



# Try to Forget This Image:

## The Role of Stimulus Duration in Directed Forgetting for Natural Scenes.

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### What is Directed Forgetting?

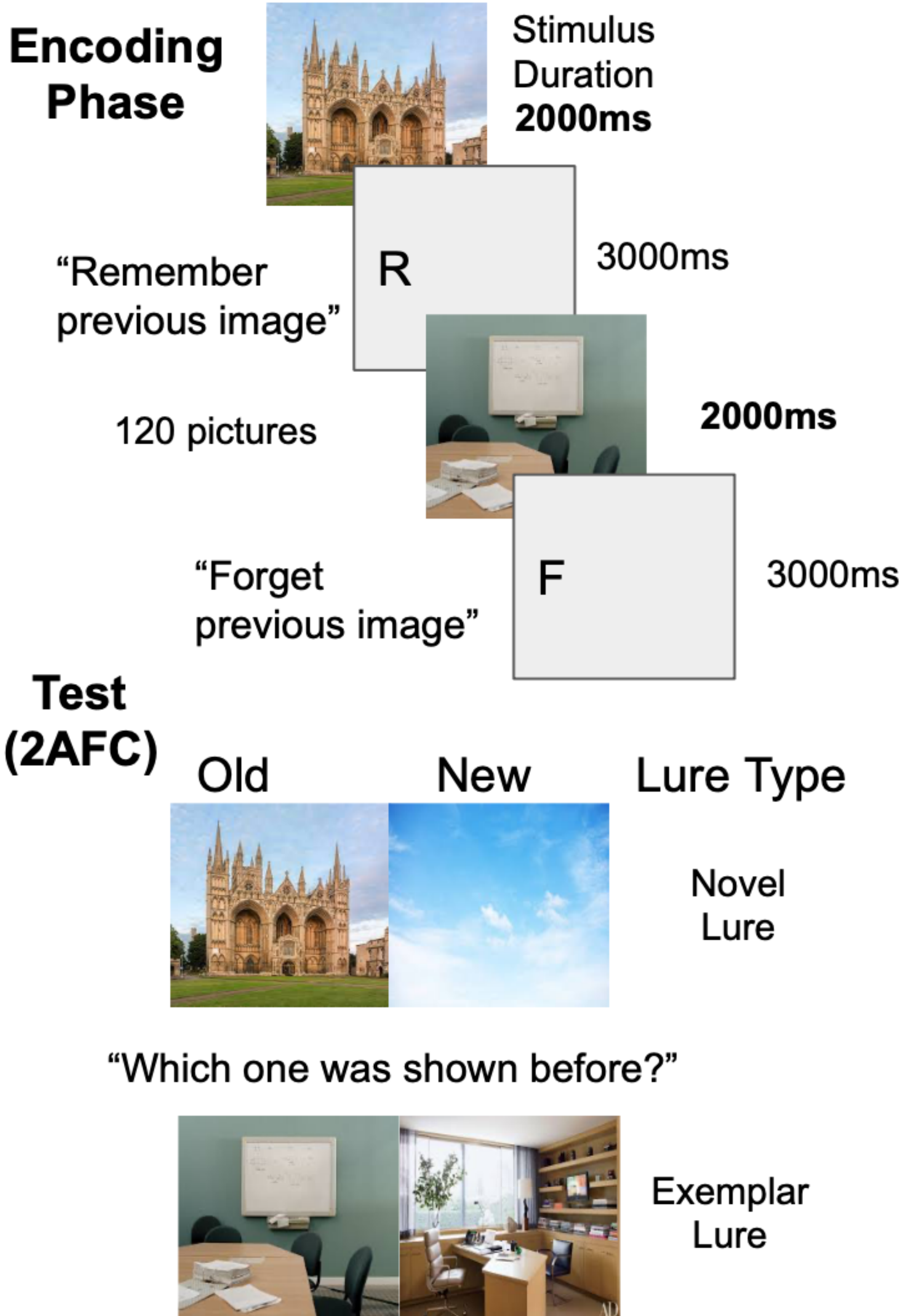
Directed forgetting research investigates people's ability to intentionally forget information (MacLeod, 1998). For example, in a memory task for words participants are instructed to remember some words and forget others for a later memory test. A directed forgetting effect is observed when people show worse memory for the words they attempted to forget. Directed forgetting tasks often use word stimuli, and the limitations of intentional forgetting for other kinds of information remain unclear.

### Can people intentionally forget memorable picture information?

The picture-superiority effect suggests that pictures are inherently more memorable than words (Gehring et al., 1976), and people have a large capacity for remembering pictures (Standing, 1973).

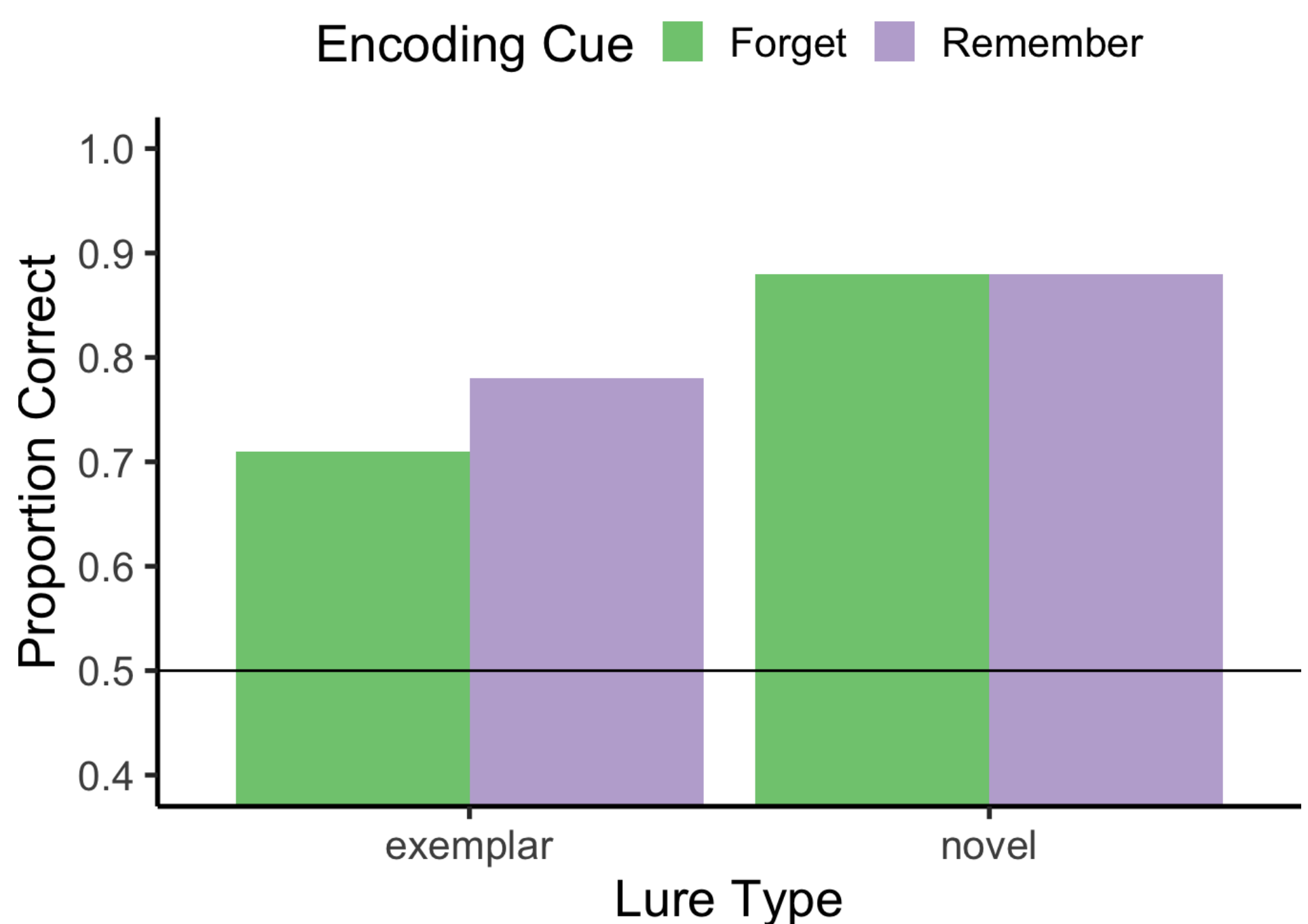
Ahmad et al. (2019) showed small directed forgetting effects for pictures.

### Prior work: Limited Directed Forgetting for Pictures



### Prior Results

Reproduction of the results from Ahmad et al. (2019).



- They found a small directed forgetting effect.
- The effect was only observed for items given a more difficult recognition test, involving a similar (exemplar) lure.

### Are pictures easier to forget if they are made less memorable?

#### Hypothesis

We **assume** the magnitude of directed forgetting is influenced by stimulus encoding strength

- Strongly encoded stimuli are harder to forget
- Weakly encoded stimuli are easier to forget

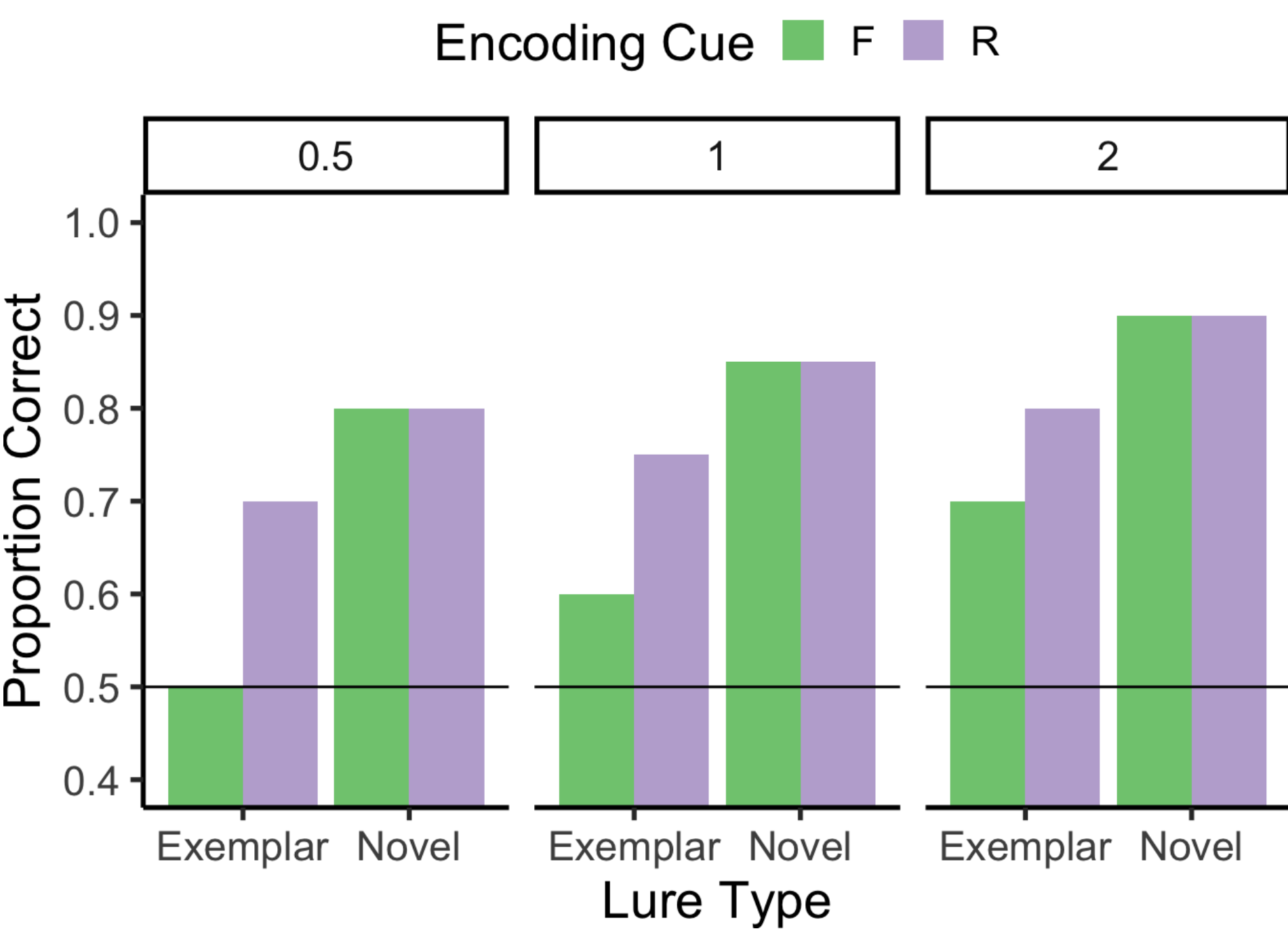
We **assume** decreasing stimulus duration will make pictures less well encoded, and easier to forget

We **predict** increased directed forgetting as stimulus duration decreases.

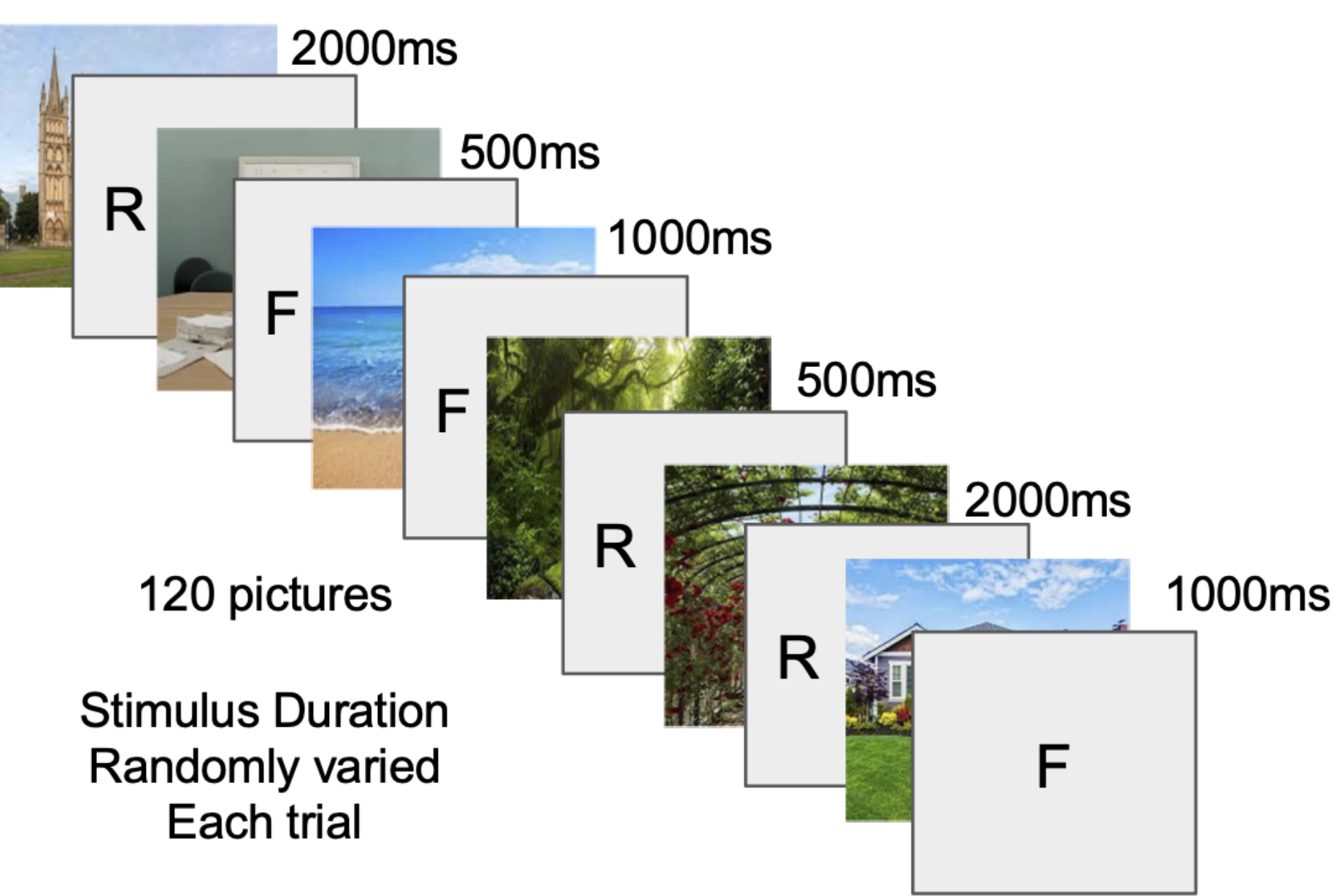
### Methods: 3 close replications of Ahmad et al. (2019) with stimulus duration manipulation to reduce picture memorability

Stimulus duration was 2, 1, or .5 seconds.

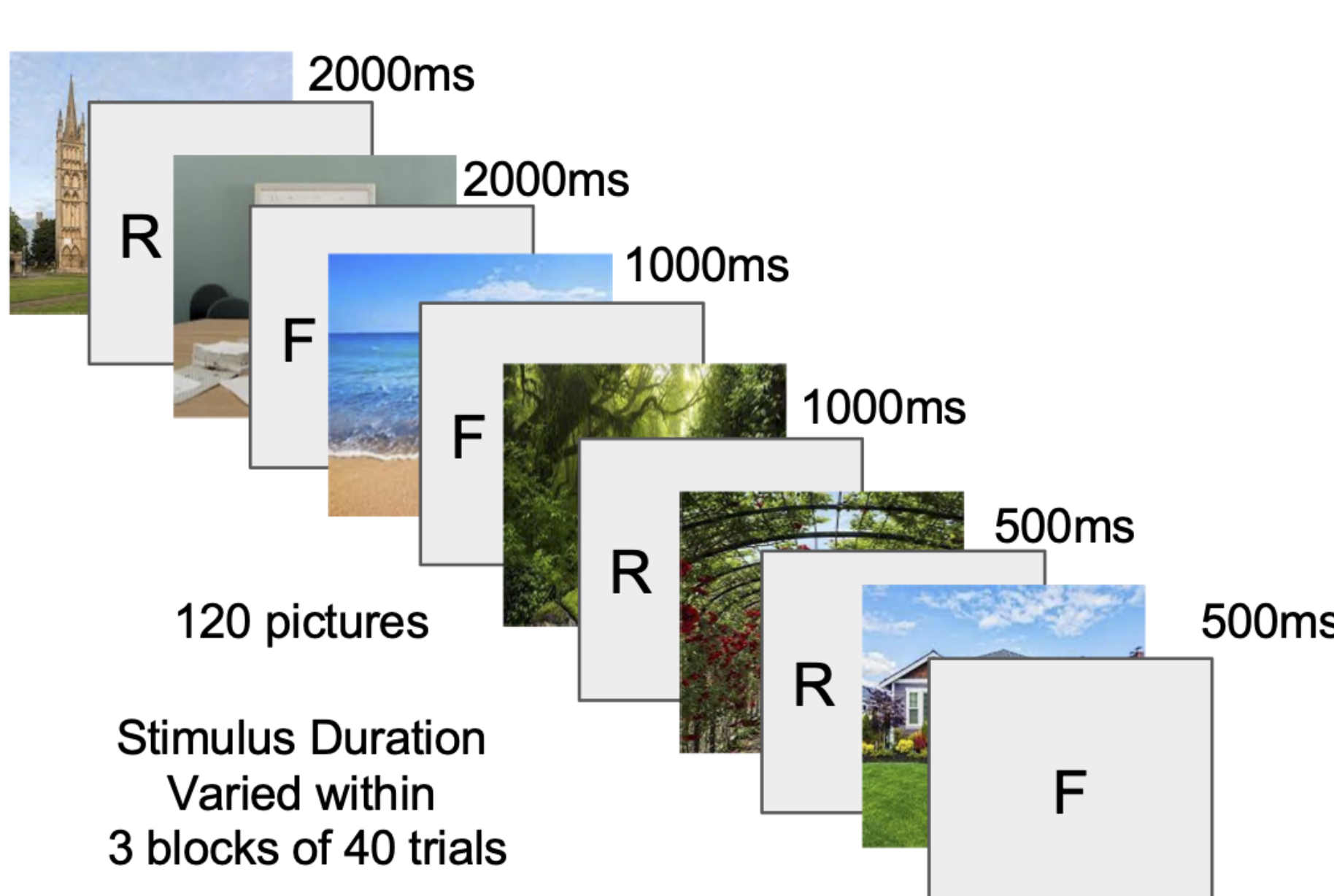
#### Predicted effect of stimulus duration manipulation



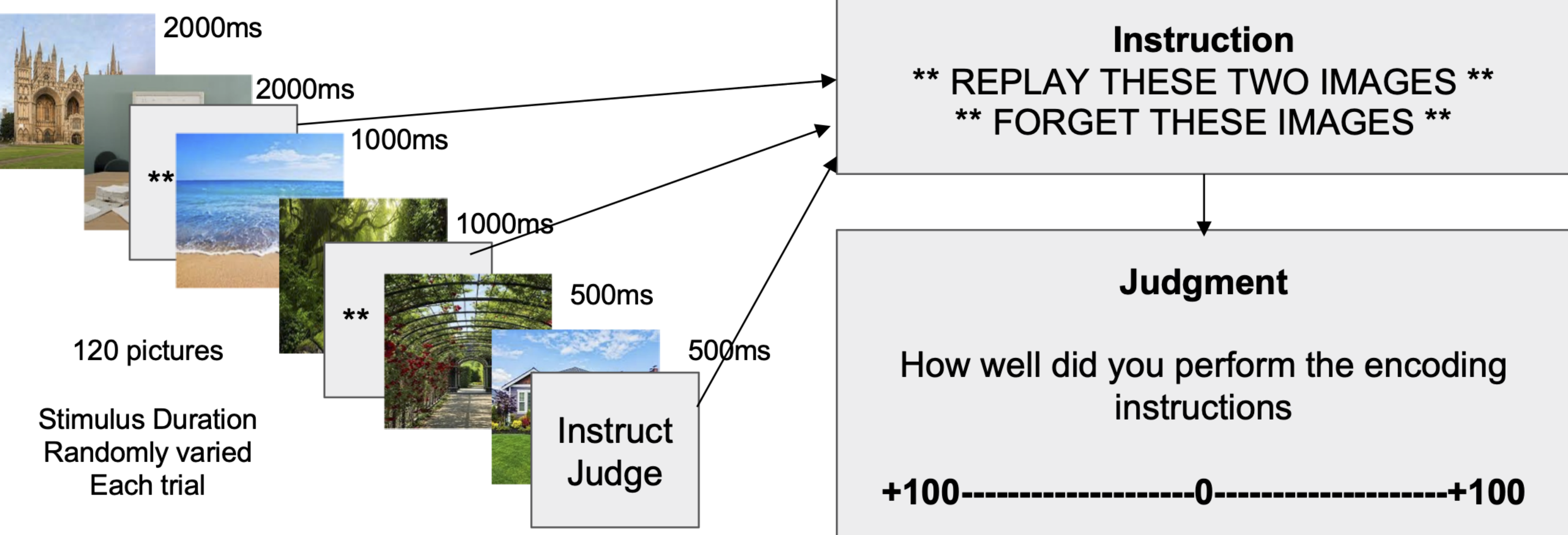
#### E1: Stimulus Duration Mixed



#### E2: Stimulus Duration Blocked

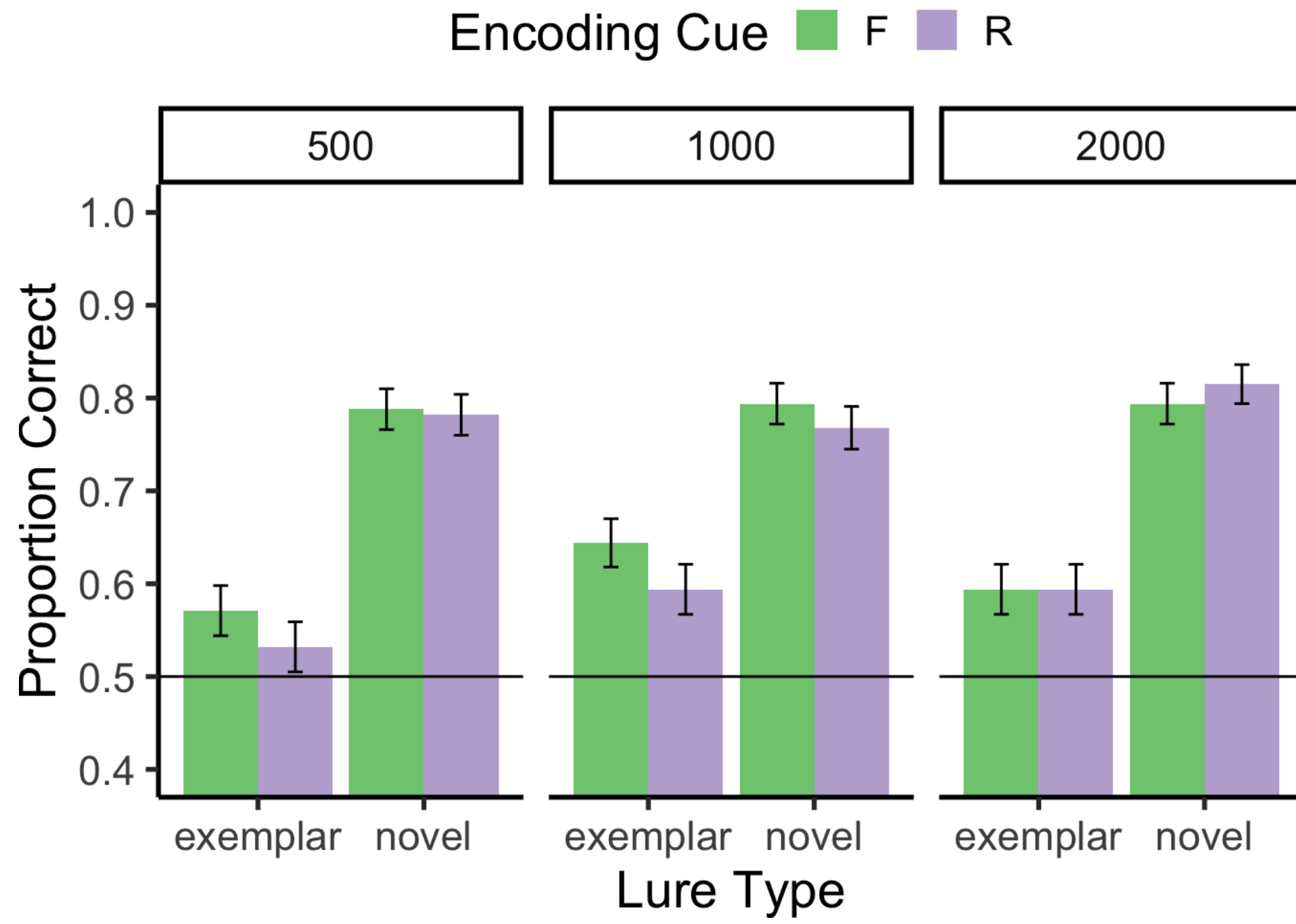


#### E3: More relevant encoding instructions

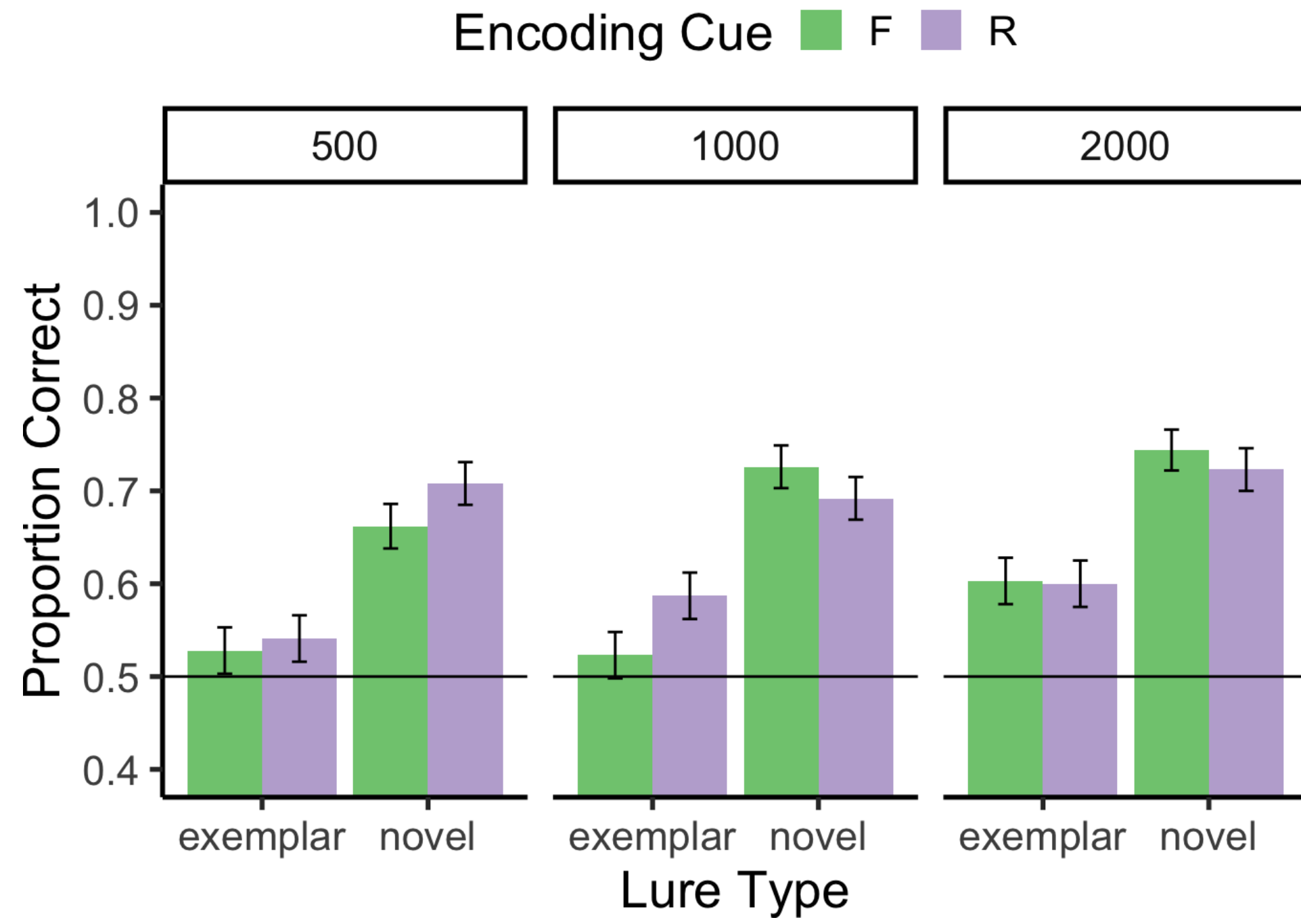


### Results: Inconsistent directed forgetting effects

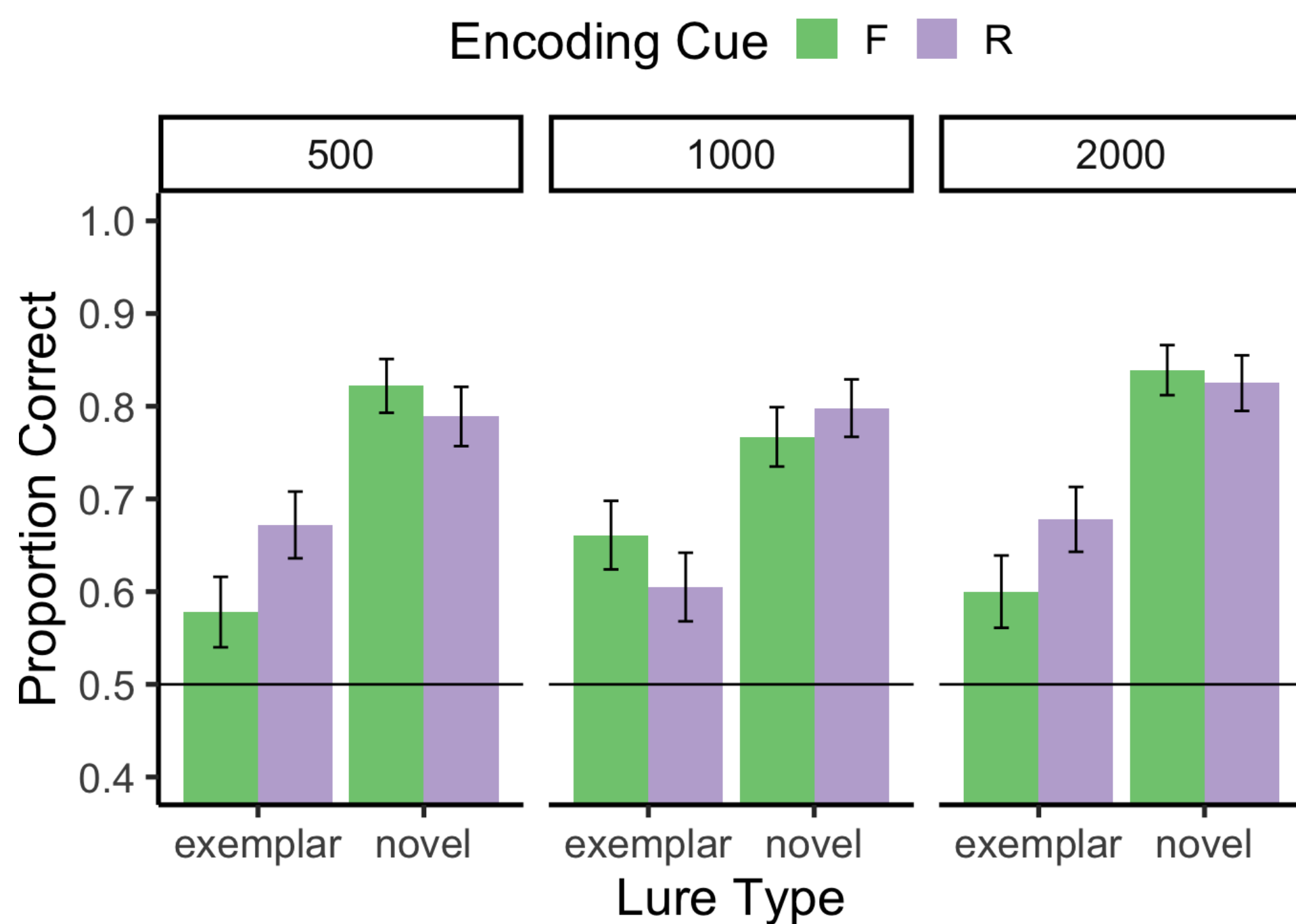
#### E1 Mixed (N=47 MTURK)



#### E2 Blocked (N=45 CUNY)



#### E3 (N=17 ongoing)



### Conclusions and Next Steps

1. No consistent directed forgetting effects
2. Our power analysis suggests we need many more subjects to detect interactions with stimulus duration
3. We are tuning the task instructions for web-browser interactions to encourage participants to engage with instructional cues.

### Project website

Click the QR code, or go here:

<https://crumplab.com/picture-duration-directed-forgetting/>

This poster was prepared as a computationally reproducible project using a **vertical** (Vuurre & Crump, 2021) approach, and several other libraries from the open-source community.

This website contains the source code for this poster, and the most up-to-date analyses and project assets.

### References

- Ahmad, F. N., Tan, P., & Hockley, W. E. (2019). Directed forgetting for categorised pictures: Recognition memory for perceptual details versus gist. *Memory*, 27(7), 894–903. <https://doi.org/gm3g>
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- Gehring, R. E., Toglia, M. P., & Kimble, G. A. (1976). Recognition memory for words and pictures at short and long retention intervals. *Memory & Cognition*, 4(3), 256–260.
- MacLeod, C. M. (1998). Directed forgetting. In J. M. Golding & C. M. MacLeod (Eds.), *Intentional forgetting: Interdisciplinary approaches* (pp. 1–57). Lawrence Erlbaum Associates.
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