

# Safe Social Media Use



# Introduction

- Social media helps us stay connected with loved ones.
- Platforms like Facebook and Instagram are popular.
- It's important to use privacy settings and share thoughtfully.

# Lock Down Your Privacy Settings



Use Social Media sites Privacy settings to control who sees your posts.



Set profile details to 'Friends Only'.



Review and adjust default public settings.

# Be Careful About Personal Information



Avoid posting full address, phone number, or financial info.



Limit sharing of birth date and vacation plans.



Be cautious of details in photos (e.g., house number, license plate).



Remember what you share can be used to find you, or used as knowledge for people to try to scam you.

# Recognize Fake Friend Requests and Profiles

1

Only accept requests from people you know.

2

Watch for duplicate requests from existing friends.

3

Ignore requests from strangers with suspicious profiles.

4

Verify odd messages from friends via phone call.

# Don't Overshare in Quizzes/Games

- Avoid quizzes asking for personal info like first car or maiden name.
- Scammers use these to gather data for identity theft.
- Skip overly personal 'fun' posts.

# Watch Out for Scam Posts and Ads

- Avoid clicking on suspicious links or offers.
- Verify sensational claims via trusted sources like Snopes.com.
- Be skeptical of 'too good to be true' posts.

# Use Strong Security on Your Accounts

- Use strong, unique passwords for each account.
- Enable two-factor authentication (2FA).
- Stay alert for unusual activity or login attempts.





## Think Before You Post or Comment

- Comments on public pages are visible to everyone.
- Avoid disclosing personal info in public comments.
- Assume anything online could become public.