



Exercises for Beginners

Feel free to repeat any of these lines to reinforce muscle memory...

LESSON 1

G A B / G A B / G A B / G A B

B C B C B C B C

G B / G B / G B / D

B D / B D / B D F

hA (high A) hG (high G) F E D C B A G

LESSON 2

Arpeggios:

G B

G B D

G B D F

G B D F hA

REPEAT BUT IN REVERSE ORDER (B G, D B C, etc.)

A C

A C E

A C E hG

REPEAT BUT IN REVERSE ORDER (C A, E C A, etc.)

G B D F hA F D B G

A C E hG E C A

CAN YOU WRITE ONTO A STAFF THE LOCATION OF **ALL** OF THE ABOVE NOTES?

GRACENOTES

All lower case letters are grace notes. You may play the below on any theme note you choose. *Remember, you can only play grace notes on a theme note that is below the grace note.* For example, a D grace note can only be played on C, B, low A, etc.

g g g g g g g g

d d d d d d d d

e e e e e e e e

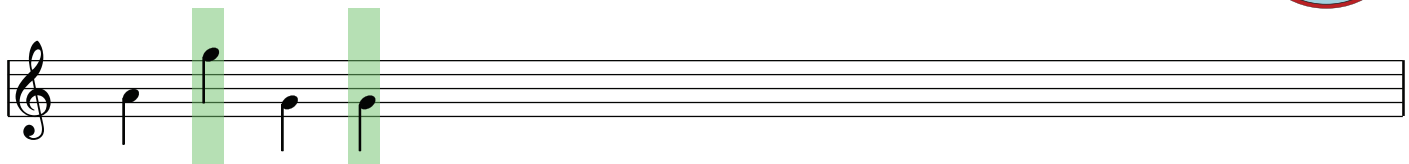
g d e / g d e / g d e / g d e



Open

Close

Twelve musical staves, each containing a treble clef, a common time signature (C), and a sequence of four eighth notes. The notes are G4, A4, B4, and C5. The first staff has a common time signature. Two vertical green shaded regions are present on the page: one labeled "Open" and one labeled "Close". Each region covers the second and third notes (A4 and B4) of every staff. The first staff has a common time signature.





Open Close

The image shows six musical staves, each with a treble clef and a common time signature 'C'. Each staff contains a sequence of four eighth notes: D4, E4, F4, and G4. Two vertical green shaded regions are placed over the staves. The first region, labeled 'Open', covers the first two notes (D4 and E4). The second region, labeled 'Close', covers the last two notes (F4 and G4). The staves are arranged vertically, providing multiple lines for practice.

Lesson 3 - E Grace Note Breakdown

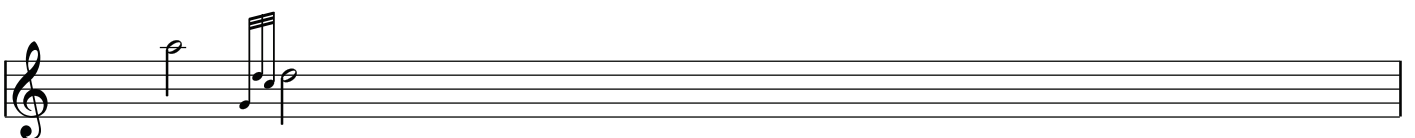
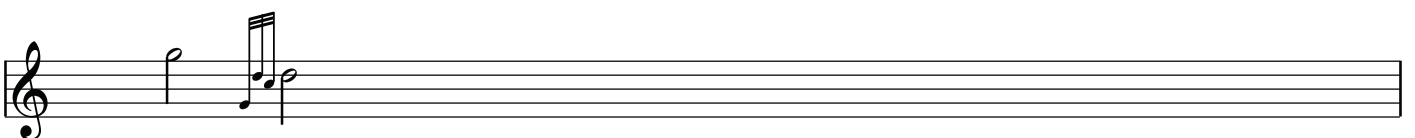
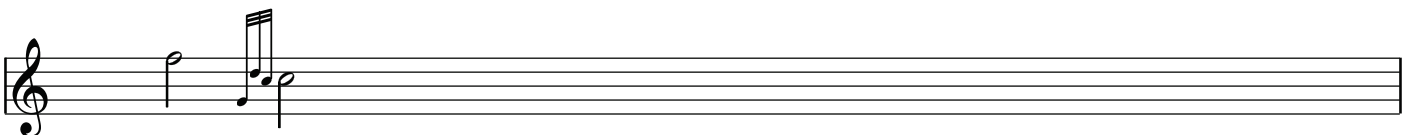
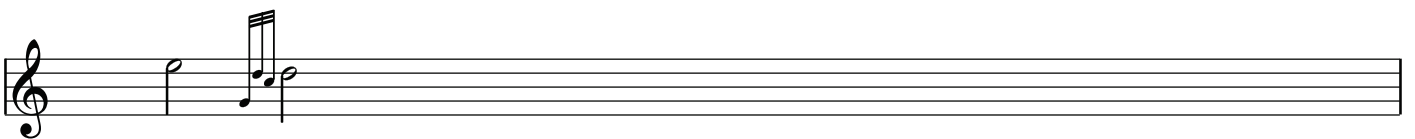
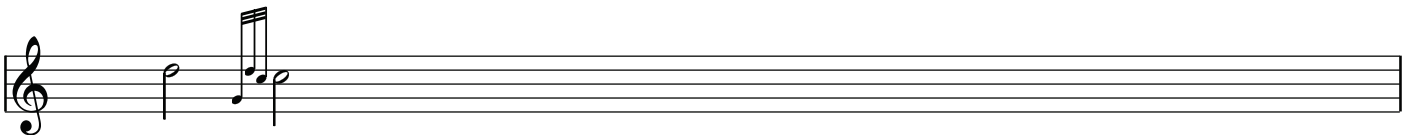
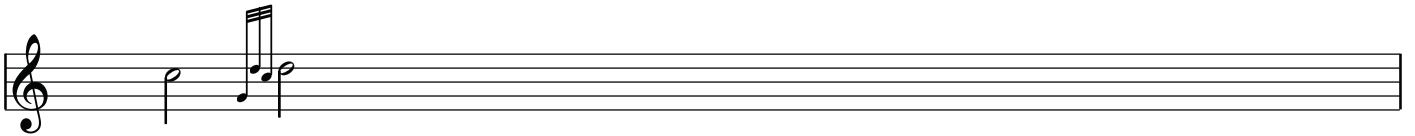
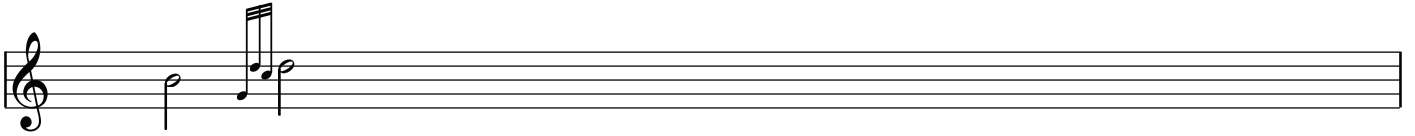
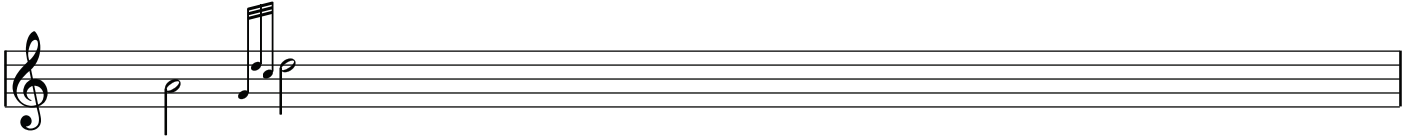
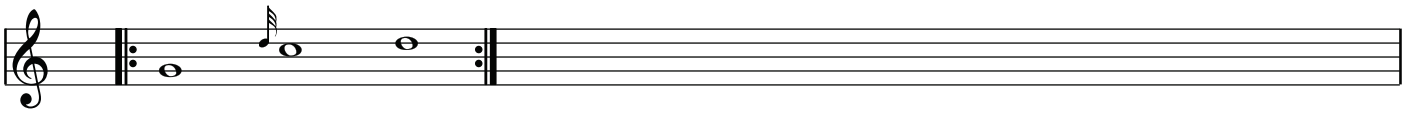


Open

Close

Eight musical staves for practice. Each staff begins with a treble clef and a common time signature 'C'. The first staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The second staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The third staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The fourth staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The fifth staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The sixth staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The seventh staff contains a sequence of four eighth notes: D4, E4, D4, and E4. The eighth staff contains a sequence of four eighth notes: D4, E4, D4, and E4. Two vertical green bars are positioned between the first and second staves, labeled 'Open' and 'Close' respectively, indicating the timing of the grace note.

D Throw Exercises





Sheet music for Lesson 4, featuring six staves of musical notation in treble clef, 6/8 time signature. The notation includes various rhythmic patterns, including eighth notes, quarter notes, and half notes, with some measures containing cross-over or B-tap patterns. The music is organized into six systems, each containing one or more staves. The first staff has a repeat sign at the beginning and end. The second staff has a repeat sign at the beginning and end. The third staff has a repeat sign at the beginning and end. The fourth staff has a repeat sign at the beginning and end. The fifth staff has a repeat sign at the beginning and end. The sixth staff has a repeat sign at the beginning and end.



Five staves of musical notation for Lesson 5 - Taps/Strikes, G Doublings. The notation is written in treble clef with a key signature of one sharp (F#) and a time signature of 8/8. The first staff begins with a repeat sign. The notation consists of eighth notes, quarter notes, and dotted half notes, with some notes beamed together. The second staff also begins with a repeat sign. The third, fourth, and fifth staves begin with repeat signs and contain dotted half notes, some with eighth notes beamed to them. Each staff ends with a double bar line.



Sheet music for Lesson 6, featuring six staves of music in 4/4 time. The music is written in treble clef and includes various musical notations such as half notes, quarter notes, eighth notes, and sixteenth notes, along with gracenotes and strikes. The first staff begins with a key signature of one sharp (F#) and a 4/4 time signature. The music is organized into measures, with repeat signs at the beginning and end of sections. The notation includes half doublings, E gracenotes, D strikes, D - G gracenote strikes, and Crossovers.