FIG. 10. k_z-averaged energy spectra $E_h(k_h)$ vs k_h for $Ro = 0.48$ at $t = 84$, 153, 243; $Ro = 0.16$ at t? 41, 82, 164 = time increases upwards, $R = 256$? 256 = 32, $A = 1/8$, $S = 4$).

From Smith and Waleffe 1999