



# Important Dates

## Par wan Cookies

1/4 Cup m. Butter.

1/4 " tin Cream

2 " Icing Sugar

3 " Coconut

Mix all together form into balls  
drop into melted 1/4 Block Par Wan  
1 pk Choc. Chips. Drop on wax  
paper.

## Health Fruit Cake

2 cups Raisins

2 " Water cold

1/2 lb dates

1 Orange cut fine

1 tsp Nutmeg

1/2 " Salt

2 " Cinnamon

Bake for 15 min

Remove from heat. Add 1/2 cup  
rice while hot, cool well add  
2 tsp Vanilla 2 cup Whole  
Wheat flour 2 tsp B. Soda  
Bake for 1 hr 325

# Important Dates

## Orange Punch

2 pk Jelly mix 1 Q + 1 pink  
2 cup Water  
1/2 flask Gin  
1 tin Pineapple fruit  
1 cup Strong tea  
Lots of Ice  
Keep stirring

## Diet Dessert

1/2 cup Water (Hot)  
2 Gelatine (envelopes)  
2/3 cup Milk Powder  
1 tsp Butter  
Vanilla & fruit  
5 or 6 Ice Cubes  
mix in Blender

## Jelly Cookies

1 tin Cream  
1 pk Jelly  
2 cup Coconut  
mix all together Roll in Baus  
Roll in coconut

# Dates Importantes

## Da. Nuts

2 eggs

1 Cup W. Sugar

4 1/4 C. flour

4 tbs B. Powder

1 C. milk

1/2 tbs Ginger

1/2 " nutmeg

1/4 " salt

3 tbs oil

Beat eggs add sugar beat well  
Sift dry ingredients add to Butter  
mixture with milk. Stir in oil

Heat fat

Pour Batter on lightly floured

Board. Cut with cutter

Fry for 3/4 to 1 min. on each

side

## Tarts

1/2 lb. Butter

2 cups flour

1/2 " Icing Sugar

April - Avril

D	L	M	M	J	V	S
				1 2		
3	4	5	6	7	8 9	
10	11	12	13	14	15 16	
17	18	19	20	21	22 23	
24	25	26	27	28	29 30	

May - Mai

D	L	M	M	J	V	S
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8	9	10	11	12	13 14	
15	16	17	18	19	20 21	
22	23	24	25	26	27 28	
29	30	31				

June - Juin

D	L	M	M	J	V	S
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## Gelatine Cookies

Thursday - Jeudi

January - 6 - Janvier

2 pkgs Gelatine

4 tbs C. Water

1/2 cup B. Water

1/2 " W. Sugar

1 " Coconut

4 tbs Cocoa

1 cup G. W. Crumbs

Friday - Vendredi

January - 7 - Janvier

Soak Gelatine in Cold Water

Beat in Hot Water & Sugar

until firm. Add coconut, Cocoa

& W. Crumbs. Beat Again

Put in P. Pan and in Squares

When Cold, Roll in Coconut

Saturday - Samedi

January - 8 - Janvier

## Pistachio Squares

Sunday - Dimanche

January - 9 - Janvier

40 or more Ritz Crackers

1/4 cup Butter

Mix to Make Base.

Beat together

2 cups Vanilla Ice cream

1 PK. Pist. Pudding mix (over)



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January - Janvier						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

February - Février						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March - Mars						
D	L	M	M	J	V	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Monday - Lundi

Turkey 20 lbs

January - 10 - Janvier

1/2 lb Butter

1 lge. onions

1 1/4 loaf Bread

2 tbs. Savory

1/2. tsp. ginger

Cook at 325°  
for 6 1/2 hrs.

Thursday - Mardi

January - 11 - Janvier

Dessert

drain juice of 1 lb Pineapple  
Put in Blender Add 2 envelopes  
Jelatini Set dissolve Add 1/2 cup  
Boiling Water 1 tsp Vanilla 1 tbs Butter  
2 tbs Sweetener 2/3 cup Milk Powder  
Blend for a couple min Add 5 or 6  
Ice Cubes one at a time Blend  
Add Pineapple Blend again

Wednesday - Mercredi Set in Refrigerator

Tomorrow don't forget LOTO CANADA DAY - Demain n'oubliez pas LA JOURNÉE DE LOTO CANADA.

P. Squares Continued

3/4 cup Milk

Save 1/3 of Crumbs for top

1 PK dream whip

Put over Pist. mix

Put Remaining Crumbs on top

April - Avril						
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May - Mai						
D	L	M	M	J	V	S
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22	23	24	25	26	27	28
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June - Juin						
D	L	M	M	J	V	S
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Thursday - Jeudi

January - 13 - Janvier

## Cream Cheese Cake

2 Cup Graham Wafer Crumbs

1/4 " Butter

1 PK Cream Cheese 6 oz

1 tin Condensed Milk

1/2 Cup Lemon Juice

1 tsp Vanilla

Friday - Vendredi

January - 14 - Janvier

## Rainbow Squares

1 PK M.Mellow

3 tbs. C.S.N. Butter

1 Cup Rice Krispies

3 Squares B. Choc. or 1 Bag Choc Chips

Melt Choc. Partially, melt m.Mellow  
mix. All ingredients together

Saturday - Samedi

January - 15 - Janvier

Sprinkle Pan With P.nut Spread  
Cookies And Cover With P.nut

Sunday - Dimanche

January - 16 - Janvier



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January - Janvier						
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February - Février						
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27	28					

March - Mars						
D	L	M	M	J	V	S
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27	28	29	30	31		

Monday - Lundi

January - 17 - Janvier

## Marshmallow Cookies

1 1/2 C Icing Sugar  
 1 " Graham Crumbs  
 1 egg Slightly Beaten  
 2 tbs Cocoa  
 1 tps Vanilla  
 1 1/2 C Marshmallows

Tuesday - Mardi

January - 18 - Janvier

Mix first 6 Ingredients together  
 mix in Marshmallows

Roll in Wan Paper until has been  
 Sprinkled with coconut  
 Chill in Refrig. or Roll

Wednesday - Mercredi

January - 19 - Janvier

Tomorrow don't forget LOTO CANADA DAY — Demain n'oubliez pas LA JOURNÉE DE LOTO CANADA.

## Rice Krispies Pockadot Bars

4 C Rice Krispies (Crushed)  
 1 " S. S Choc. Chips  
 1/2 " S. Coconut  
 1/2 " C. Nuts  
 1 Can C. Milk

April - Avril						
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May - Mai						
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June - Juin						
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Thursday - Jeudi

January - 20 - Janvier

Line Pan with W Paper or foil

Combine Cereal Choc Chips C. nut  
d nuts Add Milk mix Well

Bake 350° Metal Pans 325° Glass Pans

for 25 to 30 min. Cool 10 min. Turn out  
Remove W. Paper or foil Cool completely  
on rack Cut into Bars

Friday - Vendredi

January - 21 - Janvier

Rice Krispies Squares

1/4 c. Butter

5 c. m. marshmallows or 40 Reg m m

1/2 tsp. Vanilla

6 Cups Rice Krispies

Melt Butter add m. mallow

Remove from heat add Vanilla

C Cereal Stirring until Coated

Press in Buttered Pan 13x9

Saturday - Samedi

January - 22 - Janvier

Sunday - Dimanche

January - 23 - Janvier

Nanaimo Bars

1/2 c. Butter just layer

1/4 c. Sugar

5 tbs Cocoa

1 egg

1 3/4 c. Graham Crumbs

3/4 c. Coconut

1/2 c. Nuts

April - Avril						
D	L	M	M	J	V	S
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May - Mai						
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June - Juin						
D	L	M	M	J	V	S
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26	27	28	29	30		



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Thursday - Jeudi

January - 20 - Janvier

Line Pan with W Paper or foil  
 Combine Cereal Choc Chips C. nut  
 & nuts Add Milk mix well  
 Bake 350° Metal Pans 325° Glass Pans  
 for 25 to 30 min. Cool 10 min. Turn out  
 Remove W. Paper or foil Cool completely  
 on rack Cut into Bars

Friday - Vendredi

January - 21 - Janvier

## Rice Krispies Squares

1/4 c. Butter  
 5 c. m. marshmallows or 40 Reg mm  
 1/2 tsp. Vanilla  
 6 cups Rice Krispies  
 melt Butter add m. mallow  
 Remove from heat add Vanilla  
 & Cereal stirring until Coated  
 Press in Buttered Pan 13x9

Saturday - Samedi

January - 22 - Janvier

Sunday - Dimanche

January - 23 - Janvier

## Macaroon Bars

1/2 c. Butter just layer  
 1 1/4 c. Sugar  
 5 tbs Cocoa  
 1 egg  
 1 3/4 c. Graham Crumbs  
 3/4 c. Coconut  
 1/2 c. Nuts



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January - Janvier						
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February - Février						
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20	21	22	23	24	25	26
27	28					

March - Mars						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Monday - Lundi

January - 24 - Janvier

1/2 c Butter (Second Layer)  
 3 tbs milk  
 2 .. Ruskata Powder  
 2 Cups & Sugar *Third Layer*  
 2/3 Cup Choc Chips  
 2 tbs Butter

Tuesday - Mardi

January - 25 - Janvier

Pistachio dessert

2 Cups Ice Cream  
 1 PK Pistachio Pudding  
 40 Ritz Crackers  
 1/4 C. Butter  
 3/4 C. Milk 1 PK dream whip  
 Beat Ice Cream Pudding & milk  
 together  
 MIX Butter & Crackers

Wednesday - Mercredi

January - 26 - Janvier

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Spread Crackers in dish  
 top with Ice cream mix  
 dream whip & Crackers

April - Avril						
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May - Mai						
D	L	M	M	J	V	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June - Juin						
D	L	M	M	J	V	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



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Thursday - Jeudi

January - 27 - Janvier

## Ann's Bars

Combine in Lge Bowl

2 Cups Graham W. Crumbs

1/2 " C. Nuts

1/2 " Flaked Coconut

2 1/2 " C. Mello (Chopped fine)

Combine in Pan

2 eggs Beaten

1 Cup Sugar

3/4 Cup Butter

1/2 TSP Salt

Cook until mixture thickens (stirring)

Cool to Luke Warm

Add 1 TSP Vanilla

Mix with Crumb mixture

Press in greased Pan 9x9

Cut in Squares

Friday - Vendredi

January - 28 - Janvier

Saturday - Samedi

January - 29 - Janvier

Sunday - Dimanche

January - 30 - Janvier

## Hermits

1/4 C. Butter

1/8 TSP B. Soda

1/4 " Sugar

1 " B. Powder

1/4 " Moll.

1/2 " Cinnam.

1 egg

1/4 " Cloves

1/2 C Raisins

1/8 " Nutmeg

1/4 " Nuts

1/8 " All Spice

1 " flour Bake in 8x8 Pan 25 min 350°



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January - Janvier						
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16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

February - Février						
D	L	M	M	J	V	S
				1	2	3
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
	27	28				

March - Mars						
D	L	M	M	J	V	S
				1	2	3
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
	27	28	29	30	31	

Monday - Lundi

January - 31 - Janvier

## Creamy frozen Yogurt

- 1 PK Jelly Any flavor ( 4 serving size)
- 1 cup boiling Water
- 1/2 " Cold Water
- 1 8 oz Plain low fat yogurt
- 2 cups Cool Whip Topping.

Dissolve Gelatine (Jelly) in Boiling Water  
Add Cold Water Stir in yogurt Add

Tuesday - Mardi

February - 1 - Février

Whip until Well Blended feed in Whipped Topping. Pour in 9" S. Pan of freeze until firm about 6 hrs

## Choc. mousse

- 1 1/2 c. lowfat milk
- 1 pk Instant Pudding (Choc)
- 1 c. W. Topping



Pour milk in one bowl add

Wednesday - Mercredi

February - 2 - Février

Tomorrow don't forget LOTO CANADA DAY — Demain n'oubliez pas LA JOURNÉE DE LOTO CANADA.

Pudding mix Beat Well 1 to 2 min.  
feed in W. Topping Put on dish

Chill Garnish with S. Berries and W. Topping. 100 Calories per Serving.

Prep. time 5 min.

5 Servings

April - Avril

D	L	M	M	J	V	S
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

May - Mai

D	L	M	M	J	V	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June - Juin

D	L	M	M	J	V	S
				1	2	3
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



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Thursday - Jeudi

February - 3 - Février

## Berried Delight

1 1/2 C. G. C. Crumbs

1/2 " Sugar 1 1/4 C for Crumbs

1/3 " Melled Margarine sugar

1 - 8 oz Cream Cheese 1/4 13 1/4 Topping

2 2/3 C Cold milk

3 1/2 " W. Topping 13 1/4

2 Pts. S. Berries

1 PK Instant Pudding (Vanilla)

Friday - Vendredi

February - 4 - Février

Mix Crumbs And 1/16 Cup Sugar

Press in Margarine Press mixture in

Pan 13x9 Bake 375° for 8 min.

If desired

Cream Cheese With Remaining 1/4

C. Sugar And 2 Tbs Milk

Beat in 1/2 of the W. Topping Spread

Over Crust

Orange S. Berries in even layer on

Sunday - Dimanche

Saturday - Samedi

Cream Cheese mixture

Pour remaining milk in Bowl

Add Pudding Mix Beat 1 to 2 min.

Pour over S. Berries Chill 4 hrs

Spread remaining topping over Pudding

Just before Serving Garnish with S. Berries

February - 6 - Février

18 Servings Prep time 35 min.

