



56

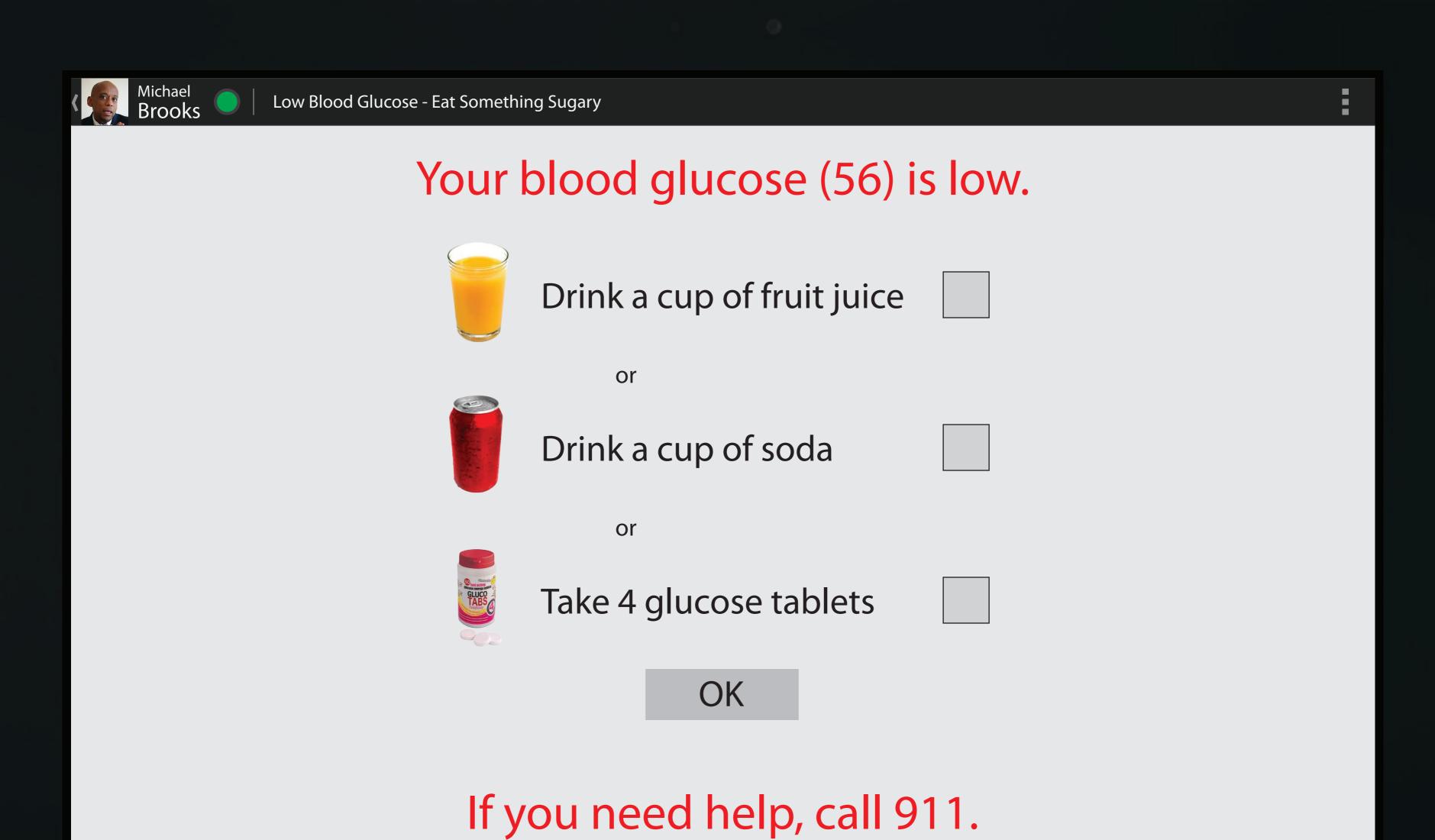
mg/dL



















After 15 minutes, recheck your blood glucose.

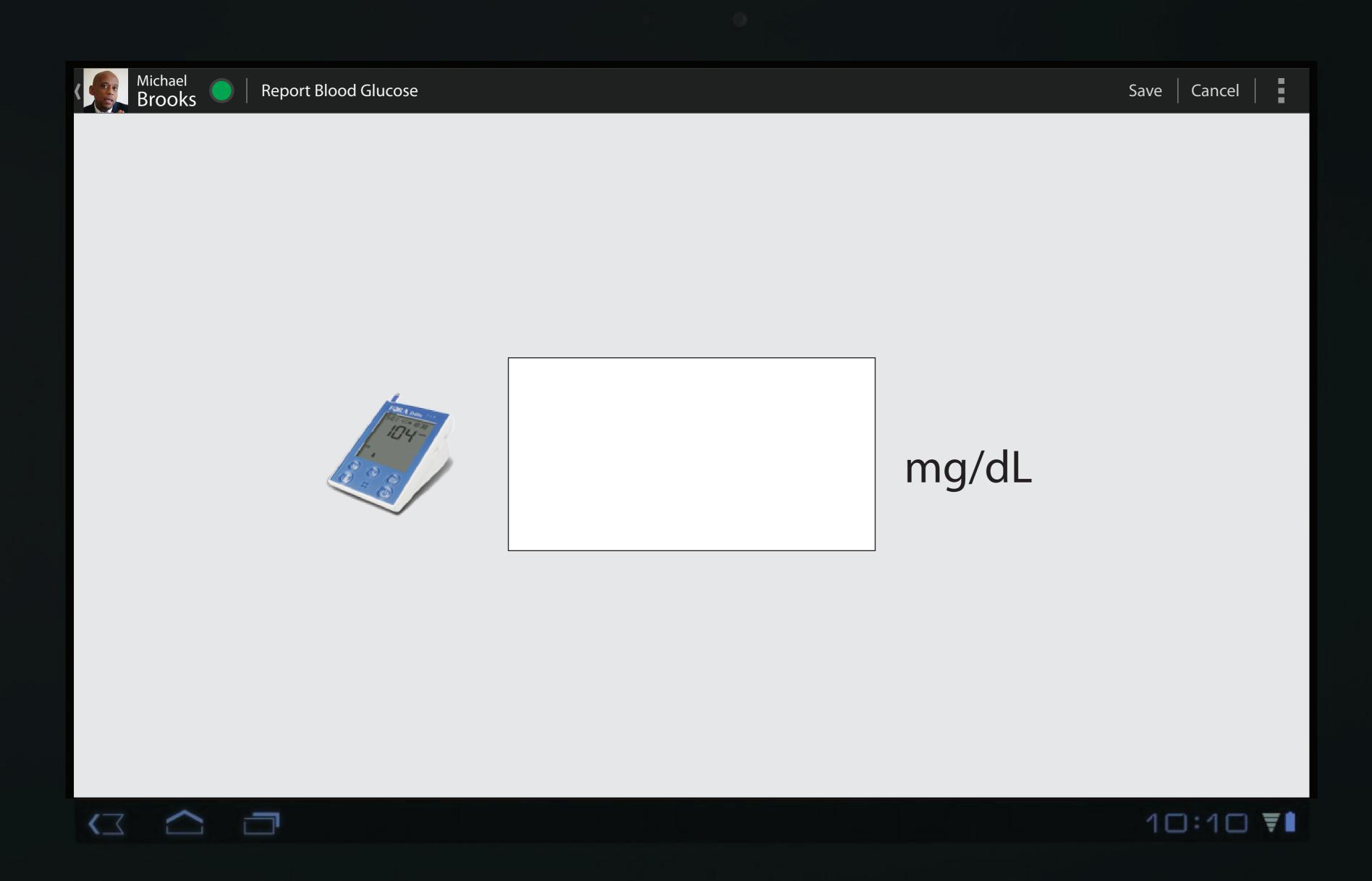
15.00















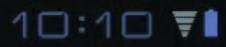
85

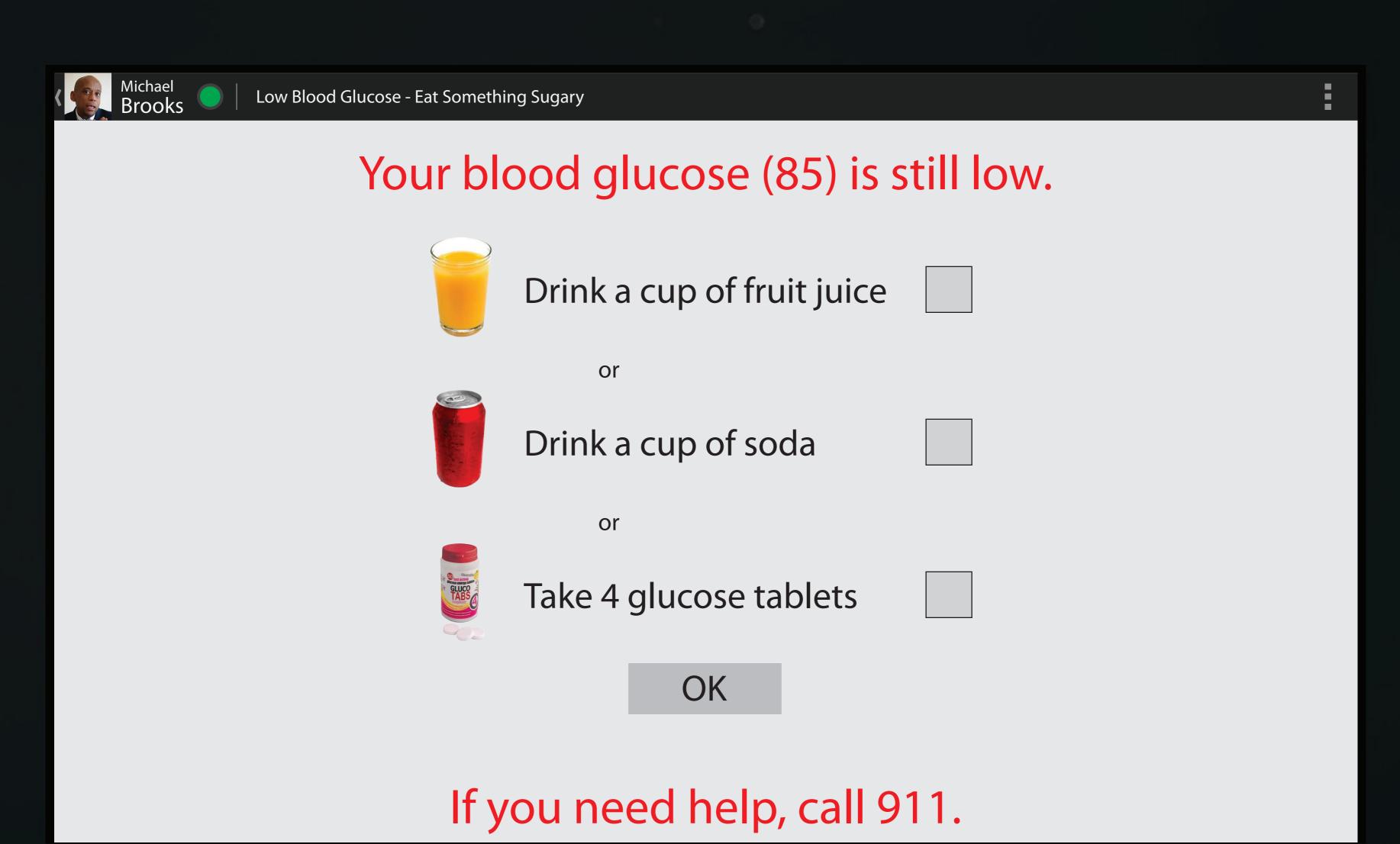
mg/dL



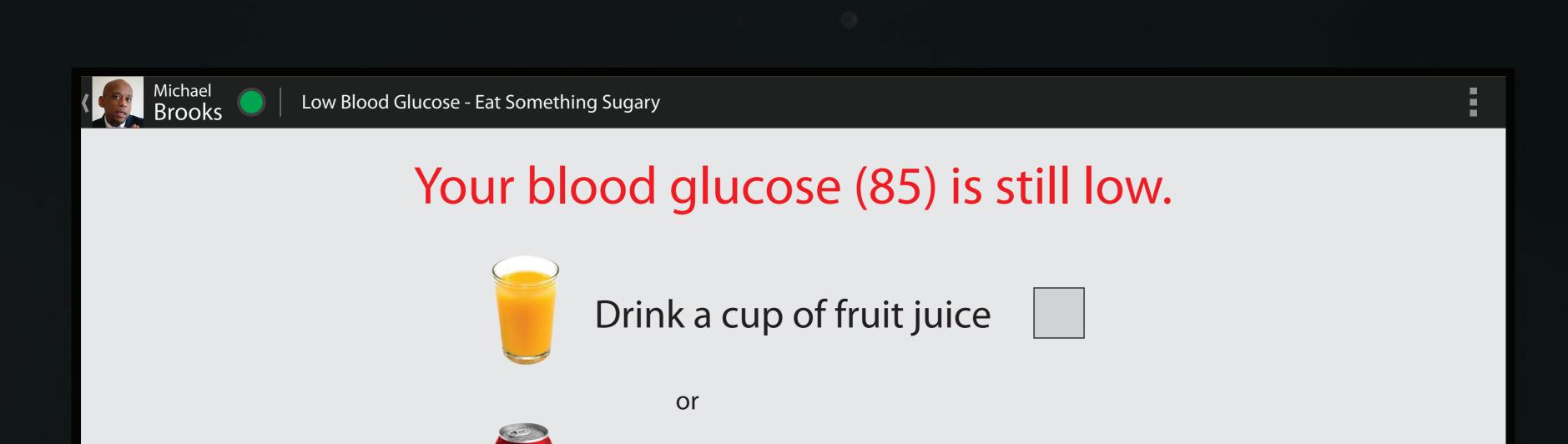














Take 4 glucose tablets

Drink a cup of soda

or

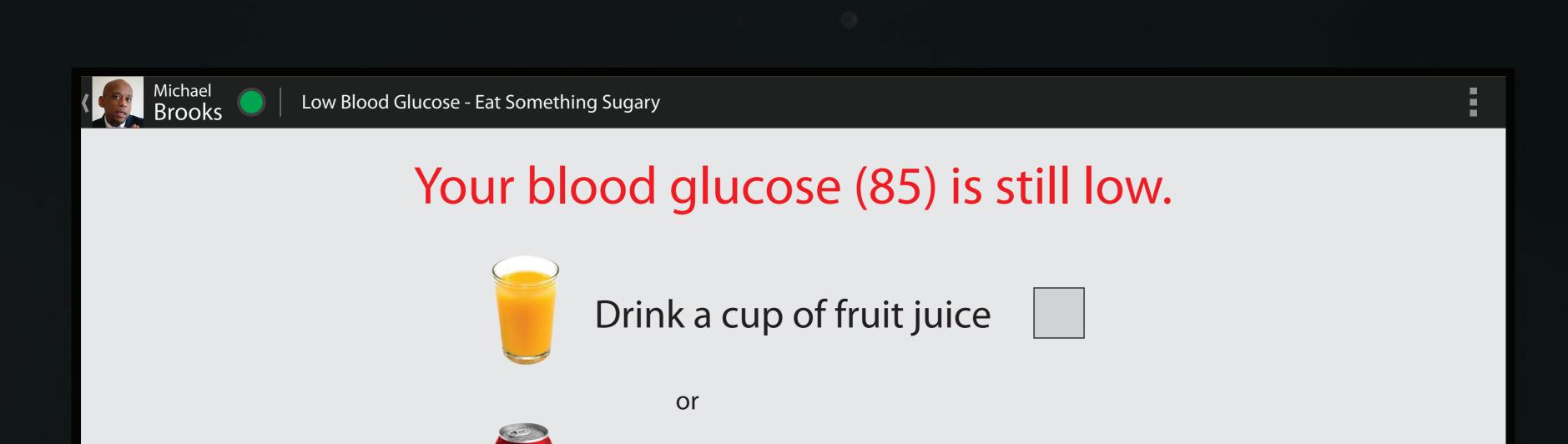
OK













Take 4 glucose tablets

Drink a cup of soda

or

OK













After 10 minutes, recheck your blood glucose.

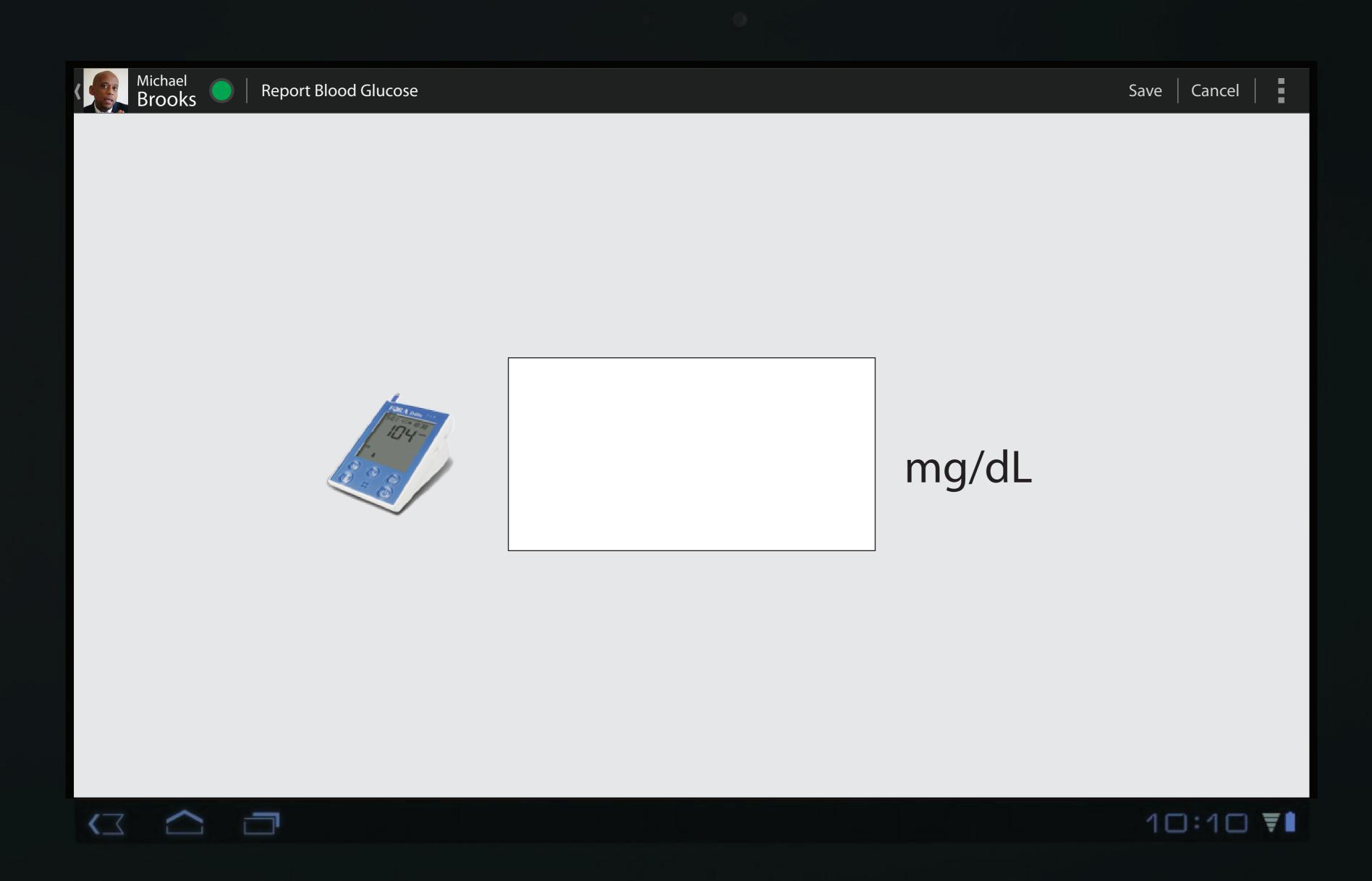
10:00

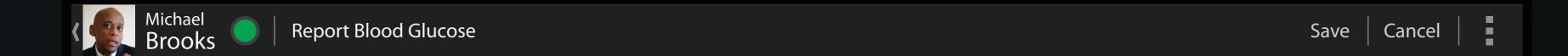














1 0 2 mg/dL









Your blood glucose (102) is now normal.

Do you plan to eat a meal in the next hour?

Yes

No











Your blood glucose (102) is now normal.

Eat 1 carb of solid food (6 saltine crackers or 3 graham cracker squares for example)

OK









Your blood glucose (102) is now normal.

Please think about why your blood glucose was low so that you can discuss it with your health coach.

OK







