



Social

Media

Security

Guide



01 Account Security

- Use Multifactor Authentication (MFA)/2 Factor Authentication (2FA) to secure your accounts

- Do not use social media accounts to log into other services/do not allow 3rd party access

- Have separate accounts for specific purposes (i.e. personal and professional)



Use blocklists to your advantage, regularly go through and clean your social media posts, and block at your discretion



02 Photos/Selfies

- Ask before taking pictures that include others

- Check for anything identifiable in photos you take (i.e. license plates, reflections, mail, keys)

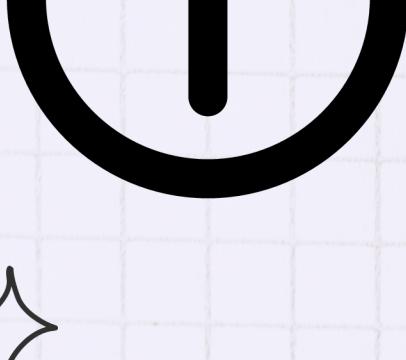
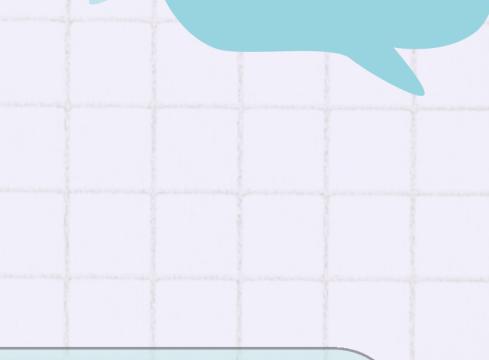
- Try not to post while at an event (wait at least 30 minutes after) or within 5 miles of your home.

If posting at/about a location don't post an exact address, use the nearest large city or venue

03

Messaging

- Know who you're talking to. Anyone can be an "expert"(tm) on the internet.
- Social media is not a secure messaging platform. For sensitive conversations use a secure messaging app such as Signal
- Watch out for bots or accounts that ask for money or personal information



04 More Info

- RAINN: <https://rainn.org/safe-media>

- National Cybersecurity Centre: <https://www.ncsc.gov.uk/guidance/social-media-how-to-use-it-safely>



Sources

CISA Staying Safe on Social Networking:
<https://www.cisa.gov/news-events/news/staying-safe-social-networking-sites>

National Cybersecurity Alliance:
<https://www.staysafeonline.org/articles/share-with-care-staying-safe-on-social-media>

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