

## PERSONAL INFORMATION



## Simona-Alexandra Geacă

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Sex Female | Date of birth 08/06/1986 | Nationality Romanian

## WORK EXPERIENCE

06/2015–Present

## Clinical psychologist

Individual psychology practice Maria Cristina Nedelcu, Bucharest (Romania)

02/2014–Present

## Clinical psychologist

Individual psychology practice Simona-Alexandra Geacă, Bucharest (Romania)

03/2013–04/2013

## Volunteer/internship

Children's Department - "Prof. Dr. Al. Obregia" Clinical Psychiatry Hospital, Bucharest (Romania)

01/2012–02/2014

## Tutor for ASD children

Bucharest (Romania)

- collaboration with ABA coordinator

11/2011–04/2012

## Volunteer/internship

Children's Department - "Prof. Dr. Al. Obregia" Clinical Psychiatry Hospital, Bucharest (Romania)

02/2011–05/2011

## Volunteer/internship

Department of Stress Research & Prophylaxis - "Prof. Dr. Al. Obregia" Clinical Hospital of Psychiatry, Bucharest (Romania)

## EDUCATION AND TRAINING

2013–2015

## Master's Degree - Health Psychology - Clinical research and behavioral optimization

Faculty of Psychology and Education Sciences, University of Bucharest, Bucharest (Romania)

2010–2013

## Bachelor's Degree - Psychology

Faculty of Psychology and Education Sciences, University of Bucharest, Bucharest (Romania)

03/2011–06/2011

## Class in neuroscience

"Carol Davila" University of Medicine and Pharmacy, Bucharest (Romania)

2005–2008

## Bachelor's Degree - Public Relations

Faculty of Journalism and Communication Sciences, University of Bucharest, Bucharest (Romania)

## PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
	IELTS - 8.5 CPE - A				
Spanish	B2	B1	B2	B2	B1
	DELE intermedio				

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
Common European Framework of Reference for Languages

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Proficient user	Basic user	Independent user	Proficient user

Digital competences - Self-assessment grid

- APA-style writing
- SPSS

## ADDITIONAL INFORMATION

- Courses**
- 2015 - Training class on the International Classification of Functioning, Disability and Health
  - 2015 - Trainer course - TES Association
  - 2015 - Course on Psychological Assessment in ASD children and types of intervention

- Publications**
- Riga, S., Riga, D., Geacă, S., Ardelean, A. (2014), Transdisciplinarity in bio-medicine, neuroscience and psychiatry: the bio-psycho-social model, *Proceedings of the Romanian Academy. Series B: Chemistry, Life Sciences and Geosciences*, 16(3), pp. (in press). pISSN 1454-8267
  - Geacă S. (2013), Aspecte psihologice ale longevității. In E. Avram (Ed.), *Psihologia sănătății*, vol. 7 (pp. 123-132). București: Editura Universitară
  - Riga, D., Riga, S., Motoc, D., Geacă, S. & Ionescu, T. (2013), Medicina sănătății-longevității – fundament în sănătatea mintală. In G. Cornuțiu & D. Marinescu (Ed.), *Orientări și perspective în gândirea psihiatrică românească actuală* (pp. 25-75). Oradea: Editura Universității din Oradea.
  - Riga, S., Riga, D., Geacă, S., Cornuțiu, G. (2012). Prof. Dr. Alexandru Obregia and Romanian psychiatry: European pioneering in mental health, neurosciences and public health, *Proceedings of the Romanian Academy, Series B: Chemistry, Life Sciences and Geosciences*, 14(1), 95-102. pISSN 1454-8267.
  - Riga, S., Riga, D., Geacă, S., Cornuțiu, G. (2012). Prof. Dr. Alexandru Obregia și psihiatria românească: pionierat european în sănătatea mintală, neuroștiințe și sănătate publică. In G. Cornuțiu (Ed.), *Lucrări de Istorie a Psihiatriei Românești*, vol. IV, *Analele Universității din Oradea - Fascicula Medicală*, vol.9 (pp. 131-145). ISSN 1224-1245.
  - Dan Riga, Sorin Riga, Daniela Motoc, Simona Geacă & Traian Ionescu (2012). Health-Longevity Medicine in the Global World, *Public Health - Methodology, Environmental and Systems Issues*, Prof. Jay Maddock (Ed.), ISBN: 978-953-51-0641-8, InTech, Available from: <http://www.intechopen.com/books/public-healthmethodology-environmental-and-systems->

### issues/health-longevity-medicine-in-the-global-world

- Riga, S., Riga, D., Ghinescu, M., Mihăilescu, A., Motoc, D., Geacă, S. (2011, July). *Health-longevity pyramid in the anti-aging global progress*. Paper presented at the 61st Annual Scientific Meeting of the British Society for Research on Ageing (BSRA)

& 14th Congress of the International Association of Biomedical Gerontology (IABG), Brighton, UK.

### Conferences and workshops

- December 2014 – Health Now conference including:

- Lecture: Resorting to scientific authority. When is it reliable?
- Workshop: Moving towards happiness
- Workshop: How to reduce sedentariness with minimum effort
- Lecture: Psychological health from a positive psychology and CBT perspective
- Workshop: I have an incurable condition. Could I have prevented it?
- Workshop: Harmonious ageing

- November 2014 – Seminar: Clinical developments in clinical psychology and traumatology

- October 2014 - Workshop: Introduction – CARE Index

- June 2014 – Workshop: Regulatory disorders and videography in early childhood II

- June 2014 – International conference including:

- Workshop: Writing for Publication in English-Language Psychology Journals
- Workshop: Cognitive Behavioral Approaches to treating Survivors of Trauma
- Workshop: Acceptance and Commitment Therapy: A Brief Introduction
- Lecture: An Overview of Bioethics in American Psychiatry and Psychology

- February-March 2014 – Workshop: Regulatory disorders and videography in early childhood

- November 2013 – Workshop: Sleep and Cognition. A field with broad implications?

- November 2013 – Workshop: About small babies and big problems

- September 2013 – Psychiatry Congress for Children and Adolescents; presentation „Handedness ambiguity in ASD” in collaboration with Maria Cristina Nedelcu

- July 2013 – Conference including the following:

- Seminar: Clinical Supervision: Theory, Research, and What I Think I Have Learned from 30 Years of Doing It;
- Seminar: Social Psychological Foundations of Clinical Psychology: Basic Principles and Applications

- November 2012 – Seminar: Eating disorders – specific aspects and differential therapeutic approaches

- October 2012 – Conference: Psychology and the Realities of the Contemporary World

- June 2012 – Conference: International Jubilee Symposium 160 years since the birth of scientist Ramon y Cajal – Bio-medicine and Neurosciences

- May 2011 – Conference: National Conference of Applied Experimental Psychology

- November 2010 – Conference: Psychology and the Realities of the Contemporary World including:

- Workshop: Short-term hypnotherapy in somatic and psychosomatic conditions