Fight Virus With Vaccines

Let's stop this pandemic by killing the Virus with a vaccine, dont't let yourself and your family get infected





Jakarta Utara

08 July 2021

Moderna



AstraZeneca

SINOVAC



Why Should I Vaccine?

In order to avoid any doubts about getting the COVID-19 vaccine, identify the following 4 beneficts of COVID-19 vaccination:



Minimize the spreed of viruses

Vaccine has been proven effective to prevent someone from getting infected with Coronavirus



COVID-19 vacone proves to help shape antibody response for immune system.



nearby

The benefices of COVID-19 vaccination are the vaccine that we get can also help protect people around



Creating group immunity

COVID-19 vaccination is also beneficial for creating group immunity or hear immunity.

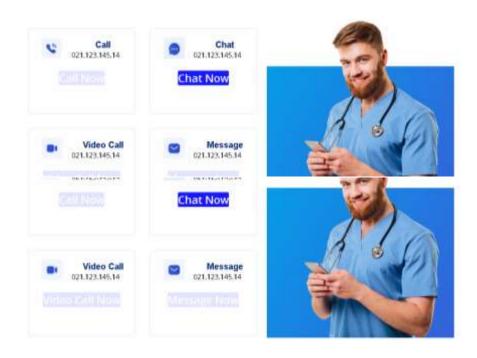


Preparations Before Vaccine

the succes of vaccines is strongly influenced by the strength of the body's immune system. Therefore, there are several things that can be tried to make the COVID-19 vaccine work:

Avoid alcoholic beverages	190
 Avoid stress Mress has a probabil effect on immure seris. Phones procoped stress can promise contact production and stress in the body. 	
Eat healthy food	
Get enough sleep	*
Exercise or physical activity	

Emergency Contact
Contact one of the contacts below if you or your family feel unwell and have similar symptoms such as COVID-19, make sure you also take care of yourself before reporting to us!



Vaccination

Our good at to help this world has from the angurup pendemic

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