# **Adam Yorrick**



# **Biography**

Adam has lived in Rockland all his life. He is at every community event, it seems he knows everybody in town and he's well liked.

Adam has always enjoyed working with his hands. He believes in sustainable communities and self sufficiency. He lives with his daughter in an apartment. The both spend their weekends in their community garden plot.

Age: 41

Occupation: Mechanic

Location: Rockland Ontario

Education: College

Family: Single parent, lives with daughter

## **Technology**

|                 | Low     | Moderate | High |
|-----------------|---------|----------|------|
| T & Internet    | 0       | $\odot$  | 0    |
| Software        | $\odot$ | 0        | 0    |
| Mobile Apps     | 0       | $\odot$  | 0    |
| Social Networks | O       | Ó        | •    |

"I like to slow down and really get into what I'm working on. Quality is important to me."

#### Motivation

|             | Not<br>important | Slightly<br>Important | Moderately<br>Important | Important | Very<br>Important |
|-------------|------------------|-----------------------|-------------------------|-----------|-------------------|
| Incentive   | 0                | $\odot$               | 0                       | 0         | 0                 |
| Fear        | Ŏ                | Ŏ                     | $\odot$                 | Ŏ         | Ŏ                 |
| Achievement | 0                | $\circ$               | 0                       | $\odot$   | $\circ$           |
| Growth      | 0                | $\circ$               | 0                       | $\odot$   | $\circ$           |
| Power       | $\odot$          | $\circ$               | 0                       | 0         | $\circ$           |
| Social      | 0                | 0                     | 0                       | 0         | $\odot$           |

#### Goals

- Be able to grow 25% of the food his family consumes in a year.
- Learn how to draw so he can keep a field journal.
- Travel to Havana to see urban gardens
- Earn extra income on the side

### **Frustrations**

- Deadlines and being on a schedule.