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How to get free language assistance from VA

We offer free interpreters and other language assistance to Veterans and family members. Read this page to find out how to get help in other languages by phone or at a VA health facility.

[Find helpful VA phone numbers](#)

Get help when you call VA

Call our MyVA411 main information line at [800-698-2411](tel:800-698-2411) (TTY: [711](tel:711)). Select 0 to connect with a VA call center agent. Tell the agent you'd like an interpreter to join the call. We're here 24 hours a day, 7 days a week.

Get help at a VA health facility

If you or your family member needs language assistance at a VA health facility, simply tell a VA staff member that you'd like an interpreter.

You can also ask your care team to connect you with a VA patient advocate. Patient advocates are highly trained professionals at each VA medical center. They work to support the rights of Veterans and their families who receive care through VA.

Your patient advocate can help you get services like these:

- An interpreter
- Translated documents to help you understand some VA health benefits and services
- American Sign Language services

[Find your nearest VA health facility \(https://www.va.gov/find-locations/?facilityType=health\)](https://www.va.gov/find-locations/?facilityType=health)

Tags [All Veterans \(https://www.va.gov/resources/tag/all-veterans\)](https://www.va.gov/resources/tag/all-veterans)

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VA benefits

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File a claim for disability compensation for conditions related to your military service, and manage your benefits over time.

[Education and training](#)

Apply for and manage your GI Bill and other education benefits to help pay for college and cover expenses while you're training for a job.

Need more help?

MyVA411 main information line: [800-698-2411](tel:800-698-2411)

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