# 以下是本周的操作统计

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | 2023-10-04 | 2023-10-05 | 2023-10-06 | 2023-10-07 | 2023-10-08 | 2023-10-09 | 2023-10-10 |
| 休养 | 1.12% | 1.12% | 1.12% | 1.12% | 1.11% | 1.12% | 1.12% |
| 值班 | 5.37% | 5.37% | 5.37% | 5.37% | 5.35% | 5.82% | 5.39% |
| 充值 | 0.45% | 0.45% | 0.45% | 0.45% | 0.45% | 1.34% | 0.45% |
| 写作 | 2.69% | 2.69% | 2.69% | 2.69% | 2.67% | 1.03% | 2.65% |
| 写作业 | 5.42% | 5.42% | 5.42% | 5.42% | 5.39% | 5.42% | 5.43% |
| 分发 | 0.90% | 0.90% | 0.90% | 0.90% | 0.89% | 1.84% | 0.90% |
| 午睡 | 2.10% | 2.10% | 2.10% | 2.10% | 2.10% | 3.49% | 2.16% |
| 吃午餐 | 1.34% | 1.34% | 1.34% | 1.34% | 1.34% | 1.57% | 1.35% |
| 吃早餐 | 0.67% | 0.67% | 0.67% | 0.67% | 0.67% | 3.32% | 0.67% |
| 吃晚餐 | 0.67% | 0.67% | 0.67% | 0.67% | 0.67% | 2.91% | 0.67% |
| 喝水 | 0.45% | 0.45% | 0.45% | 0.45% | 0.45% | 0.45% | 0.45% |
| 实验 | 4.48% | 4.48% | 4.48% | 4.48% | 4.46% | 2.06% | 4.40% |
| 思考 | 2.91% | 2.91% | 2.91% | 2.91% | 2.90% | 2.91% | 2.92% |
| 拍摄 | 0.49% | 0.49% | 0.49% | 0.49% | 0.89% | 1.03% | 0.49% |
| 排泄 | 0.22% | 0.22% | 0.22% | 0.22% | 0.22% | 0.22% | 0.22% |
| 欣赏 | 2.01% | 2.01% | 2.01% | 2.01% | 2.01% | 3.49% | 2.02% |
| 步行 | 3.13% | 3.13% | 3.13% | 3.13% | 3.12% | 0.45% | 3.10% |
| 沏茶 | 1.12% | 1.12% | 1.12% | 1.12% | 1.11% | 1.12% | 1.12% |
| 洗漱 | 1.79% | 1.79% | 1.79% | 1.79% | 1.78% | 1.79% | 1.80% |
| 玩手机 | 20.77% | 20.77% | 20.77% | 20.77% | 20.69% | 20.79% | 20.84% |
| 睡眠 | 17.91% | 17.91% | 17.91% | 17.91% | 17.83% | 17.92% | 17.96% |
| 编程 | 4.21% | 4.21% | 4.21% | 4.21% | 4.19% | 4.21% | 4.22% |
| 网聊 | 1.79% | 1.79% | 1.79% | 1.79% | 1.78% | 0.90% | 1.75% |
| 自学 | 5.19% | 5.19% | 5.19% | 5.19% | 5.17% | 3.49% | 5.16% |
| 讨论 | 3.13% | 3.13% | 3.13% | 3.13% | 3.12% | 0.45% | 3.10% |
| 记录 | 0.67% | 0.67% | 0.67% | 0.67% | 0.67% | 2.02% | 0.67% |
| 购物 | 1.34% | 1.34% | 1.34% | 1.34% | 1.34% | 0.45% | 1.30% |
| 阅读 | 3.36% | 3.36% | 3.36% | 3.36% | 3.34% | 2.02% | 3.32% |
| 预习 | 4.30% | 4.30% | 4.30% | 4.30% | 4.28% | 6.36% | 4.36% |
| 总时长 | 2234.0 | 2234.0 | 2234.0 | 2234.0 | 2243.0 | 2232.0 | 2227.0 |