

Communication Worksheet

Combining “I Feel” Statements and Positive Requests

To encourage teams to work effectively together, pose these questions to students and have them discuss outcomes. How would they solve these interpersonal issues?

- 1.** One member in your group is doing all the building on the project. Every time you try to make a suggestion, you are ignored. When you pick something up to try to help, it is taken away from you.
- 2.** One member of your group has been wandering around visiting friends while the rest of you worked on the poster for your presentation. Now just as you are about to finish, he or she bumps into your desk causing you to make an ugly mark all the way down the page.
- 3.** There are only three people in you group. The other two are good friends but you don’t know them very well. They are sitting close together and acting as if you don’t exist.
- 4.** All the other members in your group are actively discussing the questions for your activity. You would like to say something too, but every time they ask you for your opinion, they move on to someone else before you’ve had a chance to put your thoughts into words.
- 5.** One member of your team always gets good grades on all of his or her regular class work, but in the group he or she never contributes. You suspect that he or she knows the way to solve the problem you’re all working on.