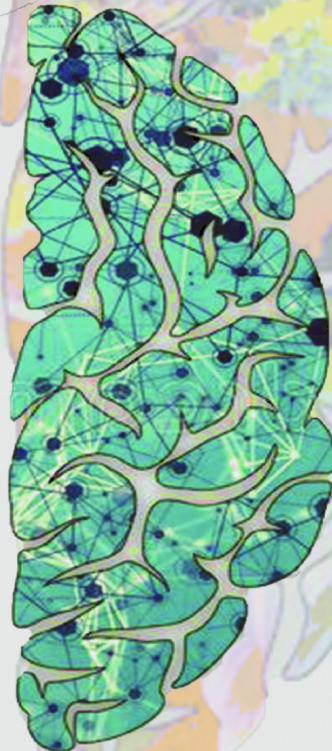


# THE FLIPPED MIND TRIPPED MIND



Extra Ordinary Experience

Of A World Changer



**Charles Timothy . C.**

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# Dedication

I appreciate the spirit of light, every good and perfect gift comes from above in whom there is no shadow of turning. I honor my mentor, priest and dad Rev Dr Gabriel Emeka Anaedu who blazed the trail for me, my parents Rev Dr Chima Timothy Ikwor and Mrs Victoria Ikwor for their love and support all these years. Tim my elder brother, my two little angel sisters Favor and Peace, you people have an irreplaceable seat in my heart. Mr Akuma Francis Chukwu, though you are late, your legacy lives on. Abdullateef Suleiman my friend and Obasi Destiny Chinonso, you guys are awesome.

# Introduction

One of the laws of triangle is that the interior angles of any triangle will always total 180 degrees, no matter the shape of the triangle. That is true only in the gravitational field of the earth. As a spaceship leaves the earth's gravitational field on its way to the moon, the total becomes more than 180 degrees because of the curvature of space. The point is that the law of triangle is a specific truth and not a universal truth.

During the apartheid in the country of South Africa, 4 percent of the population controlled 87 percent of the wealth of the country.

When apartheid as a political and socioeconomic philosophy crumbled in the nineties, wealth in the hands of the 4 percent increased to 93 percent. They became wealthier because the fall of an ideology without re-education of the minds of the disenfranchised makes no significant difference.

In a marathon relay race, the most important part of a relay is not running, but passing the baton. No matter how fast you run if the baton is dropped during the passing, or improperly passed, you are disqualified including every member of the team. Fair enough, if the baton is passed on properly at the end every body in the team wins.

Think about this,what if the baton was passed on but the passer couldn't let go for his team member to speed up?.

After 30 years of my life i began rethinking some facts i held as truth,and if the reality on earth varies from other planets or outer space,it will be a fair premise to reconsider most things we have heard,seen and perceived as truth.

Scientifically emotion has been proven to be contagious,and spreads when people are close enough,like common cold.So lies,deceit and partial truth has been passed on for centuries unquestioned.

Is it written in stone the world cannot use a common

entity found in every country of the world as a unifying currency for trade?,there is no doubt our realities are infiltrated by forces ensuring the mind of man remain unflipped.For you shall know the truth and the truth will set you free.This book will not only shine light on how the mind flips,the process,but the states of mind we have.We are transformed not by the removing of our mind but by the renewing of it.Let's go get flipped.



# Chapter One

## Contrarian

*We receive three educations, one from our parents, one from our school masters, and one from the world. The third contradicts all that the first two teach us.*

*Charles Louis, French philosopher*

Every body is a contrarian in one form or the other. If this statement sounds biased, every day living shines light on how we agree and disagree with each other on the premise of argument.

This in another word could be called contradiction. Contradiction is commonly seen at homes, between parents and their children, spouse, politics, and religious environments. I will start off with two examples from politics and religion.

**Example One:** Democracy is the system of government most are familiar with, the citizens govern themselves directly or indirectly. The term democracy comes from Greek and means “rule of the people”. Democracy is not the only system of government round the world. Monarchy is another political system in which power resides in a single family that rules from one generation to the next generation.

The power the family enjoys is traditional authority. The most odd political system is authoritarianism or totalitarianism. It is a non democratic political system ruled by an individual or group of individuals who often exercise arbitrary power. This system prohibits popular participation in governance. Monarchy is the oldest political system in human history, but over time some people rebelled and authoritarianism was introduced. The rise and fall of ancient empires are proof monarch system of government existed and still on going in most cultural and historical places like Japan and China.

Authoritarianism contradicts monarch political process, democratic system of government took power from monarchs and gave it to the populace. Democracy contradicted all the previous political systems, no doubt elements of monarchy and authoritarianism still creeps its head in democracy. Anarchy being a state of disorder due to absence or non recognition of authority or other controlling systems are not factored in the context of this example.

**Example Two:** I believe in the beginning prior to religion, every human served one god. Over time some people began contradicting the notion of one god, which led to all the religious diversities.

Christianity, Islam, Judaism, Buddhism, Hinduism, study of religion, etc. According to Quran, Jesus Christ is just a prophet, and according to the Bible, Jesus is a king and the son of God.

The church has repeated over time that we are waiting for the second coming of Christ (false). The above statement is a contradiction from the same Bible. In genesis 1:26; and god said let us make man in our image after our likeness. In the epistle of Mathew 1:21; and she shall bring forth a son and thou shall call his name Jesus. Lastly in the book of 1 Corinthians 15:23; but there is an order to his resurrection. Christ was raised as the first of the harvest, then all who belong to Christ will be raised when he comes back.

From the word “let us” and in “our” meant God wasn't alone,he was with his son and probably some one else when he made man right?(first appearance).And thou shall call his name Jesus after he is born (second appearance) Mathew 1:21.In revelation 22:12;i am coming quickly,he said (third coming).

From the above,i have debunked the notion human race is waiting for the second coming of Jesus Christ,rather his third coming.

As we know the mind being the greatest gift given to mankind,this book will show you how it can be flipped through unusual process.It is sad most facts we hold as truth are contradicting reality,

and only the flipped mind can unravel the reality  
of life. Welcome to the world of the flipped.

# Chapter Two

## **The Process**

*Give me a child until he is seven and i will show you the man.*

*Aristotle*

The mind is not the heart,the heart pumps blood,the mind pumps what we feed it.The mind is the light of the soul in a subconscious form being expressed in the conscious state as thoughts.



The mind on it's own is passively-active, and has latent potentials, that is why one learns how to walk, talk, run, read, write, etc. From above, we deduce the mind is synonymous to light, in a simple sentence, the mind (subconscious form) is the light of the conscious form (the body). If the mind is unseen, how does it express it self in the visible form?, and most importantly, how did it come to stay?. I will answer those questions in pages ahead, however, no man is without a mind, and no woman can detach the word "man" and still have the sentence complete, so every one got a mind, both man and woman. In the context of this book, i will focus on the human mind than other primates or animals.

I believe science has done a tremendous study on finding if animals excluding humans have a mind, but if you don't believe them, you can figure it out and email me how you did it.

The mind is compared as light, and every one got at least one which shows its existence from the original world, down to the physical realm as thoughts and actions. It's a package every human was born with, blank with no form, however, no medical doctor prescribes a drug to a sick patient without diagnosis. It will be improbable to forecast the process without proper diagnosis of what the mind is all about. The beginning of this chapter defined the mind as the light of the soul in a subconscious form being expressed in the conscious state as thoughts.

One might ask, what is light?, light is an electromagnetic radiation that can be detected by the human eye, which consists of photons, and are produced when an object's atoms heat up. We are not going sci-fi here, rather laying the basic corner stones to build up the structure. The Hebrew word for “soul” means Nephesh, in English language refers to a living breathing conscious body. The spirit and the body are the soul of man. The subconscious being the missing piece in the question above, refers to the part of the mind one is not fully aware but influences one's actions and feelings. The subconscious mind commands and obeys. It is an unquestioning servant that works round the clock to make your behavior fit a

pattern consistent with your emotions, thoughts, desires and hopes. All habits of thinking and acting are stored in the subconscious mind, therefore, thoughts are ideas or opinions produced by the thinking or occurring suddenly in the mind. The gestures and expressions of the mind is shown in the conscious state, however, consciousness is a state of being aware or perception of something. Laying down all these blocks, it's obvious the subconscious mind has only one link to the conscious mind, commonly known as thoughts. As a man think in his heart (mind) so is he.

In an article i wrote "Chaos faults paradigms"

([www.charlycareclasic.com/blog.php?post\\_id=4](http://www.charlycareclasic.com/blog.php?post_id=4)

1) i stated the mind to be a filter, that filters data,

information, and allows one's synonymous to the state of our mind. Just as litmus paper, the mind does a better job in picking up words, actions, events, vibration, and interprets them uniquely. It is necessary to note the state of our emotions may influence the interpretation of a thing. When a person who just won a lottery stumbles, there is less pain associated to the fall compared to a fellow who had a bad day. The flipping of the mind is a gradual process and is a state of being. We become what we constantly read, hear, see and do.

Tiger Woods was a child prodigy who was introduced to golf before the age of two by his athletic father Earl Woods.

Wood's father Earl wrote that Tiger first defeated him at the age of 11 years with Earl trying his best. Earl lost to Tiger every time from then on.

There was a story I once read and it goes like this.

There was a family of frogs and every one lived a normal life. Within the family house, there is a rock, so high that none of the frogs could climb it. Among the frogs was a deaf one, per adventure was seen one day climbing the rock. Every one including the neighborhood came out screaming at him to come down, unfortunately for the screamers he was deaf and busy doing his thing.

Some said he is stupid,others said he is out of his mind,the frog kept climbing until he reached the peak.Full of excitement,he gazed happily at the beauty of nature,he looked down,in his mind every one were praising him,he then positioned himself close to the cliff to jump,his mother was restless,every one said this guy is about to commit suicide,blatantly he jumped,the crowd gestured this guy is gone.Looking down they saw a green being starrng at them from the other side of the house,every one hurried to him and saw he was still strong as usual.Some came to confirm if he was dead,disappointed they were he was firmly smiling.The screaming of gloom and death turned to a shout of joy,

and a song of victory arose from the mouth of the mother. He was recognized as a hero among the frogs, because he did the impossible.

I have no doubt deafness gave the frog an unquestionable advantage over his environment, though a defect we may call it, but a blessing in disguise. Remember we become what we think, hear and see. The deaf frog had a flipped mind compared to others.

It is obvious our society has done a very bad job on us by subjecting us to a life we think is normal. Various organization from school system that re-enforce broken mentality as normal, down it trickles to religious body upholding the notion Jesus Christ died 2,000 years ago.



Rev 13:8;and all that dwell upon the earth shall worship him,whose names are not written in the book of life of the lamb slain (died) from the foundation of the world.The process to a flipped mind is a slow one,most claim it happens in a blink,i think it's abnormal for a child born today to walk and run immediately,if it's unlikely,then it's unusual to assume a blink flip of mind without a process.

# Chapter Three

## The Flip

*The mind can be flipped as a coin, not by tossing it in the air.*

*Charles Timothy*

The earth was formless and empty, darkness was over the waters, and God said let there be light, and there was light.

The world without light will be in darkness, and a mind without light is incomprehensible. The mind being synonymous to light,

logically there are three states of mind,dark mind,drifting and god mind.



To start off with the first,dark mind is a cluttered subconscious state,with no trace of light in it.Light in this context means knowledge and information,mostly the right ones.Dark mind is a state of being that is re-enforced by a continuous flow of current to the mental state,expressed in words,thoughts and actions.The world is seen from this paradigm and it seem normal when one is possessed by this state of mind.

As some people are color blind,so are these set of people aloft to this state.Nature abhors vacuum is a phrase attributed to Aristotle,if nature abhors vacuum,the mind mostly the subconscious is no different.

Serial killers are usually known as people with dark minds,i agree to an extent that not only them,some non serial killers,usually called normal people has dark minds as well.Information or knowledge illuminates the dark surface.Only light (knowledge) can illuminate the dark surface of a mind to point of conviction.This state of complete light out has only one remedy.

Drifting mind, is the only remedy for a dark mind. Before a person gets to a state of drift, there are conditions that usher in this state of mind. To drift means a continuous slow movement from one place to another. A drifting mind is one that is slowly moved by a current. Current could be in two forms, information and conditions. It is critical to note that a child born today has a blank mind, not any of the minds listed above. A blank mind can absorb information either good or bad and assume it's true until proved as not. We came here through birth and learned to read, write, walk, talk, etc. All these were processes we go through to live the daily life we view as normal.

I submit,if our world would had been another planet,particularly Venus,our learning curve will be way different from what it is today.The second form of current is referred as conditions or circumstances.These are event or events that hit a person so hard that causes the person to have a rethink of mind.Loss of loved ones,bankruptcy,divorce,rejection from family and friends,suppression,and many more can push a person to a drifting mode.At this point,the person questions the dark state,and deep down needs a turn around.Conditions and challenges opens up the pores of the dark mind to allow rays of light.This is chaos in play,

probably the most challenging time when a person is not sure how to go through life, but has a feeling inside something isn't right.

Alcoholics Anonymous generally called AA is an international mutual aid fellowship with the stated purpose of enabling its members stay sober, and their requirements is to stop drinking. AA was founded by two alcoholic Bill Wilson and Bob Smith. It has been observed before a person resort to AA for help, they are in a state of chaos, either being abandoned by family members, divorced or lost some thing that gave meaning to their life. This is a horrible drift of mind that a times leads to suicide. Is an edge of a coin,

if not the worst between the dark mind and the god mind. The feeling there is a critical need for change proffers high probability to seek for solution. The 7.8 billion people on this planet earth has either one of these states of mind, there is no place for dual state in the mind, and the dominant state through out humanity is the drifting mind. Minority are on the dark side of mind, more less on the god mind. Those on the dark side of mind are prone to drastic change when light hits their surface. When a room is dark, and a light is turned on, it comes alive real quick. Drifting minds are prone to slow growth, if at all they see the need for change because drifting



is the normal way of living and advancing may not necessarily be desired.

Experiment has shown a toad is likely to jump out immediately from a hot water when put inside, but tend to stay when placed in a cold water and steadily increasing the heat of the water to a boiling point. This analogy depicts how a drifter live her life, though uncomfortable but lavishly swinging despite disaster at hand.

A body will remain at rest or keep moving in a straight line at a constant speed according to Newton's law of motion. Applying it here, the drifting mind is a mind in motion, and a times no direction.

If the person decides what she truly wants at this state, it ushers in the next state of mind.

*I have said ye are gods, and all of you are children of the most high.*

*Psalms 82:6*

God mind is the highest state of the subconscious. It is a state of unusual consciousness, far beyond comprehension. Dark mind and drifting mind can be attained without much effort, not god mind. One attains god mind through tenacious and conscious effort on a consistent level. In this state, possibilities are unquestionable,

unquenchable passion and incomprehensible will power is natural. Literally, drifting mind does not lead to god mind, rather a clear mind.

After a person has decided to change her life after drifting for a while, the person gradually attains a state of clarity. Mental clarity is having and living a focused life. Having a clear mind does not negate possible distraction, rather at this level, the person is submerged in purpose and on course. The conscious step by step actions taken enhances and broadens the light rays in the mind. At this mental state, the physical disposition of the person begins to change.

The person seek help from sources to enhance the absorbed mindset. Letting go of contradicting motives becomes a conscious effort and daily life style. All these actions are re-enforcing the current state of mind to stay clearer and brighter. This person observes a significant difference around herself and drifters calls her weird. It's a complete counter vibration from previous state of minds. It takes 5-7 years to migrate from a drifting mind to a clear mind. Most people reach this state of mental clarity and cease to further to god mind. Remember, each state becomes the norm to the bearer, only few in the world have a clear mind,

and only a tiny minority has attained god mind.

The mind is elastic,it can expand,the brighter the light the better the view,this demands a conscious effort to transcend from one state of mind to the next.

President John F.Kennedy declared that the united states would put a man on the surface of the moon,and successfully return them back to earth before the end of the decade.Not every one was impressed.A Gallup poll indicated that 58 percent of Americans were opposed.

July 20,1969,American astronauts Neil Amstrong and Edwin Buzz Aldrin became the first humans ever to land on the moon.

Nelson Mandela served 27 years in prison for a course he believed in. He showed unusual character beyond human imagination. A statement from a cell mate has it that over and over they came to lure him off course, thus promising him freedom, he will reply “close the cell gate, go with the keys and leave us alone; what a man?.

These men had god mind, though dead and long long, their legacy lives on.

*It's a burden to have god mind, for you live not for your self any more but for others.*

*Charles Timothy*

Humans are naturally insatiable and a taste of one state of mind propels a person to pursue the next. Dark mind and god mind are the only minds one has to attain via choice, drifting mind is naturally predominant. A man becomes a god when he has a god mind, light out (knowledge) in the mind makes it a dark soul, and a drifting mind is unstable in all his ways.

Next chapter will deal with the possibility of slipping after one attains a higher state of mind.

# Chapter Four

## Probability

*Therefore;let any one who thinks that he stands  
take heed lest he fall.*

*1Corinthians 10:12*

As our body dances to rhythm,so the mind responds to rhythm.A rhythm is a strong regular repeated pattern of movement or sound,while probability is the branch of mathematics concerning numerical descriptions of how likely an event is to occur,



or how likely it is that a proposition is true. An undeniable truth is, any one can slip off from higher state of mind to the former, it's a retrogressive effect, however, there are 3 causes of backslide.

First is ignorance; nothing is as deadly in the world as an ignorant man. Ignorance is used to describe a person in the state of being unaware, or even cognitive dissonance, and who deliberately disregards important information or facts. We live in an information age, and the world only has one problem, ignorance. The root cause of all the problems in the world will be traced down to ignorance. Poverty, incompetent government,

dysfunctional institutions are all evidence of lack of knowledge. Therefore, the dark mind is the most ignorant state of being, the clear mind is not lack of clutter in the mind but a state of clear perspective due to more light rays in the mind. It's like wearing a swimming goggle in a cluttered water. The god mind is complete elimination of ignorance. A person who slowly moved up the ladder and stops absorbing the information necessary to sustain that state will stagnate, and a stagnant river dries up after a while. The continuous inflow of the right information saves one from this nemesis. The second cause of backslide is reluctance.

The will to stay strong is a virtue only few cultivates. Hesitation is a result of unwillingness and procrastination, succinctly, all these states of mind are at the subconscious level and undergoing inner struggle may lead to unwillingness to absolute decision. Indecision, procrastination, ignoring facts, and not staying on course creeps into the picture. At this moment, the person starts backing rolling to previous habits and life styles. The wall built to wedge distractions starts falling apart piece by piece.

*He that eats knows the taste, he that eat not cannot describe the taste of a food.*

*Igbo proverb*

Newton's law of universal gravitation is the third, and it states that every particle attracts every other particle in the universe with a force that is directly proportional to the square distance between their centers.

Objects fall shortly after thrown up due to gravitational force, so the various states of mind continuously pull each other in retrogression, it's a battle. Aerodynamics defies gravitational force because it operates on a different law, but does not deny gravity still pulls on. When an aircraft stops functioning on the principles of aerodynamics, gravity takes over and pulls it down, no matter the size or height.

This is similar to dark mind pulling on the drifting mind and the god mind in retrogression.



The mind cannot wipe a memory on a normal circumstance, it only replaces it with new ones.

The act of negligence reduces the push and negates the chance of progress, thus making the mind return to its neutral domain, drifting.

The mighty can fall, and the fall of a state of mind would be described as mind clash.

However, the process of maintaining a steady and gradual progression is a conscious duty any one willing to advance their life should do consistently. The pull is natural just as gravity, the push should be a conscious act. When a person functions on a different law like aerodynamics, his life takes on different direction, this motion must be maintained, just as pushing a load up a hill, altering it will be disaster awaiting.

# Chapter Five

## Certainty

*The demand for certainty is one which is natural to man, but is nevertheless an intellectual vice.*

*Russell quote*

Beautiful, intelligent, expressive, and smart kids around me, and some opposite. As I observed these kids conscientiously, I noticed a dominant pattern, their behaviors and outlook to life changes whenever they return from vacation.

These slight changes in their habits reminds me of the phrase;environment influences life.

According to Dr Lipton:the first seven years of our life are critical to who we become for the rest of our life.

Certainty is total continuity and validity of all foundational inquiry,to the highest degree of precision.Put differently,is perfect knowledge that has total security from error,or the mental state of being without doubt.As oxygen is one of the molecules of water (H<sub>2</sub>O),so certainty is a character of god mind.It starts showing up at the state of clarity and up it rolls,indecision however,is lack of certainty in play.



The world is confused whether human race is waiting for the second coming of Jesus or his third coming, just as our governments are ignorant of the consequences their instituted laws has on their citizens. I'm certain humanity have encountered the first and second coming of Christ, and currently waiting for his third coming. As certainty demands the person in charge of making the decision knows for sure the consequences of each alternative.

It is unfortunate most elected leaders, political and religious heads are inept and clueless. The dark mind is the most intriguing subconscious state that seeks certainty, unknown to the seeker

that the path to excellence is having an excellent mind. There is no certainty in darkness, neither could one claim a clear vision with a blurred light. But let him ask in faith, no wavering. For he that wavers is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the lord. A double minded man is unstable in all his ways. This text from James 1:6-8 clearly describes the position of a drifter.

Is it possible to know things with absolute certainty?, yes. However, some one can claim to know the negation of a thing with absolute certainty, so all things are self identical.

Mathematically one plus one equals two, in reality it could be eleven or otherwise. Certainty shapes our behavior, the more certain we are of a belief regardless of its objective correctness, the more durable it will be and the greater its influence on what we do. Our minds are programmed to support our survival and breaking down boundaries makes us unstoppable. As muscle becomes stronger the more we use it, so the mind is, the lenient one is, it shrinks. Its strength depends on your conviction to counter each retrogression with progression. Certainty does not eliminate challenges, distraction, and possible traps, rather it's fully

aware of all pitfall,and the amount of information to counter opposition are available.No other state of mind can boost of certainty than the god mind,and only few individuals are in this class of mental state.Every other state of mind except the god mind functions blow it's capacity and potential.A person can migrate from one state of mind to the next with a conscious decision and effort,actually,one can reach a point in their life they are sure of them self,no doubt,no clutter,no second guessing of who they really are.Self analysis is paramount,and being honest with self is a necessity for growth.

Not all change is improvement, but without change, there can never be improvement.

How would the world look if every one had the mind of God?, because the mind of God is a flipped mind.

# Final Thoughts

Vacillation faults effective living, repetition is a model for consistency, and who wants to repeat a song if not a choir. But repetition is what helps a singer perfect a note, melody and rhythms. If a singer perfects a song by repetition, then repetition has tendency to keep a person the same place or move them to a different state. We decide to be reflections of our environments, parents, our world, or be different. The choice is ours, you can only take a horse to a water source but can't force it to have a drink.

I'm the light of the world, whoever follows me will never

walk in darkness but will have the light of life. Let your  
life so shine that the world will be transformed by the  
rays you emit.

# **THE FLIPPED MIND**

## **ABOUT THE BOOK**

Love is not the greatest force on earth, but the will of man. Is the will of man to choose either to stay in darkness; dark mind, drift or become a god. This book explained clearly how it works. The flipped mind classified the mind of man and pin points the basic steps to turn your life around. All we ever needed is right here with us, only a flipped mind can see diamonds in the air.



## **ABOUT THE AUTHOR**

Charles Timothy .C. is a microbiologist, an entrepreneur, trader, and investor. Started Da-thimz recording studio at 21 with his elder brother Tim, left his home country at 27 and started

a business same year that generated 1.2 million in revenue the first 12 months. The flipped mind is a dynamic life experience he had and wants to share it with the world. Most of his articles can be found at [Charlycareclasic.com](http://Charlycareclasic.com). For more information, go to [Charlycareclasic.com](http://Charlycareclasic.com) or E-mail: [Charlestimothy990@gmail.com](mailto:Charlestimothy990@gmail.com).