Video Generation Models: A Survey of Post-Training and Alignment

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Abstract | Video generation has rapidly progressed from short, low-quality clips to high-resolution, long-duration sequences with complex spatiotemporal dynamics. Despite strong generative priors learned through large-scale pretraining, pretrained video models often fail to reliably follow human intent, maintain temporal coherence, or satisfy physical and safety constraints. Compared with image and text generation, alignment in video generation presents unique challenges, including error accumulation over time, motion-appearance coupling, multi-objective trade-offs, and limited supervision for temporal properties. These challenges motivate systematic post-training strategies that adapt pretrained models without retraining them from scratch. In this survey, we present the first comprehensive review of post-training and alignment in video generation models. We frame post-training as a unifying framework and distinguish between **implicit alignment** and **explicit alignment** based on how alignment signals are enforced. From this perspective, we organize existing approaches into four broad categories: (1) **supervised fine-tuning methods**, (2) **self-training and distillation methods**, (3) **preference- and reward-based methods**, and (4) **inference-time methods**. This taxonomy provides a coherent view of how alignment signals shape model behavior across both training and deployment. Beyond methodological advances, we review commonly used datasets, benchmarks, and evaluation practices, and discuss open challenges such as scalable reward design, long-horizon temporal consistency, stability-expressiveness trade-offs, and safety-aware generation. This survey aims to provide a structured conceptual foundation and practical guidance for advancing controllable and reliable video generation models.

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Github: https://github.com/CyL97/Awesome-Video-Generation-Post-Training

1. Introduction

Video generation has advanced rapidly, evolving from low-quality, short clips to high-definition, minute-long sequences with increasingly complex dynamics [1, 2]. Despite this progress, generating realistic videos remains highly challenging. Models must preserve spatiotemporal coherence, ensure physical plausibility, and maintain fine visual details simultaneously. As a result, video generation stands among the most demanding problems in generative AI, requiring both strong generative priors and precise control mechanisms. The evolution of video generation models has followed several major trends. Early research mainly relies on generative adversarial network (GAN)-based methods and probabilistic generative models, focusing on unconditional generation or class-specific synthesis [3–5]. However, these approaches often suffer from limited diversity and training instability, making it difficult to model complex video distributions [6, 7]. With the growth of large-scale datasets and

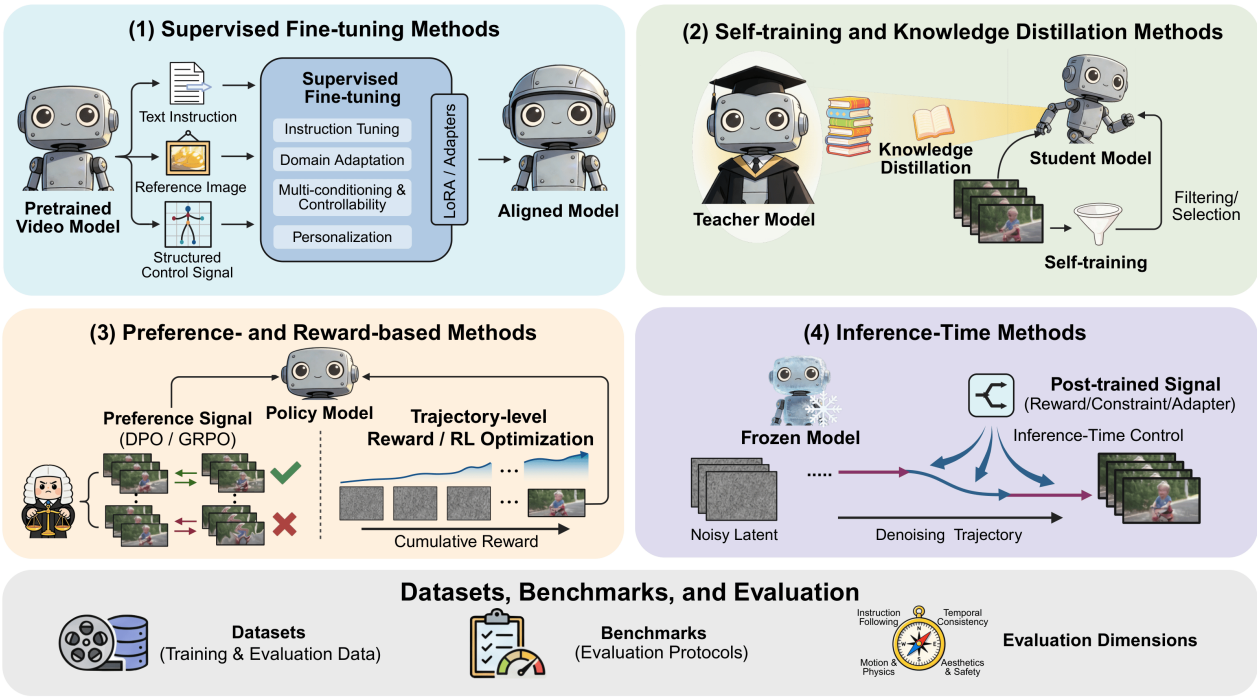

Figure 1 | An overview of the post-training and alignment in video generation models.

computational resources, research shifts toward foundation-style pre-training on massive video-text corpora. This paradigm enables models to learn general visual representations and align visual content with semantic descriptions, substantially improving generalization and text-conditioned generation performance [8, 9]. Among recent architectures, Diffusion Transformers (DiTs) [10] have emerged as the dominant paradigm [11–16]. By combining scalable transformer backbones with diffusion-based denoising, operating in compressed latent spaces, and incorporating multimodal conditioning, DiT-based models show strong scaling behavior and impressive generalization across diverse video generation tasks. Despite the powerful generative priors obtained through large-scale pre-training, such models do not inherently guarantee that generated videos adhere to user intent, physical constraints, or fine-grained control signals.

Aligning video generation models with desired behaviors poses fundamentally different challenges from those in image or text generation. In videos, small frame-level errors can accumulate over time and interact in complex ways, leading to artifacts that may not be evident in short clips or single-frame evaluations. Moreover, alignment objectives, such as motion realism, temporal coherence, identity consistency, and physical plausibility, span multiple dimensions and can conflict with one another, creating trade-offs between stability and expressiveness. Reliable supervision for temporal properties is also scarce and expensive, leading to reliance on proxy metrics or learned evaluators that may introduce bias. Together, these challenges call for alignment strategies specifically designed to handle temporal dynamics, multi-objective trade-offs, and limited supervision.

Motivated by these challenges, recent research has increasingly focused on post-training and alignment techniques that adapt pretrained models through additional optimization stages applied after large-scale pretraining. Figure 1 provides an overview of this landscape, highlighting major post-training paradigms and representative methods discussed in this survey. Rather than modifying core architectures or relying solely on scaling, these approaches refine model behavior through targeted post-training optimization [17, 18]. Across the literature, post-training techniques have expanded along multiple dimensions. As shown in Figure 2, research on post-training alignment for

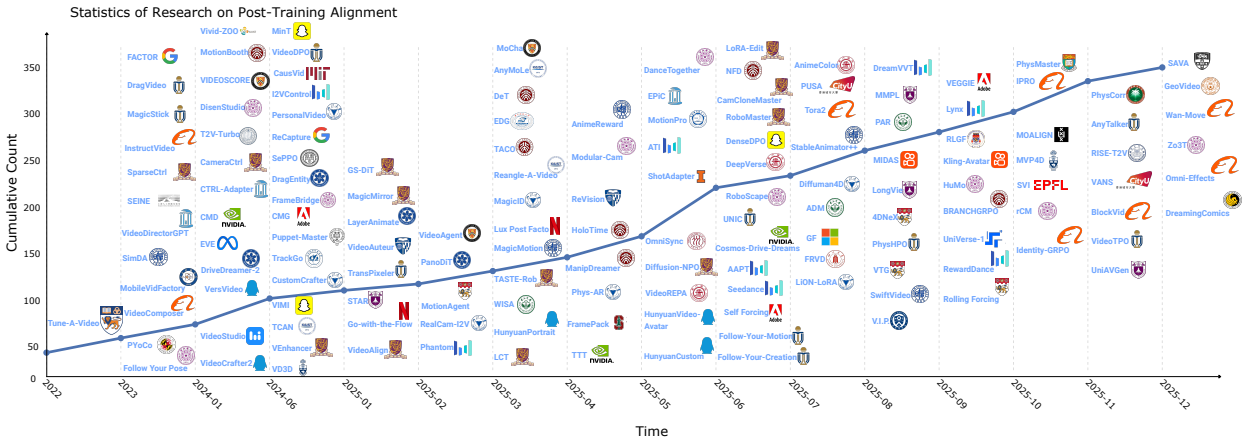

Figure 2 | Research trends in post-training and alignment for video generation models (2022–2025).

video generation has grown rapidly since 2022, with expanding diversity in supervision paradigms and deployment strategies. One line of work focuses on supervised adaptation and parameter-efficient tuning, such as LoRA [19], to improve controllability, personalization, and domain transfer [20–22]. Another direction incorporates evaluative signals derived from human preferences or verifiable proxies to better align generation with semantic intent, physical plausibility, or safety constraints [23–25]. Meanwhile, some approaches leverage model-generated data and teacher supervision to enable iterative refinement and improve inference efficiency [26–28]. In parallel, a growing body of work explores how post-trained signals can be reused at deployment time to steer generation without further parameter updates [29–31]. Together, these directions mark a shift from purely scaling-driven improvements toward modular, signal-driven alignment strategies, forming a flexible toolbox for addressing the unique temporal and multi-objective challenges of video generation.

In this survey, **post-training** refers broadly to any optimization, adaptation, or control procedure applied after large-scale pretraining that modifies the behavior of a video generation model without retraining it from scratch. These methods operate on pretrained foundation models and aim to shape model behavior in downstream use. We use the term **alignment** to describe the extent to which a video generation model's behavior conforms to desired objectives at deployment. These objectives include accurately following human intent, maintaining temporal and identity consistency, respecting physical and causal constraints, and avoiding unsafe or undesirable outcomes. In this sense, alignment concerns **behavioral correctness** and reliability, rather than visual quality or data fit alone.

Within this post-training framework, we distinguish between **implicit alignment** and **explicit alignment** based on how alignment signals are applied. **Implicit alignment methods** shape model behavior indirectly. They rely on mechanisms such as supervised adaptation, model-generated or teacher-provided signals, or structured controllability mechanisms, without explicitly evaluating whether generated outputs satisfy alignment objectives. In contrast, **explicit alignment methods** directly optimize model behavior using evaluative signals that assess correctness. These signals may include preference feedback, reward functions, or verifiable criteria related to human intent, physical plausibility, or safety. Importantly, alignment in video generation exists on a **spectrum**: post-training methods differ in how directly, strongly, and reliably they influence aligned behavior, rather than forming a strict binary between aligned and non-aligned approaches. This distinction is orthogonal to the specific training or inference mechanisms employed and reflects *how* alignment is enforced rather than *when* or *where* optimization occurs.

Based on these definitions, we organize post-training and alignment methods for video generation

into four broad categories according to the primary source and role of the signals used to shape model behavior. **(1) Supervised Fine-tuning Methods** primarily achieve implicit alignment by adapting pretrained models using labeled or structured supervision. **(2) Self-Training and Distillation Methods** also promote implicit alignment, leveraging model-generated data or teacher supervision to improve robustness, stability, or efficiency without explicitly evaluating correctness. **(3) Preference- and Reward-Based Methods** enable explicit alignment by optimizing model behavior with evaluative signals that assess correctness with respect to human intent, physical plausibility, or safety. **(4) Inference-Time Methods** influence alignment at deployment, either by enforcing explicit alignment through evaluative guidance or by supporting implicit alignment via iterative refinement and structured control. Together, these categories provide a unified and interpretable view of how post-training techniques shape alignment in video generation models across both training and inference. Figure 3 presents the overall taxonomy of post-training and alignment methods. In short, the key contributions of this survey are as follows:

Contributions

- **Post-Training Methods for Video Generation**. We provide a comprehensive review of post-training and alignment methodologies for video generation models, including supervised fine-tuning, preference- and reward-based optimization, self-training and distillation, and inference-time alignment and control techniques.
- **Taxonomy of Alignment Techniques**. We introduce a structured taxonomy that organizes post-training approaches according to their optimization mechanisms and alignment roles, highlighting adaptations to video-specific challenges such as temporal coherence, motion realism, and controllability.
- **Datasets and Benchmarks for Video Alignment**. We systematically summarize commonly used datasets, benchmarks, and evaluation protocols for post-training and alignment in video generation, categorizing them by alignment objectives and temporal characteristics.

Survey Structure

- **Section 2: Preliminaries.** Problem formulation of video generation, dominant base models, and multi-dimensional alignment objectives.
- **Section 3: Supervised Fine-tuning Methods.** Implicit alignment through supervised adaptation, including instruction tuning, domain specialization, controllability, personalization, and structured data pipelines.
- **Section 4: Self-training and Knowledge Distillation.** Implicit alignment via self-generated supervision and teacher-student distillation.
- **Section 5: Preference- and Reward-Based Methods.** Explicit alignment using reinforcement learning, preference optimization, and video reward modeling.
- **Section 6: Inference-Time Methods.** Hybrid alignment at deployment through guidance-based control and iterative refinement.
- **Section 7: Datasets, Benchmarks, and Evaluation Protocols.** Post-training datasets, evaluation benchmarks, and assessment protocols for alignment in video generation.
- **Section 8: Challenges and Future Directions.** Key open challenges and future directions for post-training and alignment in video generation models.

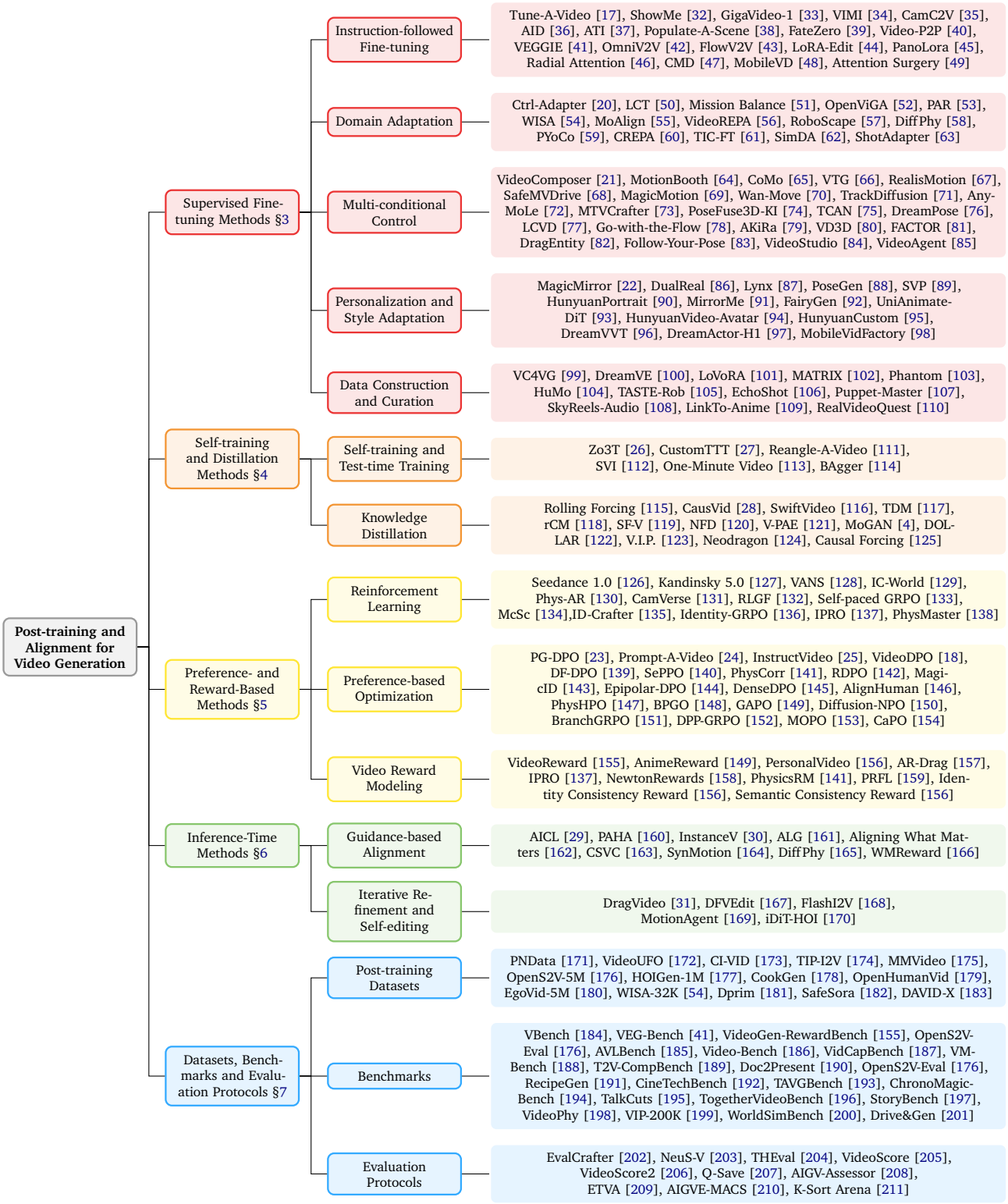

Figure 3 | Taxonomy of post-training and alignment in video generation models. Methods are grouped by alignment type: Supervised fine-tuning and self-training and distillation methods provide *implicit alignment*. Preference- and reward-based methods achieve *explicit alignment*. Inference-time methods function as *hybrid mechanisms*, supporting both implicit and explicit alignment. The bottom node lists representative post-training datasets, benchmarks, and evaluation protocols.

2. Preliminaries: Video Generation Models and Alignment Dimensions

Takeaways

- **Video Generation Paradigms**: Video generation is formalized as learning a conditional distribution under three primary settings: Text-to-Video (T2V), Image-to-Video (I2V), and Video-to-Video (V2V).
- **Dominant Base Models**: Latent Diffusion Transformers (DiTs) are identified as the foundation of modern video generation and post-training, characterized by spatio-temporal latent representations, attention-based conditioning, and diffusion- or flow-based objectives.
- **Alignment Objectives**: Alignment is characterized as a multi-objective problem beyond likelihood-based training, requiring satisfaction of instruction adherence, temporal coherence, motion realism, perceptual quality, and safety constraints.

This section introduces the foundational formulation of video generation models and the alignment objectives that guide post-training. We first formalize common video generation settings, including text-to-video, image-to-video, and video-to-video, and outline the dominant architectural paradigms behind modern systems. We then characterize alignment in video generation as a multi-objective problem spanning instruction adherence, temporal coherence, motion realism, and safety. These preliminaries provide the conceptual and technical basis for understanding how subsequent post-training methods shape model behavior.

2.1. Video Generation Problem Setting

Formally, video generation is modeled as learning a conditional probability distribution $p(\mathbf{v}|\mathbf{c})$, where $\mathbf{v}$ represents a video sequence, and $\mathbf{c}$ denotes conditioning signals such as text, images, or edit instructions [11, 212]. As illustrated in Figure 4, video generation tasks can be categorized into three paradigms based on input modalities and generation mechanisms.

(1) Text-to-Video (T2V). The goal of T2V is to synthesize a video $\mathbf{v}$ from a textual prompt $\mathbf{c}_{\text{text}}$ by sampling from a learned conditional distribution:

$$\mathbf{v} \sim p_\theta(\mathbf{v} \mid \mathbf{c}_{\text{text}}), \tag{1}$$

where θ denotes the parameters of the video generation model. This process corresponds to generation from scratch, requiring the model to produce both spatial content and temporal dynamics solely from the learned prior and textual conditioning [213, 214]. In practice, sampling typically begins with random noise $\mathbf{z}_T \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ in latent space, which is iteratively denoised using a spatio-temporal backbone, such as a 3D U-Net [215] or a Diffusion Transformer (DiT) [10]. The primary alignment challenges in T2V include semantic adherence to complex instructions and maintaining physical plausibility in open-domain, long-horizon video generation [130].

(2) Image-to-Video (I2V). I2V, conditions generation on both a text prompt $\mathbf{c}_{\text{text}}$ and a reference image $\mathbf{I}_{\text{ref}}$ (typically the first frame) [9, 216]. The objective is to generate temporal dynamics that extend the context of $\mathbf{I}_{\text{ref}}$ while preserving its identity and visual details.

$$\mathbf{v} \sim p_\theta(\mathbf{v}|\mathbf{c}_{\text{text}}, \mathbf{I}_{\text{ref}}) \quad \text{s.t.} \quad \mathbf{v}_0 \approx \mathbf{I}_{\text{ref}}. \tag{2}$$

This is achieved by conditioning spatio-temporal diffusion backbones on image representations (e.g., via cross-attention or feature injection), expanding the static image into a coherent temporal sequence. The alignment focus is on motion fidelity and preventing identity degradation over time [69, 90].

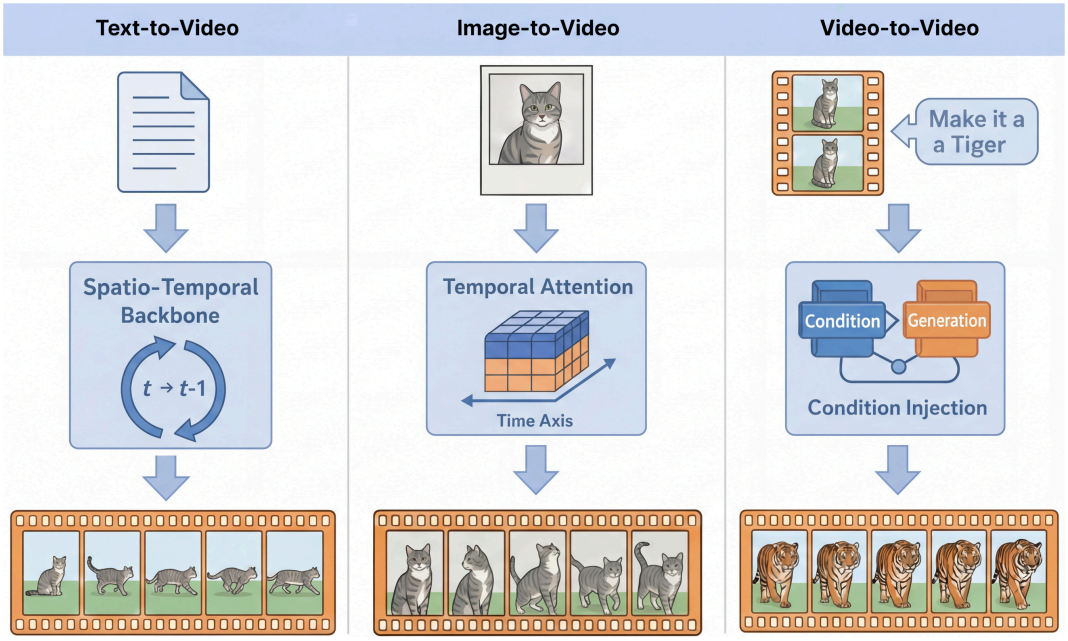

Figure 4 | Overview of video generation tasks. **Left**: Text-to-Video (T2V) models learn a video prior to map noise to pixels guided by text prompts. **Middle**: Image-to-Video (I2V) injects dynamics into a static image, typically freezing spatial layers and training temporal attention modules. **Right**: Video-to-Video (V2V) focuses on structure-preserving editing, injecting spatial guidance to align the generation with the source video's layout.

(3) Video-to-Video (V2V) and Editing. V2V aims to transform a source video $\mathbf{v}_{\text{src}}$ into a target video $\mathbf{v}_{\text{tgt}}$ according to an editing instruction $\mathbf{c}_{\text{edit}}$, while preserving its spatial-temporal layout (e.g., object motion, depth) [39, 40].

$$\mathbf{v}_{\text{tgt}} \sim p_\theta(\mathbf{v}|\mathbf{c}_{\text{edit}}, \mathbf{v}_{\text{src}}) \quad \text{s.t.} \quad \mathcal{S}(\mathbf{v}_{\text{tgt}}) \approx \mathcal{S}(\mathbf{v}_{\text{src}}), \tag{3}$$

where $\mathcal{S}(\cdot)$ represents structural features. Compared to text-to-video generation, V2V editing introduces an explicit structural consistency constraint that couples semantic modification with temporal coherence. The core challenge lies in balancing edit strength with structural preservation, as aggressive edits may disrupt motion dynamics, whereas conservative edits may fail to realize the intended transformation. To address this, existing methods typically employ **conditioning injection mechanisms** (e.g., ControlNet [217] or lightweight adapters [41]) or inversion-based guidance to anchor spatial layouts while modifying high-level semantics, prioritizing structural consistency and localized editability.

2.2. Base Models

While early work on video generation explores GAN-based architectures [6] and 3D U-Nets [215], these approaches have increasingly been replaced in large-scale settings by Transformer-based backbones [10]. This shift is driven by the superior scalability of Transformers and their ability to model complex, long-horizon spatio-temporal dependencies. As a result, contemporary post-training methods primarily focus on two modern paradigms: latent diffusion models with Transformer backbones and autoregressive video generation models.

Latent Diffusion Transformers (DiT) with Flow Matching. Figure 5 illustrates the dominant latent diffusion pipeline adopted by modern video generation models in 2024–2025 (e.g., Wan [218],

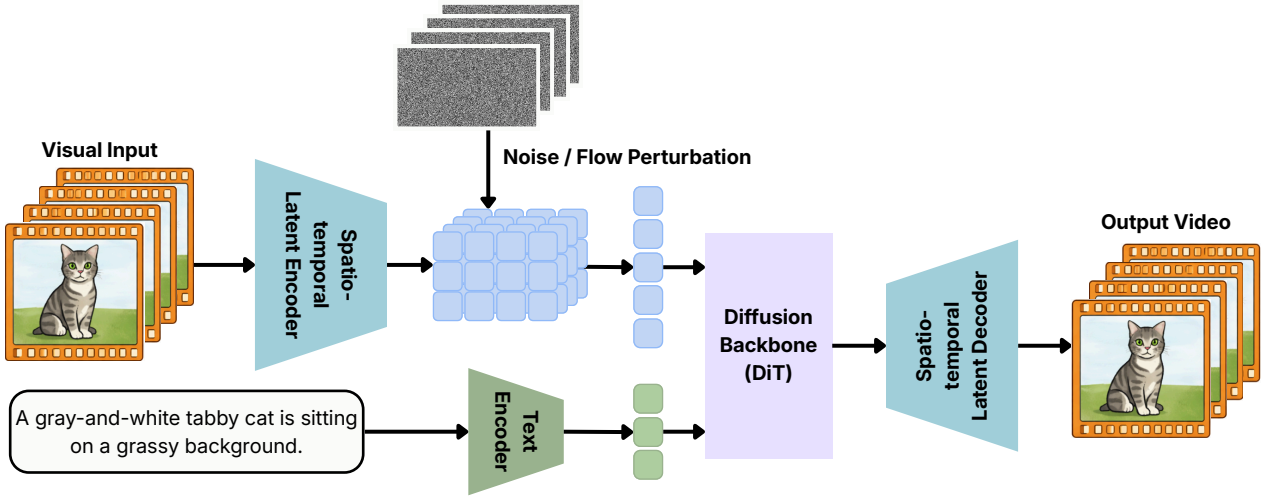

Figure 5 | Architecture of a modern Latent Diffusion Transformer (DiT) for video generation. The pipeline has three stages: (1) **Compression:** A spatio-temporal latent encoder compresses the input video into latent representations. (2) **Diffusion Modeling:** Stochastic perturbations are applied in latent space, and the resulting spatio-temporal tokens (blue tokens) are processed by a DiT backbone together with text embeddings (green tokens) to learn a denoising objective. (3) **Decoding:** The predicted clean latents are mapped back to pixel space by a spatio-temporal latent decoder.

HunyuanVideo [12], OpenSora [13]), which combines a spatio-temporal latent encoder, typically implemented as a 3D VAE, with a Diffusion Transformer backbone. Understanding its internal components is vital for effective alignment:

- **Spatio-temporal Latent Compression:** Videos are compressed into a latent space $\mathbf{z} = \mathcal{E}(\mathbf{v})$. Unlike frame-wise image VAEs, modern video encoders perform both spatial and temporal compression [219], significantly reducing sequence length but increasing the difficulty of fine-grained temporal control during post-training.
- **Spatio-temporal Patchification and Positional Encoding:** Latent tensors are flattened into spatio-temporal tokens and augmented with factorized or 3D Rotary Positional Embeddings (RoPE) [220], enabling variable temporal lengths and robust spatio-temporal generalization. Long-video post-training methods often require explicit handling of token positions and positional encodings.
- **Diffusion Transformer Backbone and Conditioning:** The denoising network is implemented as a ViT-style backbone, where conditioning signals (e.g., text prompts) are injected via cross-attention or Adaptive Layer Normalization (AdaLN). This module serves as the primary interface for post-training and alignment, with adapter-based methods (e.g., LoRA, ControlNet) attaching to attention blocks.
- **Pre-training Objective (Flow Matching):** Many modern models adopt Flow Matching, often instantiated as Rectified Flow [221], which learns a velocity field in latent space to map noise to data [222, 223]. This objective provides the foundation for subsequent post-training and preference-based alignment methods.

Autoregressive Video Generation. As a complementary paradigm to diffusion-based models, autoregressive approaches (e.g., VideoPoet [224], VideoMAR [225]) formulate video generation as a

sequence modeling problem over discretized spatio-temporal tokens. Videos are first mapped into a token sequence, and generation proceeds in a causal manner via next-token prediction, analogous to large language models (LLM):

$$p_\theta(\mathbf{v}) = \prod_i p_\theta(z_i \mid z_{<i}, \mathbf{c}). \tag{4}$$

A key advantage of this formulation is that it enables the *direct application* of established LLM alignment algorithms (e.g., standard PPO [226] or DPO [227] on token logits) without the adaptations required for continuous diffusion processes [228]. However, given that the current open-source landscape and recent post-training advancements are predominantly centered on diffusion architectures, most alignment methods discussed in this survey focus on optimizing continuous diffusion trajectories rather than discrete token sequences.

2.3. Alignment Dimensions for Video Generation

Despite powerful architectures, pre-trained models optimize for *data likelihood* rather than *human utility*. They tend to reproduce the "average" web video, often containing motion blur, static scenes, or uncurated compositions. Post-training and alignment aim to bridge this gap. Unlike image generation, alignment in video generation must simultaneously ensure per-frame visual quality and coherent dynamics across time. Based on these challenges, we categorize the primary alignment objectives into four key dimensions.

(1) Instruction Following and Fine-grained Controllability. A central objective of alignment is ensuring that generated videos accurately reflect user intent across multiple modalities. Beyond basic text-semantic matching, this requires models to correctly interpret and execute complex instructions, including multi-step logic, compositional descriptions, and explicit constraints such as edits or exclusions (e.g., "remove the object" or "keep the background unchanged") [25, 83]. In practical scenarios, alignment must also support fine-grained controllability, where generation is conditioned on structured signals such as camera trajectories, depth maps, skeletal poses, or spatial layouts. These controls allow users to explicitly specify how scenes evolve and how actions are performed, rather than only describing what content should appear.

(2) Temporal Consistency and Identity Preservation. Beyond correctly interpreting user intent, a core challenge in video generation is maintaining coherence over time. Alignment methods in this dimension aim to reduce temporal artifacts caused by frame-level inconsistencies, such as flickering textures, unstable backgrounds, or unintended shape changes [229]. Beyond short-term stability, alignment must ensure that the identity of subjects remains consistent throughout a video [230, 231]. In long-form or personalized generation, characters or objects are expected to maintain the same appearance, including clothing, facial features, and overall visual style, even as they move, change viewpoint, or become partially occluded. When these requirements are not met, identity drift gradually accumulates, resulting in videos that appear unrealistic or inconsistent.

(3) Motion Quality and Physical Plausibility. While temporal consistency emphasizes stability over time, overly conservative generation can lead to static or lifeless videos. Pre-trained video generation models often favor static scenes or very small movements, since limited motion reduces the risk of visible errors during generation. Alignment in this dimension aims to encourage more expressive and dynamic motion that better reflects realistic actions and interactions [232, 233]. At the same time, the generated motion must obey basic physical rules [184, 234]. This includes respecting constraints such as gravity, collisions between objects, object permanence, and simple cause-and-effect relationships. Effective alignment helps prevent visible artifacts, for example, objects unrealistically disappearing, intersecting with each other, or behaving in ways that contradict the physical structure of the scene.

(4) Aesthetic Fidelity and Safety. Beyond motion and physical correctness, alignment must also address overall perceptual quality and responsible generation behavior. From an aesthetic perspective, alignment aims to produce videos with high visual clarity, stable composition, and minimal perceptual artifacts, such as motion blur or distorted body parts. It also enables models to match human aesthetic preferences, including consistent lighting, color tone, and recognizable artistic styles [12, 18, 95]. At the same time, alignment must ensure safe and reliable generation behavior. This includes reducing the production of harmful, biased, or NSFW content, as well as ensuring that models appropriately refuse unsafe requests or suppress undesirable concepts during generation [182].

3. Supervised Fine-tuning Methods

Takeaways

- Supervised fine-tuning is the primary mechanism for aligning pretrained video generation models with user intent, controllability requirements, and domain-specific constraints, without retraining or altering core model architectures.
- By integrating instruction tuning, domain adaptation, and multi-conditional supervision, supervised fine-tuning enables control over semantics, motion, camera behavior, and spatial layout beyond text-only guidance.
- Lightweight adaptation, combined with structured and synthetic data pipelines, supports identity preservation, personalization, and robust alignment under limited supervision.

Supervised fine-tuning adapts pretrained video generation models to specialized domains, better aligns them with user intent, and enables fine-grained control and personalization through targeted supervision signals. Supervised fine-tuning methods are typically categorized according to the form of supervision they employ and the alignment capabilities they provide.

3.1. Instruction and Prompt-following Fine-tuning

A primary goal of supervised fine-tuning is to improve a model's ability to follow user instructions. While large-scale pretraining provides video models with powerful generative priors, their responses to natural-language prompts often remain coarse, ambiguous, or inconsistent over time. Instruction and prompt-following fine-tuning addresses this gap by explicitly aligning textual directives, such as editing commands, compositional constraints, and multi-step instructions, with the corresponding video outputs, typically using relatively small, curated instruction datasets.

Direct Instruction-to-Video Supervision. Early efforts in instruction-following video generation focus on directly aligning user instructions with video outputs through explicit fine-tuning of pretrained generative models [213, 235, 236]. Tune-A-Video [237] studies one-shot text-to-video generation by adapting a pre-trained text-to-image diffusion model using only a single text-video pair instead of large-scale video datasets. Concretely, the spatial U-Net is extended with a sparse causal spatio-temporal attention mechanism and coupled with DDIM inversion for structure-guided sampling, allowing the image diffusion prior to be reused for coherent motion synthesis across video frames. Similarly, ShowMe [32] unifies instructional image and video generation by repurposing a pretrained video diffusion model as an action-object state transformer that handles both state manipulation (image editing) and state prediction (video rollout). A two-stage tuning strategy decouples and selectively activates spatial and temporal components with task-specific LoRA adapters, while structure-consistency and motion-consistency rewards are introduced to enhance spatial fidelity and temporal

coherence in instruction-guided visual transformations.

Beyond strictly paired instruction-video supervision, more recent work explores scalable optimization strategies, ranging from joint image-video fine-tuning to inference-time adaptation that relaxes reliance on exhaustive video data while improving instruction adherence [238–240]. GigaVideo-1 [33] proposes an automatic dataset synthesis pipeline for video diffusion model fine-tuning that emphasizes physical and temporal consistency without relying on large-scale curated external datasets. The method leverages LLM-augmented prompt generation and a reward-guided optimization strategy, where feedback from a frozen multimodal large language model (MLLM) is used to adaptively reweight synthesized training samples during fine-tuning. VIMI [34] further extends instruction supervision to multimodal settings by introducing a multimodal instruction pretraining framework for grounded video generation. The framework constructs a large-scale multimodal prompt-video dataset via retrieval-augmented in-context examples and employs a two-stage pipeline of multimodal conditional video pretraining and multimodal instruction tuning, leveraging MLLMs to unify text-to-video, subject-driven video generation, and video prediction within a single model.

Image Guided Video Generation. While direct instruction-video supervision aligns generation with user intent, it often suffers from ambiguity and instability when synthesizing long or complex dynamics. Image-guided video generation mitigates this issue by introducing visual context as an additional grounding signal [35, 241]. AID [36] adapts an image-to-video diffusion model for instruction-guided video prediction by leveraging Stable Video Diffusion's dynamics priors and integrating multimodal textual control through an MLLM and a Dual Query Transformer to fuse visual and textual conditions. ATI [37] proposes a trajectory-based motion control framework that unifies local, object-level, and camera movements within a pre-trained image-to-video diffusion model, using a Gaussian-based motion injector to encode user-specified trajectories for fine-grained and continuous control. Beyond motion-centric conditioning, image guidance is further extended to support higher-level semantic and interaction-driven video generation, in which static visual context grounds instruction execution in complex scenes. Populate-A-Scene [38] repurposes a pre-trained text-to-video model as an affordance-aware human-world interaction simulator that conditions video generation on a scene image together with prompts describing a person's appearance and action.

Instruction-guided Video Editing. Instruction-guided video editing aims to modify existing video content according to user instructions while preserving temporal coherence and physical consistency, posing challenges beyond those in unconditional or image-based editing [39, 40]. VEGGIE [41] addresses this with an end-to-end framework that integrates video concept editing, grounding, and reasoning based on user instructions. The system employs an MLLM to interpret user intents into frame-specific queries and uses a curriculum learning strategy, along with a pipeline that transforms static image data into dynamic video-editing samples. Similarly, OmniV2V [42] explores a unified dynamic content manipulation module to integrate various scenario-based operations. It incorporates a LLaVA-based visual-text instruction module [242] to understand content correspondence and utilizes a multi-task data processing system to efficiently handle data overlap and augmentation. Beyond semantic and structural edits, maintaining physical plausibility during instruction-guided motion transfer remains a key challenge. FlowV2V [43] explicitly targets this issue by employing optical flow to model complex motion dynamics and mitigate failures caused by shape deformation. The approach combines first-frame editing with conditional generation by simulating a pseudo-flow sequence aligned with the deformed shape, enabling physically consistent video editing under user instructions.

Parameter-efficient and Efficiency-aware Instruction Fine-tuning. Beyond expanding the scope of instruction-aligned behaviors, a complementary line of supervised fine-tuning work explores efficiency from both the parameter and architectural perspectives to enable instruction- or task-specific specialization under the high computational costs of video generation models. On the parameter

side, parameter-efficient fine-tuning strategies update only a small subset of model parameters while keeping the pretrained backbone frozen [44, 243–245]. PanoLora [45] exemplifies this direction by framing panoramic video generation as a specialization problem and proposing a LoRA-based fine-tuning strategy, supported by analysis showing that low-rank updates suffice to model the transformation. Beyond reducing the number of trainable parameters, several works further address the prohibitive computational overhead of video generation through architectural and attention-level optimizations [46, 47]. MobileVD [48] reduces memory usage by lowering frame resolution and applying channel-wise and temporal block pruning, and further compresses the denoising process into a single step via adversarial training. At the transformer level, Attention Surgery [49] introduces hybrid attention mechanisms guided by a cost-aware block-rate strategy that balances expressiveness and efficiency across layers based on the observation that different blocks exhibit varying reconstruction errors under different token sample ratios.

3.2. Domain Adaptation and Specialization

General-purpose video generation models, while powerful in open-domain settings, often encounter significant performance degradation when applied to specialized fields such as healthcare, industrial physics, or long-form storytelling. These failures typically arise from domain shifts, where the target data distribution differs significantly from the web-scale data used during pretraining. Unlike instruction and prompt-following fine-tuning, which primarily aligns models with user intent, domain adaptation focuses on aligning a pretrained model's internal representations and spatiotemporal priors with a new target distribution. Consequently, supervised fine-tuning for domain adaptation has shifted from simple fine-tuning toward approaches that emphasize domain-specific supervision, robustness to distribution shift, and efficient specialization.

Navigating Domain Shifts and Data Scarcity. We begin by characterizing the types of domain shifts that motivate specialization in video generation models, which often arise when foundation models fail to generalize to specialized visual distributions or operate reliably under data scarcity. Beyond appearance-level shifts, many specialization scenarios impose structural requirements that deviate substantially from web-scale training data [20]. A representative example is long-form storytelling, in which the target distribution requires scene-level coherence and long-range temporal consistency rather than short, loosely connected clips. LCT [50] addresses this shift by adapting a pretrained single-shot video generator to longer context windows through supervised long-context tuning, improving long-horizon consistency under extended generation settings.

In contrast, in high-stakes domains such as healthcare, the challenge is data scarcity rather than visual fidelity. Mission Balance [51] tackles the "long-tail" problem in medical imaging where rare pathological events are underrepresented. It introduces a two-stage fine-tuning approach that decouples spatial fidelity from temporal dynamics, allowing the model to synthesize high-fidelity surgical videos even with limited training examples. More broadly, domain shifts also arise in specialized content distributions such as automotive driving scenes [52] and panoramic video generation [45], as well as settings where models must better adhere to physical commonsense under distribution shift [53, 246].

Domain-Specific Supervision Signals. To effectively transfer models to specialized domains, researchers increasingly employ domain-specific supervision signals that go beyond generic text instructions. Such signals often encode task-relevant structure, physical constraints, or relational cues that are underrepresented in web-scale video-text data [54, 55]. In domains governed by physical laws, VideoREPA [56] improves the physical commonsense of text-to-video generation by aligning video models with relational and physics-relevant cues distilled from foundation models, providing an implicit yet domain-aligned supervision signal for physically plausible dynamics. Pushing beyond

generic plausibility toward actionable interactions, RoboScape [57] introduces a physics-informed world model for embodied AI. Instead of relying solely on RGB pixel loss, it jointly learns video generation and auxiliary physics prediction tasks. This form of implicit physical supervision encourages the model to respect 3D geometry and object interactions, producing video simulations suitable for robotic policy training.

Robust Fine-Tuning and Catastrophic Forgetting. A central challenge in domain adaptation is catastrophic forgetting: naïvely fine-tuning a pretrained video generator on a narrow in-domain dataset can improve domain-specific fidelity while degrading general prompt-following behavior or disrupting learned spatiotemporal priors outside the adapted distribution. This phenomenon reflects a fundamental tension between specialization and retention in video generation models. Recent supervised fine-tuning methods, therefore, focus on retention-aware objectives that stabilize adaptation under distribution shift and data scarcity [58]. PYoCo [59] introduces a noise prior that preserves temporal correlations during fine-tuning, mitigating motion-structure collapse when adapting to new domains. CREPA [60] complements this direction by explicitly enforcing cross-frame representation consistency, reducing temporal degradation, and improving robustness during adaptation.

Beyond robustness, structured tuning can also improve transfer efficiency in low-data regimes. Acuaviva et al. [243] show that appropriately designed supervised fine-tuning can induce emergent few-shot generalization, which can reduce over-specialization to narrow in-domain cues. TIC-FT [244] further leverages temporally structured conditioning during training as a regularizer, promoting generalizable control and stable adaptation across diverse generation settings. Together, these works highlight that effective domain adaptation requires not only stronger in-domain supervision but also objectives that preserve the pretrained model's general spatiotemporal priors.

Efficient Adaptation for Specialization. Beyond robustness, practical deployment introduces additional constraints on scalability and efficiency. Domain adaptation often requires reusing a single pretrained model across multiple specialized domains, where full fine-tuning is both prohibitively expensive and prone to overfitting under limited in-domain data. In this context, parameter-efficient post-training methods become a practical necessity rather than a mere optimization choice. Adapter-based approaches such as SimDA [62] enable specialization by updating only a small fraction of parameters while preserving shared spatiotemporal priors. Similarly, LoRA-style adaptation has proven effective for small-data specialization, including in the work of Akarsu et al. [247], by acquiring domain-specific characteristics with minimal parameter updates. For long-form or multi-shot specialization, ShotAdapter [63] further demonstrates how lightweight adaptation can extend a pretrained single-shot generator to longer-horizon settings without incurring the cost of full retraining.

3.3. Multi-conditioning and Controllability

As video generation models are increasingly deployed in interactive and task-driven settings, aligning models with user intent through instruction fine-tuning alone often proves insufficient for precise and reliable control. Multi-conditioning and controllability methods address this limitation by explicitly training pretrained models to accept structured control signals. These signals expose controllable interfaces over motion, spatial layout, and temporal evolution during generation, enabling fine-grained and reliable manipulation beyond implicit instruction execution.

Motion and Camera Control. A prominent direction in controllable video generation focuses on explicit motion and camera control, where pretrained models are guided by structured temporal signals to regulate dynamics beyond their learned motion priors. Early efforts in this direction emphasize decoupling motion dynamics from visual appearance, enabling controllable motion manipulation while

preserving content fidelity. For example, MotionBooth [64] introduces motion-aware customization by disentangling motion representations from appearance, allowing users to inject motion styles without compromising visual consistency. Complementarily, CoMo [65] formulates motion control as a compositional problem, decomposing complex motions into reusable primitives that can be flexibly recombined under textual guidance. These approaches establish a foundational principle for motion control: separating temporal dynamics from appearance facilitates fine-grained manipulation while maintaining identity stability.

Building upon this principle, a large body of work introduces explicit motion-related conditions to more directly regulate temporal evolution. One common strategy is to guide video generation using structured motion signals such as trajectories [66–73, 248–250], poses [74–77, 83, 251–259], or other temporally aligned control cues. By injecting these conditions into the temporal modeling components, such methods enable precise control over subject movement while preserving appearance-related content. VideoComposer [21], for instance, treats motion vectors as first-class temporal signals that explicitly guide inter-frame dynamics, supporting motion transfer and user-specified trajectories without retraining the base model.

In addition to subject motion, camera controllability has emerged as a critical aspect of video generation [35, 78, 79, 260–271]. Camera-aware methods explicitly model viewpoint evolution by conditioning diffusion transformers on camera paths or 3D camera parameters. VD3D [80] encodes per-frame camera poses as spatiotemporal embeddings, enabling accurate camera motion control while maintaining visual fidelity. Related approaches similarly leverage explicit camera trajectories to regulate viewpoint changes and scene geometry, allowing users to specify cinematic motion patterns with precise control. Across both motion- and camera-controlled generation, enforcing cross-frame consistency becomes central, as it directly impacts identity preservation, temporal smoothness, and geometric coherence.

Object-, Part-, and Spatial-level Control. Complementary to global motion control, another line of work focuses on achieving object- and spatial-level controllability by explicitly binding generation to specific entities, regions, or parts within a scene [31, 162, 170, 185, 272–283]. These approaches typically rely on structured spatial conditions such as masks, bounding boxes, instance tokens, or 3D proxies to preserve object identity and spatial consistency across frames while enabling localized manipulation. At the object level, FACTOR [81] introduces fine-grained control by conditioning video generation on entity-specific appearance and spatial context. By jointly encoding object descriptions, sparse bounding-box trajectories, and reference images, FACTOR enables localized manipulation of multiple objects while maintaining consistent identities and spatial layouts over time.

Beyond individual object binding, relational multi-entity control further models spatial dependencies among interacting entities. DragEntity [82] represents each object as a latent entity and explicitly incorporates relative spatial relationships when applying trajectory guidance. This entity-centric formulation enables simultaneous control of multiple objects while preserving structural integrity and reducing the distortions commonly observed in pixel-level dragging approaches. At an even finer granularity, part-level control targets the internal structure and articulation of objects. PuppetMaster [107] binds sparse drag signals to specific object parts through dedicated drag tokens, enabling fine-grained internal dynamics such as articulation and deformation while maintaining overall object identity and spatial coherence across frames.

Programmatic and Latent Control. Beyond direct conditioning, some approaches treat controllable video generation as the execution of an explicit plan or program derived from high-level instructions. In these methods, natural language prompts are first translated into structured intermediate representations, such as scripts, trajectories, or action graphs, which are then executed or iteratively refined by video generation models to support long-horizon consistency and interpretable control [284–287].

Within this paradigm, VideoStudio [84] casts video generation as a script-driven process by leveraging a large language model to convert an input prompt into a structured multi-scene program. The resulting script explicitly specifies scene-level events, entities, and camera movements, which are then executed by a diffusion model to generate each scene sequentially, enabling consistent content and coherent long-horizon video generation. While VideoStudio focuses on executing a fixed, LLM-generated program, VideoAgent [85] further extends this execution-centric perspective by treating generated videos as intermediate plans rather than final outputs. By iteratively refining and selecting video plans prior to execution, VideoAgent introduces an explicit plan selection and execution interface that separates high-level programmatic control from direct conditioning, thereby enabling controllability at the level of long-horizon behavior rather than frame-wise appearance.

3.4. Personalization and Style Adaptation

Personalization and style adaptation aim to customize video generation models to produce subject-consistent outputs that reflect specific identities, appearances, or stylistic preferences. Unlike generic controllability mechanisms that regulate motion or camera dynamics, personalization focuses on preserving identity fidelity across diverse motions, viewpoints, and conditioning signals, often under limited supervision or reference data. Recent advances explore lightweight post-training strategies that adapt pretrained video diffusion models to individual subjects, characters, or application-specific requirements, while maintaining the original model's generative capacity and temporal coherence. In this subsection, we review representative approaches from three complementary perspectives: identity-preserving personalization mechanisms, modality- and character-centric scenarios, and application-driven customization for humans and products.

Identity-Preserving Personalization via Lightweight Conditioning and Adapters. Several works explore supervised fine-tuning strategies to enhance identity fidelity in personalized video generation while minimizing disruption to motion dynamics and semantic alignment. Broadly, these approaches focus on either conditioning-based personalization or explicit disentanglement of identity and motion representations. MagicMirror [22] exemplifies the conditioning-based paradigm by introducing identity-preserving conditioning mechanisms within video diffusion transformers, enabling subject-specific generation without modifying the core architecture. In contrast, DualReal [86] addresses the identity–motion trade-off through adaptive training that jointly optimizes disentangled identity and motion representations, achieving faithful integration of appearance and dynamics. Related efforts further investigate identity preservation under sparse conditioning signals or in multi-character interaction scenarios [87, 88, 288].

Portrait-, Character-, and Multimodal-Centric Personalization. A related line of work focuses on portrait-, character-, and multimodal-centric video personalization, where preserving subject identity across pose variation, expression changes, and modality shifts is particularly critical. In the portrait domain, SVP [89] improves temporal stability by explicitly modeling long-range facial consistency, reducing identity drift over extended sequences, while HunyuanPortrait [90] leverages lightweight adapter layers to generate consistent portrait animation. To enhance robustness under partial occlusion and large head motion, facelet-based compensation [289] decomposes facial representations into localized components and adaptively corrects occluded regions during talking-head generation. MirrorMe [91] further explores audio-driven portrait animation, enabling identity-preserving facial motion synchronized with speech.

Beyond face-centric settings, personalization has been extended to character animation and multimodal generation. FairyGen [92] enables character-consistent video generation from drawn references, while UniAnimate-DiT [93] employs a large-scale video diffusion transformer to generate coherent human motion conditioned on reference images. In multimodal scenarios, HunyuanVideo-

Avatar [94] and HunyuanCustom [95] support subject-consistent generation driven by audio, images, and video inputs, facilitating expressive and controllable character animation across modalities.

Application-Driven Personalization for Humans and Products. Beyond generic identity customization, personalization in video generation is often driven by application-specific requirements involving humans and products. A prominent line of work focuses on human-product interaction scenarios. DreamVVT [96] targets realistic virtual try-on by introducing a stage-wise diffusion transformer framework that progressively aligns garment appearance with human motion and body structure under in-the-wild conditions. Similarly, DreamActor-H1 [97] addresses human–product demonstration videos by designing motion-aware diffusion transformers that generate high-fidelity interactions while preserving both human dynamics and product details.

In addition to interaction-centric applications, personalization has also been explored under deployment- and efficiency-driven constraints. MobileVidFactory [98] adapts diffusion-based video generation to mobile social media applications through a supervised pipeline optimized for computational efficiency and stylistic consistency, enabling automated personalized video creation from text prompts under resource-constrained settings.

3.5. Data Construction and Curation Pipelines

Recent progress in video generation is strongly driven by advanced data construction pipelines that actively shape model training. Moving beyond raw video-text pairs, modern approaches design structured supervision and scalable labeling mechanisms to introduce intermediate semantic representations and automatically generated signals. These pipelines bridge user intent, object dynamics, and temporal coherence, thereby facilitating controllable and robust video generation.

Structured Semantic Supervision. Several pipelines enrich training data with intermediate semantic representations that explicitly guide temporal modeling and compositional generation. DreamVE [100] and VC4VG [99] emphasize instruction-style and optimized textual supervision to encode editing intent and compositional constraints. Beyond textual supervision, several data construction pipelines automatically derive object- and interaction-aware signals that serve as structured supervision during training. LoVoRA [101] and MATRIX [102] construct temporally aligned object localization and mask tracks to provide cross-frame object-level supervision without manual annotation.

Similarly, Phantom [103] and Puppet-Master [107] build part-level motion and cross-modal alignment representations through automated parsing pipelines, enabling disentangled supervision over appearance, structure, and dynamics. Human-centric pipelines such as HuMo [104] and TASTE-Rob [105] further extract pose and hand–object interaction cues as intermediate supervision signals to support structured motion learning. In audio-driven scenarios, recent pipelines proposed by Zhang et al. [290], EchoShot [106], and SkyReels-Audio [108] incorporate fine-grained audio–visual alignment signals to enable temporally synchronized motion generation.

Synthetic Data and Scalable Labeling. To alleviate the high cost and limited scalability of dense video annotation, many pipelines adopt automated data generation and labeling strategies that function as implicit supervision mechanisms. LinkTo-Anime [109] demonstrates the effectiveness of synthetic data by generating accurate motion supervision through rendered optical flow, enabling precise temporal guidance without manual labeling. VideoScore [205] introduces a learned automatic feedback signal that approximates fine-grained human judgments and can be incorporated into training pipelines for scalable supervision and model selection. Related efforts also explore organizing supervision around realistic user intents rather than exhaustive frame-level annotations, reducing annotation overhead while preserving semantic alignment [110].

Table 1 | Summary of supervised fine-tuning methods for video generation.

Model	# Stages	Base Model	GPU Model	# GPUs	Venue	Year	Link
Tune-A-Video [237]	1	Stable Diffusion	A100	–	ICCV	2023	
VideoComposer [21]	2	Stable Diffusion	–	–	NeurIPS	2023	
DreamPose [76]	2	Stable Diffusion	A100	2	ICCV	2023	
PYoCo [59]	4	eDiff-I	–	–	ICCV	2023	–
SparseCtrl [291]	1	Stable Diffusion	–	–	ECCV	2024	
VideoDirectorGPT [292]	1	ModelScopeT2V	A6000	8	COLM	2024	
SimDA [62]	1	Stable Diffusion	A100	8	CVPR	2024	
MotionBooth [64]	1	Zeroscope LaVie	A100	1	NeurIPS	2024	
CMD [47]	2	Stable Diffusion	A100	1	ICLR	2024	–
Follow-Your-Pose [83]	2	Stable Diffusion	A100	8	AAAI	2024	
VD3D [80]	1	SnapVideo	A100 (40G)	64	ICLR	2024	
VideoStudio [84]	2	Stable Diffusion	A100	64	ECCV	2024	
DriveDreamer-2 [293]	2	Stable Diffusion	A800	8	AAAI	2025	
FlipSketch [294]	1	ModelScope	–	–	CVPR	2025	
MinT [295]	1	OpenSora	A100	–	CVPR	2025	–
CTRL-Adapter [20]	1	I2VGen-XL Stable Video Diffusion Latte Hotshot-XL	A100	–	ICLR	2025	
I2VControl [296]	1	MagicVideo-V2	–	–	ICCV	2025	–
CustomCrafter [297]	1	VideoCrafter2	A100	4	AAAI	2025	
TrackGo [278]	1	Stable Video Diffusion	A100	8	AAAI	2025	–
Puppet-Master [107]	1	Stable Video Diffusion	A6000	1	ICCV	2025	
ReCapture [298]	2	Stable Video Diffusion	A100	1	CVPR	2025	–
MagicStick [299]	1	Stable Diffusion	RTX 3090Ti	1	WACV	2025	
FACTOR [81]	2	Phenaki	–	–	WACV	2025	–
EDG [300]	3	DynamiCrafter	A100	8	CVPR	2025	
Go-with-the-Flow [78]	1	Stable Diffusion CogVideoX	A100	8	CVPR	2025	
GS-DiT [301]	2	CogVideoX	A100	8	CVPR	2025	
FramePack [285]	1	HunyuanVideo	A100	8	NeurIPS	2025	
HunyuanPortrait [90]	1	Stable Video Diffusion	A100	128	CVPR	2025	
LCT [50]	2	MMDiT	H800	128	ICCV	2025	–
TASTE-Rob [105]	3	DynamiCrafter	A6000	1	CVPR	2025	
Phantom [103]	2	MMDiT	A100	–	ICCV	2025	
RealCam-I2V [265]	1	DynamiCrafter	–	–	ICCV	2025	
VideoREPA [56]	1	CogVideoX	A100	8	NeurIPS	2025	
WISA [54]	1	CogVideoX	A100	8	NeurIPS	2025	
DiffPhy [58]	1	Wan2.1	H100	4	ICLR	2025	
MoAlign [55]	2	CogVideoX	H100	4	ICLR	2025	–
HunyuanVideo-Avatar [94]	2	HunyuanVideo	A100 (96G)	160	arXiv	2025	
TIC-FT [244]	1	CogVideoX Wan2.1	H100	1	NeurIPS	2025	
RoboScape [57]	1	–	A800	32	NeurIPS	2025	
EchoShot [106]	1	Wan2.1	A100	–	NeurIPS	2025	

4. Self-training and Knowledge Distillation Methods

Takeaways

- Self-training and test-time training reuse self-generated outputs or intermediate representations as supervision, enabling iterative refinement and inference-time adaptation under limited or no external annotations, with particular benefits for temporal consistency, controllability, and long-context video generation.
- Knowledge distillation transfers capabilities from large or computationally expensive teacher models to more efficient students by encouraging consistency between teacher and student generation behaviors, thereby reducing inference cost while maintaining video quality and temporal coherence.

Self-training and knowledge distillation improve video generation models by reusing model-generated signals or transferring knowledge from stronger teachers. By treating the model or a teacher as the source of supervision rather than relying on costly external annotations, these approaches are particularly attractive for video generation, where dense temporal labels are scarce. Specifically, self-training and test-time training enable iterative refinement or online adaptation during inference. Knowledge distillation instead focuses on transferring capabilities from large or computationally expensive teacher models to more efficient student models, thereby improving inference speed and deployment efficiency. Together, these techniques complement earlier post-training paradigms by enabling scalable improvement and practical deployment in modern video generation pipelines.

4.1. Self-training and Test-time Training

Self-training and test-time training optimize video generation models by leveraging the model's own outputs or intermediate representations as supervision. By using self-generated signals rather than externally curated labels, these methods enable iterative refinement or online adaptation during inference. By leveraging feedback implicit in the generation process itself, this paradigm supports continual improvement under limited external supervision.

Inference-time Parameter Adaptation. A prominent line of work applies test-time training by adapting a small set of model parameters during inference to improve temporal consistency or task-specific performance. Zhang et al. [26] propose Zo3T, where a LoRA module is optimized at inference time to align intermediate feature representations across frames, enforcing trajectory-level consistency through feature-space alignment. CustomTTT [27] extends this paradigm to customized video generation by decoupling appearance and action modeling. Separate LoRA adapters are trained for figure and action, and merged at inference time via self-supervised distillation to mitigate conflicts introduced by joint optimization. Similarly, Jeong et al. [111] adapt LoRA parameters on the input video using pseudo-labels derived from a self-supervised formulation, enabling test-time fine-tuning for video viewpoint transformation. Together, these methods demonstrate that lightweight, inference-time parameter adaptation provides a flexible mechanism for improving controllability and consistency without requiring offline retraining.

Inference-time Temporal Modeling via Test-Time Training. Beyond parameter-efficient adaptation, test-time training has also been integrated directly into temporal modeling architectures to address long-context video generation. Dalal et al. [113] propose a hybrid architecture in which test-time training (TTT) layers are embedded as recurrent modules within the model's temporal computation. By performing self-supervised reconstruction of low-rank token representations at inference time,

these TTT layers capture long-range dependencies without relying on global self-attention or extended attention windows. This formulation reframes test-time training as an integral component of temporal modeling rather than a post-hoc adaptation strategy, enabling efficient long-context video generation without offline fine-tuning.

Offline Self-training with Self-generated Supervision. Complementary to test-time adaptation, self-training methods improve video generation models through offline optimization on self-generated signals. VideoAgent [85] adopts a rejection-sampling-based self-training framework for embodied control, where successful trajectories collected during real-world robot execution are reused as training data to iteratively refine the video generation model. SVI [112] addresses error accumulation in long video generation through iterative error recycling. The method estimates generation errors by approximating diffusion trajectories with one-step integration, injects these errors into subsequent training inputs, and explicitly trains the model to correct its accumulated deviations. These approaches illustrate how self-training enables continual improvement under limited supervision by transforming model failures or successes into learning signals.

4.2. Knowledge Distillation

Knowledge distillation has been widely adopted in video generation as an effective approach for accelerating inference, transferring or consolidating model capabilities, and improving overall generation quality. Existing work can be broadly categorized by the form of supervision and the role of the teacher model, with diffusion-based video generation as the primary focus.

Diffusion-to-Autoregressive Distillation. A major line of research distills slow but expressive diffusion-based teacher models into fast autoregressive student models capable of long-horizon video generation. Representative works [28, 115] typically adopt Distribution Matching Distillation (DMD), which aligns the output distributions of teacher and student models to enable efficient generation while preserving visual fidelity. By compressing iterative diffusion sampling into a small number of autoregressive steps, these methods substantially reduce inference latency without retraining models from scratch.

Trajectory-Level and Continuous-Time Distillation. Unlike distillation methods that match distributions only at the final state, a line of work provides denser supervision by aligning diffusion trajectories over time. SwiftVideo [116] introduces Continuous-Time Consistency Distillation (CCD) based on a flow-matching formulation, directly aligning the velocity fields predicted by the teacher and student models at each timestep. In this formulation, the teacher velocity serves as the primary supervision signal, enabling strong temporal consistency under few-step sampling. In parallel, Luo et al. [117] extend distribution matching from single-step alignment to trajectory-level consistency by enforcing alignment at multiple intermediate diffusion states, which reduces error accumulation and stabilizes long-horizon generation. rCM [118] also targets continuous-time modeling but adopts a different supervision role assignment, treating student self-consistency as the primary objective and introducing teacher score (velocity) distillation as an auxiliary regularizer rather than a timestep-wise regression target, thereby preserving generation diversity while mitigating error accumulation and detail degradation in few-step regimes.

Adversarial and Hybrid Distillation Objectives. Beyond distribution matching and consistency-based objectives, another line of work augments diffusion model distillation with adversarial learning to improve generation quality and training stability. In this paradigm, a discriminator provides additional supervision by distinguishing between teacher- and student-generated predictions or representations, sometimes reusing pretrained teacher components within the discriminator architecture. SF-V [119] fine-tunes a student initialized from the teacher model and employs a discriminator built upon a frozen teacher encoder with trainable spatial and temporal heads to assess generation quality.

Similarly, NFD [120] introduces adversarial supervision after a score-consistency-based warm-up phase, using a discriminator initialized from the teacher model. More recent approaches further combine adversarial learning with distribution matching or consistency objectives to mitigate error accumulation and distribution mismatch. For example, works by Cheng et al. [121] and Xue et al. [4] integrate GAN-based supervision into DMD, with different emphases on overall distributional quality and motion dynamics. DOLLAR [122] adopts a hybrid formulation that combines distribution matching, consistency-based distillation, and latent reward optimization to alleviate mode collapse and fidelity degradation in few-step video generation.

Training Strategies for Distillation. Beyond architectural and objective-level innovations, training data organization and distillation-related strategies also play an important role in scalable video generation. Seedance 1.0 [126] adopts a progressive training scheme that gradually increases video resolution and temporal complexity, facilitating more stable optimization. Other works modify the distillation process itself; for example,self-forcing methods mitigate exposure bias by conditioning training on self-generated histories [115, 123]. In addition, text encoder distillation has emerged as a complementary technique that significantly reduces model size and inference cost while preserving semantic alignment [124]. Collectively, these studies highlight the importance of coordinated distillation objectives, data curricula, and auxiliary supervision in efficient video generation.

Table 2 | Summary of self-training and knowledge distillation methods for video generation.

Model	# Stages	Base Model	GPU Model	# GPUs	Venue	Year	Link
SF-V [119]	1	SVD	A100	8	NeurIPS	2024	
CausVid [28]	2	Wan2.1	–	64	CVPR	2025	
CustomTTT [27]	3	CogVideoX	A6000	1	AAAI	2025	
DOLLAR [122]	3	DiT OpenSora LDM	A100	8	ICCV	2025	
APT [302]	1	–	–	–	arXiv	2025	–
TDM [117]	1	Stable Diffusion	–	–	arXiv	2025	
Reangle-A-Video [111]	2	CogVideoX	–	–	ICCV	2025	
One-Minute Video [113]	1	CogVideoX	H100	256	CVPR	2025	
Self Forcing [303]	1	Wan2.1	H100	64	NeurIPS	2025	–
NFD [120]	3	–	A100	–	arXiv	2025	–
ADM [304]	1	CogVideoX SDXL SD3	–	–	ICCV	2025	–
V.I.P. [123]	1	VideoCrafter2 AnimateDiff	A100	4	ICCV	2025	–
SwiftVideo [116]	3	Wan2.1	A100	8	arXiv	2025	–
V-PAE [121]	2	Wan2.1	H20	32	arXiv	2025	–
Zo3T [26]	–	Stable Video Diffusion	A100	1	arXiv	2025	–
Rolling Forcing [115]	2	Wan2.1	–	–	arXiv	2025	–
SVI [112]	1	Wan2.1	–	–	arXiv	2025	
Neodragon [124]	4	Pyramidal Flow DiT	H100	–	arXiv	2025	
VideoTPO [305]	–	Wan2.1 Kling	–	–	arXiv	2025	
MoGAN [4]	2	Wan2.1	H200	16	arXiv	2025	–

5. Preference- and Reward-based Methods

Takeaways

- Reinforcement learning aligns video generation by explicitly modeling generation as a long-horizon decision process, enabling the enforcement of temporal consistency, physical plausibility, and structured constraints through trajectory-level optimization.
- Preference-based optimization directly optimizes relative comparisons between generated videos, with recent advances introducing temporally structured, physically grounded, and stability-aware preference objectives tailored to diffusion-based video models.
- Video reward modeling underpins both reinforcement learning and preference-based alignment by decomposing human preferences into multi-dimensional, identity-aware, and physics- or reasoning-aware signals that capture video-specific quality beyond frame-level appearance.

Preference- and reward-based methods align video generation models by leveraging evaluative signals, such as preference comparisons, learned reward models, or verifiable outcome-based criteria, rather than relying solely on fixed supervised targets. These signals enable models to better align with human intent, temporal coherence, physical plausibility, and safety constraints.

5.1. Preliminaries: Optimization Paradigms

Three optimization paradigms are representative in preference-based and reinforcement learning for video generation models: Proximal Policy Optimization (PPO), Direct Preference Optimization (DPO), and Group Relative Policy Optimization (GRPO). These paradigms form the methodological basis for the alignment methods reviewed in this section. Although they originate from language modeling and image generation, we present them in a unified formulation applicable to both autoregressive and diffusion-based video generation models.

We use x to denote the multimodal conditioning signal (e.g., text, images, or control inputs), y to denote a generated video or its latent representation, and τ to denote a generation trajectory. Depending on the model, τ may correspond to a sequence of discrete tokens or a continuous diffusion trajectory over denoising timesteps. For diffusion-based generators, we interpret each denoising step as an action and define the trajectory likelihood $\log \pi_\theta(\tau \mid x)$ as the sum of step-wise conditional log-densities (or a training-time surrogate), since the marginal likelihood of the final generated video is generally intractable.

PPO-style Reinforcement Learning (RLHF and RLAIF). Reinforcement Learning with Human Feedback (RLHF) [306] aligns a generative policy by first training a reward model (RM) and then optimizing the policy using PPO [226] under a constraint that limits deviation from a reference model π_{ref} (e.g., an SFT or pretrained model). The reward model is typically trained on preference pairs (x, y^+, y^-) using a Bradley–Terry objective [307],

$$\mathcal{L}_{\text{RM}}(\phi) = -\mathbb{E}_{(x,y^+,y^-)} \log \sigma\big(r_\phi(x, y^+) - r_\phi(x, y^-)\big)\,, \tag{5}$$

where $r_\phi(x, y)$ denotes a scalar reward and $\sigma(\cdot)$ is the logistic function. Given a fixed reward model, PPO optimizes the policy by maximizing a clipped policy-gradient objective augmented with a KL regularization term relative to the reference policy. Let $r_t(\theta) = \frac{\pi_\theta(y_t \mid x, y_{<t})}{\pi_{\theta_{\text{old}}}(y_t \mid x, y_{<t})}$ denote the probability ratio and $\hat{A}_t$ an advantage estimator, commonly implemented by broadcasting a sequence-level reward

across individual timesteps. The PPO objective is

$$\mathcal{L}_{\mathrm{PPO}}(\theta) = -\mathbb{E}\left[\sum_t \min\Big(r_t(\theta)\,\hat{A}_t,\ \mathrm{clip}\big(r_t(\theta),\,1-\epsilon,\,1+\epsilon\big)\,\hat{A}_t\Big)\right] \;+\; \beta\,\mathrm{KL}(\pi_\theta(\cdot|x)\,\|\,\pi_{\mathrm{ref}}(\cdot|x))\,. \tag{6}$$

Reinforcement Learning with AI Feedback (RLAIF) [308] follows the same optimization procedure but replaces human annotations with AI-generated rewards or preferences. Although PPO-style reinforcement learning provides a principled framework for trajectory-level credit assignment, explicit RLHF or RLAIF is relatively uncommon in video generation due to the difficulty of designing stable and dense reward signals over high-dimensional, long-horizon video trajectories.

Direct Preference Optimization (DPO). Direct Preference Optimization (DPO) [227] eliminates the need for an explicit reward model by directly optimizing the policy to match observed preferences relative to a fixed reference policy. Given preference pairs (x, y^+, y^-) and a temperature parameter $\beta > 0$, the DPO objective is

$$\mathcal{L}_{\mathrm{DPO}}(\theta) = -\,\mathbb{E}\,\log\sigma\Big(\beta\big[\log\pi_\theta(y^+|x) - \log\pi_{\mathrm{ref}}(y^+|x) - \log\pi_\theta(y^-|x) + \log\pi_{\mathrm{ref}}(y^-|x)\big]\Big). \tag{7}$$

This formulation can be interpreted as implicitly inducing a reward proportional to the log-probability ratio between the policy and the reference model, thereby combining preference alignment and KL regularization into a single contrastive objective. DPO-style optimization has proven particularly attractive for video generation models, where training high-quality reward models is challenging, and preference supervision can be applied at varying temporal granularities.

Group Relative Policy Optimization (GRPO). Group Relative Policy Optimization (GRPO) [309] provides an alternative alignment paradigm that replaces learned rewards or explicit preference pairs with verifiable outcome-level signals. For a given conditioning input x, GRPO samples a group of K trajectories $\{\tau^{(k)}\}_{k=1}^{K}$ from the current policy $\pi_{\theta_{\mathrm{old}}}$ and evaluates each trajectory using a verifiable scoring function $r^{(k)} \in [0,1]$, such as correctness checks, temporal consistency criteria, or task-specific rules. A group baseline $\bar{r} = \frac{1}{K}\sum_{j=1}^{K} r^{(j)}$ is computed, and group-relative advantages are defined as

$$A^{(k)} = r^{(k)} - \mathrm{stopgrad}(\bar{r}), \qquad \ell^{(k)}(\theta) = \sum_{t\in\tau^{(k)}} \log\pi_\theta(y_t \,|\, x, y_{<t}). \tag{8}$$

The GRPO objective is then

$$\mathcal{L}_{\mathrm{GRPO}}(\theta) = -\frac{1}{K}\sum_{k=1}^{K} A^{(k)}\,\ell^{(k)}(\theta) \;+\; \beta\,\mathrm{KL}(\pi_\theta(\cdot|x)\,\|\,\pi_{\mathrm{ref}}(\cdot|x))\,. \tag{9}$$

By relying on relative comparisons within a sampled group, GRPO avoids explicit reward modeling and reduces sensitivity to absolute score calibration. This property is particularly appealing for video generation, where designing reliable scalar rewards is difficult, but outcome-level verification or heuristic constraints are often available.

5.2. Reinforcement Learning for Video Generation

Reinforcement learning (RL) aligns video generation models by treating generation as a sequential decision-making process optimized under long-horizon video-level objectives. Compared to supervised post-training and preference-based optimization, RL explicitly models the interaction between generation actions and delayed rewards, making it well-suited to enforcing temporal consistency, physical plausibility, and structured constraints. Existing approaches apply RL at different levels of the generation pipeline, ranging from system-level alignment to diffusion-level optimization and constraint-aware training strategies.

Reinforcement Learning as an End-to-End Alignment Framework. Several works apply RL as an end-to-end alignment framework at the system level, treating the entire video generation pipeline as a policy optimized with respect to long-horizon video-level objectives [127, 155]. In this setting, RL serves as an end-to-end post-training mechanism that directly aligns model behavior beyond supervised fine-tuning. VANS [128] exemplifies this paradigm by applying RL to jointly align a vision-language model and a video diffusion model for video next-event prediction. Through a unified Joint-GRPO strategy, VANS optimizes both components under a shared reward, enabling system-level coordination between semantic reasoning and video generation. Similarly, Seedance 1.0 [126] incorporates video-specific RL from human feedback as a system-level alignment component, directly maximizing multi-dimensional reward signals to jointly improve prompt adherence, motion plausibility, and visual fidelity in large-scale video generation. From a more explicit decision-making perspective, RLIR [310] formulates video generation as a sequential policy optimization problem by recovering verifiable reward signals from generated videos, demonstrating how RL can be cleanly applied when suitable action-reward representations are available.

Reinforcement Learning for Optimizing the Generation Process. Beyond end-to-end alignment, another line of work applies RL directly to the video generation process itself, intervening at the level of diffusion sampling and generation trajectories [132, 157]. Instead of treating RL solely as a high-level post-training objective, these methods integrate RL signals into intermediate stages of generation, enabling fine-grained control over temporal dynamics and physically grounded motion. Phys-AR [130] reformulates diffusion-based video generation as a token-level sequential decision process by introducing diffusion timestep tokens that explicitly represent evolving physical states. RL is applied to optimize reasoning trajectories under rule-based physical rewards, enabling the model to enforce motion consistency and generalize to out-of-distribution physical conditions beyond data-driven interpolation. Complementarily, CamVerse [131] treats the video diffusion model as a stochastic policy and applies online RL to optimize camera-controlled video generation. By designing a verifiable geometric reward that provides dense, segment-level feedback on camera-trajectory alignment, CamVerse directly guides the generation process toward geometrically consistent and controllable camera motion.

Reinforcement Learning for Stability, Efficiency, and Structured Constraints. Applying RL to video generation poses challenges in training stability, controllability, and enforcing task-specific constraints. Recent work extends RL beyond generic policy optimization through curriculum-style training and structured objectives that improve robustness [135, 137]. To improve optimization stability, Self-Paced GRPO [133] proposes a competence-aware RL framework in which reward supervision co-evolves with the generator. By progressively shifting the reward function's emphasis from coarse visual quality to temporal coherence and semantic alignment, self-paced GRPO mitigates reward saturation and stabilizes long-horizon policy optimization. Beyond training dynamics, RL has also been used to impose structured constraints. PhysMaster [138] adopts a top-down strategy that optimizes a physics-aware representation as an explicit conditioning signal, while Identity-GRPO [136] enforces identity consistency through specialized rewards and GRPO optimization. Together, these approaches illustrate how RL can be adapted to address stability concerns and enforce structured objectives in video generation, extending its role beyond generic alignment.

5.3. Preference-based Optimization for Video Alignment

Preference-based optimization aligns video generation models by directly optimizing relative-preference objectives over generated samples. Unlike reinforcement learning, which requires complex trajectory-level credit assignment, these methods rely on simpler pairwise or relative comparisons to shape model behavior, making them particularly suitable for high-dimensional video diffusion models.

Recent work adapts DPO and its variants to the video domain by designing scalable mechanisms for constructing reliable preference signals under limited or fully automated supervision.

Preference-based Optimization as a Direct Alignment Objective. A growing line of work formulates video alignment as direct optimization over preference signals, avoiding explicit reward modeling and policy-based reinforcement learning [23–25]. VideoDPO [18] pioneers the adaptation of Direct Preference Optimization to video diffusion models by introducing OmniScore, a multi-dimensional scoring function that jointly evaluates visual quality and text–video semantic alignment, and automatically constructs preference pairs by ranking multiple generated videos per prompt. While VideoDPO derives preferences from score-induced comparisons among generated samples, DF-DPO [139] addresses the cost and ambiguity of such comparisons by using real videos as winning samples and their edited counterparts with explicit temporal or spatial artifacts as losing samples, providing unambiguous and scalable preference supervision. Beyond score- or artifact-based preference construction, SePPO [140] further extends preference-based optimization through a semi-policy framework that constructs preference pairs using historical model checkpoints as reference policies, enabling reward-model-free alignment while stabilizing training via an anchor-based adaptive flipper.

Fine-Grained and Structured Preference Supervision. Beyond video-level binary preferences, effective preference-based alignment for video generation requires structuring preference signals across finer temporal and semantic dimensions [141–144]. DenseDPO [145] addresses the motion bias of vanilla DPO by constructing structurally aligned video pairs from partially noised real videos and collecting segment-level preference labels, enabling dense temporal supervision that localizes artifacts while preserving global motion dynamics. Similarly, AlignHuman [146] exploits the observation that different denoising timesteps control distinct generation attributes and proposes timestep-segment preference optimization to decouple motion and fidelity alignment. Preference data are partitioned across denoising intervals, with specialized LoRA experts activated within their corresponding timestep ranges to target motion naturalness and visual fidelity in a divide-and-conquer manner. Beyond temporal structuring, PhysHPO [147] generalizes fine-grained preference optimization by organizing preferences across hierarchical semantic levels, including instance, state, motion, and semantic alignment. By applying Direct Preference Optimization across multiple abstraction levels, PhysHPO enables the generation of physically plausible videos that extend beyond surface appearance.

Stability, Efficiency, and Hybrid Preference Optimization. While preference objectives effectively guide alignment, applying them to video diffusion models often introduces instability, high cost, and scalability issues; recent work therefore focuses on making preference optimization more robust and efficient [148, 149]. Diffusion-NPO [150] trains a complementary negative-preference model to explicitly teach the generator what to avoid, which improves classifier-free guidance behavior and reduces undesirable outputs without requiring new datasets. To reduce optimization cost and variance, BranchGRPO [151] restructures GRPO rollouts into a branching tree with depth-wise reward fusion and pruning, amortizing shared computation, producing denser step-level advantages, and substantially accelerating and stabilizing training. To preserve diversity while scaling preference optimization, DPP-GRPO [152] formulates set-level policy optimization using a Determinantal Point Process term with GRPO, turning diversity into an explicit objective so that models learn to generate diverse video sets without sacrificing prompt fidelity.

5.4. Video Reward Modeling

Effective alignment of video generation models critically depends on the availability of reliable reward signals that reflect human preferences. Unlike images or text, video reward modeling must account for high-dimensional factors such as temporal dynamics, motion consistency, and long-range coherence, which substantially increase the difficulty of reward design. Recent work on video reward modeling

can be broadly categorized by the aspects of video quality they emphasize, including multi-dimensional quality assessment, identity and temporal consistency, and physics- and reasoning-aware evaluation.

Multi-Dimensional Video Quality Assessment. A central direction in video reward modeling is to decompose human preference into multiple quality dimensions, recognizing that video alignment cannot be captured by a single scalar score [33, 126]. VideoReward [155] establishes a large-scale, human-annotated preference dataset over modern video generation models and trains a multi-dimensional reward model that separately evaluates visual quality, motion quality, and text-video alignment. By explicitly modeling these dimensions under a Bradley–Terry-with-ties formulation, VideoReward provides a robust reward backbone for preference-based and reinforcement learning alignment in video generation. While VideoReward targets open-domain video generation, AnimeReward [149] shows that generic video reward models fail to capture domain-specific quality criteria in anime generation, particularly appearance stylization and character consistency. To address this gap, AnimeReward constructs the first anime-specific multi-dimensional reward dataset and employs specialized vision-language models for different evaluation dimensions, demonstrating that domain-aware reward decomposition is critical for aligning stylized video generation with human preferences.

Identity, Consistency, and Temporal Coherence Rewards. Beyond overall quality assessment, a central challenge in video generation is preserving subject identity and maintaining coherent appearance and motion over time, motivating reward designs that explicitly target video-specific consistency failures. PersonalVideo [156] addresses this problem by introducing an Identity Consistency Reward that evaluates whether generated frames preserve the reference identity, together with a complementary Semantic Consistency Reward that constrains the semantic distribution of generated videos to remain aligned with the original text-to-video model, thereby avoiding dynamic and semantic degradation during identity injection.

Similarly, IPRO [137] formulates identity preservation as direct optimization with a differentiable facial identity reward. By backpropagating the identity reward through the final denoising steps of the diffusion process and regularizing deviation from the base model, IPRO effectively suppresses identity drift across frames while maintaining temporal coherence. Beyond identity preservation, AR-Drag [157] introduces a trajectory-based reward model that explicitly evaluates motion paths in autoregressive generation. This reward provides fine-grained supervision over temporal dynamics and controllability, enabling stable and coherent motion generation in long-horizon, few-step autoregressive-controlled diffusion video generation.

Physics- and Reasoning-Aware Reward Modeling. Beyond perceptual quality and temporal consistency, recent work explores reward designs that explicitly encode physical laws and reasoning structure, aiming to align video generation with objective physical plausibility rather than subjective visual cues. NewtonRewards [158] introduces the first physics-grounded post-training framework based on verifiable rewards that extracts measurable proxies, such as optical flow and visual appearance features, to enforce Newtonian constraints, including constant-acceleration dynamics and mass conservation, thereby penalizing physically implausible motion.

Similarly, PhysCorr [141] proposes PhysicsRM, a dedicated physics reward model that jointly evaluates intra-object stability and inter-object interactions, providing a structured assessment of physical consistency that goes beyond frame-level aesthetics. Beyond explicit physical rules, PRFL [159] reframes reward modeling as a process-aware task by repurposing video-generation models as latent reward models, enabling timestep-aware reward evaluation directly in the noisy latent space and supporting reasoning about motion and structure throughout the denoising trajectory. Together, these approaches highlight physics- and reasoning-aware reward modeling as a crucial component for enforcing causal and physical faithfulness in video generation.

Table 3 | Summary of preference-based and reinforcement learning methods for video generation.

Model	# Stages	Base Model	GPU Model	# GPUs	Venue	Year	Link
InstructVideo [25]	1	ModelScopeT2V	A100	4	CVPR	2024	
T2V-Turbo [311]	1	VideoCrafter2 ModelScopeT2V	A100	8	NeurIPS	2024	
VADER [312]	1	VideoCrafter OpenSora ModelScopeT2V Stable Video Diffusion	A6000	2	arXiv	2024	
Prompt-A-Video [24]	2	OpenSora CogVideoX	–	–	ICCV	2024	
PersonalVideo [156]	1	HunyuanVideo AnimateDiff	A800	1	ICCV	2025	
VideoDPO [18]	–	VideoCrafter2 T2V-Turbo CogVideo	A100	4	CVPR	2025	
VideoReward [155]	3	–	A800	8	NeurIPS	2025	
MagicID [143]	1	HunyuanVideo	H100	1	ICCV	2025	
DF-DPO [139]	1	CogVideoX	H100	8	arXiv	2025	–
AnimeReward [149]	3	CogVideoX	A800	8	arXiv	2025	
Phys-AR [130]	3	Llama3.1	A800	32	arXiv	2025	–
DiffusionNPO [150]	1	VideoCrafter2	–	–	ICLR	2025	
DenseDPO [145]	1	MAGVIT-v2	A100	64	NeurIPS	2025	–
Seedance 1.0 [126]	4	DiT	–	–	arXiv	2025	–
AlignHuman [146]	3	MMDiT	–	–	arXiv	2025	–
RDPO [142]	3	LTX-Video	H100	32	arXiv	2025	–
BranchGRPO [151]	1	FLUX.1-Dev Wan2.1	H200	16	arXiv	2025	
RLGF [132]	1	MagicDrive-V2	A100	8	NeurIPS	2025	–
PhysMaster [138]	3	DiT	A800	8	arXiv	2025	
IdentityGRPO [136]	2	VACE	A100	8	arXiv	2025	
Epipolar-DPO [144]	1	Wan2.1	A6000	4	arXiv	2025	
IPRO [137]	1	Wan2.2	–	–	arXiv	2025	–
PhysCorr [141]	2	Wan2.1	A800	4	arXiv	2025	–
Ar-Drag [157]	2	Wan2.1	H200	8	arXiv	2025	–
McSc [134]	3	VideoCrafter2 Wan2.1	A100	8	arXiv	2025	
ID-Crafter [135]	1	Wan	H20	16	arXiv	2025	
BPGO [148]	1	Wan2.1 Wan2.2	H100	16	arXiv	2025	–
PRFL [159]	2	Wan2.1	–	–	arXiv	2025	–
DPP-GRPO [152]	2	Wan2.1 CogVideoX	L40S	4	arXiv	2025	–
Self-paced GRPO [133]	1	Wan2.1 HunyuanVideo	H100	16	arXiv	2025	–
NewtonRewards [158]	2	OpenSora	H100	8	arXiv	2025	
IC-World [129]	2	Wan2.1	H20	8	arXiv	2025	
CamVerse [131]	2	–	H200	32	arXiv	2025	–

6. Inference-Time Methods via Post-trained Signals

Takeaways

- Inference-time alignment operationalizes post-trained signals by steering video generation during sampling, allowing alignment objectives to be enforced without further parameter updates.
- Guidance-based methods modify denoising trajectories using learned alignment signals or auxiliary models to control semantics, structure, motion, and physical plausibility while preserving the pretrained generative prior.
- Iterative refinement and self-editing regulate video generation through inference-time feedback loops or multi-stage refinement, enabling error correction, long-horizon consistency, and fine-grained control via closed-loop inference alone.

While Sections 3–5 focus on how video generation models are aligned through post-training procedures, alignment does not cease once training is complete. In practice, post-training produces a variety of alignment artifacts, such as reward models, learned critics, auxiliary guidance modules, and alignment-specific adapters, whose influence on model behavior is ultimately realized during inference-time generation. At inference time, these learned alignment signals are operationalized to steer, constrain, or refine video generation without further updating model parameters. Rather than defining new alignment objectives or training paradigms, such mechanisms govern how post-trained signals are consumed during sampling, shaping generation trajectories, enforcing semantic or physical constraints, and regulating trade-offs among competing alignment objectives.

6.1. Guidance-based Alignment

Guidance-based alignment directs the video generation process by injecting auxiliary control signals into the denoising trajectory at inference time. This approach influences generation towards specified semantics, structures, or dynamics without modifying the underlying model parameters. Guidance-based methods provide careful control over objects, motion, and style by shaping intermediate latent states throughout the denoising process, while maintaining the generative prior of the pretrained model.

Direct Trajectory Guidance. Direct trajectory guiding directs video generation by altering the denoising trajectory during inference, usually by direct modulation of latent variables or conditioning signals, while maintaining fixed model parameters [29, 160, 313]. InstanceV [30] examples this paradigm by implementing spatially aware unconditional guiding that directly modifies the denoising process to maintain instance-level consistency, hence reducing the loss or distortion of small objects during sampling. ALG [161] further shows that trajectory perturbation can directly target motion dynamics, selectively filtering high-frequency conditioning signals at early denoising steps to prevent static generation and encourage more expressive motion. More fine-grained control is achieved by selective latent intervention methods such as Masked Latent Adaptation [162], which applies learned masks to restrict guidance to task-relevant latent regions, allowing targeted alignment of motion or appearance while preserving the pretrained generative prior.

Semantic and Structural Steering via Auxiliary Models. In addition to direct trajectory perturbation, an alternative approach directs video generation using auxiliary models that provide high-level semantic or structural signals during inference. CSVC [163] illustrates this paradigm by utilizing vision-language models (VLMs) to establish semantic or counterfactual objectives that then guide

the denoising trajectory towards intended causal or semantic results without modifying the generator parameters. SynMotion [164] introduces semantic guidance by first breaking down textual descriptions into motion-relevant components with the help of an auxiliary semantic model. This decomposition allows finer control over motion patterns during sampling. In a more constrained setting, DiffPhy [165] takes a different approach: it relies on external physical rule checkers to evaluate intermediate latent states and filters out trajectories that violate inferred physical laws. Together, these methods illustrate how auxiliary models can act as validators that shape generation behavior at inference time.

6.2. Iterative Refinement and Self-editing

Complementing guidance-based steering, inference-time iterative refinement optimizes generation through feedback-driven adjustments. By applying cyclic updates to intermediate representations without modifying model parameters, these approaches improve temporal consistency, motion accuracy, and structural coherence. This perspective highlights the possibility of regulating generation behavior through closed-loop refinement alone.

Inference-Time Iterative Refinement and Self-Correction. Inference-time iterative refinement operates through multi-step feedback loops that progressively revise intermediate representations or generation plans during sampling. By iteratively correcting intermediate states, these methods address motion errors, temporal artifacts, and structural inconsistencies without updating model parameters. Feedback may be applied directly in latent space or at a higher-level planning and verification stage, enabling refinement at both fine-grained spatiotemporal details and long-horizon generation behavior.

At the latent level, DragVideo [31] uses iterative motion supervision on noisy latents to align generated motion with user-defined point trajectories, enabling precise spatiotemporal control. DFVEdit [167] instead relies on cyclic latent updates for zero-shot video editing, where latent representations are repeatedly refined to achieve the desired edits without any model retraining. FlashI2V [168] takes a complementary direction by revisiting the initialization strategy. By gradually shifting the initial noise distribution during inference, it mitigates conditional image leakage and produces smoother, more consistent motion. Beyond latent manipulation, self-correction mechanisms introduce recursive feedback at the planning or reasoning level. MotionAgent [169] adopts an agentic framework in which the model performs a "rethinking" step to verify motion alignment and iteratively adjust generation plans, enabling more robust long-horizon motion consistency through closed-loop inference-time feedback.

Cascaded and Multi-Stage Refinement. Cascaded and multi-stage refinement structures inference into successive stages, where early stages establish coarse motion and layout and later stages focus on refining local interactions and visual details [314, 315]. By separating global dynamics from fine-grained refinement, this design reduces the accumulation of early motion errors that often degrade long and complex video generations [302]. iDiT-HOI [170] exemplifies this paradigm with a two-stage diffusion transformer that first captures coarse motion patterns and then refines complex hand–object interactions, leading to improved temporal coherence and physical plausibility. More generally, cascaded refinement architectures assign distinct semantic or temporal roles to different stages, allowing later stages to condition on stabilized intermediate representations rather than raw noise, which improves robustness in long-horizon generation. Compared to iterative refinement methods that rely on cyclic feedback and correction, cascaded refinement adopts a feed-forward, stage-wise inference paradigm, trading iterative flexibility for improved stability and more predictable computational cost. Overall, staging inference in this way provides coarse-to-fine control without sacrificing inference-time efficiency.

7. Datasets, Benchmarks, and Evaluation Protocols

Takeaways

- Post-training and alignment datasets encode alignment objectives explicitly, providing targeted supervision for instruction following, temporal consistency, identity preservation, physical plausibility, and preference modeling beyond large-scale pretraining data.
- Benchmarks for video generation alignment are increasingly organized by alignment dimensions, separating instruction adherence, long-horizon temporal coherence, and physical plausibility to enable more diagnostic and complementary evaluation.
- Evaluation protocols are commonly grouped into three categories: automated metrics, learned evaluators, and human judgments, each serving distinct roles within the evaluation pipeline.

While post-training methods determine how video generation models are optimized, datasets, benchmarks, and evaluation protocols define what it means for a model to be aligned in practice. Datasets encode alignment objectives through structured supervision, benchmarks translate these objectives into concrete evaluation targets, and evaluation protocols specify how aligned behavior is measured and compared. Rather than serving as passive resources, these components shape how post-trained video generation models are developed, diagnosed, and evaluated.

7.1. Post-training Datasets

Post-training and alignment of video generation models depend not only on optimization methods, but also critically on the datasets that encode alignment signals. Unlike large-scale pretraining corpora that prioritize coverage and diversity, datasets used for post-training emphasize specific alignment objectives. Accordingly, they can be categorized by the type of alignment signal they provide, including instruction-following supervision, temporal consistency and identity preservation, physics- and reasoning-oriented constraints, and preference signals derived from either synthetic or real videos.

Instruction-following datasets. Instruction-following datasets aim to ensure that generated videos accurately reflect user intent expressed through textual descriptions and, when available, structured conditions [171–173]. Representative examples include TIP-I2V [174], which collects millions of real-world text and image prompts from user interactions, capturing realistic prompt distributions that differ substantially from those of curated captions. Such datasets are particularly valuable for aligning image-to-video models with user intent, as they expose failure modes arising from incomplete, underspecified, or noisy prompts. Beyond purely textual supervision, MMVideo [175] pairs text prompts with densely aligned multimodal annotations covering geometry, appearance, and semantics. This form of supervision translates instructions into executable constraints, enabling post-training methods to improve semantic adherence, controllability, and robustness under diverse instruction formulations. Together, these datasets support post-training strategies that improve instruction adherence while maintaining robustness under diverse prompt formulations.

Temporal consistency and identity datasets. A second class of datasets focuses on inherently temporal alignment objectives, such as long-range coherence, motion stability, and identity preservation [176–178]. Because small frame-level errors can quickly accumulate into perceptual artifacts, these datasets are designed to stress-test temporal consistency and provide supervision that penalizes such failures. OpenHumanVid [179] exemplifies this category by focusing on human-centric videos

Table 4 | Datasets used for training in video generation post-training and alignment.

Name	Size	Tasks	Link
ChronoMagic-Pro [194]	460,000	High resolution time-lapse video.	🤗
SafeSora [182]	57,333	Human preference text-video pairs for safety and value alignment.	🤗
CookGen [178]	200,000	Long-form narrative generation in the cooking domain.	🤗
HOIGen-1M [177]	1,000,000	Human-object interaction videos.	🤗
TIP-I2V [174]	1,700,000	User-driven text-image prompt dataset for image-to-video generation.	🤗
SynFMC [316]	62,000	Camera-object motion control for video generation.	🤗
PhyWorld [317]	6,000,000	Physics-simulated video prediction dataset.	🤗
OpenS2V-5M [176]	5,000,000	High resolution subject-text-video triples.	🤗
EgoVid-5M [180]	5,000,000	Egocentric videos with action annotations.	🔗
VideoUFO [172]	1,091,712	User-focused topic-aligned text-video pairs for text-to-video generation.	🤗
WISA-80K [54]	79,500	Physics-aware text-to-video generation.	🤗
CI-VID [173]	340,000	Coherent sequence of video clips with text captions.	🤗
OpenHumanVid [179]	52,300,000	Human-centric text-video pairs with fine-grained appearance and motion.	–
TalkCuts [195]	164,000	Multi-shot human speech videos.	–
GRADEO-Instruct [318]	3,300	Human-annotated video-rationale-score triples.	–
MMVideo [175]	350,000	Hybrid real-and-synthetic dataset aligned across modalities and captions.	–
Dprim [181]	32,000	Primitive-level embodied video prediction for robotic world modeling.	–
DAVID-X [183]	747	Defect-annotated explainable AI-generated video detection dataset with spatiotemporal evidence and rationales.	–
PairFS-4K [196]	4,000	Two-person figure skating video dataset.	–
PNData [171]	296,960	Prompt-random-noise-refined-noise triples.	–

that require consistent appearance and articulation across diverse motions and viewpoints. EgoVid-5M [180] refines the temporal alignment objective to egocentric video generation, where first-person camera motion is tightly linked to action dynamics. EgoVid-5M reveals temporal failure patterns frequently overlooked in more generic datasets through careful kinematic control signals, detailed action annotations, and comprehensive data cleaning. ViMoGen-228K [319] offers an alternative perspective by emphasizing motion diversity and generalization, promoting expressive dynamics while ensuring temporal stability. Together, these datasets serve as important sources of alignment supervision for post-training methods aimed at reducing temporal drift while preserving motion realism and identity consistency.

Physics and reasoning datasets. Beyond perceptual coherence, an emerging class of datasets targets physical plausibility and causal consistency, reflecting the growing interest in video generation models as world simulators. These datasets encode alignment objectives that extend beyond appearance and motion, emphasizing whether generated videos adhere to basic physical laws, object interactions, and cause-and-effect relationships. Datasets such as WISA-80K [54] introduce physics-aware supervision by constructing videos that reflect structured world dynamics, which helps post-training methods better align generated outputs with physical constraints. In more embodied, domain-specific scenarios, datasets such as Dprim [181] go a step further by linking video generation to action-conditioned world transitions. In these settings, physical consistency is evaluated alongside downstream tasks such as robotics. These datasets play a crucial role in supporting reinforcement learning and preference-based alignment methods that rely on verifiable, rule-based signals rather than purely subjective judgments.

Synthetic versus real preference datasets. Finally, a distinct category of datasets provides preference-based alignment signals by contrasting synthetic and real videos, often with explicit annotations of failure modes. Rather than specifying how a video should be generated, these datasets define what constitutes undesirable or unacceptable outcomes, making them particularly useful for alignment diagnosis, evaluation, and preference optimization. SafeSora [182] exemplifies this direction by collecting human preference annotations focused on safety and value alignment in text-to-video generation. More diagnostically oriented datasets, such as DAVID-X [183], pair AI-generated and real videos with fine-grained spatio-temporal defect annotations and natural language rationales. Although such datasets are rarely used to directly train video generators, they provide valuable preference signals that inform post-training strategies, reward modeling, and evaluation protocols. By annotating identity inconsistencies, motion anomalies, and physically implausible behaviors, synthetic-versus-real datasets facilitate alignment of automated training objectives with human judgment.

7.2. Benchmarks by Alignment Dimensions

Unlike datasets, which mainly specify the source and structure of supervision, benchmarks translate alignment goals into concrete evaluation targets. In video generation, benchmarks are increasingly designed around specific alignment dimensions rather than comprehensive quality assessment. As a result, they tend to isolate particular aspects of aligned behavior, such as instruction adherence, temporal coherence, or physical plausibility. This dimension-oriented perspective clarifies how different benchmarks capture complementary aspects of alignment and enables more meaningful comparisons across methods.

Instruction-following and controllability benchmarks. Benchmarks in this category emphasize semantic correctness and controllability, assessing whether generated videos adhere to certain instructions about subjects, actions, scene setup, and audio outputs [41, 185–190]. This class of benchmarks is especially important for post-training evaluation, since instruction-following failures often persist even when visual fidelity appears high. Representative benchmarks include OpenS2V-Eval [176], which evaluates subject-to-video generation by measuring whether models preserve subject identity and attributes specified in the input. In addition, domain-structured benchmarks such as RecipeGen [191] and CineTechBench [192] assess instruction execution under procedural or cinematic constraints, while TAVGBench [193] extends instruction-following evaluation to multimodal settings by jointly considering audio and video outputs. Together, these benchmarks frame instruction adherence as a distinct alignment dimension, making it possible to analyze how effectively models translate intent into controlled video generation.

Temporal consistency and identity preservation benchmarks. Temporal alignment benchmarks evaluate whether video generation models preserve coherent structure over long durations. Rather than prioritizing immediate semantic accuracy, these benchmarks emphasize temporal consistency

and examine whether models maintain stable dynamics across frames, shots, or narrative segments. This perspective is reflected in benchmarks that target different forms of long-horizon coherence. ChronoMagic-Bench [194] evaluates text-to-time-lapse generation under strong physical priors, such as biological growth or physical transformations. It measures metamorphic amplitude and temporal coherence, rather than appearance stability alone. For multi-character interaction settings, DanceTogether [196] introduces TogetherVideoBench. This benchmark specifically evaluates identity-action binding, assessing the model's ability to maintain distinct identities during complex, extended interactions. Together, these benchmarks highlight long-horizon temporal alignment as a multi-faceted objective, spanning physical progression, cinematic continuity, interaction stability, and narrative coherence.

Physical plausibility and world-model benchmarks. Physical plausibility benchmarks target alignment objectives that extend beyond perceptual coherence. Rather than asking whether a video looks consistent over time, these benchmarks assess whether the depicted dynamics match real-world expectations [197–199]. This line of work is motivated by viewing video generation models as implicit world simulators. Representative benchmarks in this category are often grounded in task-oriented or embodied settings. WorldSimBench [200] evaluates whether generated videos support world simulation. It combines human feedback with downstream video-to-action or agent-centric evaluations to test whether the dynamics are actionable and physically meaningful. In a similar spirit, Drive&Gen [201] evaluates physical plausibility through domain-specific tasks such as autonomous driving. In these settings, violations of physical consistency directly degrade downstream performance. Unlike preference-based or purely perceptual benchmarks, these evaluations rely on structured criteria and verifiable outcomes. This makes them particularly compatible with reinforcement learning and verification-driven alignment methods.

7.3. Evaluation Protocols and Metrics

While benchmarks define which aspects of alignment are evaluated, evaluation protocols and metrics determine how those aspects are measured and compared. In video generation, evaluation typically draws on multiple sources of evidence, ranging from automated metrics to learned evaluators and human judgments. Each approach rests on different assumptions about perceptual quality, semantic correctness, and temporal coherence. As a result, no single evaluation protocol is sufficient to cover all alignment dimensions.

Automated metrics. Automated metrics form the backbone of evaluation protocols in video generation, offering scalable and reproducible evaluation. Early methods largely borrowed metrics from image generation and video compression, such as FID [320], SSIM [321], PSNR [321], and LPIPS [322]. These metrics measure visual similarity or reconstruction quality at the frame level. They are effective for evaluating low-level visual quality, but struggle to capture semantic correctness and temporal coherence. In particular, they either ignore cross-frame dynamics or treat videos as collections of independent frames. To better account for temporal structure, video-specific metrics such as FVD [323] are introduced. FVD is more sensitive to motion and temporal inaccuracies because it assesses distributions of video features rather than individual frames. However, it remains focused on visual realism and does not explicitly measure alignment with conditioning signals.

As video generation models increasingly emphasize text conditioning, later metrics incorporate vision-language representations [202–204]. These metrics assess text-video correspondence and overall perceptual quality at the clip level. VBench [184] exemplifies this direction by combining multiple automated signals into a unified evaluation pipeline. For example, visual quality is measured using perceptual similarity in learned feature spaces, semantic alignment is assessed through vision-language representations, and temporal consistency is approximated with motion-sensitive video

features. In this setting, automated metrics are rarely used in isolation. Instead, they are combined into standardized pipelines that capture complementary aspects of video-generation quality.

More recent approaches, such as VideoScore [205] and VideoScore2 [206], further extend automated evaluation through learned scoring models. These models are trained to approximate human judgments across multiple perceptual and semantic dimensions. Unlike hand-crafted similarity metrics, they aggregate heterogeneous cues into a single evaluative signal, while still being used primarily for evaluation rather than optimization. In addition to general-purpose metrics, some benchmarks introduce task-specific automated indicators to capture alignment dimensions that are poorly reflected by standard scores. For example, ChronoMagic-Bench [194] proposes MTScore and CHScore to assess metamorphic amplitude and long-range temporal coherence in time-lapse generation. They demonstrate that domain-specific metrics can supplement generic evaluation metrics when alignment targets are defined.

Learned evaluators. Beyond fixed metrics and aggregation-based protocols, recent work increasingly adopts learned evaluators to approximate human judgment in video generation. These evaluators vary in supervision sources, output formats, and inference mechanisms. However, they share a common goal: capturing alignment properties that are difficult to express with hand-crafted similarity measures. Existing approaches can be broadly divided into two categories. One group consists of reward-style evaluators that produce scalar scores [200, 324]. The other relies on LLM-based evaluators that provide explicit reasoning or generative feedback. Representative examples of reward-style evaluators is AnimeReward [149] and VideoReward [155], which are trained on human preference data to produce scalar scores reflecting perceptual quality and alignment. These models aggregate heterogeneous visual and semantic cues into a single reward signal, enabling scalable evaluation that correlates more closely with human judgment than traditional metrics. Although originally introduced for optimization and post-training, such reward models are also widely reused as evaluators due to their simplicity and effectiveness. However, their evaluations remain largely opaque, as alignment is summarized through numerical scores without explicit reasoning or interpretability.

More recent approaches leverage MLLMs as evaluators, treating evaluation as a reasoning or generation task rather than pure scoring [198, 207, 208, 325]. ETVA [209] exemplifies a reasoning-based LLM evaluator. It assesses text-video alignment through question-driven evaluation, enabling fine-grained checks of semantic attributes such as object existence, relations, and physical consistency beyond similarity-based metrics. Complementary to reasoning-based methods, AIGVE-MACS [210] represents a generative MLLM evaluator. It produces both aspect-wise scores and natural language feedback, framing evaluation as structured generation. This design improves interpretability and supports more diagnostic analysis of alignment quality.

Human evaluation and hybrid protocols. Despite advances in automated metrics and learned evaluators, human evaluation remains the reference standard for assessing alignment in video generation. This is especially true for visual realism, semantic precision, and overall preference. Common human evaluation protocols include absolute rating, pairwise comparison, and ranking-based judgments [202, 326]. In addition, recent work explores more efficient methods for scaling human feedback. Arena-style frameworks, such as K-Sort Arena [211], improve the robustness of preference-based benchmarking through structured comparison and probabilistic ranking. Importantly, these methods do not rely on automated evaluators. In practice, evaluation pipelines increasingly adopt hybrid protocols. Automated metrics and learned evaluators are used for large-scale screening and diagnostic analysis, while human evaluation is reserved for validation and final comparison. This hybrid paradigm balances scalability with reliability and reflects current best practices for evaluating aligned video generation models.

Table 5 | Representative benchmarks used for video generation post-training and alignment evaluation.

Name	Size	Tasks	Link
FETV [326]	618	Fine-grained and temporal-aware evaluation of text-to-video generation.	🤗
StoryBench [327]	6,000	Story-driven text-to-video generation evaluation	–
VBench [184]	–	Multi-dimensional video generation evaluation.	
ChronoMagic-Bench [194]	1,649	Time-lapse T2V generation; temporal coherence and metamorphic change evaluation.	🤗
EvalCrafter [202]	700	Text-to-video generation across diverse prompt types and multi-dimensional quality criteria.	🤗
TAVGBench [193]	1,700,000	Text to Audible-Video Generation.	🤗
T2VSafetyBench [328]	4,400	Text-to-video model safety assessment.	–
MTBench [329]	100	Motion transfer task evaluation.	🤗
FiVE [325]	100	Fine-grained text-guided video editing evaluation.	🤗
StoryEval [330]	423	Story-level multi-event text-to-video generation evaluation.	
MJ-BENCH-VIDEO [331]	10,842	Fine-grained video preference evaluation.	🤗
OpenS2V-Eval [176]	180	Subject-consistent video generation.	🤗
Doc2Present [190]	30	Document-to-presentation video generation.	🤗
VideoPhy [198]	688	Physical commonsense for real-world activities assessment.	🤗
T2V-CompBench [189]	700	Compositional text-to-video generation.	🤗
VEG-Bench [41]	132	Instructional video editing.	🤗
VMBench [188]	1,050	Human perception-aligned motion evaluation.	🤗
VidCapBench [187]	643	Text-to-video generation video caption evaluation.	🤗
VideoGen-RewardBench [155]	26,500	Annotated prompt-video pairs for reward model evaluation.	🤗
Verse-Bench [332]	600	Joint audio-video generation evaluation.	🤗
AIGC-LipSync [333]	615	Audio-driven video lip synchronization evaluation.	🤗
DisenStudioBench [274]	1,500	Customized multi-subject text-to-video generation.	–
TC-Bench [197]	270	Temporal Compositionality of video generation assessment.	–
HVEval [334]	20,000	Human-centric videos generation.	–
PhyGenBench [234]	160	Evaluate physical commonsense correctness in text-to-video generation.	–
Video-Bench [186]	419	Human-aligned video generation.	–
AIGVQA-DB [208]	36,576	Text-to-video model capability assessment.	–
ETVABench [209]	2,000	Textvideo alignment evaluation.	–

8. Challenges and Future Directions

Despite rapid progress in post-training and alignment techniques for video generation models, significant challenges remain before these systems can achieve robust, controllable, and trustworthy deployment. Building on the methodological taxonomy presented in Sections 3–7, we outline key open problems and promising research directions across supervised post-training, preference learning and reinforcement learning, self-training and distillation, inference-time alignment, as well as cross-cutting challenges in evaluation, benchmarking, and safety.

8.1. Supervised Post-Training

Decoupled Appearance and Motion Representation. Supervised post-training often exposes a tight coupling between appearance and motion representations in video generation models. Adapting models to new motion patterns can unintentionally alter identity and visual consistency [22, 65]. To mitigate this issue, existing work seeks to decouple motion dynamics from appearance, typically via disentangled representations or specialized conditioning mechanisms [64, 86]. However, these approaches reveal an inherent trade-off between preserving identity and learning new motion patterns. In modern video generators, spatiotemporal latent structures are highly shared. As a result, motion, texture, and identity remain tightly coupled during optimization, making full disentanglement difficult in practice. Future research may explore dual-branch or multi-stream post-training methods that separate appearance and motion pathways.

Long-horizon and Multi-stage Instruction Alignment. Current supervised post-training methods are typically optimized for short video clips of a few to tens of seconds. Consequently, models often experience challenges with following long-horizon or multi-stage instructions [292]. Over time, movements start to drift, details get blurry, and the background shifts unnaturally [112, 285]. This makes the video inconsistent and causes it to ignore the original prompt. Prior work has explored hierarchical planning or long-context tuning to extend temporal coherence [50, 84, 85]. However, these methods are often computationally expensive and struggle with complex causal reasoning and long-term temporal dependencies. One possible direction is to use MLLMs as high-level planners that translate user intent into structured generation plans. In parallel, more efficient generation mechanisms are needed to scale to long videos. For instance, dynamic token routing could help reduce redundancy during long-context generation.

8.2. Preference-based and Reinforcement Learning

Reward Limitations for Motion and Physical Plausibility. Preference-based and reinforcement learning methods reveal systematic limitations in reward design for video generation. Existing reward formulations tend to favor visually sharp and temporally stable outputs, implicitly encouraging conservative generation behaviors that suppress motion dynamics in video generation models [18]. In addition, most reward signals operate at the video level and rely on holistic preference judgments, which limit their sensitivity to localized temporal failures [145]. As a result, subtle but important physical errors, such as sliding motion or object interpenetration, are often missed, even though they greatly reduce physical plausibility [138, 141, 158, 234]. A promising direction is to incorporate physics-grounded reward signals that complement perceptual rewards [141]. These rewards can be derived from auxiliary physical constraints or verification signals. In parallel, supervision can move from holistic video-level labels to finer segment-level rewards [147]. This shift enables more localized credit assignment during optimization. With finer-grained rewards, optimization algorithms can penalize a specific time step rather than the entire generated video.

Inefficiency and Instability in Video Reinforcement Learning. Preference-based and reinforcement learning methods also face fundamental challenges in sample efficiency and training stability when applied to video generation. Video generation is inherently expensive. Constructing paired samples for preference optimization or performing online sampling for reinforcement learning quickly becomes prohibitive at scale [150]. In addition, video trajectories are long and high-dimensional. This often leads to high optimization variance, resulting in unstable training or convergence to overly conservative solutions [133, 151]. Together, these issues make it difficult to directly apply standard reinforcement learning pipelines to video generation at scale. One promising direction is to improve the efficiency of reinforcement learning, for example, by reusing previously generated samples via off-policy optimization or by operating directly in the latent space to reduce decoding cost [155].

8.3. Self-training and Distillation

Model Collapse and Error Accumulation in Self-training. Self-training on model-generated videos carries a risk of model collapse. Repeatedly training on self-produced data can reduce diversity and reinforce existing biases. In long video generation, this problem becomes more severe. Small errors introduced early in the video can accumulate over time and gradually dominate later frames [112]. A promising direction is verifier-guided self-evolution, where self-training is paired with an explicit verification stage [85, 169]. In this setting, generated videos in earlier steps are first evaluated by a verifier, such as a critic or world model, and only verified or corrected samples are reused for training [130, 165]. This closed-loop design refines model behavior while limiting error accumulation.

Temporal Consistency Loss in Distillation. Distilling diffusion-based video generators from hundreds of denoising steps to only a few inference steps often harms temporal smoothness and motion continuity. This typically leads to flickering artifacts or abrupt motion changes. Recent studies suggest that this issue arises because many distillation methods rely on distribution-level matching and overlook the temporal trajectories of the generation process [116, 118]. One promising direction is trajectory-aware adversarial distillation, which combines adversarial supervision on temporal coherence with trajectory- or flow-based matching objectives. Beyond accelerating inference, future distillation methods should aim to teach the student model a temporally consistent velocity field that stays aligned with the teacher's generation dynamics [119].

8.4. Inference-Time Alignment

Limited Generality of Gradient-based Inference Guidance. Most inference-time guidance methods steer video generation using classifier-based gradients. This usually requires training task-specific evaluators, which limits flexibility. It also makes it hard to incorporate high-level semantic reasoning or physical constraints. Some recent work explores gradient-free alternatives, such as using VLMs for semantic steering or external rule checkers for physical filtering [163, 165]. However, these approaches are often limited to predefined constraints or simple rejection strategies. A more ambitious direction is to use more powerful VLMs for agent-like control during generation [335, 336]. Instead of providing static guidance, the model actively reasons about the evolving video and intervenes when needed. In this setting, VLM monitors intermediate states and adjusts prompts, attention, or motion plans in real time. This allows it to enforce semantic and physical consistency during generation, without relying on task-specific fine-tuning.

Guidance Conflicts and Computational Overhead. Inference-time alignment methods often combine multiple forms of guidance, including text, object-level cues, and physical constraints. In practice, however, these signals can conflict with one another, which may lead to unstable generation or even collapsed outputs [27, 161]. In addition, many inference-time control strategies depend on iterative

latent updates or repeated sampling, substantially increasing inference latency and limiting their use in interactive or real-time settings [30, 31]. One potential direction is test-time search and planning, which approaches alignment through explicit lookahead or structured exploration instead of local gradient-based guidance. Rather than directly optimizing latent variables, future systems could first generate high-level plans or keyframes, assess their semantic and physical validity, and then selectively refine intermediate frames via backtracking or branching search [85]. Such a strategy may offer more stable multi-objective alignment while keeping computational costs under control.

8.5. Evaluation and Benchmarking Challenges

Cross-Paradigm Comparisons and Design Principles. While post-training and alignment methods have shown promise, their relative strengths remain poorly understood. Most studies evaluate these paradigms in isolation, making it difficult to derive general design principles for video alignment [112, 126, 151, 237]. Although recent benchmarks such as Video-Bench [186], VMBench [188], and VideoGen-RewardBench [155] attempt to standardize evaluation protocols, they are rarely used for systematic cross-paradigm comparisons across supervised, preference-based, and reinforcement learning approaches. Such analyses would enable principled choices among alignment strategies based on task requirements, temporal horizon, and available supervision, ultimately yielding more reliable and interpretable video-generation models.

Failure Modes and Trade-offs. Beyond evaluation, post-training methods for video alignment introduce systematic trade-offs that are often insufficiently analyzed. Objectives that strongly penalize temporal inconsistency can lead models to minimize motion altogether, producing overly static or rigid videos [18, 145]. Similarly, identity-preservation losses that tightly constrain appearance across frames can limit compositional generalization, making it difficult for models to handle novel interactions or scene changes [22, 86, 136]. Preference- and reward-based optimization introduces additional trade-offs. Optimizing for a learned reward can bias generation toward a narrow set of reward-aligned patterns, reducing diversity and, in some cases, leading to reward exploitation where perceptual quality improves while long-term coherence or realism degrades [141, 147, 150]. These issues are not isolated failures but recurring behaviors induced by the optimization objectives themselves, including over-regularized motion, gradual temporal drift in long-horizon videos, and overspecialization to the proxy metrics used during training [292, 337]. Progress in video alignment, therefore, requires not only reporting aggregate performance gains but also systematically analyzing failure cases and regressions introduced by alignment objectives, especially outside controlled benchmark settings.

9. Conclusion

This survey reviews the emergence of post-training as a new trend in video generation, where the focus has gradually shifted from pure pre-training to targeted alignment and optimization. By combining supervised fine-tuning, preference- and reward-based methods, self-training, and inference-time control, recent approaches have improved controllability, temporal coherence, and alignment with user intent. Despite this progress, several fundamental challenges remain. Key issues include the tight coupling between appearance and motion during post-training, limitations in long-horizon and multi-stage instruction-following, reward and preference signals that fail to capture motion and physical plausibility, and the inefficiency and instability of preference-based and reinforcement learning on high-dimensional video trajectories. Future research will likely depend on more efficient optimization algorithms, stronger grounding signals, and a tighter integration between training-time alignment and inference-time computation. Progress along these directions will be crucial for building more robust and general-purpose video intelligence.

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