**Youth Heart Attacks in India Dashboard Documentation**

**Project Overview**

This project is about studying heart attack risks in youngsters in India.  
I used Excel to clean the data and build the dashboard.  
The goal is to understand which age group, gender, and lifestyle habits show more risk.

**Developer Documentation**

**Data Cleaning**

* Removed extra columns and blanks
* Fixed the headers properly
* Added new columns like lifestyle score and BP levels

**Data Transformation**

* Transformed age into age groups.
* Marked BP as Normal / Moderate / Severe
* Calculated scores for lifestyle risk

**Dashboard Making**

* Used pivot tables to summarize data
* Added charts like bar, pie, and column for clear view
* Inserted slicers for filtering by (Age, Region, Stress Level, ECG Results, Triglyceride Levels, and Chest Pain Type**)**

**User Documentation**

**How to Use**

* Select Age, Region, Stress Level, ECG Results, Triglyceride Levels, or Chest Pain Type from the slicers to filter the dashboard
* Hover over charts to check exact values
* Use slicers in combination to see more detailed results

**What You Can See**

* Heart attack risk by Age group and Region
* Impact of Stress levels on risk
* Patterns from ECG results and Triglyceride levels
* Effect of Chest pain type on heart attack likelihood
* Overall lifestyle risk scoring