



# Revisão Meridianos

Fundamentos de acupuntura

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Pulmão:1,2,3,7,9,10,11

Intestino Grosso:2,3,4,5,10,11,15,20

Coração:3,5,7,8,9

Intestino delgado:3,5,6,9,11,18,19

triplo aquecedor:5,10,15,21,23

Coração e sexualidade: 2, 3, 5, 6, 7, 9

Fígado:1,2,3,5,8,13,14

Vesícula biliar: 1,2,8,14,20,30,34,44

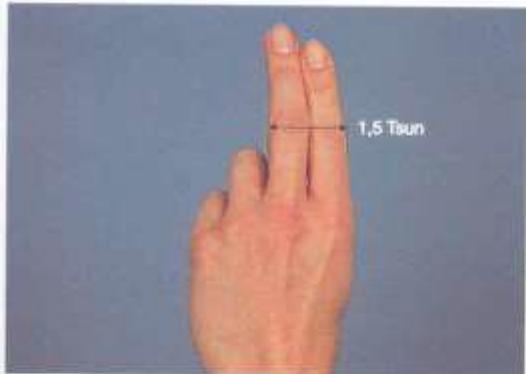
estômago: 2,3,8,21,23,25,36,40,44

baço-pâncreas:2,3,4,6,9

rim:1,3,4,6,10

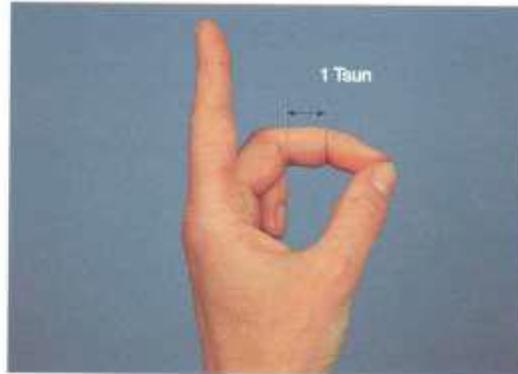
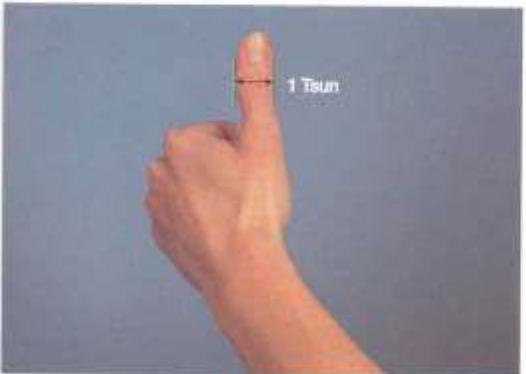
bexiga:2,4,13,15,18,20,21,23,25,60,62,67

# Medidas



## Medida del pulgar

El ancho del pulgar al nivel de la articulación interfalángica representa 1 Tsun.



## Través de dedos

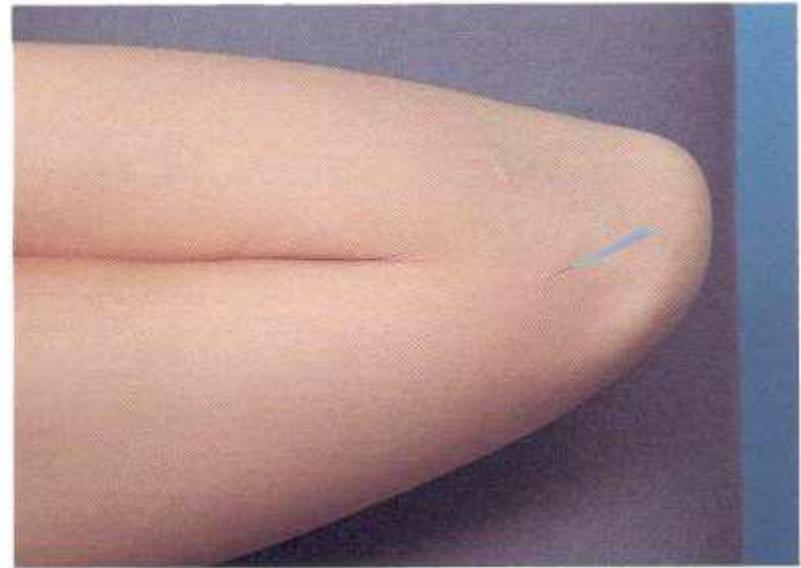
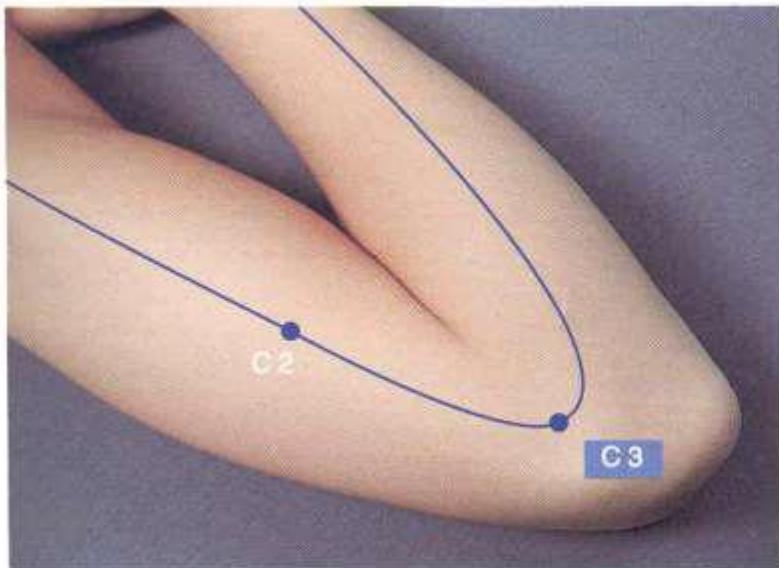
El ancho de los dedos índice, corazón, anular y meñique (al nivel de la articulación interfalángica proximal del dedo más grande) corresponde a 3 Tsun.



# Coração e ID

# Coração ID

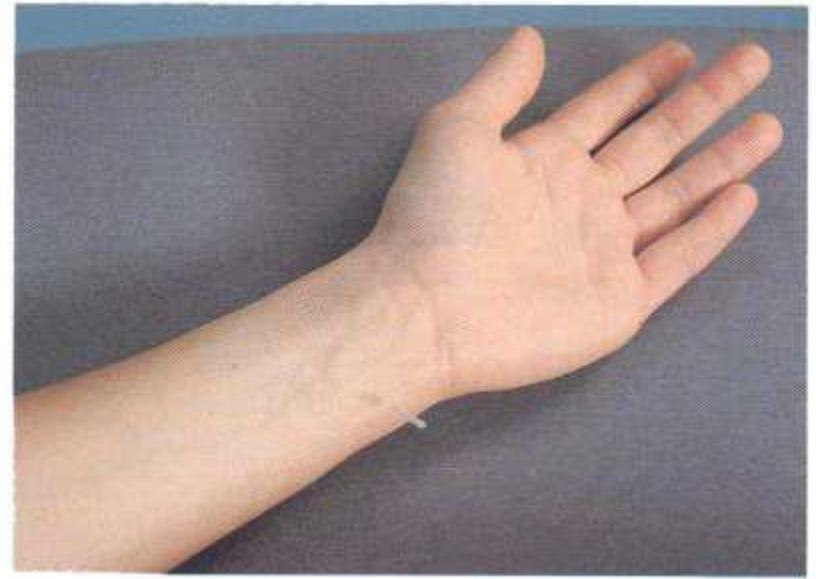
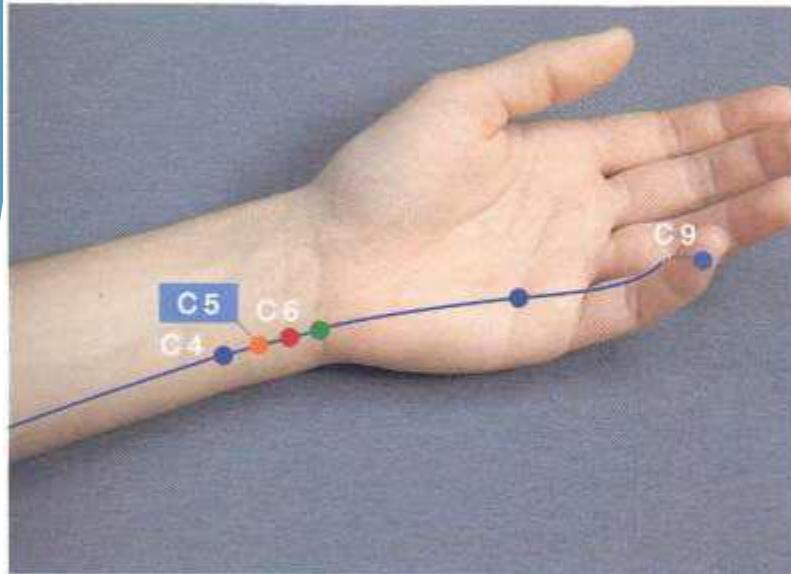
C3



Função  
Problemas cardíacos, de memória

# Coração ID

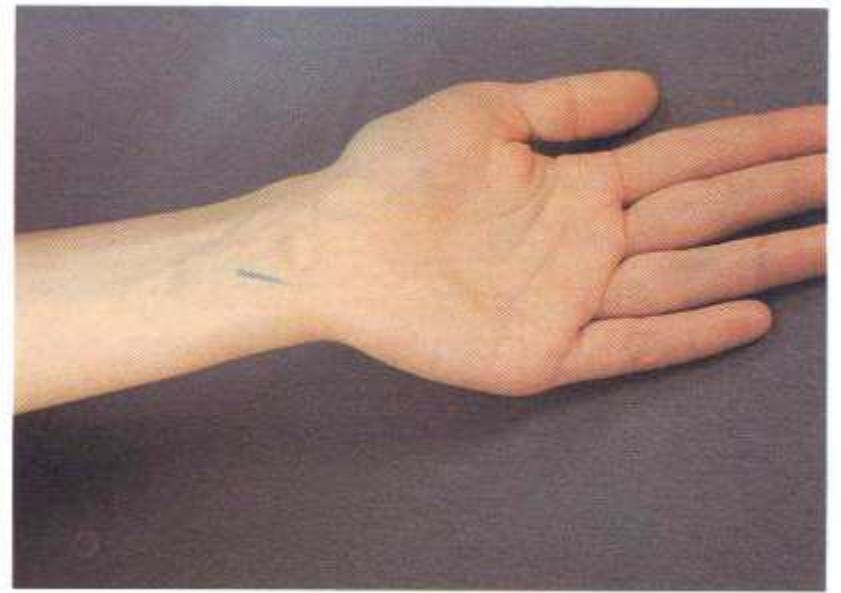
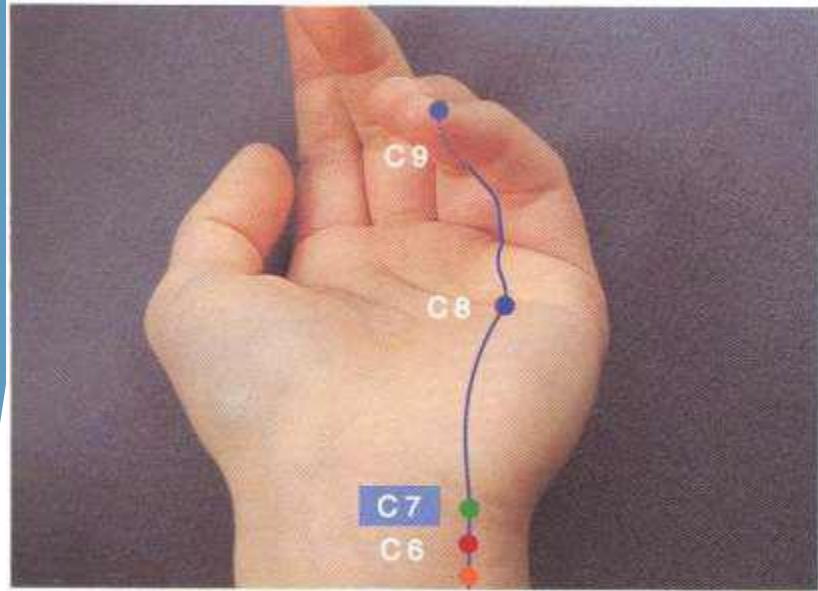
C5



Função  
Enfermidades Cardíacas

# Coração ID

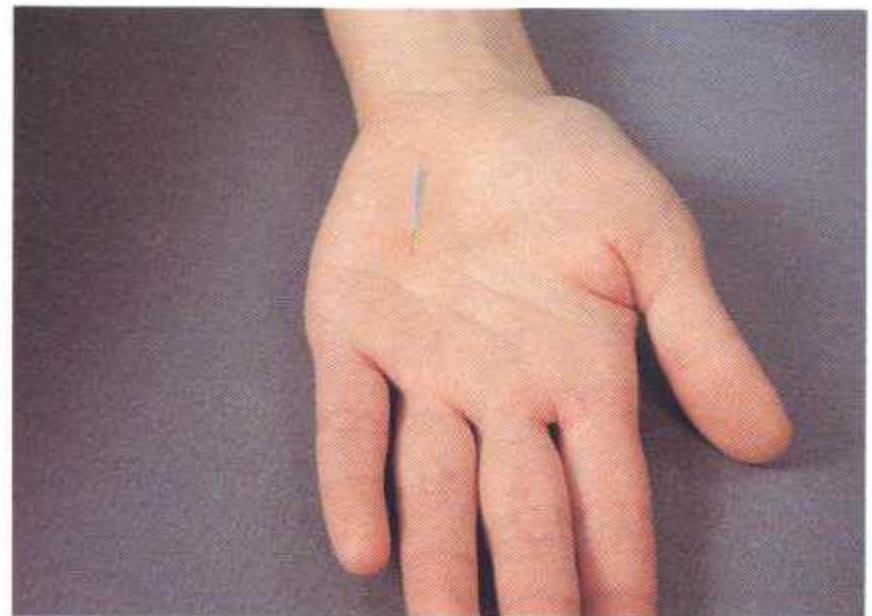
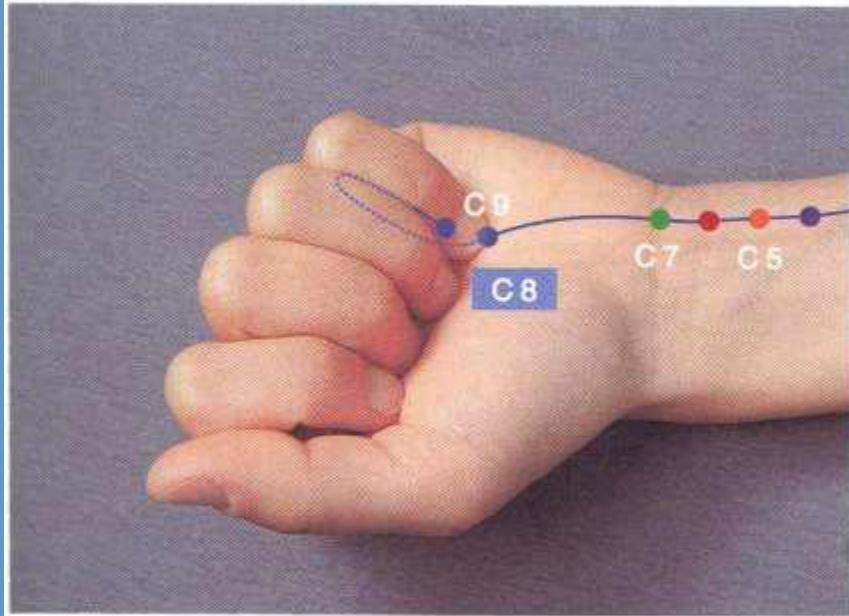
C7



Função  
Problemas cardíacos, psicológicos

# Coração ID

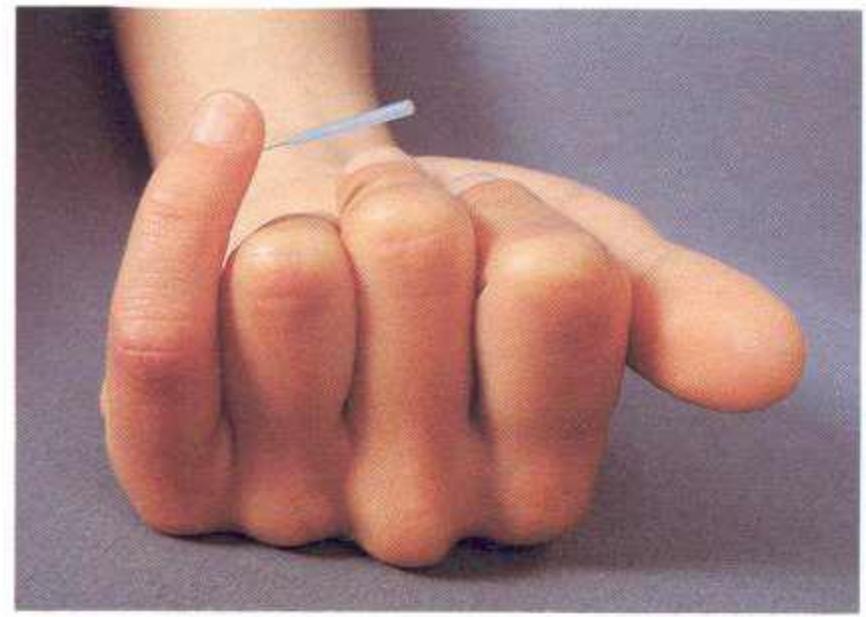
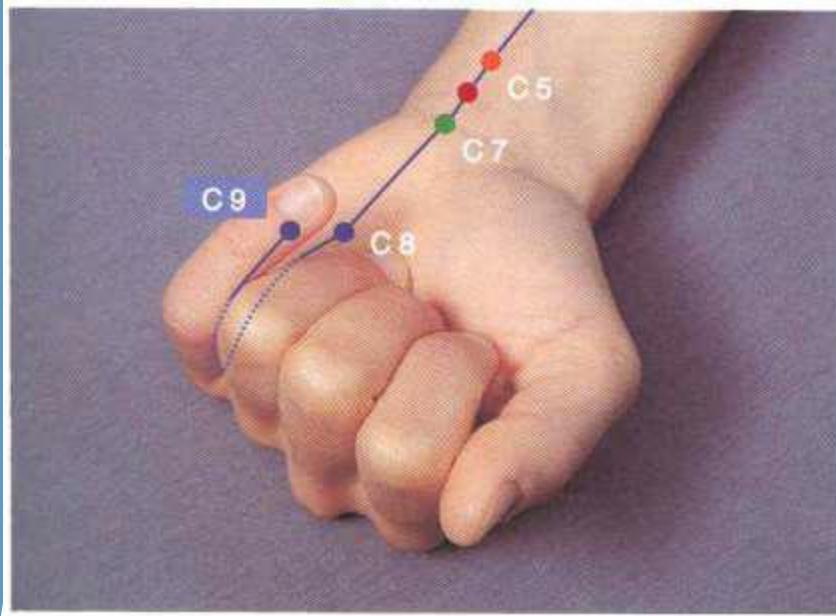
C8



Função  
Problemas cardíacos, emocionais

# Coração ID

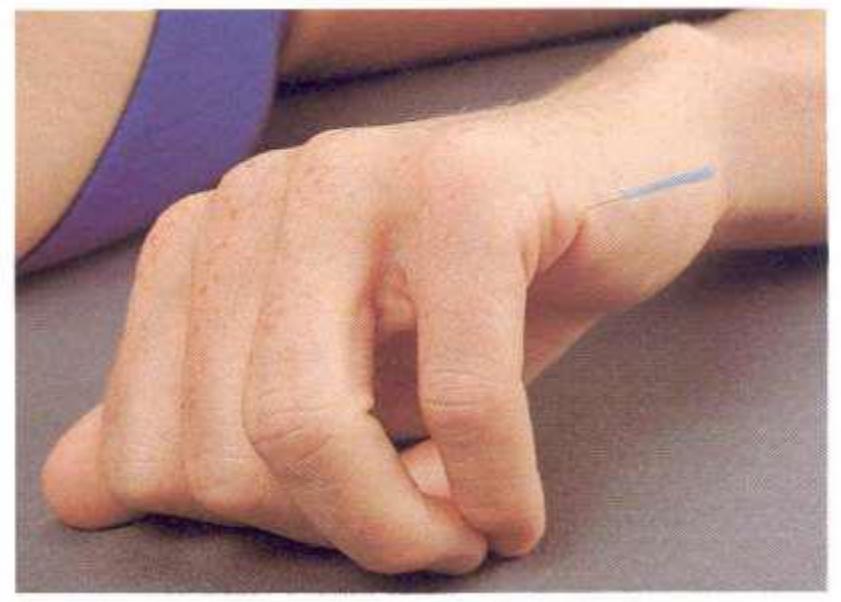
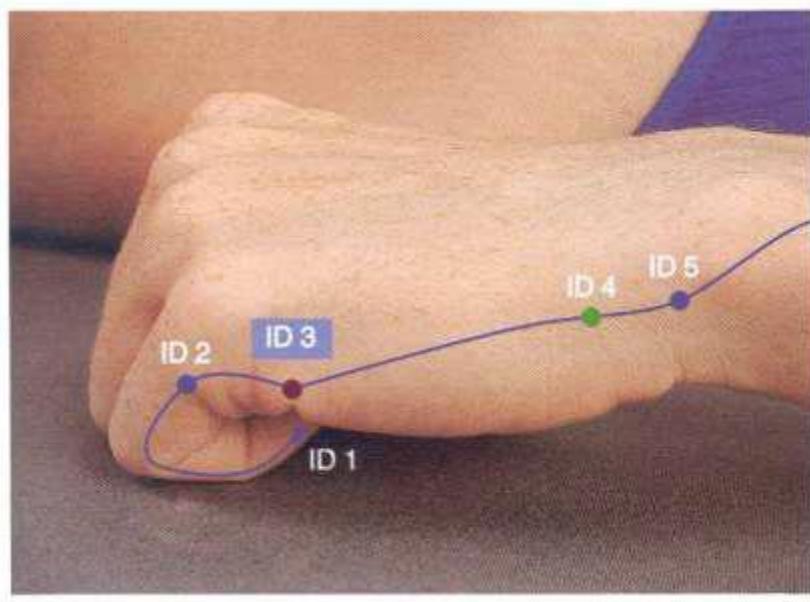
C9



Função  
Problemas cardíacos, psicológicos

# Coração ID

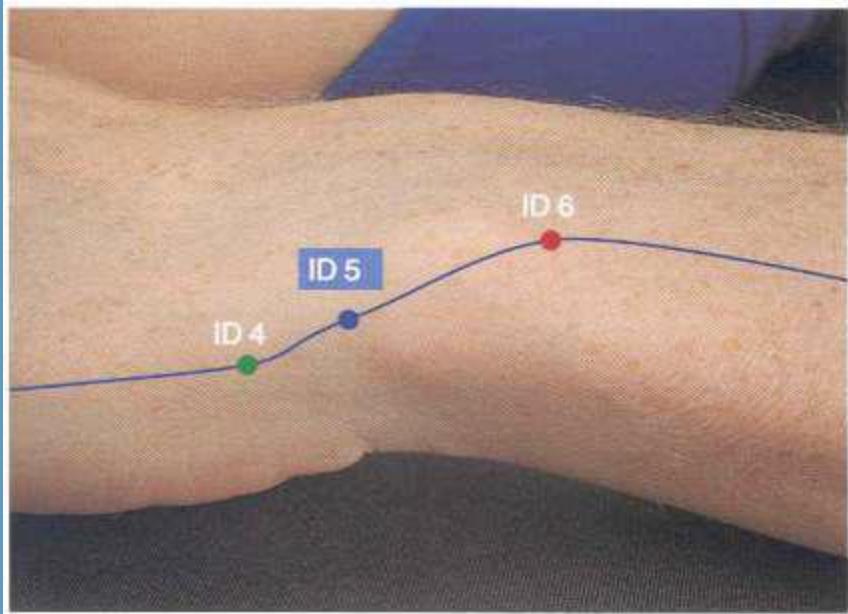
## ID3



Função  
Problemas psíquicos, punho, mãos, dedos

# Coração ID

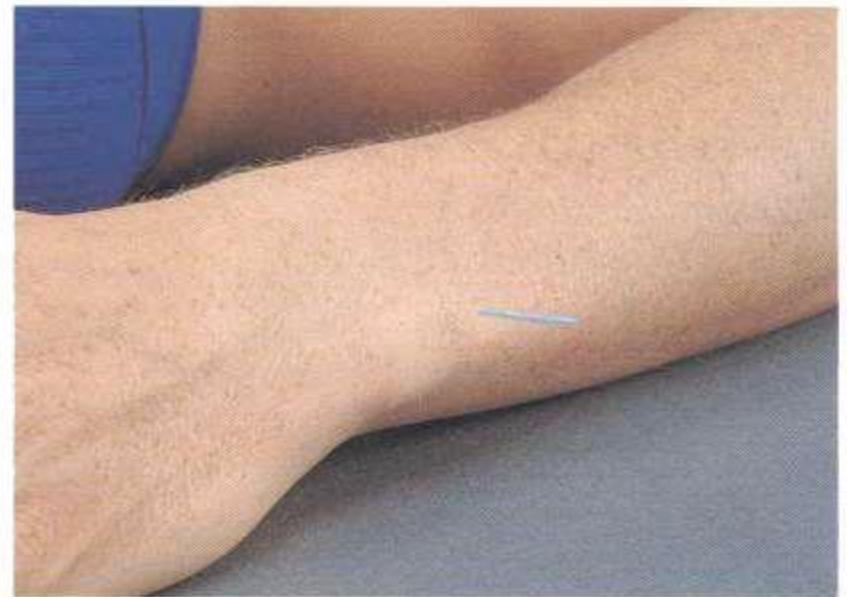
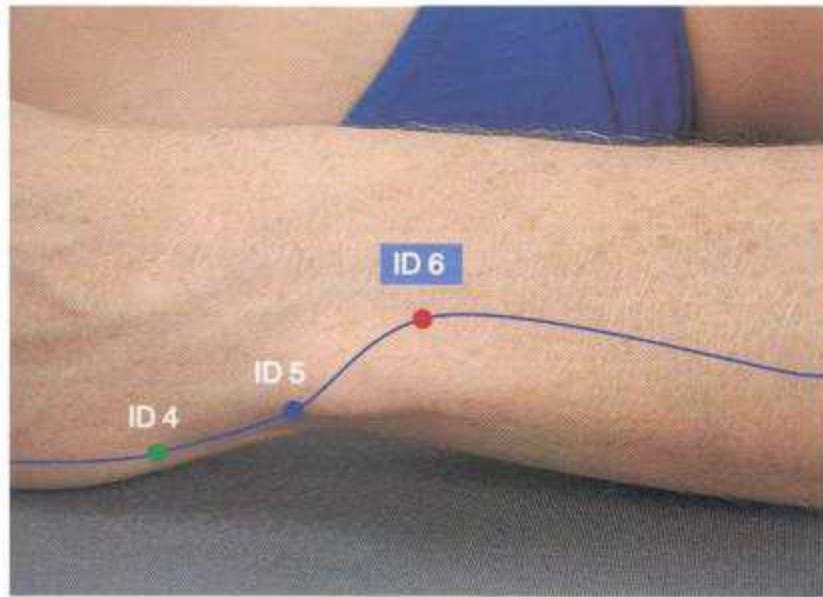
## ID5



Função  
**Febre, dor de cabeça**

# Coração ID

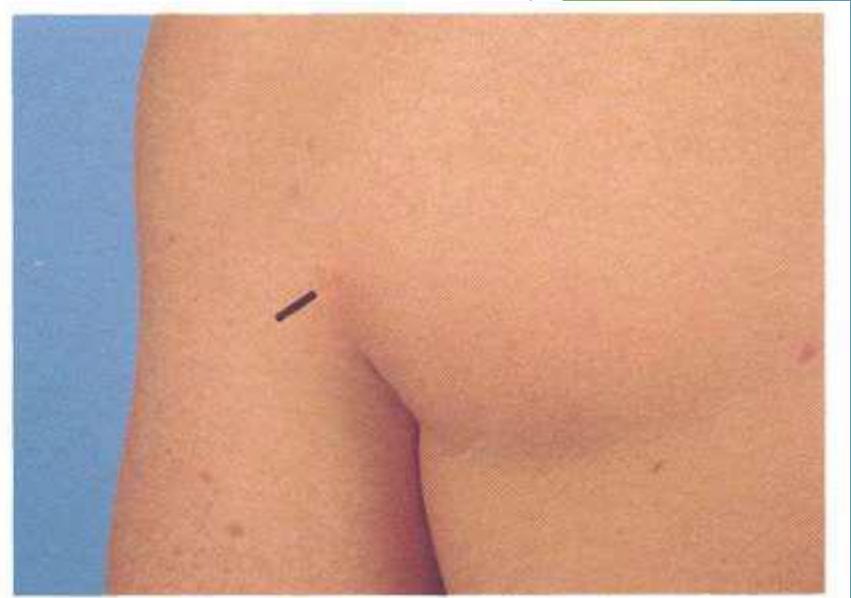
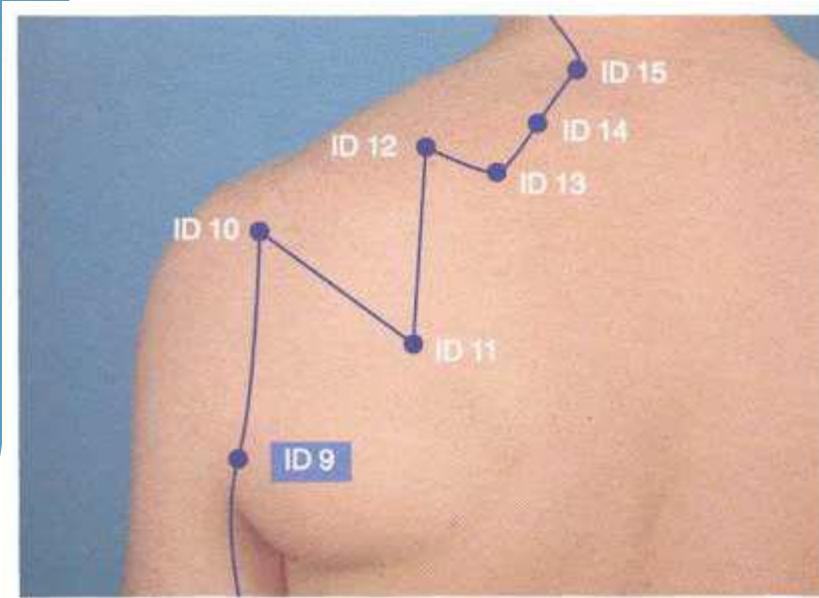
## ID6



Função  
Lombalgia, punho, mãos, dedos

# Coração ID

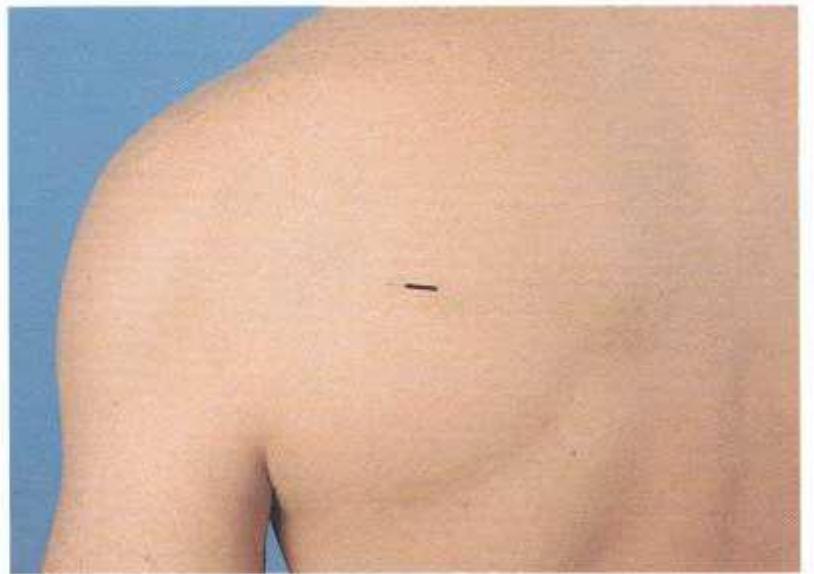
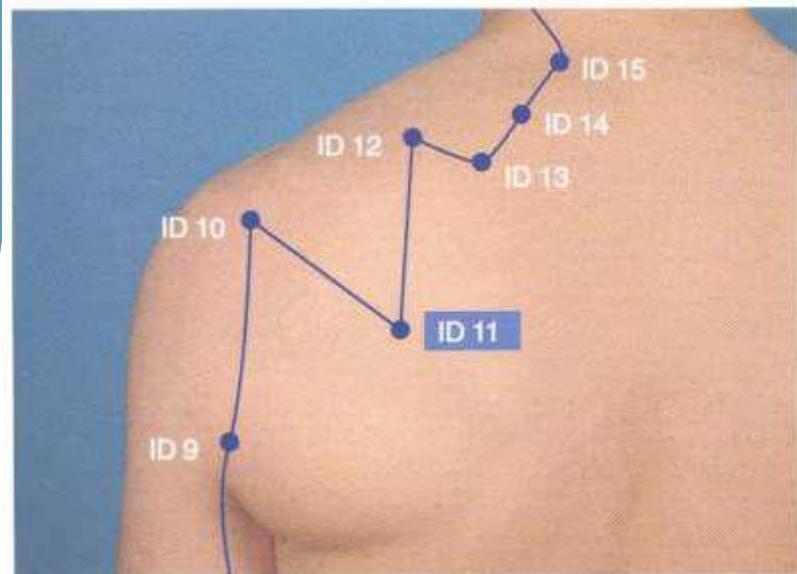
## ID9



Função  
Problemas no ombro, braço, linfáticos

# Coração ID

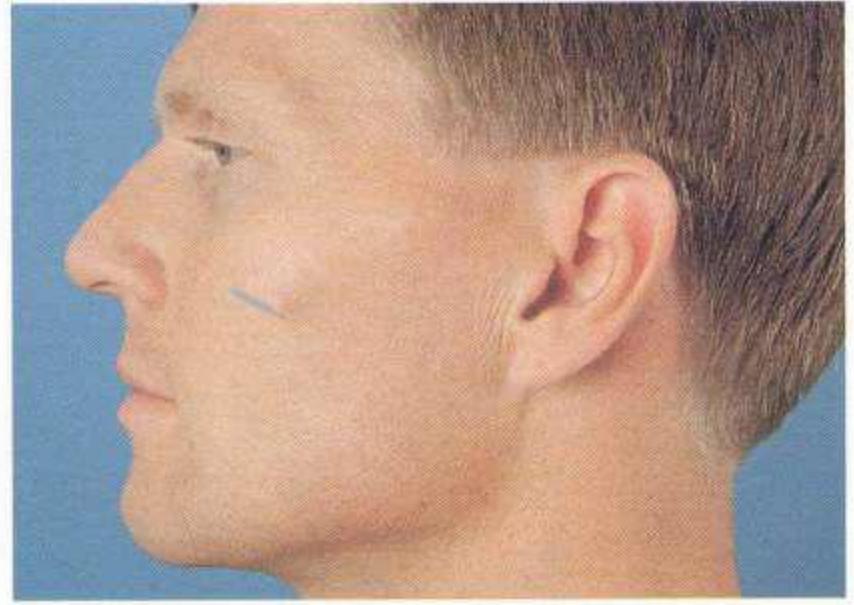
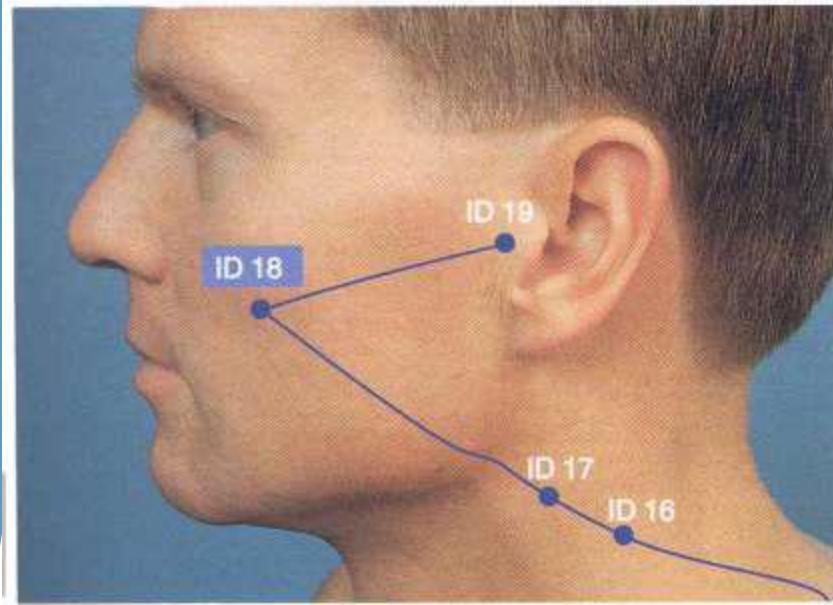
ID11



Função  
Dor no ombro, problemas respiratórios

# Coração ID

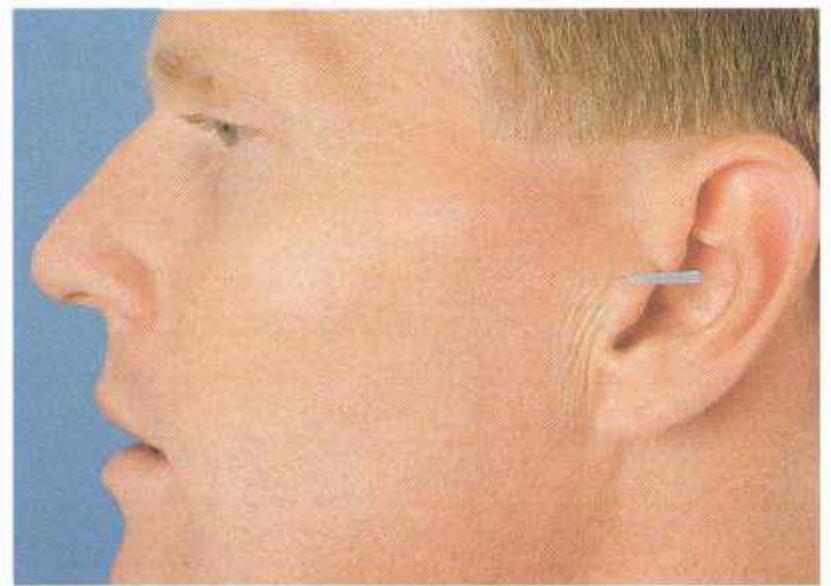
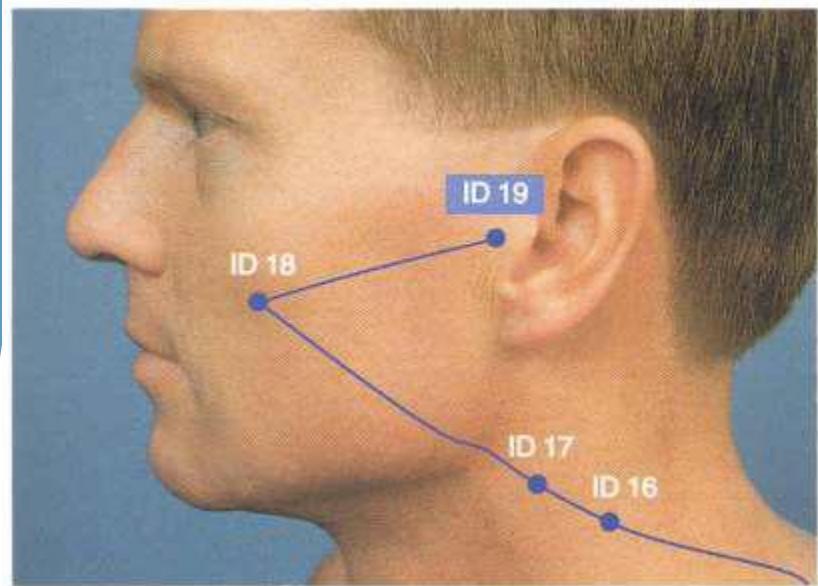
## ID18



Função  
Paralisia facial, neuralgia do trigêmeo

# Coração ID

## ID19

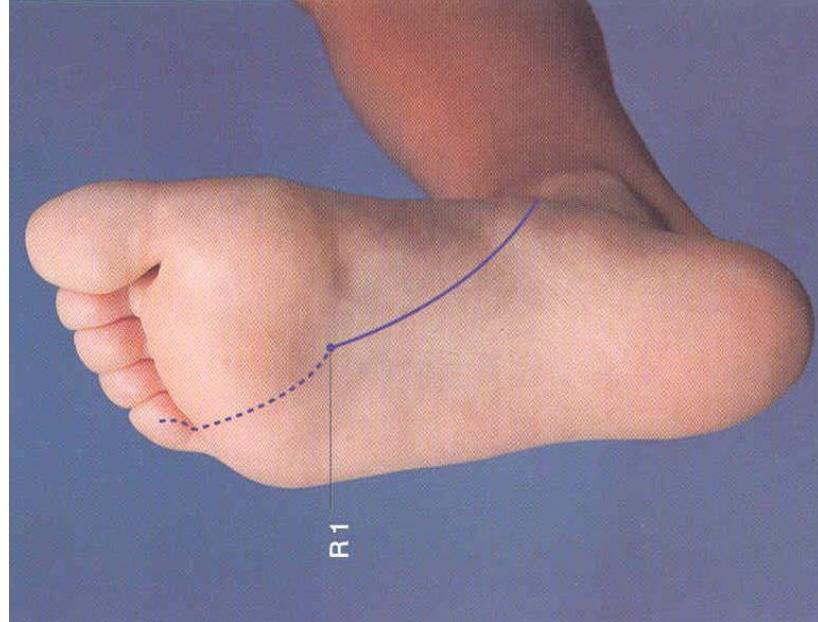


Função  
Problemas Auditivos, neuralgia do trigêmeo

# Rim e Bexiga

# Rim Bexiga

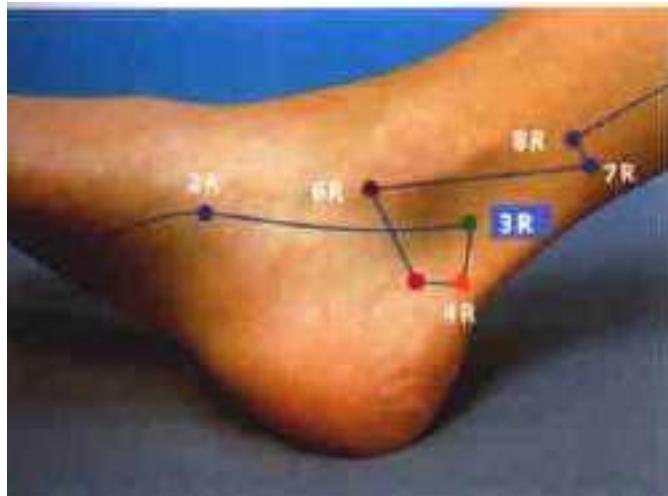
R1



Função  
Dor de cabeça, retenção de urina

# Rim Bexiga

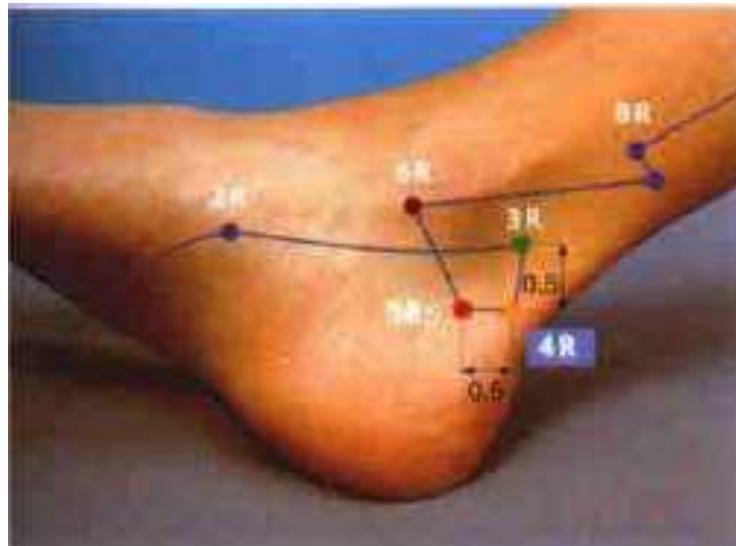
R3



Função  
Hipertensão, problemas nos pés

# Rim Bexiga

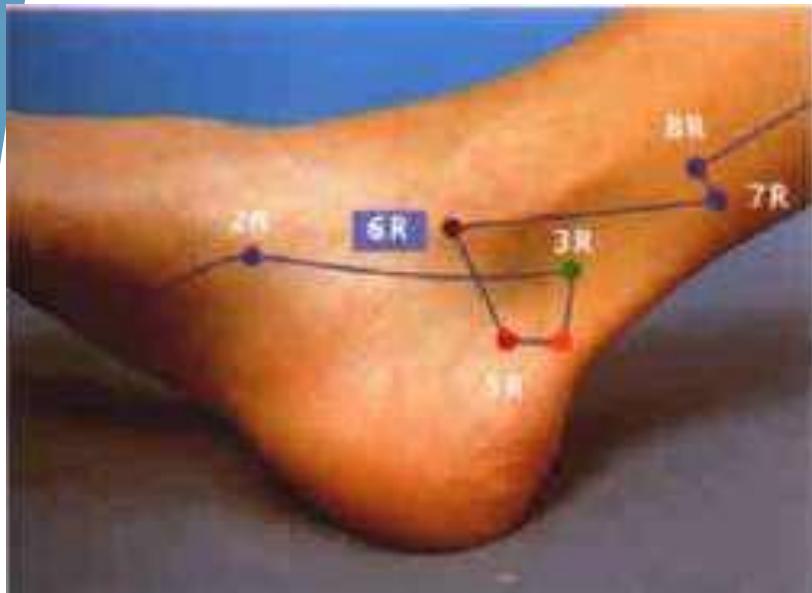
R4



Função  
Problemas no calcanhar, retenção de urina

# Rim Bexiga

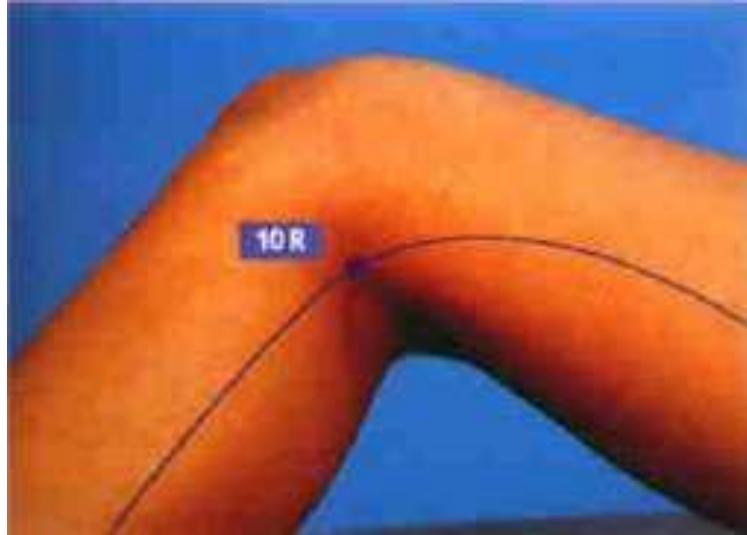
R6



Função  
Transtornos ginecológicos, Tornozelo

# Rim Bexiga

R10

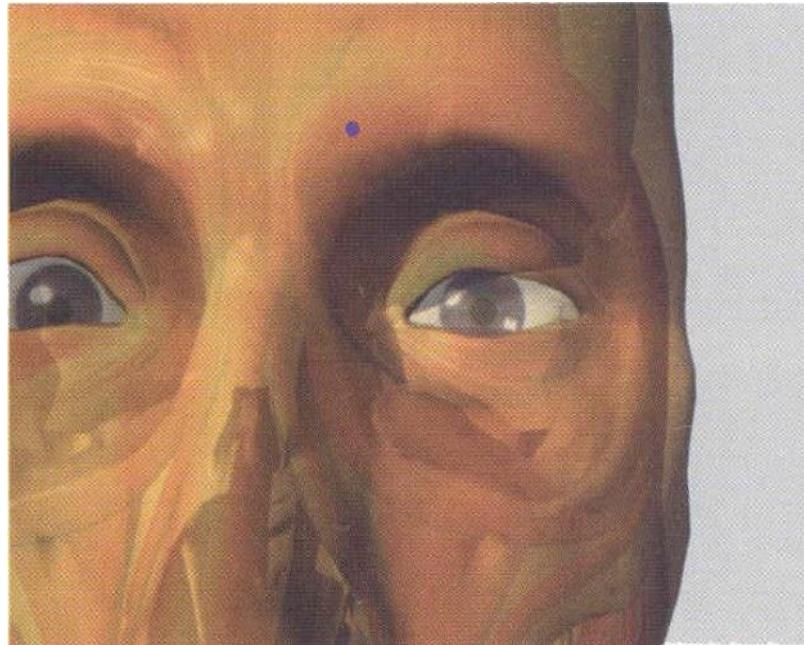


Função

Transtornos sexuais masculinos e femininos

# Rim Bexiga

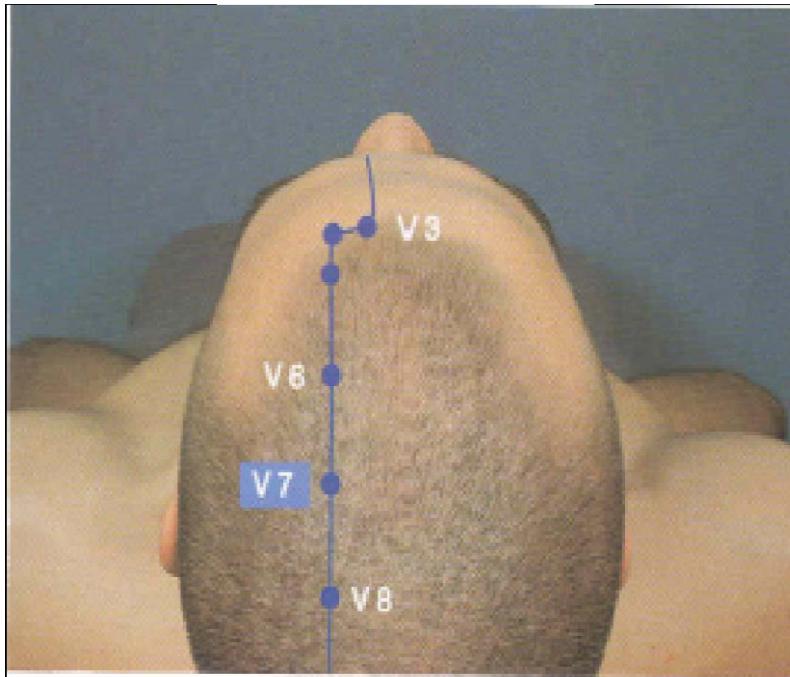
B2



Função  
**Cefaléia, sinusite, oculares**

# Rim Bexiga

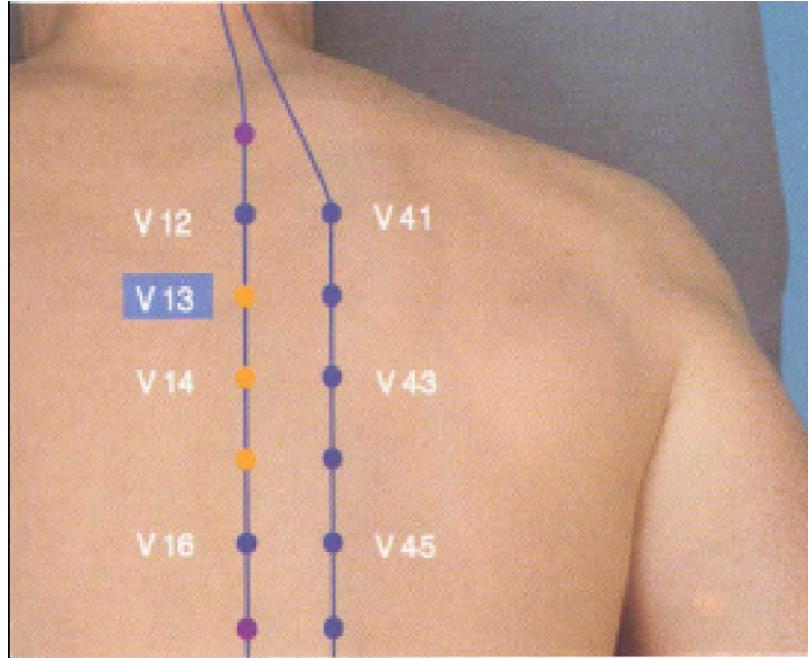
B4



Função  
**Sinusite, oculares, cefaléia frontal**

# Rim Bexiga

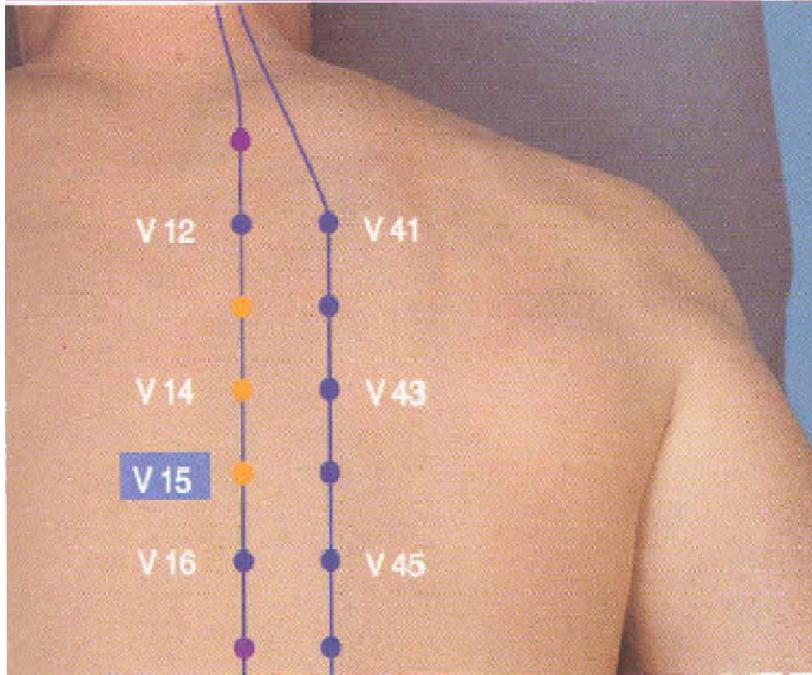
B13



Função  
Asma, tosse, obstrução nasal

# Rim Bexiga

B15

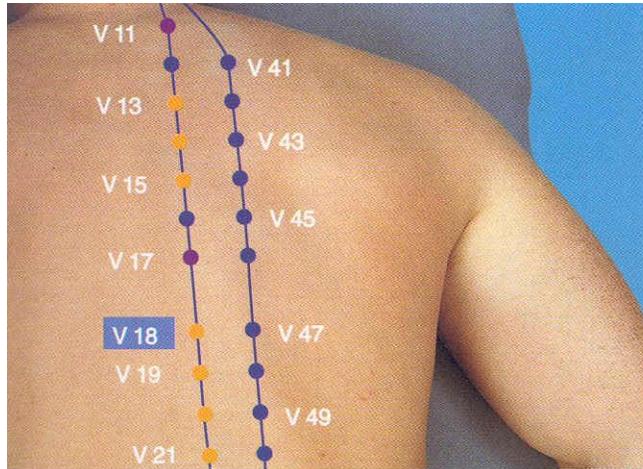


Função

Dor no coração, arritmia, palpitação

# Rim Bexiga

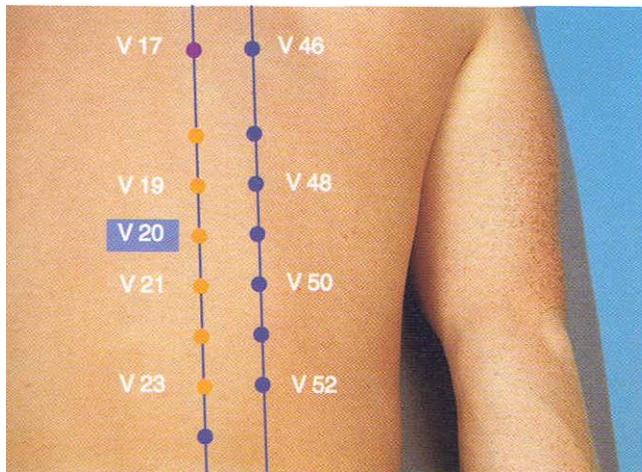
B18



Função  
Transtornos no fígado e VB

# Rim Bexiga

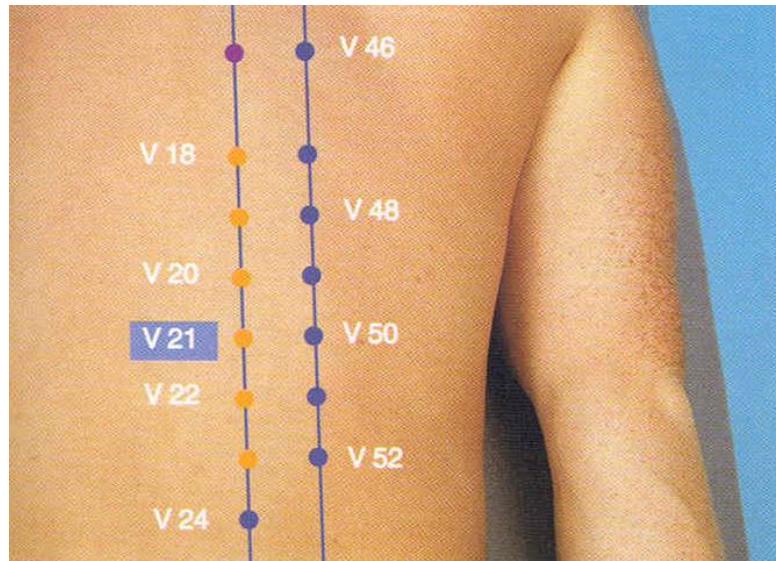
B20



Função  
Vômito, diarréia, desentereia

# Rim Bexiga

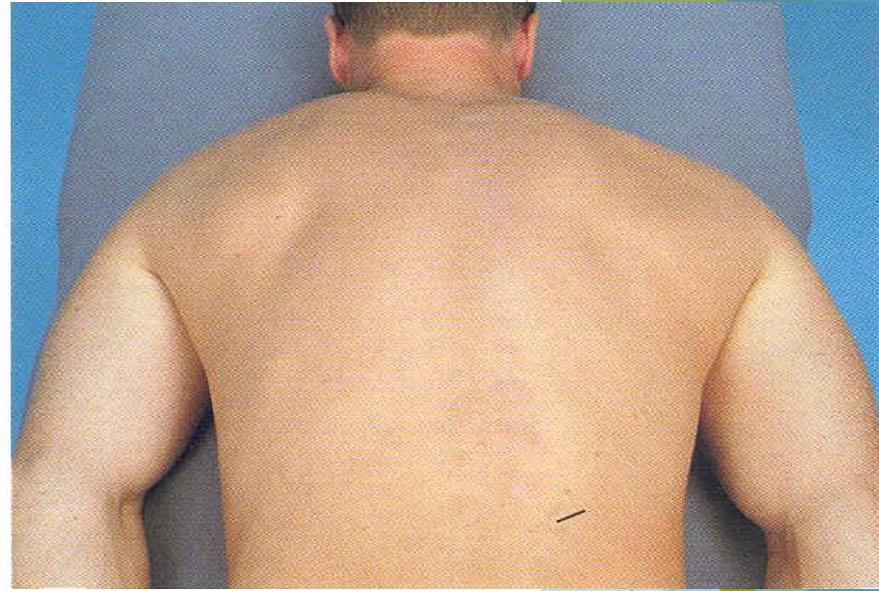
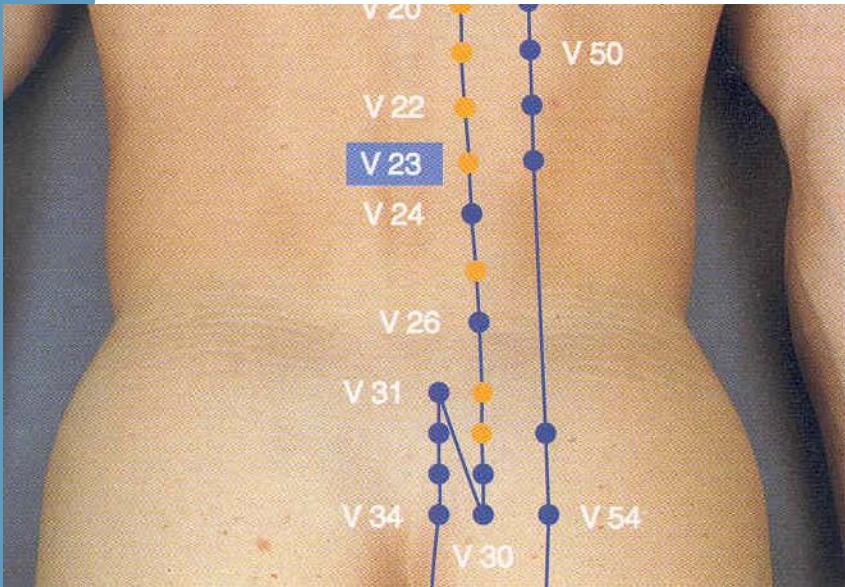
B21



Função  
Indigestão, Regurgitação, diarréia crônica

# Rim Bexiga

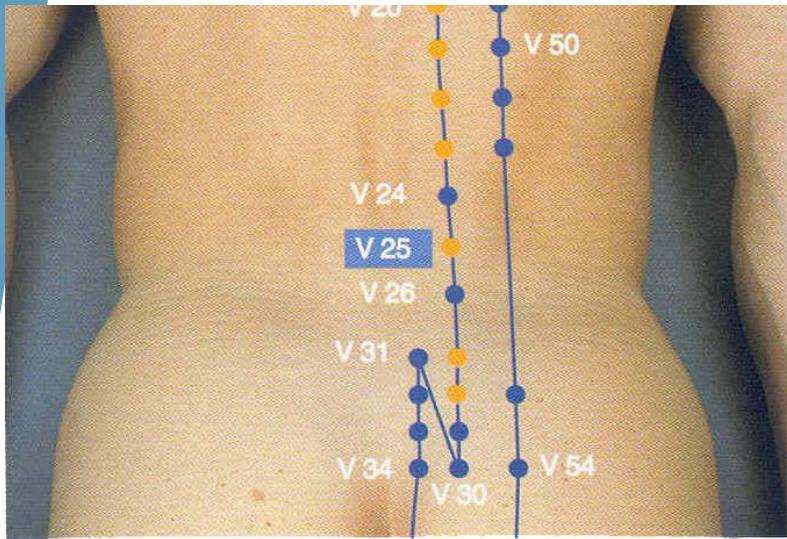
B23



Função  
Infecção do trato urinário, disfunções sexuais

# Rim Bexiga

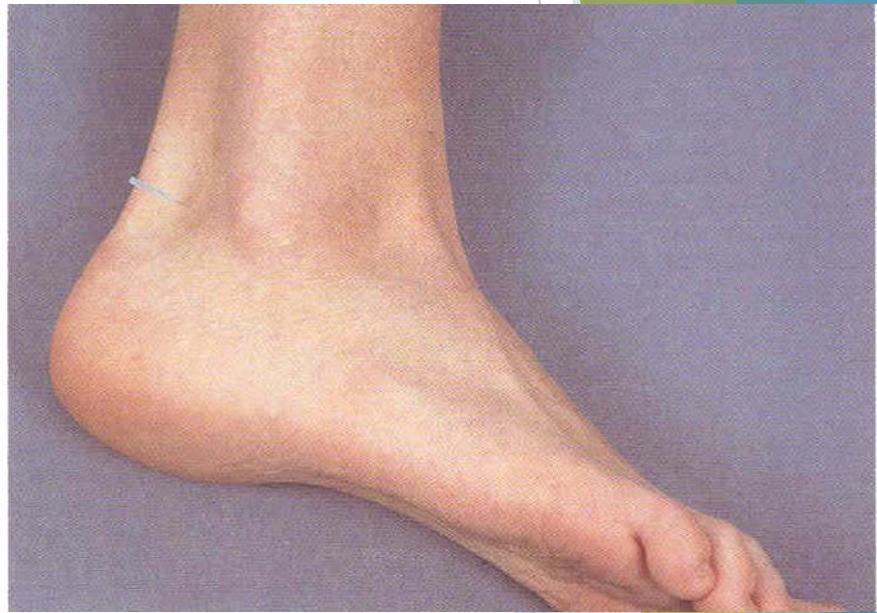
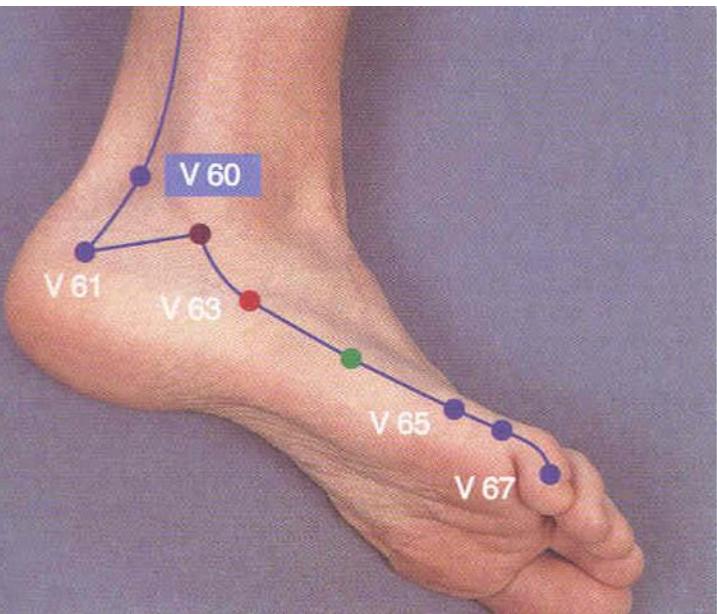
B25



Função  
Paralisia nas pernas e Ciatalgia

# Rim Bexiga

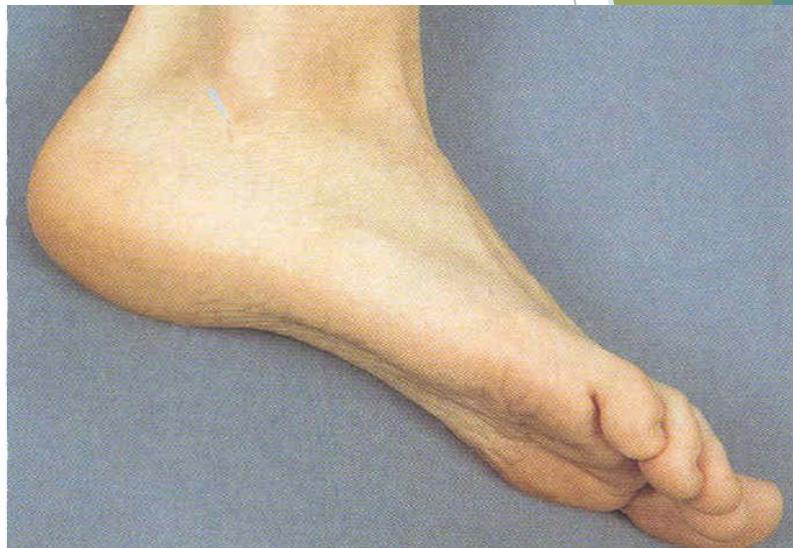
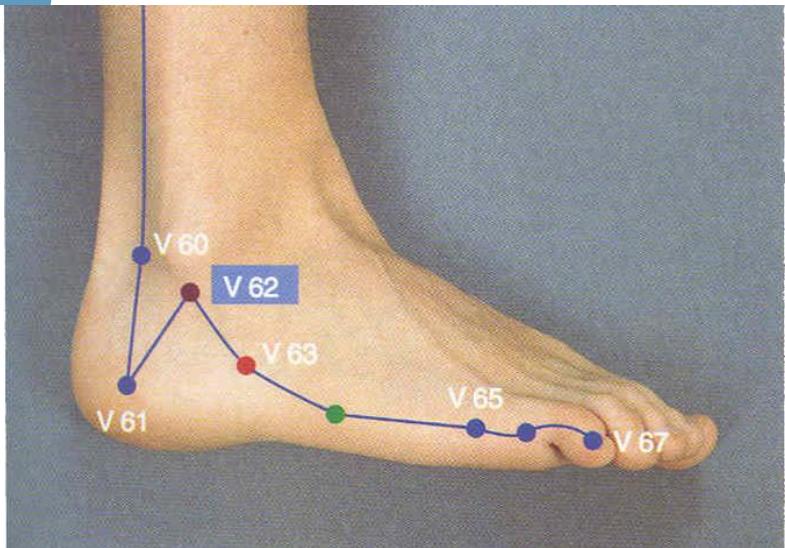
B60



Função  
**Dores nas costas, pé, paralisações**

# Rim Bexiga

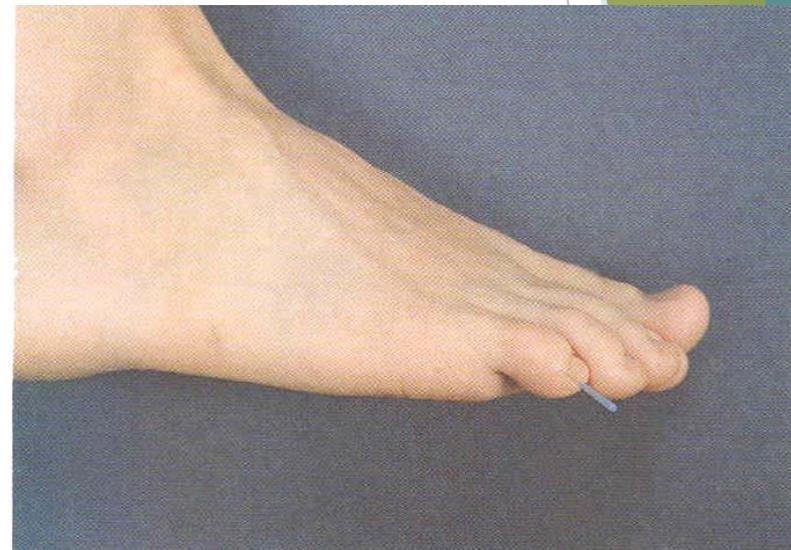
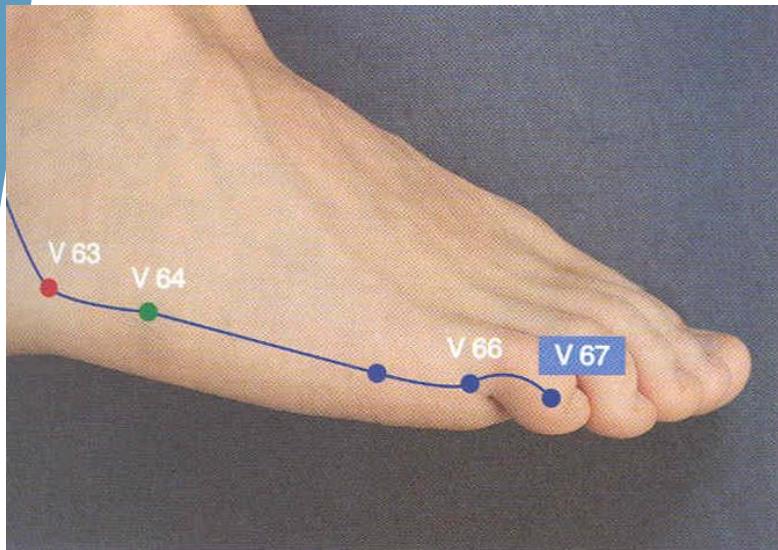
B62



Função  
Tontura, cefaleia, epilepsia

# Rim Bexiga

B67

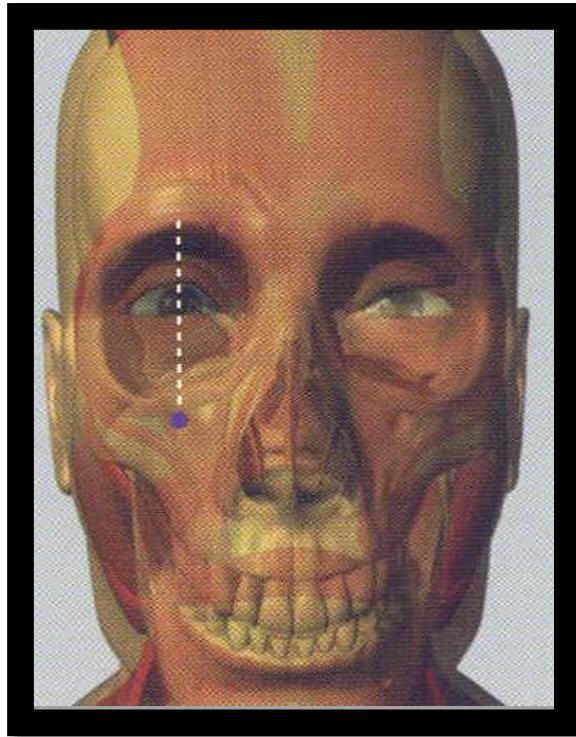


Função  
Cefaléia, cãimbras, dificuldade no parto

# **Estômago e BP**

# Estômago / Baço Pâncreas

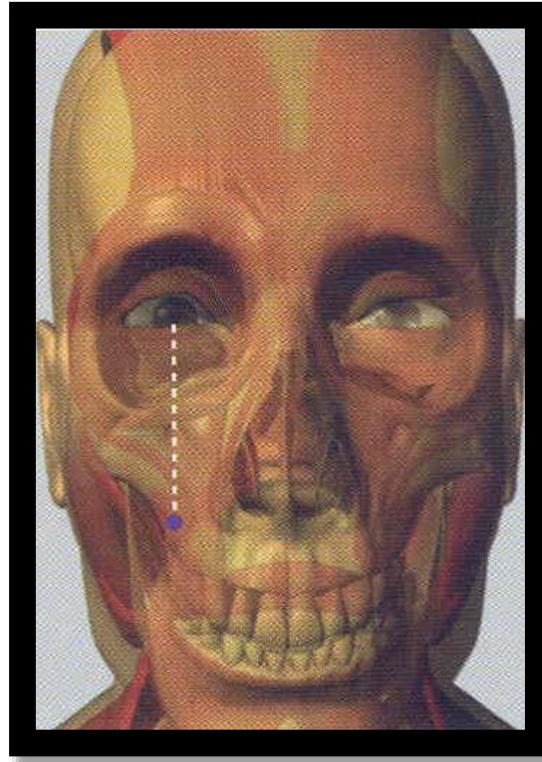
E2



Função  
**Enfermidades oculares, paralisia facial**

# Estômago / Baço Pâncreas

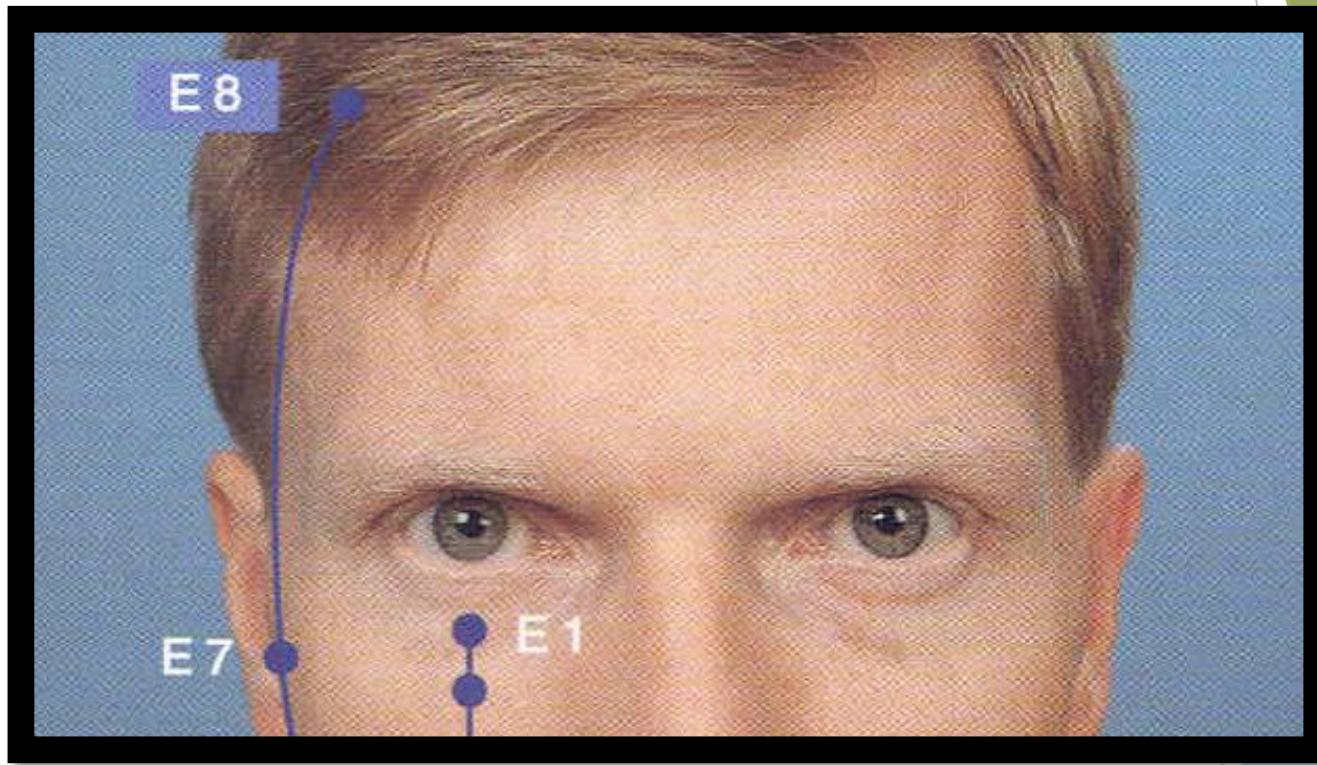
E3



Função  
Enfermidades oculares, paralisia facial

# Estômago / Baço Pâncreas

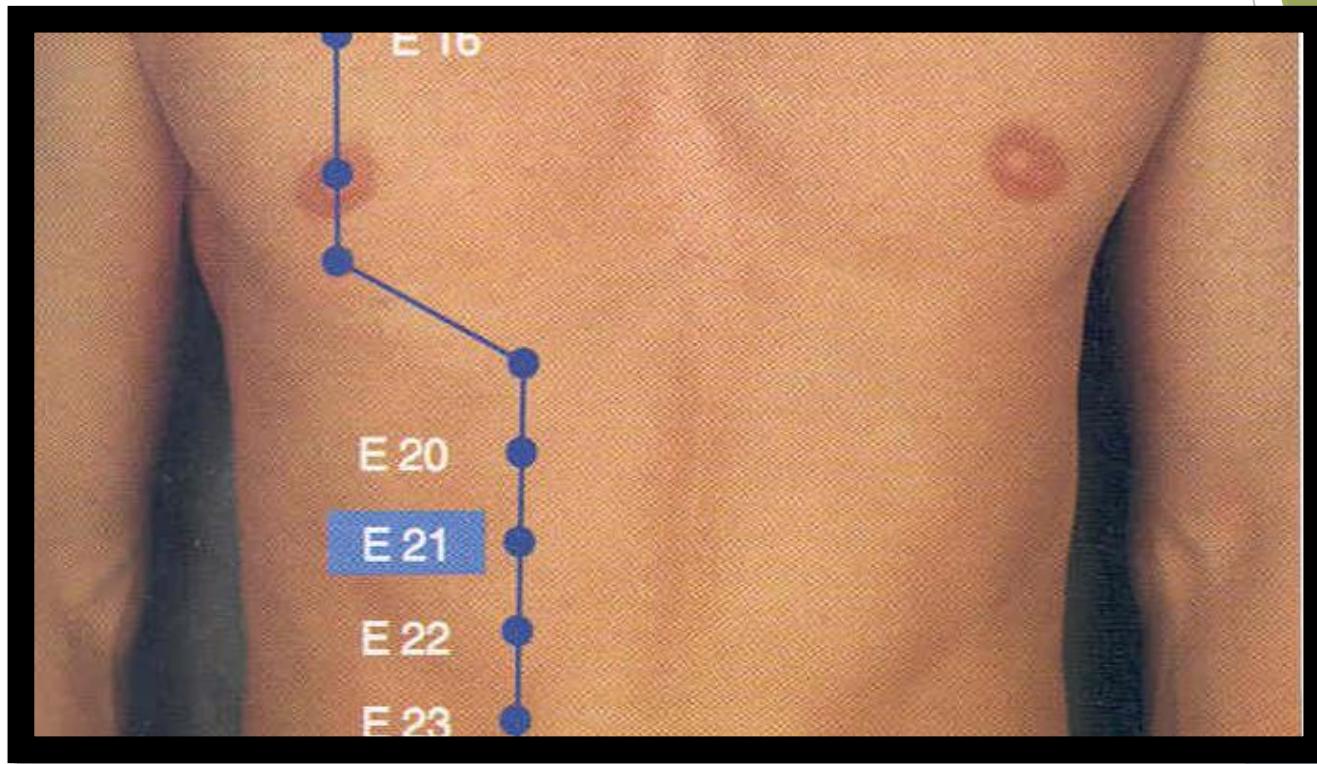
E8



Função  
Enfermidades oculares, cefaléia frontal

# Estômago / Baço Pâncreas

E21 e E23

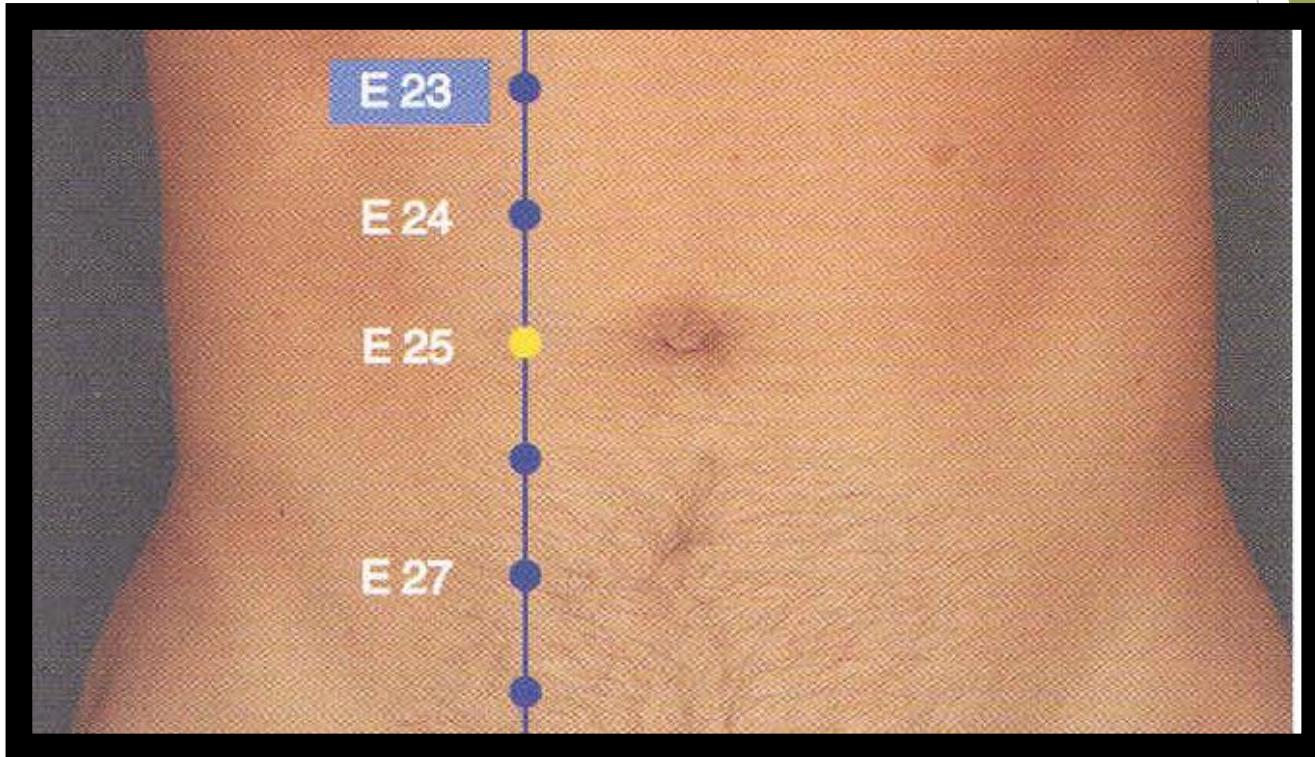


Função

Gastroenterite aguda e Crônica / Dores no estômago, psíquicos, psicosomáticos

# Estômago / Baço Pâncreas

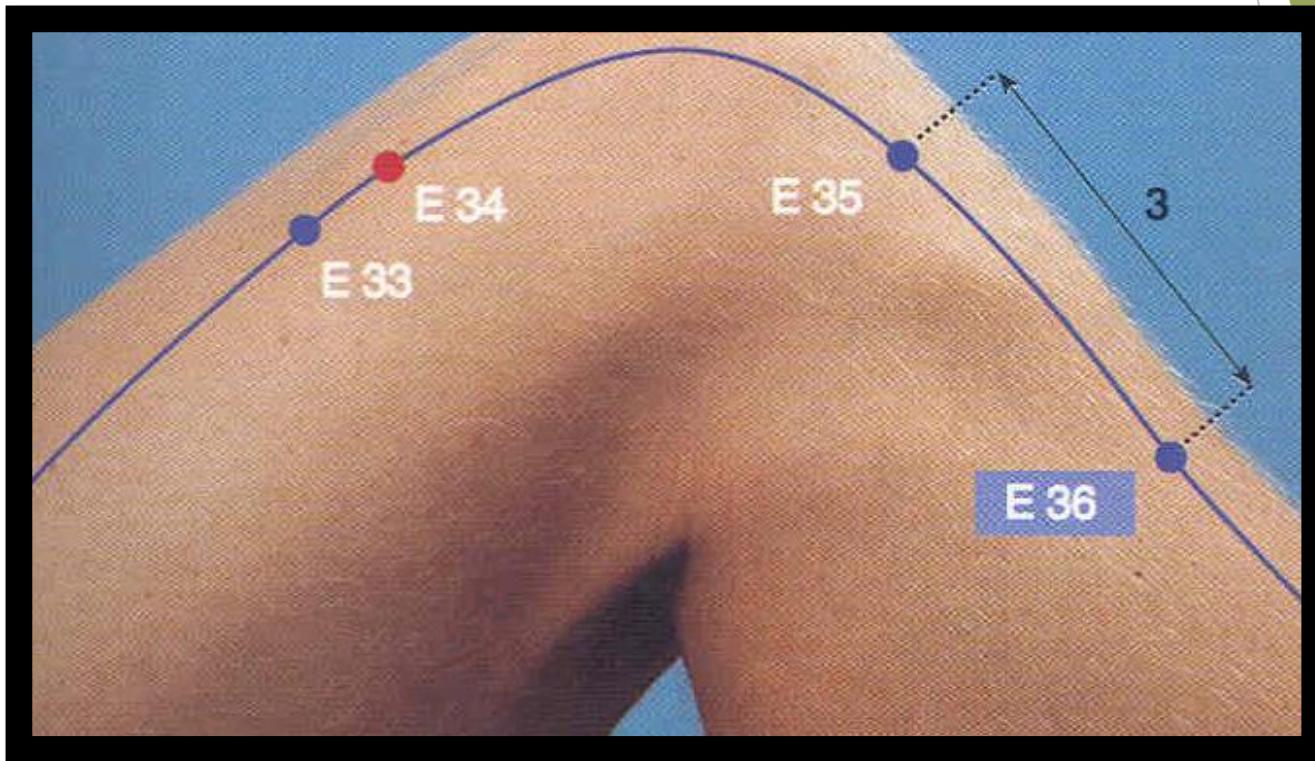
E25



Função  
Transtornos dos intestinos

# Estômago / Baço Pâncreas

E36



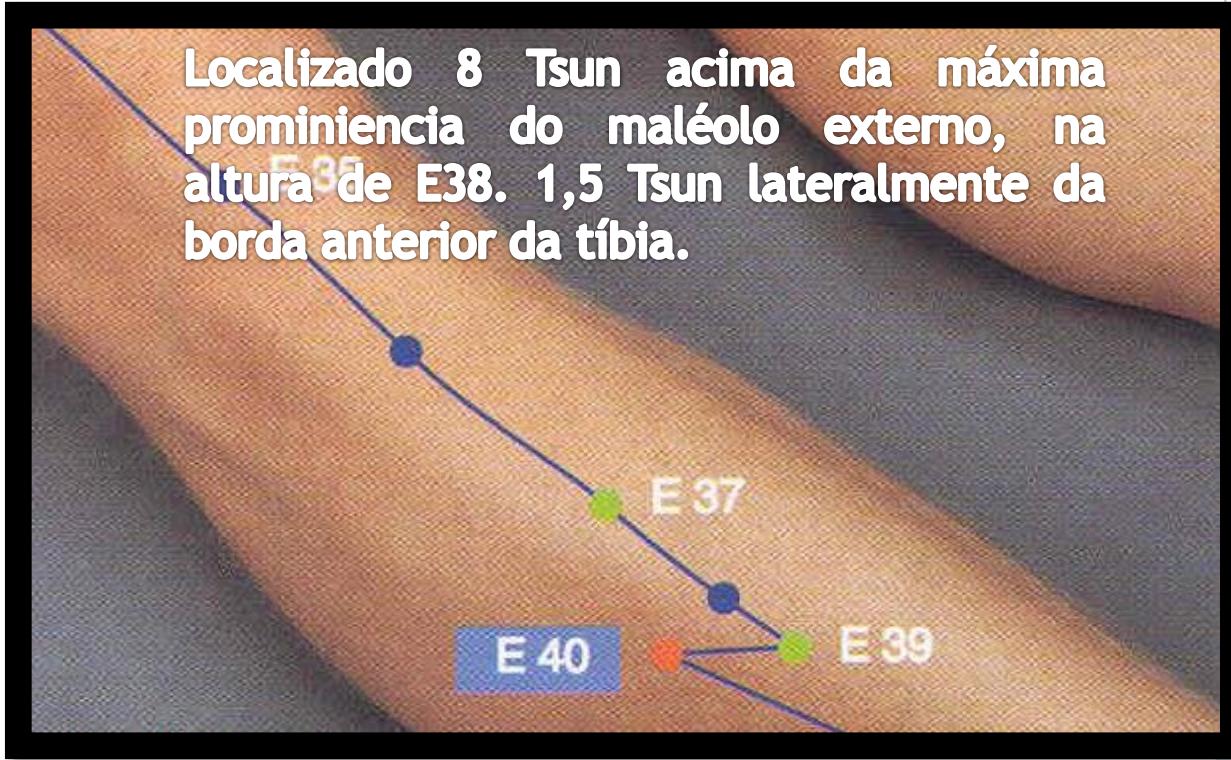
Função

Transtornos motores da perna, digestivos

# Estômago / Baço Pâncreas

## E40

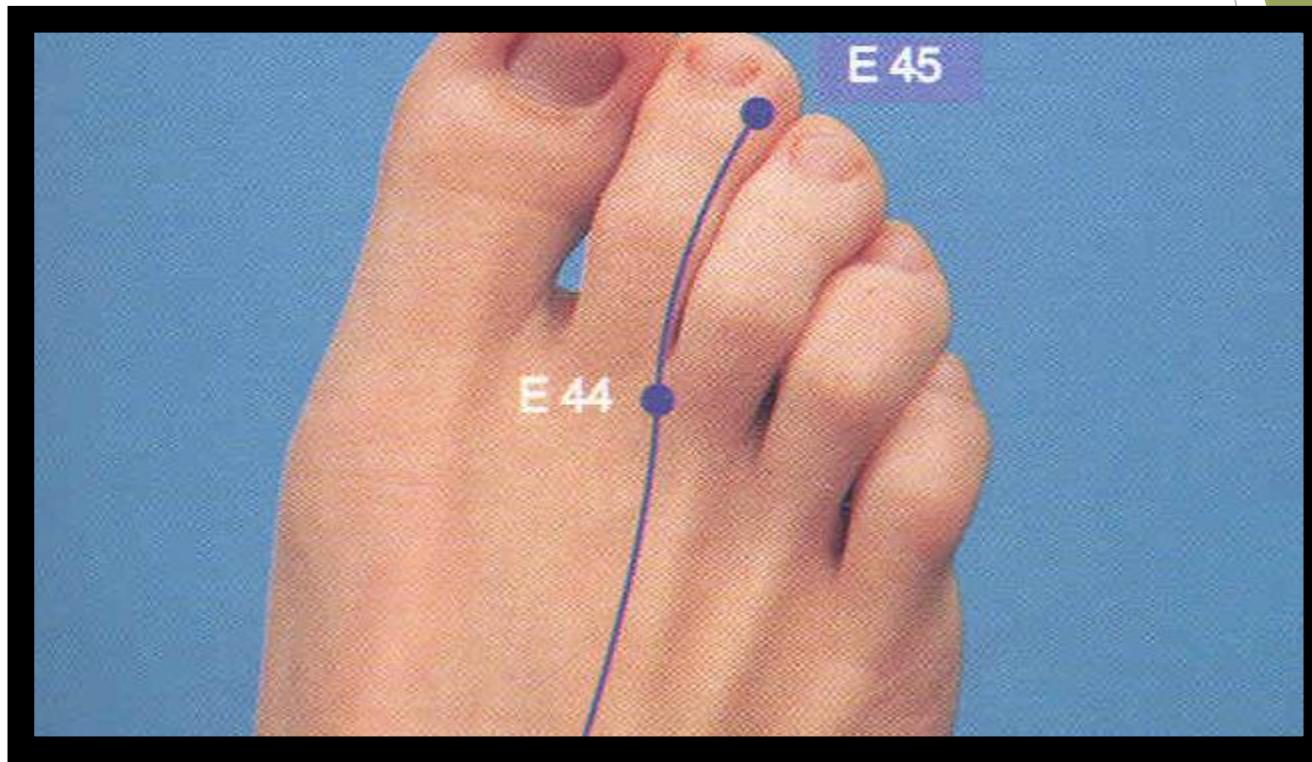
Localizado 8 Tsun acima da máxima prominencia do maléolo externo, na altura de E38. 1,5 Tsun lateralmente da borda anterior da tíbia.



Função  
**Asma, bronquite, pneumonia**

# Estômago / Baço Pâncreas

E44

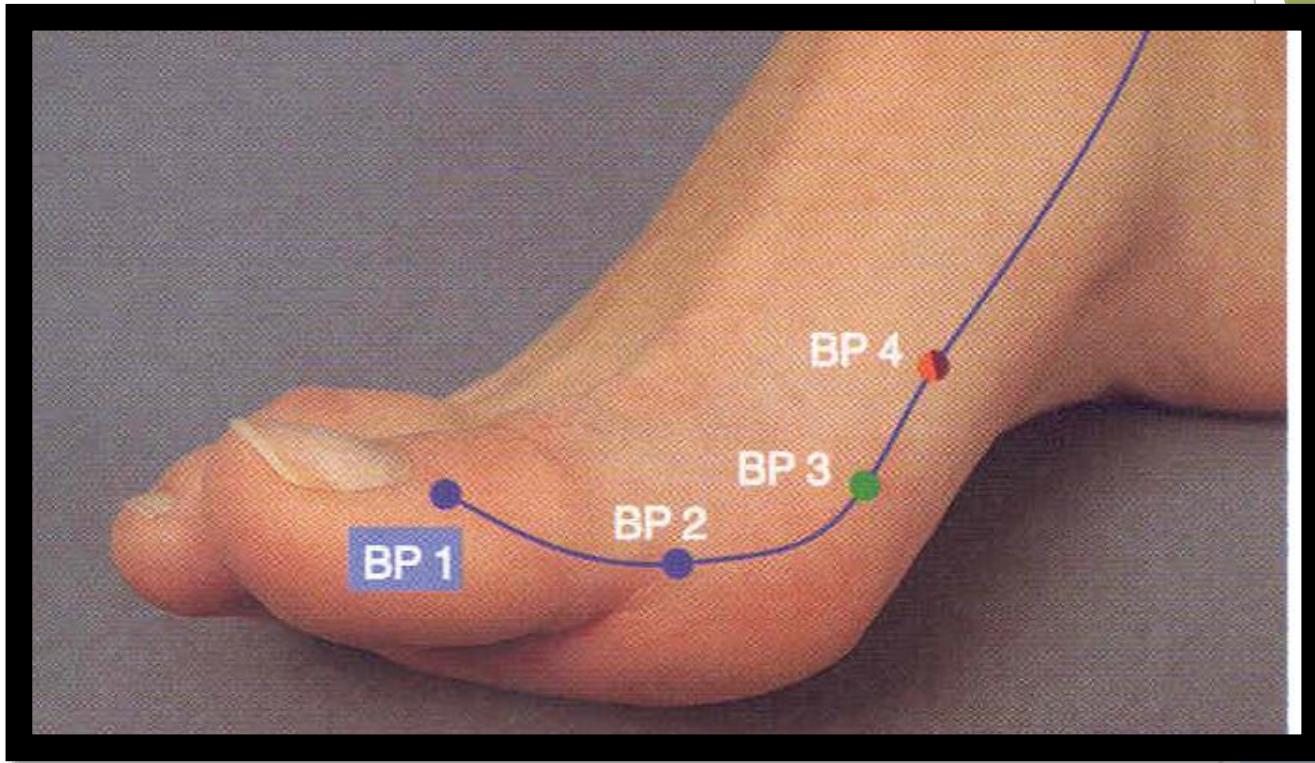


Função

Dor de dente, infecção do trato digestório

# Estômago / Baço Pâncreas

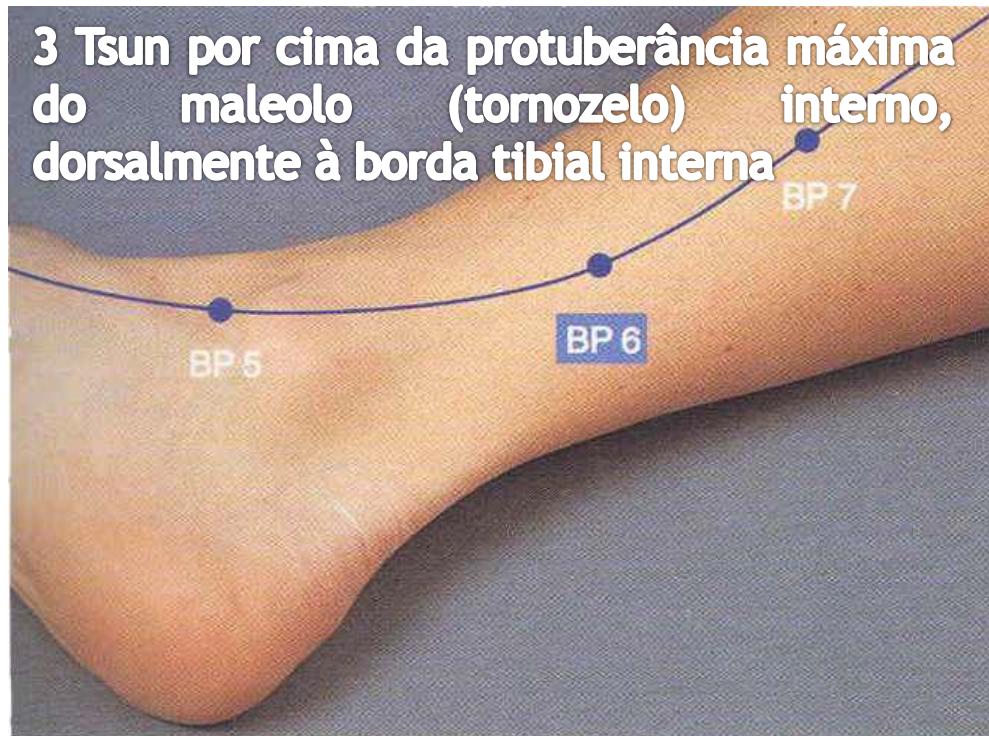
BP2, BP3 e BP4



Função  
Diarréia, distúrbios digestivos

# Estômago / Baço Pâncreas

## BP6

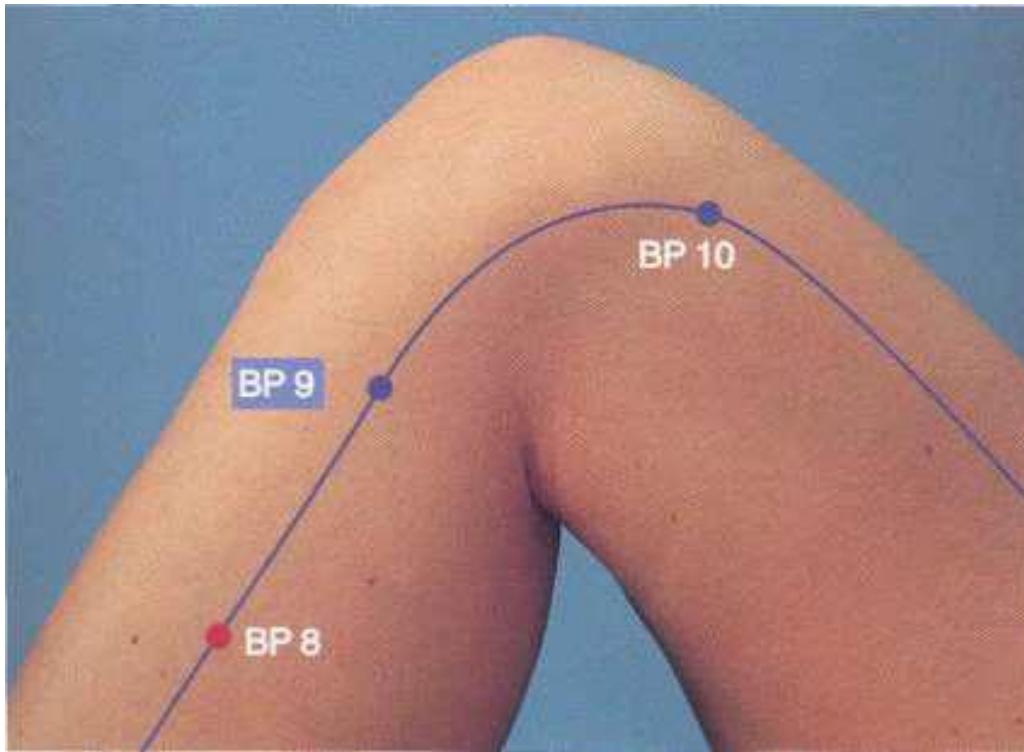


## Função

Diarréia, problemas nos membros inferiores

# Estômago / Baço Pâncreas

BP9

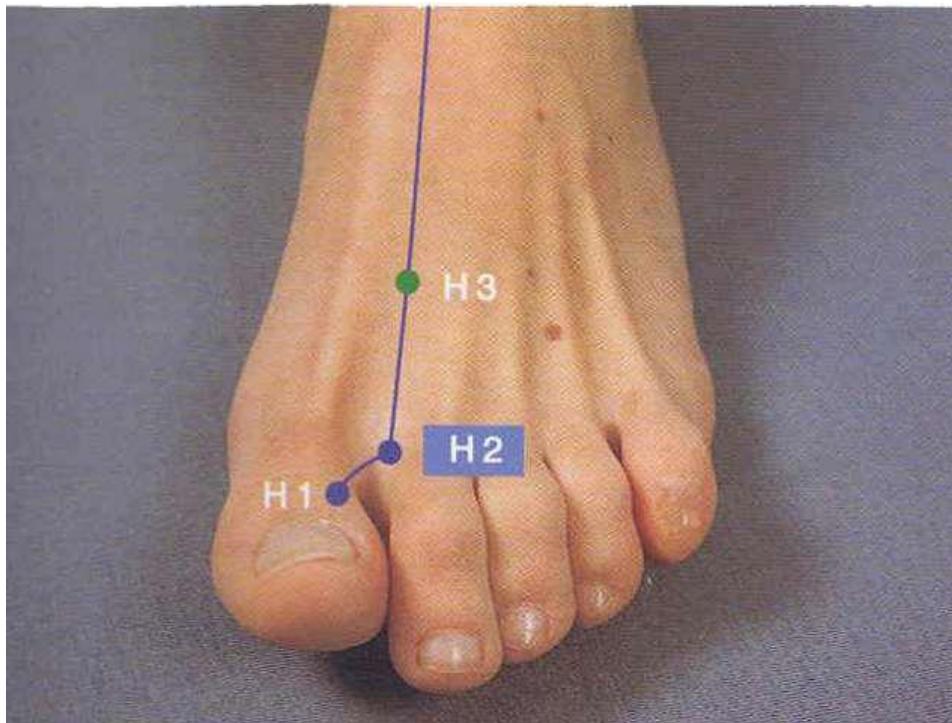


Função  
Problemas no joelho, urinários

# Fígado e VB

# Fígado / Vesícula Biliar

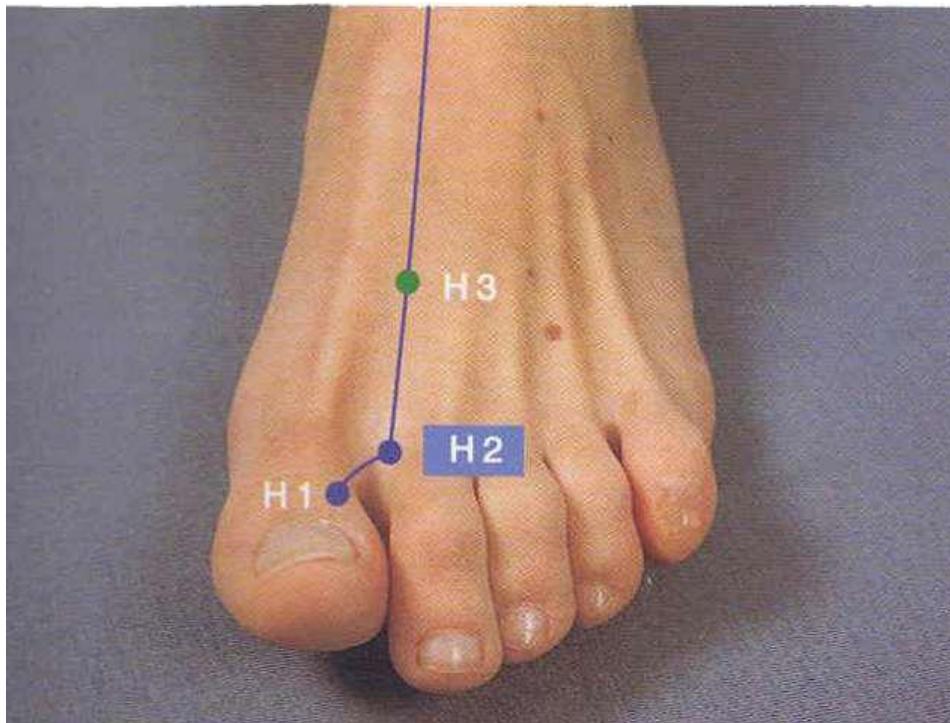
F1 e F2



Função F1  
Prolapso de útero, hérnias

# Fígado / Vesícula Biliar

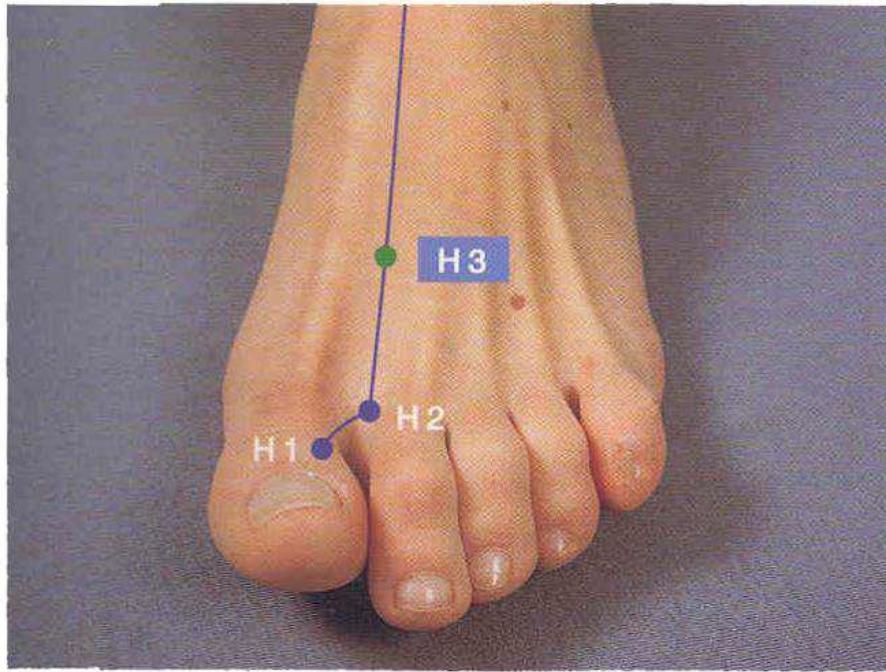
F1 e F2



Função F2  
Cefaléia, insônia, doenças mentais

# Fígado / Vesícula Biliar

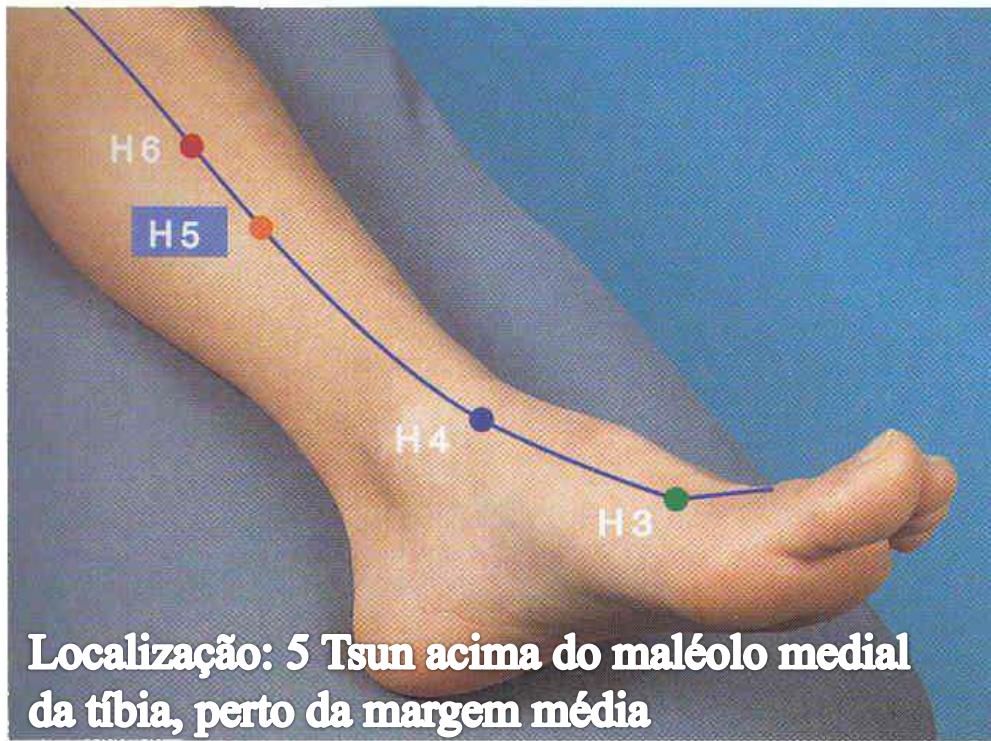
F3



Função  
Hipertensão, problemas urinários

# Fígado / Vesícula Biliar

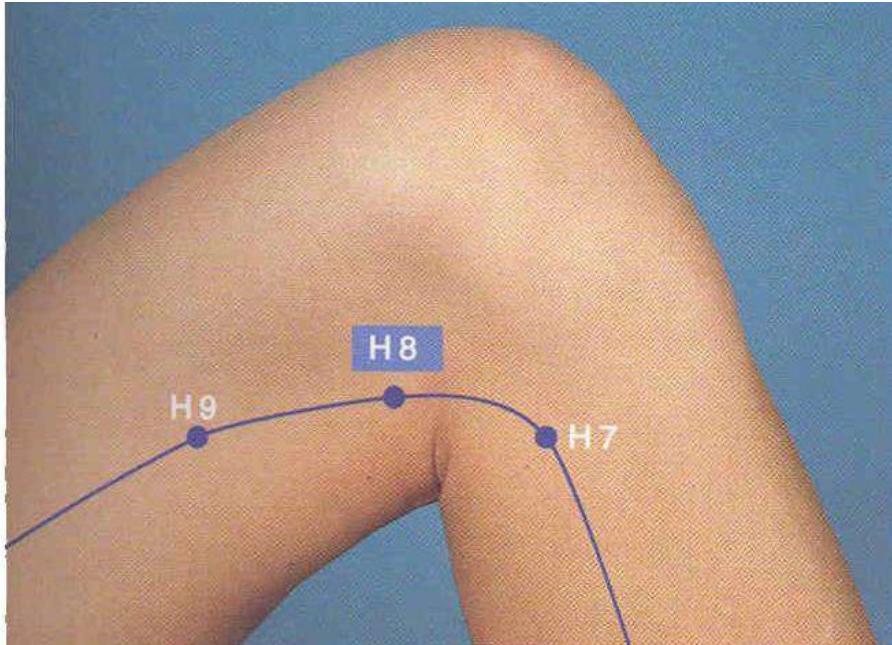
F5



**Função**  
**Problemas urinários, menstruais**

# Fígado / Vesícula Biliar

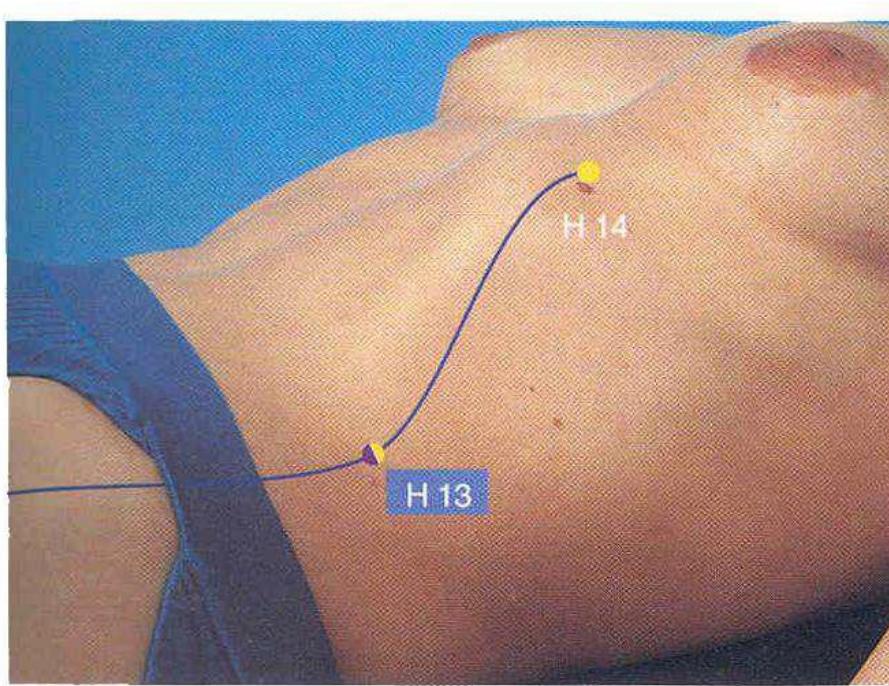
F8



Função  
Problemas no joelho, urinários

# Fígado / Vesícula Biliar

F13

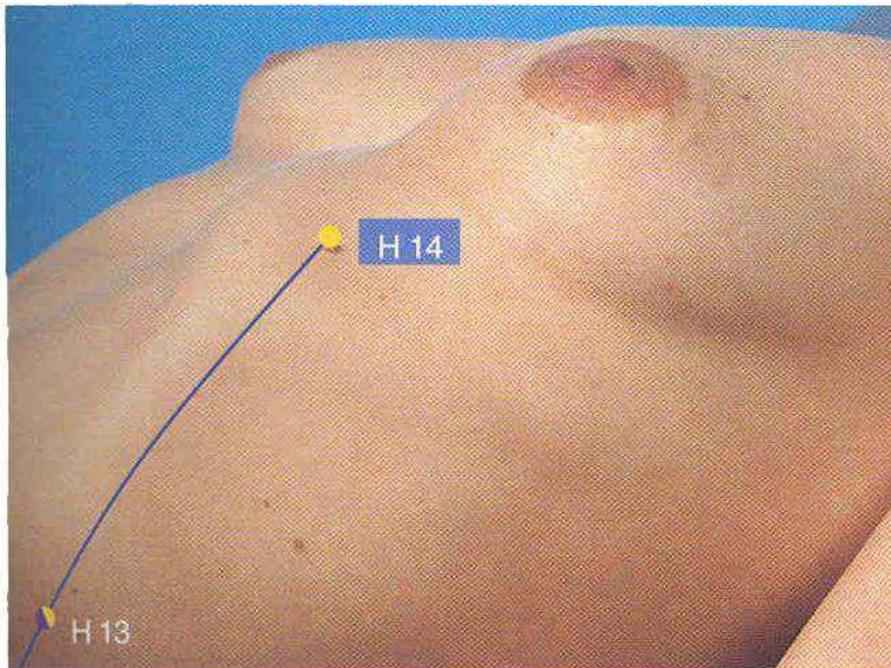


Função

Vômitos, problemas intestinais/ estomacais

# Fígado / Vesícula Biliar

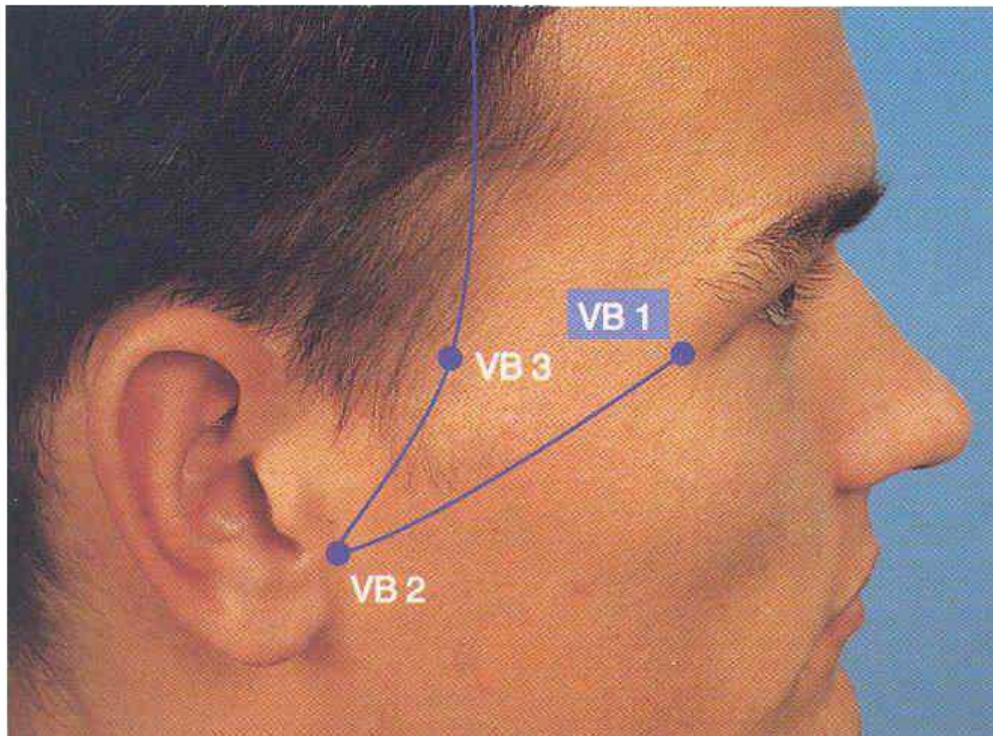
F14



Função  
Vômitos, enfermidades hepáticas

# Fígado / Vesícula Biliar

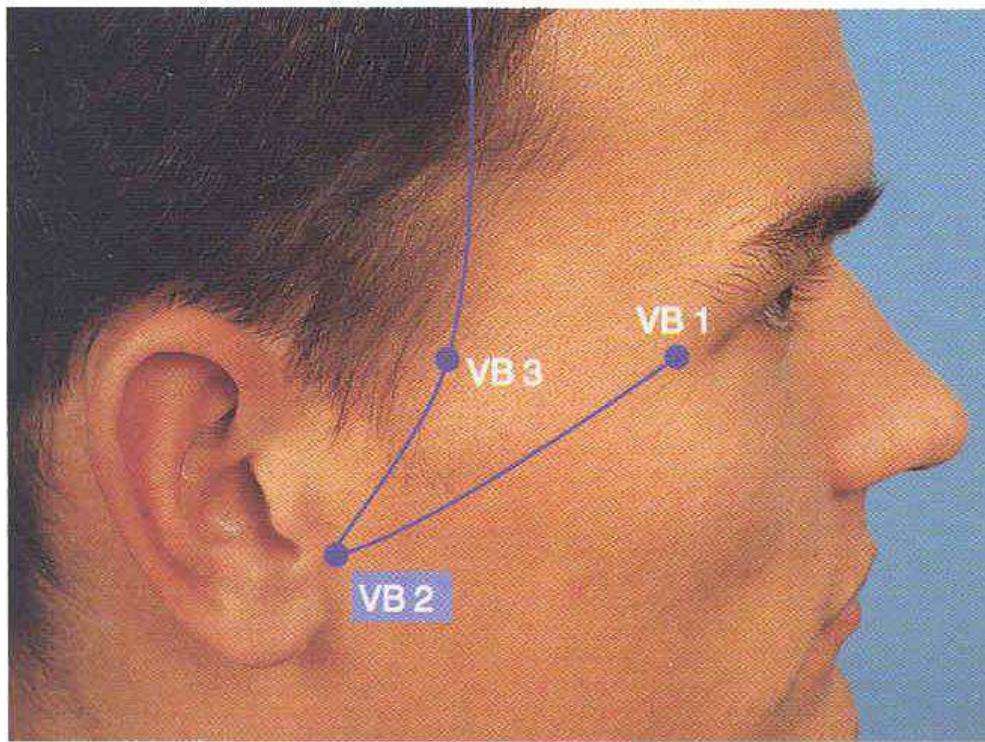
VB1



Função  
Problemas oculares, cefaleia

# Fígado / Vesícula Biliar

VB2

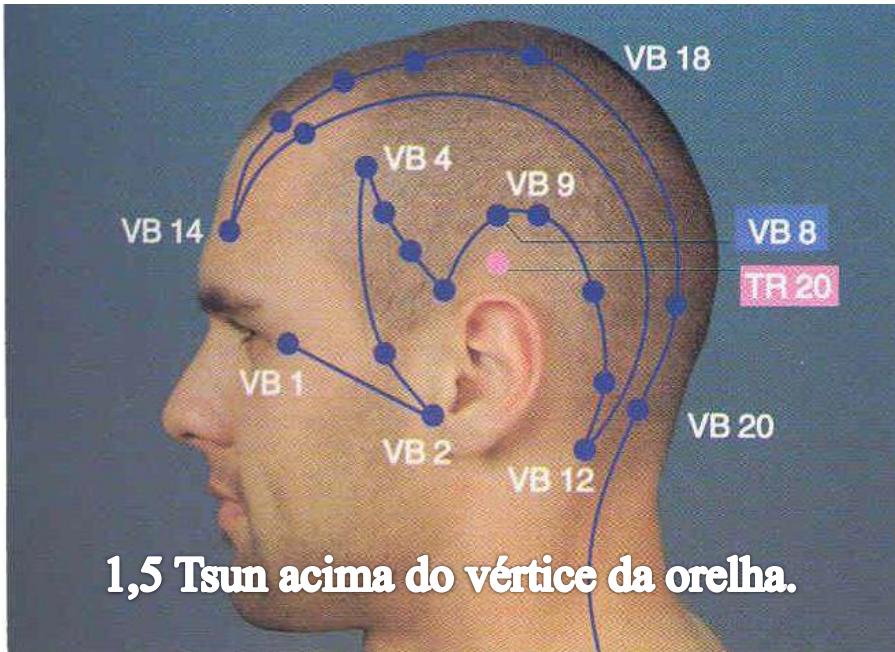


Função

Problemas auditivos, neuralgia do trigêmeo

# Fígado / Vesícula Biliar

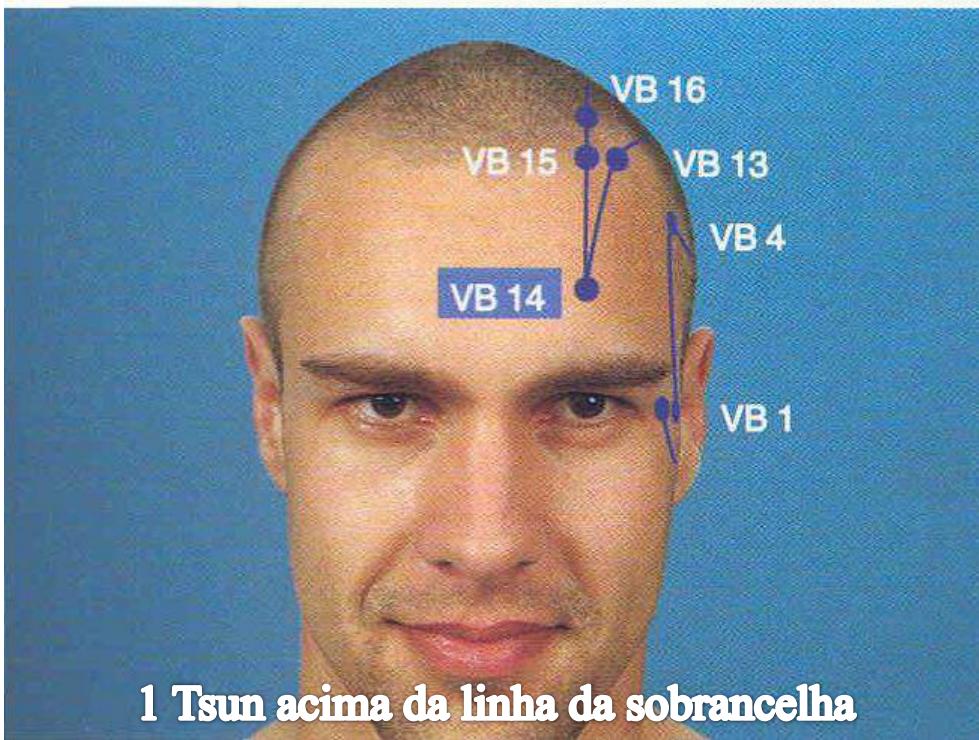
## VB8



Função  
Enxaqueca e cefaleia

# Fígado / Vesícula Biliar

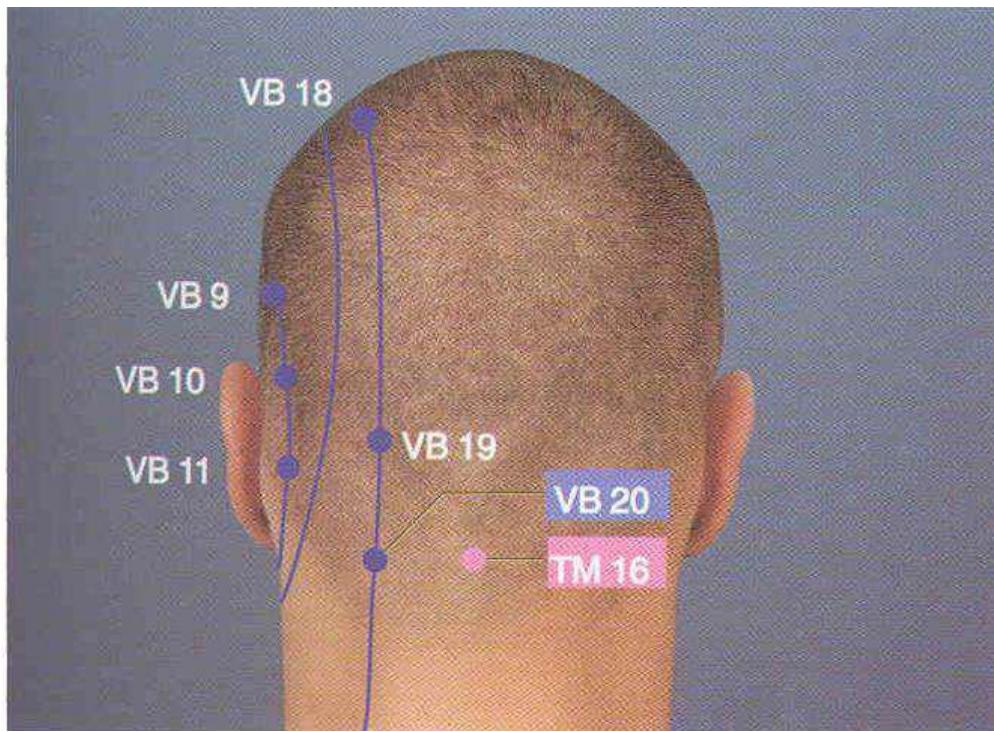
VB14



Função  
Cefaleia, paralisia facial

# Fígado / Vesícula Biliar

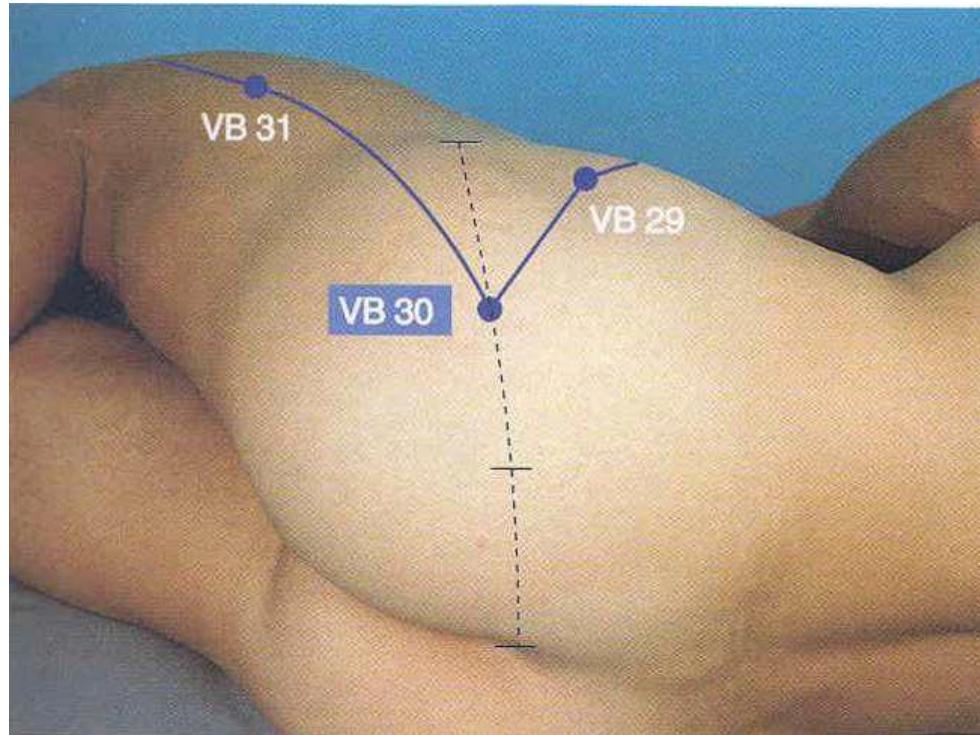
VB20



Função  
Cefaleia e dores no pescoço

# Fígado / Vesícula Biliar

## VB30

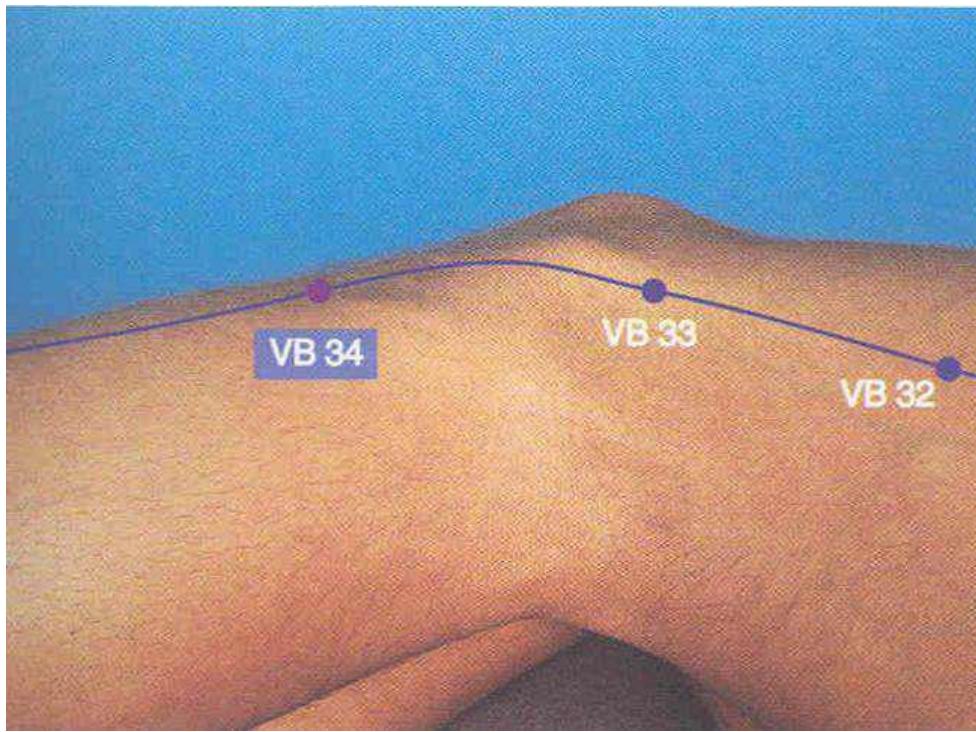


Função

Problemas nos membros inferiores, lombalgia

# Fígado / Vesícula Biliar

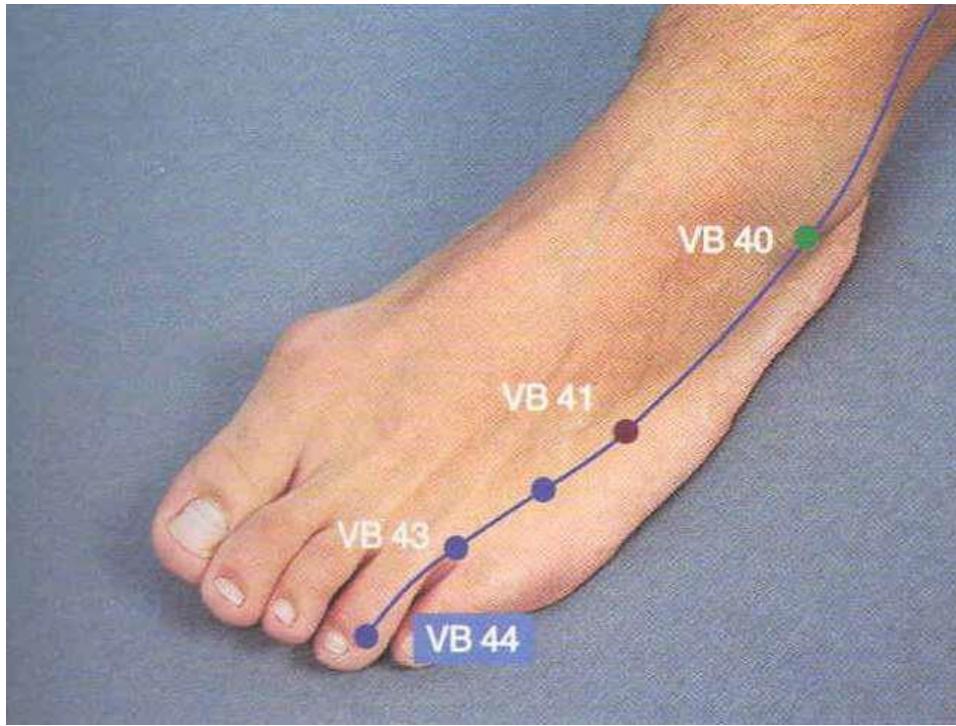
VB34



Função  
Dores no joelho, hemiplegia

# Fígado / Vesícula Biliar

**VB44**



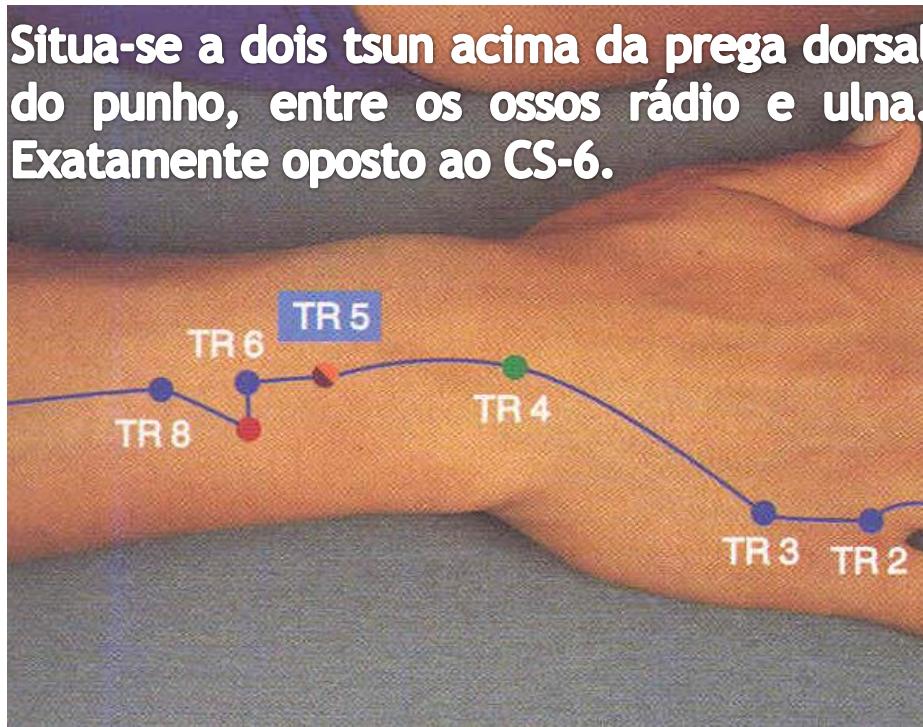
**Função**

**Dores de cabeça, problemas menstruais**

# TA e Sexualidade

# Triplo Aquecedor / Circulação Sexualidade

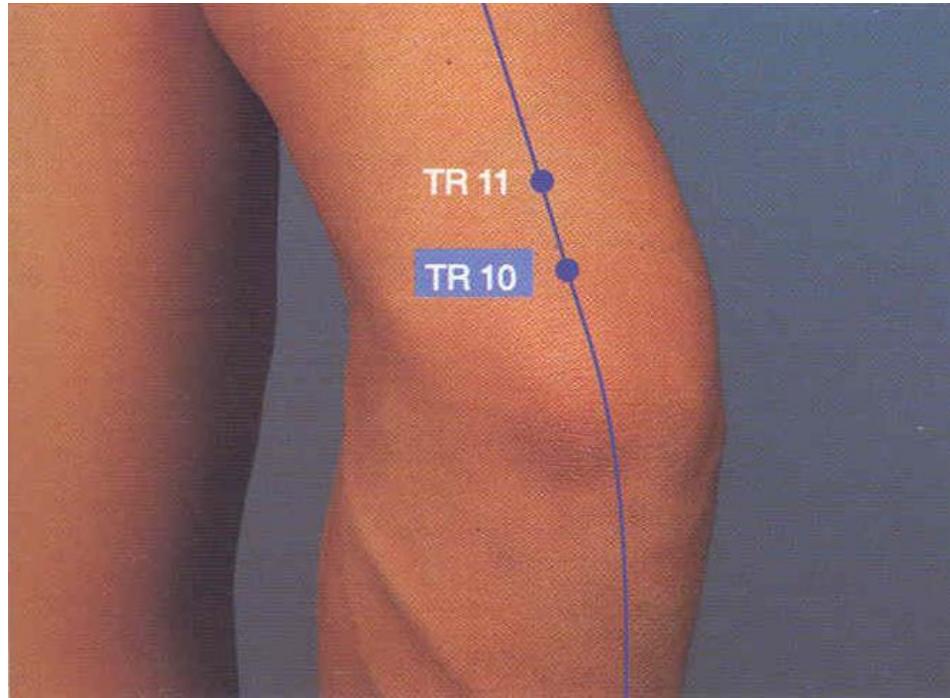
## TA5



**Função**  
**Cafaleia, paralisia membros superiores**

# Triplo Aquecedor / Circulação Sexualidade

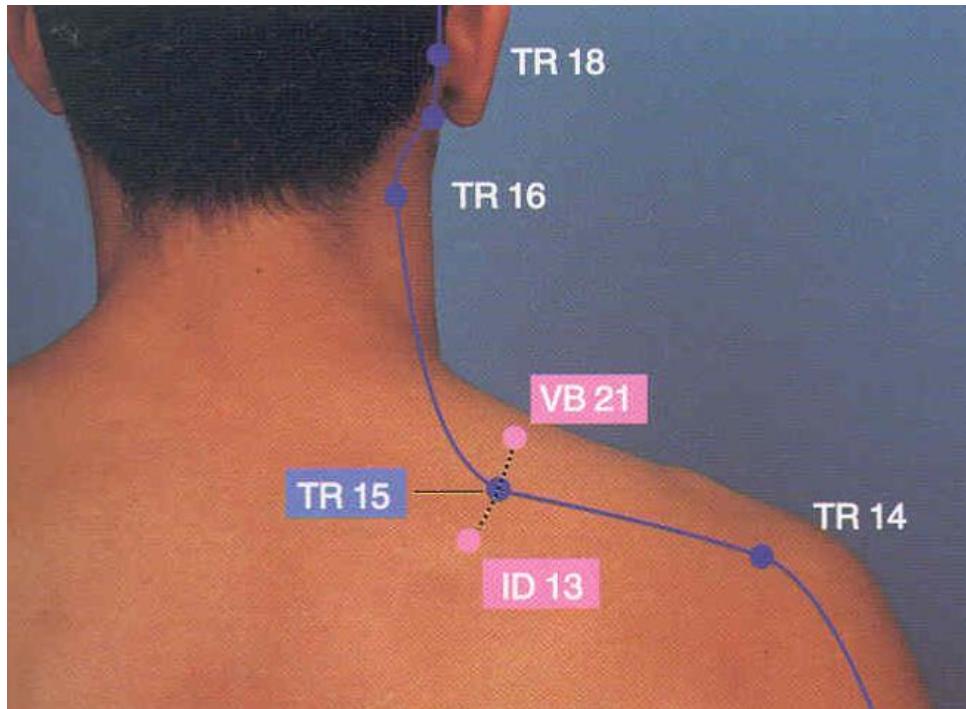
## TA10



**Função**  
**Dores no braço, cotovelo e insônia**

# Triplo Aquecedor / Circulação Sexualidade

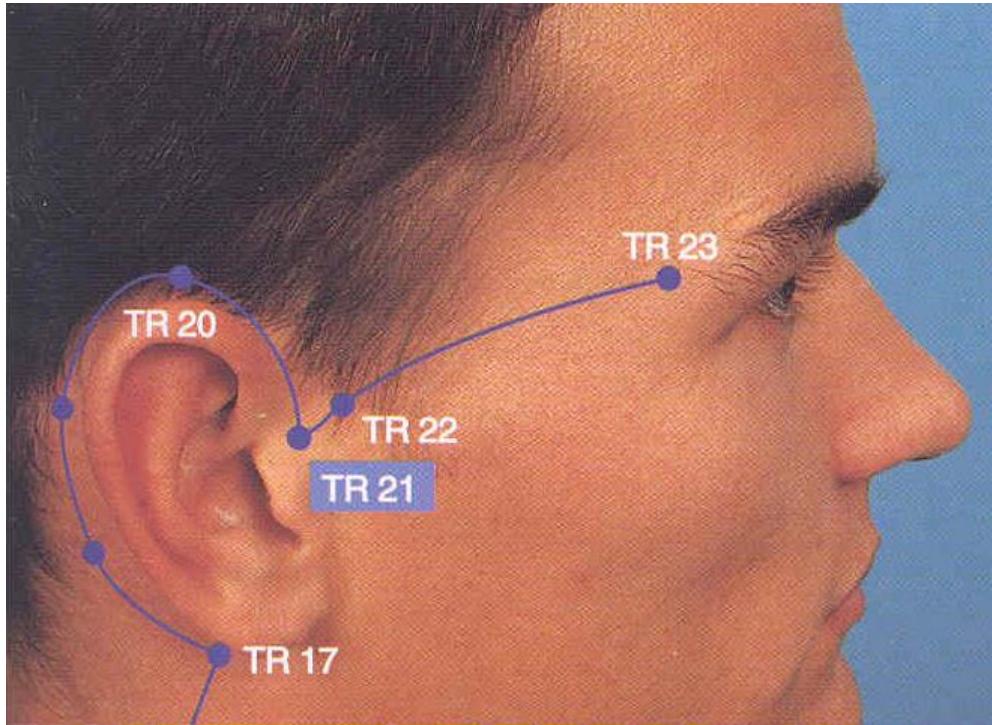
## TA15



**Função**  
**Dores no pescoço, e ombro**

# Triplo Aquecedor / Circulação Sexualidade

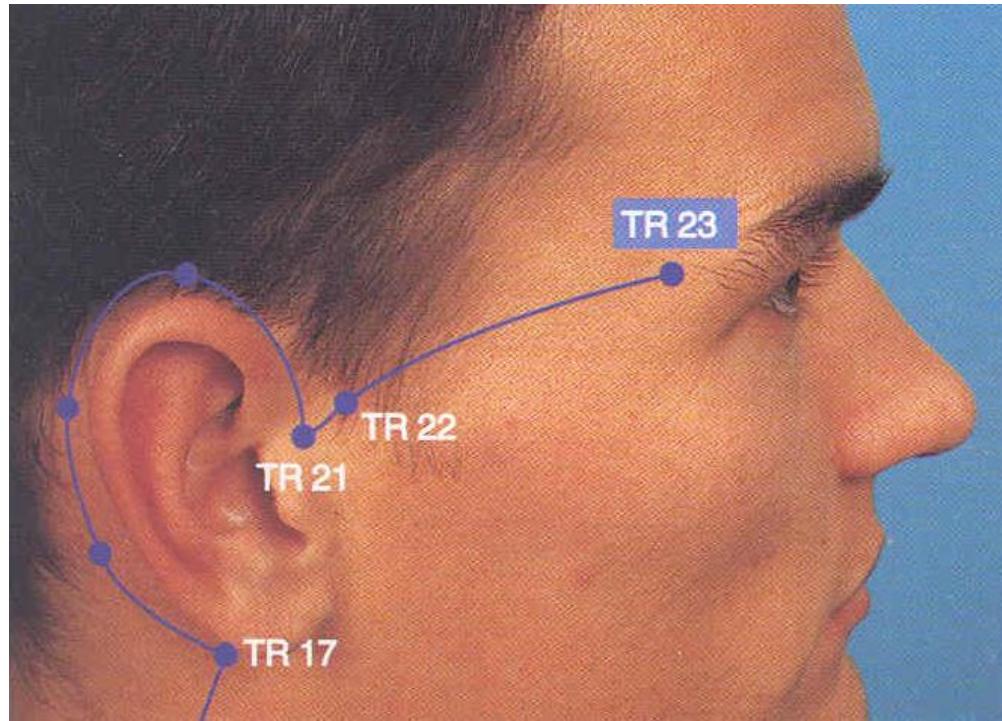
## TA21



**Função**  
**Problemas dentários, mandibulares**

# Triplo Aquecedor / Circulação Sexualidade

## TA23

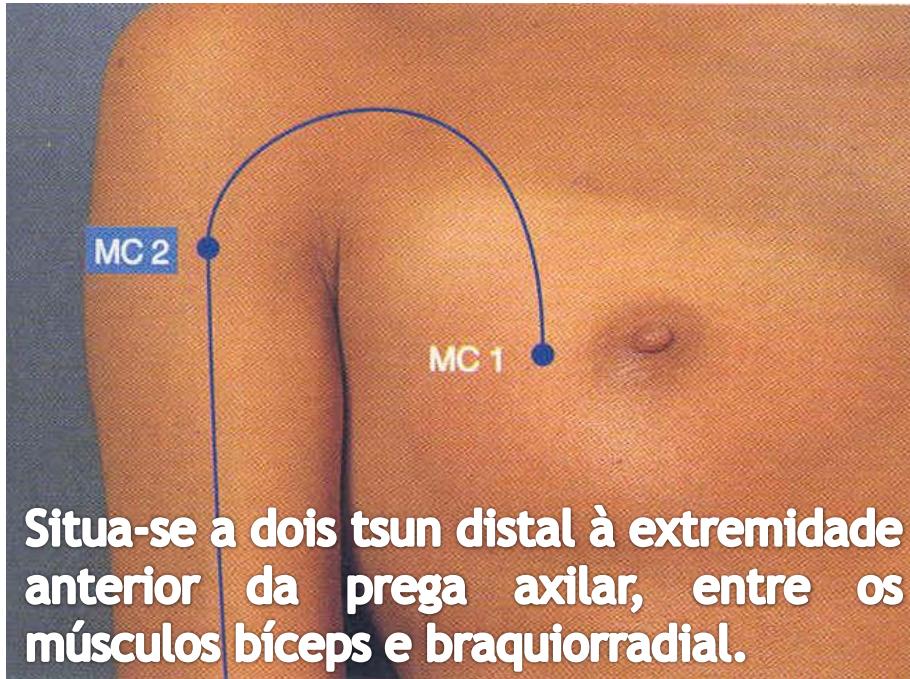


Função

Problemas oculares, cefaleia e paralisia facial

# Triplo Aquecedor / Circulação Sexualidade

CS2



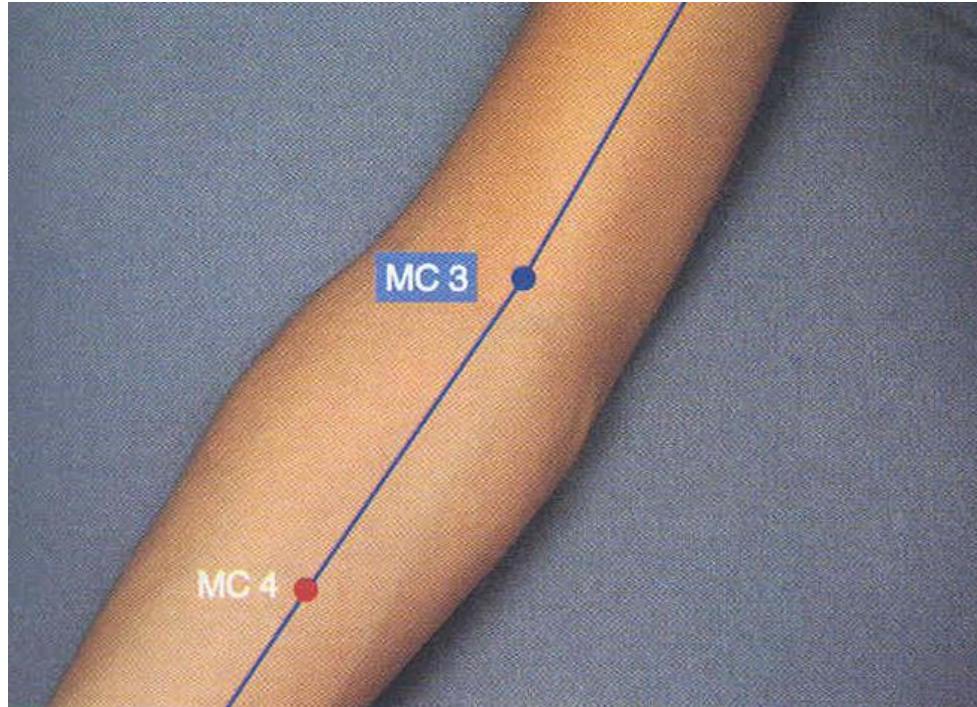
Situa-se a dois tsun distal à extremidade anterior da prega axilar, entre os músculos bíceps e braquiorradial.

Função

Asma, dor no peito, dores nas costas

# Triplo Aquecedor / Circulação Sexualidade

CS3

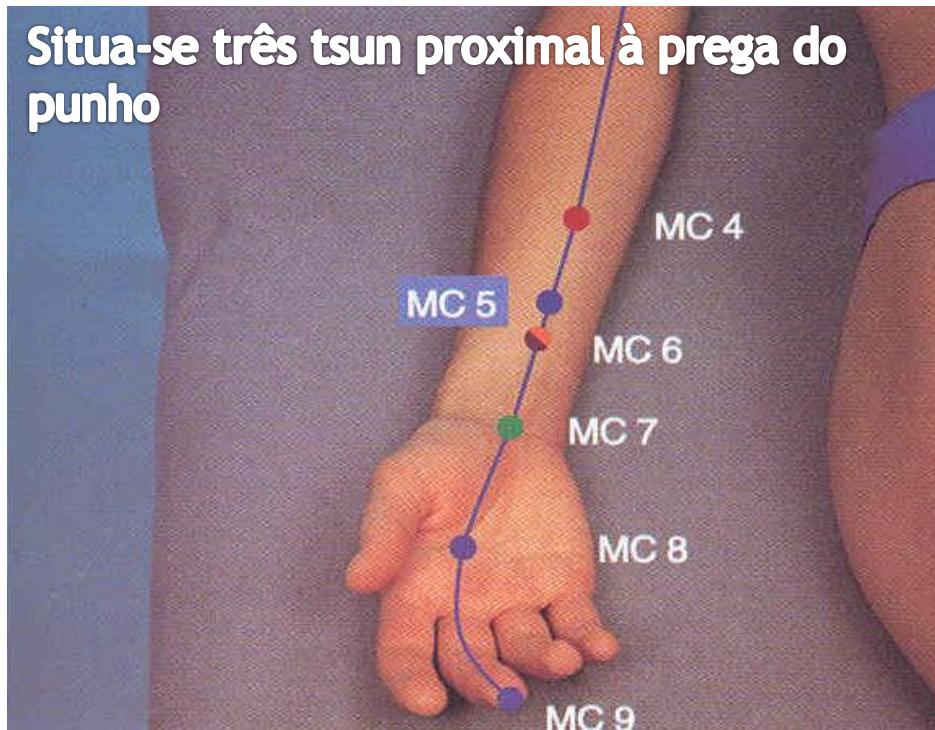


Função

Dores no braço, cotovelo e dores no peito

# Triplo Aquecedor / Circulação Sexualidade

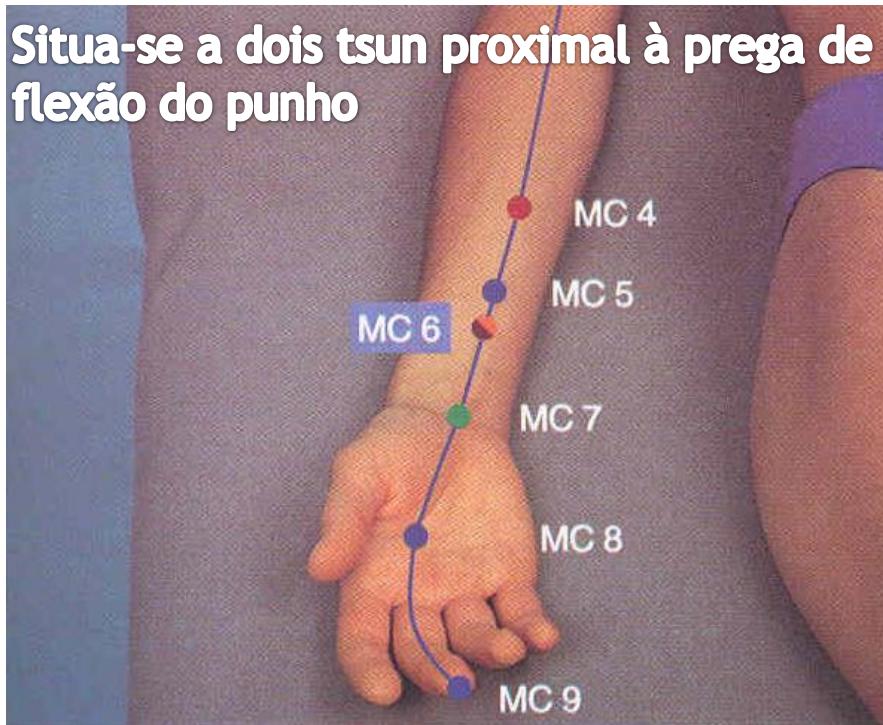
CS5



Função  
Febre e menstruações irregulares

# Triplo Aquecedor / Circulação Sexualidade

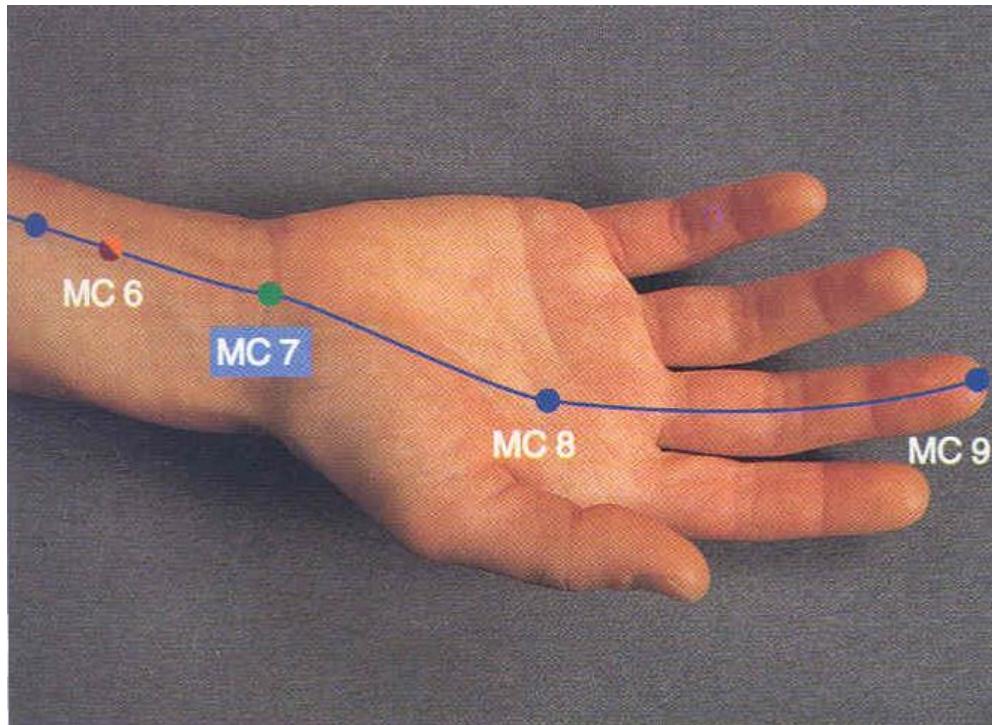
## CS6



**Função**  
**Dor no peito, náuseas, vômitos**

# Triplo Aquecedor / Circulação Sexualidade

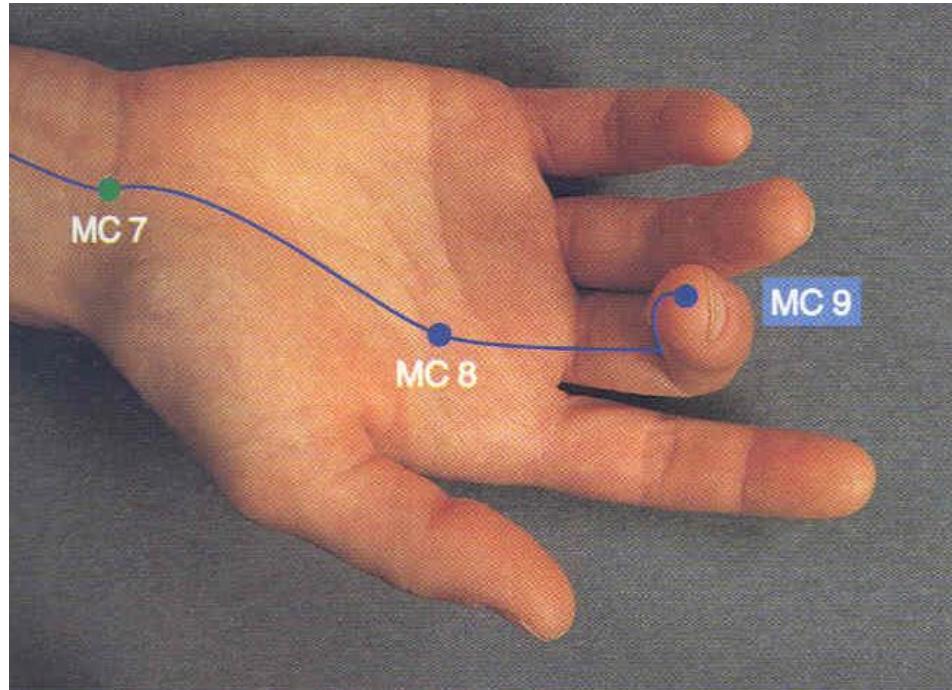
CS7



Função  
**Dores no coração, dores no punho**

# Triplo Aquecedor / Circulação Sexualidade

CS9

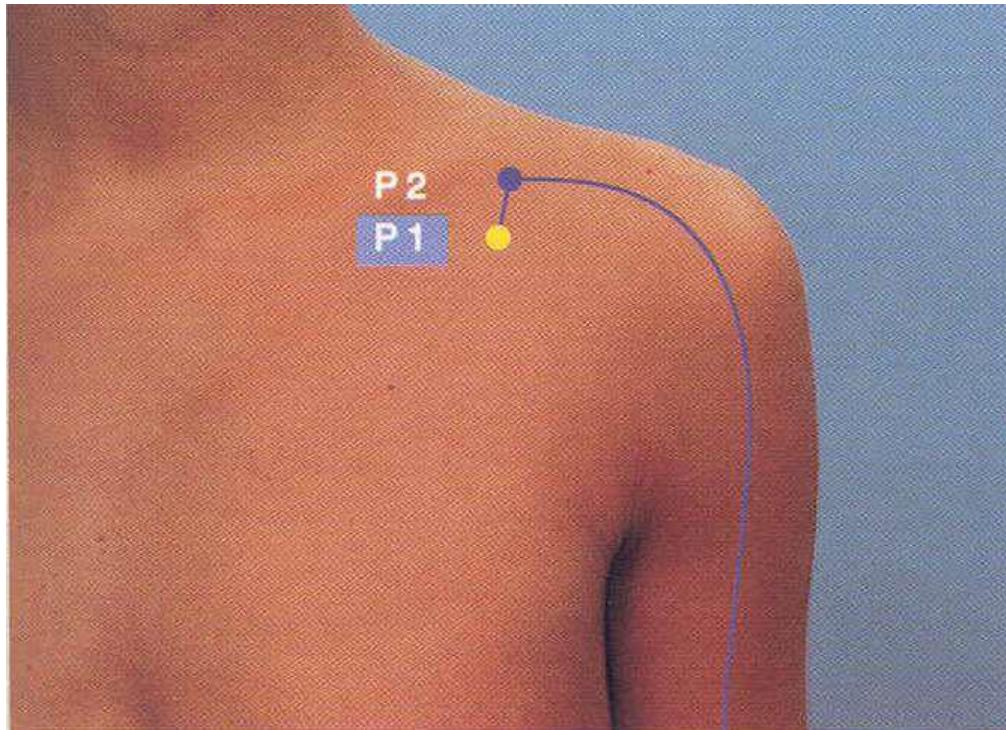


Função  
**Dor no peito, febre e cefaleia**

# Pulmão e IG

# Pulmão / Intestino Grosso

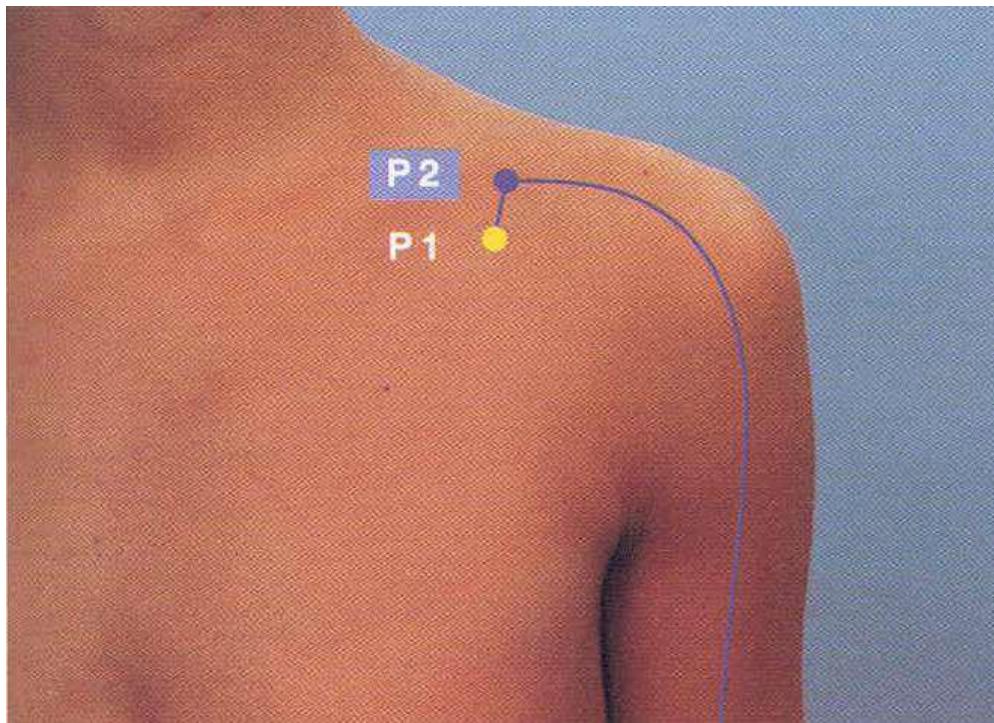
P1



Função  
Problemas pulmonares

# Pulmão / Intestino Grosso

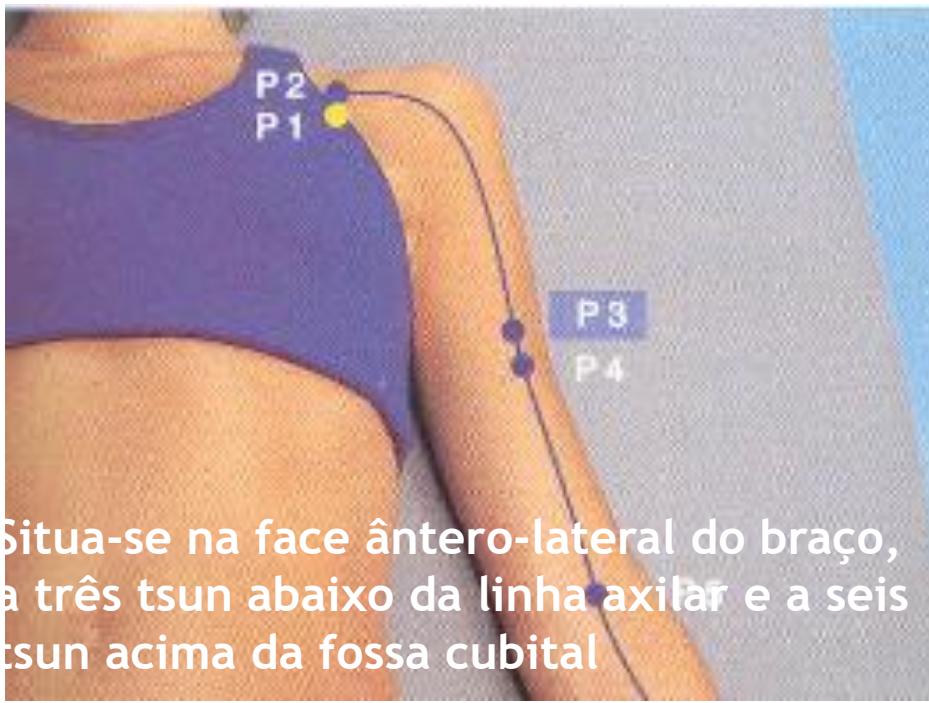
P2



Função  
Problemas Pulmonares

# Pulmão / Intestino Grosso

P3



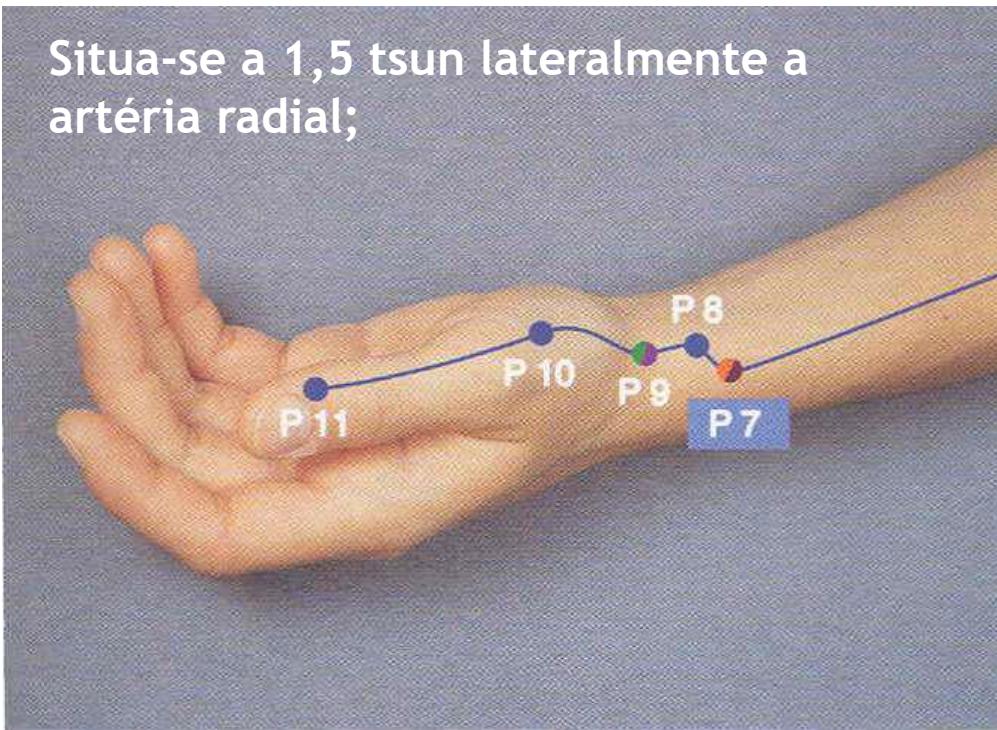
Situa-se na face ântero-lateral do braço,  
a três tsun abaixo da linha axilar e a seis  
tsun acima da fossa cubital

**Função**  
**Tosse, asma, tosse com sangue**

# Pulmão / Intestino Grosso

**P7**

Situa-se a 1,5 tsun lateralmente a artéria radial;

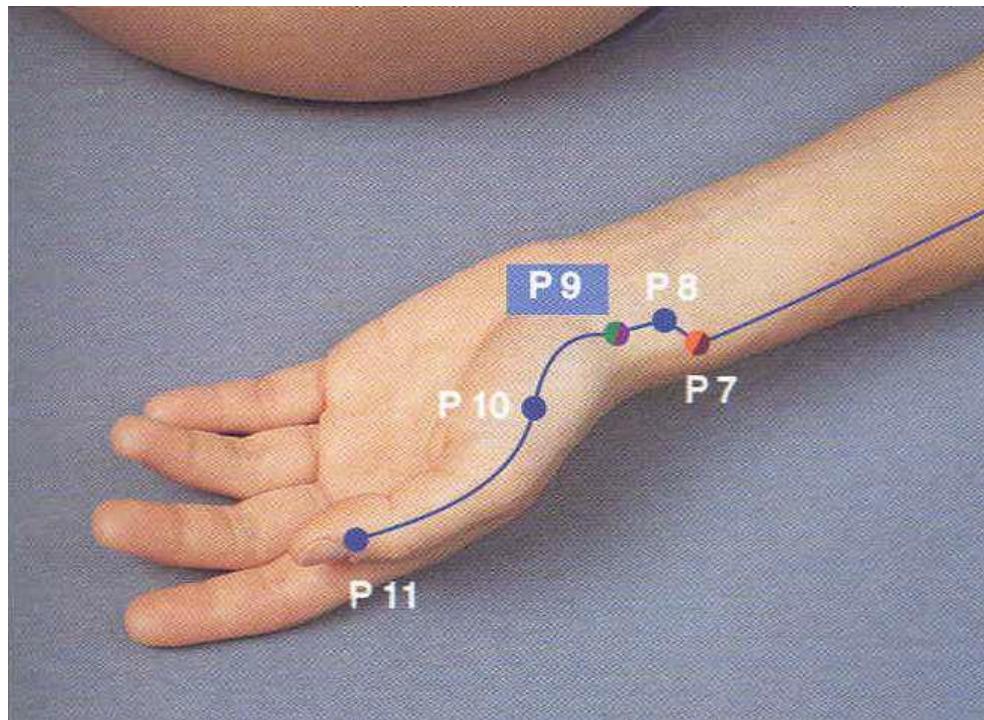


**Função**

**Problemas pulmonares, dores no antebraço e punho**

# Pulmão / Intestino Grosso

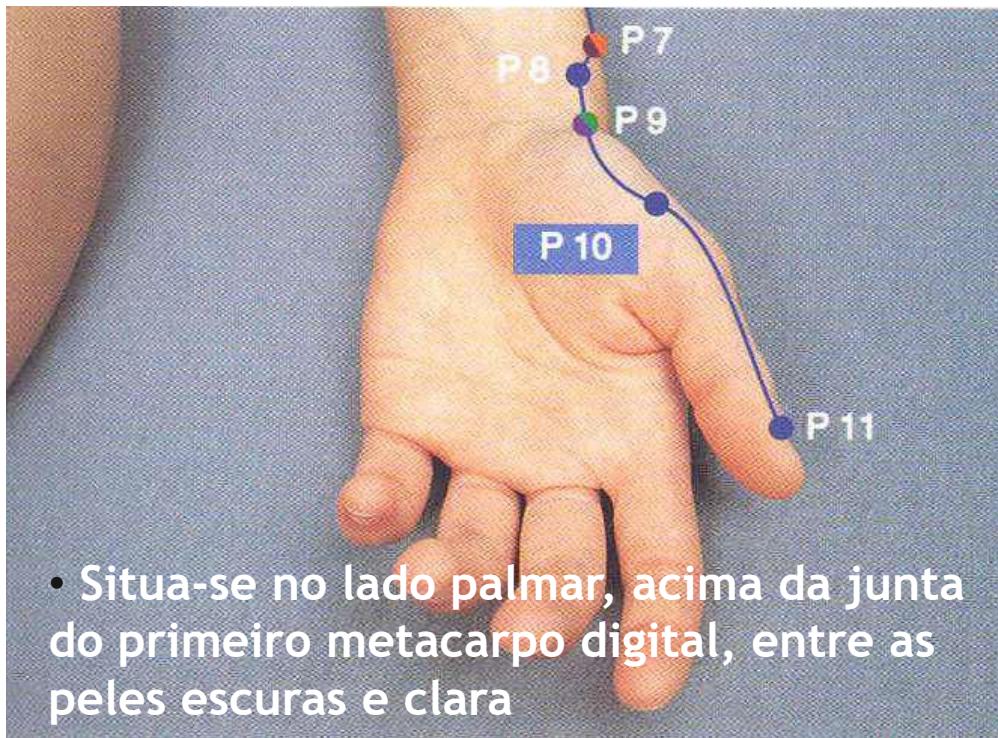
P9



Função  
Asma, tosse, tuberculose

# Pulmão / Intestino Grosso

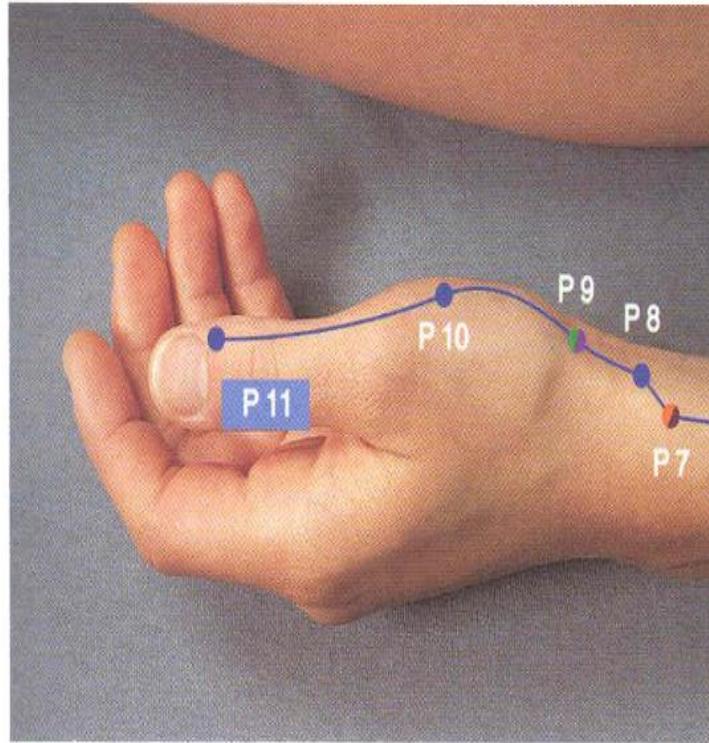
## P10



**Função**  
**Tosse, asma, dor no punho**

# Pulmão / Intestino Grosso

P11

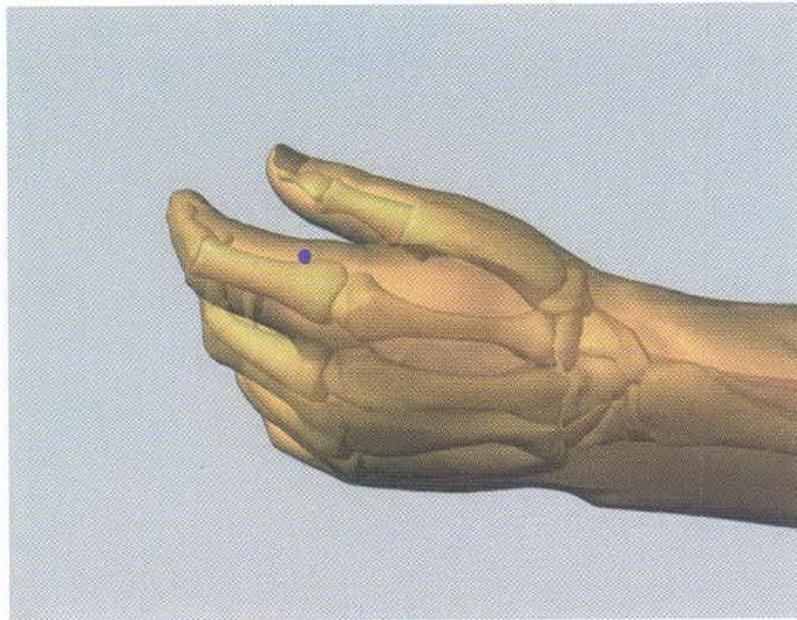


Função

Diarreia, amigdalite, diarreia crônica infantil

# Pulmão / Intestino Grosso

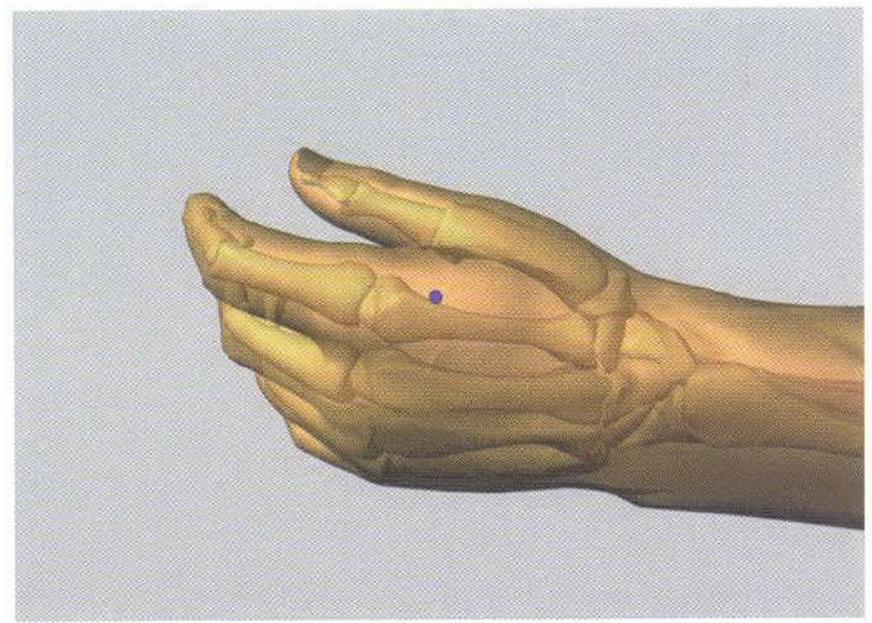
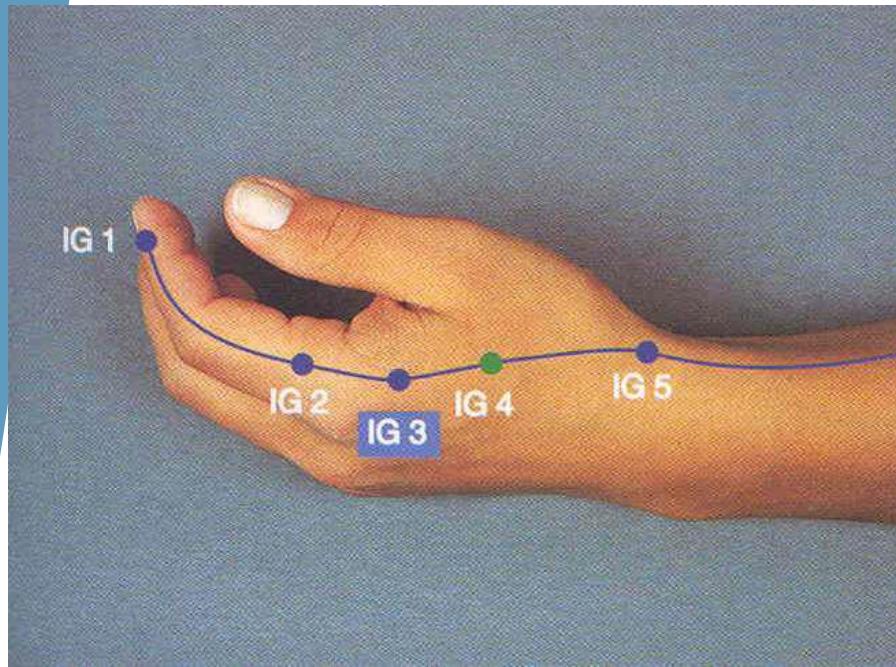
IG2



Função  
Inflamações agudas a nível de cabeça

# Pulmão / Intestino Grosso

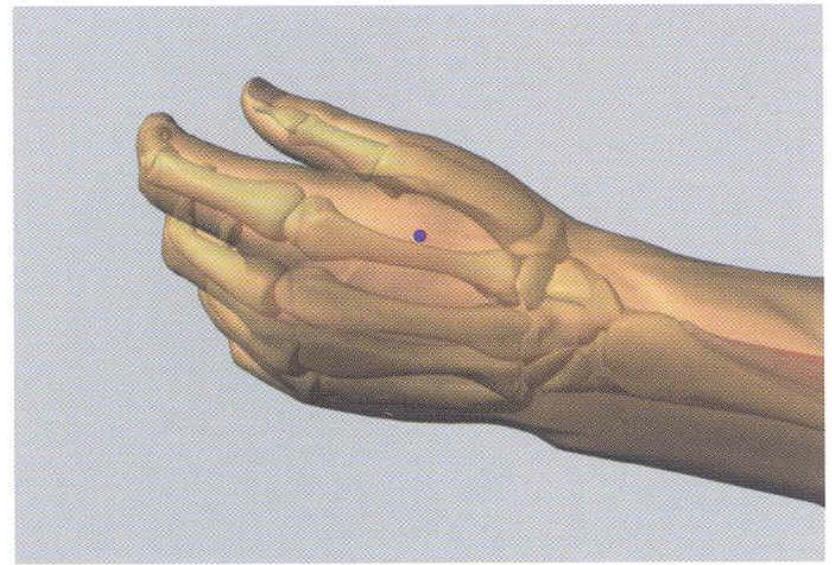
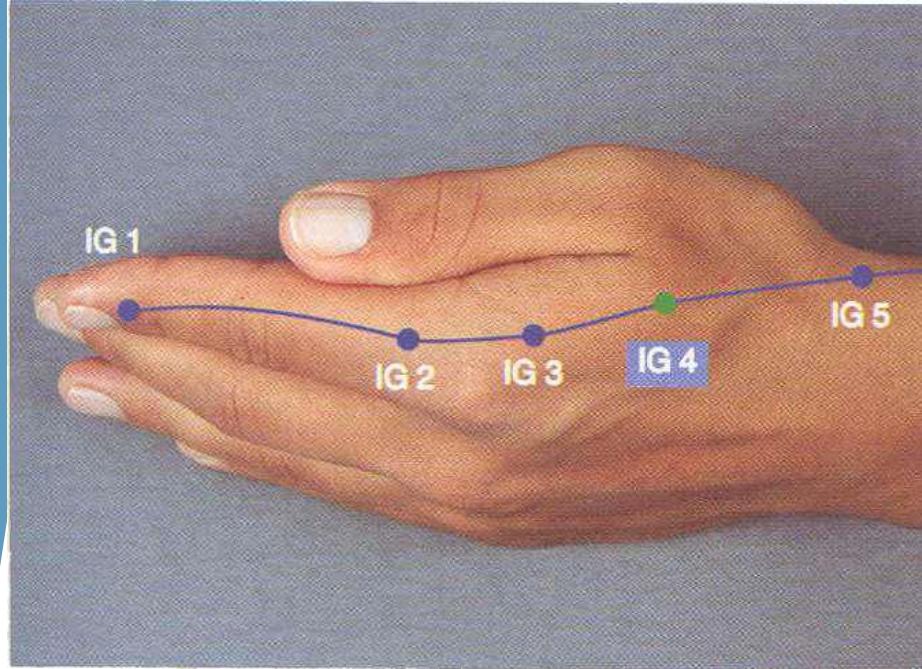
## IG3



**Função**  
**Inflamações a nível de cabeça**

# Pulmão / Intestino Grosso

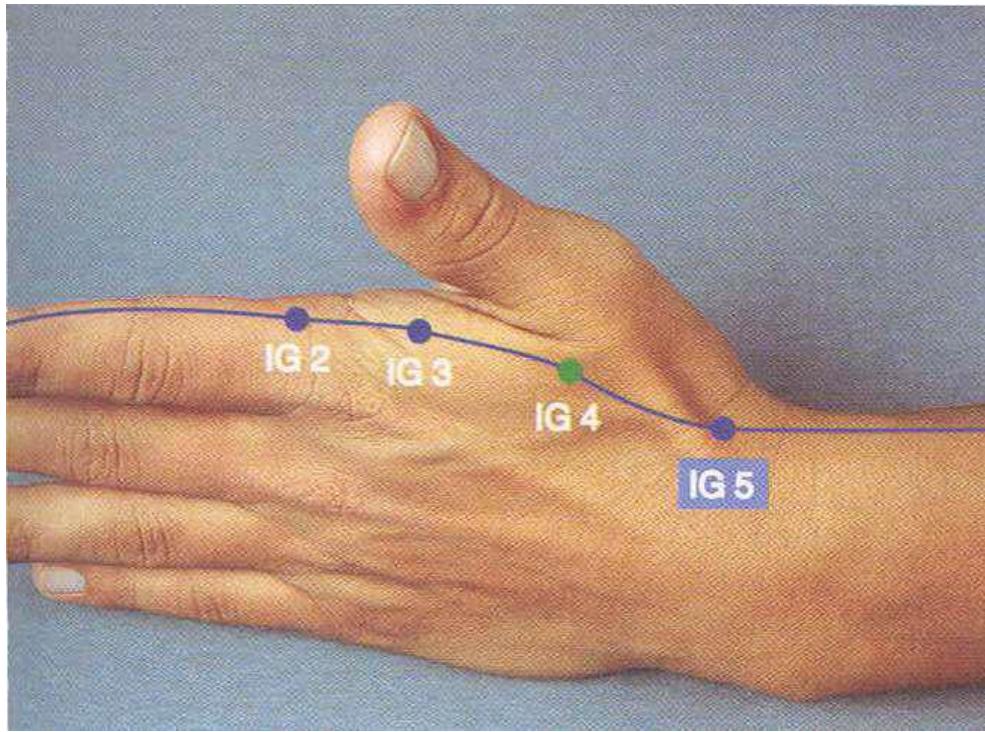
**IG4**



**Função  
Cefaleia e dores nas mãos**

# Pulmão / Intestino Grosso

IG5

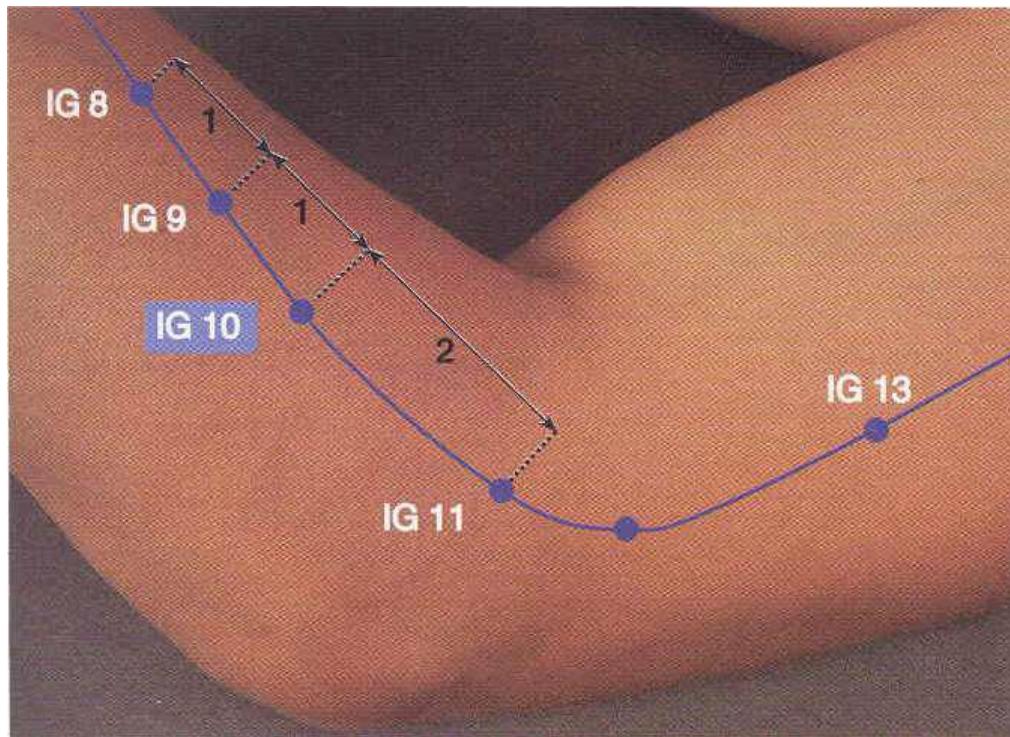


Função

Dores no punho, inflamações a nível de cabeça

# Pulmão / Intestino Grosso

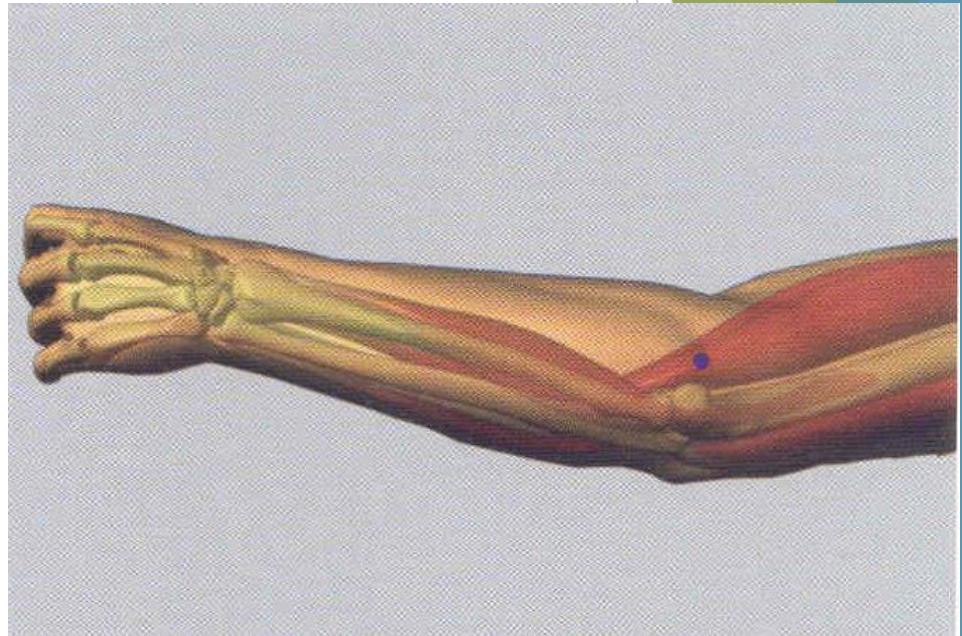
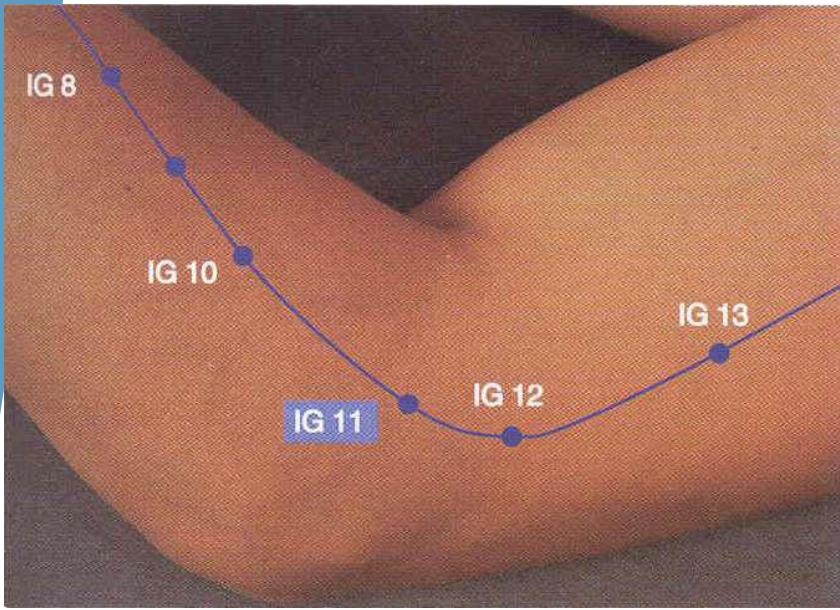
## IG10



**Função**  
**Dores e cãibras em cotovelos e mãos**

# Pulmão / Intestino Grosso

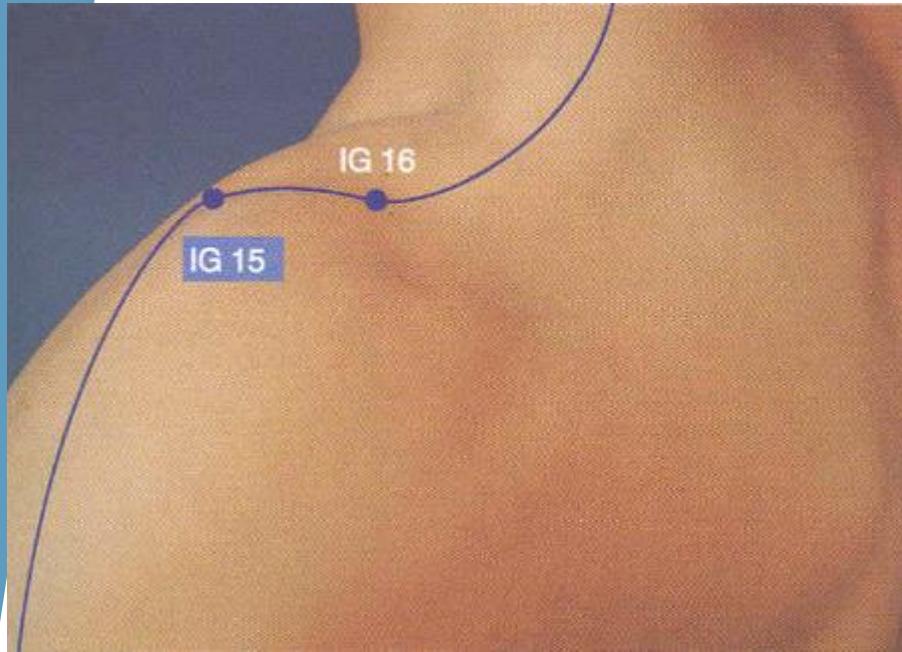
## IG11



**Função**  
**Dores no cotovelo, antebraços**

# Pulmão / Intestino Grosso

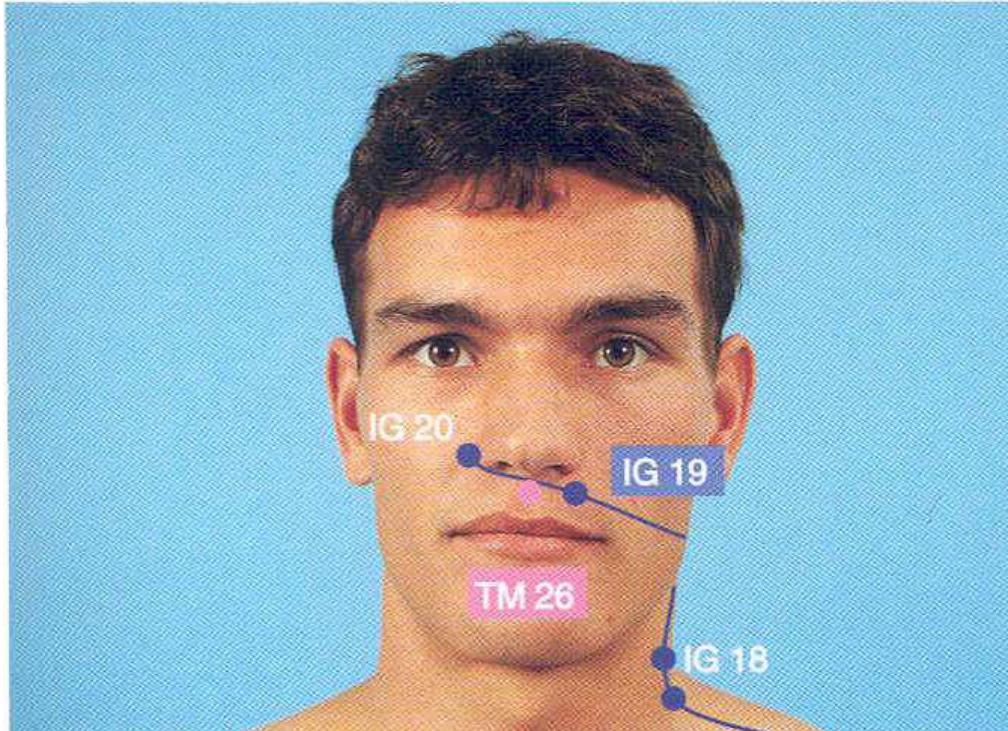
**IG15**



**Função  
Dores no ombro e braços**

# Pulmão / Intestino Grosso

## IG20



## Função

**Problemas nasais, paralisia facial**