

Nerve Pain Symptom Log

Track burning, tingling, numbness, and shooting pain for neuropathy conditions.

Name: _____

Date Range: _____

Pain Scale Reference (0–10 NRS)



Nerve Pain Symptom Log

Track specific nerve pain types: B=Burning, T=Tingling, N=Numbness, S=Shooting, E=Electric shock.

Sensation Changes

Observations & Questions for Neurologist