how do you get penny stock returns but still cash in while you wait in this video i'll show you how to create a list of penny stocks that pay dividends we'll use a simple penny stock screener then narrow our list then i'll reveal seven penny stocks to watch that pay you while you wait we're talking penny stocks that pay dividends today on let's talk money hey bowtie nation joseph hogue here with the let's talk money channel i want to send a special shout out to all you out there in the nation thank you for spending a part of your day to be here if you're not part of that community yet just click that little red subscribe button it's free and you'll never miss an episode nation you know we love those penny stocks here on the channel from veriton to tell euron and ryerson even lagging elevate credit has produced a 100 plus return in less than a year but we also love us some dividends right and when your holding period for a penny stock is three to five years that's a long time to wait without getting paid and while most penny stocks don't pay dividends you can get both if you know where to look in this video we'll start with a simple stock screener to start our penny stocks dividend list i'll then show you what to look for and how to narrow your list and how to pick the best for return and cash flow then i'm going to reveal the seven penny stocks to watch for the best of both worlds i want to get started here and jump into those penny stocks but stick around because after those seven stocks i'm gonna highlight three dividend penny stock traps that you need to avoid now i'll start my penny stock list with the screener on weeble and we'll be using the app for research into each stock as well i'll start by filtering for stocks with a market cap under 500 million dollars but you can play around with this

and really anything under a billion dollar market cap and here i want to address this because i know i'm going to get

all kinds of comments there is no official definition for a penny stock the unofficial accepted basis is just a company under a billion dollar market gap

now those are the kind of small companies with that flexibility and that that potential for growth that we're looking for now what a penny stock definitely is not though is just a stock under like

five dollars or one dollar per share you see nation stock price really means absolutely nothing for the value of a company or its potential growth it's a simple function of the market cap of the company how much all those shares are worth and the number of shares issued for example siriusxm is a 26 billion dollar company absolutely huge and nobody would ever consider this a penny stock

but since it has 4.1 billion shares issued

each one trades for just six dollars and 32 cents each

now compare that with tiny little 98 million dollar webco industries a steal maker out of oklahoma with shares up 37 in the last year and really that penny stock potential for growth but because the company only has 887 000

shares issued each one trades for a hundred and ten dollars each so just don't think that penny stocks have to be low price low price stocks aren't cheap and high price stocks aren't

necessarily expensive to find that valuation

you need to be looking at things like that price to earnings or the price to sales

back to the screener though and next we're going to make sure that our list only includes dividend-paying stocks so we'll move this slider to include stocks that pay at least a one percent yield now that's the basics but i like to use this return on equity filter and the return on assets filter to find companies producing that positive return on its assets and on their equity it's just a quick way to narrow your list down to the top performing penny stocks

so we'll move these sliders on both of these to at least a positive return there are also some of these technical filters here and sometimes i'll use this rsi 24 oversold screener to find those stocks with

good technical upside but since i'm looking for these long-term holdings here i'm not going to worry about it now you can see how many stocks match your screener at the bottom and i can save my screen and it's going to keep updating anytime i click on it so i'll name this one penny stock dividends i'll be putting all seven of these penny stocks into my paper portfolio on weeble to follow

i like the research here i get with weeble but i love the stock simulator feature

the app gives you a million dollars to use in that paper portfolio to track your favorite ideas before you invest real money i'll leave a link to weeble in the video description below use that link and you'll get up to two free shares of stock worth up to sixteen hundred dollars when you open an account and make your first deposit you'll get two free shares a great app for investing and you'll be supporting this channel so i thank you for that now i'm gonna show you the seven dividend paying stocks next but what you're going to notice

is that there's a lot of regional banks asset managers and then business development companies those bdcs on the list

now these aren't going to be those 10x kinds of penny stocks that you might expect

but they can still produce a high return and strong cash flow while you wait in fact the seven stocks that i'll show you averaged a 65 return over the past year and a dividend yield more than twice the market average now the question is though and i want to get your opinion on this would you rather have that higher potential growth and maybe a penny stock company that doesn't pay dividends or still solid returns and that annual dividend with it so scroll down and let me know in the comments below dividends plus growth or maybe just that higher growth our first penny stock here 377 million dollar masabi trust ticker msb a steel royalty trust paying a 4.8 dividend and up 105 over the last year masabi is an amazingly simple investment the company has a royalty investment in mines operated by north shore mining a subsidiary of cleveland cliffs so north shore mines the ore processes it into pellets and then sends it off to cleveland cliffs and then pays missabe royalties based on the selling price so musabi just has no operational duties or costs here it's just a trust that receives those royalties that means the return here is going to be a function of iron ore prices which are at multi-year highs but still below the peaks we saw in 2008 goldman sachs believes we could be heading into a new commodity super cycle and if we get even part of that proposed three trillion dollar infrastructure bill my guess is prices are going to go much higher and this stock will climb further capital southwest ticker cswc is a 433 million dollar business development company formed in 1961 and specializing in credit private equity and venture capital to mid-market and late-stage companies so the business model for these bdc's is that there's a funding hole for the mid-size businesses now small business owners can go to their local banks and the big dogs can get bond funding or just issue shares in the stock market but for companies right around that sweet spot of say 20 to 40 million

dollars in annual revenue they go to these business development companies for their lending and their equity investments capital southwest pays a great dividend of 7.6 and has a history of regular supplemental and special dividends even last year it was able to keep up that regular and supplemental dividend stream

shares have climbed 140 over the last year and the average debt yield on the company's loans is 9.9 percent which and this is something you always want to check when you're investing in bdc's you want to compare the weighted average yield the company collects on its loans

9.9 in this case against the dividend yield because that's your measure of dividend sustainability is the amount that the company is collecting on its loans above what it pays out shares are trading at a price of 1.3 times on that book value so a little more expensive compared to some of the other financial companies we'll see on the list

but a solid dividend and a price return now you're going to hear me use that price to book value ratio with a lot of these so i want to explain why most of you are probably familiar with hearing a price to earnings ratio used to value a stock

the price per share investors are paying compared to the earnings per share that the company is generating for financial companies though so these bdcs and the banks

that book value of all their loans and their other assets is

much more important so we look at the price to book value for a more accurate comparison

next on our penny stock dividends list is a popular one gladstone investment corporation ticker g-a-i-n now this is a 400 million dollar private equity fund that also does some lending so that business development corporation model and the company focuses more on the equity investment side though with a target of

25 equity and 75 debt in the companies that it works with gladstone has a diversified portfolio across 28 companies in 13 industries so good diversification here that means if there's trouble in one industry or a company it's not going to totally break the portfolio shares pay a 6.9 dividend yield with annualized distribution growth around 2 percent not including the supplemental distributions it's been paying now even last year the company was able to pay that regular dividend plus a 21 cents per share extra dividend shares are up over 71 in the last year and trade for a price of 1.09 times book value we've still got four more penny stocks to highlight but i want to personally invite you to join the daily bow tie my free daily market newsletter with all the stock market news strategies and trends you need to follow it's absolutely free just something i like to offer for everyone out there in the community so look for the sign up link in the video description below next on our penny stocks list 170 million dollar regional bank pins woods bank court ticker pwod with 27 branches in pennsylvania under the issb and lose aaron bank names pins pinswoods has a net interest margin of 2.9 which is just under the pure average of 3.2 percent and and remember that's the core profitability measure for a bank that net interest margin is the difference that a bank collects and what it charges on its loans and what it pays out on savings so i think there's room to increase this for pens woods now the loan to deposits ratio is also a little lower at 90 percent loans to deposits under the peer average of 93 percent so what you have here is some potential there to make more loans at higher profitability and those of you

in the bowtie nation know stocks in the

financial sector are some of my

favorites for the year because as those long-term interest rates rise banks are going to make more money on their new loans and shares here pay a 5.4 dividend yield and are up 20 but still trade for just 1.04 times on that price to book value this next penny stock gives us a little diversity from that banking and the bdc theme 212 million dollar waco group ticker w-e-y-s waco is the company behind florsheim nun bush stacey adams and the boggs brands

of footwear selling through its own stores as well as other retailers florsheim is one of my favorite brands for shoes and with the retail spending boom coming this year

sales should do really well shares of waco pay a 4.2 percent dividend yield and are up 20

over the last year but traded just 1.1 times on a trailing sales basis which is a good value for a retailer lc and b corporation ticker

lc and b is a 224 million dollar regional bank

with 33 branches across ohio formed in 1877. now if you've been following the channel you know one of the things i'm tracking in bank stocks this year is the amount that the company set aside last year in its loan loss provisions now this is like a cash reserves account that the company creates just in case those loan defaults get bad

in a recession

the company takes that money out of its operating profits and sets it aside on the balance sheet well what we've seen is that those loan defaults haven't jumped like the banks thought all that stimulus money saved small businesses from the worst of the nandemic

so banks have billions of dollars set aside in this rainy day fund when everything looks bright and sunny lcnb set aside more than two million dollars in 2020 nearly 10 times what it had set aside the year before

so if it now decides that it doesn't need all that money set aside even if it moves just one and a half million back to earnings that could be an extra 12 cents per share for distribution shares pay a 4.24 dividend yield and are up 62 percent in the last year now lcmb is also one of the least expensive stocks here trading at just point nine three times on that price to book value topping out the list before i share those three penny stock dividend traps is a 129 million dollar union bank shares ticker unb unb runs 20 branches in vermont and new hampshire and despite the pandemic reported record earnings last year to a net income of 12.8 million dollars loan loss reserves increased here as well up 2.1 million dollars which if released back into earnings would be another 47 cents a share in profits the shares pay a 4.6 dividend yield and are up 40 percent in the past year though this is one of the more expensive stocks on the list at 1.59 times on that price to book value now don't click out i want to show you those three penny stock dividend traps because i see so many investors falling for these and they will destroy your returns first here is only looking for the highest yielding dividends nation we've tried to juggle that dividend cash flow and the potential for penny stock returns with these seven stocks on the list but there is a trade-off if a company is paying out an eight percent plus dividend then there's a good chance it's not saving much for earnings to fuel that stock growth with any company management has to make that decision between returning cash to shareholders or investing for the future we've seen with this list of penny stocks that you can find that happy middle ground for both next here in our penny stocks traps is investing only in those banks or the bdcs yes the majority of these dividend-paying penny

stocks you're going to find are going to be from the one of those two industries either banks or business development corporations

investing just in these though sets you up for a fall if the interest rates fall or if the economy tanks so make sure that you're investing in other types of companies like we did in the list

this next one is a trap for all dividend investors stocks that offer higher yields

only because the price has fallen now the penny stocks in our list have all seen higher stock prices but do your own search

and you're going to see some tempting dividend yields of 10 and even higher you absolutely have to check the graph of the stock price here for example shares of the geo group here look great with a 12

dividend yield until you look at the chart and see the stock has dropped 32 in the last year wiping out your entire dividend return and then some that high dividend yield is probably unsustainable and could be cut so make sure you're investing in strong companies not just high dividends click on the video to the right for the seven self-driving stocks to buy before that autonomous vehicle revolution seven stocks that will change the way you think about cars don't forget to join the let's talk money community by tapping that subscribe button and clicking the bell notification