Video Script: Connecting with Family Safely

Length: ~3 minutes

Audience: Older adults and caregivers

# Hook (0:00–0:15)

“In the next three minutes, I’ll show you how to video chat safely with family without the tech headaches.”

# Part 1: Update the app (0:15–0:45)

Open your app store. Search for Zoom/FaceTime/WhatsApp and tap Update if you see it.

# Part 2: Privacy basics (0:45–1:45)

Turn on meeting passwords or waiting rooms for group calls. Limit who can find you in settings. Decline calls from unknown numbers.

# Part 3: Safer habits (1:45–2:30)

Keep your app updated, and don’t click links you receive during a call unless you asked for them.

# Wrap (2:30–3:00)

“You’re ready to connect safely. For printable guides, visit CyberSafe.”