



# Subnautica

Accessibility Score: ★★☆☆☆

Subnautica drops you into an alien ocean world filled with vibrant life, looming predators, and endless exploration. For blind players, success means transforming its rich audio cues into a sonar-like guidance system, developing structured movement patterns, and narrating every interaction. With careful preparation, the deep becomes your playground rather than your grave.

## Sound Setup – Your Aquatic Radar

- Use High-Quality Stereo Headphones: Directional audio is your lifeline—locate reefbacks by their deep calls, predators by their growls, and resources by the distinct sounds of harvesting.
- Reduce Ambience, Elevate Clarity: Lower ocean rumble and music so you can focus on creature calls, tool clicks, and vehicle pings.
- Narrate & Anchor: Speak each action aloud: “Swimming east, gathering coral,” “Entering Seamoth,” “Repairing pod,” or “Creature detected nearby.” This locks your location in memory.

## Dive Routine – The Three-Phase Swim

A predictable exploration cycle prevents confusion and wasted oxygen:

1. Departure – Set your bearing from the escape pod or base: “Heading north toward kelp forest.”
2. Gathering – Narrate every pickup: “Titanium from wreck,” “Quartz collected,” “Salt deposit secured.”
3. Return – Retrace bearing while monitoring oxygen: “Oxygen 30 seconds—ascending.”

Repeat this rhythm to build a mental map of safe routes.

## Tool & Resource Tagging – Speak Your Inventory

Assign each tool a functional audio label:

- Survival Knife → “Knife – harvest and defense”
- Scanner → “Scanner – blueprint capture”
- Repair Tool → “Repair – fix damaged systems”
- Seaglide → “Seaglide – fast travel device”
- Seamoth / Cyclops → “Vehicle – transport and safety”





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## Base-Building Blueprint – Secure the Shallows

A simple, repeatable base routine:

1. Foundation – “Placing foundation in safe shallows.”
2. Power – “Solar panel installed.”
3. Core Room – “Multi-purpose room placed.”
4. Storage – “Locker built—placing minerals inside.”
5. Expansion – “Fabricator in place—ready to craft.”

Speaking each step aloud keeps build order consistent.

## Predator Awareness – Audio Survival Instinct

- Listen for Tone Changes – Predators like stalkers or leviathans have distinct roars that get louder as they approach.
- Vehicle Feedback – If piloting, note hull breach alarms or damage reports immediately.
- Retreat Cues – Always verbalize: “Predator behind—ascending to surface” or “Retreating to base.”

## Resource Tracking – The Oxygen Rule

- Harvest Logging – Say each resource name and count as you gather it.
- Deposit Confirmation – Narrate storage placement: “Placed silver ore in locker one.”
- Oxygen Announcements – At 50% and 25% oxygen, say it aloud to enforce safe ascent habits.

## Practice Drills

- Audio Path Mapping – Travel to a resource area using only sound cues, then back.
- Predator Recognition – Spend time in safe shallows identifying creature sounds.
- Blind Base Walkthrough – Practice moving between base rooms with eyes closed, naming each station.

## Learn More:

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