol Tay-Sachs disease], beta hemoglobinopathies, phenylketonuria, galacter panel, must include sequencing of at least 15 genes (eg, ACADM, ARS BCKDHB, BLM, CFTR, DHCR7, FANCC, G6PC, GAA, GALT, GBAMCOLN1, PAH)	ipidosis type VI, Gar semia), genomic seq SA, ASPA, ATP7B, I	ucher disease, uence analysis BCKDHA,
81448	Hereditary peripheral neuropathies (eg, Charcot-Marie-Tooth, spastic panalysis panel, must include sequencing of at least 5 peripheral neuropa GJB1, MFN2, MPZ, REEP1, SPAST, SPG11, SPTLC1)		•
81450	Targeted genomic sequence analysis panel, hematolymphoid neoplasm when performed, 5-50 genes (eg, BRAF, CEBPA, DNMT3A, EZH2, FKIT, MLL, NRAS, NPM1, NOTCH1), interrogation for sequence variar rearrangements, or isoform expression or mRNA expression levels, if particular programments and the sequence of	LT3, IDH1, IDH2, Jants, and copy number	AK2, KRAS,
81455	Targeted genomic sequence analysis panel, solid organ or hematolymphanalysis when performed, 51 or greater genes (eg, ALK, BRAF, CDKN ERBB2, EZH2, FLT3, IDH1, IDH2, JAK2, KIT, KRAS, MLL, NPM1, PDGFRB, PGR, PIK3CA, PTEN, RET), interrogation for sequence var rearrangements, if performed	I2A, CEBPA, DNMT NRAS, MET, NOT	r3A, EGFR, CH1, PDGFRA,
81460	Whole mitochondrial genome (eg, Leigh syndrome, mitochondrial ence stroke-like episodes [MELAS], myoclonic epilepsy with ragged-red fib and retinitis pigmentosa [NARP], Leber hereditary optic neuropathy [Linclude sequence analysis of entire mitochondrial genome with heterop	ers [MERFF], neuro HON]), genomic seq	pathy, ataxia,

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81465	Whole mitochondrial genome large deletion analysis panel (eg, Kearn external ophthalmoplegia), including heteroplasmy detection, if performance of the performance of the control of the c		ronic progress:
81470	X-linked intellectual disability (XLID) (eg, syndromic and non-syndromic analysis panel, must include sequencing of at least 60 genes, including FMR1, HUWE1, IL1RAPL, KDM5C, L1CAM, MECP2, MED12, MI	ARX, ATRX, CDKI	.5, FGD1,
81471	X-linked intellectual disability (XLID) (eg, syndromic and non-syndrogene analysis, must include analysis of at least 60 genes, including AR HUWE1, IL1RAPL, KDM5C, L1CAM, MECP2, MED12, MID1, OC	XX, ATRX, CDKL5, I	FGD1, FMR1,
81507	Fetal aneuploidy (trisomy 21, 18, and 13) DNA sequence analysis of splasma, algorithm reported as a risk score for each trisomy	elected regions using	maternal
81519	Oncology (breast), mRNA, gene expression profiling by real-time RT-fixed paraffin embedded tissue, algorithm reported as recurrence score	•	izing formalir
83006	Growth stimulation expressed gene 2 (ST2, Interleukin 1 receptor like	-1)	
88245	Chromosome analysis for breakage syndromes; baseline Sister Chrom	atid Exchange (SCE)	20-25 cells
88248	Chromosome analysis for breakage syndromes; baseline breakage, scokaryotypes (eg, for ataxia telangiectasia, Fanconi anemia, fragile X)	ore 50-100 cells, count	20 cells, 2
88249	Chromosome analysis for breakage syndromes; score 100 cells, clasto mitomycin C, ionizing radiation, UV radiation)	gen stress (eg, diepox	ybutane,
88261	Chromosome analysis; count 5 cells, 1 karyotype, with banding		
88262	Chromosome analysis; count 15-20 cells, 2 karyotypes, with banding		
88263	Chromosome analysis; count 45 cells for mosaicism, 2 karyotypes, wi	th banding	
88264	Chromosome analysis; analyze 20-25 cells		
88267	Chromosome analysis, amniotic fluid or chorionic villus, count 15 cel	ls, 1 karyotype, with b	anding
88269	Chromosome analysis, in situ for amniotic fluid cells, count cells from banding	6-12 colonies, 1 kary	otype, with
88271	Molecular cytogenetics; DNA probe, each (eg, FISH)		
88272	Molecular cytogenetics; chromosomal in situ hybridization, analyze 3-markers)	-5 cells (eg, for deriva	tives and
88273	Molecular cytogenetics; chromosomal in situ hybridization, analyze 10	0-30 cells (eg, for mic	rodeletions)
88274	Molecular cytogenetics; interphase in situ hybridization, analyze 25-99	9 cells	
88275	Molecular cytogenetics; interphase in situ hybridization, analyze 100-	300 cells	
88280	Chromosome analysis; additional karyotypes, each study		
88283	Chromosome analysis; additional specialized banding technique (eg, N	NOR, C-banding)	
88285	Chromosome analysis; additional cells counted, each study		
88289	Chromosome analysis; additional high resolution study		
88291	Cytogenetics and molecular cytogenetics, interpretation and report		

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## IX. REFERENCE STATEMENT

Analyses of the scientific and clinical references cited below were conducted and utilized by the Johns Hopkins Health Plans (JHHP) Medical Policy Team during the development and implementation of this medical policy. The Medical Policy Team will continue to monitor and review any newly published clinical evidence and revise the policy and adjust the references below accordingly if deemed necessary.

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# XI. APPROVALS

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