By the definition in the textbook, we know that the effective (absolute) interest rate of a given investment of duration T = 10 years is the rate R such that

$$(1+r\delta t)^{\frac{T}{\delta t}}I_0 = I_F = (1+R)I_0$$

Then we know that $I_0 = 11$ Gils, $I_F = 15$ Gils and T = 10 years, we can get (with 2 decimal digits)

$$R = 0.36$$

So the absolute interest rate is 0.36.

We know the value of bank account with the nominal interest rate r and compounding period δt is

$$C_t = (1 + r\delta t)^{\frac{t}{\delta t}} C_0$$

With r=2 %.year⁻¹, $\delta t=6$ months = 0.5 year, $C_0=10$ Gils and t=1 year. Then we get (with 0 decimal digit)

$$\boxed{C_t = 10 \; Gils}$$

So the value of my bank account when I close it which is 1 year later is 10 Gils (with 0 decimal digit). That means I almost cannot get any profit from the bank. And if it is necessary to count with the profit, it is too small respect to $C_0 = 10$ Gils.

This question require us to calculate the present value. According to the formula

$$C_t = (1 + r\delta t)^{\frac{t}{\delta t}} C_0$$

This time we have $C_t = 10$ Gils, r = 1% per period and $\delta t = 1$ months $= \frac{1}{12}$ year. Then the result is (with 2 decimal digits)

$$C_0 = 9.80 \; Gils$$

That means $C_0=9.80$ Gils is the value $C_2=9.80$ Gils when 2 months after.

We can calculate the value of bank account after t = 1 year buying this two product represently. So we need to use the formula showed previously which is

$$C_t = (1 + r\delta t)^{\frac{t}{\delta t}} C_0$$

Since $t = t^A = t^B = 1$ year, $C_0 = 10$ Gils. Next we calculate the value represently.

1. Bank A

We can get that (with 3 decimal digits)

$$C_t^A = (1 + 1\% \cdot \frac{1}{6})^6 \cdot C_0$$

= 1.01004 × 10
= 10.100 Gils

2. Bank B

We can get that (with 3 decimal digits)

$$C_t^B = (1 + 2\% \cdot \frac{1}{4})^4 \cdot C_0$$
$$= 1.02015 \times 10$$
$$= 10.202 \ Gils$$

So we can find $C_t^A = 10.100 \; Gils$, $C_t^B = 10.202 \; Gils$. Camparing this 2 value, we can easily find that $C_t^A < C_t^B$. So the product in bank B can get more value than in bank A. We can claim that the product in bank B is more advantageous.

According to the payoff formula about American call option which is

$$\xi = g(X_T) = (K - X_T)^+$$

If I exercise my option now with current price $X_0=100$ Gils and strike K=90 Gils I can get the payoff

$$\xi_0 = 10 \; Gils$$

Since the derivative is an American call option, and we can exercise is at any time, we can get the payoff $\xi_0 = 10$ Gils if we exercise now at t = 0.