Figure 5. Total energy vs. wavenumber (solid) for $Fr = 0.21$, $Ro = 21$ ($N/f = 100$) and $T \approx 2200$; total energy in the VSHF modes (2.14) with $\sigma^{\pm} = \pm f$ (long dashes); potential energy of the density fluctuations (dash-dot).

From Smith and Waleffe 2002