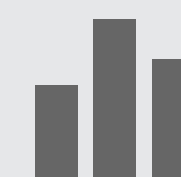




Michael
Brooks



CollaboRhythm Home



10:10



Michael
Brooks



Scheduled Health Actions (6am to 10am)

Save






Metformin
50 MG Oral Tablet

1 tablet by mouth
Take with water


☒



Glipizide
25 MG Oral Tablet

1 tablet by mouth
Take with water


☒



Fora D40b
Blood Glucose Meter

1 measurement from fingerstick
Take measurement before eating

☒
124



Titrate Insulin Detemir (Levemir)
Decision Making Task

Measure blood glucose first
Use 303 protocol to guide decision

☐
...

- Report adherence to a scheduled health action by clicking the corresponding check box.
- Those actions that show “...” will open another view so that you can enter additional information.
- Once adherence to a scheduled health action has been saved, you cannot uncheck it.

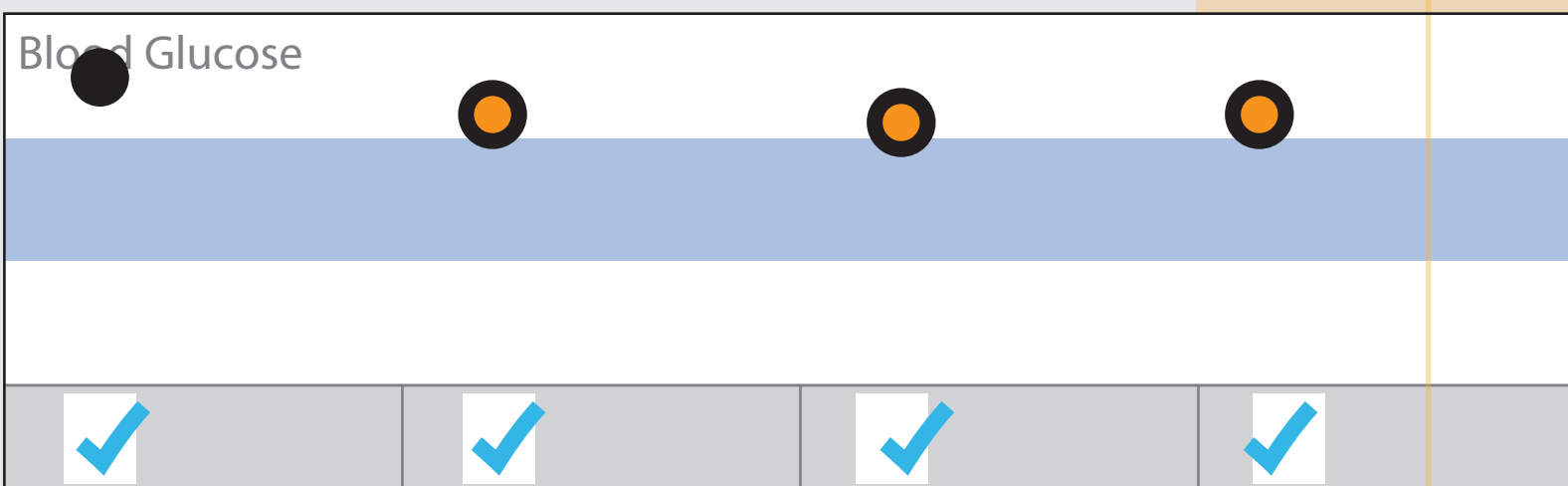
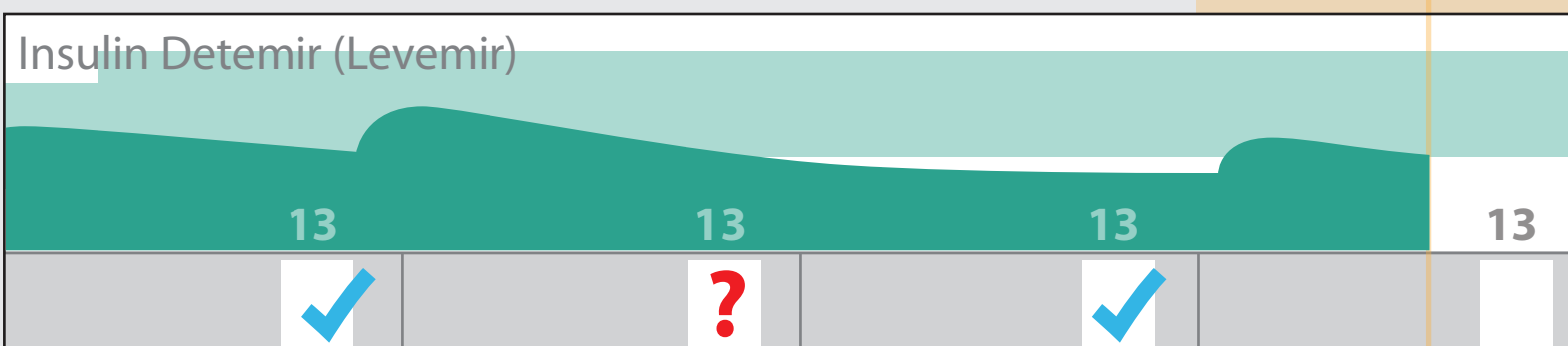
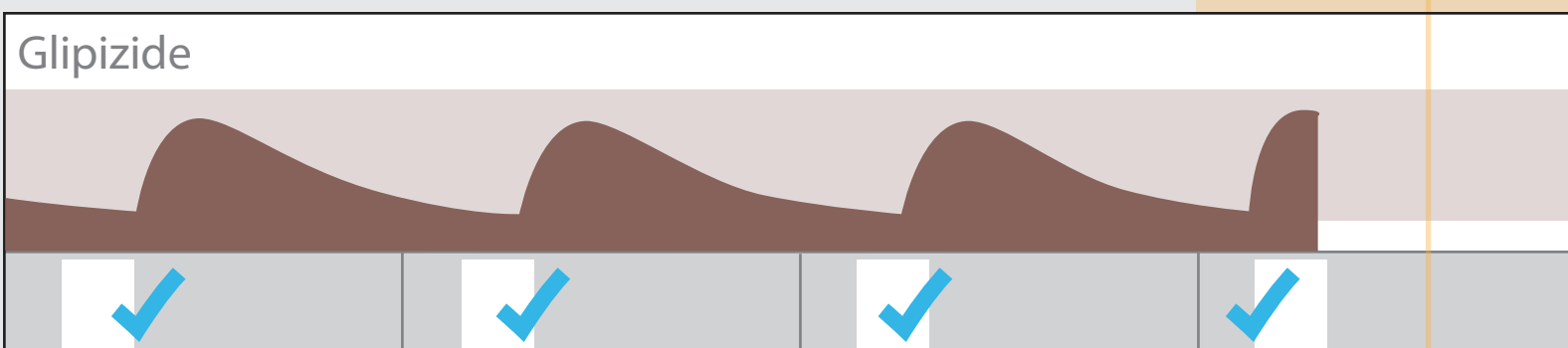
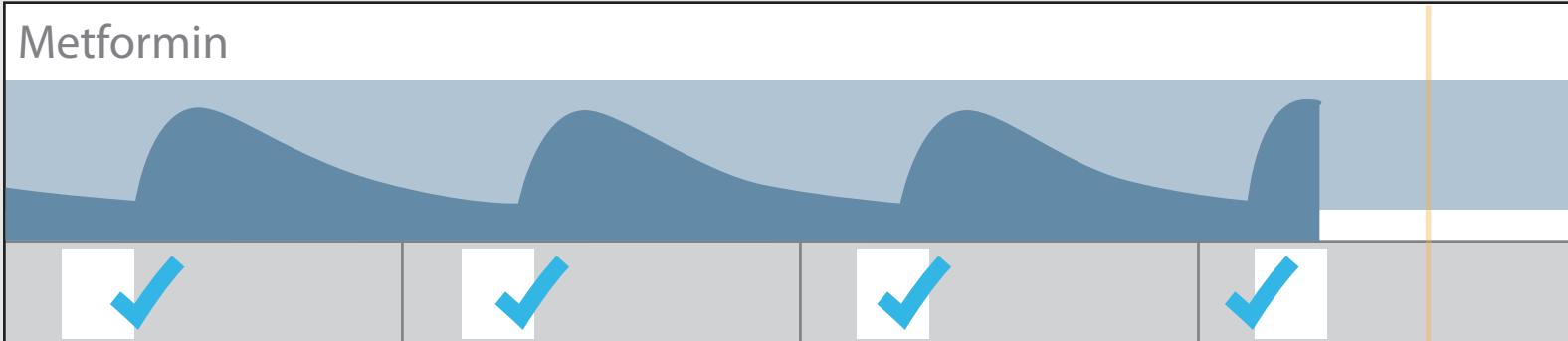


Michael Brooks



Health Charts - Insulin Titration

Send



Thur

Fri

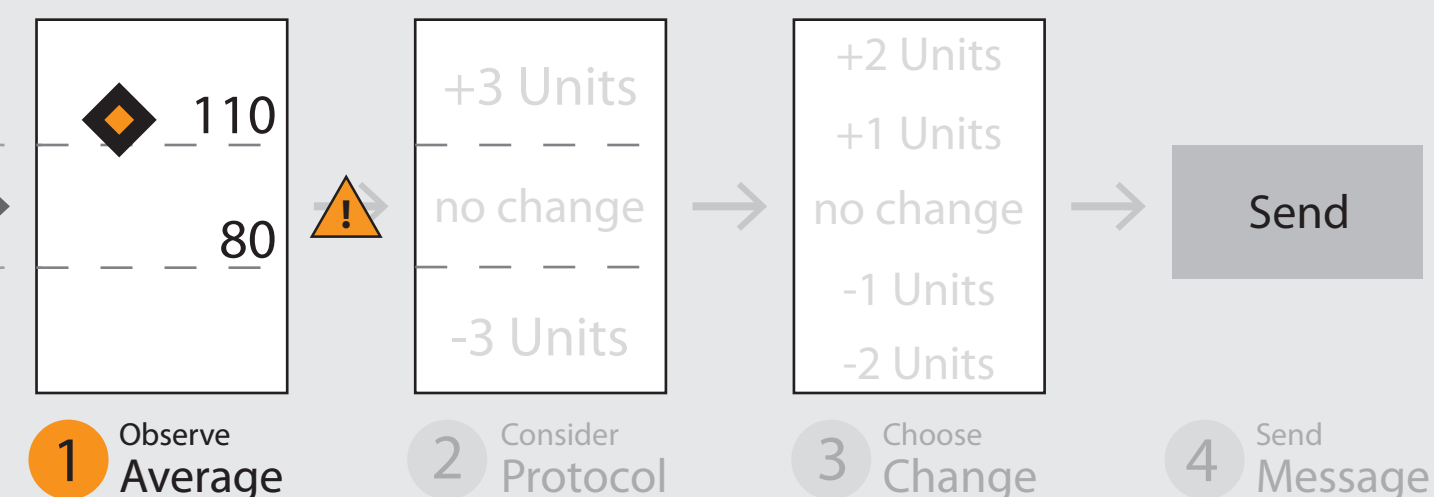
Sat

Sun

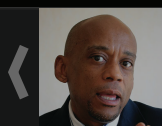
303 Protocol for Insulin Titration

- 1 The average of your last 3 blood glucose measurements has been calculated.
- 2 The 303 protocol requires perfect medication adherence. A change in dose is not recommended because your adherence is not perfect in the last 4 days.
- 3 Changing your dose without perfect medication adherence can be dangerous. It can lead to hypoglycemia.

[Learn more about the 303 Protocol](#)



10:10



Michael Brooks



Health Charts - Insulin Titration

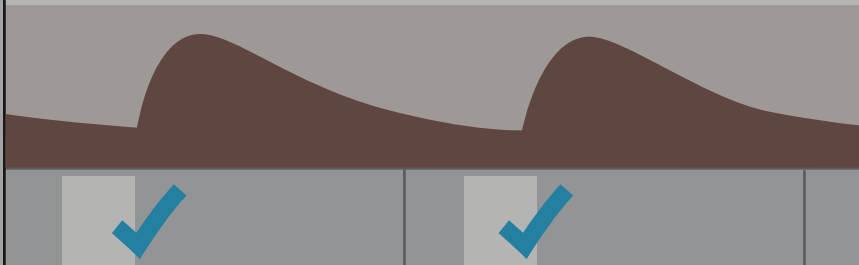
Send



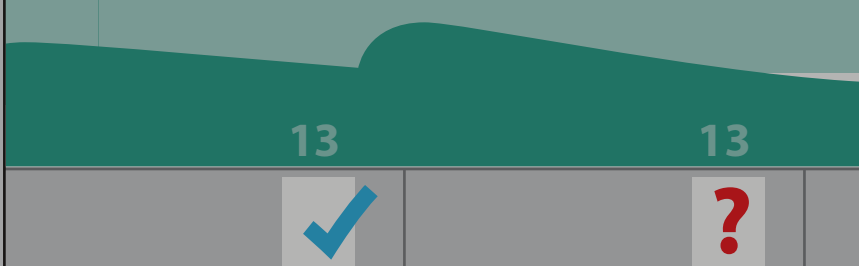
Metformin



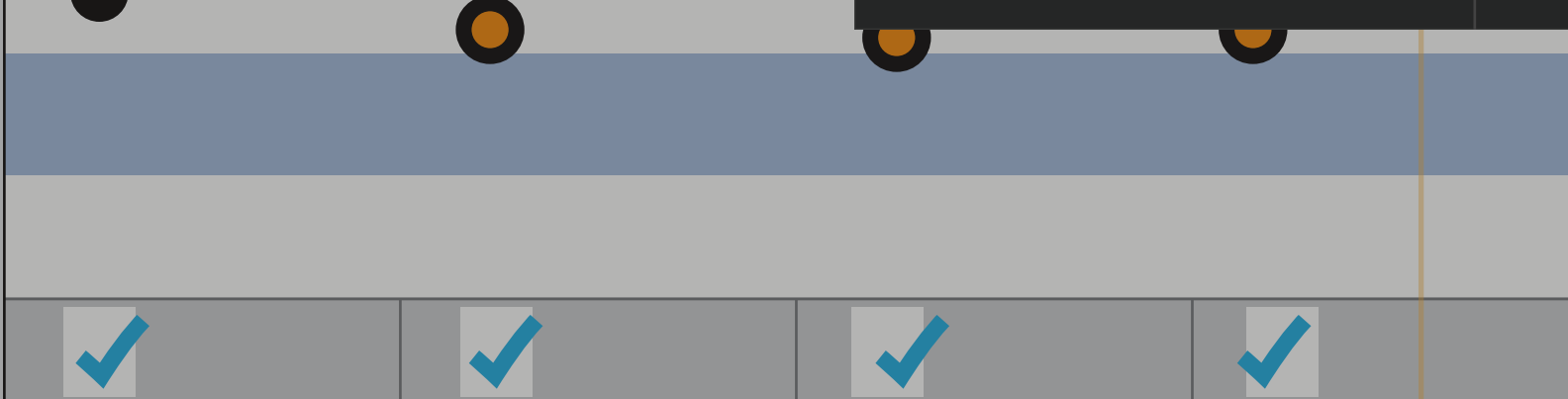
Glipizide



Insulin Detemir (Levemir)



Blood Glucose



Thur

Fri

Sat

Sun

303 Protocol for Insulin Titration

- 1 The average of your last 3 blood glucose measurements has been calculated.

Protocol requires perfect medication adherence in dose is not recommended because adherence is not perfect in the last 4 days.

or dose without perfect medication adherence is dangerous. It can lead to hypoglycemia.

[Learn more about the 303 Protocol](#)



Change Not Recommended by 303 Protocol

Previous dose

13 Units

Change

+3 Units

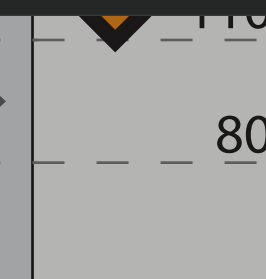
New Dose

16 Units

Do you still want to proceed?

Yes

No



+3 Units

no change

-3 Units

+2 Units

+1 Units

no change

-1 Units

-2 Units

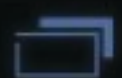
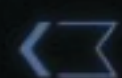
Send

1 Observe Average

2 Consider Protocol

3 Choose Change

4 Send Message



10:10

