Quadratic Survey Interface

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 Here is the abstract that cites [50] and Posner and Weyl [50].

CCS Concepts: • Human-centered computing \rightarrow Empirical studies in collaborative and social computing; Collaborative and social computing design and evaluation methods; HCI design and evaluation methods.

Additional Key Words and Phrases: Quadratic Voting; Likert scale; Empirical studies; Collective decision-making

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1 INTRODUCTION

Capturing individuals' responses, attitudes, and preferences effectively is the cornerstone of studying human subject studies, especially for the CSCW community. The effectiveness of eliciting these responses hinges upon the study protocol, survey mechanism, and design of the tool at hand [46, 14, 34]. While much research has explored the influence of the former two aspects, this research focuses on the design of a specific survey – Quadratic Surveys.

The design in any response-capturing tool significantly influences individuals' ability to express their attitudes. Political scientists have demonstrated that ballot designs alone can sway voter decisions [18], marketing and psychology researchers have examined how the presentation of questions influences responses [74, 35, 71], and Human-Computer Interaction researchers have focused on evaluating and understanding web surveys and smart interfaces for surveys [20, 78, 49]. These studies highlight the importance of studying the interface and design for survey mechanisms.

The Quadratic Mechanism is a decision mechanism where individuals express the degree of their preferences within a given budget. Quadratic Voting (QV) leverages this mechanism, allowing participants to allocate a finite amount of credits across a list of options, voting multiple times to demonstrate their strength of approval, as long as the sum of the quadratic values of their votes remains within the given credit [37]. Recent work has demonstrated that QV can gauge public opinions [53] and be transformed into Quadratic Surveys (QS) to elicit individual preferences under resource-constrained scenarios [10]. These studies suggest that more sophisticated mechanisms can elicit more truthful and carefully identified preferences in complex spaces to inform decision-making.

However, the Quadratic Mechanism is undeniably more complex than other voting and surveying mechanisms, such as the Likert scale [40], where individuals select from a few responses, and Approval Voting [5], where participants mark as many options as they approve without constraints. Responding to a QS involves expressing a numerical representation of a full set of constructed preferences. As Lichtenstein and Slovic [39] pointed out, when individuals do not have clear known

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preferences, they construct preferences in situ. This can be particularly challenging in unfamiliar contexts, when choices might conflict, and when opinions need to be translated into quantified values. Survey respondents often face these challenges, exacerbated by common constraints and budget allocation, requiring them to make difficult decisions.

This challenge emphasizes the critical importance of designing and developing suitable interfaces for Quadratic Surveys to elicit truthful and in-depth preference information from respondents. Good design is essential; without it, the quality of collected data can suffer significantly. Despite the advocacy of Quadratic Voting by Posner and Weyl [50], and its experimentation in various contexts such as the Colorado state government, the Democratic Caucus of the House of Representatives [52], government-sponsored hackathons [67], and the recent Gov4git [27], no peer-reviewed research has focused on the design perspective of such mechanisms. This increasing attention highlights the relevance and potential impact of QS. Additionally, prior research in behavioral economics and marketing has pointed out the challenge of choice overload [33] and overchoice [26]. While Quadratic Voting allows individuals to allocate resources across multiple options, the presence of many options can overwhelm participants, potentially compromising decision-making quality. It can be difficult for decision-makers to reduce the number of options present in a survey. Effective design may mitigate these overload challenges, ensuring that the Quadratic Survey mechanism fulfills its potential to capture detailed and accurate preferences. These reasons strongly motivate our main research question: How can we design interactive interfaces to support participants in completing Quadratic Surveys? Addressing this question fills a important gap in the literature and enhances the practical utility of QS in capturing high-quality data across various applications.

In this study, we aim to reach our goal by answering three research questions:

- RQ1a. How does the number of options on QS impact respondents' cognitive load?
- RQ1b. Across the different number of options on QS, what are the sources of cognitive load from?
- RQ2a. How does the interactive interface involving grouping and direct manipulation interface influence QS respondents' cognitive load compared to text-based interface?
- RQ2b. Across the two interfaces, what are the sources of cognitive load from?
- RQ3. What are differences in QS respondents' behaviors when coping with long lists of options?

To answer these research questions, we constructed an interactive interface informed by prior literature in questionnaire and survey response format. We iterated the interface after several rounds of pretests and pilots. Then we designed a two-by-two between-subject study where each group of participants would experience a QS with a short or long list of options, using a text-based or interactive-based interface. Study participants' cognitive load was collected using NASA-TLX, a widely used measure, followed by an interview. We recruited 41 participants from a Midwestern local community, asking members to support a wide range of societal issues in an in-lab study.

In the remainder of this paper, we focus on the related works in section 2. Then we detailed related works that informed the interactive QS interface and the design process in section 3. Experiment design follows in section ??. Study findings and discussion are present in section 5 and sectionsec:discussion.

Contributions. In this study, we highlighted the importance of using a two-step "organize then vote" interactive interface for QS surveys with long lists of options, despite not revealing statistically significant differences in the weighted NASA-TLX scores between the groups. All four groups of participants experienced medium-to-high weighted cognitive load. Our recommendation is based on identified differences in the sources of cognitive load between participants using text-based interfaces and those using interactive interfaces when responding to QS with long lists. Supporting

 evidence from participants' operating behaviors showed that those using the interactive interface made more rapid and repeated updates when responding to the survey. Conversely, we observed fewer qualitative differences between the groups of participants responding to the short list. This study also provides design recommendations for deploying QS and suggests directions for future research.

2 RELATED WORKS

2.1 Quadratic Voting

A Quadratic Survey (QS) is a surveying technique transformed from Quadratic Voting (QV), sharing the same quadratic mechanism used to inform collective decision-making. This mechanism allows respondents to express their preference intensity by casting multiple votes at a quadratic cost. Made popular by Posner and Weyl [50] and Lalley and Weyl [37], it aims to mitigate the tyranny of the majority inherent in traditional one-person-one-vote systems. QV is not subject to Arrow's impossibility theorem as it does not require individuals to aggregate rankings of preferences. Quadratic Surveys adapt this mechanism for survey contexts, allowing participants to vote for or against an option, presenting two distinct choices in the same survey. This adaptation was utilized by Quarfoot et al. [53] and implemented as an open-source platform by Bassetti et al. [4]. While these studies did not explicitly label this as a 'quadratic survey', we use this term to differentiate it from the voting mechanism.

To formally define QV, in a scenario where S participants are involved, each participant is allocated a fixed quantity of voice credits, denoted as B. These credits can be distributed among various options. Importantly, each individual can cast multiple votes, either in favor of or against each option. However, this voting system incorporates a quadratic cost for voting: casting n_k votes for a particular option k incurs a cost $c(n_k)$, which is proportional to n_k^2 . Consequently, the aggregate cost in voice credits for all options chosen by a participant must not exceed their allocated budget B. This necessitates that the sum of the squares of votes cast for each option $\sum_k n_k^2$ remains within the limit of B, where n_k represents the number of votes allocated to option k. QV results determine the winner by summing up the total votes cast by all participants for each option. This design allows the marginal cost to cast one additional vote to linearly increase with the number of votes already cast on that option, inducing rational participants to vote proportionally to how much they care about an issue [50]. Quadratic Surveys extend the same mechanism but allow participants to denote positive (upvotes) or negative values (downvotes) on each option. The survey administrators compile and analyze the results by summing up the total votes and allowing cancellation between upvotes and downvotes.

Empirical studies and applications of the quadratic mechanism and quadratic voting have increased in the past few years. Several studies have explored the empirical use cases for QV, including Quarfoot et al. [53]'s study on 4500 participants' attitudes across ten public policies, highlighting differences between QV and Likert scale survey results. Cheng et al. [10] applied quadratic surveys in Human-Computer Interaction (HCI) and subsequently showed QV's effectiveness in reflecting true preferences in monetary decision tasks. Naylor et al. [44] used QV in educational research to gauge student opinions on factors affecting university success, and Cavaille and Chen [8] examined QV in polarized choice scenarios.

Another form of research focuses on the transformation and application of the quadratic mechanism into different tools. Recent work by South et al. [63] applies the quadratic mechanism as part of the management framework to support networked authority, which was later applied to Gov4git [27]. Quadratic Funding focuses on the redistribution of funds following outcomes from consensus made using the quadratic mechanism [6, 23]. Yet across these research, there is little

attention focused on the user experience and interface design supporting individuals to express attitudes and opinions under the quadratic mechanism.

2.2 Survey, Voting, and QV Design

 To emphasize the significance of interface design and understanding user experience, we reviewed prior literature on the influence of systems in surveying and voting. The notorious butterfly ballot [73] highlighted the impact interface design can make on election outcomes. Researchers like Engstrom and Roberts [18], Chisnell [12], and organizations like the Center for Civic Design, which publishes reports like "Designing Usable Ballots" [17], stress that democracy is a design problem. We group this literature into three main categories: designs that shifted voter decisions, designs that influenced human errors, and designs that incorporated technologies to improve usability.

Designs that shifted voter decisions: For example, states without the option for straight-party ticket voting (the option to circle an option that votes for all the candidates in the same party) exhibited higher rates of split-ticket voting [18]. Another example from the Australian ballot with an office block and no party box (having a box that clearly segments the position that the candidates are competing for) has been shown to enhance incumbency advantages.

Designs that influenced errors: Butterfly ballots increased voter errors because voters could not correctly identify the punch hole on the ballot. Splitting contestants across columns increases the chance for voters to overvote [54]. On the other hand, Everett et al. [19] showed the use of incorporating physical voting behaviors, like lever voting, into GUI interfaces.

Designs that incorporated technologies: Other projects like the Caltech-MIT Voting Technology Project have sparked research to address accessibility challenges, resulting in innovations like EZ Ballot [38], Anywhere Ballot [65], and Prime III [16]. In addition, Gilbert et al. [25] investigated optimal touchpoints on voting interfaces, and Conrad et al. [13] examined zoomable voting interfaces.

These related works highlight the importance of design and how it influences elicited individual attitudes. Research in the marketing and research community studying survey and questionnaire design, usability, and interaction finds similar trends. The term 'Response Format' is often used to describe the style and presentation of a question presented on a survey. Various studies have shown that different designs of response formats can influence outcomes. For example, Weijters et al. [75] demonstrated that horizontal distances between options are more influential than vertical distances, with the latter recommended for reduced bias. Slider bars, which operate on a drag-and-drop principle, show lower mean scores and higher nonresponse rates compared to buttons, indicating they are more prone to bias and difficult to use. In contrast, visual analogue scales that operate on a point-and-click principle perform better [70].

While both fields have deep insights into understanding design's influence on attitude elicitation, QS's unique capability of supporting both ranking and rating [10] makes designing an interface important and challenging. Subsequently, this research aims to understand how this interface influences an individual's QS response behavior. Requiring the distribution of budgets following the quadratic mechanism introduces new and complex decisions.

2.3 Cognitive Challenges and Choice Overload

Quadratic Surveys contain a series of complex decisions. QS respondents are asked to express preferences while budgeting across multiple options. Lichtenstein and Slovic [39] laid out the three key elements that make decisions difficult. They include people making decisions within an unfamiliar context, people forced to make tradeoffs due to conflicts among choices, and people

 quantifying values for their opinions. QS fits into the description of all three elements, as participants can face options placed by the decision maker which they have never seen before. Participants are bounded by budgets that force them to make tradeoffs, and the final votes are presented in values. Hence, we believe that QS introduces high cognitive load.

Previous studies have demonstrated that cognitive overload can adversely affect performance, for instance, causing individuals to rely more on heuristics rather than engaging in deliberate and logical decision-making [15]. In addition, some researchers believe that preferences are constructed in situ just as memories are. Thus, when too much information is presented to an individual, they can 'satisfice' their decisions [62, 48, 72]. This overload can happen because of the presence of too many options. Subsequently, too many options can lead to individuals feeling overloaded, leading to decision paralysis, demotivation, and dissatisfaction [33].

Additionally, Alwin and Krosnick [3] highlighted that the use of ranking techniques in surveys can be time-consuming and potentially more costly to administer. These challenges are compounded when there are numerous items to rank, requiring substantial cognitive sophistication and concentration from survey respondents [21].

However, in several notable applications of Quadratic Voting in society, there can be hundreds of options within a single QV question. For instance, the 2019 Colorado House of Representatives considered 107 bills [1], and the 2019 Taiwan Presidential Hackathon featured 136 proposals [51]. These psychological and behavioral research highlighted the importance of understanding how individuals navigate and can potentially benefit from interfaces under long-list QS conditions.

3 INTERFACE DESIGN

In this study, we developed an interactive interface for QS based on prior literature for the experiment condition. As there no standardlized QV interface, we constructed a text based QS interface that includes most of what existing interfaces offers and make it comparable with the interactive interface. In the following subsections, we describe these interface design decisions and supporting literature.

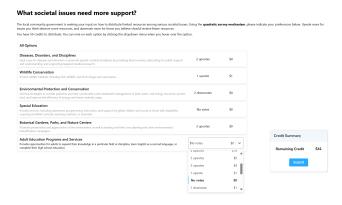


Fig. 2. The text-based interface

3.1 Text-based Interface (Text Condition)

First, we surveyed the current implementation of QV interfaces to understand the development of such tools. We present a selection in Figure 1. All five interfaces retain and present the following components:



(a) Software designed by WeDesign used in [53]. Image taken from [50].

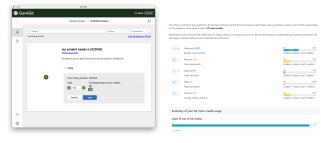


(b) An open-source QV interface [79] with a publicly available service.



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(c) An open-source QV interface [55] forked from GitCoin [56] used by the RadicalxChange community [2].



(d) The interface designed for (e) The interface used in the regov4git [27]. search by Cheng et al. [10].

Fig. 1. Recent implementations of interfaces applying the quadratic mechanism.

- Option list: A list of options contesting for votes.
- Vote Controls: Two buttons to increase and decrease votes associated with an option.
- Individual vote counts: Some representation of the number of votes associated with an option.
- Summary: A summary automatically calculates the cost of the total votes.

We constructed a text-based interface that included all five components but removed the use of emojis (i.e., thumbs up and thumbs down present in Figure 1a), progress bars, and other visualizations in the summary section (i.e., progress bars in Figure 1a and 1e or blocks presented in Figure 1c), and the visual cues for individual vote counts (i.e., the colored counts and icons present in Figure 1d and 1e). Prior literature suggests that the use of emojis might influence the interpretations of surveys [31] and decrease user satisfaction [71]. We also removed all visualization elements such as blocks, progress bars, and percentage indicators, as prior literature shows that not all data visualization elements reduce cognitive demand [32]. Last, we decided to present all the options on the same screen. Prior research emphasizes the importance of placing all the options on the same digital ballot screen to avoid losing votes (missing citations). This echoes the proverb "out of sight, out of mind," where individuals might be biased toward options that are shown to

 them and additional effort is required for individuals to retrieve specific information if options are hidden (citation needed).

These design decisions led to the interface shown in Figure 2. The interface contains the question prompt at the top of the screen. The options are presented as a list of options below. Survey respondents can update the votes, showing the cost and the number of votes, by selecting from a dropdown that provides all possible voting options and cost given the number of credits. A small summary box to the right of the interface shows the current total cost and the remaining credit for the respondent. To avoid ordering bias [22, 14], options are always randomly presented on the interface.

3.2 Interactive Interface (Interactive Condition)

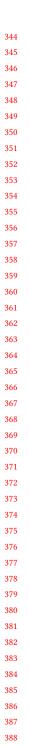
The interactive interface, shown in Figure 3, builds additional interactive elements on top of the text interface to maintain consistency that allows comparison of the direct manipulation of the designed interactive elements. We designed two additional components: An additional organization step prior to voting and a drag-and-drop interface throughout the QS responding session informed through prior literature.

Organization Phase. The design of the organization phase in this interactive interface began from understanding Strack and Martin [64]'s research on how survey respondents process and respond to attitude surveys. They propose that individuals, after comprehending a question, would either recall a previous judgment or construct a new one. This organization phase is designed to guide respondents through the process of forming opinions on individual options incrementally and methodically.

The organizing interface, as shown on the left-hand side of Figure 3, begins by presenting all survey options one at a time right under the system prompt. Survey respondents select a response among three ordinal categories – lean positive, lean negative, or lean neutral. Once selected, the system will move that option to the respective category. Participants can skip the option if they do not want to indicate a preference. Options within the groups are draggable and rearrangeable to other groups should the participants want. In other words, we designed an interface to nudge survey respondents to review and group different options.

Three theoretical theories informed such design. First, to reduce cognitive load, showing participants one option at a time gated the amount of information presented to the survey respondent and thereby reduced the extraneous load [66]. The three possible options, positive, neutral, and negative, aim to scaffold participants in constructing their own choice architecture [43, 68], which strategically segments options into diverse and alternative choice presentations while avoiding the biases from defaults. The immediate feedback and the agency for participants to edit their 'categorization' stem from basic HCI principles [45]. This design underwent paper prototypes and various iterations, which all maintained the combination of these theoretical bases aimed at reducing cognitive load and scaffolding the decision-making process. We describe these iterations and the design process in Appendix A.

Interactive voting interface. Given that survey respondents conveyed a rough categorization of options, the voting interface presents the options as they were categorized on the interface, rather than in a randomly ordered manner like the text-based interface. As presented on the right-hand side of Figure 3, options are placed in the order of lean positive, lean neutral, lean negative, and skipped or undecided. Undecided options include options that remained in the organization queue. This could happen since survey respondents might have a pre-existing preference or do not want to organize their thoughts. The order within these categories is also preserved. Survey respondents can



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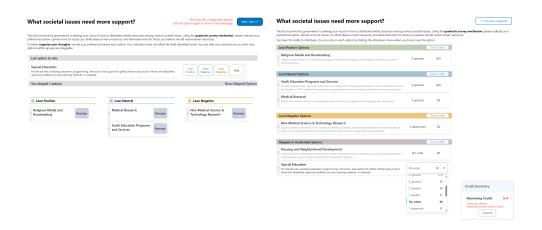


Fig. 3. The interactive interface

also choose to go back to the organization interface to focus on updating their choice architecture anytime throughout the survey.

The other difference for the interactive voting interface is that options are draggable for participants to reposition options. Each category also includes a sort-by-vote function to change the position of options within the same 'category.' Survey respondents are aware that these additional interface interaction designs will not influence the voting outcome.

These interactions aim to support the positional proximity in information organization. The goal is to partially automate (i.e., automatic positioning of groups) while providing a straightforward mechanism (i.e., drag-and-drop) such that 'similar' options and information are placed near each other, allowing participants to process decisions together, echoing research on the proximity compatibility principle [77], specifically spatial proximity [76], and mental compatibility.

While there are various interaction mechanisms to adjust the ordering of options, the notion of drag-and-drop has been explored widely in rank-based surveys. For instance, Krosnick et al. [36] demonstrated that replacing drag-and-drop with traditional number-filling rank-based questions improved participants' satisfaction with little trade-off in their time. A similar work embedded drag-and-drop as part of its ranking process [69]. Even though the drag-and-drop interface might lower the stability of the outcome, since we are not trying to capture the position of the options as our final solution, it is worth its trade-off for which survey respondents express a higher satisfactory affordability and ease of use [57].

Together, these design decisions lead to our belief that a two-step interactive interface with direct interface manipulation can reduce the cognitive load for survey respondents to form preference decisions when completing QS.

4 EXPERIMENT DESIGN

Based on the design decisions, we developed a QS interface using a React.js frontend and a Next.js backend powered on MongoDB. Both systems are open-sourced ¹.

We recruited participants from a midwestern college town using online ads, digital bulletins, social media posts, physical flyers, and online newsletters. The study's researcher prioritized the non-student population to maximize participant diversity. This study is reviewed and approved by the college Institutional Review Board.

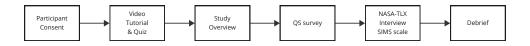


Fig. 4. Study protocol

Figure 4 shows a visual representation of the study protocol. Study participants are invited to the lab to participate in this study. The reason we made this experiment design decision is to minimize the influence of external factors that could affect the measurement of cognitive load. External factors, more prevalent in remote experiments or those conducted via platforms like MTurk, include potential multitasking or interruptions by others. An in-lab study also allows participants to operate across a consistent device that researchers have full control over. More specifically, the experiment involves participants operating on a 32-inch vertical monitor. This setup assured study participants, despite any condition in the study, can see all options on a QS, minimizing hidden information from an individual's decision-making process.

After consenting to the study, participants are invited to the study and they watch a pre-recorded video explaining the Quadratic mechanism and how QS operates. This video does not include any hints of either interface and how to operate the interface. Participants are then asked to complete a short quiz. The purpose of the quiz is to ensure that all participants fully understand how QS works. Participants are not screened out if they fail the quiz but are asked to rewatch the video or ask the researcher until they are able to select the correct answer. The device that the participant worked on is screen captured throughout the study.

The researcher then primes the participant that the purpose of this study is to assist local community organizers in understanding community members' preferences on a wide variety of societal issues so they can potentially distribute limited resources better. Participants would be randomly placed into one of the four groups:

- 6 options with a text-based interface
- 6 options with an interactive interface
- 24 options with a text-based interface
- 24 options with interactive interface

Participants will begin completing the survey independently, without the researcher's presence. Upon completion, they contact the researcher, who then requests they complete the NASA-TLX to assess cognitive load. This is followed by a short semi-structured interview to gain insights into the participants' experiences. This interview is audio recorded. Finally, participants complete the situational motivation scale (SIMS) to gauge motivation and a demographic survey. The session concludes with a debriefing and a \$15 cash compensation for their participation. The debreifing

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explains to the participant regarding not disclosing the purpose of the survey is to measure cognitive load and interface design and allows for participants to ask any questions.

 The study is designed as a between-subject study for two reasons. First, we aim to minimize the study fatigue that might occur given the complexity of responding to a QS. To complete a QS survey, participants can take up to 20 minutes. Thus, it is difficult to conduct back-to-back experiments that measure cognitive load. We choose not to ask participants to revisit the lab with several days in between, to reduce dropout rates and prevent demotivating participants from attending the in-person experiment, which might occur in a within-subject study design. Second, we aim to reduce the learning effect that is difficult to remove, especially concerning operating the interface and making decisions on the survey. Recall that preferences are constructed, we want to ensure that participants are not influenced by their previous preferences which can influence their perceived cognitive load.

In an ideal world, understanding participants' cognitive load across multiple options would require enumerating all possible numbers of options and eliciting the "breaking point" where the participant experiences cognitive overload. Unfortunately, this is not feasible. Iterating through all possible numbers of options is very costly, both in time and resources. Therefore, we refer to prior literature to inform our choice of 6 and 24 options, representing a short and long list of options. To decide the number for the short list, survey methods such as constant sum surveys and Analytic Hierarchy Process (AHP) recommend options fewer than ten and seven, respectively [42, 61, 60]. However, we are not aware of any specific works that justify these numbers. Saaty [60] associated this value with both the cognitive processing capacity of 7 ± 2 [41] and a theoretical proof using the consistency ratio of a pairwise comparison metric [59]. This informs our decision to contain a pair of dependent variables above and below seven options. We turn to experiments designed to study choice overload. A meta-analysis by Chernev et al. [11] surveyed 99 choice overload experiments (N = 7202) and summarized that 6 and 24 are the modal values for short and long lists when testing choice overload. These two values are likely rooted in the original choice overload experiment by Iyengar and Lepper [33]. The value six is often used in experiments to understand the effect of choice provision. The value 24 is the maximum number of ecologically valid jams produced by the jam company in the original study. We decided to follow suit with these two values, satisfying the previous decision to choose two values less than and greater than seven.

Next, we describe the context of the survey that participants completed. Participants were asked to complete a societal issue survey. We follow suit as described by Cheng et al. [10], believing that surveying societal issues is a good topic as it is relevant to every citizen and it is easy to convey that there are limited resources in the public sector to be prioritized across different sectors and areas. Participants across all four groups were presented with options randomly drawn from 26 societal issues. These issues were generated from the categories used by Charity Navigator [9], a non-profit organization that evaluates over 20 thousand charities in the United States. The full list of these societal issues is provided in Appendix B.

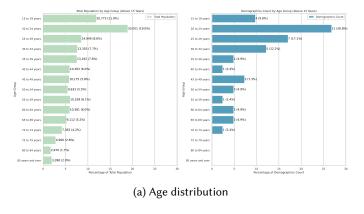
Last, we describe the two quantitative measurements taken during the study: cognitive load and motivation. At the time of this study, several methods existed to measure cognitive load, including performance measures, psychophysiological measures, subjective measures, and analytical measures [24]. Given the nature of QS, a task requiring a long period, adopting performance measures like secondary-task measures in our experiment proved challenging due to the difficulty of designing a secondary task. The secondary task must use the same cognitive resources as the primary tasks, and the cognitive resource for completing the survey would vary among participants. Similarly, psychophysiological measures such as pupil size [47] and ECG [28] can be highly sensitive to external environments and costly to obtain. Consequently, we relied primarily on subjective measures via self-report surveys and analytical measures like time and clicks collected via the

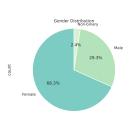
interface. We adopted a paper-based weighted NASA Task Load Index (NASA TLX), a multidimensional scoring procedure using the weighted average of six subscale scores to represent overall workload. Weighted NASA-TLX uses a priori workload definitions from subjects to weight and average subscale ratings, requiring subjects to evaluate each weight's contribution to the workload of a specific task [29, 30, 7]. This approach reduces between-rater variability, indicating differences in workload definitions among raters within a task and variations in workload sources between tasks [7]. Despite criticisms regarding its validity and vulnerability, NASA-TLX is commonly used due to its low cost and ease of administration [24]. It has been tested on various experimental and lab tasks, and workload scores derived from these tests showed significantly less variability among evaluators than one-dimensional workload scores [58]. Thus, we chose NASA-TLX to measure cognitive load in our study.

In addition to NASA-TLX, we administered a situational motivation scale (SIMS) to measure participants' motivation (required citation). We posited that motivation would influence mental demand (required citation). SIMS, chosen for its widespread use, helps understand one's intrinsic motivation, extrinsic motivation, identified regulation, and external regulation, and was originally designed to measure self-determination. Both instruments were administered using pen-and-paper.

5 RESULTS

In this section, we present the results from our study, beginning with a description of the participants' demographics. This is followed by quantitative and qualitative results regarding cognitive load, and concluded with observations of participants' behaviors. The quantitative measures are directly copied from pen-and-paper surveys and captured through system logs during participant interactions. The interview results are transcribed and coded by the first author, with the codes then grouped into themes. The behavioral data is cleaned and processed, available as open data ².





(b) Gender distribution

Fig. 5. Two figures side by side

5.1 Demographics

We recruited a total of 41 participants, 10 for each experiment condition. One participant was removed due to data quality concerns. The age of the participants has a mean centered at 34.63 years old with the full distribution of the participant age distribution to the right of Figure 5a. The population of the county is presented to the left in the figure. We see that the recruited participants

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follow closely with the population only missing a few percentages in the 35-45 range making the recruited sample size slightly younger. Recruited participants were more female than male as shown in Figure 5b.

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In terms of ethnicity, 51.2% of the respondents self-identify as White, followed by 26.8% as Asian, 4.9% as Hispanic, and 7.3% as African American. Additionally, 9.8% of participants identify as having mixed ethnicity.

Cognitive Load Results

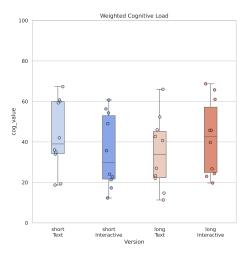


Fig. 6. NASA-TLX Results

We show the NASA-TLX weighted results in Figure 6. Qualitatively, there is a decrease in cognitive load when comparing short surveys between the text-based interface and interactive interfaces. Conversely, there is an increase in cognitive load when comparing the long survey between the text-based interface and interactive interfaces. However, we are not able to demonstrate statistical significance between the four groups using the Mann-Whitney U test. Reviewing the overall cognitive load, QS participants experienced a 'Somewhat High' and 'High' cognitive load regardless of length and interface [29]. (Need to get the exact percentage).

Next, we present the raw scores from the six measurements of NASA-TLX: Mental Demand, Physical Demand, Temporal Demand, Performance, Effort, and Frustration in Figure 7. We also show the 95% confidence interval around the mean for each boxplot.

Mental Demand remains high across all four conditions with a wide variance of responses. The short interactive interface has the lowest median score across all conditions. We see no statistical significance between conditions. For Physical Demand, all conditions except Long Interactive showed minimal scores, with the Long Interactive condition having a noticeably higher median score. There is statistical significance between short and long interactive interfaces (p < 0.01) as well as text and interactive interfaces in long surveys (p < 0.05).

Temporal Demand showed more variation across groups. It is interesting to see that the median across the short text interface is among the highest compared to the rest of the groups, while the long-text interface showed the least Temporal Demand. Our statistical tests showed a significant Quadratic Survey Interface 13



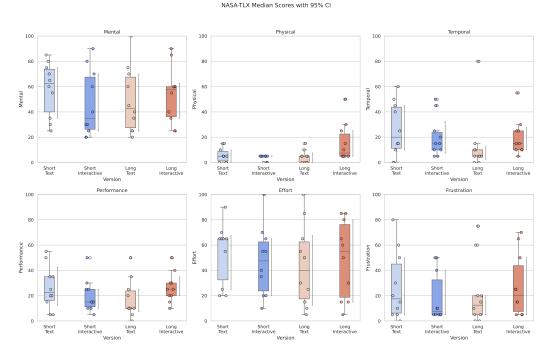


Fig. 7. NASA-TLX Results

difference between the long text interface and the long interactive interface (p < 0.05). Performance scores are relatively low across all conditions, indicating that participants experienced less cognitive load from performance. Effort scores echo the mental demand, showing a wide distribution with a high median across the four groups. Lastly, regarding Frustration, we observe qualitatively that the short text interface has a higher median value than the short interactive interface. The opposite is observed in longer surveys, where respondents in the long survey with a text interface experienced less frustration than the interactive version based on median values. We cannot establish statistical significance in the latter three aspects of NASA-TLX.

Based on these results, given the small sample size for each group of participants, we were not surprised that most results do not provide statistical significance in changes in cognitive load values. However, there are some trends that we capture via descriptive statistics. First, comparing the overall cognitive load and the breakdown of the sub-components between text interface and interactive interface across the short survey, we see a general trend in a reduction of cognitive load. Next, we are surprised by the upward trend between the text and interactive interface for the longer list. This is against our original hypothesis that under even complex situations, we should see a clearer portrait of how interactive interactions can reduce cognitive load. While it is possible that interactive interfaces can increase study participants' cognitive load, our qualitative results do not hint at this possibility. In addition, comparing the long and short survey in the text-based interface, it is counter intuitive to see a downward trend across cognitive load. Logically, choosing among more options would demonstrate a higher cognitive load.

These results lead us to further investigate the source of cognitive demands and participants' behaviors.

5.2.1 Mental Demand. Participants highlighted various sources that contributed towards their mental demand. In this section, we first highlight similarly across the groups, then we highlight the differences. The two main sources of mental demand is expected. Participants exacerbated higher mental demand due to two major source: Budget management and Preference construction.

Budget management. Participants aimed to consume the given credit to complete QS. 17 participants experienced increase in mental demand due to budgeting within the limited credit (N=4), tracking remaining credit (N=10), and trying to maximize spend (N=8). When asked about where participants experienced mental demand:

How many I got left that ... that I haven't voted on yet, and seeing if I and looking at the remaining credits, I'm trying to mentally divide that up before I start allocating upvotes and downvotes.

- S006, long interactive interface

And then I just wanted to make sure that I used all the credit that I had available to me, and also knowing that in order to like show your support for certain societal issues you had to like that was giving a tangential take away from other societal issues that you could support as well.

- S032, short text interface.

Anon.

Preference construction. Participants (N=36) experience increase in mental demand due to preference construction. We can break it down into determining relative preference (N=16) where participants focuses on internal evaluation and comparison among different options; option prioritization (N=17) where participants need to make trade-offs to elicit high priority options and translate internal preferences to a subselection of options; and precice resource allocation (N=30) where a value or adjustment need to represent their preferences.

Figuring out my priorities, and how much I prioritize option 1 over option 2. What is the difference between those 2 on my priority list?

- S002, short interactive interface, determining relative preference

I knew which ones that I wanted to dedicate the most to, and I knew which one I wanted to dedicate the least to. But it was that middle area that was kind of a grey area.

- S008, short interactive interface, option prioritization

I'm not sure how to put into words ... like having to pick how many upvotes would go to each one
- S023, long text interface, precice resource allocation

While preference construction is the main source of mental demand across all experiment groups, we noticed a distinct difference in the scope, especially when we compare long text and interactive interfaces. Participants using a long text interface experience higher mental demand on preference construction and preference, where they tend to *think about issues more narrowly, focusing on personal relevance*. If we consider all nine participants experiencing mental demand from preference construction, 8 of them experessed a narrower view and only 4 discussed about hollistic consideration.

 $[\dots]$ also seeing the long list and obviously having to pick between quite a few things that I do feel very strongly about and having to figure out which ones do, I feel more strongly about than others.

- S023, long text interface

Trying to figure out what upvotes I should give it you know ... compared to ... I even kind of went back compared to the other topics: education compared to medical research, and even with like adult education, I kind of went back and forth between those two. [...] So it was very mental tasking for me.

- S015, long text interface

In both quotes, both participants are making tradeoffs within a narrow focus or decising a specific value among a handful of options. In contrast, participants using a long interactive interface's high mental demand on preference construction and preference is primarily sourced from *considering*

 the broader societal impact and evaluating options more holistically. Among all 10 participants, 9 of them expressed a hollistic view compared to only 3 expressed a narrower view.

[...] really having to think, especially with so many different societal issues. How do I personally prioritize them? And to what extent do I prioritize them?

- S009, long interactive interface

[...] really going through the rest of the categories and deciding okay, which are the pressing issues of our time and which are the pressing issues for this particular society that that I live in. [...] You know these causes need a lot more funding, and and others can probably still have some sort of an impact, even with less resources.

- S019, long interactive interface

While this is subtle, the exposure to all the options through the organization phase seems to force participants to think through these options created such responses. This further translated to the operational aspect of the two groups mental demand. Participants that mentioned a narrower view will describe more demand from developing operational strategies in credit allocation, for example:

So I wanted to be fair. [...] I actually took my calculator out and said [...] how much would it be if I equally distributed it and then how do I do that? Do I wanna do it all equally or not?

- S020, long text interface

On the other hand, the hollistic view lead to mental demand coming from statigic planning and forming processes to operate upon. This ability might also came from the interactive interface to support a more complex decision making process.

I wanted to make sure I wanted to give some credit to everything [...] I'm trying to make sure that I had without doing a lot of ... I guess redos is trying to kind of get it right the first time on how I weight things.

— S032, long interactive interface

5.2.2 Physical Demand. Regarding physical demand, most participants reported minimal or no physical demand. Participants primarily attributed physical demand to reading text on the screen (N=4), using the mouse (N=16), or moving their head to navigate the vertical screen (N=5). However, they emphasized that these demands were minimal. Notably, slightly more participants in the interactive interface group (N=11) mentioned physical demand from using the mouse, reflecting their increased interaction with the interface.

Temporal Demand. This section dissects the sources where participants experienced temporal demand.

5.2.3 Performance Demand. From the quantiative data, participants across four groups express less performance demand compared to aspects such as mental demand and effort. In this section, we again first report sources of this demand shared across groups and then highlight the differences observed. Two principal themes emerged: The first source comes from social responsibility and the latter on operational actions.

Social Responsibility. Several participants expressed the source of performance demand from accounting decision-maker responsibility (N=8) and from considering uncertainty of the outcome (N=3). Participants would express their guilt that they weren't able to avoid because of specific tradeoffs or that they want to be fair.

I don't want people to think that I just like don't care about <ethnicity> people at all. I also don't think like government funding should go towards like religious organizations. You know what I mean. So I don't want somebody to think that like, I just don't care about <ethnicity> people.

 $-\,S041,\,long\,\,text\,\,interface,\,\,decision\text{-}maker\,\,responsibility$

In this quote, the participant placeed themselves inside the shoes of a member of the government, rather than a citizen expressing their own attitudes, this shift in project of roles introduced the perforance demand. This extends further to the participants trying to forsee an outcome:

If I was actually running a government funding [...] I don't know how this (the survey results) might actually affect people. Some of these things might be unpopular or bad, or have outcomes that I didn't forsee.

- S027, short interactive interface, uncertainty of the outcome

Operational Actions. On the other hand, operational actions involves two specific perspectives. Participants (N=6) highlighted the demand for their performance came from using up all their credits or avoiding overspending their credits. In other words, gaining control in credit management. The other aspect regards assuring that the expressed relative preference is accurate and justified. Participants (N=5) are concerned that they made incorrect interpretation and as reflective of their 'true' preferences. 6 other participants discussed that they experience performance demand from the bounded time, energy and resources they have in this study, which is an association with the other cognitive demands.

I don't think I did it perfectly, because I didn't have 0 remaining credits.

- S024, short text interface, budget management

Anon.

I'm concerned that it's not as reflective of my views as I wanted to be like, or I was concerned about it. [...] I was concerned that maybe it didn't.

- S041, long text interface, preference reflectiveness

While participants experienced performance demand, most participants feel positive about their final submission. However, there are nuance differences across the the degree. We coded participants responses into three categories of satisfactory: *Did their best, Feel good*, and *Good enough. Did their best* refers to when the participants stated that they had exhaused their maximum effort to complete the task. *Feel good* refers to when the participants expressed positive emotions or satisfaction about their performance or the outcome of their actions. *Good enough* refers to when the participants acknowledged that their performance or the outcome was acceptable or satisfactory, but not necessarily perfect or the best possible.

Participants that used the interactive interface across short and long groups has almost double the amount of participants (N=11) who expressed *Feel good* compared to the text interface (N=6). On the other hand, participant using the text interface has more participants (N=5) who expressed *Did their best* compared to the interactive interface (N=3). This highlighted insights where participants using the interactive interface are more likely to feel good about their performance, while some participants using the text interface are pressed by some challenges.

Effort. This section dissects the sources where participants experienced effort.

Frustration. This section talks about the frustration between v3 and v4 are different. the latter group is fustrated more at a decision making and mental level where as the former focuses more on operational fustrations – i.e., balancing between a small subset of optsions, controlling the budget etc, which echos the mental demand findings.

5.3 Interaction Behavior Analysis

To further investigate the cognitive load results, we focused on participants' behaviors during the survey. Specifically, we aim to understand the time participants spent on the options as well as when a participant makes changes to the survey. When a study participant clicks their mouse on the interface to complete some action, whether it is a drag-and-drop, updating votes, or placing options into a specific group, a timestamp and the payload of the update are stored in the log. The time difference between two actions is attributed to the time the participant took to decide and

 enact upon a behavior. While participants can be thinking about other things, this is the best proxy we have to study participant behaviors.

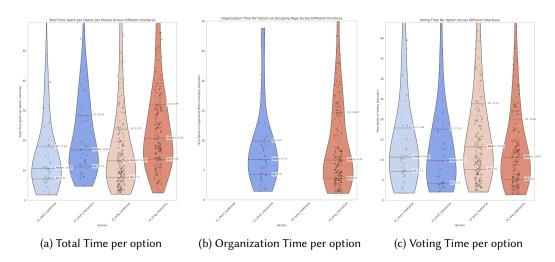


Fig. 8. Breakdown of time per option

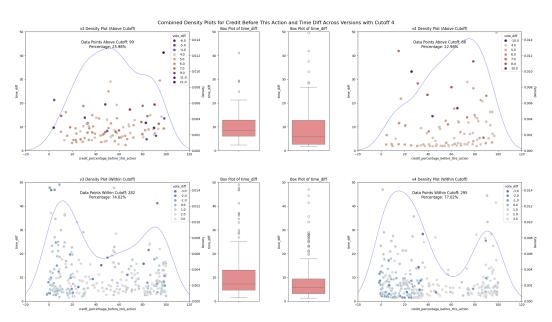
5.4 Time Spent per Options

First, we define time spent per option. A participant can enact several actions related to the same option, for example, a participant might spend t_1 time to place the option into a 'lean positive' category; spend t_2 and t_3 time to drag and drop the options to reposition it on the interactive interface; spend t_4 and t_5 time to update the upvotes on that option. In this case, we would define voting time as $t_4 + t_5$ for that option, and organization time as $t_1 + t_2 + t_3$.

To reduce noise, we intentionally drop all the time participants spent on the first option in the organization phase or voting phase. The goal is to reduce the inclusion of time they spent on reading the prompt, forming their preference, or understanding the interface. We present the results in Figure 8 where each of the dots represents the time accumulated for an option that a participant interacted with. The violin plot shows the distribution of the dots and the three horizontal lines represent the median, 25th percentile, and 75th percentile of the time spent for that interface.

In Figure 8a, we observe that participants spent more time on the interactive interface than the text interface in both short and long surveys. A non-parametric statistical test supports such observation with p < 0.01 for short and p < 0.0001 for long surveys. This is not surprising because participants need to review the options and organize them in the interactive interface which takes more time. We break down the total time spent into organization time and voting time in Figure 8b and Figure 8c.

Once we separate the organization time (Figure 8b) and identify the voting time (Figure 8c), while there are no statistically significant differences between the text interface and the interactive interface in the short survey, we see a statistically significant reduction (p < 0.01) in voting time between the text interface and the interactive interface. In other words, our original hypothesis holds in which the two-step design process did facilitate participants in making their decisions.

Anon.

Fig. 9. Breakdown of voting actions (needs to update chart text)

5.5 Budget and Voting Behaviors

Next, we examine participants' voting behavior and how it changed throughout the progress. Given that we observe significant differences in voting time changes comparing text interface and interactive interface for the long option survey, we focus on deciphering the voting action changes between these two experiment conditions in this subsection.

Figure 9 plots the time of voting actions over the remainder of the participant's budget across the text and interactive interface. In other words, different from Quarfoot et al. [53] focusing on the number of accumulated votes over an individual's time, where they showed QV voters make more revisions than Likert Surveys, we focused on the budget scarcity which can influence QS respondents' behaviors.

We further separated the behaviors where participants made bigger changes or smaller changes to the option. In this figure, we define an adjustment of four or more votes as a large adjustment which we plotted in the first row of the Figure. Adjustments of three or fewer votes are considered small adjustments.

First, the plot demonstrated a clear cluster of voting actions in the bottom left corner of the interactive interface for small vote adjustments. In other words, participants made much smaller but more rapid adjustments when their budgets were running low. Second, larger adjustments are made when the participants have more options comparing the two plots on the first row. We interpret this behavior as participants in the interactive interface have constructed a clearer image of option preferences and, hence, have the ability to take larger strides in allotting their budget and deciding the number of votes at the beginning of the survey. Toward the end, participants using the interactive interface are then making fine-tuned adjustments to ensure that their preferences are reflected in their submissions.

Iterative Support from Interactive Interface. Among all the interviews, when discussing about their experience of the interface, five participants pointed out the importance of flexibility on the

 interface and how they took an incremental and iterative approach to navigating their attitude expression. All these participants are using the interactive interface. While this does not mean the study participant using the text interface did not use an iterative approach, but this highlighted the interactive interface encouraged the participants to make iterative and incremental updates. As one participant pointed out:

I like the fact that it remembers everything that you know. If if you make a mistake, that you don't lose all the work that you've already done. so I think that's very important is that it's an iterative process.

- S019, long interactive interface.

5.6 Interface Comments

Finally, we present the qualitative responses related to the interface design and their experience working with QS across all experiment groups.

Organization is required and beneficial. Many participants (N=7) who responded to QS using the interactive interface expressed the helpfulness of the organization phase proactively when asked what they liked about the interface in general. In fact, half of the participants (N=5) in the long interactive interface group expressed such an opinion. Multiple participants (N=4, 3 from long interactive interface group) felt that the upfront introduction of all the topics allowed them to process and think about the full picture, thereby digesting all the information more comprehensively.

I would say that (the interface) definitely (supported me), by being able to have a preliminary categorization of all the topics. First, it introduced me to all the topics, so that I can think about them like I can just kind of leave it there in my head space to think about and process [...] So being able to digest all the information prior to actually allocating the budget or completing the quadratic survey.

- S009, long interactive interface.

Participants (N=4, 2 from long interactive interface group) mentioned that organization support them to allot the intensity of votes by helping them focus and prioritize options through ranking options. This excercise allows them to follow a clear decision making process that avoids confusion.

If I had to choose a number like that in the beginning. That would have been really bad, but positive, neutral, negative. That was good enough.

- S016, long interactive interface.

I think ... ranking at the beginning one's impression towards these issues helps to like determine how many votes should be put towards them.

- S002, short interactive interface.

Last, one participants highlighted the one-at-a-time approach during the organization phase allowed thoughtful reflection to think about their attitude toward that option.

Like, at the moment (during organization), when it gives you, like, rank it if it's positive or neutral or negative [...] it gives you time to just focus on that single thing and rank it based on how you feel at that moment.

- S013, short interactive interface.

We see a call for organizational features proactively when asking participants using the text-based interface what features they wanted from the interface. Almost half of the participants (N=4) using the long text interface expressed some form or another that can help reduce the decision space when responding to the QS.

If anything, I think I would like to be able to like, click and drag the categories themselves so I could maybe reorder them to like my priorities.

- S025, long interactive interface.

Because with this many (options), especially when I'm thinking ... Ok, where was (the option) ... Where was (the option) you know? Oh, that's right. Maybe I could give another up another upvote to the, you know whatever [...]

- S028, long interactive interface.

Direct Manipulation Enhances Reflective Decision-Making. As the proximity of position are mostly determined by the categorization in the first phase of the interactive interface. Several participants mentioned how they used direct Manipulation in the software as a process for reflective thinking upon their decision making process. One participant mentioned:

So I tried to make a ranking [...] and by creating this ranking, by dragging the related issues ... \tilde{i} don't know ... \tilde{t} hat helped me organize my ideas.

- S021, long interactive interface.

I think the system was actually really helpful because I could just drag them. $[\ldots]$ Because when I was unsure, because if I couldn't drag them then I couldn't compare 2 options very well like side to side, because because this is pretty long list \ldots so if I couldn't drag it, then I would have a harder time organizing my thoughts, whereas with the dragging feature I can really compare them, I can drag this one up here, and then compare it to the top one versus like not being able to track it at all

- S039, long interactive interface.

But more importantly, it acts as a process for reflective verification and iterative decision making. These can include post reflection after expressing the intesnsitve of preferences, or a preperation to decide on number of votes for the next option.

So I would give the votes, and then I would drag and drop. $[\ldots]$ So I guess to see what my ranking look like. And see if I could give more money or not.

- S021, long interactive interface.

[...] this is something that's really important to me ... So I had the flexibility to move it to positive. So just having the kind of like shift in perception. [...] especially because when I was doing categorize categorization in the first step, [...] what I thought about it in the moment. [...] In the second step there was a shift in my perception of the issue just reflecting. So being able to change. That was really nice as well.

- S009, long interactive interface.

Conversely, in the text interface, one participant proactively mentioned a request to add click and drag functionalities to the interface. The participants described such function to group by topic categorization and also priority placement through direct manipulation.

If anything, I think I would like to be able to like, click and drag the categories themselves so I could maybe reorder them to like my priorities. And so I could maybe make that like a descending or ascending like list of like importance. [...] if I could pull that up to the top, say myself like click and drag it up there, I think then I would stack the things I think it would affect under it. So like, I would put then, like youth, pro-education programs and adult education and early childhood programs and kinda stack those altogether. [...] I would hope that money would trickle down and also increase all the rest of those things. So I would put less upvotes in there because I would hope to dribble out effect would kick in. [...] I would kind of make myself categories and subcategories out of this list. If I could organize it.

- S025, long text interface.

Automatic calculation as a critical component. More than one-third of participants (N=14) from all four experiment condition highlighted the importance of automated calculation from two perspectives: **deriving cost** and **Keeping track of spent**. Two participant highlighted the importance of automated calculation regarding the cost for each vote.

I really like having the costs of all the votes displayed. When you select the dropdown menu and ranked in order.

- S002, short interactive interface.

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1027 1028 1029 12 participants highlighted the summarization box and the automated summation of the current credit spent allowed them to focus on managing their next voting decision and express their preferences.

I thought I have [...] (to) do all the numbers or calculation myself as a part of checking my ability of doing mathematics. But I guess you have taken care of that really well, so I could really really see that how much credit has left, and [...] how well I should allocate [...] I said that credit summary to be very specific. The credit summary section was really wonderful in doing all the calculation on that end.

- S005, long text interface.

I like that I don't have to make the calculation of the dollars that it does it automatically. So if I had to do it myself it would be more tedious. And so I think that that effort and frustration and mental demand would be much higher. So I appreciate that that calculation occurs automatically and very easily.

- S017, short interactive interface.

6 CONCLUSION

A EARLY PROTOTYPES OF THE STUDY

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