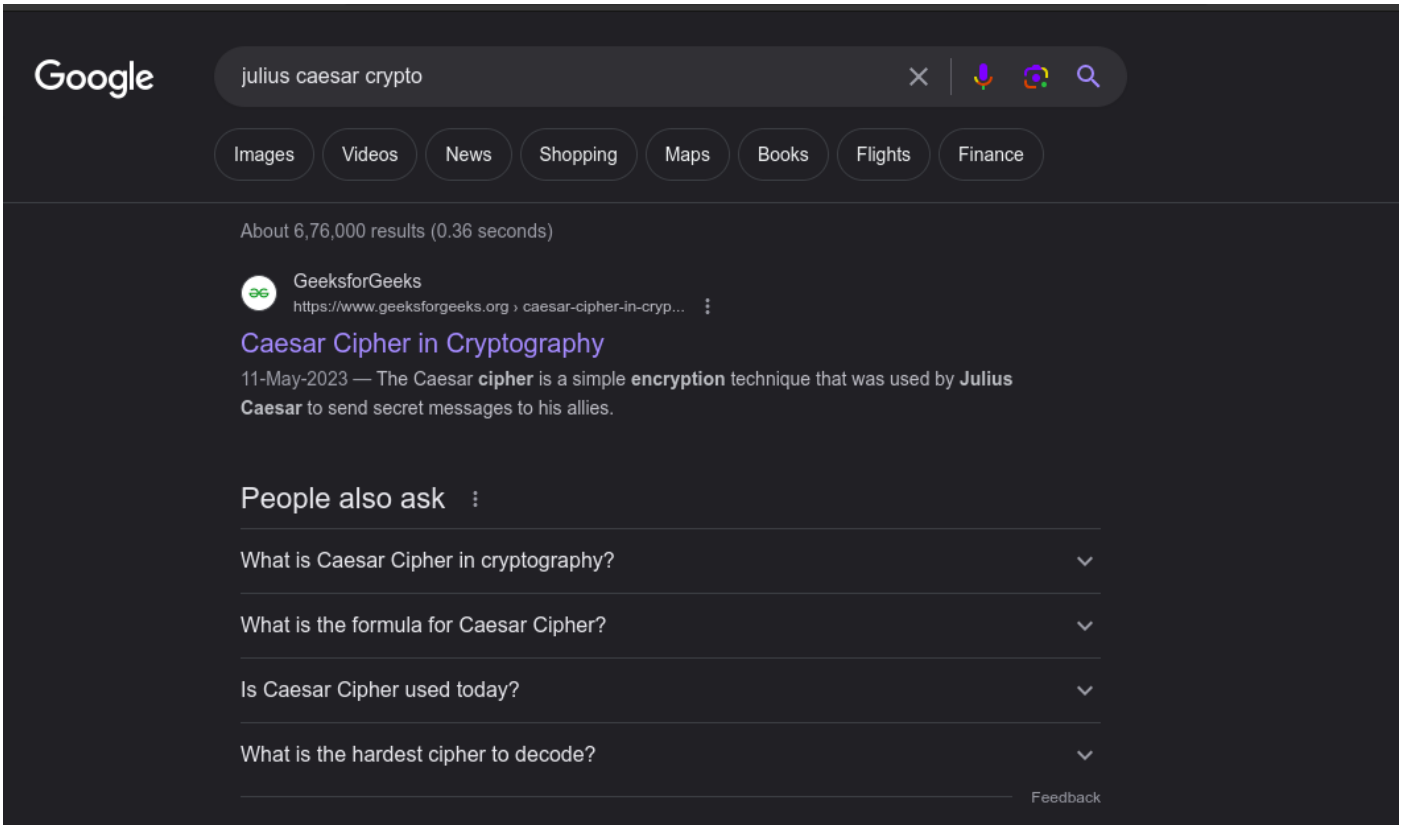
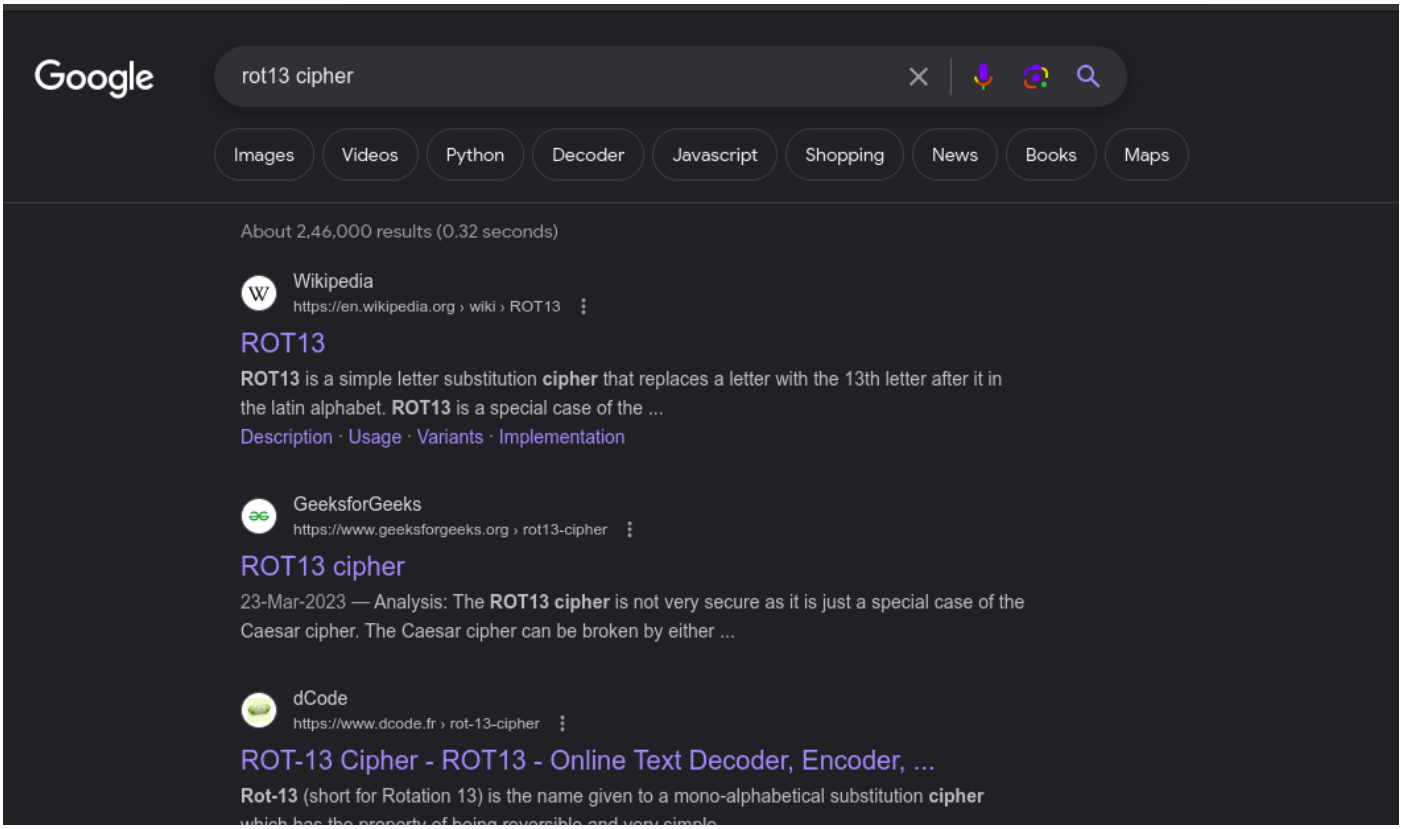
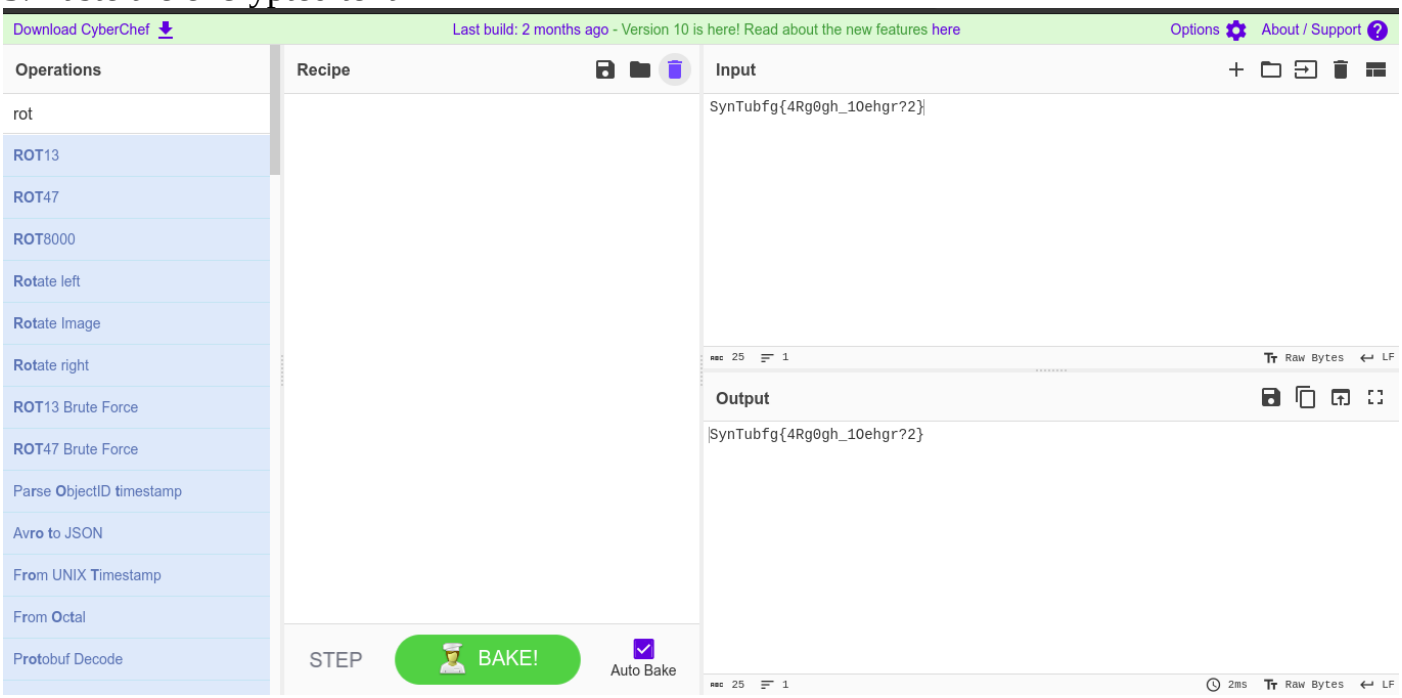
1. From the given hints:
    a) Rotation
    b) Rot 13

And by doing some google search we can assume that this challenge is based on Rot-13/ Caesar Cipher





2. Go to Cyber Chef: https://gchq.github.io/CyberChef/
3. Paste the encrypted text



4. Under the Operation tab serach for rot13 and darg it to Recipe tab