

Fight Virus With Vaccines

Let's stop this pandemic by killing the Virus with a vaccine, don't let yourself and your family get infected

Best protection Selected Vaccines

Schedule your vaccinations

Location

Jakarta Utara

Date

08 July 2021

Vaccine type

Moderna

Submit



SINOVAC



Why Should I Vaccinate?

In order to avoid any doubts about getting the COVID-19 vaccine, identify the following 4 benefits of COVID-19 vaccination:



Minimize the spread of viruses

Vaccine has been proven effective to prevent someone from getting infected with Coronavirus.



Forming antibodies

COVID-19 vaccine proven to help shape antibody response for immune system.



Protecting people nearby

The benefits of COVID-19 vaccination are the vaccine that we get can also help protect people around us.



Creating group immunity

COVID-19 vaccination is also beneficial for creating group immunity or herd immunity.



Preparations Before Vaccine

The success of vaccines is strongly influenced by the strength of the body's immune system. Therefore, there are several things that can be tried to make the COVID-19 vaccine work:



Avoid alcoholic beverages



Avoid stress

Stress has a profound effect on immune work. Moreover, prolonged stress can increase cortisol (production) and oxidative stress in the body.



Eat healthy food




Get enough sleep




Exercise or physical activity

Emergency Contact

Contact one of the contacts below if you or your family feel unwell and have similar symptoms such as COVID-19, make sure you also take care of yourself before reporting to us!

**Call**
021.123.145.14


Call Now

**Chat**
021.123.145.14

Chat Now

**Video Call**
021.123.145.14

Video Call Now

**Message**
021.123.145.14

Chat Now

**Video Call**
021.123.145.14

Video Call Now

**Message**
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Message Now



Vaccination

Our goal is to help the world free from the ongoing pandemic.

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