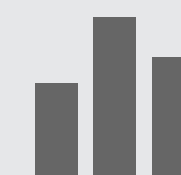




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CollaboRhythm Home



10:10




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Scheduled Health Actions (6am to 10am)

Save






Metformin
50 MG Oral Tablet

1 tablet by mouth
Take with water

☒



Glipizide
25 MG Oral Tablet

1 tablet by mouth
Take with water


☒



Fora D40b
Blood Glucose Meter

1 measurement from fingerstick
Take measurement before eating

☒
124



Titrate Insulin Detemir (Levemir)
Decision Making Task

Measure blood glucose first
Use 303 protocol to guide decision

☐
...

- Report adherence to a scheduled health action by clicking the corresponding check box.
- Those actions that show “...” will open another view so that you can enter additional information.
- Once adherence to a scheduled health action has been saved, you cannot uncheck it.

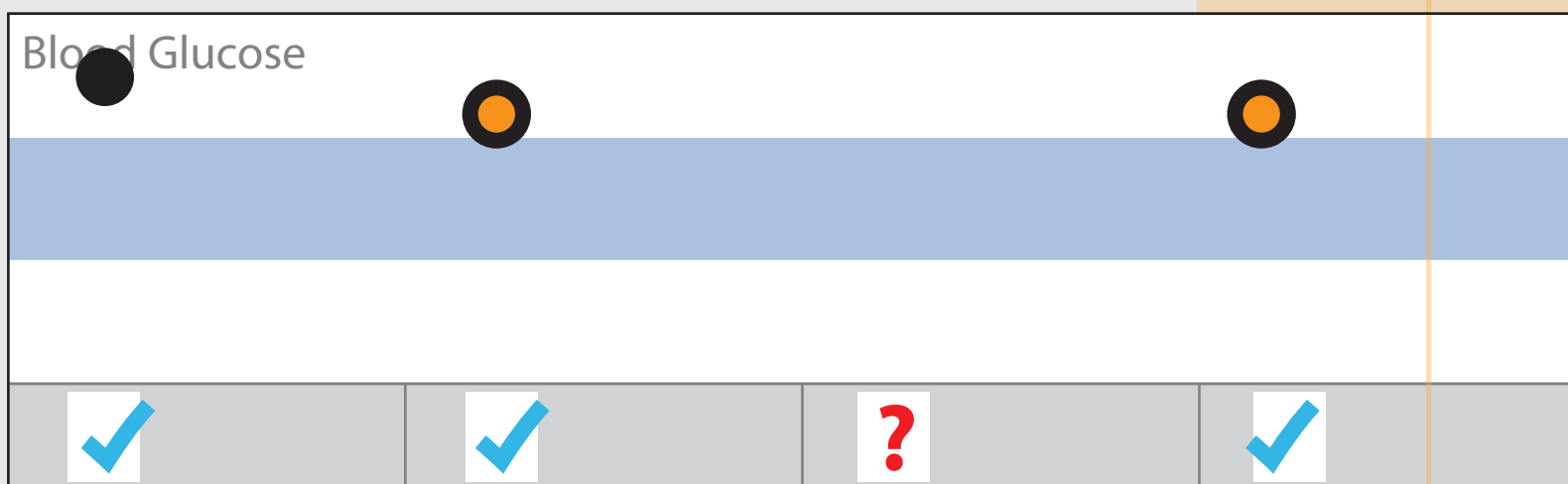
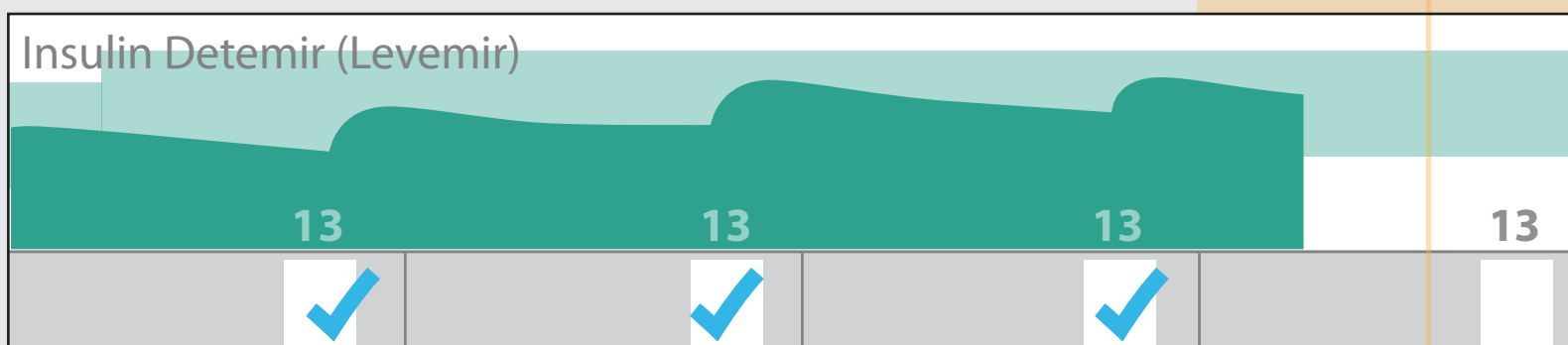
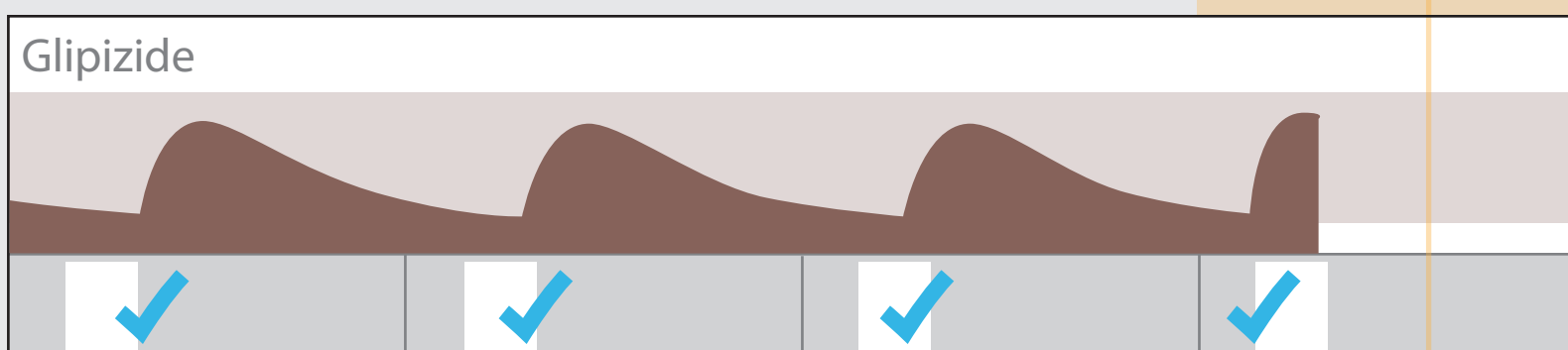
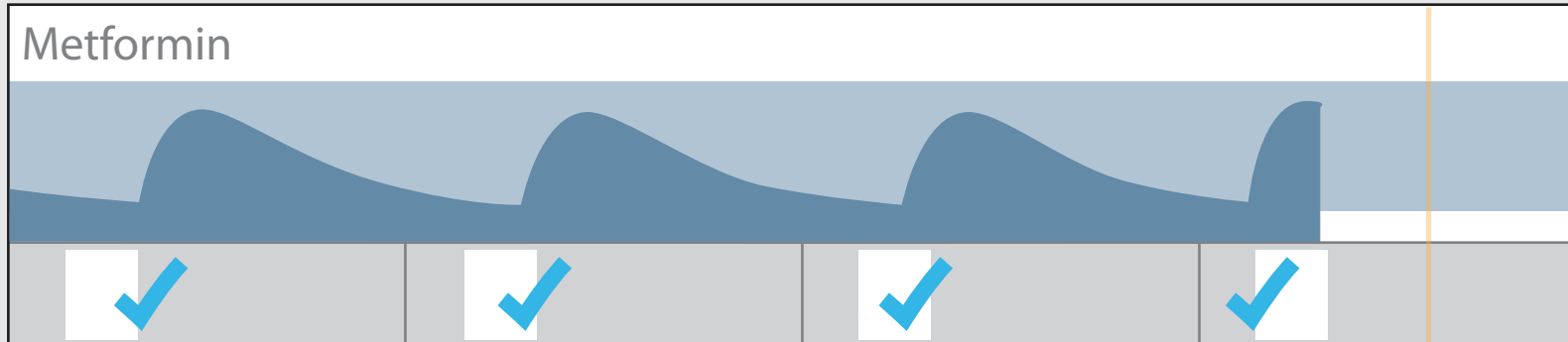


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Health Charts - Insulin Titration

Send



Thur

Fri

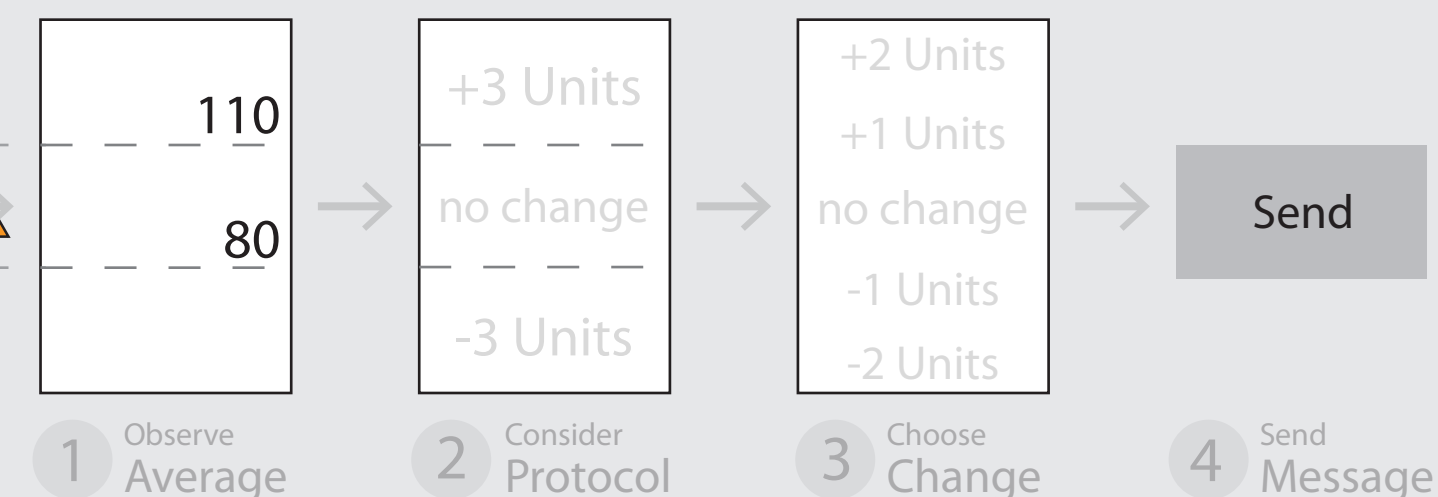
Sat

Sun

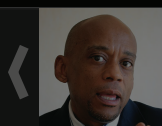
303 Protocol for Insulin Titration

- 1 You do not have three acceptable blood glucose measurements for the protocol. The rules are:
 - Only the first measurement each day
 - Before eating (preprandial)
 - Since your last change in insulin dose
 - Within the past 4 days (one must be this morning)
- 2 Without an average blood glucose, a change in dose cannot be recommended.
- 3 Changing your dose without 3 blood glucose measurements can be dangerous. It can lead to hypoglycemia.

[Learn more about the 303 Protocol](#)



10:10

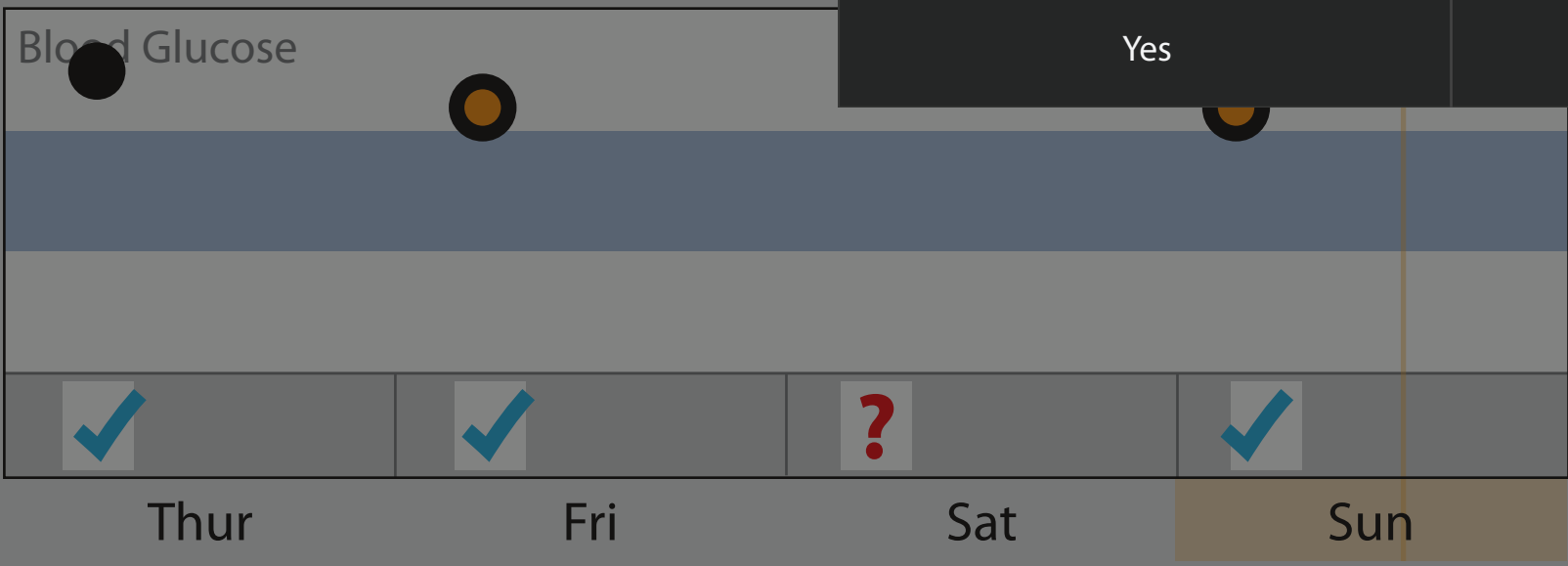
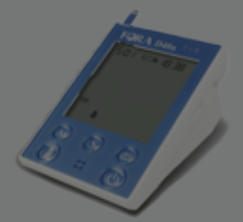
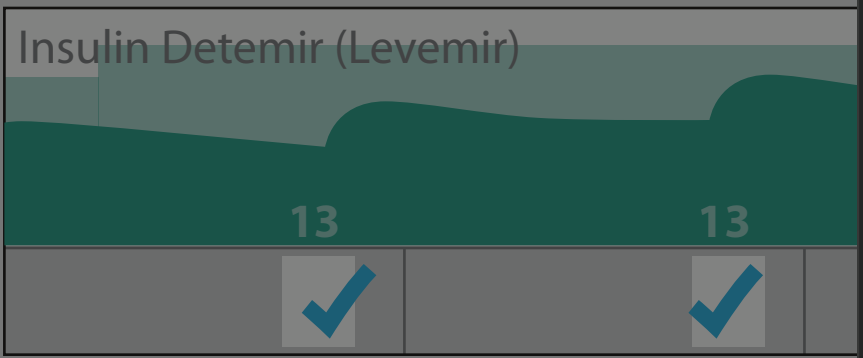
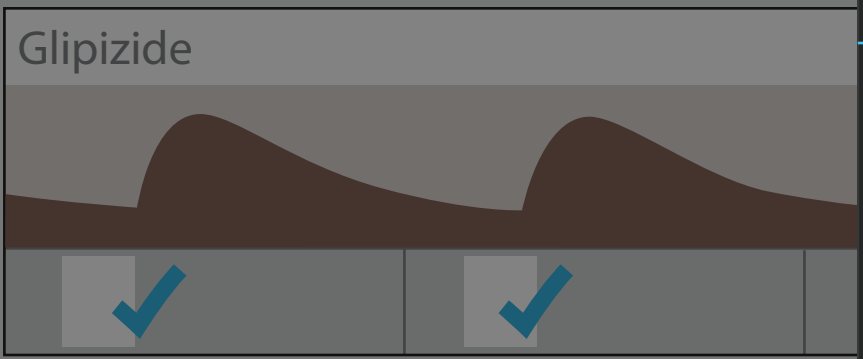


Michael Brooks



Health Charts - Insulin Titration

Send



303 Protocol for Insulin Titration

1 You do not have three acceptable blood glucose measurements for the protocol. The rules are:

- 1. You must have three acceptable blood glucose measurements each day (preprandial)
- 2. You must have three acceptable blood glucose measurements over the last 4 days (one must be this morning)
- 3. If your average blood glucose is above 180 mg/dL, a change in dose is recommended.
- 4. If your average blood glucose is below 110 mg/dL, a change in dose is recommended.
- 5. If you have three acceptable blood glucose measurements for 3 days in a row, you can stop the protocol.
- 6. If you have three acceptable blood glucose measurements for 3 days in a row, you can stop the protocol.

Change Not Recommended by 303 Protocol

Previous dose **13 Units**

Change **+3 Units**

New Dose 16 Units

Do you still want to proceed?

Yes

No

