

Title: CHILD OBESITY INGRAINED IN BLACK AND HISPANIC CULTURE

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Abstract Research Questions:

Over 64 percent of Americans are obese; Blacks and Hispanics have the highest rates of obesity and are 50-20 percent more prevalent to obesity than whites. 1 out of 3 children and adolescents are considered obese. I have read a series of scholarly articles in relations to culture, food policy, school policy, obesity, rates of obesity among races, and the effects of these specific policies. The findings on these literatures have been substantial to assume many institutions are abiding by the policies but yet have still managed to interpret the policies to their own personal benefit and disregarding Americans health. Not only are policies affecting Black and Hispanic youth but their culture seems to be endorsing this health epidemic. Obesity is increasing at an alarming rate and is seriously affecting today's young generation. We are in dire need of reforming and creating policies where these children and adolescents can be guaranteed a future without obesity and major health issues. The new and reformed policies need to be implemented in order to avoid institutions from affecting young Black and Hispanic children.