

## Dynamic Document Demonstration

This is a simple analysis of the `sleep` dataset (Student, 1908) taken from `help(t.test)`.

```
data("sleep")
result <- t.test(extra ~ group, data = sleep, paired = TRUE)
```

The difference in means of hours slept between the groups was significantly different from zero ( $M_d = -1.58$ , 95% CI  $[-2.46, -0.70]$ ,  $t(9) = -4.06$ ,  $p = .003$ ).