

A simple R markdown example

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November 11, 2019

```
library("knitr")  
library("papaja")
```

Silly Heading

```
data("sleep")  
result <- t.test(extra ~ group, data = sleep)
```

This is an example of students' sleep data taken from `help(t.test)`.

$\Delta M = -1.58$, 95% CI $[-3.37, 0.21]$, $t(17.78) = -1.86$, $p = .079$

I can now assert that what I *believe* to be true — that there is a difference in means between the groups — is **not** the supported by the data.